

1 So, for instance, let's start with
2 the Office of Women's Health. It's focused,
3 but it's also cross-agency, because what the
4 Office of Women's Health does, in addition to
5 funding research that is designed to advance
6 our knowledge about women's health, one of
7 their major activities, or health, they put
8 together health information campaigns. For
9 instance, they have a campaign called, "Take
10 Time to Care", specifically focused on women,
11 but not necessarily women as just patients,
12 women also as caregivers. "Take Time to Care"
13 about they have diabetes, they have
14 information about safe medication use, they
15 have information about non-prescription drugs,
16 over-the-counter drugs, about generic drugs,
17 and about buying over the internet, and a lot
18 more than that.

19 They have put out "My Medicines"
20 brochure. I'm going to show you kind of an
21 example, I'm going to show you that in the
22 next slide. And these are brochures that they

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1 put together, basically, that are designed to
2 help -- for women to have, to carry around so
3 that they have a record of the medicines that
4 they're taking, and they can bring out that
5 record at any time. I'm sure many of you are
6 aware of the fact that kind of having that
7 personal health record is something that has
8 been kind of held up as a really important
9 thing for people to do in order to take better
10 control of their health.

11 Now these are brochures.
12 Associated with this, they tested these
13 brochures. Many -- both "My Medicines," I
14 think "My Medicines", but certainly the other
15 brochures that I'm talking about, many of them
16 are in English and Spanish, and some of them
17 are in other languages, as well. In fact,
18 some of you, I think you were given kind of an
19 example of some of the information programs
20 that have been developed by the Office of
21 Women's Health, so the "My Medicines"
22 brochure, this is a piece of it. This is the

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1 other piece of it, so you can see it basically
2 says use medicines wisely, read the label,
3 avoid problems, gives very, very simple
4 straightforward instructions, and then says
5 ask questions. In other words, ask questions
6 of your doctor, and keep a record of what
7 medicines you use, including, for instance
8 aspirin, allergy medicine, antacids, and
9 you've got the little chart there where the
10 women can, or anyone who chooses to use this,
11 can write down the date, the name of the
12 medicine, how much they're supposed to take,
13 when they're supposed to take it, what they
14 use it for, and how many refills they've got.

15 And they can have this as a handy brochure to
16 carry around with them, which can be
17 especially useful if they run into any kind of
18 emergencies where they need emergency medical
19 care, and they may not necessarily be coherent
20 enough to provide this information. So that's
21 some of the information that's coming out of
22 the Office of Women's Health.

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1 We also have the Office of Special
2 Health Issues. That office is responding to
3 one of the recommendations that came out of
4 the December 2005 public meeting, public
5 hearing on how we communicate drug safety
6 information, which you may recall this morning
7 I mentioned that one of the recommendations
8 coming out of it, saying we should be engaging
9 more with healthcare professionals. Well, the
10 Office of Special Health Issues has been given
11 that mandate of increasing the outreach that
12 we do with healthcare professional
13 communities, in addition to the work that
14 they've been doing for years and years with
15 patient communities.

16 As part of this, in addition to
17 kind of managing these relationships, they
18 hold stakeholder teleconferences, whenever
19 there's big issues, to actively communicate
20 important risk information. They are able to
21 rapidly target the communication of risk and
22 benefit news, again, important stuff through

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1 electronic listservs that they keep. And,
2 basically, they also have websites that are
3 community-focused, so that they may be focused
4 on a HIV community, or breast cancer
5 community. And these are meant to provide
6 people in those communities, the patients
7 specifically in those communities, to
8 information that is of particular interest to
9 them, so it's targeted information. And, as
10 you all know, targeting our risk communication
11 efforts is a good thing.

12 Now, they also are in the midst of
13 increasing and preserving relationships
14 between MedWatch, which Paul has talked a
15 little bit about, and providers of electronic
16 content to healthcare professionals,
17 Epocrates, Medscape and WebMD, and others,
18 those of you who are physicians, of course,
19 I'm sure you all know about Epocrates and just
20 the incredible amount of information that they
21 provide on a regular basis.

22 By the way, the Office of Special

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1 Health Issues is now within the Office of
2 Scientific and Medical Programs, which is why
3 it all kind of flows in, and I forgot to make
4 that association.

5 What we have also done, which has
6 come out of the Office of Scientific and
7 Medical Programs, is we've been encouraging
8 and facilitating healthcare providers to use
9 electronic resources. A little while ago, we
10 put out first a draft guidance, then became a
11 final guidance, on electronic communication of
12 product safety information, that basically
13 told the industry that it's okay to
14 communicate, for instance, recalls and other
15 kind of product safety issues. It's okay to
16 communicate those to the people who need to
17 get the information, which in many cases is
18 the healthcare provider electronically. You
19 don't have to do it using snail mail. And
20 this is something we actually had to make
21 clear to the industry, because of the way the
22 regulations are written and how conservative

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1 many of the groups within the industries can
2 be in terms of how they interpret the
3 regulations, for good reason, because they're
4 concerned. They want to make sure that they
5 stay within the confines of the law. So we
6 put out this guidance to make sure that they
7 understood that they could use electronic
8 means. And we gave them some kind of guidance
9 on how to do that.

10 In addition to that, we relatively
11 recently sent a letter to many, many
12 healthcare organizations that asked them to
13 encourage the healthcare providers that belong
14 to their organizations to use FDA electronic
15 tools.

16 Both of these things, we believe
17 have had an impact on at least one private
18 sector group that is trying to put together
19 this healthcare notification network, that is
20 designed to be a way to get by electronic
21 means, get important product safety
22 information out to healthcare providers. Now

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1 that's one group that's doing that. We, of
2 course, will work with any group who is out
3 there and says we want to do this. This is
4 something that we're trying to facilitate,
5 we're trying to help FDA to do that. So,
6 again, we're trying to make the environment
7 easier for electronic communication, and to
8 facilitate that.

9 There's also our FDA website. As
10 you all know, you've heard everyone here talk
11 about the website and how we use it. As you
12 also know, one of the things that we heard in
13 the December 2005 meeting is that our website
14 was not easy to navigate, it may have
15 wonderful information, and, in fact, we had
16 the policy wonks there saying I love it, but
17 I'm a policy wonk, and so we definitely got
18 the message.

19 We just recently launched an
20 integrated consumer health information page
21 that pulls together on one page all of the
22 various kinds of information that have been

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1 made available over the years in kind of a
2 fragmented way, because each one of the
3 centers has put out different information
4 that's on their websites. This kind of pulls
5 it all together, so consumers can go to one
6 place, and they can find that information
7 about foods, about drugs, about medical
8 devices, about anything basically that FDA
9 regulates.

10 Just recently, I believe it was in
11 November, we launched GovDelivery, which is a
12 way for people to come to our website and sign
13 up for electronic notification of various
14 different things. Again, it's very targeted,
15 you can sign up for as few or as many, or
16 none, as you want.

17 Since that's been launched,
18 subscriptions have more than doubled, and
19 that's been in less than three months. On
20 average, I've been told that we have 500 to
21 600 people signing up daily. That's an
22 incredible increase over what had been the

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1 case.

2 We are also working on incremental
3 site improvement. As you've already heard, we
4 plan to redesign the entire site by the end of
5 2008, putting in place a new web governance
6 system that will improve coordination of
7 cross-agency response and information, which
8 is absolutely critical to effective risk
9 communication.

10 We are planning for a March launch
11 a redesigned FDA Home Page. This whole thing
12 is going to be done on an evolutionary, I
13 think we called it revolutionary/evolutionary,
14 or something along those lines, basically, on
15 an incremental basis. We're not going to be
16 able to do the whole thing at once. It will
17 be done over the course of a year, but what I
18 wanted to do was to show you briefly, this is
19 what the new -- this is the draft new Home
20 Page.

21 You can see -- well, for those of
22 you who have been to our website, it is

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1 extremely different from what we currently
2 have. And the information is going to be
3 organized in a way that has been looked at
4 through usability testing, and other kinds of
5 research to make it more accessible to the
6 public, to allow people to get to the
7 information more easily. And I would
8 especially point out to you, if you look on
9 the right-hand side, there you go, just
10 outlined it in red, that is kind of the little
11 safety, not little, because, in fact, if you
12 go back here, you -- well, I don't have a
13 pointer. It's around here somewhere. Here we
14 go, right around here, what it says is,
15 "Report a problem with medical products,
16 MedWatch in parentheses, Medicines, medical
17 devices, food, vaccines, all FDA-regulated
18 products." Right under there you have a
19 category headed "Recalls and Alerts", and
20 you've got approvals. So we've got the risk
21 information, and the benefit information all
22 in one place that people can get to easily, so

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1 we're actually planning on launching this next
2 month, which next month starts in about two
3 days. So some point in March, this should be
4 available. I've been assured of that,
5 otherwise, they wouldn't let me show this.
6 And we're very excited about that as a first,
7 another step toward improving our website.
8 Thank you very much.

9 DR. FISCHOFF: Thank you. We have
10 about 25 minutes to take advantage of our
11 speakers, of our guests. Let's go around this
12 way.

13 MS. VEGA: Thank you all for the
14 wonderful presentations. I keep bringing this
15 issue up because it is a big concern for me,
16 and it's the issue of -- I was trying to see
17 in any of these centers in the programs, for
18 example, that Ms. Rice and Dr. Davidson were
19 talking about, if any of these programs are
20 available for people who have poor English or
21 non-English skills. And I know that it's
22 wonderful the hits, and to see that many hits

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1 in the sites, but what does that mean? And in
2 terms of subscribers, who are these people who
3 are subscribing to these sites? Are they
4 people who are disseminating the information,
5 or just happen to be by the site. So I don't
6 know who can answer those questions, but it's
7 something that -- I mean, I know that Dr.
8 Ostrove talked about many brochures in English
9 and Spanish, but how are we going to narrow
10 the communication gap between a large segment
11 of the population, because, as we know, and I
12 said it earlier, the demographics are changing
13 rapidly.

14 DR. DAVIDSON: I'll answer for
15 CFSAN. And the simple answer is, virtually
16 all of our educational materials are
17 translated into Spanish. Do I think that's
18 sufficient? Not at all, but we do do at least
19 that, and make it available to the community.

