Menu Week

September 15 -21
All Menus Subject to Change without notice

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Continental	Eggs*	Continental	Eggs*	Continental		Continental
Mixed Fruit	French Toast	Eggs*	Pancakes	Eggs*		
Eggs*	Sticks	Doughnuts	Bacon	Cinn. Rolls		
Rolls	Sausage Links		Potatoes-			
	Home Fries		Lyonaise			
	Coffee Cake					
			Blueberry			
			Muffins			
Teriyaki -			Salisbury Steak	Carved – Turkey	Grilled Ham &	Pork Roast
Chicken		Lemon Pepper	Mashed Pot	Penne Alfredo	Swiss	Augratin
Fried Rice	Guest Chef	Chicken	Gravy	Peas	Green beans	Potatoes
Peas	Green Beans	Rice Pilaf	California -	White Rolls	Pancakes	Italian Veggies
Rolls	Yellow Cake	M ixed Veggies	Veggies	Cheese Cake	Bacon	Peach pie
Chicken- Noodle	Potato Soup	Corn Bread	Jell-O Cake	Tomato Soup	Eggs	
soup		Boston Cream	Cream of		Hash brn Tri	
Apple Pie		Pie	Broccoli soup		Muffins	
	Cougar Burger	Chicken	Spaghetti &	Chicken	Meatball Sub	
Coney Dogs	Ranch Fries	Enchiladas	Meatballs	Tenders	Rosemary	Corn Dogs
French Fries	Italian Veggies	Refried Beans	Garlic Bread	Potato -delight	Potatoes	Waffle Fries
Mixed Veggies	Cupcakes	Corn	Green Beans	Cauliflower	Calif. Veggies	Cauliflower
Macadamia nut		Sugar Cookies	Sugar Cookies	Rice Crispy Bar	Turtle cks	Choc Chip Ck
Cookies						_

"Consuming raw or undercooked MEATS, POULTRY, seafood, shellfish, or EGGS may increase your RISK of food borne illness especially if you have certain medical conditions." [Iowa Code section 3-603.11C3]