



# The Special Diabetes Program for Indians: Facts At-a-Glance

The purpose of the *Special Diabetes Program for Indians* is to treat and prevent diabetes in American Indians and Alaska Natives.

## RESPONDING TO THE DIABETES EPIDEMIC

<b>1997</b>	Congress passed legislation to create the <i>Special Diabetes Program for Indians</i>
<b>\$150 million</b>	Current annual funding for the <i>Special Diabetes Program for Indians</i>
<b>399</b>	Number of grant programs funded by the <i>Special Diabetes Program for Indians</i> , located at Indian Health Service, Tribal, and Urban Indian health programs in 35 states

Of the 399 grant programs:

<b>333</b>	<b>Community-Directed Diabetes Programs</b> provide diabetes treatment and prevention interventions to address local community priorities
<b>\$116.4 million</b>	Annual amount of <i>Special Diabetes Program for Indians</i> funding for the 333 Community-Directed Diabetes Programs
<b>66</b>	<b>Demonstration Projects</b> translate the science of diabetes prevention and cardiovascular disease risk reduction in American Indian and Alaska Native communities
<b>\$27.4 million</b>	Annual amount of <i>Special Diabetes Program for Indians</i> funding for the 66 Demonstration Projects
<b>\$5.2 million</b>	Annual amount of <i>Special Diabetes Program for Indians</i> funding to improve <b>data collection and analysis on diabetes</b> in American Indians and Alaska Natives

## SPECIAL DIABETES PROGRAM FOR INDIANS RESULTS:

A decade of success in delivering excellent diabetes care

<b>13%</b>	Percent reduction in <b>mean blood sugar levels</b> in American Indians and Alaska Natives from 1996 to 2006
<b>17%</b>	Percent reduction in <b>mean LDL cholesterol</b> (i.e., “bad” cholesterol) levels in American Indians and Alaska Natives from 1998 to 2006

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33%

Percent reduction in the prevalence of **protein in the urine** (a sign of kidney dysfunction) in American Indians and Alaska Natives from 1996 to 2006

99%

Percent of programs tracking diabetes patients through **diabetes registries** in 2006

98%

Percent of programs with **diabetes teams** to coordinate diabetes care in 2006

67%

Percent of programs with **diabetes clinics** to deliver organized diabetes care in 2006

### Promoting healthy lifestyles

82%

Percent of programs that offer type 2 **diabetes prevention** programs for **youth** in 2006

72%

Percent of programs that offer **weight management** programs for **youth** in 2006

84%

Percent of programs that offer **weight management** programs for **adults** in 2006

96%

Percent of programs that offer **nutrition** services for **adults** in 2006

94%

Percent of programs that offer **nutrition** services for **youth** in 2006

92%

Percent of programs that offer **community walking and running** programs in 2006

79%

Percent of programs that offer **community exercise** classes in 2006

96%

Percent of programs that offer **organized diabetes education** activities in 2006

92%

Percent of programs that offer **culturally appropriate diabetes education** programs in 2006

79%

Percent of programs that use one or more **traditional American Indian and Alaskan Native approaches** in 2006 to provide diabetes education, offer group support, and strengthening cultural ties

The *Special Diabetes Program for Indians* has successfully implemented the most far-reaching, innovative program to address the diabetes epidemic in American Indians and Alaska Natives. The program has helped improve the health and quality of life of thousands of American Indians and Alaska Natives. The successes achieved thus far represent only the beginning of what can be achieved when Tribal, government, and organizational partners work together towards the shared goal of a diabetes-free future.

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