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February 14 2001

Office of Special Nutritionals Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C Street, SW (HFS-450) Washington, D.C. 20204

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Blueberry Leaf Extract supplement under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, HealthWatchers, Heartland, Herbal Authority, Home Health, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, US Nutrition, Vitamin World:

- The blueberry plant is rich in anthocyanins and chlorogenic acid two phytochemicals that act as antioxidants.
- Blueberries have one of the highest oxygen radical absorbance capacities (ORAC) available for fruits and vegetables.
- Chlorogenic acid possesses antioxidant properties that may help neutralize cell-damaging free radicals.
- Studies have shown that oxidative stress caused by free radicals may contribute to aging.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD

Director of Nutrition Communications

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