### Module Three



# Introduction to Risk Assessment

# Objectives

Upon completion of this module, you will be able to:

- Define and understand the concept of risk
- Identify and discuss the steps involved in performing a risk assessment
- Understand the roles of risk assessment and risk management
- Understand the role of ATSDR's public health assessment

## What is Risk Assessment?

 Gathering of information on toxic effects of a chemical

• Evaluation of information to determine possible risks associated with exposure

## **Risk Assessment Process**

- 1. Hazard Identification
- 2. Hazard Evaluation or Dose-Response Assessment
- 3. Exposure Assessment
- 4. Risk Characterization



# **Hazard Identification**

- Collection of data
  - Various sources
  - Toxicological and epidemiological studies

- Information should answer these questions:
  - Does exposure to the substance produce any adverse effects?
  - If yes, what are the circumstances associated with the exposure?

# Hazard Identification (continued)

- Name of Substance
- Physical/Chemical properties of substance
- Source of the toxicity information
  - Epidemiological Studies
  - Toxicological Studies



### Hazard Identification (continued)

- Exposure to toxic substances
  - 1. Route
  - 2. Duration
  - 3. Frequency



- Other Factors which may affect results
  - 1. Diet
  - 2. Lifestyle choices
  - 3. Occupation

# Hazard Evaluation or Dose-Response Assessment

- Purpose of evaluation
  - Calculate the dose-effect
  - Include "safety factor"



#### Purpose of assessment Determine what dose causes a response

# **Exposure Assessment**

Exposure means contact at a boundary between a human and the environment at a specific contaminant for a specified period of time.

- Exposure Assessment
  - Identifies affected population



 Calculates the amount, frequency, length of time, and route of exposure

### **Exposure Assessment (continued)**

- Outline
  - General Information for Each Chemical
  - Sources



- Exposure Pathways and Environmental Fate
- Measured or Estimated Concentrations

# **Exposure Assessment General Information**

#### Physical/chemical properties

- How it is transported
- How it is accumulated in the environment and in tissue
- How it is transformed when it is released

These facts determine the dose and route of exposure



**Exposure Assessment Sources of Exposure** 

Exposure can occur

- Inside the home (cleaning products, paints,
  - pesticides)
- Outside the home (pollutants in air)







Exposure Assessment Exposure Pathways and Environmental Fate

• After source identification, route and nature of the exposure have to be determined.

#### Example:

- Exposure through drinking water
- Route is ingestion of contaminated water

Exposure Assessment Measured or Estimated Concentrations

 Measured concentrations are obtained from actual samples of the source of exposure

Estimated concentrations are used when samples are not available, and are based on a mathematical model

# **Exposure Assessment Measurement of Exposure**

Questionnaires/surveys

Employment records



 Evaluation of environmental contamination data Approaches for Assessing Total Exposure

#### Indirect Methods

- Environmental monitoring
- Fate and transport (migration) computer models
- Resident questionnaires/surveys

#### **#** Direct Methods

- Personal workplace monitoring
- Biologic markers



# **Exposure Assessment**

- Assessing Health Disparities by
  - Determining the proximity of communities to waste or industrial facilities
  - Characterizing the nature and extent of exposures
  - Identifying susceptible population



### Factors Which Influence the Extent of Exposure

- Size of population
- Proximity of the community to source of contamination
- Degree of personal contact with site
- Extent of release of substances



### Other Characteristics to Include in Exposure Assessments

- Possible health effects from exposure to simple and complex mixtures
- Health impact on susceptible populations
- Geographic area





# Identification of Exposed Populations

#### Identify and characterize

- Sex
- Age
- Number of children
- Number of pregnant women
- Number of chronically ill individuals
- Number of individuals with higher risks
- Personal habits



Children's Susceptibility to Exposure

Primary Routes of Exposure
Ingestion
Play Activities
Inhalation
Breathing rates



# **Recurrent Problems in Exposure Assessment**

- Absence of actual data
- Lack of personal monitoring



- Inaccurate exposure assessment
- Lack of documentation indicating exposure amount and dose

### **Recurrent Problems in Exposure Assessment (continued)**

#### Determining Causal Relationships

- Exposure and health outcomes
- Disparities in health status



- Lack of published research
  - Inconsistent data related to exposure and health

**Recurrent Problems in Exposure Assessment (continued)** 

#### Limited use of epidemiological methods

Association of low level exposure and disease

Studies of adverse effects

Differentiation of populations

# Information Available for Risk Assessments

#### **#** Occupational exposure

- Lung Disease
  - dusts
  - silica dusts
  - coal
- Lung Toxicity
  - heavy metals
  - carcinogens
- Neurotoxic Effects



## Additional Components of the Risk Assessment

#### **#**Calculation of Exposure

#### **#**Risk Characterization



# **Risk Management**

• Determines the best approach to address an exposure issue

• Evaluates data from risk assessment

• Evaluates other issues

## Question and Answer Period