- 1 because this isn't a yes/no, or this isn't a
- 2 vote. This is a discussion. And so we have
- 3 Harriet, Liz, then who is that? Is that Mel
- 4 or Mel?
- Was that you, Mel? Okay, it was
- 6 Marv. And then Anne.
- 7 DR. NEMBHARD: Harriet Nembhard.
- 8 Perhaps Gary or Frank, could you point out in
- 9 the draft guidance, given the discussion
- 10 already, what it is that is lacking or that may
- 11 be specifically needs to be addressed? For
- 12 example, is there some restrictive criteria in
- 13 here that we need to be more specific about?
- DR. HOLCOMBE: Frank Holcombe. The
- 15 primary issue -- issues, probably, but the
- 16 primary issue itself with this tablet is, where
- 17 do you no longer have an ODT? You know, is
- 18 there something that makes it not be an ODT? If
- 19 one of the parameters exceeds a certain value,
- 20 that brings us into disintegration time because
- 21 I think everybody agrees the disintegration time
- 22 is a part of the critical definition, even

- 1 though it's fairly general. A few seconds,
- 2 rapidly, in the definition.
- 3 So disintegration time is one place
- 4 that needs to be considered. The original
- 5 products disintegrated, essentially,
- 6 immediately. Not in a few seconds, but if
- 7 you put them in moisture and they were gone.
- 8 You put them on your finger and they were
- 9 gone. That's no longer what most of the
- 10 products do.
- 11 The other thing is the size. We
- 12 presented 500 milligrams in the guidance, but
- 13 we did not intend that to mean that if you
- 14 have a 501 milligram tablet, it's no longer
- 15 and ODT. It was just a formulation
- 16 consideration. So large tablets that
- 17 disintegrate really rapidly probably, you
- 18 know, we wouldn't have a problem with.
- 19 However, there's still the question
- 20 of what we're going to use as a cut off
- 21 point? Are we going to use Bayer aspirin,
- 22 which will dissolve in my mouth in about 35

- 1 seconds? Or are we going to use 30 seconds,
- 2 or are we going to use 60 seconds? And how
- 3 hard is that number? You know, is that a
- 4 line in the sand or is that a line in the
- 5 water at the beach, you know, that kind of
- 6 analogy. Or is it a real number?
- 7 And if we had to pick one point, it
- 8 would be the disintegration time that we need
- 9 to have. That we need to come to some
- 10 agreement on. And those are really the only
- 11 issue for the product because formulation has
- 12 given us products that are large and rapidly
- 13 disintegrating. And small and rapidly
- 14 disintegrating. And you know, anything in
- 15 between.
- So it's the idea of, is there a
- 17 place in disintegration time where we can no
- 18 longer say that something is rapidly
- 19 disintegrating. 30 seconds is what's in the
- 20 quidance. Do we need to change that?
- Do we need to talk about it, you
- 22 know, in a formulation context? Do we need

- 1 to include it with the other issues about is
- 2 the tablet soluble or disintegrating? What
- 3 other particles sizes? But guidance on what
- 4 that number ought to be and how hard and fast
- 5 that number ought to be, is really where
- 6 we've been stuck for the past couple of
- 7 years.
- DR. NEMBHARD: It seems to me, though,
- 9 in reading the guidance, that both of those are
- 10 worded with sufficient latitude that it can
- 11 already be finished, or is there something I'm
- 12 missing? That's my question, essentially.
- DR. HOLCOMBE: Uh-huh.
- DR. NEMBHARD: The wording speaks to
- 15 approximately 30 seconds or less. And by the
- 16 USP disintegration test --
- DR. HOLCOMBE: Uh-huh.
- 18 DR. NEMBHARD: And the size of 500
- 19 milligrams as a recommendation. So even that's
- 20 not hard and fast. So --
- 21 DR. HOLCOMBE: Well, all of our
- 22 guidance is recommendations, even though people

- 1 take them as law, sometimes. Most of the time.
- 2 Because that's how we use them.
- 3 That's not really how we use them,
- 4 but it's how people think we use them. But
- 5 we use the word, approximately, because we
- 6 have the -- you know, 30 is okay. How about
- 7 35? If 35 is okay, how about 39? Okay,
- 8 pretty soon you're up to however high you
- 9 want to go and that's a concern. This is
- 10 already an average value, no more than. It's
- 11 already an average value. So the question
- 12 becomes, should that be approximately or
- 13 should that be 30, I guess in response to
- 14 your question -- specific question.
- DR. MORRIS: Marv?
- DR. MEYER: From a regulatory
- 17 standpoint, don't you have to have some line in
- 18 the sand?
- DR. KIBBE: That's what they want.
- DR. MEYER: Well, then make it -- I
- 21 don't know if you can do a survey of all
- 22 existing products and what's the slowest one.

- 1 Or take a panel of people who can't swallow
- 2 tablets and find out how long they can tolerate
- 3 having something in their mouth? These are all
- 4 inexpensive studies to do. Or just pick
- 5 something that's probably a few -- 30 seconds,
- 6 60 seconds beyond what you think most of them
- 7 can achieve.
- But you have to have something. I
- 9 mean, when you call something highly soluble
- 10 in the BCS, you pick 85 percent dissolved in
- 11 30 minutes. Very specific. Now it seems how
- 12 we're going to have this -- like you say,
- it's going to be creep. Well, he had 65, but
- 14 I've only got 68 or 69 or whatever. So I
- 15 think you need some line. I don't know what
- 16 that is. How long can people hold a tablet
- in their mouth? This is the question.
- DR. MORRIS: Can I --
- DR. MEYER: Go ahead.
- DR. MORRIS: Can I just ask for a
- 21 clarification from Frank before we -- and that
- 22 is that the 30 -- I thought that the 30-second

- 1 disintegration was supposed to correlate somehow
- 2 to a 60-second actual usage time. Did I read
- 3 that wrong?
- 4 DR. HOLCOMBE: Right, you read that
- 5 wrong.
- DR. MORRIS: Okay. Well, we need a
- 7 line. Next -- I'm sorry, were you not done,
- 8 Marv? You had your hand up? So Anne, you're
- 9 next?
- 10 DR. ROBINSON: Anne Robinson. So I
- 11 think sounds like a reasonable number to me.
- 12 But I also wonder whether perhaps some of this
- 13 can be accomplished through labeling? Even
- 14 though that's not, you know --
- DR. MORRIS: That's our next question.
- DR. ROBINSON: Right, I recognize
- 17 that's --
- DR. MORRIS: That's our next question,
- 19 but that's okay. Go ahead.
- DR. ROBINSON: One of the next
- 21 questions, but just to keep that in mind, which
- 22 is, from the standpoint of being able to see

- 1 that on the label and know what the approximate
- 2 time of dissolution -- I said that again, didn't
- 3 I?
- 4 DR. MORRIS: Disintegration.
- DR. ROBINSON: Disintegration, may be
- 6 useful.
- 7 DR. MORRIS: We'll just let Helen
- 8 respond to her.
- 9 DR. WINKLE: One of the issues we've
- 10 talked about in the office, time and time again,
- in fact, as we've been going through this, is
- 12 the difference between the reference listed drug
- 13 and the generic drug. You -- and Gary has
- 14 already mentioned that reference listed drug
- often used a patented process whereby the
- 16 product dissolves in three or four seconds. You
- 17 now go to the generic and it dissolves in two
- 18 minutes. Do you still get the same compliance
- 19 from people, especially people who may have
- 20 problems taking drugs? I know there's going to
- 21 be a thing on special issues, but I think this
- 22 is something we need to consider and look at

- 1 these issues and make some decisions.
- 2 This is a big question that we have
- 3 on the sameness, here.
- DR. MORRIS: Jerry's next and then
- 5 you're next.
- DR. GOOZNER: Me?
- 7 DR. MORRIS: Yes, you, Merrill.
- B DR. GOOZNER: I think my comment was
- 9 directly on that point and maybe the labeling
- 10 gets at this, but I would be less restrictive,
- 11 rather than more. And let, you know, to a
- 12 certain extent isn't this a physician and
- 13 marketplace decision? I mean, if I could get
- 14 access to a drug that melted in my mouth for 30
- 15 seconds, or 45 seconds, even though there was
- 16 something that was 10 seconds that was
- 17 available, then maybe I would rather have that.
- 18 And I would be willing to put up with something,
- 19 and if compliance is an issue, that's something
- 20 physicians should be aware of, but I don't know
- 21 that a guidance should pick some firm line in
- 22 the sand unless it's -- you know, there might be

- 1 a completely outer limit where you say, it
- 2 doesn't -- that's really not what's going on
- 3 here.
- 4 But I would be less restrictive and
- 5 just in the name of getting more product out
- 6 there and more choices made available.
- 7 DR. MORRIS: That's good. I think
- 8 we're looking for the outer limit, by the way.
- 9 Art?
- 10 DR. KIBBE: I think you need to draw a
- 11 line in the sand. And I think it would help you
- 12 with the generic issue. If both products
- 13 qualify as a Orally Disintegrating, that's the
- 14 first tip. Then you do a bioequivalency study.
- 15 Then you're done.
- I think you could even set the
- 17 criteria that you have to use. You know,
- 18 it's 30 seconds in a USP apparatus with a
- 19 number 8 sieve or a number 14 sieve, or
- 20 something like that. And I don't think that
- 21 would be onerous. I think the one thing that
- 22 you should do is that preexisting products,

- 1 if they don't meet this criteria, they should
- 2 still meet the QA or QC that they have and
- 3 they won't be negatively effected. Because
- 4 there's bound to be a few that are a little
- 5 higher that 30 and I hate the concept of us
- 6 coming up with a regulation that
- 7 disenfranchises them. And the reason I say
- 8 that is because as the technology moves,
- 9 people are getting better at it. We're at a
- 10 point now where I can't think that someone
- 11 can't formulate rapidly disintegrating
- 12 tablets and can do it in 30 seconds.
- So I think you need to have a time
- 14 frame that is equal to or less than 30
- 15 seconds in this apparatus, with this screen.
- 16 And then grandfather the other ones, and then
- 17 when anybody meets that, they are an orally
- 18 disintegrated tablet for the purposes of
- 19 pharmaceutical equivalence, right? Because
- 20 we use capsules against capsules, and tablets
- 21 against tablets. And then you go ahead with
- 22 the same bioequivalency testing and you've

- 1 already -- now you've established that, you
- 2 don't have to worry about somebody saying,
- 3 well, one second's a lot shorter than 28
- 4 seconds. Well, it might be, but it's not
- 5 significant in terms of the availability of
- 6 the drug to the patient. And that handles
- 7 that. Anyhow, that's what I think.
- DR. MORRIS: Okay, and actually
- 9 Jessie's going to --
- 10 DR. AU: Jessie Au. I would go for a
- line in the sand, but I don't know where this
- 12 line ought to be. And I'll explain why I'm
- 13 worried about this -- not having this line.
- I'll go back to the earlier comment
- 15 about safety and efficacy. Is there
- 16 underlying -- if it's not disintegrating, is
- 17 there underlying reason why it's not
- 18 disintegrating? Does it require more saliva?
- 19 Does it create a paste, a slurry? So the
- 20 people you try to help, actually not being
- 21 helped by this formulation.
- 22 So in my mind, it's the scientific

- 1 or technical part I'm concerned about. So if
- 2 it's not rapidly disintegrating, there must
- 3 be a reason why it's not. If is that
- 4 reasoning going to be a safety problem? You
- 5 know, people with no saliva. And the
- 6 physician don't necessarily know how much
- 7 saliva a patient will produce. So I think
- 8 you need to draw a line in the sand, but I
- 9 don't know which one -- where it is.
- 10 DR. MORRIS: That's a good point. I
- 11 actually had one -- why don't you go -- go
- 12 ahead, Keith and we'll --
- DR. WEBBER: I'm just going to make a
- 14 comment on that along with what Art has
- 15 said -- it's Keith Webber. This is one of the
- 16 discussions we've had a lot over this topic, is
- 17 drawing a line in the sand and what is that line
- 18 going to be. And based on some of the criteria
- 19 for the reasons for having an orally
- 20 disintegrating tablet, in terms of patient
- 21 compliance, getting people who -- being able to
- 22 dose people who may want to spit the product

- 1 out, that sort of thing.
- 2 If you set a line at, say, 30
- 3 seconds, is that going to be the right line
- 4 in order to provide that dosage form with the
- 5 compliance requirements that you're trying to
- 6 achieve. And so there where do you -- you
- 7 have to go back and look at what you're
- 8 trying to achieve with that dosage form and
- 9 set the line accordingly. So that's
- 10 something we really have to keep in mind as
- 11 we develop whatever line -- if we decide to
- 12 put a line.
- DR. MORRIS: Gary?
- DR. BUEHLER: Gary Buehler. Yeah, I'm
- 15 the line drawer, so it does -- I mean, Marvin is
- 16 correct, it's incredibly easier if you just have
- 17 a very -- like we do with bioequivalence
- 18 requirements.
- 19 If somebody misses bioequivalence
- 20 by a tenth of a percentage point, they lose.
- 21 And there's no rounding, there's no give one
- 22 way or the other with the bioequivalence

- 1 requirements. I makes my job very easy and
- 2 there's just no argument. You just lose.
- 3 And now, is this an issue or a
- 4 point that rises to that same level? As to
- 5 whether a product is acceptable overall or
- 6 not? And we would like people to accept
- 7 generics. We want them to be happy they got
- 8 generics; we want them to perform the way
- 9 they expect to. And so this kind of falls in
- 10 that line a little bit, and I understand what
- 11 Merrill said, too. We want to make generics
- 12 available and we want people to have access
- 13 to them, but the reality is a lot of people
- 14 get generics who have insurance plans and who
- 15 are getting the reference product and then
- 16 they get the generic because the insurance
- 17 plan tells them they have to. And so we
- 18 really do want the generic to perform in an
- 19 equivalent manner or, at least, you know,
- 20 acceptable manner.
- 21 So we have to keep that in mind.
- 22 And you know, this is a very difficult issue.