20 What we've been trying very much to
21 do is target our information so that it will
22 be received in a manner appropriate to the

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1 community. As I mentioned, listeria is an
2 example of that program. Everything was done,
3 the photo novellas, use of the training
4 programs for promotoras, and things like that.

5 Everything was done in focus group testing
6 with the audience itself to make sure that
7 this was the best way we could get the
8 information out to them, and communicated to
9 them.

10 Rather than having those folks come
11 to our site, all that information is on our
12 website, but we distributed it to Spanish-
13 speaking health organizations, as well as
14 community health departments throughout the
15 country so that they could, in turn, use this
16 program in their own communities.

17 MS. VEGA: I don't want to sound
18 like I'm just talking on behalf of Hispanics,
19 because that's not what I'm trying to say,
20 because I know there is a lot of segments of
21 Portugese, or French-speaking people, so that
22 is what I'm trying -- I mean, I know there is

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1 a lot in Spanish, but I don't know if the
2 website, for example, the FDA website is going
3 to -- I don't know if it had -- I was looking
4 for a little icon for the Spanish or something
5 else, or any of the other websites. So for
6 not just Spanish, but --

7 DR. DAVIDSON: We do have them in
8 others, as well.

9 DR. OSTROVE: I think I mentioned
10 that we had, the Office of Women's Health free
11 publications are in Spanish. In addition,
12 they're tested so that they're at fourth to
13 sixth grade comprehension levels. And I think
14 that -- I have to admit that that kind of
15 provides a high bar for the rest of the Agency
16 to try to meet. It's difficult to do that
17 with all of the materials we put out, and I
18 have to admit that it's unusual. It's not
19 something that we're unaware of, that we do
20 have a very large population, patient
21 population, consumer population with whom we
22 need to deal, but we're kind of taking it a

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1 step at a time. And it's something that we're
2 aware of, that we acknowledge. When we might
3 be able to kind of improve that, get to that
4 point, I'd like to say soon, but anybody who
5 knows me will know that as soon as I say the
6 term soon, I say that's in government terms,
7 and what that means is your guess is as good
8 as mine.

9 MS. PERRY: May I respond to that?

10 I'm Susanna Perry from the Office of Women's
11 Health. Nancy, would that be appropriate, to
12 her question.

13 DR. FISCHOFF: Okay. Please.

14 Consider yourself recognized.

15 MS. PERRY: I apologize for the
16 interruption. As Nancy had mentioned, the "My
17 Medicines" brochure, it is in both English and
18 in Spanish. It's also available in 11 Asian
19 languages. We also take pains to work with
20 national organizations throughout the country,
21 and offer our materials for their translation.

22 And if they adopt these materials, they

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1 provide the translations. They work with
2 university-level professors to verify the
3 accuracy and the comprehension levels are
4 maintained at fourth to sixth grade
5 comprehension levels. Then we sent it up
6 through the Department, and it is cleared, and
7 it maintains Department-level clearance and
8 public domain status. Is that helpful?

9 DR. FISCHOFF: Could you just give
10 your name so we --

11 MS. PERRY: I apologize. I'm
12 Susanna Perry, Senior Program Manager with the
13 Office of Women's Health in the FDA.

14 DR. FISCHOFF: Great. Thank you.

15 MS. PERRY: You're welcome.

16 DR. FISCHOFF: Ellen, and then
17 Mona.

18 DR. PETERS: I wanted to bring up
19 an issue I've been curious about since signing
20 on for this Committee, and that was also
21 brought up by I think a couple of our public
22 speakers. While we've been talking today, we

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1 talked a bit about risk, and a bit about
2 benefit. And when I think about risks, I
3 think about what might go wrong, and how
4 likely is it that that thing might go wrong.
5 When I think about benefits, I think about it
6 in much the same way. How is this thing going
7 to help me, whether it's a food or a drug, and
8 what's the likelihood that it's going to help
9 me? Both of them are important.

10 In general, we seem to be
11 emphasizing risks over benefits. And, as I
12 said, both are important, and for a number of
13 reasons. Knowing more about the benefits can
14 be helpful in a couple of ways. The benefits
15 might be small, and they might be smaller than
16 consumers think they are. And as a result,
17 and informed choice might be not to take it
18 because the benefits are small. Research in
19 risk perception would suggest that an emphasis
20 on risk may decrease benefit perceptions in
21 the absence of any mention of benefits.

22 Benefits also may outweigh risks,

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1 but the risks are here, and they're scary, and
2 they're perhaps either being experienced at
3 the moment, or they're easy to imagine. While
4 the benefits might be abstract, and maybe
5 they'll happen sometime in the future,
6 benefits can also be sort of unseeable a lot
7 of the time. And, certainly, probabilistic in
8 terms of whether patients will experience them
9 or not; like, for example, with statins,
10 people may not know if they're experiencing a
11 benefit or not. And so, I guess, what I'm
12 looking for is some understanding, and maybe
13 some insights into the FDA's emphasis, because
14 I'm sure there are reasons for this. The
15 reasons for the emphasis on risks over
16 benefits, and what you think the advantages
17 and disadvantages of that emphasis are.

18 DR. SELIGMAN: They're looking at
19 me.

20 (Laughter.)

21 DR. SELIGMAN: Well, the decision
22 to approve a product, of course, is always

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1 based on whether we believe the clinical
2 trials support the -- and the data submitted
3 in the context of clinical trials supports the
4 efficacy of the product. And that, indeed, in
5 our assessment the benefits outweigh the risks
6 for the population in whom the product is
7 indicated.

8 Historically, in our society it's
9 been the role of the clinical or the learned
10 intermediary to discuss with a patient why the
11 product is being prescribed, and what the
12 benefits are that the patient should accrue
13 from that product.

14 In the post-marketing environment,
15 we -- most of the information we learn about
16 has to do with risk, and in part has to do
17 with the nature of the kinds of information
18 that we collect, and we're collecting adverse
19 event reports, we're collecting medication
20 error reports. And we're constantly at the
21 Agency weighing and factoring that new
22 information in our own calculus regarding what

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1 should be communicated to patients, both about
2 the indications, the appropriate use of the
3 product, which in many ways is a reassessment
4 of benefit and risk. But I think you raise a
5 very important point.

6 One of the things that we're
7 currently looking at by way of research at
8 present is ways in which to summarize the
9 information that is available at the time a
10 product was approved in more easily digestible
11 terms for patients that describe what the
12 benefits might be from lowered -- I shouldn't
13 say might be, are from lowering your
14 cholesterol, reducing your blood pressure,
15 having your diabetes under control, or any of
16 the other indications for which prescription
17 medicines are prescribed.

18 Clearly, this is certainly an area
19 that we constantly struggle with, particularly
20 in an environment, in the post-marketing
21 environment we're always learning about new
22 information as to how to continue to

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1 communicate that appropriate balance. And I
2 think that's certainly an area that we would
3 be interested in gaining your guidance and
4 expertise, and thought on as a potential topic
5 for this Committee, which is how do we
6 communicate both benefit and risk at the time
7 of approval, as well as when new information
8 comes to us in the course of the product's use
9 in the general population. That's a great
10 question. I don't think we have a simple,
11 direct answer for you.

12 MR. BAIRD: I think a little bit of
13 seemingly disproportionate focus on risk is
14 quite simply that nobody is being sued for an
15 unexpected benefit. And I think it becomes an
16 almost terrifying responsibility, because best
17 information is a moving target. And it could
18 be a global challenge in the sense of a study
19 done in Europe that one hand doesn't know what
20 the other hand is doing, and there's no mal-
21 intent, but there's information being
22 generated, and it's not sufficiently

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1 distributed; yet, it's involving a product of
2 a global manufacturer. And there can be a
3 seemingly overly aggressive diligence in
4 trying to collect and distribute that
5 information so that it prevents, at least, a
6 successful lawsuit from patients, providers,
7 or so on. And I think that sort of answers
8 the question as to where the focus is, and how
9 do you really try to address that.

10 DR. SELIGMAN: Just one other
11 comment. We're very attentive, and actually
12 very concerned about what we often called the
13 "unintended consequences" of a lot of our
14 post-marketing information. And we do
15 observe, clearly, changes in prescribing and
16 drug utilization of products following these
17 safety announcements. And we don't know
18 whether this is because the product is now
19 being more narrowly, and maybe more
20 appropriately used, or whether people who
21 actually should be on the medications have
22 stopped using the medications, so these are

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1 issues that we confront, and we struggle with
2 all the time.

3 DR. KHANNA: Thank you. When I was
4 doing my medical reports for CBS, the way I
5 would decide on a topic to cover that day,
6 since I was responsible for two newscasts and
7 medical coverage was I would do so from what I
8 considered a public health approach; that is,
9 the number of people that would perhaps
10 benefit from the report. So if I had the
11 opportunity to report on a new medication for
12 fibromyalgia versus stem cell, progressions in
13 congestive heart failure, I would choose the
14 congestive heart failure story.

15 And, Lynne, you mentioned breast
16 implants and Lasik were some of your most
17 popular topics. How do you, of the hundreds
18 of thousands of medical topics -- this is open
19 to all of our speakers - create, decide which
20 topic to create an information page for? Why
21 did you pick tanning as opposed to crush
22 injuries? Do you do it based on the subject

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1 prevalence in the populations, the incidence,
2 the number of inquiries to the FDA, the
3 greatest risk-benefit, or some other method?

4 MS. RICE: Since that microphone
5 doesn't reach over to me, I would say that we
6 do look at the number of inquiries that we are
7 getting on a topic. We also have an 800
8 number for industry, health professionals,
9 consumers to call in and ask questions. We
10 monitor that on a monthly basis, and when a
11 new product comes out, or an old product that
12 we're getting a lot of questions on, a post-
13 market safety issue or recall, we kind of say
14 it's now time to put our subject matter
15 experts, and our communication people in a
16 room, and let's try to get the information.
17 And it is risk-benefit information.

18 I will say we try very hard to make
19 sure both sides are out there. And I do think
20 that one of the issues that we face, as being
21 an Agency that approves or clears products,
22 just having that out there gives the public

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1 the sense that this product is free of risk.
2 And I do think we find ourselves on the other
3 side trying to make sure that the balance of
4 that information is provided, because you do
5 hear through advertisements, and lots of
6 things that this is great. And we just want
7 to make sure the other side is heard. But I
8 would say from our end on the device side, it
9 is what we're getting asked on a daily basis,
10 and that tells us we need to get it out there.

