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# GENERAL VITAMIN CORP

PO Box 1500 Chapel Hill NC 27516  
919-929-5785 fax 919-929-2458

February 20, 2001

**CERTIFIED MAIL**  
**Return Receipt Requested**

Office of Special Nutritionals  
H FS-450  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street, SW  
Washington, D.C. 20204

FEB 27 2001

To Whom it May Concern,

This letter is submitted pursuant to Section 406 (r)(6) of the Federal Food, Drug, and Cosmetic Act for the purpose of notifying the agency of statements being made in connection with the marketing of dietary supplements being distributed by this company.

The product name and the dietary ingredients for which the statement is being made is as follows:

Female Energy	Vitamin B6 (as pyridoxine hydrochloride)	1 Omg
	Vitamin B12 (as cyanocobalamin)	6mcg
	Chromium (as chromium polynicotinate)	66mcg
	Siberian ginseng (root)	66.6mg
	Bee Pollen	66.6mg
	L-Glutamine	33.3mg
	L-Tyrosine	33.3mg
	DMAE (dimethylaminoethanol bitartrate)	33.3mg
	Taurine	33.3mg
	Korean ginseng (root)	33.3mg
	Vanadium (as sodium metavanadate)	33.3mg
	Shizandra Berry (fruit)	33.3mg
	Chlorella algae	33.3mg
	Gymnema sylvestre (leaf)	33.3mg
	American ginseng (root)	16.6mg
	PABA (para-aminobenzoic acid)	16.6mg
	Other ingredients: Gelatin, magnesium stearate.	
Dong Quai	Dong-quai Extract [root] [4:1]	250mg
	Other ingredients: Maltodextrin, gelatin, magnesium stearate	

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Soy Isoflavones

Calcium (as dicalcium phosphate)

47mg

Novasoy isoflavone

40mg

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, magnesium stearate, stearic acid.

The text of the statements that are being made in regards to the above stated product are listed below:

Female Energy

-to promote positive energy.

Dong Quai

-A ladies' choice

-as a 'feminine tonic'

Soy Isoflavones

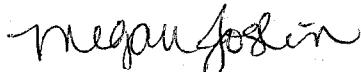
-Help during menopause

-Scientific research suggests that Soy support good health throughtout menopause.

-Soy boosts breast, bone and heart health

Sincerely,

GENERAL VITAMIN CORP.



Megan Joslin

Product Development Coordinator