- 1 That's why I said we've batted this around
- 2 for a number of years in trying to make this
- 3 decision. And that's why it's so difficult
- 4 for us. You know, no line is easy, but no
- 5 line is sort of no line. And if there's sort
- 6 of, like, no limit then -- because people can
- 7 argue with this and threaten to sue us and
- 8 whatever. And it's right. If we have no
- 9 line we have a difficult time to make a
- 10 decision.
- DR. MORRIS: Can I just say one thing
- 12 before we go on, is that if everyone is agreed,
- 13 we'll skip break and try to get the
- 14 transportation here at 4:30. Or if there's
- 15 strong objections, see Art. So could you --
- 16 DR. WINKLE: Just to -- I don't know
- 17 if an hour is going to do justice to the next
- 18 topic.
- DR. MORRIS: That's a good point.
- DR. WINKLE: There's three speakers
- 21 that have to speak.
- DR. MORRIS: Okay.

- 1 DR. WINKLE: And I feel like if the
- 2 committee needs to go out of here at 4:00 -- by
- 3 4:30, and I could understand that need for
- 4 transportation, and the rain, maybe we need to
- 5 consider postponing the last topic?
- DR. MORRIS: Okay, I agree.
- 7 DR. WINKLE: You know, if you could
- 8 vote quickly on the next two -- on the next
- 9 question --
- DR. MORRIS: Well, why don't we see
- 11 how far we can get?
- DR. WINKLE: And see where we get to.
- DR. MORRIS: Okay, but otherwise I
- 14 agree. We don't want to short shrift it.
- DR. WINKLE: Yeah, I don't think it
- 16 would be fair, because these people have put a
- 17 lot of effort into their presentations and
- 18 stuff.
- DR. MORRIS: So with that in mind, who
- 20 would like to comment? Yes? So if we can be
- 21 brief, please Pat and then Richard?
- DR. TWAY: Yeah, one thing just to

- 1 keep in mind is, I didn't look at this just as a
- 2 generic issue. Because, certainly, when that
- 3 draft guidance came out, those on the innovative
- 4 side also looked at it and so it's something
- 5 we've got to think about for future, you know,
- 6 not just from the generic perspective. This
- 7 guideline will apply to all products and,
- 8 certainly, we took it that way that, you know,
- 9 you had a timeline. Whether it's 30 seconds or
- 10 60 seconds, there was a timeline.
- 11 DR. MORRIS: Richard?
- 12 DR. STEC: Rich Stec. Expedite and
- 13 desire to keep it short. A lot of interest
- 14 amongst the panel about establishing a line in
- 15 the sand, but not sure where that might be. It
- 16 maybe appropriate to consider performing a human
- 17 factor's study in appropriate population to
- 18 designate what they may be.
- DR. MORRIS: Other comments before we
- 20 try to -- okay, Marv?
- 21 DR. MEYER: If Gary Perry pays
- 22 attention over there, yeah, I need to ask him a

- 1 question.
- Yeah, if we establish, let's say,
- 3 30 seconds or some such thing, and there's
- 4 already a brand out there that's 60 seconds,
- 5 is it fair that the generic would have to be
- 6 shorter than 60 or can we have a guidance
- 7 that says the generic must be no longer than
- 8 the disintegration of whatever the brand is?
- 9 And if there's no brand issue, then go ahead
- 10 with 30 seconds, from a generic standpoint.
- 11 DR. BUEHLER: That's one way to go. I
- 12 mean, we have actually looked at sort of a
- 13 paradigm similar to that, basing what we do on
- 14 how the reference product performs. And you
- 15 know, having some kind of a time break or time
- 16 closeness parameter to the reference product.
- DR. MORRIS: If we can summarize,
- 18 then. The things that sound like we have
- 19 consensus on are that there needs to be a line
- 20 in the sand. Let's come back to what that might
- 21 be. But that it has to include not only the
- 22 disintegration time but also a particle size for

- 1 which we are limiting the disintegration, which
- 2 is in the test methodology, right?
- 3 So the test methodology would then,
- 4 for example, if we were to stay with the USP
- 5 disintegration test, would be the conditions
- 6 of the test including the screen size, which
- 7 would then by default regulate the
- 8 disintegrating particle size.
- 9 And in terms of -- I'm not sure we
- 10 came up with a line in the sand. I
- 11 personally agree with Art that it seems like
- 12 you should be able to make something
- disintegrate in 30 seconds, but do we want to
- 14 have a specific number? Or -- I didn't quite
- 15 get a feel for --
- DR. KIBBE: Art Kibbe -- remember, we
- 17 don't vote on a piece of information that
- 18 becomes a guidance. We give the FDA our best
- 19 thought.
- DR. MORRIS: Exactly. So do we want
- 21 to give them a thought?
- DR. KIBBE: So just let them go with

- 1 what we've already told them.
- DR. MORRIS: Does that sit all right
- 3 with everyone, or does any comments? All right.
- 4 So if we can move to the next
- 5 question? Question 3, can labeling; i.e.,
- 6 instructions for use, be considered
- 7 sufficient to define the dosage form? And
- 8 this, I believe, is a voting question as
- 9 well, right? Yes, yeah, so this is a yes,
- 10 no, or abstain. And we are going to open
- 11 this for discussion. I'm sorry? So that was
- 12 Carol, Pat --
- DR. TWAY: I think she's going to --
- DR. MORRIS: Oh, Carol --
- DR. GLOFF: I'm not --
- DR. MORRIS: Carol Gloff.
- 17 DR. GLOFF: I'm not certain I really
- 18 understand the question. Carol Gloff, yes.
- 19 Sorry about that.
- 20 I'm not certain I really understand
- 21 the question. Be considered sufficient to
- 22 define the dosage form. To define it as an

- 1 orally disintegrating tablet? I'm not quite
- 2 certain I'm following.
- 3 DR. MORRIS: If I can interject
- 4 and -- let me try to speak for the writers and
- 5 then they can jump in. But I think the idea was
- 6 that so that the patient or health care provider
- 7 would understand that that was the intent, that
- 8 this was in fact an orally disintegrating dosage
- 9 form and that meant that it had certain
- 10 characteristics. Is that, more or less, the
- 11 case, Frank?
- 12 DR. HOLCOMBE: Well, that's in general
- 13 the case. The specific -- this question, in
- 14 fact, the sequence of questions are actually in
- 15 the context of, if you don't have -- and if you
- 16 say "no" for the first ones, then you have to
- 17 say something else. And this one was intended
- 18 as, can you use the labeling only to say this is
- 19 an orally disintegrating tablet. And that
- 20 depended on how the previous two were answered.
- 21 DR. MORRIS: So sufficient in absence
- 22 of agreement on the first two?

- 1 DR. HOLCOMBE: Right.
- DR. MORRIS: Oh. So okay. So --
- 3 DR. KIBBE: I read it -- and I thought
- 4 I understood what he just said -- and I was
- 5 going to say, we've established how you define
- 6 it in the previous thing. And then you use that
- 7 definition whenever you refer to the term in the
- 8 labeling. And we're done.
- 9 DR. MORRIS: So does that mean we
- 10 don't vote on this? Yeah, no. Or that we all
- 11 vote no?
- 12 SPEAKER: Either/or.
- DR. MORRIS: Either/or. Okay, well,
- 14 let's take a vote and see what -- just put it in
- 15 the lap of the gods, here. Hang on a second.
- 16 Are we ready?
- So we're ready to vote. So
- 18 please -- so okay, I'm sorry. So the
- 19 question is, can labeling -- this is now, can
- 20 labeling in the absence of any agreed
- 21 specifications as to the definition of this
- 22 dosage form that we've agreed should be

- 1 adopted, if you didn't have those definitions
- 2 would it be sufficient just to put on the
- 3 label that this is an orally disintegrating
- 4 dosage form?
- 5 Did I say that improperly?
- DR. HOLCOMBE: No, I think you said
- 7 that okay. But the question becomes moot now.
- B DR. MORRIS: So do we just abstain?
- 9 DR. HOLCOMBE: I would --
- DR. MORRIS: Or not vote --
- 11 DR. HOLCOMBE: I would not vote. It's
- 12 moot.
- DR. MORRIS: Just not vote? Okay, so
- 14 since this -- Helen, what do you think?
- DR. WINKLE: This just take -- since
- 16 we're not having a break, that's the break.
- 17 Yeah. I'm sorry?
- 18 So Jerry? Sorry, Merrill? You've
- 19 got to move these signs. I just look at the
- 20 signs. Yeah.
- DR. GOOZNER: It's Merrill Goozner.
- 22 It just seems to me that it's conceivable that

- 1 you could have a label that said, this one
- 2 dissolves in 45 seconds, this one dissolves in
- 3 30 seconds, this dissolves in 15. You could
- 4 have a -- you could use only labeling within
- 5 a -- you know, with a much different guidance
- 6 that gave very broad parameters.
- 7 What constituted this dosage form.
- 8 DR. MORRIS: Right. And I think that
- 9 was the intent of the question.
- DR. GOOZNER: And so --
- 11 DR. MORRIS: Yeah, if we hadn't agreed
- 12 on something else, would that be sufficient. I
- 13 think you're right, yeah.
- DR. GOOZNER: And there's a part of me
- that says, well, maybe that's not a bad idea.
- 16 But I don't want to contradict my earlier vote.
- DR. MORRIS: No, no. You're -- so
- 18 maybe we should vote, then, and just get it on
- 19 the record.
- Oh, sorry. One more. Anne?
- 21 DR. ROBINSON: Anne Robinson. I mean,
- 22 maybe it's the wording of the question -- but I

- 1 mean, having the word "sufficient" in there
- 2 seems to me to beg make the question -- I mean,
- 3 I agree, I was one before who brought up the
- 4 concept of including the labeling. And I think
- 5 it's useful to have that, but "sufficient" is a
- 6 word that I wouldn't think we need to vote on at
- 7 this point.
- DR. MORRIS: Please, Helen?
- 9 DR. WINKLE: Helen Winkle. I don't
- 10 think it's necessary to take a vote on this,
- 11 especially since time is so limited.
- DR. MORRIS: And that really makes
- 13 part A moot as well, I believe? Is that
- 14 correct?
- So that brings us to question 4,
- 16 which has -- what, if any special issues,
- 17 should be considered? For example, patient
- 18 compliance, target populations, and
- 19 conditions? So with that I'll open it for
- 20 discussion. And I think I'll call on Harriet
- 21 to re-state her taste masking very briefly.
- 22 And then -- just so it's on the

