



Integrating Family Planning and HIV Prevention Strengthens Both!

No Missed Opportunities



USAID is firmly committed to continued investment to support effective linkages between HIV and Family Planning.

Family planning and reproductive health programs need to play a role in HIV/AIDS prevention activities. In turn, HIV/AIDS programs can link their work with the prevention of unintended pregnancies through reproductive health counseling and promotion of contraception.

Family planning can help prevent HIV transmission by:

- reducing HIV infections among infants
- decreasing child and maternal mortality
- decreasing the number of orphans (HIV children born to HIV+ moms)
- contributing to improved overall health status

These benefits enable both HIV-positive and HIV-negative individuals to make the best choices for their optimal health. A USAID-funded analysis of the costs and benefits of adding family planning to PMTCT programs suggests that this approach could save the lives of thousands of women and children — it is unethical not to do so.

Key Areas for Integration

- Family Planning and prevention of mother to child transmission
 - Family Planning counseling and services linked to Voluntary Counseling and Testing
 - Provision of Family Planning in Care and Treatment Programs
 - Integrated Youth prevention services
 - Development of innovative contraceptive technology, such as microbicides