Madness and Medicine in Modern Britain

Unit Organiser   **Dr Steve Cherry** (Rm 4.19;   e-mail, s.cherry@uea.ac.uk;   tel 01603 593489)

Aims   The unit considers different perceptions of 'madness' and of the appropriate responses to it over time. It investigates how the diagnosis and treatment of madness have been shaped through the interaction of social, scientific, economic and cultural factors, and the processes by which standards of 'normality' operate. Themes include 'reform' and professional influences and a 'rhetoric of care' which ranged through custody, control, protection, comfort, therapy and rehabilitation. The rise and fall of the asylum/psychiatric hospital as the appropriate place for madness is a particular feature. Other topics include 'medicalisation'; the vogue popularity of specific conditions and their treatments; 'gendered' approaches to 'scientific' assessments; sexual behaviour; and campaigns around de- institutionalization.

Educational objectives

The use of historical sources and problems of interpretation relating to a controversial subject. Consideration of issues in the light of background context; 'scientific' or theoretical approaches and the lived experiences of individuals, notably the custodianship of 'interests' and 'rights'. The opportunity to explore a chosen theme in some depth in essay work.

Teaching format

The unit is based upon eleven one-hour lectures and nine 90-minute seminars plus an introductory session. (note that there will be a reading week)

Assessment

HISH2CO4
One essay, approx. 2,500 words (40% overall)
One seminar introduction (10% overall)
A two hour examination (50% overall)

HISH2CO4C
Two essays, approx. 2,500 words (40% each)
Two seminar introductions (10% each)

Essay titles : base these upon seminar topics or choose your own, but please discuss this with me beforehand. Please produce essays in 12 point format, 1.5 or double line spaced with a good margin for comments

Seminar preparations will normally be based on sub-sections under the topic considered. Aim to be lively and discursive and to speak for no more than10 minutes.

Essay deadlines. HISH2CO4 : Friday 26 March 2004 (wk 11)
              HISH2C04C 1st essay Friday 5 March (wk 8); 2nd essay Friday 26 March (wk 11).

Please note that a 10% grade deduction per week will apply on late essays.

Attendance   You are expected to attend all seminars and it is *essential* that you do so when your presentations are involved. Do let me know if you are ill or if your absence is unavoidable. Note that you will receive no credits if you miss more than half of the seminars.

Lecture outline (provisional)

1   **Reform influences in the modern era**

2   **Medical influence and the rise of the asylum**

3   **Features in 'Psychiatric Pessimism'**

4   **Psychiatry and 'Degeneration'**

5   **Women and 'the female malady'?**

6   **Men and 'weakness': neurasthenia and masturbation**

7   (reading week)

8   **'Shellshock' : shocks and aftermath**

9   **Physical methods of treatment**

10 **Re-interpreting asylum history?**

11 **An 'Anti-Psychiatry' Movement?**

12 **What price Community Care?**

Reading

The course unit **Handbook** covers a great deal of 'key' literature and readings.

There is no 'set text' as such but a list of books providing broad surveys and/or of use for more than one topic is provided on the next page.

Many of the required readings have been placed in Library short loan and you will find key works in sections GM, LV, R – RC. See the journal *History of Psychiatry* for recent research articles, comments and controversy. If you have difficulty obtaining the necessary readings for your seminar introduction, please come and see me. I hope to build up a bank of photocopied articles and some of the more recent and accessible journals for this purpose.

Sample Reading (possible purchases are highlighted: look for secondhand copies)

Introductions and broad surveys

Roy Porter,	*The Greatest Benefit to Mankind* (1997), esp. chs 10, 16
Roy Porter,	*A Social History of Madness* (1987), ch. 2, esp. pp. 25-35.
Michael Neve,	'Medicine and the Mind', in Irvine Loudon (ed.), *Western Medicine: An Illustrated History* (1997), pp. 232-48.
Edward Shorter,	***A History of Psychiatry: From the Age of the Asylum to the Age of Prozac*** (1997).
Andrew Scull,	***The Most Solitary of Afflictions: Madness and Society in Britain***, *1700-1900* (1993).
Kathleen Jones	***Asylums and After*** (1993)
Andrew Scull,	'Museums of madness' revisited', in *Social History of Medicine,* 6 (1993), pp. 3-23.
Andrew Scull (ed.)	*Madhouses, mad-doctors, and madmen: the social history of psychiatry in the Victorian era,* (1981).
Roy Porter (ed.)	*The Faber Book of Madness*, (1991). Collection of short readings.
Roy Porter (ed.),	*The Cambridge Illustrated History of Medicine* (1996), pp. 278-303.
Mark Micale,	The Psychiatric Body' in Roger Cooter and John Pickstone (eds.) *Medicine in the Twentieth Century,* (2000): ch. 22.
Vieda Skultans,	*English Madness: Ideas on Insanity, 1580-1890,* (1979)
Roy Porter,	*Mind Forged Manacles,* (1990)
Steve Cherry	*Mental Health Care in Modern England: the Norfolk Lunatic Asylum/St Andrew's Hospital c1810-1998* (2003) Surveys the local experience.