- 1 record.
- DR. NEMBHARD: Harriet Nembhard. I
- 3 would suggest that there should be some
- 4 consideration of the taste or palatability of
- 5 the product that's a part, at least, implicitly
- 6 for the definition of orally disintegrating
- 7 tablets. It seems it -- you know, as a
- 8 consumer, you might expect -- I mean, to your
- 9 point, it's not to say that it tastes like
- 10 peanut butter or lemon drops, but that the taste
- 11 is at least palatable. Or maybe you phrase that
- 12 differently in terms of patient compliance, that
- 13 it's not something that the patient wants to
- 14 expel, or however you might want to phrase that.
- 15 But some consideration of that issue seems to be
- 16 implicit in the definition of ODT.
- DR. MORRIS: So it shouldn't be an
- 18 emetic. Are there any other special topics
- 19 that -- yes, Jessie.
- 20 DR. AU: Jessie Au. I disagree with
- 21 Harriet. I think our duty here is to look at
- 22 safety and efficacy. That's where the

- 1 regulatory bodies come in. I think the
- 2 marketing is not our responsibility. We
- 3 shouldn't have to tell them what taste to do.
- 4 You know, compliance I can see, but compliance
- 5 only in the sense that they don't get choked on
- 6 this or when they try to have the disintegrating
- 7 tablet. But I don't think it is our
- 8 responsibility to dictate that they have to have
- 9 nice taste.
- They will do the marketing
- 11 research. They don't need us to tell them.
- 12 If they want to make money.
- 13 DR. MORRIS: Other special issues that
- 14 should be considered?
- Well, if not, that closes
- 16 this -- what's that? So Helen, do we have
- 17 sufficient time to close this and keep going?
- 18 And so this brings us to the final
- 19 topic. Which is -- sorry -- which is the use
- 20 of inhaled corticosteroid dose response as a
- 21 means to establish bioequivalence of
- 22 inhalation drug products. And we're going to

- 1 have several presentations, starting, I
- 2 believe, with Lawrence. I'm guessing,
- 3 because he's up.
- 4 And people may mill in and out very
- 5 briefly, Lawrence, but --
- DR. YU: It's okay, I don't mind.
- 7 Well, good afternoon everyone. I want to thank
- 8 you for your contribution and the time and
- 9 effort. We really had a great discussion this
- 10 morning on bioequivalence GI locally acting
- 11 drugs. We will certainly take your advice on
- 12 biorelevant dissolution as well as the
- 13 mathematical modeling back to the office. We'll
- 14 discuss and consider your suggestion and the
- 15 comments.
- This afternoon, the last topic is
- 17 on inhalation product. This is another very
- 18 critical topic for us. Bioequivalence of
- 19 inhalation drug product challenges and
- 20 opportunities. Again, another locally acting
- 21 drug product.
- 22 Back to last year, we issued a

- 1 critical path initiative. We identified
- 2 bioequivalence of locally acting drugs as a
- 3 critical area, which of the genetic drugs
- 4 needs the working on.
- 5 Compared to systematic drugs, the
- 6 locally acting drugs for inhalation products
- 7 different because, as again this
- 8 morning -- that this morning we basically
- 9 talked about the gastrointestinal GI tract.
- 10 Here, we talk about lungs. So that
- 11 therefore, when patient takes the dose, do
- 12 you have a lung deposition, and come to the
- 13 systemic circulation. And also we have the
- 14 GI tract and the liver. That's part of
- 15 reason, again, that systemic exposure may not
- 16 be predicting concentration and the location
- 17 in lung -- in the lung deposition. That's
- 18 why it's -- this presents a specific
- 19 challenge to us.
- 20 With respect, the four factors
- 21 affecting respiratory drug delivery, those
- 22 factors include drug substance, physical

- 1 chemical factors including formulation,
- 2 including device, and the patient compliance.
- 3 Because the use of device is also critical.
- 4 In establish of bioequivalence, we
- 5 are thinking about the formulation, whether
- 6 formulation should be similar. We talk about
- 7 device, shape and design. We're thinking
- 8 about in vitro bioequivalence method. And
- 9 we're thinking about comparative systemic
- 10 exposure studies. It's comparative systemic
- 11 exposure studies, indeed, pharmacokinetic
- 12 studies to make sure that the test product
- 13 and the reference product, they have similar
- 14 exposure with respect to safety.
- One of the particular items which
- 16 is challenge to us, which we're here to
- 17 discuss about, is basically in vivo studies
- 18 with clinical or pharmacodynamic studies.
- 19 For the reason because, as a response to very
- 20 shallow, it's difficult to develop a
- 21 sensitive method to demonstrate
- 22 bioequivalence for those inhalation product.

- 1 FDA is actively exploring method or
- 2 developing method to demonstrate
- 3 bioequivalence for inhalation product. See
- 4 this afternoon, we have two discussions, we
- 5 have two presentations. One is by Wally from
- 6 the Office of Generic Drugs, another is from
- 7 Badrul from Office of New Drugs, present two
- 8 models -- as my stability model as well as
- 9 inhaled natural oxide.
- 10 With that short introductions, I
- 11 turn podium to Wally Adams. Wally?
- 12 DR. ADAMS: Show me, how does this
- 13 thing work? This one hear? That one? And that
- 14 will take it back, right? Okay, good, thanks.
- 15 Thank you, Lawrence, for that introduction. And
- 16 good afternoon, ladies and gentlemen. I don't
- 17 see -- as Lawrence has indicated, this afternoon
- 18 what we would like to do is to provide two
- 19 presentations to serve as an informational
- 20 background for the Advisory Committee. And I'll
- 21 be talking on asthma stability model for inhaled
- 22 corticosteroid dose response.

- 1 Office of Generic Drugs, going back
- 2 to the early to mid-1990s, did a lot of
- 3 research on albuterol, MDI dose response
- 4 studies, and the result of that work was a
- 5 guidance that was issued to inform interested
- 6 firms on the conduct of appropriate
- 7 bioequivalent studies for albuterol, a short
- 8 acting beta agonist.
- 9 At the present time, OGD is working
- 10 on these two approaches to the establishment
- of a sensitive method for establishing
- 12 bioequivalence of inhaled corticosteroids.
- 13 And as -- there's clearly a need in the years
- 14 to come, as there are a number of dry powder
- inhalers which will be going off patent that
- 16 contain inhaled corticosteroids. And also
- 17 some MDIs will be going off patent in either
- 18 the near term or longer term.
- 19 So what I'd like to do is to
- 20 discuss methods to establish bioequivalence,
- 21 challenges to -- specifically to inhaled
- 22 corticosteroid bioequivalents. Talk about

- 1 the asthma stability model and the pilot
- 2 study which was conducted by Dr. Ahrens.
- 3 Talk about crossover and periolic design.
- 4 Estimates of sample size, and also the FDA's
- 5 research on the asthma stability model. And
- 6 in addition to that, briefly mention
- 7 something about pharmacodynamic study data
- 8 analysis, if there's time.
- 9 I believe that Lawrence may have
- 10 presented a similar slide to this based upon
- 11 the regulations which indicate that in order
- 12 of decreasing accuracy, sensitivity, and
- 13 reproducibility, if we look at three methods
- 14 of in vivo studies, pharmacokinetic studies
- 15 are preferred. If they are not appropriate
- 16 to establish equivalence, then a
- 17 pharmacodynamic endpoint -- a bioequivalence
- 18 study with a pharmacodynamic endpoint would
- 19 be next in line. And next in line after that
- 20 would be a bioequivalence study with a
- 21 clinical endpoint.
- 22 And in addition to that, there are

- 1 cases in which comparative in vitro data
- 2 alone will suffice to establish
- 3 bioequivalence of various products. That's a
- 4 general statement.
- Now, this is an idealized plot
- 6 showing efficacy curves. I should say that
- 7 inhaled corticosteroids are locally acting
- 8 drug products and as a consequence of that,
- 9 the pharmacokinetic studies are not
- 10 appropriate to establish bioequivalence, but
- 11 rather, some pharmacodynamic means is
- 12 necessary.
- 13 The PK studies will indicate
- 14 something about systemic exposure. But they
- do not necessarily relate directly to local
- 16 efficacy.
- 17 So this is an idealized curve, as I
- 18 say, and it shows the increasing efficacy as
- 19 you go up the curve for a locally acting
- 20 drug. And in addition to that, I've also got
- 21 here in the curve a curve for the safety
- 22 aspect. And in a bioequivalence study for

- 1 establishing local delivery equivalence, what
- 2 we're interested in is trying to develop a
- 3 study in which the study is conducted in the
- 4 rapidly rising portion of the dose response
- 5 curve.
- 6 And in addition to that, we would
- 7 like to have a study design which has low
- 8 variability. In order to increase the power
- 9 of the study. The plot also indicates that
- 10 there are safety concerns we would be
- 11 concerned about for these locally acting
- 12 drugs -- drug which is absorbed via the lungs
- or swallowed and absorbed via the GI tract.
- 14 And so there would be plasma levels
- 15 -- measurable plasma levels of drug which are
- 16 a concern for systemic exposure. So we
- 17 include a pharmacokinetic study in addition
- 18 to a pharmacodynamic study for local action
- in the standard request for bioequivalence.
- Now, this slide I've taken from
- 21 some material that Dr. Peter Barnes has
- 22 presented indicating the general problems

- 1 with establishing dose response. And some of
- 2 this has been alluded to earlier this
- 3 afternoon. But for dose response,
- 4 differences from placebo for each of the
- 5 active doses are generally statistically
- 6 significant. A dose response generally
- 7 exists, although it's shallow. There's a
- 8 lack of statistical significance in response
- 9 between adjacent doses with a high
- 10 variability of response. And in fact, it may
- 11 take a fourfold or greater difference in dose
- 12 in order to detect a statistical
- 13 significance.
- Now, I don't want to imply that a
- 15 statistically significant difference is a
- 16 criterion for bioequivalence. It's not, but
- it's simply emphasizes the fact that there is
- 18 a problem with establishing a meaningful dose
- 19 response curve in a bioequivalence study for
- 20 inhaled corticosteroids.
- 21 There's another problem, too, which
- 22 is that the pharmacodynamic effect may

- 1 persist for quite some time and may result in
- 2 an investigator feeling that a crossover
- 3 study is not feasible. Because they would
- 4 have to wait until after the pharmacodynamic
- 5 effect has washed out in order to give a
- 6 crossover treatment. That is frequently not
- 7 done, and many studies for relative potency,
- 8 in fact, use a parallel group design rather
- 9 than a crossover study.
- 10 And the problem is, in terms of
- 11 bioequivalence is that the carryover between
- 12 treatment periods can result in -- if it's an
- 13 unequal carryover, it can bias the estimate
- of the difference between treatment means.
- 15 Meaning that we would get an incorrect
- 16 measure of bioequivalence.
- 17 So there's a problem with inhaled
- 18 corticosteroids.
- 19 Now, I'd like to mention the Bussey
- 20 et al. study, which looked at a dose response
- 21 and a comparison between Beclomethasone
- 22 Dipropionate, the CFC formulation, and the

- 1 newer HFA formulation. And in Dr. Bussey's
- 2 study, he used subjects ages 18 and over,
- 3 they were adult subjects. FEV-1 was 50 to
- 4 75 percent of predicted. And the treatments
- 5 were Beclomethasone Dipropionate for six
- 6 weeks at each of the dose levels. It was a
- 7 parallel group dosing. He doses for up to 28
- 8 days prior to the start of the study in order
- 9 to wash out any corticosteroid from these
- 10 patients.
- 11 And he dosed at three dose levels
- 12 for each of the CFC and the HFA products.
- 13 Blinded to dose. But interestingly, I'd like
- 14 to point out that you'll notice at the end,
- 15 at the left hand bottom, indicates that in
- 16 this study he used between 50 and 59 subjects
- 17 per treatment group. This is far higher than
- 18 what we normally think about in a
- 19 pharmacokinetic study in which 24 subjects is
- 20 quite common. Much larger than that. In
- 21 fact, though, there were over 300 subjects in
- 22 this study.

- 1 And I'm citing this study because
- 2 it represents a very well controlled,
- 3 carefully performed study conducted by this
- 4 investigator. And in fact he did establish a
- 5 dose response, but we'll see that there are
- 6 some issues with regard to the results.
- 7 And this is the plots for the
- 8 increase in FEV-1 -- percent predicted over
- 9 baseline -- over a six-week period. And what
- 10 we see is that there's a trend towards an
- 11 increasing response over the first four
- 12 weeks, and then as we get out towards six
- 13 weeks, the responses tended to plateau.
- 14 And the Bussey paper indicated that
- 15 there was basically marginal statistical
- 16 significance between the 400 and the 800
- 17 microgram doses. And we heard earlier today
- 18 that there was a difference between the
- 19 100 -- statistically significant difference
- 20 between 1- and 800. I looked at this paper,
- 21 I could not find statistical comparisons for
- 22 any of these doses relative to the baseline.