11 DR. KHANNA: And one quick follow-
12 up, please? Who vets the information that you
13 put on the website? Do you have a panel of
14 medical experts, or do you contract with
15 physician experts?

16 MS. RICE: We start with all of our
17 experts in our organization, in the Center for
18 Devices. We do, obviously, use the experts
19 around the Agency. For most of our consumer
20 stuff, we are using our internal expertise.
21 However, we do focus testing. We do lots of
22 other outside research, not so much with

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1 experts for content.

2 MS. McNEILL: I'd like to follow-up
3 real quickly to a question about how we make
4 decisions about what goes on the website. For
5 the Center for Biologics, for a number of the
6 safety information pieces that we posted, it
7 often has to do with the signal that we get.
8 And we review them, we feel that we need to
9 communicate that.

10 With vaccines, in particular, and
11 certainly childhood vaccines, the population
12 that's going to receive them is extremely
13 large, and so, therefore, it's important for
14 us to get that information out to both
15 healthcare providers and to parents so that
16 they understand if there is a new potential
17 signal, if there are specific things that they
18 can do in advance of receiving the vaccine,
19 what kind of decisions they need to make with
20 their providers and whatnot. So part of it
21 has to do with the size, I think, of the
22 population affected.

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1 DR. FISCHOFF: We have, I think --
2 is this a follow-up? So if it would be all
3 right with you, this is so valuable, I'd like
4 to let -- the session is supposed to be over
5 at 3:15. Is it okay if we continued it a
6 little longer? I think we have two follow-ups
7 from Musa Mayer and -- okay. You're not a
8 follow-up. Okay. Then Michael Goldstein,
9 then Jacob DeLaRosa, and then we'll sort out
10 the next few names.

11 MS. LAWSON: Well, in addition to
12 your question about what goes on your website,
13 or how you determine what the topics are, I
14 was interested -- by the way, I think it's all
15 very good information, and you've done a great
16 presentation, all of you. But I was very
17 interested in how we get it out to the target
18 audiences around the country. And my question
19 about the newsletters, there was one, I think
20 it's in Center for Foods on "FDA and You"
21 newsletter, the one on "Maturity". Are those
22 only done electronically, or are there are

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1 other means of getting them out to the
2 community?

3 My question is really how are we
4 getting the message out? How do we look at
5 getting all of the beneficial, the essential
6 materials that you're coming up with, how do
7 we insure that it's reaching a very broad
8 spectrum on a population?

9 DR. SELIGMAN: Our drug safety
10 newsletter and all of our advisories are only
11 available electronically.

12 MS. LAWSON: Only?

13 DR. SELIGMAN: Only. We don't
14 provide any print or disseminate -- we use our
15 listserv and the MedWatch program to send them
16 out electronically, but that's the way they
17 are made available. If anyone wishes a hard
18 copy, they can download it and print it from
19 our website.

20 MS. LAWSON: Is that true of all
21 the other centers?

22 DR. DAVIDSON: We actually don't

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1 have a newsletter, as such. This is Center
2 for Foods. It depends on what the issue is,
3 what our distribution mechanism might be. If
4 we're looking at a huge nationwide kind of
5 thing, we'll target not only just the media,
6 which is an obvious one, through press
7 releases, but we'll go through associations,
8 we'll go through community health
9 organizations, all kinds of different kinds of
10 organizations that we think will be effective
11 in reaching the audience that we need to
12 reach.

13 DR. OSTROVE: Paul is here from the
14 Center for Drugs, but we have another group in
15 the Center for Drugs, the Office of Training
16 and Communications that we don't have a
17 representative from. And I can tell you that
18 they will collaborate. They try to leverage
19 the relationships that they have. They work
20 with the National Consumers League, for
21 instance, on procedures, and helping to
22 disseminate things. They will use public

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1 health announcement. I've been in movie
2 theaters when I've seen the drug facts public
3 service announcement, for instance, come up,
4 so they try their best within the constraints
5 of the resources that they have to get out the
6 information even beyond our website. They
7 make available all of the public service
8 announcements that they put together on the
9 website, but they also work to get them out in
10 other ways.

11 DR. SELIGMAN: Yes. You'll see our
12 public service announcements in pharmacies
13 regarding what should you know about generic
14 drugs, and how does the FDA approve generic
15 drugs. I've seen these announcements in the
16 Metro in subways about what you should know
17 about non-prescription drugs and how to use
18 them safety. So Nancy is right, for many of
19 our other public service announcements, we do
20 work with organizations. There have even been
21 these announcements on billboards in some
22 states where organizations have worked with

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1 us, so yes, there are other means for getting
2 out different kinds of information beyond just
3 the electronic means.

4 DR. FISCHOFF: Let me -- so Michael
5 Goldstein and Jacob DeLaRosa. And what I'd
6 kind of like to do is to get the new thread
7 started rather than have follow-up questions,
8 so we'll at least get the issues out on the
9 table.

10 DR. GOLDSTEIN: This is, in a
11 sense, a follow-up. Although it's a new way
12 of framing follow-up, and that is how do you
13 actually utilize the feedback that you're
14 getting in terms of in some systematic way
15 pulling it together, looking at it carefully?

16 I realize that you have limited resources to
17 do that, but I think it would be really
18 helpful for us, as we're contemplating
19 recommendations to know what feedback you're
20 getting, and to know how your current efforts
21 are actually reaching, as well as affecting
22 people. So if someone can comment on the

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1 current strategies you're using to gather
2 information about the impact of these
3 communication tools, it would be great to
4 know.

5 DR. SELIGMAN: I'll speak for the
6 Center of Drugs. We don't have a systematic
7 way for getting feedback.

8 DR. GOLDSTEIN: So it's just coming
9 in, and you're collecting, and not --

10 DR. SELIGMAN: We get email
11 messages, we get comments from professional
12 organizations. We look at them, we weigh
13 them. Many of them, actually, the majority of
14 them are usually very valuable, and they guide
15 us in terms of any modifications that we make.

16 But there is no formal program for assessment
17 or evaluation of our communication efforts.

18 DR. DAVIDSON: The Center for Foods
19 has quite a number of extensive survey
20 mechanisms among many other mechanisms that we
21 will track over time our success with, for
22 example, how the nutrition label is being used

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1 is one, how safe food handling practices are
2 being adopted, at least purportedly adopted,
3 that kind of thing. We have a number of
4 measures that we do in that respect.

5 As far as immediate communications
6 that you do, immediate response to breaking
7 stories, if you will, that's harder. A number
8 of organizations will send information, and we
9 do have tracking, media tracking.

10 DR. GOLDSTEIN: So it seems like it
11 would be useful. It sounds like you'd welcome
12 the opportunity to more formally evaluate the
13 effectiveness of all the tools that you're
14 putting out there.

15 DR. SELIGMAN: Yes.

16 DR. DeLaROSA: Dr. Seligman, how
17 long has MedWatch been available?

18 DR. SELIGMAN: I think since the
19 mid-1990s, '92, '93, something like that.

20 DR. DeLaROSA: I guess with that
21 being said, the numbers that you gave are very
22 small, and that's sad. That's sad because

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1 it's not being communicated. I mean, I'm a
2 practicing surgeon. I mean, I operate every
3 day except while I'm here, and I see patients
4 every day, and I've never heard of it. And I
5 know that --

6 DR. SELIGMAN: You're not the only
7 one.

8 DR. DeLaROSA: I understand that,
9 but that's sad, because that's a lot of --
10 that's a lack of communication that's been
11 going on, and I hope that this body will be
12 able to help that, because there's a lot of
13 pertinent information that was presented by
14 you and Ms. Rice that's not hitting us. I
15 mean, it's not getting to the target audience.
16 And if I'm a representative of it, then it's
17 very sad.

18 DR. SELIGMAN: The only comment I
19 can make is that we are currently engaged in
20 discussions with the American Medical
21 Association, and many of the sub-specialty
22 societies fall under that umbrella, to address

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1 just your precise concern, which is how can we
2 communicate better, not only through
3 professional organizations about the existence
4 of our MedWatch program, the existence of the
5 kinds of information that will be valuable to
6 practitioners, as well as the role that
7 practitioners have in helping us, as a public
8 health agency, learn more about how these
9 products are being used, and any problems that
10 might occur in the course of their use.

11 But I always, I shouldn't say
12 always, I frequently in many of my
13 presentations to professional organizations
14 ask for a show of hands of people who have
15 heard of the MedWatch program, and most
16 professionals aren't shy about raising their
17 hands, and very few of them ever do, so you're
18 not alone.

19 MS. McNEILL: I think one of the
20 challenges that we face, though, and Paul is
21 talking about a very specific activity that
22 we're doing, we met with the AMA and their

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1 sub-specialties, and by a show of hands around
2 the room, each group wanted the information a
3 different way, and so that's another challenge
4 that we face. One group wanted us to contact
5 them directly via newsletter, others wanted
6 listserv, they wanted to be able to filter it
7 themselves versus they wanted us to filter it
8 for them, and so that's also an extreme
9 challenge for us as an agency in trying to
10 figure out how do we craft the messages for
11 our target audiences when they're not
12 necessarily entirely sure how they want to
13 receive the information? And this is strictly
14 from the healthcare provider group.

15 DR. OSTROVE: And if I can add to
16 that, I think the Agency is aware that
17 sometimes it's hard to make decisions about
18 where to go when you don't necessarily have
19 the information to work on. And one of the
20 things that we're actually in the process of
21 beginning, of getting into the field is a
22 survey of healthcare providers -- well, not of

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1 healthcare providers, of physicians -- a
2 national survey of physicians which will
3 actually be looking at the extent to which
4 they're aware of some of our efforts,
5 including MedWatch, that will ask them kind of
6 how they would like to get information about
7 emerging risks. This is going to focus on
8 emerging risks of medical products, but this
9 has been something that I think as you heard
10 from Steve Bradbard earlier today, it's taken
11 a while to get through the system, but we're
12 at the point where we should be able to be
13 fielding that survey in a fairly short time.

