

Bike To Work

Albuquerque is in the midst of creating a transportation system that provides options that meet the needs of individuals and the community as a whole.

Benefits of Bike Commuting

Bicycle commuting is an opportunity to turn your stressful commute into valuable exercise time.

Getting Started

Plan your route. Map out your route in advance using this map. If there are gaps in the suggested routes or no direct routes, try going out on the weekend or after work to explore alternatives.



South Domingo Baca Arroyo Trail

Albuquerque Trails

The City of Albuquerque plans for, develops, and maintains many of Albuquerque's trails. The Albuquerque Metropolitan area has more than 100 miles of paved multi-use trails and hundreds of miles of unpaved trails that are used by bicyclists and other users.

Albuquerque's premier trail, the Paseo del Bosque Trail, goes from the north to the south edges of the metro area through the Rio Grande's cottonwood bosque, 16 miles of paved trails uninterrupted by roadways.

You may encounter many different kinds of users on the trails. Expect to meet other bicyclists, walkers, people with wheelchairs, in-line skaters, possibly equestrians. Courtesy and caution are a part of having an enjoyable and safe trail ride.



Bosque Trail

Rules Of The Road

If your bike commute involves streets with a great deal of traffic, be aware of your surroundings and ride defensively.

Equipment

A mechanically sound bicycle is essential. Be sure all gears, wheels and brakes are in good working order and that the frame is sound.

Helmet. Besides your bike, a helmet that fits well is your most important piece of bicycle commuting equipment.

Clothing. Wear bright clothing so motorists will notice you. Lights. Lights are necessary if you are going to be riding in darkness.

Tires. Keep your tires properly inflated. Use high quality tires and tire liners. Carry a spare tube or patch kit, tire levers and a pump and know how to use them.

Carriers. A rack, panniers (saddlebags), basket, or back pack will be necessary for carrying things and to free up your hands for gripping the handle bars.

What To Wear

Here are three options to consider:

Ride in your work clothes. Depending on the weather and the length of your commute, you may be able to wear your work clothes on your bike.

Wear casual clothes and carry your work clothes. For longer, more strenuous commutes or more extreme temperatures, it can be more practical to change once you get to work.

Store a week's worth of clothing at the office. This option may require you to drive in one day a week to bring a few changes of clothing to the office.

Bicycle Safety Program

The Bicycle Safety Program offers "Bicycle Safety Rodeos" and presentations to the schools and the community. Children and adults learn basic bicycling skills, traffic laws, helmet use and safety.

Presentations on bicycle safety are available for cub/boy/girl scouts, community centers, after school programs, churches, etc.



Cycling 101

Let the Bicycle Safety Education Program help you sharpen up your cycling skills with a Cycling 101 Class.

