Source Naturals, Inc. Scotts Valley, CA 95066

VAN 82001

December 29, 2000

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Office of Special Nutritionals (HFS-450) Center for Food Safety and Applied Nutrition Food and Drug Administration 200 c St. SW., Washington, D.C. 20204

RE: Notification of Nutritional Support Statements

Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Amino Mass[™], a dietary supplement. It contains, Chromium GTF, L-Lysine, L-Arginine, and L-Pyroglutamate. Source Naturals@ is the manufacturer of Amino Mass[™].

Statements being made in the labeling of Amino Mass[™]:

(1) Amino Mass[™] first introduced by Source Naturals, may help maximize the benefits from your workouts.

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.

Ira L. Goldberg

President, Source Naturals, Inc.

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