14 DR. FISCHOFF: Is it fair to shift
15 gears here and open a new subject? All right.

16 MS. DeSALVA: I can be quick,
17 because I had the same question that you had,
18 actually. I was wanting to listen to all your
19 presentations, which were so helpful. Thank
20 you. To understand the thread of the research
21 that you all use, both in the formative phases
22 of developing your programs, what kind of

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1 insights do you use to develop your
2 strategies. And then, of course, from an
3 evaluation standpoint, which is so important.
4 And I think I understand what the status is
5 from your prior answer.

6 So the only other comment I would
7 like to make is that clearly, one of the major
8 problems that we've solving for, all of us, is
9 that currently there is this tremendous trend
10 towards disclosure, and increasingly real-time
11 disclosure of clinical information and new
12 data. And there's also tremendous emphasis,
13 appropriately so, on post-marketing
14 surveillance, and so there's this incredible
15 burden on consumers to interpret new
16 information.

17 And, Dr. Seligman, when you were
18 talking about FDA early communications, I was
19 just very curious to know what's been the
20 experience? How would you characterize what
21 the impact is? What are we learning? How can
22 we begin to take some those insights to

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1 improve practice, and the ultimate result in
2 terms of consumer understanding?

3 DR. SELIGMAN: Too early to tell,
4 just to be honest with you. Particularly,
5 with the launch this fall of our announcements
6 that we have data in-house that we're looking
7 at a particular issue, and that we will be
8 getting back to the public in three months,
9 four months, whatever time it takes for us to
10 complete our work. I think we've done four of
11 them now, and I just don't think -- as I
12 indicated in response to an earlier question,
13 we don't have formal mechanisms to really
14 assess the degree to which how well they're
15 being received, how well they're being valued,
16 and their impact. And I, to-date, don't have
17 any anecdotal information to share, as well.

18 DR. FISCHOFF: Thank you. So I next
19 have Musa Mayer, Christine Bruhn, Marsha
20 Yaross, Don Haney, Linda Neuhauser, and
21 Michael Wogalter. Okay? Anybody else? Okay.
22 Thanks. Where was I?

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1 MS. MAYER: I think with me. So,
2 I'm thinking about the ways that patients seek
3 information on-line, and most, I think, would
4 start with a search engine. So I am really
5 not aware in all the years that I've been
6 working with breast cancer patients that the
7 FDA is even seen as a resource of any kind for
8 patient information, especially on risks of
9 treatments. So is that because FDA accepts a
10 much higher level of risk for cancer
11 treatments? It's probably related to that.

12 But one of the things that doesn't
13 exist at FDA, and that certainly is a
14 tremendous benefit on, say, the NCI website,
15 are specific pages that gather together
16 information from different parts of the
17 website, and even external links that are
18 vetted for patient communities to go to and
19 make sense of.

20 The women that I work with really
21 have no way of knowing what the potential
22 risks of the drugs, biologics, and devices

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1 they use. And no way of beginning to find
2 out, certainly no way of putting that
3 information together. I'm not sure that this
4 falls under the purview of what FDA ought to
5 be doing, but I don't see why it would not.
6 In a way, you've become the premier public
7 health information provider in the United
8 States. Maybe that should not be true, but
9 that's, nevertheless, so often the case,
10 particularly with regard to risk. So I'm just
11 sort of putting out there that there may be
12 other ways of organizing this incredibly rich
13 resource you already have, and are updating so
14 well, that directly interfaces with how
15 patients seek information about health and
16 disease.

17 MS. McNEILL: I think what you see
18 now with the Agency websites is each center
19 has a site, and a consumer does not know
20 whether they need to go to devices, or drugs,
21 or biologics. We have a handful of pages, as
22 Lynne mentioned, that are around a specific

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1 topic, like diabetes, or heart health. What
2 you will see as the website transforms is
3 information collected more along the way that
4 people look for it. We are going through some
5 pretty significant testing now with
6 categorizing information, and trying to put
7 information together from different parts of
8 the Agency. There's going to be, Nancy
9 mentioned a new governance policy, but what's
10 driving this is a new content management
11 system. And from a technical standpoint, what
12 that means is the information will go into the
13 system, and then it will be a more dynamic
14 site to the end-user when they go to do a
15 search for information from the main page.
16 They'll get it from all sources. They'll see
17 it collected in one place, essentially. And,
18 so, I think it will get at part of what you're
19 talking about, that people look for the
20 information one way, and we're providing it a
21 completely different way right now. And we
22 know that that's a real problem.

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1 And I think the other issue, of
2 course, is the FDA Amendments Act, and the
3 type of information that we'll start to post
4 and make available regarding approval
5 information and post-marketing information,
6 and so we're still wading through what FDAAA
7 means to us, as far as what we need to post.
8 I think we know very quickly what action
9 packages and things when we approve a product,
10 what that means, but as far as the post-
11 marketing information, and the information
12 sharing that we'll be doing with the National
13 Library of Medicine for the Clinicaltrials.gov
14 site, there's going to be a lot of
15 collaboration there, as well. So I think you
16 will see a dramatic improvement in the quality
17 of the information in the coming months.

18 DR. BRUHN: Research has shown that
19 consumer perception of the credibility of a
20 group is often based upon their perceived
21 competence of the group, and the history of
22 reliable information. And in that stent, I

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1 have felt that the FDA consumer went a long
2 way in increasing the confidence of the public
3 in that decision making and the expertise of
4 this organization. It's simply written. It's
5 good for the general consumer, and addresses a
6 range of things that an everyday person would
7 be interested in, not only backaches, organ
8 replacement, safe food, but all of them.

9 No one here mentioned how widespread the
10 FDA Consumer distribution is, and it seems
11 that some of the articles that each of you
12 spoke about could be linked to the FDA
13 Consumer, and might be an effective way of
14 awakening the expertise that one could find
15 here, and sharing information, building both
16 the consumer's knowledge, and their confidence
17 in the Agency. Could someone comment on the
18 FDA Consumer?

19 MS. McNEILL: Well, I think -- the
20 magazine itself is gone.

21 DR. BRUHN: That's why I've had
22 trouble finding it.

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1 MS. McNEILL: That's why you can't
2 find it.

3 DR. BRUHN: But I can still type in
4 FDA Consumer in the search engine.

5 MS. McNEILL: Exactly. There will
6 be a page that Nancy mentioned, there's a
7 Consumer -- and I don't remember exactly the
8 title of it -- Consumer Health Information
9 page is intended to replace the FDA Consumer.

10 DR. BRUHN: Yes, electronic.

11 MS. McNEILL: Electronically. And
12 the folks in the staff that worked with the
13 FDA Consumer still work with the centers to
14 develop content for that, and they'll mine our
15 existing sites, and try to convert that
16 information into consumer-level, the more
17 understandable, and from a health literacy
18 standpoint, usable information, than perhaps
19 what we're posting on a more technical end on
20 the center sites. But that is the main reason
21 why you can't find it, it's gone, it's been
22 replaced. And I think that was - I'm

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1 guessing. I think it was a financial
2 decision.

3 DR. BRUHN: But it's still
4 electronic.

5 MS. McNEILL: Yes.

6 DR. BRUHN: So my question is, are
7 you all linking to it?

8 MC. McNEILL: Yes. All the
9 centers, I believe, link to it.

10 DR. BRUHN: And can you subscribe
11 to it?

12 MS. McNEILL: Yes, you can. And I
13 think with GovDelivery, which is a new way of
14 doing listservs, Nancy mentioned the increase
15 in the number of subscriptions. Essentially,
16 you can subscribe to a page like the Consumer
17 Health Information page, and every time that's
18 updated, they'll push out a message to you.
19 Just in the Center for Biologics alone, we had
20 three listservs on general information, blood
21 and tissue that total, I think, 8,300
22 subscribers. Since GovDelivery went into

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1 effect, we now have 46,000 subscribers to our
2 content and our pages, so the jump has been
3 dramatic.

4 DR. FISCHOFF: Marsha, Don, then
5 Mike, and then we will have exhausted the
6 topic.

7 DR. YAROSS: Thank you. My
8 question builds a little bit on the discussion
9 we've already had about the framing bias, if
10 you will on the risk side of the risk-benefit
11 equation. And we've talked about some of the
12 possible causes, the litigious society, the
13 risk averse nature of our society in that
14 Commissioner Von Eschenbach talked about
15 desire of people to have products completely
16 safe, the assumption that an approved device
17 is completely safe. And I recall seeing years
18 ago in a major American newspaper that the
19 American public has a right to expect its
20 drugs to be completely safe.

21 So the first level question would
22 be what is the role of FDA versus industry,

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1 consumer, academia, et cetera in righting that
2 balance if we believe there should be more
3 emphasis on benefit, probably, and so maybe
4 I'll ask the FDA speakers to address that.

5 The deeper question may be if we
6 are a risk averse society, and the society,
7 therefore, puts greater value on avoidance of
8 risk, are we going to be successful, or should
9 we even be trying to do that shift?

10 DR. OSTROVE: Sorry. I'm not sure
11 how we can answer. Certainly, I'm not sure
12 exactly how to -- it's one of the reasons I
13 think you're here. We recognize that the way
14 that we've done things in the past is not,
15 necessarily, the most effective way to do
16 things in terms of communicating. But there
17 is an entrenched culture in some ways that I
18 believe is changing, and there's a recognition
19 that communication is C- I mean, if you have
20 information and you don't get it out to the
21 point where people can understand it, and can
22 put it into use, then you're not doing the job

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1 you're supposed to be doing.

2 But, on the other hand -- well,
3 it's not an on the other hand issue -- we have
4 historically not done the benefits. The
5 industry does the benefits. I think Lynne
6 mentioned, well, you see all the benefits out
7 there, and I think that that's kind of a
8 general sense across the Agency. And I'm not
9 saying everybody believes that way, but I
10 believe that people have been doing this for a
11 long time. I'm being completely honest here,
12 and hopefully I'll still be here tomorrow,
13 believe that, as well. I mean, that's not our
14 job. People have perceived it that way. Our
15 job is to give people the balance, because the
16 producers, the manufacturers give them the
17 benefits.

18 Well, but that doesn't recognize
19 the fact that there's a variance in
20 credibility of those different sources, the
21 vested interest of the manufacturer has an
22 impact on how people are going to understand,

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1 how people are going to process that
2 information, and that if a higher credible
3 source, for instance, hypothetically, focuses
4 on the risks, while a lower credible source
5 focuses on the benefits, then you may very
6 well end up with an imbalance in terms of the
7 risks and benefits.

