

Peggy E. Agron, MA, RD

Peggy Agron has been the Chief of California Project LEAN (Leaders Encouraging Activity and Nutrition) for the past eight years at the California Department of Health Services. This past year California Project LEAN received an Innovation in Prevention Award from Health and Human Services' Secretary, Tommy Thompson. This award was part of the national initiative, Steps to a Healthier US. The award recognized their joint effort with the California School Boards Association to educate school decision-makers on the importance of nutrition policies. California Project LEAN conducted the 2000 Fast Food Survey that was the first survey to quantify the proliferation of unhealthy foods on California high school campuses. Ms Agron was part of a national expert panel that developed standards for school foods sold outside the school meal programs. These standards were incorporated into California's first legislation to address this issue in California schools. Ms. Agron's past positions included Marketing and Media Specialist, Public Health Nutritionist, Health Promotion Consultant, and College Instructor. She received her Master's Degree from California State University, Long Beach, and her Bachelor's Degree from Brooklyn College.