Major collections

W.F. Bynum, R.Porter   *The Anatomy of Madness, Essays in the History of Psychiatry*
& M. Shepherd (eds)   (vols 1, 2, 1985; vol 3 1988)
G. E. Berrios   *150 Years of British Psychiatry, 1841-1991.* (Vol 1, 1991; vol.2, 1996)
& H. Freeman (eds)
W.F. Bynum & R.Porter (eds) *Companion Encyclopaedia of the History of Medicine* (1993) 2 vols.
J.Melling & B.Forsythe (eds.), *Insanity, institutions, and society, 1800-1914,* (1999).

Some angles….
Gender
Elaine Showalter,   ***The Female Malady: Women, Madness and English Culture****, 1830-1980* (1987)
Joan Busfield   'The Female Malady?' in *Sociology*, 28, (1994), pp. 259-77.
P. Nolan   *A History of Mental Health Nursing* (1993)
Joan Busfield   *Men, Women and Madness* (1996)

Community care
Peter Bartlett and   *Outside the Walls of the Asylum: The History of Care in the Community* (1999)
David Wright (eds)
Joan Busfield,   *Managing Madness: Changing Ideas and Practice*, (1986)
Peter Barham*,   Closing the Asylum* (1992)
P. Barham,   'From the Asylum to the Community: the Mental Patient in Postwar Britain', in M.
            Gijswijt-Hofstra and Roy Porter (eds), *Cultures of Psychiatry* (1998), pp. 221-40

Anti-psychiatry (see section in Jones *Asylums and After*)
Michel Foucault,   *Madness and Civilisation* (1967, esp. chs. 8 and 9.
R. D. Laing   *The Politics of Experience*, (1967)
David Cooper,   *Psychiatry and anti-psychiatry,* (1970)
P. Sedgewick   *Psychopolitics* (1982)

Practice and controversy
Marcel Gauchet   *Madness and democracy: The modern psychiatric universe* (1999)
& Gladys Swain
Roy Porter (eds),   *A History of Clinical Psychiatry* (1995)
Peter Fennell,   *Treatment without Consent* (1996)
David Healy   *The Antidepressant Era* (1997)

Week 1.   **Introductions**

Week 2.   **'Madness' : spaces and places before the nineteenth century**

1.   **Madness in history**
2.   **What was the nature of the 18th century reform movement?**
3.   **Criminal and other lunatics c.1800**

Short introductions:

Roy Porter,	*The Greatest Benefit to Mankind* (1997) pp. 80-2; 271-3 and chapter 16.
Roy Porter (ed.),	*Cambridge Illustrated History of Medicine* (1996), pp. 278-303.
Roy Porter,	*A Social History of Madness* (1987), chapter 2.
Michael Neve,	'Medicine and the Mind', in Irvine Loudon (ed.), *Western Medicine: An Illustrated History,* (1997), pp. 232-48.
Jack Pressman, World	'Concepts of Mental Illness in the West', in Kenneth F. Kiple (ed.), *The Cambridge*
	History of Human Disease (1993), pp. 59-84.
Andrew Scull,	*The Most Solitary of All Afflictions* (1993)

18th century responses

W. L. Parry-Jones,	*The Trade in Lunacy* (1972)
M. Winston,	'The Bethel at Norwich: an 18th c. hospital for lunatics', in *Medical History*, 38, (1994), pp.27-51.
A. Scull et al.,	*Masters of Bedlam* (1996) Esp. chapters 1-3.
Roy Porter,	*Mind Forged Manacles: A History of Madness in England from the Restoration to the Regency* (1990) esp.chapter 3
Peter Bartlett,	*The Poor Law of Lunacy* (1999)
Anne Digby,	*Pauper Palaces* (1978)
D. Tomlinson & J.Carrier (eds)	*Asylum in the Community* (1996) Introduction.
I. MacAlpine	'The "Insanity" of King George III: a classic case of porphyria', *British Medical Journal*, 8 January 1966

The Law: guardian or custodian?

Kathleen Jones,	*Lunacy, Law and Conscience 1744-1845,* (1955)
Joel Eigen,	*Witnessing insanity: madness and mad-doctors in the English Court* (1995)
Daniel N. Robinson,	*Wild Beasts and Idle Humours: the Insanity Defence from Antiquity to Present* (1996)
Joel Eigen,	'I answer as a physician', in M.Clark & C.Crawford, *Legal Medicine in History* (1994)
Joel Eigen	'Bewitched, bothered and deluded: a maddening pursuit of the insanity defence', Essay Review in History of Psychiatry, 8, (1997) pp 297-303.
Roger Smith,	'Legal frameworks for psychiatry', in G Berrios and H. Freeman (eds.), *150 Years of British Psychiatry, 1841-1991* (Vol.2.,1996), pp.137-51.
Roger Smith,	*Trial by medicine: insanity and responsibility in Victorian Trials*, (1981)
Roger Smith, Andrew	'The boundary between insanity and criminal responsibility in 19th c. England', in
	Scull (ed.) *Madhouses, mad-doctors, and madmen,* (1981), pp. 363-84
Nigel Walker,	*Crime and Insanity in England,* (vol 1, 1968), esp.chapters. 4 & 5.
Andrew Scull,	'Psychiatry and social control in the 19th and 20th centuries', *History of Psychiatry,* 2 (1991), pp.149-169.
Phil Fennell,	*Treatment without Consent,* (1996)