- 1 And because there was a dose
- 2 response, Dr. Bussey was able to conduct a
- 3 Finney analysis of this data set. And in
- 4 fact, it met the Finney criteria.
- 5 You'll see that there is a dose
- 6 response to both the HFA's BDP, which is the
- 7 QVAR, and the CFC-BDP product. And using
- 8 this approach, it asks the question, what is
- 9 the dose of each of these products that would
- 10 give the same pharmacodynamic response?
- 11 Increase in FEV-1 over baseline. And the
- 12 plot shows that as result of that
- 13 calculation, 150 micrograms of the HFA
- 14 product would be equivalent to 400 micrograms
- of the CFC product. In other words, the CFC
- 16 product requires 2.6 times as much dose to
- 17 get the same effect.
- 18 Well, the interesting aspect of
- 19 this, and the reason I wanted to present it
- 20 was, if we look at the 95 percent confidence
- 21 interval for this estimate of 2.6, that
- 22 confidence interval ranges from 1.1 to 11.6.

- 1 That range is so wide that this number of
- 2 2.6, we don't really know where it is in that
- 3 entire confidence interval range.
- 4 So the data are not clinically
- 5 useful to adjust the data for this HFA
- 6 product. And furthermore, the data are so
- 7 wide that it certainly would raise questions
- 8 in terms of ability to meet confidence
- 9 interval limits, such as we think of for
- 10 generic products. If we converted this
- 11 to -- expressed that confidence interval in
- 12 terms of percent, it would have a width of
- 13 40 percent to 440 percent, a huge range.
- 14 And that, now, was with a parallel
- 15 study design. And Dr. Ahrens had the idea
- 16 that it may be possible to improve the
- 17 precision of that estimate.
- 18 Improve the power of the study by
- 19 using a crossover study design. And how
- 20 might that be done? Well, the basic approach
- 21 used in the asthma stability model is to say,
- 22 we want to do a crossover study, we don't

- 1 have the time to wait until the
- 2 pharmacodynamic effect has been washed out
- 3 from the first treatment, until we give the
- 4 crossover dose. So rather, what would be
- 5 done is to dose the patients up to the
- 6 maximum of steroid response with a high dose
- 7 corticosteroid. And then, put the subjects
- 8 on for a period of three weeks on a
- 9 particular dose of the inhaled
- 10 corticosteroid.
- He used oral prednisone 40
- 12 milligrams twice a day as a wash-in to bring
- 13 the patients up to maximum steroid response.
- 14 And then in a crossover design, he put the
- 15 patients either on 100 or 800 micrograms per
- 16 day of the drug. And followed their FEV-1
- 17 over time.
- 18 And then after that first period,
- 19 he again gave a wash-in of the high dose
- 20 corticosteroid to again take them up to the
- 21 high plateau of response of the maximum
- 22 steroid response. And then put them on the

- 1 crossover dose.
- 2 And when he did that, the data
- 3 looked like the figure on the left in which
- 4 we see that there's a high value due to the
- 5 oral corticosteroid -- the oral prednisone, I
- 6 should say, taking them up to a maximum
- 7 response. And then putting them on either
- 8 800 or 100 micrograms per day. And you'll
- 9 see that the 800, basically it dropped a
- 10 little but maintained a fair plateau of
- 11 asthma stability. Whereas the 100 microgram
- 12 subjects were dropping down in response as
- 13 they stayed on that dose.
- 14 And he was able to use that
- 15 information, then, in order to do some
- 16 calculations. And I want to go back to the
- 17 previous slide in which the interest was in
- 18 determining what would the sample size need
- 19 to be in order to do a bioequivalence
- 20 study -- a successful bioequivalence study.
- 21 And the assumptions were these.
- That the study would be done as a

- 1 two by two study design, it would use a
- 2 Finney bio assay, he would look at a
- 3 90 percent confidence interval, and the
- 4 bioequivalence interval on the dose scale
- 5 would be 50 to 200 percent. Now, that's a
- 6 lot wider than we normally think about for
- 7 our normal bioequivalence limits of 80 to
- 8 125.
- 9 These limits were much broader than
- 10 that.to 200. But that was the assumption
- 11 built into this paper, and these
- 12 calculations. And in order to compute sample
- 13 size, the power of 80 percent.
- Sample size estimates were based
- 15 upon the standard deviation obtained from the
- 16 ANOVA, and the slope at the end of the
- 17 treatment period. S is a standard deviation
- 18 for responses from ANOVA, B is the dose
- 19 response slope, and a low S-over-B ration
- 20 indicates increasing study power.
- 21 And what we see is, if we look at
- 22 the right hand side of this plot, in which

- 1 the S-over-B ratio has been plotted as a
- 2 function of sampling at increasing times over
- 3 the 21-day period. We see that the S-over-B
- 4 ratio drops. And so the calculations which
- 5 were done for this investigation used the
- 6 data at the three week time point. And did
- 7 calculations of how many subjects would be
- 8 needed to -- for a product to meet the
- 9 bioequivalence requirements of 50 to
- 10 200 percent.
- 11 And calculations were done assuming
- 12 either a parallel design study as indicated
- 13 on the previous slide -- earlier slide -- or
- 14 a crossover design. And just looking at the
- 15 common AM FEV-1 endpoint, we see that using
- 16 the parallel study design, there was some
- 17 1,400 or so subjects would be required in a
- 18 parallel group study design in order to meet
- 19 those bioequivalence requirements as defined
- 20 in the paper.
- 21 On the other hand, if a crossover
- 22 study were conducted, these study results

- 1 indicate that those criteria could have been
- 2 met with 25 subjects.
- 4 point -- it's one of the very bottom points
- 5 on that curve, is -- represents the data for
- 6 the crossover study design using the morning
- 7 FEV-1.
- 8 This was of substantial interest to
- 9 us because we've been -- in OGD -- because
- 10 we've been looking for some method which
- 11 would represent a sensitive study design
- 12 which could be recommended to firms to
- 13 conduct a bioequivalence study. It needs to
- 14 be sensitive in order to be meaningful.
- Now, this slide, then, represents
- 16 the FDA's study objectives based upon the
- 17 pilot study which I just described. And we
- 18 wanted to expand and fine tune the work which
- 19 Dr. Ahrens had done. And so one of the
- 20 questions we wanted to ask was, can that
- 21 maximum steroid response be reached with a
- 22 high dose inhaled corticosteroid rather than

- 1 oral prednisone. There would be large
- 2 benefits to doing that, because it would
- 3 avoid the large systemic exposure of the oral
- 4 prednisone if we could dose with a high dose
- 5 corticosteroid. That's one of the questions
- 6 we're asking in this study, which is
- 7 underway.
- 8 We want to characterize the dose
- 9 response based upon three treatment levels.
- 10 And I want to back up for a moment. If we
- 11 look at this left-hand figure, that
- 12 represents the decline in response with 100
- 13 micrograms. What we don't know here is, what
- 14 would the decline in that response look like
- if the subjects were on placebo or no drug.
- 16 We don't know that. And so what we wanted to
- 17 do was to better define this dose response
- 18 curve by adding a third dose.
- Now, either we could do it in one
- 20 of two ways. We could either include a
- 21 placebo treatment in this study, or we could
- 22 simply add a third dose of active drug. And

- 1 for ethical reasons, about taking these
- 2 steroid responsive, steroid dependent
- 3 subjects off of drug totally for a three or
- 4 four week period would be a concern and we
- 5 didn't want to do that. Therefore, we
- 6 included three different active drug doses in
- 7 order to establish a dose response.
- 8 A third bullet, study efficiency of
- 9 the screening process for identifying
- 10 subjects demonstrating a sufficient dose
- 11 response. Where, it's critically important
- 12 to try and enrich the study population in
- 13 these studies in order that we include
- 14 subjects who are dose-responsive. And that's
- one of the aspects of this study.
- To examine the dose response of the
- 17 primary and secondary outcome variables. The
- 18 Ahrens pilot study suggested that the AM
- 19 FEV-1 is one of the very most powerful
- 20 endpoints, but there were a number of other
- 21 endpoints, and so we're going to be looking
- 22 at that issue as well. And we're also going

- 1 to characterize the dose response using both
- 2 linear -- using linear and nonlinear and Emax
- 3 modeling.
- 4 So those are objectives of the
- 5 study. And some of the specifics are that
- 6 these subjects in our study, which is
- 7 currently ongoing -- the asthma stability
- 8 model study -- will have persistent asthma,
- 9 they'll be non-smoking. They must exhibit a
- 10 dose response during run-in. Otherwise, they
- 11 are excluded from the study. Run-in study
- 12 periods will be a high dose inhaled
- 13 corticosteroid run-in, which is going to be
- 14 220 micrograms times 4 actuations. Followed
- 15 by a low dose run-in of 44 micrograms per
- 16 actuation.
- 17 Essentially, what we've done here
- 18 is, we are giving the subjects the highest
- 19 label dose of the inhaled corticosteroids as
- 20 a high dose run-in, and then we're dropping
- 21 them down to the lowest possible dose -- of
- 22 the lowest dose of this product, which is

- 1 Beclomethasone Dipropionate, HFA. I
- 2 neglected to say that. We're giving them the
- 3 lowest possible dose, which is a 44
- 4 micrograms X actuator.
- 5 And so therefore, we're looking for
- 6 a drop in their FEV-1 as a result of the drop
- 7 down to the lower dose. And there's a
- 8 criterion we're using there of a greater than
- 9 or equal to 7 percent decrease in FEV-1 as a
- 10 result of that criterion -- that element of
- 11 the study design.
- 12 And then the study treatment
- 13 periods will include either -- there'll be
- 14 four treatment periods, and they will include
- 15 either an oral prednisone dose or a high dose
- 16 inhaled corticosteroid. Two of those periods
- 17 of subjects are going to receive the high
- dose oral prednisone, 30 milligrams BID, or
- 19 the inhaled corticosteroid. There will be
- 20 four randomized periods, it'll be a
- 21 double-blind, double-dummy study. Each one
- 22 of these periods on the various treatments

- 1 will last for four weeks, and we have four
- 2 different doses: 44 micrograms, which is one
- 3 actuation of the product; 2 actuations, which
- 4 is 88 micrograms; or 352 micrograms. And
- 5 each one of those dosed twice daily.
- 6 And I should say that on the study
- 7 design which Dr. Chowdhury will be
- 8 describing, we are using exactly the same
- 9 test product, fluticasone propionate HFA.
- 10 And we're using exactly the same doses.
- 11 So what we're going to have with
- 12 these two studies is two very different
- 13 endpoints. One a measure of bronchodilation,
- one a measure of inflammation -- the ENO
- 15 study -- and looking at these two very
- 16 different study designs and endpoints as a
- 17 way of seeing -- of comparing the results of
- 18 those two in terms of their ability to serve
- 19 as a good study design for bioequivalence.
- 20 And looking at this from a
- 21 graphical standpoint, there's a pre-study
- 22 period of 7 days leading up into the high

- 1 dose run-in for 14 days, a low dose run-in
- 2 for 28 days, and over that time period there
- 3 has to be at least a 7 percent drop in FEV-1
- 4 in order for the subjects to go into the
- 5 randomized portion of the study.
- 6 We then dose them with a high dose
- 7 corticosteroid. And after that period, we
- 8 then put them on the four weeks of the
- 9 fluticasone propionate at either one of three
- 10 doses, and the middle dose we're dosing on
- 11 two occasions in order to determine
- 12 intra-subject variability.
- 13 How am I doing for time, by the
- 14 way? Should I keep going, or should I --
- DR. YU: You're fine.
- 16 DR. ADAMS: Five minutes? Okay. Five
- 17 minutes to discuss the proposed data analysis.
- Now, the issue here is that we
- 19 could either establish bioequivalence
- 20 criteria on the basis of comparability in the
- 21 pharmacodynamic measure that is on the Y
- 22 axis, or we could establish bioequivalence on