8 That's why you're here. I mean,
9 these are the kinds of things that we need to
10 hear about, and we need to have discussed, not
11 just among a few people within the Agency, but
12 from the experts who really have a better
13 handle on these issues. Does that kind of get
14 at your question?

15 DR. YAROSS: I think it's a great
16 start, and it's something that I think we may
17 want to discuss more today and tomorrow.

18 DR. FISCHOFF: Please bookmark
19 that. Don?

20 MR. BAIRD: Speaking of tomorrow,
21 one of the things that's going to be on our
22 agenda is food recalls, among other things,

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1 and my question here is for Dr. Davidson. You
2 brought up the spinach recall, and mentioned
3 that no one knew when the recall was over
4 with. And I'm wondering what happened, or
5 what didn't happen. Did FDA put out a press
6 release, or not? And what you would suggest
7 doing in the future to let people know when
8 it's safe to resume eating or using whatever
9 the recalled product is.

10 DR. DAVIDSON: I want to stress
11 that not no one knew, many -- we were
12 surprised that many people didn't know that it
13 was over. We did announce that it was over.
14 I think as we're talking about further
15 research into recalls, that's one of the
16 things that we need to think about and
17 address, how do we insure that people do know
18 when things are done, and it's over.

19 MR. BAIRD: Did you have any
20 suggestions?

21 DR. DAVIDSON: We're looking at the
22 -- I'm not being evasive, at all. We're

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1 looking at that now, as how we can best
2 communicate that kind of information. And
3 that is also -- we said it. It seems like an
4 obvious answer, but it didn't permeate
5 everywhere. Perhaps you have to say it many
6 more times, many more ways; although, we did
7 do it on a number of occasions, so that's one
8 of the things that we're looking at very
9 closely.

10 DR. SELIGMAN: I'm surprised you
11 missed the headlines in the New York Times
12 that said, "Spinach Recall Over." Maybe that
13 makes the point, I guess.

14 DR. NEUHAUSER: I have two
15 questions. The first is for Dr. Ostrove, and
16 I wanted to say to everyone who has spoken
17 today how much I appreciate all the good
18 efforts to make the communication more
19 accessible and understandable. And my
20 question is about the website, and about the
21 documentation, the procedures that have been
22 used to develop the website. And by way of

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1 introducing this question, I'll just comment
2 that a major USDA website, which has many good
3 features, had a few problems when it was
4 launched because even though the reading level
5 was intended to be at a seventh or eighth
6 grade level, it was several grades higher due
7 to some problems with the procedures of
8 developing it. And the navigation didn't meet
9 many of the established accepted criteria,
10 again a problem with being explicit about the
11 procedures. So my question is, could you make
12 available to this Committee the documentation
13 about whether there's a standard for
14 readability that's being applied to the
15 website? That's one. The usability, whether
16 that is involving any low literate
17 populations? And, third, what navigation
18 criteria are being used to develop that
19 website? So it would be very helpful to have
20 it at this time.

21 DR. OSTROVE: I don't have it at
22 this time, I mean right now. Certainly, and I

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1 don't know if there's anyone in the audience
2 from FDA, for instance, who can provide more
3 information. Actually, I suspect that Lorrie
4 knows more about the fit process that we're
5 going through, that's designed to improve the
6 website than I do at this particular time.

7 I do know that what we're doing is
8 research-based. Our new Web Director comes to
9 us from HHS, was actually one of the authors,
10 Sanjay Koyani is one of the authors of the
11 readability guidelines for web access that
12 came out of NIH. And he is directing this
13 process, so if you know him, which I get the
14 sense that you do, I think you have a sense of
15 kind of the high-powered force that we have
16 behind this evolutionary process that we're
17 going through.

18 I can certainly get you more
19 information to the extent that we can make it
20 available. I mean, that's something I can
21 work with Lee in doing. I just don't have it
22 with me right now.

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1 DR. NEUHAUSER: Well, I just wanted
2 to say that's terrific that you have Sanjay
3 there, and using the DHHS guidelines, because
4 they are very good. They do not right now
5 explicitly include standards related to
6 readability levels, so that's a gap, but for
7 the navigation, they're very good.

8 My second question is for Lynne
9 Rice. And I notice that the Center for
10 Devices and Radiological Health has its own
11 Risk Communication Steering Committee, and I
12 wondered if you could tell us what this
13 Committee is, and is there some way to have
14 some synergy between this group and that
15 group?

16 MS. RICE: The Committee is similar
17 to things that the other centers are working
18 on. We just happened to name our Committee
19 the Risk Communication Steering Committee. It
20 came from a very large center post-market
21 transformation initiative where we were
22 looking at that part of the life cycle when

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1 things on the market were not doing as
2 expected, and one of our nine major
3 initiatives was to improve our Center's risk
4 communication efforts.

5 We have members from various
6 offices with varying expertise in risk
7 communication, and initially, the goal for us
8 is to look at all of our current products, and
9 current processes, and current distribution
10 methods, and all of those things that have
11 sort of been around for 30 years, and no one
12 has taken a look at those in this larger
13 perspective. And as people come and go, and
14 different expertise comes, and the importance
15 of different parts of our regulatory
16 obligation happen, we finally -- it was
17 finally recognized across our Center that this
18 was very important for us to do. So the first
19 pieces that we would be looking at are
20 internal processes, and clearly information
21 that we get out of this Advisory Committee, as
22 well as information sharing we do with Paul

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1 and his effort. The goal is to do best
2 practices from what we're hearing. And then,
3 hopefully, down the line, more like next year,
4 our next step would be to look at how we can
5 leverage our various stakeholders on getting
6 best practices out within their communication
7 products that, as you heard earlier today, we
8 don't have regulatory authority over. So that
9 is what we're doing. And, clearly, as we get
10 things we could share that information with
11 you.

12 DR. FISCHOFF: Thank you. Mike,
13 Steve, and that will be the end of the
14 session.

15 DR. WOGALTER: Earlier today, and
16 in this session we were talking about the
17 benefits and the risks, and the fact that this
18 Committee seems to be, or a lot of people seem
19 to be emphasizing the risks. And having done
20 some research over time, and having looked at
21 drug websites, magazine advertisements,
22 television advertisements, people get the

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1 benefits, the indications, or -- it's the
2 risks that are much more difficult, that you
3 have to almost, at least emphasize, at least
4 we found in our research that they get the
5 benefits right away if you just -- it's
6 sometimes in the name of the drug, or first
7 lines of the information. But what I wanted
8 to ask about was the usability of the website,
9 as was just mentioned.

10 Were there actual human subjects,
11 people involved in the testing, or was it just
12 examination? The reason I'm saying that is
13 that earlier Steve Bradbard was telling how
14 difficult it was to test human subjects. And
15 some of that usability, at least in the human
16 factors area, and human computer interaction,
17 they use people to test how easy, and whether
18 they can do the tasks. And I think those
19 things could be applied to let's say recall
20 notices, or any of the information to go out
21 to the target population, see what information
22 they glean from it, is it appropriate

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1 information, and so some iterative design
2 quickly, not just running 300 subjects on what
3 you have, but actually doing the testing and
4 evaluations early on just with even a few
5 subjects.

6 MS. McNEILL: Nancy mentioned the -
7 - I'm sorry, Nancy, mentioned the FDA
8 internet/intranet improvement team, the FIT
9 Team. And they've done very extensive
10 usability testing. Now I can't give you
11 specifics on who was tested, but I know they
12 had different groups of subjects. They had
13 consumers, they had healthcare providers,
14 regulated industry, and I can't remember what
15 other categories there were. A lot of it was
16 done under contract, and I'm not so sure how
17 they did it, but I've sat in some of the
18 presentations, and it was -- the amount of
19 testing that they've done has been very
20 extensive. They did card sorting activities
21 for both internal staff, who are actually
22 working on the web, and internal staff who

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1 have nothing to do with the website, and then
2 external users and trying to figure out which
3 category of things goes together.

4 The object is, obviously, to make
5 navigation and usability much simpler, so that
6 you don't have to go and drill down six times
7 to find what you're looking for, but to get to
8 where you need with one or two clicks. And
9 all of that information is feeding into this
10 entire website transformation. So I can't
11 provide specifics, because I don't know them,
12 but there is a lot of data-driven information
13 going into this.

14 DR. OSTROVE: With regard to the
15 research issue, which is the only part I was
16 going to answer, so thank you, Lorrie. If you
17 use nine or more people on a particular topic,
18 and they're outside, so you can actually do
19 research with internal, with government people
20 without getting OMB clearance for that. If
21 you go to nine or more people with the same
22 topic on the outside, that's when the

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1 Paperwork Reduction Act kicks in, so it's
2 entirely possible that -- and I don't know the
3 numbers, that what was cobbled together is --
4 and you can get a lot of information from nine
5 people when you're doing kind of individual
6 in-depth things, where you're actually having
7 them look for information on the website,
8 which is why I think usability testing can be
9 a little easier to do under the Paperwork
10 Reduction Act restrictions.

11 For all I know, there might be a
12 generic clearance for that, but I couldn't
13 swear to it. And, again, since I haven't been
14 involved in the process, I can't say for sure.

15 MS. RICE: And I have to say that
16 in the Center for Devices, we have been doing
17 usability testing of our websites for at least
18 four years. And some before some of these new
19 requirements came into play, we did 1,000
20 people on our home page, and I think, Dr.
21 Wogalter, you know that we actually have a
22 human factors program in the Center for

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1 Devices and Radiological Health, and we work
2 closely with those individuals on usability,
3 understandability, plain language on our
4 various documents, so they work with us to
5 help us understand. So it's not, I would say,
6 as new to our center, as it is to the Agency's
7 website as a whole, but we find this very
8 important in getting the right information at
9 the right level out.