America's Parkway

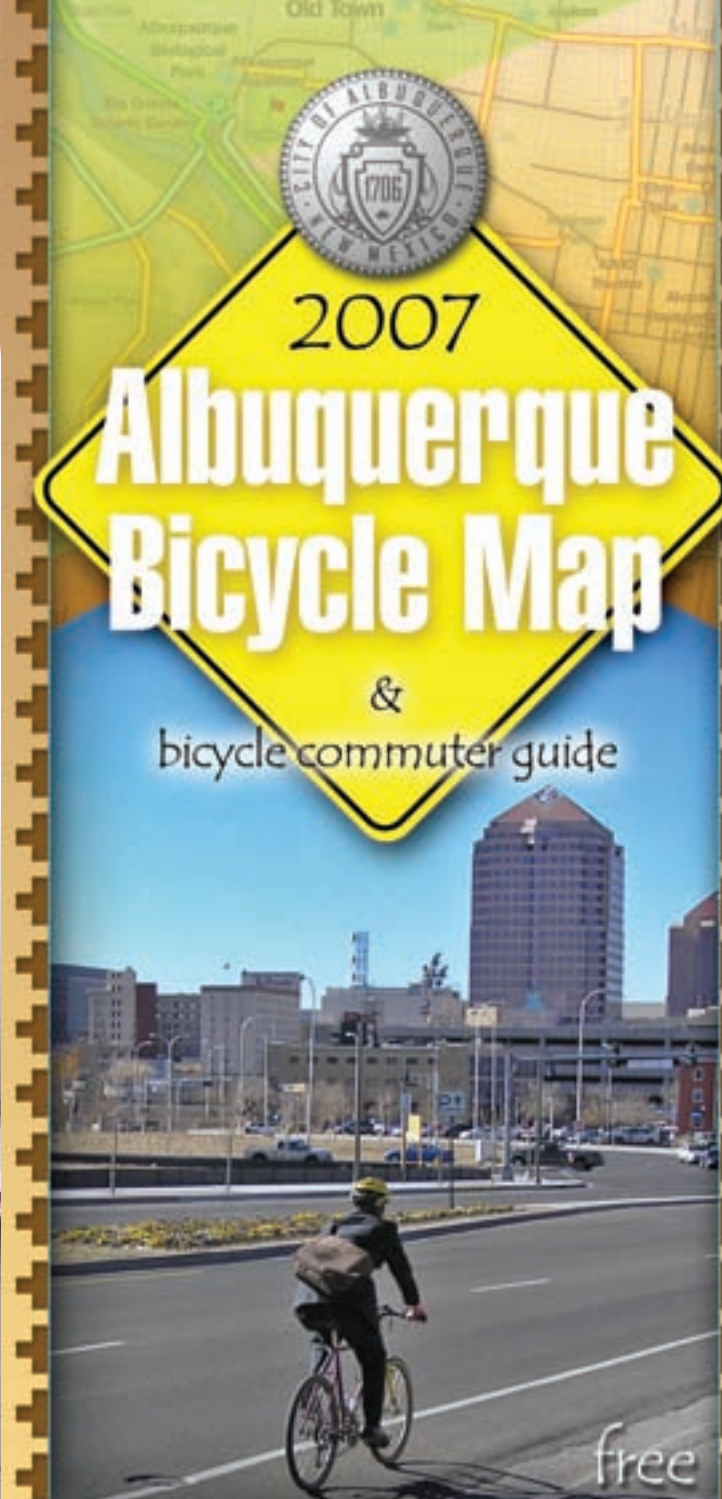
America's Parkway section featuring a photo of a cyclist and a list of bullet points: Effective Bike Handling, How to change a flat, Traffic Rules, Proper Bike Fit, and Minor Bike Maintenance.

Multi-Use Trails Shared Responsibilities section with icons and text for: Ride in a Straight Line, Beware of Car Doors, Obey Traffic Signs and Signals, Scan the Road Behind, Ride in Single File, Dismount as Posted, Make Eye Contact, Turning Left - 2 Options, Right-of-Way, Keep to the Right, Be Careful at Intersections, Control Your Pet, Earphone Dangers, Use Lights at Night, and Be Visible.

Parking

Park in open areas where many people pass by and your bicycle can easily be seen. The best bike racks are made with thick, sturdy tubing, are bolted down, and allow you to lock both the frame and the wheels to the rack.

Locking your bike. Lock the whole bike. Place your chain, cable, or U lock through your frame and wheels.



Rio Rancho Bicycle Map

Rio Rancho Bicycle Map section with a detailed map of Rio Rancho showing trails, bike routes, and landmarks like City Center and Santa Ana Star Center.

Moms and Dads

Please discuss the following information with your child. When they ride a bicycle on a public street, they are considered as a vehicle not a toy.

- The bicycle should be ridden in the direction of the traffic not against the traffic.
Children should never ride in the dark unless they are experienced, and their bicycle must have proper reflectors and a head light.
Bicycles are easily stolen. Children should always lock their bicycles rather than just leaving them.



Questions To Consider

- Is my child mature enough to understand the rules and responsibilities of a bicyclist in traffic?
Am I willing to shop carefully for a well made bicycle that is the correct size for my child?
Am I willing to help my child learn how to ride a bicycle?
Do we live in an area which is safe for children on bicycles? If not, are there bicycle paths or other places nearby where children may learn to bicycle safely?
Will I make sure that my child knows how to follow safe riding practices?
Do I have the patience not only to teach my child traffic laws and safety rules, but to enforce them as well?
Will my child keep the bicycle in good mechanical condition, and will I assist with bicycle maintenance and repairs which are beyond my child's skill?

You should consider purchasing a bicycle for your child only if you've answered yes to all of the above.



