

IHS Behavioral Health Initiative Update

Tribal Leaders' Consultation Conference
Rolling Hills Casino, Corning, CA
March 19, 2008
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Director's Health Initiatives

Behavioral Health

Chronic Disease Management

**Health Promotion/Disease
Prevention**



Behavioral Health Initiative Goals

- Promote clinical & community programs to improve the mental health of AI/AN
- Facilitate a community driven and community owned strategic plan
- Division of Behavioral Health providing national resources, networks, advocacy, and technical assistance



Objectives

- Improve data and data systems to document services/service provision and to track progress
- Benchmark services and service provision
- Convene national network so programs can communicate and collaborate on their initiatives
- Develop promising practices, training programs, meetings, task force and workgroup support.



Major Focus Areas for BHI

- Methamphetamine Reduction
- Suicide Prevention
- Child/Family Protection
- BH-MIS Development
- (Integration with other Initiatives)



Methamphetamine

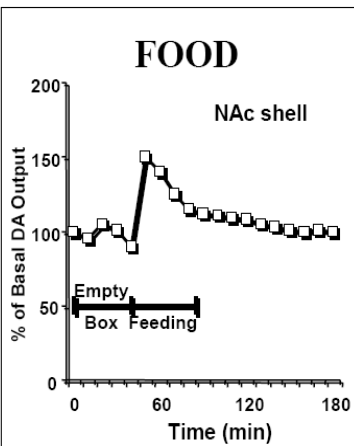
Reduction and Suicide Prevention

\$14 million available in FY08

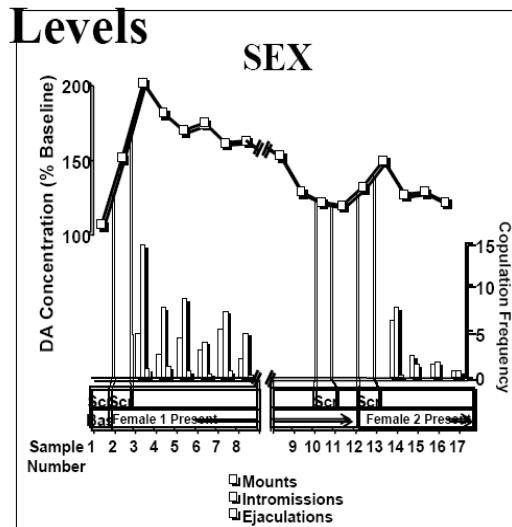
- Can use \$5M on suicide prevention and other BH, including telepsychiatry center (maybe with western U.S. satellite)
- DBH-opportunity to further integrate
- Currently being held pending tribal consultation

Though a powerful drug, *meth* is as treatable as any other

Natural Rewards Elevate Dopamine

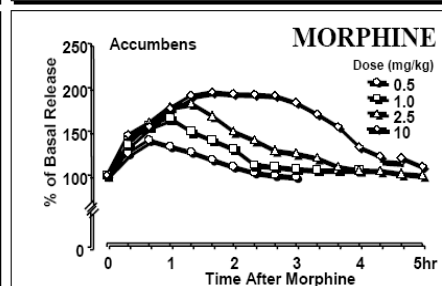
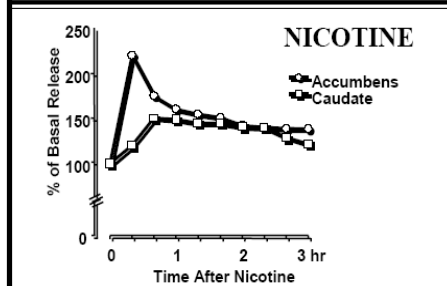
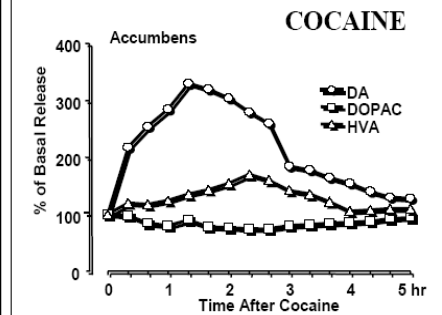
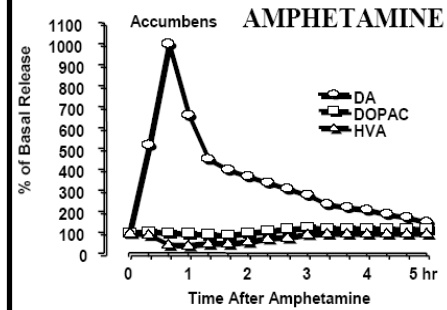


Source: Di Chiara et al.