10 DR. FISCHOFF: Thank you. Steve
11 Gorelick, and this will be our last comment.

12 DR. GORELICK: As I listened to the
13 various people talking about the extent to
14 which they either did or did not know about
15 various aspects of the website, something
16 struck me. And I apologize in advance for
17 using a buzz word that I've made fun of in the
18 past. I'm wondering in the larger sort of
19 arena of public information what the FDA brand
20 is, in a sense. Is it primarily a regulatory
21 brand, which, by the way, then I was going to
22 say, or is it a patient brand? Those are not

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1 -- as we know, those are not distinguished
2 from each other, to have a regulatory agency
3 making sure that his stents are in good shape
4 is a good thing for me.

5 So I began to think about when you
6 put FDA in the constellation of places that I
7 might turn, I actually was imagining myself
8 sitting talking to a heart surgeon, and
9 hearing about the differences between
10 angioplasty and whatever, and then coming
11 home. I began to then all of sudden, what the
12 various brands are of the places I might turn,
13 from CDC, to FDA, to WebMD, to my dad, and on
14 and on. And I'm just wondering if there have
15 been any studies that sort of look at where
16 people in their sort of cosmology of health
17 information, where they place FDA, because it
18 may be a matter not of -- it may not be a
19 matter of getting the word out about various
20 things. It may be that you're fighting
21 against a history, which is so rich in sort of
22 regulatory successes, that that dominates

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1 public perception of what goes on here. So, a
2 thought.

3 DR. SELIGMAN: I'll give you my
4 opinion. I think our brand is FDA-approved,
5 and that's a regulatory -- that's our
6 regulatory brand. I mean, when people look at
7 drugs, devices, any of the things that we
8 regulate, our brand is we approved it.

9 DR. GORELICK: You see then, all
10 I'm trying to say is you may -- you're doing a
11 superb job, but it may not be a matter of the
12 kind of communication you're putting out. The
13 guy who needs to get it, me, after I talk to
14 my doctor, may not think of you that way. I
15 may think back to all the examples of times
16 when you saved me from eating tainted this or
17 that, but I may not think of you as a place to
18 look about geez, what -- have there been any
19 certain stents recently that have shown to be
20 problematic?

21 DR. FISCHOFF: Okay. Well, let me
22 thank our guests for the talk. I hope you'll

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1 come to us with additional things, and we'll
2 be able to continue this conversation. Let's
3 take a break. We'll meet again at five after
4 4.

5 (Whereupon, the proceedings in the
6 above-entitled matter went off the record at
7 3:50 p.m., and resumed at 4:08 p.m.)

8 DR. FISCHOFF: Okay. So what I'd
9 like to do in this final session is to -- let
10 me, again, thank everybody who's presented,
11 and everybody who's come to watch us talk. We
12 have now until 5:00. Several people have come
13 up to me in the break with things that we
14 didn't manage to get through, because I didn't
15 allow any follow-up questions. And so what
16 I'd like to do is just have an open-ended
17 conversation now with the group, things that --
18 -- so this will be just for the panel -- the
19 Committee to speak now, for us to talk about
20 things that are on your mind, things you want
21 to make certain end up on our agenda in the
22 future. And we'll start with Marsha Yaross.

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1 DR. YAROSS: Thanks. I just wanted
2 to comment a little bit on the statement
3 before the break that it may be reasonable to
4 focus on risks because the benefits of the
5 products are clear. And much as I wish that
6 were the case, I'm not sure that I believe
7 that is always the case. I think we heard
8 examples today about how benefits of eating
9 seafood were not clear based on perceptions of
10 risk.

11 I know from discussions within my
12 own personal experience with friends and
13 family, people who avoid recommended medical
14 therapies because they've heard of the
15 possibility of very rare side-effects. So I
16 think we just need to remember that
17 communication is, again, as was said today,
18 what's heard, not necessarily what's said.

19 DR. PETERS: If I could follow-up
20 on that just for a moment. I wonder if we can
21 go ahead and just start collecting some
22 evidence, though. It sounds like Doctor --

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1 I'm afraid I'm going to butcher your name.

2 DR. WOGALTER: Wogalter.

3 DR. PETERS: Wogalter has some
4 evidence. I know of some other published
5 papers that bear on this topic, and I wonder
6 if that would be something we could go ahead
7 and start collecting some data on.

8 DR. WOGALTER: I was saying that I
9 can make available a number of papers where
10 we've shown, and I'll send it to Lee, or at
11 least the citations. They're already
12 published. Where you almost have to enhance
13 the risks for them to get it a lot of times,
14 but I heard the same thing about the seafood,
15 as well.

16 MR. BAIRD: As I listened to all
17 the really helpful comments and presentations,
18 one of the things I think that dawned on me is
19 just how primitive the times we live in are in
20 terms of risk communication, because when we
21 talk about the proportion of communication
22 about risk, how much are we talking about

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1 benefit, what you have to realize is almost 90
2 to 95 percent of the time, we're communicating
3 risk to the wrong people. Most of the time,
4 the risks that are associated with the
5 products are what, 3 percent, 5 percent of the
6 patient population. So when you start to
7 engage them in dialogue about the risk, 95
8 percent of the people are the wrong people,
9 don't need to hear the information, aren't
10 interested in it. And it becomes a huge
11 communications challenge, and a huge challenge
12 to any sort of standardized protocol as to how
13 do you get people to listen to you about a
14 risk that has that low an incidence, and yet
15 for the 5 percent, 3 percent, 2 percent of the
16 people it could mean life or death. And when
17 we don't have personalized medicine, and maybe
18 at that point in time we'll have a much better
19 communication record with the right patients,
20 this is what we're operating in. It's just an
21 interesting observation.

22 DR. FISCHOFF: Christine.

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1 DR. BRUHN: Well, I think we need
2 to respond to some of the things that we've
3 heard from our speakers this afternoon, the
4 public forum, as well. And I guess what pops
5 up to me first is that there needs to be
6 initiated something that's going to track
7 responses. For example, we heard some
8 messages were well received -- well covered.
9 For example, the issue on cloning animals got
10 a lot of coverage, but we really need to know
11 what that coverage included, because I've
12 looked at it, and it might say -- it does say
13 what the FDA said, but many of the pieces also
14 say but they sure missed the mark because they
15 didn't consider X, Y, and Z.

16 Now you might say it's not
17 appropriate for them to consider X, Y, and Z,
18 but I believe a monitoring system needs to be
19 in effect so that the Agency is looking
20 systematically, and evaluating how their
21 information is being received and presented to
22 the wider world. And, perhaps, a follow-up

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1 communication might be appropriate by the
2 Agency, or perhaps not. But at least knowing
3 what's being covered, so it seems to me the
4 first thing is tracking how many people are
5 getting in touch with the Agency on these risk
6 and benefit messages, and what they appear to
7 be hearing.

8 And is this more jobs for FDA to
9 do? This is when partnering, I think, comes
10 in, because some of FDA's partners on these
11 women's health issues, as well as some of the
12 other partnerships that Marjorie showed us in
13 the food area, some of these groups
14 periodically track LexusNexus all the time.
15 And I would imagine if FDA asked, they would
16 be delighted to provide a copy of their report
17 to FDA just as part of their good-neighbor
18 partnering thing.

19 So I believe we need to look at, or
20 need to advise the Agency to be looking at
21 specific issues, but tracking effectiveness,
22 tracking extent of your outreach, providing

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1 suggestions on how that outreach might be
2 broader, and then evaluating what that
3 outreach contains are important components in
4 getting the message out, and testing how it's
5 received.

6 MS. MAYER: One of the things that
7 always strikes me whenever I see an
8 advertisement for a drug usually on
9 television, is the enormous discrepancy in
10 format between how the benefits are presented,
11 and how the risks are presented. The benefits
12 are usually presented in rather vague terms,
13 in the context of a story, a character, a
14 scenario that's very appealing; whereas, the
15 risks are presented as a very rapid list that
16 just goes by very quickly, clearly to satisfy
17 requirements at the end of the ad.

18 It seems to me that we have to --
19 if we are going to ever ask consumers to
20 weigh benefits and risks, we have to give them
21 the information in the same kind of format.
22 We have to allow a story to be told about

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1 risk, if stories are the form, or we have to
2 give quantified information about both, if
3 that's the form. Whatever we decide on, and
4 it could be a multiple -- many different kinds
5 of communication might be important, since we
6 know people hear and learn things in different
7 forms, and at different levels. But I think
8 it's sort of naive to assume that well,
9 industry gives the benefits information, and
10 so FDA can supply the risk information,
11 because the same level of sophistication with
12 regard to advertising and marketing does not
13 exist within FDA, and is not likely to exist
14 here. So we really have to look at who's
15 selling what, and in what form, I think.

16 DR. FISCHOFF: Thank you.

17 DR. GOLDSTEIN: Just to follow
18 along on the same theme, it's also important
19 that we assess and evaluate systematically the
20 impact on health professionals, not just the
21 public, because I'm reminded of a recent
22 publication, I think it was New England

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1 Journal, that reported on the impact of the
2 black box warning about anti-depressants among
3 children. And there's been a significant
4 decrease in prescription of anti-depressants
5 by pediatricians to young people. We have no
6 clue as to why that's happened. We think we
7 know, it's because of the black box warning,
8 but what's beneath that? Is it because
9 they're being more careful in making choices
10 about use of anti-depressants, or are they
11 over-responding, if you will, to the risks,
12 suicide that have been associated with the use
13 of these drugs?

14 How much of it is based on
15 misinformation in terms of their
16 interpretation of the black box warning? How
17 can we address that in a way that's going to
18 meet the needs of patients, families, and
19 hopefully prevent another negative impact that
20 may be associated with the warning. So I
21 think we owe it to the public, we owe it to
22 health professionals to evaluate the impact

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1 that may be extremely significant from a
2 public health standpoint, as important as the
3 research that supports the efficacy of the
4 drugs in the first place. And I'm not sure
5 where the funding should come from, and maybe
6 it's not FDA that should be supporting that
7 research. Maybe it should be NIH that's
8 supporting that research, or CDC that should
9 be supporting that research, or AHRQ that
10 should be supporting that research. That
11 research has to be done in order for us to
12 give answers to the questions that are being
13 asked of us as a panel.

14 DR. DeLaROSA: It was nice to see
15 something, to hear from the FDA from the last
16 panel that we had, and in the change that's
17 ongoing, because that same change is going on
18 in medicine. And medicine, there is no longer
19 strictly the heart surgeon, the cardiologist,
20 the vascular surgeon. There really is what's
21 the term that's being used, or what's the sexy
22 term is the convergence of technology, and it

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1 really is a convergence of the heart
2 specialist, the one that can do vascular, the
3 one that could do surgery, that could do
4 stents, and can do it all together.