Week 3.   <u>The emergence of Psychiatry and the Rise of the Asylum c.1800-50</u>

1. **Account for the emergence and rapid growth of asylums**
2. **What was 'moral management'?**
3. **Did the asylum offer a therapuetic environment?**

Andrew Scull,   *The Most Solitary of Afflictions: Madness and Society in Britain, 1700-1900* (1993). 11
Andrew Scull,   'Museums of madness' revisited', *Social History of Medicine,* 6, (1993), pp. 3-23.
Andrew Scull,   'The domestication of madness', *Medical History, 27,* (1983), pp. 233-48,
         (this is reprinted in Andrew Scull, *Social Order/Mental Disorder* (1989, pp. 54-79.
A. Scull (ed.),   *Madhouses, mad-doctors, and madmen,* (1981), esp. his article, pp. 5-32.
Kathleen Jones   *Asylums and After* (1994)
Joseph Melling and   *Insanity, institutions, and society, 1800-1914***,** (1999) Esp. Introduction.
Bill Forsythe (eds)
Richard Hunter   *Three Hundred Years of Psychiatry***,** (1963) pp 684-90 for excerpt from
and Ida Macalpine,   Samuel Tuke's *Description of the Retreat* (1813) .
Roy Porter,   'Madness and its institutions' in Andrew Wear (ed.), *Medicine in Society: Historical Essays* (1992), pp. 277-301

Moral management

Jenny Bourne Taylor *Embodied Selves: An Anthology of Psychological Texts* 1830-1890, (1998), section 4.1
& Sally Shuttleworth 'Moral Management and the Rise of the Psychiatrist'.
Anne Digby,   `Moral Treatment at the Retreat, 1796-1846', in Bynum, Porter& Shepherd (eds.), *The Anatomy of Madness: Essays in the History of Psychiatry* (vol. 2,1985), pp.132- 46.
Anne Digby,   *Madness, Morality and Medicine: A Study of the York Retreat* (1985)
Anne Digby,   'Changes in the Asylum: The Case of York, 1777-1815', *Econ. Hist. Review***,** 37 (1983), pp. 218-39.
Michael Donnelly,   *Managing the Mind: a study of medical psychology in early 19c. Britain,* (1983)
William F. Bynum,   'Rationales for Therapy in British Psychiatry, 1780-1835', in Andrew Scull (ed.) *Madhouses, mad-doctors, and madmen: the social history of psychiatry in the Victorian era* (1981), pp. 35-57.
Vieda Skultans,   *English Madness: Ideas on Insanity, 1580-1890* (1979) chapter 4.
Roy Porter,   *Mind Forged Manacles* (1990), chapter 4
Michel Foucault,   *Madness and Civilisation***,** (1967), esp. chs. 8 and 9.
Marcel Gauchet &   *Madness and democracy: The modern psychiatric universe* (1999).
Gladys Swain

Examples, revisions and debates

Bill Forsythe et al.   'The new Poor Law and the County Pauper Lunatic Asylum: the Devon experience 1834-1884', *Social History of Medicine* 9, (1996), 3, pp. 335-355.
Richard Adair et al.   'A danger to the public? : Disposing of pauper lunatics…1867-1914', *Medical History,* 42, (1998), 1, pp. 1-25
Joseph Melling et al. *Insanity, institutions, and society, 1800-1914* (1999) Chs by Wright, Smith and Bartlett.
John Walton,   'Lunacy in the Industrial Revolution: a study of asylum admissions in Lancashire, 1848-50', *Journal of Social History***,** 13, (1979-80), pp. 1-22
John Walton,   'Casting out and bringing back in Victorian England: pauper Lunatics' in Bynum,
Porter,
         and Shepherd (eds.), *The Anatomy of Madness* (Vol. 2,1985), pp.132-146.
Michael Ignatieff ,   'Total institutions and working classes: a review essay', *HistoryWorkshop Journal,* 15 (1983), pp. 167-73.
Leonard D. Smith,   *Cure, Comfort and Safe Custody* (1999)
Steven Cherry,   *Mental Health Care in Modern England* (2003) Esp. Introduction and Conclusion.
J. L. Crammer,   'English Asylums and English doctors: where Scull is wrong', *History of Psychiatry,* 5, (1994), pp. 103-15.
Andrew Scull,   'Psychiatrists and historical 'facts': Part two: Re-writing the history of asylumdom', *History of Psychiatry,* 6, (1995), pp. 387-94.
Nicholas Hervey,   'A Slavish Bowing Down' in Bynum, Porter & Shepherd (eds***.***)***,* The Anatomy of Madness*, (Vol. 2, 1985), pp. 98-131.
 D. J. Mellet,   'Bureaucracy and Mental Illness: the Commissioners in Lunacy, 1845-90', in *Medical History, 25* (1981), 221-50.

