## Matten, Ellen

From: Jo Anne Smith [josmith3@vt.edu]
Sent: Sunday, August 18,2002 4:44 PM

To: USCodex Subject: Supplements

Hello,

I am writing to tell you that NO ONE has the right to tell Americans that they cannot take supplements which are perfectly safe and have helped with many health problems. We are all individuals who have the right to decide what we put in, or do not put in, our bodies. The doctors and pharmaceutical companies would rather we put dangerous drugs in our bodies rather than safe supplements. Well, my body, and everyone else's, were not designed to put these poisons in them. I realize that diabetics, etc., need prescription drugs, which usually cause more problems than they help, but for supplements, NO government agency OR pharmaceutical company has the right to make this a communist country, telling us what we can and can not put into our bodies. That includes you. Just leave us alone, and leave our supplements alone. Most of us do not have the ultra expensive means to purchase perfectly safe supplements as drugs.

Thank you,

Jo Anne Smith

02-022N 02-022N-106 Jo Anne Smith