- 1 the dose axis. And after we've gone through
- 2 the experience with albuterol MDI back in the
- 3 1990s, a group at FDA -- Dr. Bill Gillespie
- 4 at the time at FDA -- Stella Machato (?) and
- 5 Don Sherman developed a method that we call
- 6 the Dose Scale Approach. And it, in fact,
- 7 makes comparisons on the dose scale rather
- 8 than on the response scale.
- 9 And a point I'd like to make, and
- 10 it may not be totally easy to see on this
- 11 plot, which represents an Emax model. Ar
- 12 idealized figure. But if we had two products
- in which we're up high on the dose response
- 14 curve and the test and reference products,
- 15 let's say, differed by 10 percent in their
- 16 response, and we drew lines over and dropped
- 17 them down, the difference in the doses
- 18 between those two products that resulted in
- 19 that 10 percent difference in pharmacodynamic
- 20 response would be substantial. It'd be a big
- 21 difference in those two doses. Whereas, on
- 22 the rapidly rising portion of the curve, if

- 1 we had a 10 percent difference in response
- 2 and went over, dropped it down onto the dose
- 3 scale, we'd see that the doses that caused
- 4 that 10 percent difference in response were
- 5 much closer together.
- And the point is that we do not
- 7 want to set bioequivalence criteria on the
- 8 response scale because, depending upon where
- 9 the study is conducted on that Emax model, is
- 10 going to affect the test to reference ratio.
- 11 So therefore, we do not want to make
- 12 comparisons on the response scale but rather,
- 13 on the dose scale.
- 14 And this slide was prepared by
- 15 Dr. Gillespie for an Advisory Committee
- 16 meeting back in 1996. The general -- the
- 17 specifics would vary depending upon just how
- 18 the study design was conducted, how many
- 19 doses are given. But in this particular
- 20 case, which was based upon our albuterol
- 21 experience, the zero dose represents
- 22 baseline. And then 1 and 2 puffs -- 1 and 2

- 1 actuations of the reference product or dosed,
- 2 and we prepare -- we fed an Emax model to
- 3 that curve. Based upon the response of the
- 4 reference product. And then, a test product
- 5 can be given.
- 6 And in this case, you'll see that
- 7 that middle -- I wish I had a pointer. But
- 8 this curve right -- that point right there is
- 9 due to one actuation of the reference
- 10 product. And if one actuation of the test
- 11 product is a higher response --
- DR. MORRIS: Your clicker has a
- 13 pointer, Wally.
- DR. ADAMS: What? Oh, that thing has
- 15 a -- thanks, Lawrence. Now I find out.
- Okay, so in this particular
- 17 hypothetical example, the test product dosed
- 18 at one actuation had a response that was
- 19 greater than the response of one actuation of
- 20 the reference product. And you can draw a
- 21 line and drop it down onto the X axis and as
- 22 it indicates here, this dose of the reference

- 1 product that would result in a response equal
- 2 to that of the -- from -- response from the
- 3 test product is estimated by that value right
- 4 there.
- 5 To make it a little clearer -- and
- 6 this is my last slide -- this is another
- 7 slide presented by Dr. Gillespie at the
- 8 Advisory Committee meeting -- again, it's a
- 9 hypothetical curve. But in this particular
- 10 case, the Emax model curve has been developed
- 11 based upon the 0, 1, and 2 actuations of the
- 12 referenced product to establish our dose
- 13 response curve. And then, the test product
- 14 have a lower response than one actuation of
- 15 the reference product. And as it indicates
- 16 here, you can then calculate this number and
- 17 get a relative bioavailability on the dose
- 18 scale.
- 19 And the advantage of this method
- 20 is, that it allows -- it compensates for the
- 21 non-linearity. The study could be conducted
- 22 in a different region of the curve and you'd

- 1 still get this same result. The same
- 2 relative bioavailability. So it's an
- 3 important aspect of our thinking in terms of
- 4 how pharmacokinetic data should be analyzed
- 5 for inhaled drugs.
- And there are mathematical basis
- 7 for this approach, which I'm not going to
- 8 present.
- 9 So finally, I'd like to acknowledge
- 10 the project advisory group for this study.
- 11 It's Dr. Chowdhury, who is going to be
- 12 presenting next; Sally Seymour, who's in the
- 13 audience; Rob Lionberger, who presented this
- 14 morning on a different topic; Bing Li, who's
- in the audience. And I also want to thank
- 16 Dr. Lawrence Yu and Helen Winkle for
- 17 providing funding for this research project.
- 18 And I also want to acknowledge two
- 19 other individuals. One is Dr. Gerjavahl (?)
- 20 Singh, who's in the audience. He was a
- 21 co-project officer on this project before he
- 22 left the agency.

- 1 And I also want to acknowledge one
- 2 other individual. I should say that this
- 3 contract study is being conducted at the
- 4 University of Iowa by Dr. Ahrens. And he has
- 5 a co-principal investigator, who is Dr.
- 6 Leslie Hendeles, who is also in the audience.
- 7 I want to acknowledge both those
- 8 individuals. Thank you.
- 9 DR. MORRIS: Thank you. Should we go
- 10 with clarifying questions -- yeah. If there are
- 11 just any brief clarifying questions, that we
- 12 could take them now. If not, we'll proceed. So
- 13 thank you, Wally.
- DR. ADAMS: Yes, sir.
- DR. MORRIS: Please, go ahead.
- DR. CHOWDHURY: Thank you for being
- 17 here so late in the day of a two-day Advisory
- 18 Committee.
- 19 And also the audience here. It's
- 20 very tough to be the last speaker in a
- 21 two-day symposium and keeping interested.
- 22 I'll try my best to do that.

- 1 I'll be talking about exhaled
- 2 nitric oxide as a model for inhaled
- 3 corticosteroids for ICS dose response.
- 4 Inhaled corticosteroid has flat dose response
- 5 on usual efficacy variables, such as FEV-1.
- 6 And this flat dose response has
- 7 hindered the development of generic ICS.
- 8 That typically would require comparison of
- 9 drug products on dose response curves.
- 10 We're exploring various models and
- 11 markers that can show dose response with ICS.
- 12 You've heard one model, in the next 30
- 13 minutes I will discuss with you another
- 14 model, which is exhaled nitric oxide or ENO,
- as I'll be referring to in my presentation.
- 16 And ENO appears very promising.
- 17 Before I start, I'd like to
- 18 acknowledge and thank some individuals.
- 19 Dr. Adams, and Dr. Willy Purcell (?), who is
- 20 currently at Watson and was formerly at the
- 21 FDA. And Dr. Robert Meyer, who is at Merck
- 22 and was formerly at FDA. And for both of

- 1 these individuals for providing scientific
- 2 leadership to this project. And actually
- 3 generating many of the background materials
- 4 that I'll be presenting today.
- 5 And also thanks to Dr. Winkle and
- 6 Dr. Yu. Now, here's the outline of my
- 7 presentation. As we know, single ingredient
- 8 ICS are approved for asthma in the U.S.
- 9 Therefore, the disease of interest is asthma.
- 10 I'll use one slide to introduce the disease
- 11 to you. I'll then use two slides to discuss
- 12 relevant regulatory framework for the
- development of NDA (?) products, and AND (?)
- 14 product.
- 15 I'll then discuss the challenges in
- 16 developing generic corticosteroids very
- 17 briefly. I'll spend most of my time talking
- 18 about why we think ENO is a suitable marker
- 19 for ICS bioequivalence, or BE, studies. And
- 20 we have funded a study to assess the
- 21 feasibility of using ENO for showing ICS dose
- 22 response. At the last part of my

- 1 presentation, I'll discuss the protocol with
- 2 you.
- 3 Asthma is a chronic inflammatory
- 4 disease, it is probably well-known to the
- 5 audience here. And there are various cell
- 6 types which infiltrate the lungs, resulting
- 7 in wheezing, shortness of breath, airway
- 8 hyperresponsiveness, and airflow obstruction.
- 9 And the current signs leads us to
- 10 believe that ENO can also be considered as
- 11 another characteristics of asthma.
- 12 There are two types of drugs used
- 13 in asthma treatment. First are reliever
- 14 drugs, which are used as needed. And second
- 15 are controller drugs which are used
- 16 continuously. ICS are controller drugs and
- 17 are widely used in treatment of patients with
- 18 persistent asthma.
- 19 ICS are marketed as either single
- 20 ingredient products or as combination
- 21 products with long-acting betagonist (?), or
- 22 LABA, as fixed-dose combination products in

- 1 the U.S.
- 2 But new drugs are brought to the
- 3 market in the U.S. by the NDA process, which
- 4 you are very familiar with. And the essence
- 5 of the process is to bring drugs of
- 6 better-known quality, like CMC attributes.
- 7 And safe and effective, a label, which are
- 8 based on clinical studies.
- 9 Generic drugs are brought to the
- 10 market by the NDA process. And a generic
- 11 drug is identical to a previously approved
- 12 drug, or the reference listed drug, or RLD,
- in active ingredients, strength, root, et
- 14 cetera. Generic drugs are, in essence, copy
- 15 of RLD. Sameness of the product quality of a
- 16 generic and an AND or NDA drug is assured by
- 17 CMC processes.
- 18 And the sameness of safety and
- 19 efficacy of the two are assured by
- 20 bioequivalence, which I will discuss
- 21 subsequently.
- 22 Critical to the approval of a

- 1 generic drug is demonstration of
- 2 bioequivalence to the RLD. Regulatory
- 3 definition of BE is in the slide. The key
- 4 operating principle in the definition of BE
- 5 is demonstration that between a generic drug
- 6 and RLD there's no difference in the rate and
- 7 extent of availability of the active moiety
- 8 at the site of drug action.
- 9 But for most drugs such as oral
- 10 drugs, BE is demonstrated based on drug
- 11 concentration in the blood, because the drug
- 12 reaches the site of action through the system
- 13 of circulation. This approach is not
- 14 applicable for locally acting drugs such as
- inhaled corticosteroids, because the emitted
- 16 dose does not rely on systemic circulation
- 17 for delivery and action in the lungs.
- To demonstrate identical rate and
- 19 extent of availability of a generic drug and
- 20 RLD, it is necessary to show bioequivalence
- 21 on relevant clinical or pharmacodynamic
- 22 endpoint. As you have heard before, the

- 1 relatively flat dose response curve of ICS,
- 2 unusual efficacy measures such as trough
- 3 FEV-1 makes demonstration of bioequivalence
- 4 challenging.
- 5 And here is an example of an
- 6 inhaled corticosteroid that shows flat dose
- 7 response on trough FEV-1. Flovent is
- 8 marketed in the U.S. in three dosage
- 9 strength. There are three dosing
- 10 recommendations based on asthma severity. In
- 11 phase 3 studies, these doses virtually did
- 12 not separate from each other on the typical
- measure, which is trough FEV-1 over the
- 14 duration of treatment of 12 weeks.
- 15 Here is another example, which is a
- 16 dry particle inhaler, actimoete (?) is
- 17 mometasone. The trade name is Asmanex.
- 18 Again, the same flat dose response curve.
- Now, how does one show
- 20 bioequivalence of inhaled corticosteroids?
- 21 Just as a frame of reference, I'm putting up
- 22 a picture of albuterol and a warfarin

- 1 generic, which Dr. Adams briefly touched on
- 2 before. For an inhaled corticosteroid, the
- 3 way we look at it essentially is total kind
- 4 of a package approach, if you would call it.
- 5 In the various areas where one needs to look
- 6 at to ultimately conclude bioequivalence,
- 7 these are drug product characteristics, in
- 8 vitro performance, systemic exposure, and
- 9 local action.
- 10 Let me expand on this very briefly.
- 11 The generic ICS and the RLD should have the
- 12 same formulation and device. Formulation
- 13 meaning, they should be qualitatively and
- 14 quantitatively same, meaning that actives,
- 15 inactives are the same -- and be within
- 16 5 percent of each other.
- 17 The devices should be generally
- 18 similar, and operation characteristics
- 19 generally similar, allowing
- 20 interchangeability.
- 21 The applicable in vitro performance
- 22 should be similar, primarily being similar

- 1 emitted dose for inhalation and a similar
- 2 particle size distribution.
- 3 The systemic exposure should also
- 4 be similar, and is really in forms of safety
- 5 and not efficacy. The ideal way of doing
- 6 similarity of that are standard PK approaches
- 7 using the standard PK parameters. If, for an
- 8 inhaled corticosteroid, exposure is very
- 9 less, one could use appropriate
- 10 pharmacodynamic models such as HP access.
- 11 The generic and the RLD should have
- 12 same local action. To assure that there is
- 13 no difference in the rate and extent of
- 14 availability of the active moiety to the site
- 15 of traction in the lungs. This requires, as
- 16 we heard before, a demonstration of dose
- 17 response on the relevant clinical or
- 18 pharmacodynamic endpoint so that generic and
- 19 RLD can be characteristically compared on the
- 20 slope of dose response curves. As we heard
- 21 before, and I mentioned earlier for ICS, this
- 22 has been challenging because there is no

- 1 established model that shows dose response in
- 2 the relevant clinical or pharmacodynamic
- 3 endpoint.
- 4 There are some models that we are
- 5 exploring. You have heard Dr. Adams talk
- 6 about one model, which was asthma stability
- 7 model. And I'll discuss and present to you
- 8 the other model which we are exploring, which
- 9 is the ENO.
- Now, ENO appears to be a good
- 11 marker for use in ICS bioequivalence study.
- 12 ENO is a clinically relevant marker of
- 13 asthma, its response to inhaled
- 14 corticosteroids, and the responsiveness
- 15 behaves in a fashion that makes it suitable
- 16 for crossover BE study. And the methodology
- 17 and measurement are standardized and
- 18 harmonized for the exhaled nitric oxide.
- 19 I'll expand on these points using
- 20 data from published literature, and bring
- 21 back to this slide again and kind of wrap it
- 22 up saying why we think ENO is a good model.