5 And it was interesting to see as
6 this new web page is coming forward this next
7 month, and in the next year, it's also a
8 convergence of technologies, because before we
9 had many different sections going forward, and
10 now they're all going to converge. They're
11 going to be able to cross, and just like
12 members of the Committee noted, that there is
13 other people that are doing good things. And
14 it's nice to see that the website, hopefully,
15 will be able to get that technology, because
16 that is one way of communicating. It's very
17 important. And we're just realizing in
18 medicine, and that's the way we're going, so
19 it's nice to see that the FDA is moving that
20 way, also.

21 MR. HANEY: As important as it is
22 to develop direct outreach through the

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1 internet and publications, the FDA is still
2 going to have to rely on the news media, I
3 think, to get out word of risk, especially
4 when something big is breaking. And Kathryn
5 Foxhall raised some, I thought quite
6 eloquently, comments about the responsiveness
7 from her point of view of the FDA press
8 office.

9 I can say as an old journalist
10 myself, that her views are shared by at least
11 some other people. And it seems to me that at
12 some point, this Committee should be looking
13 at how the FDA press office works, as one very
14 important piece of this communications
15 process.

16 I doubt that the clock will ever be
17 turned back to 1995, when reporters could
18 really call up Dr. Jones whenever they wanted
19 to, or maybe it can, but there must be a way
20 to streamline this process, and establish some
21 standards so that reporters can get answers on
22 deadline, and they won't feel as though they

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1 are -- there's just no point in calling the
2 FDA because you won't hear until days later.

3 MR. BAIRD: You know, a previous
4 conversation that actually discussed the FDA
5 brand being FDA-approved, the challenge I'd
6 like to present is that perhaps it is the
7 FDA's job to better communicate their brand in
8 terms of what FDA-approved really means. FDA-
9 approved, in that context you need to
10 legitimize bad results, because within the
11 labeling, within the black box, there are
12 legitimate bad results with the use of a
13 product or a device. And I think patients
14 tend to breeze passed what they consider fine
15 print in risks. They want to try to reap the
16 benefit, and yet it's a nasty task to
17 legitimize harm, death as the result of the
18 use of a product, or a device. And yet, that
19 was in the fine print, as it were.

20 And I think if more of that were
21 brought forward in the sense of the
22 seriousness of any medicine or device, or its

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1 use, and the fact that you may be one of that
2 unfortunate small percent that's referred to,
3 and just a better cognizance of that on the
4 part of patients.

5 I mean, I would give a quick
6 analogy to good risk communication. When does
7 that happen? Pre-op. You're going to be
8 operated on tomorrow. You're listening to
9 your doctor, and you have to sign forms
10 releasing the hospital, the physician and the
11 surgeon from liabilities related to certain
12 risks. And you probably go into that
13 procedure with a keen awareness of okay, there
14 are some possible bad outcomes here that I may
15 have to face. Whereas, with the delayed risk
16 of I'm an arthritis sufferer. I take NSAIDs,
17 I take them for decades. There's some heart
18 disease risk I've heard about, NSAID-induced
19 ulcers, small minority of patients. I'll play
20 the odds, so how do you then communicate
21 effectively to the people in that broader,
22 more diluted audience who still need to pay

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1 attention to the risk? And that's a huge
2 challenge. And like I say, maybe it's more
3 legitimizing where, and to the extent
4 appropriate, bad result.

5 DR. PALING: I'm almost overwhelmed
6 with new ideas, but during the course of the
7 day, nothing was more impactful than the reply
8 to this question about the FDA brand. I think
9 brand is a wonderful concept in its meaning
10 and marketing to apply to this issue of how do
11 the public view the FDA? And the answer we
12 got back revealed a great schism between what
13 the FDA really does. Partly, it is an FDA-
14 approved; namely, we have made a decision,
15 notice who's made it, we have made a decision
16 that there should be a recall, or this
17 procedure should take place. I think the FDA
18 does that incredibly well, given the resources
19 it has available.

20 Many of us here, certainly, I put
21 my hand up as being one such person, is trying
22 to investigate the degree to which the FDA can

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1 provide data in context for patients and
2 doctors to themselves we're making the best
3 decision. And this insight, for me, is
4 something quite relevatory, that the immediate
5 answer of the FDA is the FDA-approved really
6 is giving data information about a decision
7 they've made, and there's a whole world that
8 is more difficult, and is ill-addressed about
9 how they should be providing in the best way
10 possible the data in context that enables
11 people to make their own decisions.

12 DR. SLEATH: I wanted to make two
13 short comments about what we heard earlier
14 this afternoon. One was, it was Paul Seligman
15 that talked about people not knowing about
16 MedWatch, and meeting with the AMA, and the
17 sub-specialties. The problem that's happening
18 in professions is that there's so many
19 professional organizations that the power of
20 the AMA has kind of dwindled, as well as the
21 same things happening in the pharmacy world,
22 and I'm sure nursing. So one idea I had was

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1 maybe making things like MedWatch or
2 suggesting it become part of the curriculum of
3 medical schools, nursing schools, pharmacy
4 schools, because these eventually become the
5 practitioners, and these are often the change
6 agents in professions when they get out in
7 practice.

8 And then a second point I'd just
9 like to make is kind of, I'm always amazed at
10 the People's Pharmacy, and Joe and Terry
11 Graedon, they happen to be based in Chapel
12 Hill, where I live, but they are on national
13 public radio. They have a column. They're
14 like the idols of a lot of older Americans,
15 and just what -- I think we need to figure out
16 what are they doing that's appealing to the
17 public, because it's very appealing to the
18 public. And one of them is an anthropologist,
19 and one is a pharmacologist, and it's just
20 always been amazing to me, and maybe perhaps
21 in the future partnering with them. But I
22 just find it an interesting phenomena.

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1 Working in a pharmacy school, I always say to
2 my students, "You need to be out there telling
3 people what you know, and having people come
4 to you for information", not that the People's
5 Pharmacy doesn't serve a great purpose, but I
6 just don't think we market the knowledge of
7 health professionals well, or want patients --
8 making them want to approach them.

9 Can I make one -- okay. The other
10 thing was, Lynne Rice talked some about they
11 had a program for secondary schools about
12 tanning, and something about the safety of
13 medicines. I remember the United States
14 Pharmacopeia was involved with educating
15 children at a young age in elementary schools
16 about medicine, and I just want to raise that
17 as an issue, because I think that's where you
18 start learning health behaviors, and certainly
19 in other areas, it's taught about at a young
20 age. And that may be risk communication, or
21 just communication about products, you can
22 start introducing concepts at a younger age

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1 for children to start -- because they become
2 medication users. And at the young age they
3 learn medicines are bad, and this kind of
4 thing, it's just going to continue throughout
5 -- could possibly continue throughout their
6 life cycle.

7 MS. DeSALVA: I just wanted to pick
8 up on the thread earlier about what does FDA
9 stand for, and the insight that we all gained
10 from the answer. And I think that, as Greg
11 said earlier, if you begin to have a more
12 intelligent discussion, a more complete
13 discussion about what does it mean to be FDA-
14 approved, that leads to a much more balanced
15 discussion about relative benefit and relative
16 risk. And then that neutralizes that lack of
17 balance that we seemed to talk about earlier,
18 about how the Agency talks about risk, and the
19 manufacturers talk about benefit, which is not
20 sustainable. And I think that as a
21 consequence of FDAAA, and as manufacturers
22 really begin to take on board the guidance of

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1 the risk evaluation and mitigation strategies
2 in the REMS programs, and those become more
3 widespread, I think you'll see that there is a
4 tremendous recognition in the industry, and
5 desire, and appetite to balance those
6 communications more.

7 And, so, to aspire to have more
8 balanced communication both on the regulatory
9 side, and on the side of the industry is a
10 very worthy, I think, place for us to go, but
11 we will need the best practices. And I really
12 do hope that that is something that we're able
13 to get to, not in this meeting, obviously, but
14 soon. And I think that will be very well
15 received.

16 And I would have liked to have
17 heard, frankly, and if any of the Directors
18 come back from the centers to speak to us
19 again, it would be very interesting to kind of
20 get to the next level of experience, because
21 I'm sure they have wonderful stories to tell
22 about when things went well, you know, when

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1 there is a horrible risk to manage, but a
2 tremendous benefit that balanced it, and the
3 Agency was able, working with various
4 stakeholders to make sure that the baby didn't
5 get thrown away with the bath water.

6 DR. BRUHN: I think the concept of
7 a brand, FDA-approved, is really too
8 simplistic for the variety of products FDA
9 evaluates, and for the different requirements
10 for each of these products. It might work for
11 medical devices. I don't know that area, but
12 even then, I would say it's probably FDA
13 approves for accuracy the information on risks
14 and benefits that would be on a medical slip
15 for medication, or for surgical devices, or
16 something like that.

17 In the area of dietary supplements,
18 they are prohibited from stepping in ahead of
19 time. The supplements industry puts it out,
20 and FDA could only come in if there is a
21 danger that becomes apparent after-the-fact.
22 That is definitely not FDA-approved, and to

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1 have that as the FDA brand would be
2 inaccurate.

3 In the area of food processing
4 technologies, there are very few they approve.

5 Irradiation is one of them, and there are
6 many who believe that that technology, which
7 could save lives, is being not widely used
8 because it has to go through all the
9 evaluations that FDA requires, and has to bear
10 a label that it's been treated that way.

11 I've been doing some work on newer
12 technologies, pulse electric field, high-
13 pressure processing and so forth, and
14 developing information sheets for the consumer
15 and health professional. I wanted to put down
16 the FDA has approved this process, and our FDA
17 collaborator said no, no, no. We've looked at
18 it. We read about it. We've evaluated it.
19 You can say that. It doesn't say that it's
20 approved. And the other foods, as well, it's
21 not approved, these cookies, or that kitchen,
22 though there might be an inspector who's

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1 approved it. But it's not an on-site, I'm
2 watching every move process, so using that
3 general term I think would be misleading to
4 the public, at least for all products.