Safety

An approved bicycle helmet can greatly reduce the risk of death or permanent injury in the event of an accident. Look for the ANSI Z90.4.

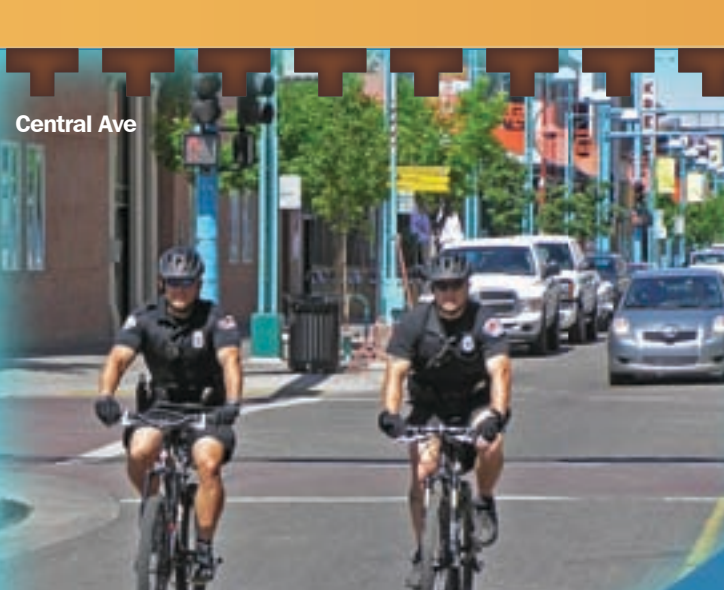
On-Street Bikeways share the road

Ride Defensively - Prepare for the unexpected and plan alternate maneuvers to avoid conflict. Rules alone do not always protect cyclists from injury. Be alert.

STOP sign icon and USE HAND SIGNALS text: Signal all turns and stops ahead of time, shoulder check, then make your intended move only when it is safe to do so.

Albuquerque Code of Ordinances Chapter 8:Traffic Code

- 8-3-3.1 JURISDICTION: The regulations in SS 8-3-3-1 et seq. shall be applicable whenever a bicycle is operated on any path set aside for the exclusive use of bicycles or set aside for use of bicycles with pedestrians, motorcycles and/or horseback riders and shall also be applicable to all streets, parking lots and the like, covered by SS 8-3-3-1.2, (74 Code, S 9-5-16.1) (Ord. 65-1974)
8-3-3.2 PARENT'S RESPONSIBILITY: The parent of any child and the guardian of any ward shall not authorize or knowingly permit such child or ward to violate any of the provisions of SS 8-3-3-1 et seq. (74 Code, S 9-5-16.2) (Ord. 65-1974)
8-3-3.5 TRAFFIC REGULATIONS APPLY: (A) Operators of bicycles have the same rights as operators of automobiles in the use of streets, highways and roadways within the city, except as otherwise specifically provided herein.
(B) Every person riding a bicycle upon a roadway shall be subject to all the duties applicable to the drivers of motor vehicles, except as otherwise expressly provided in this Traffic Code and except as to those provisions of laws and ordinances which by their nature can have no application; and each such person shall be subject to the same provisions and sections of this Traffic Code that a motorist is subject. (74 Code, S 9-5-16.5) (Ord. 65-1974)
8-3-3.6 OBEDIENCE TO TRAFFIC CONTROL DEVICES: (A) Any person operating a bicycle shall obey the instructions of official traffic control signals, signs, and other control devices applicable to vehicles, unless otherwise directed by a police officer.
(B) Whenever authorized signs are erected indicating that no right or left or U-turn is permitted, no person operating a bicycle shall disobey the direction of any such sign, except where such person dismounts from the bicycle to make such turn, in which event such person shall then obey the regulations applicable to pedestrians. (74 Code, S 9-5-16.6) (Ord. 65-1974)
8-3-3.7 RIDING ON PROHIBITED STREETS OR CONTROLLED ACCESS ROADWAYS: No person shall ride a bicycle either on any street or path where signs have been erected by the Mayor or his designated representative which prohibit the use of the street or path to bicycles, which restrict the use of the street or path to modes of transportation other than bicycles, or on controlled access streets. Notwithstanding this provision, drivers of vehicles using such streets or controlled access roadways are not relieved of responsibility of using due care. (74 Code, S 9-5-16.7) (Ord. 65-1974)
8-3-3.8 OPERATION IN BICYCLE LANE: Once having entered a bicycle lane, no bicyclist shall leave such lane except at intersections or, as necessary, to pass a slower bicyclist or to avoid obstacles; provided, that such person may leave a bicycle lane upon dismounting from a bicycle, walking the same, and being subject then to all laws applicable to pedestrians; provided further, that such bicyclist may leave the bicycle lane between intersections in order to make a U-turn, where such a turn is permissible for vehicular traffic, or to turn into driveways on the right or left



