Source Naturals, Inc. Scotts Valley, CA 95066

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December 28, 2000

Office of Special Nutritionals (HFS-450) Center for Food Safety and Applied Nutrition Food and Drug Administration 200 c St. SW., Washington, D.C. 20204

RE: Notification of Nutritional Support Statements

Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of B-6 a dietary supplement. Source Naturals@ is the manufacturer of B-6.

## Statements being made in the labeling of B-6:

(1) Vitamin B-6 is an essential nutrient, required for the metabolism of lipids, carbohydrates, and proteins. It facilitates the **conversion** of amino acids from one to another as needed, and is necessary for normal synthesis of hemoglobin, as well as for the normal function and growth of red blood cells. It is also needed for the synthesis of neurotransmitters and for converting essential fatty acids into prostaglandins (chemical messengers).

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice; I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.

Ira L. Goldberg

President, Source Naturals, Inc.

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