- 1 Nitric oxide, or NO, has several
- 2 important biological functions, such as
- 3 regulation of vascular constriction, later
- 4 degradation, neurotransmission, et cetera.
- 5 In the airway respiratory tract, it acts as a
- 6 selective pulmonary vasodilator. Source of
- 7 NO in the exhaled air is upper airways,
- 8 particularly sinuses, and lower airways, or
- 9 the lungs. Once the nasal airway or the
- 10 sinuses are excluded, NO in breath is
- 11 originates all from the lower airways.
- NO, or nitric oxide, is synthesized
- 13 by NO sythase, or NOS. And these are found
- 14 in several cell types. Let me go over that.
- There are three types of NOS, which
- 16 are numbered as 1, 3, and 2. These are
- 17 distinct gene products, and the chromosomal
- 18 occulations in the humans are different. And
- 19 all three of them are expressed in the
- 20 airways.
- 21 Functionally, NOS are of two types.
- 22 Constitutive and Inducible. The constitutive

- 1 NOS is produced intermittently at very low
- 2 concentrations, femtomolar or picomolar.
- 3 Inducible NOS is induced by pro-inflammatory
- 4 cytokines such as TNF, (inaudible) IL-1,
- 5 which are, again, markers of inflammation
- 6 important in asthma. And they're produced at
- 7 larger concentrations, nanomolar. And they
- 8 are there for several hours after exposure to
- 9 an inciting agent. And importantly,
- 10 inducible NOS is steroid-sensitive.
- 11 Here's a picture of NOS. And this
- one is NOS 1, or cNOS. Which is shown in an
- 13 endobronchial biopsy specimen taken with a
- 14 patient who has asthma, showing the
- 15 expression here in the epithelial cells.
- Now, this slide shows the levels of
- 17 ENO, or exhaled nitric oxide, in various
- 18 respiratory diseases. In asthma, it is
- 19 elevated. And I'll show some data later on
- 20 that shows it elevated quite high. Other
- 21 diseases where ENO levels are elevated are
- 22 pretty much clinically distinct from asthma

- 1 and can be clinically easily distinguished.
- 2 ICS reduces ENO in patients with
- 3 asthma. ENO is quite sensitive to ICS. I'll
- 4 show data from two studies, one here and the
- 5 second study will be in the next slide.
- 6 This slide shows results of a
- 7 cross- sectional observational study. Here
- 8 is the ENO level in control subjects, ENO
- 9 levels in patients with asthma not on
- 10 steroids -- quite a high increase -- and here
- 11 the ENO levels in asthma on steroids
- 12 comparable to control.
- Here is a study where 11 patients
- 14 with asthma were treated with inhaled
- 15 steroid, 18 microgram Budesonide or placebo
- 16 for three weeks in a crossover design. And
- 17 if we see the results, the baselines are
- 18 right here for the ENO. With steroid
- 19 treatment, the ENO level went down. Quite a
- 20 large reduction. With the placebo, there was
- 21 virtually no change.
- The important point for us is the

- 1 reduction of ENO by ICS in patients with
- 2 asthma shows dose response. I'll again show
- 3 results from two studies. One in this slide
- 4 and the second one in the next slide.
- 5 This slide shows results of a
- 6 crossover design study where patients with
- 7 asthma were treated with beclomethasone for 1
- 8 week, 3 doses used; 100, 400, and 800
- 9 micrograms per day. And there were five
- 10 visits. Visit one was the baseline, visit
- 11 two was the placebo, and then these three are
- 12 the three doses. If you look at all
- 13 subjects, there was a dose response. Perhaps
- 14 not that steep, but there was. If you look
- 15 at patients who were taken out of these who
- 16 had high baseline ENO level, the curve was
- 17 much steeper.
- 18 The second study showing dose
- 19 response is presented here, and this was a
- 20 parallel group design study. Patients with
- 21 asthma were given placebo, Budesonide 100 or
- 22 400 once a day for three weeks. And ENO

- levels were measured on days 0, 3, 5, 7, 14,
- 2 and 21. The time course of ENO reduction was
- 3 rapid, occurring approximately in seven days.
- 4 A numerical dose response trend was seen
- 5 during the first seven days. And then, the
- 6 slope was flat. Between the two steroid
- 7 doses, there was a dose response. And if you
- 8 look at this four points, which creates the
- 9 dose response curves -- and same here -- and
- 10 the higher the dose of steroid appeared to
- 11 have a steeper curve. And the rate of
- 12 decline was more rapid with the lower dose of
- 13 steroid, with the placebo being flat.
- 14 Another important point is that the
- 15 reduction of ENO by ICS in patients with
- 16 asthma is not affected by bronchodilators.
- 17 Bronchodilators being albuterol, the classic
- 18 drug as a short acting agent. And low acting
- 19 bronchodilators such as salmeterol and
- 20 formoterlol.
- 21 To make the point, I'll show two
- 22 study results. One here, and the second one

- 1 in the next slide. And in this slide, I'm
- 2 showing results of a crossover design study
- 3 where patients were given fluticasone
- 4 propionate plus salmeterol for two weeks. Or
- 5 fluticasone propionate for two weeks. The
- 6 doses were different here. Here is the
- 7 baseline level of ENO, which is quite high.
- 8 And the two levels, either with agonist or
- 9 without, they're virtually very similar.
- 10 And this is another study. And
- 11 this was a crossover design study. And
- 12 patients here were given Budesonide plus
- 13 formoterol for four weeks followed by
- 14 Budesonide for one week or fluticasone plus
- 15 salmeterol for four weeks followed by
- 16 fluticasone for one week. And if you see the
- 17 results, this is the baseline. Quite high
- 18 here, no levels.
- 19 It came down with the treatment,
- 20 either with or without steroid -- or without
- 21 long acting agonist, formoterol, the numbers
- 22 were similar. And same here, with or without

- 1 salmeterol in presence of fluticasone. The
- 2 numbers were similar, showing virtually no
- 3 effect of with agonist.
- 4 And lack of a bronchodilator effect
- 5 of ENO is important, and beneficial in
- 6 several ways. First, in ICS BE studies,
- 7 patients will need to take rescue medications
- 8 for symptom control. Particularly when
- 9 they're washed off ICS. And risky
- 10 bronchodilator use will not interfere with
- 11 ENO changes in such studies.
- 12 And second is lack of effective
- 13 bronchodilator will allow ENO to be used for
- 14 comparing long acting betagonist plus ICS
- 15 combination to test the isolated effect of
- 16 ICS complement without the worry of LABA
- 17 complement interfering with the ENO.
- 18 Another important point is the
- 19 reduction of ENO in patients with ICS in
- 20 patients with asthma is consistent, and
- 21 reproducible. And to make the point, I'm
- 22 showing results of a parallel group study

- 1 where patients were treated with Budesonide
- 2 for four weeks, and then washed out for four
- 3 weeks, and then given eight weeks randomized
- 4 treatment with a steroid or placebo. Here's
- 5 the baseline. After four weeks of treatment,
- 6 the ENO levels came down. After wash out, it
- 7 came up again, virtually going back to
- 8 baseline. And then, when the patients
- 9 randomized to either steroid or to placebo,
- 10 the levels came down with the steroid or
- 11 without steroid, it came up. Showing quite a
- 12 bit decent reproducibility of the effect.
- 13 And the reduction of ENO by ICS in
- 14 patients with asthma is fairly rapid. And
- 15 reverses fairly rapidly as well. And this is
- 16 one thing that shows that point. The ENO
- 17 level coming down quite quickly with the
- 18 steroid treatment and staying low as long as
- 19 the patient is on steroid. And coming back
- 20 quite rapidly once the steroid is tapered
- 21 off.
- 22 A time course of ENO reduction with

- 1 ICS compared to other outcome measures such
- 2 as symptoms, hyperreactivity of production is
- 3 quite rapid. It's quite rapid compared to
- 4 others. And one point to note that the
- 5 expelled ENO does not correlate with
- 6 pulmonary function parameters. However, it
- 7 does correlate with other markers of
- 8 inflammation.
- 9 So with this information, in
- 10 clinical practice ENO is gaining some
- 11 traction and is being used in asthma
- 12 monitoring. And there's some points, I'll
- 13 get to it in a later slide. But one point I
- 14 want to touch on is the methodology of
- 15 exhaled ENO measurement.
- 16 You may have noticed in the
- 17 previous slides, the ENO values from various
- 18 studies were quite variable. And this was
- 19 because these studies were done at different
- 20 time points, in different labs, using
- 21 different methodologies. The measurement of
- 22 ENO has recently been standardized and

- 1 harmonized. There's a European Respiratory
- 2 Society document on this, and the ATS, the
- 3 American counterpart, has subsequently a
- 4 joined document, which basically standardizes
- 5 the procedures. And we expect the
- 6 standardizing of procedures will actually
- 7 help in using this in our biostudy.
- 8 So going back to what I was
- 9 mentioning earlier, there is quite a bit of
- 10 use of ENO in clinical practice. And a lot
- 11 of publications on that. And mostly
- 12 revolving around the use of ENO of a measure
- of inflammation, as a measure of steroid
- 14 treatment, compliance, and so on. And it's
- 15 pretty encouraging, because ENO is becoming
- 16 more recognized as a valid pharmacodynamic
- 17 endpoint that actually is even making a sway
- 18 in clinical practice.
- 19 So based on existing data which I
- 20 shared some of it, ENO appears very suitable
- 21 for use in ICS bioequivalence study. And
- 22 I've showed you various characteristics of

- 1 ENO in patients with asthma, in the previous
- 2 slides. And I've showed you that it is a
- 3 relevant marker for asthma. I've shown you
- 4 that it has increased in asthma, is
- 5 responsive to INS -- ICS. It decreases by
- 6 ICS. And it also decreases with clinically
- 7 relevant doses, and not affected by
- 8 bronchodilators.
- 9 It's a quite rapid onset and offset
- 10 of reversibility, and the effect is
- 11 reproducible, making it very suitable for use
- 12 in bioequivalence studies. And as I
- 13 mentioned earlier, there is quite a bit of
- 14 standardized methodology for measurement
- 15 which is harmonized.
- So encouraged by these
- 17 observations, we put forward an RFP for study
- 18 exploring ENO as a biomarker for potential BE
- 19 study. And ultimately funded a study to test
- 20 this. And the study was contracted to a
- 21 National Jewish Medical Center in Denver,
- 22 Colorado.

- 1 So before I describe the study, I
- 2 would like to acknowledge some colleagues of
- 3 mine who are in the project advisory group.
- 4 Besides myself, there's Dr. Adams, Bing Li,
- 5 Robert Lionberger, and Sally Seymour.
- 6 So here is the study design and the
- 7 conduct. Patients to be enrolled in the
- 8 study would have asthma according to standard
- 9 ADS criteria, should be reversible. Standard
- 10 ages. And exhaled nitric oxide quite high,
- and the cutoff use in the study is over 45
- 12 parts per billion.
- The study has four phases, which
- 14 I'll get to in the next slide. And these are
- 15 being called 1 through 4. Idea of the first
- 16 three phases is to enroll patients who are
- 17 likely to show ENO response.
- 18 And the phase 2, which is the main
- 19 phase of the study, will test those response.
- 20 Let me show you the design and the
- 21 conduct of the study using the slide. As I
- 22 said, the study has four phases. The first

- 1 phase is a placebo running phase, where
- 2 patients will be coming into the study,
- 3 they'll be washed out of the ICS, and ENO
- 4 will be measured every other day. The intent
- 5 here is to have patients who have got ENO
- 6 level above the cutoff of 45 parts per
- 7 billion.
- 8 Then, the patients will go into a
- 9 14 day treatment with fluticasone 88
- 10 microgram twice a day.
- 11 Again, frequent measurement of ENO.
- 12 And the expectation here is the ENO will
- decrease, and the decrease will be captured
- 14 as something which we are calling as
- 15 "responders" where the decrease is over
- 16 25 percent. Then, there will be placebo wash
- 17 out again. And the expectation here is the
- 18 ENO level will return to baseline or within
- 19 10 percent of it.
- 20 So the idea for this phase is to
- 21 get patients with high ENO, show that they're
- 22 responsive, and show they come back up again.

