

# INSTRUCTIONS AND USE



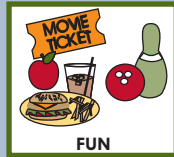
HOME

Pages: 1 - 2



FRIENDS, FAMILY  
& STAFF

Pages: 3 - 4



FUN

Pages: 5 - 7



COMMUNITY

Pages: 8 - 9



WORK

Pages: 10



HEALTH & SAFETY

Pages: 11

## Introduction

This Picture Sticker Book was developed by the Department of Developmental Services DDS Consumer Advisory Committee in 2005 as part of the IPP and Choice Making series. Committee members feel it is important that people have the right to make choices about where and how they spend their time and with whom they spend it. To do this, people need information about these choices in ways they understand. Participating in decisions like these will improve people's quality of life.

Committee members developed this Sticker Book, the "Making My Own Choices" and "Satisfaction Guide" to help people in developmental centers tell helpers and advisors what they want for their life in the community, and while still living at the developmental center.

## Instructions for using this book

This Picture Sticker Book is a companion to "Making My Own Choices" and the "Satisfaction Guide" published by the DDS Consumer Advisory Committee. This Picture Sticker Book is divided into six color coded sections to help locate pictures to assist people to communicate the important things they would like to do. The pictures are designed as simple drawings of typical things to do that are important or places to go.

Once a person has had an opportunity to go over the books "Making My Own Choices" and/or the "Satisfaction Guide" they can choose a picture from the section that matches the part of the book they are working on.

These pictures can also be used with other projects or charts that will benefit each person's independence and choice. Both booklets have instructions of how to use these stickers as well.

Review the following before working with the Stickers:

1. Review the Picture Sticker Book sections and understand how it is organized. Note: Each section is divided by content area and color coding.(See above)
2. The beginning of each section has pages with the name of a picture, suggestions of what the picture could represent and a sample of the sticker. Find the sticker on the following page, remove and place in the appropriate box in the booklet.
3. Below are a few suggestions if you do not find an appropriate picture:
  - A. Use one of the blank stickers and draw a picture on it.
  - B. Take or use a digital photo of the person and activity.
  - C. Use a picture from a magazine.

The stickers are available for download and printing at [www.dds.ca.gov](http://www.dds.ca.gov).

To purchase additional labels go to [www.planetlabel.com](http://www.planetlabel.com). Label size information: 2 1/2" x2 1/2" square - 12 per page.

**The DDS Consumer Advisory Committee (CAC) thanks the following that helped make this booklet possible:**

**The California Department of Developmental Services**

Cliff Allenby, Director

Carol Risley and Kathleen Ozeroff,

Office of Human Rights and Advocacy Services

Michael Long, Consumer Coordinator

**Association of Regional Center Agencies CAC**

**Participating California People First and**

**Self-Advocacy Groups**

**Participating Regional Center CACs**



**The Board Resource Center, Inc.**

[www.brcenter.org](http://www.brcenter.org)

Mark Starford and Sherry Beamer

Donna Aikins Design

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**Consumer Advisory Committee 2005**