Source: Fiorino and Phillips

Effects of Drugs on Dopamine Levels



Source: Di Chiara and Imperato

California Area activities addressing meth

- CAO-sponsored Quarterly Training of alcohol and substance abuse counselors include latest information on prevention and treatment of meth addiction
- Second Annual Meth Conference which will be conducted by CRIHB in late Spring/ early Summer, focus on cross agency and community participation

California Area meth reduction activities (cont'd)

- CRIHB awarded second 3 year Access to Recovery SAMHSA grant, totaling over \$30 million over six years for treatment of amphetamine dependence and other substance use disorders
- YRTC's to treat amphetamine dependence in addition to other disorders



National IHS Suicide Prevention

- National Suicide Prevention Network- 5 pilot site programs -highest suicide rates
- Suicide Prevention Committee

California Area suicide prevention activities

- Have participated on Suicide Prevention Committee
- Advocating use of Suicide Report Form in RPMS to track suicide activity, working with Albuquerque to develop real-time surveillance

Suicide prevention

- IHS, and in particular the Area Office, have been emphasizing screening for depression, as un- or under-treated depression a primary cause of suicide

IHS Child and Family Protection Activities

- Joint IHS/ Agency for Families and Children model programs for domestic violence prevention, screening and intervention. Two CA Areas funded in past
- Circles of Care grants from SAMHSA to tribal organizations to enhance child mental health services. \$305,875 per yr, x 3 yrs. Applications due May 8, 2008.
- CA health programs have been recipients in previous cycles

Child and Family protection data


- CAO has promoted screening for domestic violence in various Government Performance and Results Act (GPRA) educational and technical assistance venues

Behavioral Health data development and management

- As mentioned before, California Area Office has been very active in promoting behavioral health screening
- Have been working with national IHS to further develop behavioral health screening tools

Behavioral Health software training

- The CAO has been facilitating BH RPMS software training for past 6 years
- As result, California Area has second highest number of recorded behavioral health encounters in the IHS (over 10,000 per month)



National Initiative Integration Activities: Behavioral Health Workgroup

- November 4-6, 2007-Workgroup met and drafted recommendations for ASAP and Mental health
- Recommendations include a focus on Methamphetamine and Suicide prevention and how to integrate and support the other two priority initiatives

National IHS SAMHSA Behavioral Health Conference

- Pending approval from DHHS
- Showcase evidence based practices of behavioral health and chronic care
- Primary care track with focus on how to integrate with behavioral health

CAO BH Efforts to Integrate the Initiatives

- Addressing access barriers by integrating telepsychiatric consultation into primary care clinics in their Area
- Twelve rural tribal health clinics in California now have the ability to access psychiatric consultation services via teleconferencing technology
- Plans to continue to expand this service to all rural sites over the next few years.

cont., CAO BH Efforts to Integrate the Initiatives

- Partnering with the Area Diabetes Program 6th Annual "*Take Control of Your Diabetes*" to be held April 5, 2008, at Santa Ynez, CA
- Motivational health fair for people living with diabetes and their families. Focused on:
 - stress and depression management
 - effects of historical grief & trauma on American Indian health
 - traditional and modern perspectives on diabetes in American Indians.

Community Wellness Forum

- Focusing on *total* wellness of communities and their members, understanding mind, body and behaviors are all linked
- 5th Community Wellness Forum June 24-26, 2008 in Sacramento, CA
- Just to name a few

Summary

- Many activities occurring to support the Behavioral Health Initiative
- There is always room for more healthy activities, and the IHS welcomes tribes to partner to create healthy communities