Week 4.   <u>The growth of 'Psychiatric Pessimism'</u>

1.   **Was there a dramatic increase numbers of the insane in the late 19th c?**
2.   **How did the psychiatric profession account for this increase?**
3.   **How did such change shape popular and medical models of mental illness?**

See the previous literature on asylums and :-
Andrew Scull,   'Was Insanity increasing?' in Scull, *Social Order/Mental Disorder* (1989),pp.239-49.
Henry Maudsley,   'Is Insanity on the Increase?', *British Medical Journal* I (13 January 1872), pp 36-9.
Andrew Scull,   *The Most Solitary of Afflictions*, (1993), chapter ch. 7.
Jenny Boume Taylor   *Embodied Selves*: *An Anthology of Psychological Texts, 1830-1890*, (1998)
& S.Shuttleworth (eds.),   (for Andrew Wynter, `Lunacy on the Increase?' 1857) pp 295-7.
Edward Hare,   'Was Insanity on the Increase?', *British Journal of Psychiatry* 142 (1983), pp. 439-55
.   (NB Photocopy in short loan)
Edward Shorter,   *A History of Psychiatry* (1997), chapter 2.

NB for Henry Maudsley, see:
Andrew Scull et al,   *Masters of Bedlam : the transformation of the mad-doctoring trade* (1996) esp. ch.6,
Elaine Showalter,   *The Female Malady: Women, Madness and English Culture in Britain, 1830-1980*,
                 (1987) esp. chapter 4).
Trevor Turner,   'Henry Maudsley: psychiatrist, philosopher and entrepreneur', in Bynum, Porter &
                 Shepherd (eds.), *The Anatomy of Madness*, (Vol. 3, 1988) pp. 151-89.

Week 5.   Psychiatry and 'Degeneration'

1.   **Why did psychiatrists seize upon the idea of hereditary degeneration?**
2.   **What practices and policies did the concept legitimate?**
3.   **How did this change the role of the asylum?**

Vieda Skultans,   *Madness and Morals: Ideas on Insanity in the Nineteenth Century* (1975)
Edward Shorter,   *History of Psychiatry* (1997) Chapter 3)
Daniel Pick,   *Faces of degeneration: a European disorder, c.1848-c.1918* (1989)
J. Edward Chamberlain   *Degeneration: The Dark Side of Progress* (1985)
& Sander Gilman
Colin Martindale,   'Degeneration, disinhibition and genius', *Journal of the History of
                        the Behavioral Sciences* 7 (1971), pp. 177-82.
Janet Oppenheim,   *Shattered Nerves*, (1991), pp. 264-292.

Janet Saunders,   'Quarantining the weak-minded' in Bynum, Porter & Shepherd (eds.),
                        The Anatomy of Madness, (Vol. 3, 1988) pp. 273-96.(also Thompson essay)
William Bynum,   'Alcoholism and Degeneration in 19c European Medicine and
                        Psychiatry' in *British Journal of Addiction,* 79 (1984), pp. 59-70. (Short Loan).
Henry Maudsley,   *'Lecture II, Body and Mind'* (1873) pp. 40-53. (NB in Short Loan)
Jenny Bourne Taylor   *Embodied Selves: Anthology 1830-1890* (1998)
& Sally Shuttleworth,   (NB excerpt from Maudsley pp.295-7)
Michael Neve,   'The influence of degenerationist categories in nineteenth century
                         psychiatry, with special reference to Great Britain', in Yosio Kawakita et al,
                        History of psychiatric diagnoses (1997) pp. 141-163.
Henry Maudsley,   *Pathology of Mind*, (1895): pp. 47-62. (in Short Loan).
Max Nordau,   *Degeneration* (1913). (NB UEA Lib LV 426.
Michael Neve et al   *The 1900s* (1999) Chapter 1 has useful excerpts.
R. C. Olby   'Constitutional and hereditary disorders' in Bynum and Porter (eds) *Encyclopaedia
                        History of Medicine,* (Vol.1, 1986) pp. 412-37
Mark Jackson,   *The Borderland of Imbecility* (2000)
Mark Jackson,   'Images of Deviance: Representations of Mental Defectives in early 20th c. medical
                        texts',
                        British Journal for the History of Science, 28 (1995), 319-37.
Daniel J. Kevles,   *In the Name of Eugenics: Genetics and the Uses of Human Heredity*, (1995)
Geoffrey Searle,   *The Quest for National Efficiency*, (1971)
Jonathan Andrews,   'Notes on mental health care and prophylaxis in late 19th c. Britain', *Health Care
                        Discussion Papers* (1998), pp 14-34 (see SC)

