

Trichomoniasis

Often called “Trich”, trichomoniasis is caused by a protozoan parasite.

Signs and Symptoms

- *Most men, and many women, have no symptoms.*
- Symptoms in women usually appear between 5 and 28 days of exposure.
- Yellow-green vaginal discharge
- Men may have a discharge from their penis.
- Discomfort while peeing
- Irritation or itching around the vagina
- Lower abdominal pain (rare)

Transmission

- Vaginal sex

Prevention

- Abstain from vaginal sex.
- Use condoms/barriers consistently and correctly during oral, anal or vaginal sex.
- Get early treatment of STDs.
- Get an infected partner treated.
- If a partner has trich, do not have sex until they complete treatment.

Treatment

- See a health care provider for exam and tests to figure out the best treatment.
- Treatment includes medicines prescribed by a health care provider.
- Sexual partners should get treated, too.

If Not Treated

- May increase risk for getting HIV
- May increase risk of passing HIV to a partner if you are HIV positive

If You have Trichomoniasis

- Refrain from vaginal sex.
- Seek medical care, including STD tests.
- Do not have sex until you have completed treatment.
- Take all medicines prescribed, even if your symptoms are gone.
- Re-test in 3 months.
- Make sure all recent sex partners are treated.
- Get yearly STD screens if sexually active.
- If you are pregnant, get tested for STDs and HIV.

For more information about STDs and HIV
or for getting tested and treated,
call the HIV/STD Hotline

206-205-7837
1-800-678-1595

Or visit our web site

<http://www.metrokc.gov/health/apu>



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