Adaptation Subcommittee: Nyron Battles, David Miller, Betty Pomeroy, Lori Sloan

**For additional copies or information, contact:**

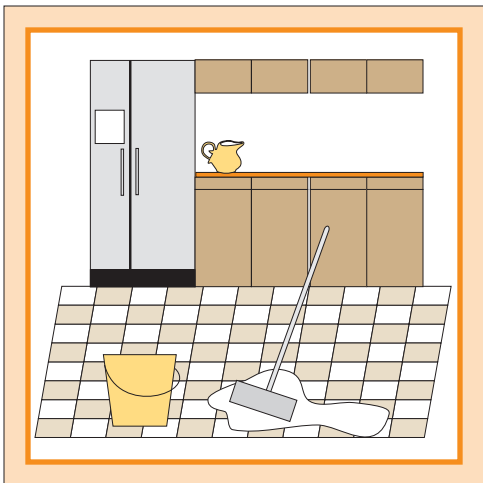
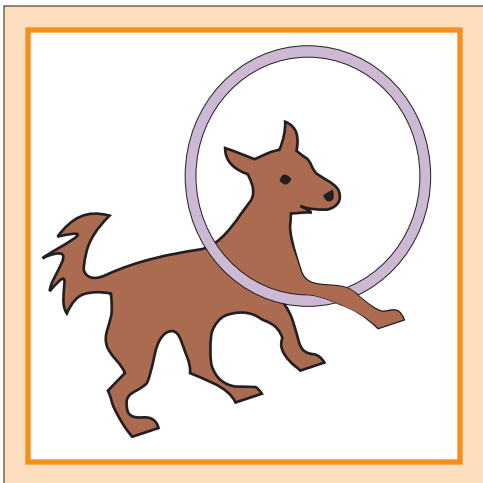
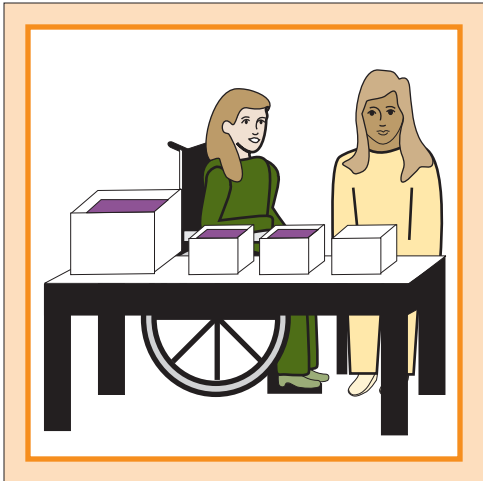
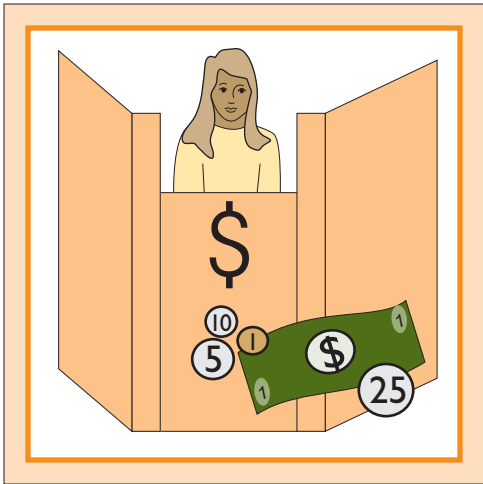
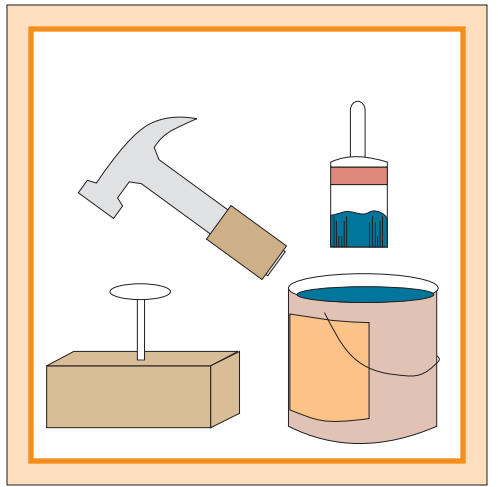
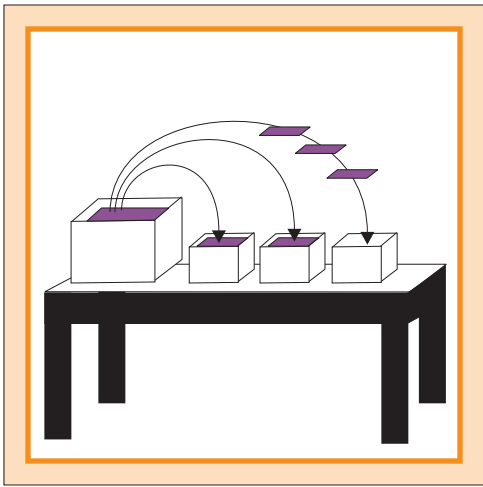
Department of Developmental Services

Office of Human Rights and Advocacy Services

1600 9<sup>th</sup> Street, Room 240

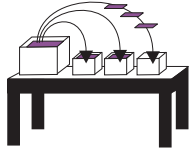
Sacramento, California 95814

(916) 654-1888 [www.dds.ca.gov](http://www.dds.ca.gov)



# WORKSHOP

Piece work

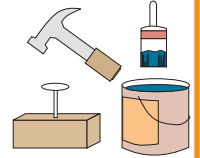


# RECYCLE



# MAINTENANCE

Make repairs  
Paint walls  
Clean offices



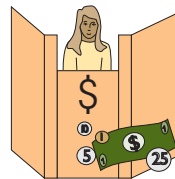
# WORK IN STORE

Put things on shelves  
Be a cashier  
Sell things  
Dust



# WORK IN A BANK

Work with money



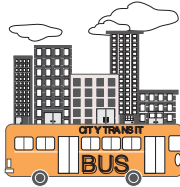
# WORK IN AN OFFICE

Answer the telephone  
Copy papers  
Office helper



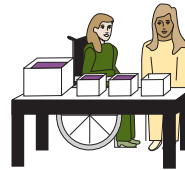
# TAKE A BUS

Take a bus to work  
...not a van  
Work in transportation



# WORK WITH FRIENDS

Work in the same place,  
but different work  
Do the same work



# RESTAURANT

Serve people  
Help cook food



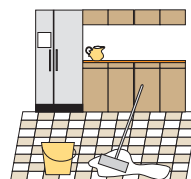
# WORK WITH ANIMALS

Pet cleaner/feeder  
Greet people at a  
veteranarian's office  
Pet sitter



# CLEANING

House cleaning



# RESTAURANT

Work for myself