Week 6.   Women, hysteria and the politics of diagnosis

1. **Why were women regarded as particularly vulnerable to nervousness and insanity?**
2. **What were the supposed differences between the male and female mind?**
3. **Psychological explanations of hysteria**

Vieda Skultans,   *Madness and Morals: Ideas on Insanity in the Nineteenth Century* (1975), chs, 6, 8.
Jenny Bourne Taylor   *Embodied Selves: An Anthology of Psychological Texts, 1830-1890* (1998)
& Sally Shuttleworth   (Esp. sections 3:1 and 3:2)
Thomas S. Clouston,   *Mental Diseases*, (1904): `Lecture XIV, pp. 525-35. (in Short Loan).

Women as 'victims' or 'different'?
Elaine Showalter,   *The Female Malady: Women, Madness and English Culture, 1830-1980* (1987)
Elaine Showalter,   *Hystories: Hysterical Epidemics and Modern Culture* (1997).
Elaine Showalter,   'Victorian Women and Insanity', *Victorian Studies*, 23 (1979-80), pp.157-81. Also reprinted
             in A, Scull (ed.) *Madhouses, Mad-Doctors, and Madmen*, (1981), pp. 313-36.
Joan Busfield,   'The female malady? Men, women, and madness in nineteenth-century Britain', in
             Sociology, 28, (1994)
Joan Busfield,   *Men, Women and Madness: Understanding Gender and Mental Disorder* (1996)
Anne Digby,   'Women's Biological Straitjacket', in Susan Mendes and Jane Rendall (eds), *Sexuality and
             Subordination: Interdisciplinary Studies of Gender in the 19th c.*, (1989), pp. 192-210.
Jane E. Kromm,   'The feminization of madness', in *Feminist Studies,* 20,(1994), pp. 507-35.
Janet Oppenheim,   *"Shattered Nerves": Doctors, Patients, and Depression in Victorian England* (1991) ch.6.
Roy Porter,   *A Social History of Madness* (1987), chapter 6 `Mad Women'.
E. & E. Showalter,   'Victorian Women and Menstruation', in Martha Vicinus (ed) *Suffer and Be Still: Women
             in the Victorian Age* (1972), pp. 38-44.
Nancy Tomes,   'Feminist Histories of Psychiatry', in M.Micale and R.Porter (eds.), *Discovering th
             History of Psychiatry,* (1994), pp. 348-83.
Helen Small,   ''In the Guise of Science": Literature and the Rhetoric of 19th c.English Psychiatry', in
             History of the Human Sciences , 7, (1994), pp. 27-56.
Helen Small,   *Love's Madness: Medicine, the Novel, and Female Insanity, 1800-1865,* (1996).
Mark Micale,   'Hysteria and its historiography: A review of past and present writings' Parts 1 and 2, in
             History of Science, 27 (1989), pp. 223-61 and pp. 319-51.
Mark Micale,   'Hysteria and its historiography' in *History of Psychiatry* 1 (1990), pp. 33-24.
Marina Benjamin (ed.) *Science and Sensibility,*(1992) Esp. chapter by Micale.
Sander.L.Gilman et al, Hysteria Beyond Freud (1993), Esp. chapter by Porter.
O. Mosucci,   *The Science of Woman: Gynaecology and Gender in England, 1800-1929*, (1992).

Freud and psychological explanations of hysteria

Roy Porter,   *A Social History of Madness: Stories of the Insane*, (1999), pp.112-18; chs. 8, 10, 11.
Elaine Showalter,   *The Female Malady* (1987), chapter 6.
Elaine Showalter   *Hystories*
Lisa Appiganesi   *Freud's Women* (1992). Esp. chapters 3 and 5.
& John Forrester.
D. Hunter,   'Hysteria, psychoanalysis and feminism', *Feminist Studies* 9 (1983), pp. 464-83.
Sigmund Freud   'Fragment…of a case of hysteria: Dora', in Angela Richards (ed) *Penguin Freud
Library,
             Volume 8 Case Notes. See also 'Introduction' to Freud by James Strachey in this volume.
Richard Webster   *Why Freud was Wrong* (1995)

Weeks 8-11 :   Groups choose topics from the following:

A. Men and 'weakness' : neurasthenia and masturbation

1. **Changing concepts of maleness and masculinity**
2. **Why did masturbation become such a matter of concern for psychiatry?**
3. **How was masturbation related to the problems of modern living?**

