

Contents



Inside the Falls Toolkit you will find the following items:

This binder, containing the following tabs:

- **Background:** background on falls and falls prevention
- **Falls Team:** a guide to developing a multi-disciplinary falls team
- **Falls Policy:** a guide to developing a falls policy
- **Interventions:** interventions to reduce fall risk and injuries from falls
- **Measuring Success:** a guide to measuring the success of your interventions
- **Resources:** annotated references on key topics relating to falls
- **Video 1, 2, 3:** guides to the accompanying videos (the videos are found in the Media Box)

This binder also contains two trifold brochures and three flyers for patients, families and staff.

A Media Box, containing the following items:

One CD-ROM containing all of the information on the Web site

Two posters for patients, families and staff

Two designs of sample pins for identifying falls advocates or other key resources

One VHS tape containing three videos:

Video 1: Performing a Balance Assessment

Video 2: Hip Protectors in an Inpatient Setting

Video 3: Protecting Your Hips with Hip Protectors

Three Video CD-ROMs, each containing one of the three above videos