Central Ave

- 8-3-3.12 MOTORIST TURNING ACROSS BICYCLE LANE: (A) Whenever a motorist is turning across a bicycle lane or path, such motorist shall maintain a proper lookout for bicyclists and shall yield the right-of-way to any bicyclist traveling in a bicycle lane or path and, prior to turning left, shall merge, if practicable, into the bicycle lane to his right, if any, before the start of the turning movement.
(B) Nothing in this section shall be deemed to relieve the motorist of duties imposed by 8-2-2-2. (Note 8-2-2-2(A)(1), (B)(1) and (E)(1)) (74 Code, S 9-5-16.12) (Ord. 65-1974)
8-3-3.13 DRIVING VEHICLE ON OR ACROSS BICYCLE LANE OR PATH: No person shall drive or operate a motor vehicle upon or across a bicycle path or lane except to cross such path or lane when turning as permitted in S 9-5-16.12, to park such vehicle or to leave a parking space. No person shall drive upon or across a bicycle lane or path as permitted by this section except after giving the right-of-way to all bicycles within the lane or path. (74 Code, S 9-5-16.13) (Ord. 65-1974)
8-3-3.14 RIDING ON THE RIGHT: (A) Every bicyclist upon a roadway shall ride as near to the right side of the roadway as practicable.
(B) Every bicyclist, in compliance with division (A) of this section, may maintain his position on the right side of the roadway against a vehicle coming up behind him which is without room to pass in the same lane.
(C) The provisions of this section shall not apply, however, when compliance with division (A) would place the bicyclist in a right-turn-only lane and the bicyclist does not intend to turn right, or when compliance with division (A) would prevent the bicyclist from making a left-hand turn from the left side of the right traveling side of the roadway. (74 Code, S 9-5-16.14) (Ord. 65-1974)
8-3-3.15 TRAVELING IN GROUPS: (A) Persons riding bicycles in a business district of the city shall ride in single file.
(B) Persons riding bicycles on a roadway other than in a business district shall not ride more than two abreast except on paths or parts of roadways set aside for the exclusive use of bicycles where more than two abreast may ride in safety. (74 Code, S 9-5-16.15) (Ord. 65-1974)
8-3-3.16 RIDING BICYCLE ON SIDEWALK: (A) No bicyclist shall ride upon a sidewalk when it is reasonably safe for such bicyclist to ride in the street or when signs are posted prohibiting bicycles on the sidewalk, or when within a business district.
(B) Whenever a person is riding a bicycle upon a sidewalk, such person shall yield the right-of-way to any pedestrian and shall give an audible signal before attempting to overtake and pass such pedestrian. (74 Code, S 9-5-16.16) (Ord. 65-1974)
8-3-3.20 BICYCLE PATHS: Whenever a suitable path for bicycles has been provided adjacent to and parallel to the right hand side of the roadway, bicycle riders shall use such path and shall not use the right hand side of the roadway. (74 Code, S 9-5-16.10) (Ord. 65-1974)
8-3-3.11 DUTY OF MOTORIST TO BICYCLIST: (A) In approaching or passing a person on a bicycle, every person operating a motor vehicle shall proceed with caution and shall not leave such bicyclist at a reasonable speed and keep a safe distance from him; provided however, in no event shall a distance of less than five feet be considered a safe distance when passing the bicyclist.
(B) No person operating a motor vehicle shall harass or endanger a bicyclist by the movement or maneuvering of his motor vehicle. (74 Code, S 9-5-16.11) (Ord. 65-1974)

