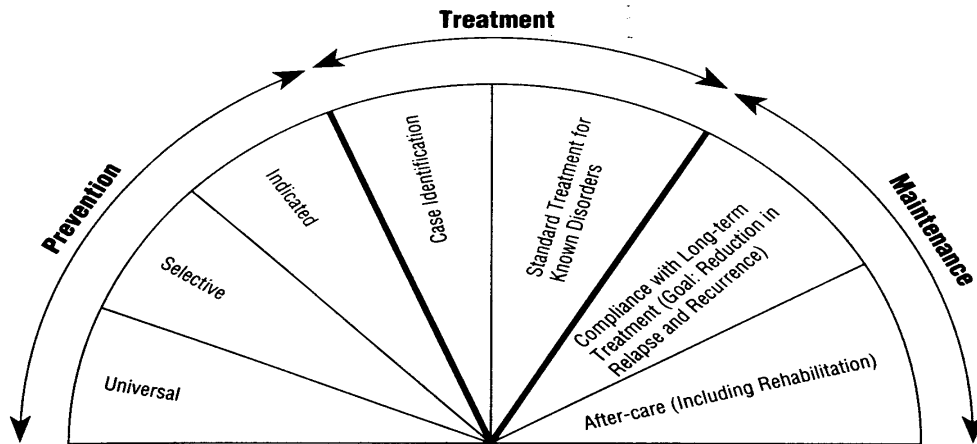


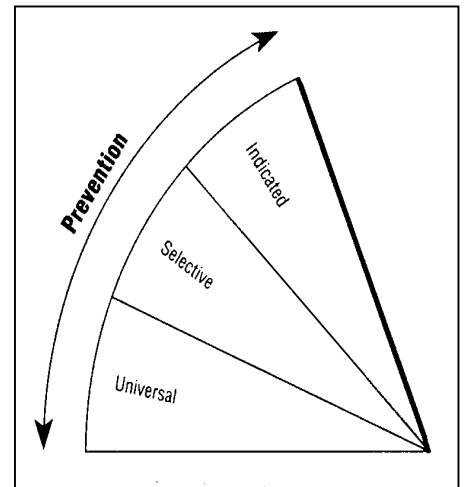
The Institute of Medicine Spectrum of Intervention



PREVENTION

Prevention interventions are directed at "persons not motivated by current suffering." These include:

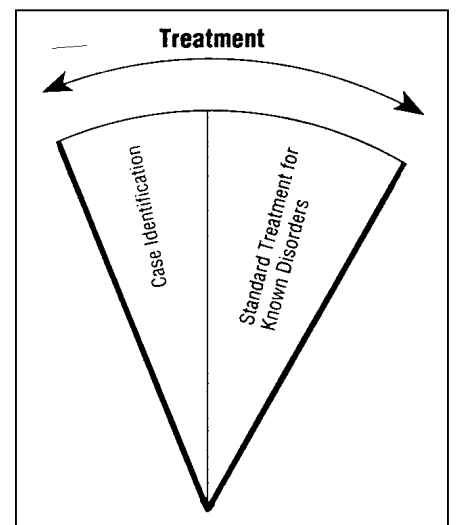
- Universal Prevention = Interventions aimed at people who are *not* identified to be at special risk of developing AOD dependency.
- Selective Prevention = Interventions aimed at people who are at *above average risk* of developing AOD dependency.
- Indicated Prevention = Interventions aimed at people who show *minimal but detectable* signs, or symptoms foreshadowing AOD dependency, but who do not meet the diagnostic criteria at the present time.



TREATMENT

Treatment interventions are directed at people who meet the American Psychiatric Association's criteria for AOD dependency. Treatment interventions are categorized as:

- Case Identification = Interventions aimed at people who voluntarily seek, or are referred or mandated to receive AOD assessments by outside influences such



as the courts, the medical system, employers and other government entities.

- Standard Treatment = Interventions aimed at people who have received formal AOD assessments, and have been found to be in need of treatment. Standard treatment encompasses a range of services and supports appropriate to the individual's needs. These may include individual and group counseling, residential care, methadone maintenance, self-help groups, and more.

MAINTENANCE

Maintenance interventions are aimed at people who have been actively engaged in AOD treatment for a period of time. The goal of these interventions is to reduce relapse or recurrence of AOD disorders. Maintenance interventions are categorized as:

- Compliance with long-term treatment = Interventions aimed at people who are actively engaged in treatment. Services may include methadone, follow-up monitoring, individual and group counseling, self-help groups and *wraparound* supports (described the maintenance planning section).
- Aftercare services = Services are aimed at people who have completed long-term treatment. Services usually include self-help groups.
- Peer-to-Peer Recovery Support Services = Use of paid peer helpers (people in recovery hired to serve as guides to others seeking recovery) also known as “recovery mentors,” “recovery coaches,” and “recovery support specialists.”