Bruce Haley,   *The Healthy Body and Victorian Culture*, (1978)
Roy Porter &   *Sexual Knowledge, Sexual Science: The History of Attitudes to Sexuality,* (1994)
Mikeleus Teich (eds.),   (esp. chapters by Mosse, Hall)
Frank Mort,   *Dangerous Sexualities: Medico-Moral Politics in England since 1830* (2000).
Jeffrey Weeks   *Sex, Politics and Society* (1989)
Lesley Hall,   *Sex, Gender and Social Change in Britain since 1880,* (2000)
Thomas Laqueur,   *Making Sex: Body and Gender from the Greeks to Freud* (1990)
Jenny Boume Taylor   *Embodied Selves: An Anthology of Psychological Texts, 1830-1890* (1998)
& Sally Shuttleworth,   (See esp. section 3.3 on Masculinity)
Vieda Skultans,   *English Madness: Ideas on Insanity, 1580-1890* (1979) esp. pp. 69-76.
Janet Oppenheim,   *"Shattered Nerves": Doctors, Patients, and Depression in Victorian England* (1991)
                          (Esp. chapters 2, 3 and 5)
Roy Porter & Lesley Hall, *The Facts of Life: The Creation of Sexual Knowledge in Britain, 1650-1950,* (1995).
Michel Foucault,   *The History of Sexuality 1: The Will to Knowledge* (1998)
Angus McLaren,   *The Trials of Masculinity: Policing Sexual Boundaries, 1870-1930 (1997)* esp. ch.6.
Michael Mason,   *The Making of Victorian Sexuality*, (1994)
M. Neve and T. Turner, 'What the Doctor Thought and Did', *Medical History,* 39 (1995), pp. 399-432.

Neurasthenia
Barbara Sicherman,   'The uses of a diagnosis…neurasthenia', *Journal Hist. Med. and the Allied Sciences*,
                          32 (1977), pp 33-54.
Simon Wessley,   'Neurasthenia and fatigue syndromes', in Berrios, German & Porter, Roy (eds), *A*
      history
                          of clinical psychiatry: origin and history of psychiatric disorders (1995), pp 509-32
Janet Oppenheim,   *"Shattered Nerves''* (1991), chapter 3.
Edward Shorter,   *From Paralysis to Fatigue: a History of Psychosomatic Illness* (1993), chapter 8.
Eric Caplan,   'Trains, brains, and sprains: railway spine and the origins of psychoneuroses', in
                          Bulletin of the History of Medicine, 69, (1995), 3, pp. 387-419

Masturbation
R. P. Neuman,   'Masturbation, Madness, and the Modern Concepts of Childhood and Adolescence',
                          Journal of Social History, 8, (1975), 3, pp.1-27.
H. T.Engelhardt   'The Disease of Masturbation', *Bulletin History of Medicine,* 48 (1974), pp. 234-48.
Arthur N. Gilbert,   'Doctor, Patient, and Onanist Diseases', *Journal Hist. Med. and Allied Sciences* ,30
                          (1975), pp. 217-34.
G. J. Barker-Benfield,   'The Spermatic Economy', *Feminist Studies,* 1, (1973) pp. 45-74.
Peter T. Commos,   'Late Victorian Sexual Respectability and the Social System', *International Review of
                          Social History*, 8, (1963), pp 18-48, 216-50.

B.   The Great War, 'Shell Shock' and the rise of Psychotherapy in Britain

1. **What was 'shell shock'?**
2. **Why was 'the psychological experience' of the Great War so significant?**
3. **What effects did the war have on British psychiatry and asylums?**

Report of the War Office Committee of Enquiry into `Shell-Shock" (1922) esp. pp 17-18; 55-8, 76-80; 88-91.

Harold Merskey,   'Shell-Shock', in G.Berrios and H. Freeman, *150 Years of British Psychiatry, 1841-1991*
                       (Vol.1, 1991), pp. 245-67.
Harold Merskey,   'Post-Traumatic Stress Disorder and Shell Shock' in G. Berrios and R.Porter (eds.), *A*
                        History of Clinical Psychiatry: Origin and History of Psychiatric Disorders, (1996.). 8
Ben Shephard,   'The Early Treatment of Mental Disorders…1914-18' in G Berrios and H. Freeman (eds.)
                       150 Years of British Psychiatry, 1841-1991 (Vol. 2, 1996) pp. 434-64.
Ben Shephard,   'Shell-Shock', in Hugh Freeman, *A Century of Psychiatry* ,(1999) pp. 33-40.
Elaine Showalter   *The Female Malady*, (1987), Chapter 7 on W.H. Rivers and shell shock.

(NB an excellent novel: Pat Barker, *Regeneration* (1991).

Ben Shephard,   *A War of Nerves*, (2000)
Martin Stone,   'Shellshock and the Psychologists', in Bynum, Porter & Shepherd (eds*.), The Anatomy of*
                       Madness (vol. 2, 1985), pp. 242-71.
Jay Winter,   'Shell-shock and the cultural history of the Great War', *Journal of Contemporary History*
                       35, (2000), pp 7-11.
Ted Bogacz,   'War Neurosis and Cultural Change in England, 1914-22', in *Journal of Contemporary*
                       History, 24 (1989): pp. 227-56.
Joanna Bourke,   *Dismembering the Male: Men's Bodies, Britain and the Great War* (1996) esp.pp.107-23.
Joanna Bourke,   'Effeminacy, Ethnicity and the End of' Trauma', in *Journal of Contemporary History,* 35,
                       (2000), pp.57-69.
Roger Cooter,   'Malingering in Modernity' in Cooter, Harrison and Sturdy (eds.) *War, Medicine and*
                       Modernity, (1998), pp. 125-48.
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J. L. Crammer,   'Extraordinary deaths of asylum inpatients… 1914-18', *Medical History*, 36, (1992),
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Steven Cherry,   *Mental Health Care in Modern England* (2003) Chapter 6.
Graham Richards,   'Britain on the Couch: The Popularization of Psychoanalysis in Britain 1918-1940', in
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C. Rethinking asylum history: recent research and neglected issues