- 1 And then, on the final phase which
- 2 is the phase 2, patients will be given 44,
- 3 88, 352 microgram as in the other study that
- 4 Dr. Adams mentioned. With 88 microgram being
- 5 repeated.
- 6 The major article of interest in
- 7 the phase studies are changes from baseline
- 8 in ENO with different doses of ICS, magnitude
- 9 of those response, intra-subject variability
- 10 in those response. And our anticipated
- 11 outcomes are a large decrease of ENO from
- 12 baseline with ICS. A good dose response, and
- 13 a low intra-subject variability.
- 14 The number of patients to go
- 15 through the study, expectation is
- 16 approximately 80 patients will be enrolled in
- 17 the placebo run in. Some will drop out
- 18 because they probably would not have the
- 19 elevated levels. And then with the
- 20 treatment, again, some will drop out.
- 21 Ultimately, will go into phase 2. The
- 22 expectation is that 39 will complete.

- 1 The measures will be standard. ENO
- 2 will be measured by FDA-cleared -- the NIOX
- 3 instrument. In addition, other measures of
- 4 asthma control such as spirometry and
- 5 methacholine challenges will also be done.
- 6 So in conclusion, then, development
- 7 of generic ICS has been challenging. So has
- 8 been challenging the development of
- 9 combination products of generic ICS, and low
- 10 betagonist. As I mentioned earlier, standard
- 11 BE approaches are not applicable.
- 12 Because of with the doses, it does
- 13 not rely on systemic circulation for deliver
- 14 and action in the lungs. And the relative
- 15 flat dose response curve on typical efficacy
- 16 endpoints have made demonstration of
- 17 bioequivalence difficult.
- The study is (inaudible) to develop
- 19 models that can shorten the response and
- 20 therefore two such models today. And I, and
- 21 we, hope that these studies will succeed and
- 22 lay a path for developing generic inhaled

- 1 corticosteroids, either as a single entity
- 2 product or as combination products with low
- 3 acting betagonist.
- With that, I stop and thank you
- 5 very much.
- 6 DR. MORRIS: Thank you. All of you,
- 7 for those excellent presentations. There is
- 8 questions for our speakers, here, and start with
- 9 Mel.
- 10 DR. KOCH: Mel Koch. Just a
- 11 clarifying question. The measurement of the NOS
- 12 is made by NIOX instrument? What's the basis of
- 13 that, electrochemistry or?
- DR. CHOWDHURY: I am not a chemist,
- 15 I'm looking at some chemist to help me here.
- 16 Chemiluminescence.
- DR. KOCH: Chemiluminescence. And
- 18 that part per billion sensitivity? That's --
- DR. CHOWDHURY: Yes.
- 20 DR. KOCH: Method's well-established?
- 21 DR. CHOWDHURY: The method is
- 22 well-established. As I was showing you in the

- 1 earlier slides, initially back 10, 15 years ago
- 2 some laboratory based methods were used. And
- 3 you saw a lot of variability. And the ATS ERS
- 4 got together and the method has been very
- 5 well-established. There's actually position
- 6 statement with the ATS and ERS. And the mission
- 7 is they're commercially available after they're
- 8 cleared. So that portion is actually very
- 9 easily addressed.
- 10 DR. MORRIS: Marilyn?
- DR. M. MORRIS: Marilyn Morris. I
- 12 just had a question regarding the initial levels
- 13 of exhaled nitric oxide for your study. You
- 14 indicated that patients had to have levels of
- 15 greater than equal 45 parts per billion? And I
- 16 was wondering, overall, what percentage of
- 17 patients would have levels?
- DR. CHOWDHURY: Approximately half.
- 19 And we are still in discussion with
- 20 investigator, we already have discussed with
- 21 investigator, and they have a large database at
- 22 National Jewish where ENO has been measured over

- 1 years. And based on the existing database, the
- 2 expectation is if they screen 160 patients,
- 3 approximately 80 would have that number.
- DR. M. MORRIS: So do you anticipate
- 5 if a patient has levels less than that, that
- 6 they may not show this dose dependent decrease
- 7 in exhaled nitric oxide in these studies --
- B DR. CHOWDHURY: From my standpoint --
- 9 DR. M. MORRIS: And is this the reason
- 10 why in some studies they haven't shown sort of a
- 11 dose dependent decrease?
- DR. CHOWDHURY: Yeah, if you see one
- of the studies which I showed showing dose
- 14 response, I showed two studies. The first one,
- 15 the higher the dose -- the higher the baseline
- 16 ENO was, chances are showing the dose response
- 17 was higher is simply a matter of that having a
- 18 lesser or larger room to decrease. So we're
- 19 choosing 45 sort of with that idea.
- 20 And it is a first kind of a test of
- 21 our hypothesis. It is entirely possible that
- 22 a lower baseline ENO may also do it. The

- 1 question becomes, then, the sample size may
- 2 need to be increased. So we are going with
- 3 that 45 number as initial test.
- 4 DR. MORRIS: Lawrence?
- DR. YU: Yeah, I should have
- 6 mentioned. I was in a hurry finish my opening
- 7 remark, that this topic is just for awareness.
- 8 So there's not question to ask you. We will
- 9 come back hopefully in the next time with the
- 10 recommendations seeking your input and advice.
- 11 Thank you.
- DR. MORRIS: Yeah, I should have
- 13 mentioned that, too. And please, Art?
- 14 DR. KIBBE: In that case, I get to ask
- 15 some interesting questions and then not make a
- 16 recommendation. It seems from the information
- 17 that we were given that there is a really poorly
- 18 defined dose response in the actual measures of
- 19 the clinical manifestations of the disease,
- 20 right? That that's relatively flat. That a
- 21 change in dose seems not to have a dramatic
- 22 change in response, in that -- that's why you're

- 1 looking for a secondary marker. Right?
- DR. CHOWDHURY: Let me just address
- 3 this not as a question but just as a comment.
- 4 Inhaled corticosteroids do have a dose response.
- 5 It is quite flat. And if you go back and ask a
- 6 patient, they know it very well. That if your
- 7 patient has got, say, asthma which is poorly
- 8 controlled, the first thing the clinician would
- 9 do is increase the dose. And they don't
- 10 respond. And then, we cut the dose, and the
- 11 response stays.
- 12 There is a dose response. If you
- 13 go to large clinical studies for approval of
- 14 a drug where we use trough FEV-1, it becomes
- 15 rather flat. But I have not shown data --
- 16 but in the development programs, again, there
- 17 are often other models he used. Such as
- 18 showing response to methacodine (?)
- 19 challenge, or some other markers or asthma
- 20 stability or exerbations (?), or use of oral
- 21 corticosteroids. In those -- you see those
- 22 response. Again, not necessarily all the

- 1 time excessively significant.
- DR. KIBBE: So that what I hear you
- 3 saying to me is that if you have a
- 4 non-responsive patient and you initiate
- 5 corticosteroid therapy they feel a real benefit
- 6 of it. But if their dose was changed slightly
- 7 or even dramatically, like go up by another
- 8 50 percent, they wouldn't necessarily feel or
- 9 notice a change. That's where the flatness
- 10 comes from. Is that not right?
- 11 DR. CHOWDHURY: No, that is not really
- 12 true. I mean, patients often would feel a
- 13 change of reduction or increase of 2 or 44. And
- 14 that's the reason currently marketed --
- DR. KIBBE: Two or fourfold.
- DR. CHOWDHURY: Correct.
- DR. KIBBE: But 50 percent, 25 percent
- 18 difference wouldn't necessarily --
- DR. CHOWDHURY: That is --
- DR. KIBBE: It is relatively flat.
- 21 Otherwise, we could you use that.
- DR. CHOWDHURY: That's correct.

- DR. MORRIS: But aren't you saying
- 2 that the patient will feel it but the FEV won't
- 3 show it?
- DR. CHOWDHURY: Patients will feel it,
- 5 and FEV will not often show it.
- 6 SPEAKER:: Right.
- 7 DR. CHOWDHURY: And for the purpose of
- 8 approval, FEV-1 is still a surrogate of asthma
- 9 control. It's an indirect measurement of
- 10 inflammation.
- DR. MORRIS: So the measure doesn't
- 12 show it but the patient can feel it.
- DR. CHOWDHURY: Yes.
- DR. MORRIS: I think is what you're
- 15 saying.
- DR. CHOWDHURY: Yes.
- DR. ADAMS: You know, and that's
- 18 another aspect of this, too, which is that on
- 19 the data which Dr. Chowdhury has shown, those
- 20 are population means.
- 21 You know, those are average data.
- 22 The individual subject is capable -- many

- 1 individual subjects will be capable of
- 2 showing an increase in response with an
- 3 increase in dose. But when you look at the
- 4 average data, it may not be seen as markedly.
- DR. KIBBE: Now, here's where I'm
- 6 going to go down one of those dangerous roads.
- 7 This particular dosage form is fairly well
- 8 defined as a dosage form, because we are very
- 9 careful to measure and accurately reproduce the
- 10 particle size generated so that we get it into
- 11 the right place in the lung, or else if it's the
- 12 wrong particle size it will be exhaled easily or
- 13 whatever. So we're tight on that. And we can
- 14 measure the drug load produced in each puff, and
- 15 those are relatively tight. And so the question
- 16 that I have in the back of my mind is -- and I'm
- 17 bringing it to the front -- is how -- where is
- 18 the problem that causes an individual puff to
- 19 not be equivalent to another individual puff,
- 20 physiologically, that we have to measure for?
- I don't -- I mean -- we're going to
- 22 an exquisite level to get a bioequivalence

- 1 study which is actually a pharmacodynamic
- 2 based bioequivalence study to evaluate two
- 3 different products which the standard testing
- 4 of those products is relatively tight. And
- 5 maybe I'm not even on that, but I would
- 6 expect that the agency expects a particle
- 7 size analysis of each puff and a content
- 8 analysis of each puff, and those are the two
- 9 criteria that matter to whether or not the
- 10 drug -- the active ingredient -- gets to the
- 11 right part of the lung to start with. And so
- 12 now, if there is no additional ingredient
- which Q1, Q2, and we're getting the same
- 14 particle size and the same total load, and
- 15 we're delivering it to the lung, then the
- 16 real variability is how well trained the
- 17 patient is who's using it. And then we're
- 18 going to go and do what is a fairly extensive
- 19 study using a pharmacodynamic second
- 20 generation or two removed measure to
- 21 establish equivalence.
- I mean, are we beating a dead horse

- 1 with this study?
- DR. MORRIS: Can I -- I think the way
- 3 I read it -- and please feel free to
- 4 comment -- I sort of the way I was looking at
- 5 these, at both the asthma stability model and
- 6 the ENO, was that the bioequivalent studies that
- 7 are required now would be prohibitive in terms
- 8 of the size of them and that this was a way in
- 9 addition to a more accurate measure was to be
- 10 able to do it with fewer -- for the asthma
- 11 stability model, was to be able to do it with
- 12 fewer patients. And the clinical study --
- 13 DR. KIBBE: And my heretical question
- 14 really is, why are we doing it at all?
- DR. MORRIS: At all? You're saying
- 16 why at all. Right.
- DR. ADAMS: You know, we've got issues
- 18 with these products in that it's not simply the
- 19 drug and the formulation. It's a device
- 20 formulation combination product. And there can
- 21 be differences in terms of the device that's
- 22 used by the -- a test product manufacturer

