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February 14, 2001

Office of Special Nutritionals Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C Street, SW (HFS-450) Washington, D.C. 20204

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statement on our Kava Kava 250 mg, Kava Kava 300 mg, and 'Kava Kava 1,000 mg supplements under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, HealthWatchers, Heartland, Herbal Authority, Home Health, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, US Nutrition, Vitamin World:

• Derived fi-om a plant native to the South Pacific, Kava Kava helps promote a calm and relaxed feeling.

The above statement is accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD

Director of Nutrition Communications

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