1. **Patients, families, hospital life and 'getting out'**
2. **Asylums and the Poor Law**
3. **Asylum nursing**

Joseph Melling and   *Insanity, institutions, and society, 1800-1914*, (1999) Esp. Introduction.
Bill Forsythe (eds)
Roy Porter   'History of Psychiatry in Britain', *History of Psychiatry*, 2, (1991), 3, pp. 271-9
David Wright   'Getting out of the Asylum', *Social History of Medicine*, 10, (1997), 1,
John Walton   'Casting out and bringing back…pauper lunatics', in Bynum, Porter & Shepherd,
Anatomy
                      of Madness, (Vol.2, 1996), pp. 132-46
Kathleen Jones,   'The culture of the mental hospital' in G. Berrios and H. Freeman, *150 Years of British*
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Sample asylum histories featuring 'hospital life'

Diana Gittins,   *Madness in its Place: Narratives of Severalls Hospital 1913-97*,(1998)
John Hopton,   'Prestwich Hospital in the 20th century', *History of Psychiatry*, 10, (1999), 3, pp.349-69
R. Hunter and   *Psychiatry for the Poor* (1974)
Ida Macalpine
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J. Pettigrew et al   *A Place in the Country: Three Counties Asylum* 1860-1998 (1998)
David Clarke   *Story of a Mental Hospital, Fulbourn, 1858-1983* (1996)
Steven Cherry and   'Exercise is the Thing' : Sport and the Asylum c.1850-1950', *International Journal*
Roger Munting   *of Sport History* (for 2004; see SC for copy)

Poor Law

Peter Bartlett,   *The Poor Law of Lunacy* (1999)
P. Bartlett,   'The asylum and the poor law' in J. Melling & B. Forsythe (eds), *Insanity, Institutions*
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Anne Digby,   *Pauper Palaces* (1978)
Ruth Hodgkinson,   'Provision for Pauper Lunatics' 1834-71, in *Medical History*, 10, (1966), pp. 138-54

Nursing

Peter Nolan,   *A History of Mental Health Nursing* (1993)
Leonard Smith,   'Behind closed doors: lunatic asylum keepers 1800-60', *Social History of Medicine,*
                      (1988), 1, pp. 301-28
M. Carpenter,   'Asylum Nursing before 1914', in C. Davies (ed) *Rewriting Nursing History* (1980),
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L. Massie   'The role of women in mental health care', *International History of Nursing Journal*,
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Rosemary White,   *The Effects of the NHS on the Nursing Profession* (1985) pp. 120-43.

D. Physical Methods of Treatment

1. **The context of 'physical treatments'**
2. **What were physical methods of treatment and how were they justified?**
3. **Legislation and 'Liberalisation'?**

William Sargant,   *Battle for the Mind*, (1957) Esp. chapters. 3 & 4.
Edward Shorter,   *A History of Psychiatry* (1997) Esp. chapter 6.
Anne Dally,   'Psychiatric treatments in the 20th c.', *Social History of Medicine*, 13, (2000), pp 547-54.
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Andrew Scull,   'Somatic treatments and the historiography of psychiatry', *History of Psychiatry,* 5,
                        (1994), 1, pp. 1-13.
H. Merskey,   'Somatic treatments, ignorance, and the historiography of psychiatry' *History of
                        Psychiatry,* 5, (1994), 3, pp. 387-91.
Andrew Scull,   'Psychiatrists and historical 'facts': The historiography of somatic treatments', *History of
                        Psychiatry, .* 6, (1995), 2.

Early treatments

Edward Shorter   *A History of Psychiatry* (1997) Chapter 6.
Ben Shephard,   *A War of Nerves*, (2000), Chapter 15, 'Front Line Psychiatry'.
Peter Fennell,   *Treatment without Consent* (1996)
David Healey,   *The Creation of Psychopharmacology* (2002) Chapter 2.
Steven Cherry   *Mental Health Care in Modern England* (2003), Chapter 9 'Modern Treatment'

Electro-convulsive therapy

Hugh Freeman,   *A Century of Psychiatry*, (1999) esp. chapters 4 and 6.
German Berrios,   'Early Electroconvulsive Therapy in Britain, France and Germany' in Berrios and
     Freeman

                        (eds) *150 Years of British Psychiatry 1841-1991* (Vol 2, 1996): pp. 3-15.