- 1 versus the referenced drug manufacturer. There
- 2 may be differences in the actuator orifice,
- 3 performance of the actuator, maybe the metering
- 4 valve differs in some regard.
- 5 But in addition to that -- you
- 6 know, you talk about the same particle size
- 7 distribution. And why -- we, in fact, by
- 8 using the cascade impactor, we would know the
- 9 aerodynamic particle size distribution.
- 10 DR. KIBBE: Maybe I'm missing
- 11 something, but when the actuator works and you
- 12 get a fog produced, and you can accurately
- 13 determine the particle size distribution of that
- 14 fog, and compare that particle size which is a
- 15 bell skewed to the right, approximately -- it
- 16 comes up skewed to the right a little bit. And
- 17 you can compare those two between different
- 18 product formulations, and you can compare the
- 19 total amount of drug coming out, and you know
- 20 the content because you know the propellants in
- 21 question -- which are not even part of the
- 22 actual dose, they're dissipated -- and whatever

- 1 adjunct is in there. Then, what variable am I
- 2 missing that I have to do this study to make
- 3 sure it doesn't affect something? That's where
- 4 I am.
- 5 DR. ADAMS: You know, we -- you know,
- 6 the agency has participated in a profile
- 7 comparison working group in which it's looked at
- 8 aerodynamic particle size distribution. And
- 9 that's been very challenging, because when you
- 10 look at the cascade impactor, that which is
- 11 aerodynamic particle size.
- 12 A test and reference product are
- 13 not going to be identical. And depending
- 14 upon what your metric is, it may seem like
- 15 it's the same mass, median, aerodynamic
- 16 diameter. Maybe very close. However, when
- 17 you look at the individual deposition on the
- 18 various stages, they may not be as close as
- 19 the MMAD might imply.
- 20 And so products will differ. And
- 21 we don't know what the importance of those
- 22 differences between a test and reference

- 1 product will be based upon in vitro data
- 2 only. We don't have an in vitro in vivo
- 3 correlation to know what the significance of
- 4 those differences may be. The differences
- 5 will be there. And so as Dr. Chowdhury's
- 6 indicated in his slide presentation, our
- 7 approach for establishing bioequivalence is
- 8 one in which it's a weight of evidence
- 9 approach based upon the sum of a number of
- 10 different criteria being met in order to
- 11 establish equivalence.
- 12 There's the formulation and
- 13 device -- formulation being 01 and 02 the
- 14 same qualitatively and quantitatively, the
- 15 same. Device comparability to the extent
- 16 that that can happen. There's the in vitro
- 17 performance data, there's the PK data, and
- 18 there's the (inaudible) local efficacy data.
- 19 It's all a package, and it's only -- because
- 20 each one of those has weaknesses, to stand
- 21 alone and say that the products are
- 22 equivalent, we put them all -- all this

- 1 information together and say that package of
- 2 information confirms that bioequivalence has
- 3 been established.
- 4 DR. MORRIS: Could I just -- one quick
- 5 thing during the -- I'll turn it over to you.
- 6 So I mean, the equivalence for the DPI devices
- 7 is even more problematic, I know. And I think
- 8 that sort of enters into it. But it seemed to
- 9 me like the real win here is to combine the
- 10 asthma stability model with the ENO. Will that
- 11 work? Will you see the decrease in ENO after
- 12 you ramp up in the asthma stability model?
- DR. ADAMS: You're saying, would we
- 14 expect that a test to reference product would
- 15 show the same relative bioavailability in both
- 16 of those study designs?
- DR. MORRIS: Well, in other words, so
- 18 my read was that the asthma stability model was
- 19 actually to have a more sensitive and efficient
- 20 way of doing the study. I mean, in terms of
- 21 numbers of patients, you said you had the 1,400
- 22 patients versus 25. So could you use ENO as

- 1 your marker --
- DR. ADAMS: Of course.
- 3 DR. MORRIS: In those studies.
- 4 DR. ADAMS: That could also be used.
- 5 I mean, as Dr. Chowdhury indicated, the -- both
- 6 of these study designs are two ways of looking
- 7 at the same issue, which is one of equivalence.
- 8 And we hope that both of these will work fine.
- 9 We won't know until completing the study --
- 10 DR. MORRIS: Right.
- DR. ADAMS: What the study power will
- 12 be in order to --
- DR. MORRIS: But the ENO is a
- 14 marker --
- DR. CHOWDHURY: Yeah, the issue here
- 16 is that these are different designs, different
- 17 models, and either or, if it wins, can be used
- 18 in BE studies.
- 19 If you look at the asthma stability
- 20 model, you are still using airflow. Some
- 21 measure of airflow, which is more close to
- 22 the basis of the approval of this drug.

- 1 However, being that, it may or may not be as
- 2 sensitive as they want it to be. Whereas
- 3 ENO, being a biomarker, looking at the
- 4 existing data, appears to be equally
- 5 promising if not more.
- 6 So these two doesn't have to happen
- 7 together one or the other --
- B DR. MORRIS: No, no, no. I
- 9 understand. But am I correct in saying that the
- 10 asthma stability model, in a sense, can use any
- 11 marker if it's an appropriate marker?
- 12 DR. CHOWDHURY: Understood. It can
- 13 actually use any marker.
- DR. MORRIS: Okay.
- DR. ADAMS: You know, one --
- DR. CHOWDHURY: It does.
- 17 DR. ADAMS: It does. It includes a
- 18 measure --
- DR. MORRIS: It does.
- DR. ADAMS: We are measuring ENO that
- 21 study.
- DR. MORRIS: In the asthma -- oh.

- DR. CHOWDHURY: I think your question
- 2 is a hybrid. Can the asthma stability model be
- 3 used, and rather than using FEV-1, can it be
- 4 used --
- DR. MORRIS: Yeah.
- 6 DR. CHOWDHURY: As an ENO. Answer is
- 7 yes, and actually, ENO is being looked at.
- B DR. MORRIS: Good, that's good.
- 9 Question --
- 10 DR. ADAMS: You know, one point I'd
- 11 like to make is, the take home message -- one of
- 12 the take-home messages here should not be that
- 13 it looks as if a 25 subject study conducted at a
- 14 crossover design with the asthma stability model
- 15 will be suitable -- powerful enough to establish
- 16 bioequivalence.
- 17 Recall back the -- one of the
- 18 criteria was that the bioequivalence fall
- 19 within 50 to 200 percent. Now, that's an
- 20 exceptionally broad range, and it's far
- 21 greater than the 80 to 125 that we normally
- 22 think about. So those numbers are diminished

- 1 by the width of that proposed confidence
- 2 interval --
- 3 DR. MORRIS: Sure.
- 4 DR. ADAMS: That Dr. Ahrens used.
- DR. MORRIS: Yeah, that's a good
- 6 point. But presumably your study will hone in
- 7 on that.
- 8 DR. ADAMS: And it's critically
- 9 dependent, too, upon the actual slope. And
- 10 that's why it's important that we look at these
- 11 three different doses, to get as good a measure
- 12 as we can of the slope during that study. So we
- 13 don't know -- you know, this is -- we're trying
- 14 to fine tune the study, enrich the population,
- 15 get a good measure of the slope, get a good
- 16 measure of the variability -- that's why we're
- 17 doing the replicate design at the 88 microgram
- 18 dose. And putting all of these things together
- 19 to give us added confidence in the performance
- 20 of that asthma stability model.
- DR. MORRIS: Sure, sure.
- DR. ADAMS: And it's similarly on the

- 1 nitric oxide study. We're looking at various
- 2 aspects, too, as Dr. Chowdhury indicated, to
- 3 enrich the study population. And we have
- 4 questions about, do we really need to follow the
- 5 decrease in ENO over a four-week period? Maybe
- 6 not. There's a learning process going on here
- 7 in terms of what we may need to ultimately ask
- 8 for in the study design -- in the actual
- 9 bioequivalence study design.
- 10 Recognizing that these two studies
- 11 are not bioequivalence studies --
- DR. MORRIS: No, no. No.
- DR. ADAMS: They're solely dose
- 14 response studies. And they're based, too, upon
- 15 a model drug.
- 16 What we're hoping to do is to
- 17 develop an approach which can be used for
- 18 basically all inhaled corticosteroids with
- 19 whatever modifications in dose or whatever
- 20 may be needed. But we're trying to put
- 21 together a model. It wouldn't need to be
- 22 fluticasone. It could have been some other

- 1 drug.
- DR. MORRIS: Sure.
- 3 DR. ADAMS: Fluticasone was
- 4 convenient.
- 5 DR. MORRIS: Jerry?
- 6 DR. COLLINS: Jerry Collins. What I
- 7 thought I heard was that the population FEV in
- 8 the flat range does not predict for clinical
- 9 benefit that's occurring over that dose range,
- 10 that there's still clinical benefit even though
- 11 FEV is flat.
- 12 DR. CHOWDHURY: That's correct. And
- in these studies, the benefits are actually
- 14 being measured.
- DR. COLLINS: But just remind
- 16 everybody that the agency's definition for more
- 17 than 20 years has been, if you call something a
- 18 surrogate endpoint, it has to predict for
- 19 clinical benefit. So be careful when you
- 20 describe FEV, because it doesn't sound like it
- 21 meets the agency's criterion for being called a
- 22 surrogate endpoint.

- DR. CHOWDHURY: I'm not sure why you
- 2 say that. Because FEV-1 is actually used quite
- 3 extensively in clinical practice, and has been
- 4 used over years and it actually does correlate
- 5 quite well with real outcomes such as
- 6 macerations and other factors.
- 7 DR. COLLINS: Well, what I heard is
- 8 for individual patients, you can see some change
- 9 that may have a dose response curve that
- 10 correlates with clinical outcome. But for the
- 11 population, which is what the current standards
- 12 are in the existing OGD guidances, for the
- 13 population FEV does not predict clinical
- 14 benefit.
- DR. CHOWDHURY: Well, I think -- I
- 16 mean, I think one has to look at the data
- 17 carefully and we, I think, are more careful in
- 18 making that conclusion.
- 19 Because even in the population, if
- 20 you look at this data which forms the basis
- 21 of approval and other -- many of the studies
- 22 which NHLVI (?) has done over years, FEV-1 is

- 1 one of the measures but there are many other
- 2 measures. And they actually go in the same
- 3 direction. And many of them are actually
- 4 equally significant.
- 5 DR. COLLINS: If I submit a product --
- 6 DR. HENDELES: Parallel versus
- 7 crossover --
- 8 DR. CHOWDHURY: Yeah.
- 9 DR. HENDELES: Parallel design might
- 10 sound (inaudible).
- 11 DR. MORRIS: Actually, if we
- 12 could -- if you could come to the mike if you're
- 13 going to, so --
- DR. HENDELES: Leslie Hendeles,
- 15 University of Florida. I don't know -- now it's
- 16 on. Part of the issue is is that the flat dose
- 17 response is particularly a problem with the
- 18 parallel design, which has been required in most
- 19 of these studies because of the fear of the
- 20 carryover effect. And what's happening -- and
- 21 in fact what improves the power is the fact that
- 22 the lung function is maximized to its best

- 1 before each treatment regimen, and there's a
- 2 crossover, and what is being observed is a
- 3 decline in the patient worsening. And so it
- 4 isn't correct to say that FEV-1 is not a good
- 5 marker. It is, and in fact it's a harbinger of
- 6 asthma attacks, which is another endpoint.
- 7 DR. MORRIS: Any other questions? If
- 8 not, let's thank our speakers again.
- 9 And with that, I think we're down
- 10 to comments from Helen.
- DR. WINKLE: In the interest of time,
- 12 I'm just going to shorten my comments. I know
- 13 everyone's anxious to get out of here.
- 14 I think the conversation about all
- 15 five of the topics was extremely interesting.
- 16 And at times very provocative. I think we in
- 17 FDA need to take a lot of these comments back
- and apply them to our strategy as to where we
- 19 are going on each of these topics. I think
- 20 there's a number of them that we will need to
- 21 bring back after we develop our strategy.
- 22 Bring back to the Advisory Committee. And

- 1 seek further advice.
- 2 But I want to thank all of you for
- 3 your input. I really, really feel that we
- 4 learned a lot.
- 5 And again, we will be using that to
- 6 either apply in our guidances or apply to our
- 7 studies or whatever strategy we're going to
- 8 take.
- 9 So thank you again.
- DR. MORRIS: And let me add my thanks
- 11 to everybody for participating, and for the
- 12 honor of serving as chair. And all of your
- 13 guidance over the years, Helen.
- 14 So with that I think we're
- 15 adjourned, officially.
- 16 Is that right? Yes.
- 17 Thank you. Safe home.
- 18 (Whereupon, at approximately 4:46
- 19 p.m. the MEETING was adjourned.)
- 20 * * * * *

21

22