

Today is the first day of the rest of your life

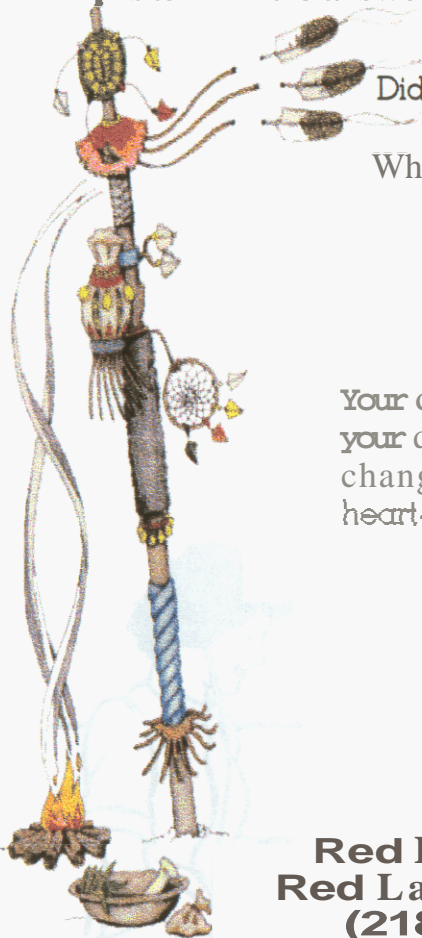
Chest pain is a warning that it's time to focus on a healthier future. The key is to learn the answers to these questions:

Did something happen to my heart?

What can I do to help my heart heal?

What can I do to keep this from happening again?

Your doctors and nurses can answer your questions and help you make changes that will lead to a happier and heart-healthy future.

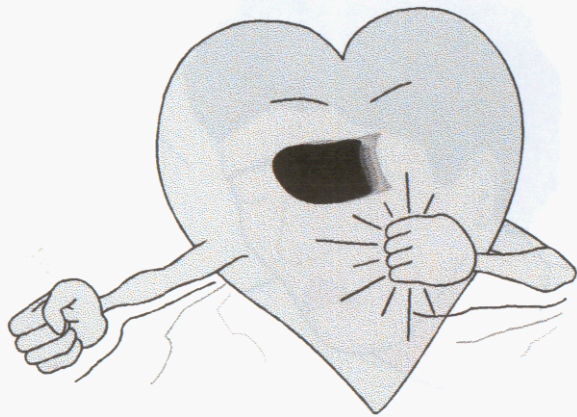


**Red Lake Hospital
Red Lake, MN 56671
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Chest Pain

Am I having a Heart Attack?



CHEST

PAIN

Means you ***may*** have had a heart attack. . .

While you are here at the hospital you will:

- Be on a heart monitor
- Probably be on oxygen.
- have frequent lab work.
- have daily EKGs.
- Probably have an IV.
- Be on a special diet.

USE YOUR BEDSIDE CALL LIGHT TO LET THE NURSE KNOW IF YOU:

- Feel chest pain, burning in chest, throbbing your chest, pressure in your chest.
- Pain going into your back, arms, neck and/or shoulders.
- Shortness of breath.
- Feel sweaty.
- Feel sick to your stomach.
- Feel dizzy or lightheaded.
- Feel numbness or tingling.