Leucotomy

Eliot S. Valenstein,   *Great and Desperate Cures: The rise and Decline of Psychosurgery* (1986).
Jack Pressman,   *The Last Resort: Psychosurgery and the limits of medicine.* (1998).
David Crossley,   'The Introduction of Leucotomy', *History of Psychiatry,* 4 (1993), pp. 553-64.
German Berrios,   'Psychosurgery in Britain and Elsewhere' in Bernos and Freeman (eds.), *150 Years of
                         British Psychiatry, 1841-1991* (Vol. 1, 1991), pp. 180-96.

Other features

Kathleen Jones,   *Asylums and After* (1993) Inter-war years section
Matthew Thompson,   *The Problem of Mental Deficiency* (1998)
Matthew Thompson,   'Sterilisation, segregation and community care…in inter-war Britain', *History of
                        Psychiatry*, (1992), 3, pp. 473-98

E.   The Anti-Psychiatry 'Movement'

1. **comment on the critique offered by Foucault, Goffman, Laing or Szaz.**
2. **what was their long-term impact on British mental health policy?**

Kathleen Jones,   *Asylums and After*, (1994) Concise, if hostile survey.

Core texts in anti-psychiatry include:
Michel Foucault,   *Madness and Civilisation,* (1967)
Erving Goffman,   *Asylums*, (1961)
R. D. Laing,   *The Divided Self: An Existential Study in Sanity and Madness*, (1965)
R. D. Laing,   *The Politics of Experience*, (1967)
Thomas Szaz,   *The Myth of Mental Illness*, (1972)
David Cooper,   *Psychiatry and anti-psychiatry*, (1970)
(NB Ken Kesey's novel *One flew over the cuckoo's nest* (1972) and the film directed by Miles Foreman (1975)

Commentaries (many key texts have sections too)
Digby Tantam,   'The Anti-Psychiatry Movement', in Berrios and Freeman (eds.), *150 Years of British
                          Psychiatry, 1841-1991* (Vol. 1,1991), pp. 333-50.
Peter Sedgwick,   *Psycho-politics*, (1987).
Peter Miller,   'Critiques of Psychiatry and Critical Sociologies of Madness', in P. Miller and N. Rose
                          (eds.), *The Power of Psychiatry* (1986), pp. 12-42.
Elaine Showalter,   *The Female Malady* (1987) esp. pp. 118-24.
Roy Porter,   *A Social History of Madness* (1987) Chapter 2.
M. Micale & R. Porter,   *Discovering the History of Psychiatry* (1994)

F.   Decarceration and the end of the asylum

1. **why were psychiatric hospitals largely abandoned?**
2. **what was envisaged as 'Community Care'?**
3. **what have been the effects upon the 'mentally ill'?**

Kathleen Jones,   *Asylums and After,* (1993)
Andrew Scull,   *The Most Solitary of Afflictions* (1993)
Peter Barham,   *Closing the Asylum: The Mental Patient in Modern Society.* (1992) Esp. chapter 1.
Liam Clarke,   'The Opening of Doors', *History of Psychiatry*, 4, (1993), pp.527-51.
David Healey,   *The Creation of Psychopharmacology* (2002) Chapters 3 and 4.
J. Raftery,   'The decline of asylum or the poverty of a concept?', in D. Tomlinson and J. Carrier,
                          Asylum in the Community (1996), pp 18-30.
Charles Webster   'Psychiatry and the early NHS' in Berrios and Freeman, *150 Years of British Psychiatry*,
                          (Vol 1, 1991), pp. 103-16
Peter Bartlett and   *Outside the Walls of the Asylum: The History of Care in the Community.* (1999)
David Wright (eds.)   (Introduction and esp. chapter by Welshman)
M. Gijswijt-Hofstra   *Cultures of Psychiatry* (1998) Esp. chapters by Barham and Busfield
and Roy Porter (eds),
Joan Busfield,   *Managing Madness: Changing Ideas and Practice*, (1986) Last. Chs.
Joan Busfield,   'Mental Illness', in Roger Cooter and John Pickstone (eds.), *Medicine in
                          the Twentieth Century* (2000), pp. 633-51.
Steven Cherry   *Mental Health Care in Modern England* (2003), Chapter 10,'End of a Community'.
David Cohen,   *Forgotten Millions* (1988).
Andrew Scull,   *Decarceration*, (1984)
Andrew Scull,   *Social Disorder/Mental Disorder.* (1989)
Andrew Scull,   'Historical reflections on asylums, communities, and the mentally ill', in
                          Mentalities, 11, (1997), 2, pp. 1-19.
Claire Baron,   *Asylum to Anarchy*, (1987)
Lindsay Prior,   *The Social Organization of Mental Illness*, (1993)
M. J. Dear and   *Landscapes of Despair: From Deinstitutionalization to Homelessness*, (1987)
J. R. Wolch,
A.Brackx & C. Grimshaw, *Mental Health Care in Crisis* (1989)