Why Teach Middle and High School Students about Fetal Alcohol Syndrome (FAS) and Other Alcohol-Related Birth Defects?

Maternal alcohol abuse results in irreversible emotional, mental and physical damage in approximately 50,000 U.S. newborns per year. (<u>http://www.nofas.org</u>, 2004)

These alcohol-related birth defects affect all races and socio-economic groups.

The annual cost estimates for FAS and related conditions in the U.S. is estimated to be as much as \$7.8 billion. (Addiction Biology, Vol.9, No.2, 2004)

FAS and other alcohol-related birth defects are 100% preventable.

Middle and high school students need to be taught about this issue as they make their life-style choices.