- 8-3-3.17 BICYCLE SPEED: No person shall operate a bicycle at a speed either greater than the lawful speed limit or than is reasonable and prudent under the conditions then existing, whichever is the lesser. (74 Code, S 9-5-16.17) (Ord. 65-1974)
8-3-3.18 EMERGING FROM ALLEY OR DRIVEWAY: The operator of a bicycle emerging from an alley, driveway, bicycle path or building shall, upon approaching a sidewalk or the sidewalk area, yield the right-of-way to all pedestrians, and, before entering the roadway, shall yield the right-of-way to all vehicles approaching said roadway. (74 Code, S 9-5-16.18) (Ord. 65-1974)
8-3-3.19 CARRYING ARTICLES ON BICYCLE: (A) No person operating a bicycle shall carry any package, bundle or article which prevents the rider from keeping at least one hand upon the handlebars.
(B) No person operating a bicycle shall transport any package, bundle or article, or any combination thereof, which interferes with the turning or braking of such bicycle, or which extends more than two feet from the front, back or sides of the frame of the bicycle, or which tends to impair the operator's control or balance. Nothing in this division shall be deemed to prohibit the use of trailers which are designed to be used with bicycles. (74 Code, S 9-5-16.19) (Ord. 65-1974)
8-3-3.20 CLUNGING TO VEHICLES: No person riding upon a bicycle shall attach the same or himself to any moving vehicle. (74 Code, S 9-5-16.20) (Ord. 65-1974)
8-3-3.21 TRICK RIDING: No person shall engage in trick riding or shall ride a bicycle without at least one hand upon the handle grips. (74 Code, S 9-5-16.21) (Ord. 65-1974)
8-3-3.22 RIDING ON THE SEAT: No bicyclist shall ride upon a bicycle other than upon or astride a permanent and regular seat attached thereto. (74 Code, S 9-5-16.22) (Ord. 65-1974)
8-3-3.23 SEATED PASSENGER: (A) No bicyclist shall carry a passenger on the bicycle unless the passenger is seated upon an individual seat or other carrier designed for carrying a passenger.
(B) No person shall ride upon a bicycle as a passenger unless he is seated upon an individual seat or other carrier designed for carrying a passenger separate from that intended to be used by the operator. (74 Code, S 9-5-16.23) (Ord. 65-1974)
8-3-3.24 TURNING AND HAND SIGNALS: Before turning or altering the course of a bicycle, the bicyclist shall make sure that movement can be made safely and shall give a signal by hand in the same manner as hand signals are given by motorists to indicate the direction in which he intends to proceed. (74 Code, S 9-5-16.24) (Ord. 65-1974)

Multi-Use Trails Shared Responsibilities

Share the trail. Albuquerque's trails have been designed for a variety of users, and not only for one group. By following simple, common sense rules and courtesy, trail use will be safe and enjoyable.

Trail Courtesy icons: Yield to Pedestrians, Yield to Equestrians, Yield to Skaters.

In-line Skating section with a circular diagram showing safety rules: Respect Nature, Be Alert, Helmets, Knee Pads, and In-line skating is an effective form of low-impact aerobic exercise.

City of Albuquerque Citizen Contact Center table with columns for Department, Phone Number, and Address.

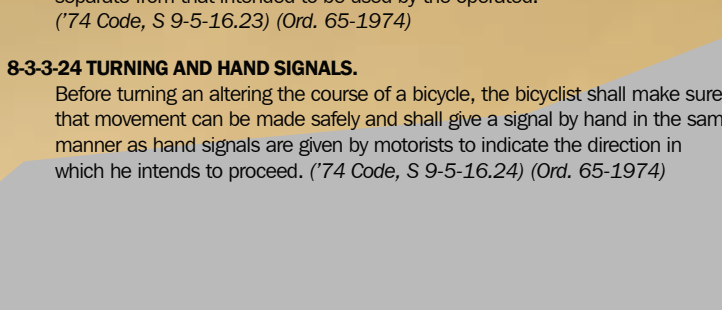
Bernalillo County and City of Rio Rancho contact information table.

BIKE BIRD logo and text: Each New Mexico Rail Runner Express train is equipped with tie-downs for at least four stand-size bikes.

BIKE & BUS section with photos of cyclists boarding a bus and text: Bike and Bus in Albuquerque is designed to give you more commuting alternatives to your car.

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Area Bicycle Shops table with columns for Shop, Address, and Phone #.



Tramway Blvd