5 MS. LAWSON: I concur with, I think
6 it's Mr. Haney that talked about revisiting or
7 reviewing the role of the press office at the
8 Agency, because that is an important vehicle
9 for getting messages out. But I would like to
10 see how the Agency determines your network of
11 partners and supporters, and those who you go
12 to to get information out to the widespread
13 population. I think it would be important to
14 see. I looked at the list, and there are some
15 organizations listed, but for an Agency the
16 size of FDA, and the responsibility for the
17 public health, I think it's enormously
18 important to expand the network. So I'd be
19 interested in hearing more about the
20 organizations that you really consider to be
21 those that you would share information with.

22 For instance, I heard the American

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1 Medical Association mentioned, but there are
2 so many others, like the Hispanic Medical
3 Association, and National Medical, just as an
4 example. So I think the network of
5 organizations that you could share
6 information, that would get it out to their
7 constituents would be an enormous service for
8 the Agency. So I'm really interested in
9 hearing more about the network of supporters
10 and providers, because I think collaboration
11 is certainly key. And there are many
12 organizations that would welcome the
13 opportunity to work with the Agency.

14 DR. GOLDSTEIN: To follow-up,
15 because I think that's such a good idea, can
16 we make a request that we gather information,
17 best practices, if you will, from other
18 government agencies that we know are involved
19 already in communication about risk, like CDC?

20 And if yes, well, what's the next step to
21 make that happen? Should it be one of us,
22 should it be somebody from the FDA? How can

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1 we gather what we already know are best
2 practices from some of the other agencies that
3 are communicating about risk?

4 DR. ZWANZIGER: I guess one avenue
5 is for you to let me know that you want that.

6 I would then have to ask within the Agency
7 what can we do to pursue this information.
8 And I'd certainly be happy to do that.

9 DR. YAROSS: Mine is not a follow-
10 up. I was going to introduce a new thought.
11 Do you want to follow-up?

12 DR. DeLaROSA: Mine is a follow-up.
13 Is it time that we -- that the FDA has
14 evolved so much that it's time for a daily
15 press conference. Is it time that we treat
16 this like the Department of Defense, or as the
17 White House? And from -- there is no public
18 relations, as we learned, but there's only a
19 Public Affairs Office, but should they have a
20 daily press conference to let others, the
21 media know of the issues that have come up,
22 what's going on, what happening? And all of a

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1 sudden that's information disseminated, and it
2 would be a way that media would have access to
3 the FDA right away. I mean, are we at that
4 point now?

5 DR. YAROSS: This is a bit of a
6 follow-up, but the risk there is, again, we've
7 got a tension between newly breaking ideas,
8 and investigated and verified facts. There
9 was an issue this morning about early
10 communication, and these are issues that I
11 think many of us deal with, certainly in
12 industry, on a daily basis. You hear about
13 something. Is it of such importance that you
14 communicate before you've had a chance to
15 investigate, or do you wait until you have it
16 verified? And, so, I think that that tension
17 between transparency, which is certainly
18 another societal good, and verified fact to
19 avoid scaring people about things that don't
20 turn out to be true, is one that has to be
21 looked at carefully.

22 MS. MAYER: Over about the last

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1 seven years that I've been a patient
2 representative with the FDA, one of my
3 responsibilities has been to communicate to my
4 constituents, to the patient community and the
5 public about the organization, about what FDA
6 does. And I can tell you that there are two
7 consistent messages. There's not a lot of
8 understanding on the part of the public,
9 that's clear. And there are two consistent
10 messages I hear from people I'm in touch with,
11 and I see in the media. And they're very
12 different, but they're inter-related. One is,
13 FDA has failed to protect us from whatever the
14 latest safety issue is. And with the
15 assumption that that should somehow have
16 happened, and it's FDA's fault that something
17 has occurred.

18 The other is, and this is probably
19 because I do work with cancer patients, FDA is
20 standing between us for purely bureaucratic
21 reasons and the treatments that will save our
22 lives. We should have treatments faster.

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1 Now, I don't think there is any
2 overall public recognition of the dynamic
3 relationship of those two issues, that the
4 less evidence FDA requires, the more safety
5 issues there -- before approval, the more
6 safety issues there are likely to be. Nor do
7 I think there is an overall understanding of
8 how we know what we know in medicine, and how
9 the whole process of drug safety is
10 established, how efficacy is established, what
11 clinical trials are, and all of the
12 surrounding issues.

13 Now, maybe you wouldn't expect that
14 from a public that has not had that as part of
15 their curriculum growing up in the educational
16 system, but the thing that always shocks me is
17 how absent that is in so much media coverage.

18 It's like it's being written not from that
19 comprehensive understanding that would put
20 things in context, so I guess I don't know
21 exactly where this is leading, but somehow in
22 all of this, there's got to be an educational

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1 function in FDA communication about the whole
2 endeavor in the larger sense, to somehow let
3 the public and the media understand in a more
4 in-depth way just what it is, just what is at
5 stake, and what's being done at FDA.

6 MR. BAIRD: The comment was made
7 before about possible other examples that we
8 could learn from in the sense of risk
9 communication. And given human nature, people
10 I think tremendously care about their health,
11 and their money. I think generally they tend
12 to take better care of their money sometimes
13 than their health. And I think in the
14 financial industry, if you look at risk
15 communications, it's actually a very good
16 model to look at.

17 If you understand how diligently
18 companies need to communicate with
19 stakeholders regarding any emerging risk,
20 about a possible downside in the stock, or any
21 upside in the stock, there are analyst calls,
22 there's analyst briefings. I mean, a

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1 tremendous amount of regular diligent effort
2 and communication goes into communicating
3 precisely what the upsides and downsides of a
4 company's outlook is. If some sort of
5 parallel could be shaped between these same
6 corporations and the medical community, and
7 the practicing medical community that actually
8 manages distribution of the drugs, it might be
9 interesting.

10 And in so far as the comment made,
11 maybe the FDA should be doing daily press
12 conferences, well, maybe that's a little bit
13 too shotgun, but if you could refine that down
14 to specific information, specific physician
15 populations that really need to know that, I
16 think that might be a good model.

17 One other real quick comment, and
18 that was that who's -- FDA-approved. Does the
19 public really just rely on the FDA to put its
20 confidence and trust in what they put in their
21 mouths in terms of drugs or devices, or
22 anything like that? I think it's not. I

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1 think it's a shared responsibility. It's FDA-
2 approved. It's doctor-approved. I mean, the
3 old concept of learned intermediary was that
4 the physician was, indeed, the primary person
5 to that specific patient, and who the patient
6 would rely on most that manufacturers
7 literally could stand behind and say we can't
8 get sued, but sue the doctor. The doctor
9 prescribed it, and this was before DTC. And
10 I think so it's doctor-approved. I think
11 nowadays with DTC, it is manufacturer-
12 approved, but then it's also media-approved.
13 And it's a tremendous swat, and I think some
14 of the statistics we heard earlier today about
15 where people -- whether it's fish intake, or
16 food intake, most people are learning more and
17 relying on that information more from the
18 media, than many other possibly more credible
19 sources. And I don't denigrate the media.
20 It's just with the other authorities out
21 there, it seems to be they're not paid as much
22 attention to as you might think.

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1 DR. DeLaROSA: Thanks for those
2 comments, Mr. Baird. Just a point of fact,
3 just like you said, that it's your health and
4 your finances. And I think that there is a
5 lot of physicians out there that think the
6 same way. It's between your health and your
7 finances. And it's between giving the right
8 medication sometimes, or giving something
9 that's maybe questionable or not, but it will
10 increase finances. That does happen, so I
11 think the FDA is still very important in
12 stating what should be done, or what's
13 regulated, and what is not.

14 A case example, drug-elating
15 stents. You know, we know now it's for use
16 for a single vessel, but that doesn't matter.

17 There's still a lot of cardiologists out
18 there that are putting in multi vessels, so I
19 think, again, it's not just the physician to
20 make the decision, but it's also the FDA, it's
21 important to have that regulation that's
22 there.

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1 DR. NEUHAUSER: So a follow-up to a
2 comment about resources. There are a number
3 of federal agencies that are quite a bit
4 further ahead than the FDA in developing risk
5 communication, and we had a suggestion that
6 how we might gather some of that information.

7 I would suggest, for example, that
8 the National Cancer Institute has done a lot
9 of work in this area, a lot of research, a lot
10 of development, very, very fine work. And
11 that information could be leveraged. The
12 National Library of Medicine, so forth and so
13 on, so just organizationally thinking about
14 how we might bring existing resources to help
15 the FDA, who obviously doesn't have a whole
16 lot of resources to develop whole new areas.
17 So that would be something that I think would
18 be very useful.

19 The other comment is that it seemed
20 to me from the presentations of the different
21 centers that the resources related to good
22 communication and risk communication are

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1 unevenly distributed in FDA. Some of the
2 centers seem to have the capacity to do
3 information for low-literate populations,
4 others may not. For example, perhaps the
5 Office of External Affairs does not have that
6 capacity. Some of the centers have done an
7 inventory of their communication tools, others
8 have not, so I think it would be very useful
9 to get a sense from the centers, again an
10 organizational question for Dr. Zwanziger, how
11 we might get a sense from them of where they
12 are with respect to their capacities. And
13 could some of those capacities be shared
14 across the centers, so if there's somebody who
15 can write in a more accessible understandable
16 way, perhaps that person could be a resource
17 to the entire Agency.

18 DR. BRUHN: We were told that
19 anything we wanted to say, we had to say here.

20 I notice we've got 15 minutes left. I want
21 to be sure that I don't just want to talk to
22 someone in the hallway and find I have to be

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1 mum because I haven't said it.

2 Getting the message out, someone
3 said go to the medical schools for getting the
4 medical message out about the med alerts and
5 so forth, and I certainly endorse that. And
6 as a general philosophy, if there's a training
7 area that relies heavily on some of these
8 different areas that the FDA has jurisdiction
9 over, then FDA might focus on getting --
10 writing letters, or talking to the
11 administrators.

12 Certainly, in food science area we
13 have groups of administrators in food science,
14 and I'm sure the others do, as well, so
15 getting the information about what FDA is
16 doing, their new web page, what access and
17 what resources they have on their web page, so
18 use the professional societies, use the
19 training institutes, and use the journals.

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