

Helpful Telephone Numbers

General Health Department Information 215.686.5000

Women's Reproductive Health

CHOICE Hotline: 215-985-3300

Family Planning Council of
Southeastern Pennsylvania: 215.985.2600

Food and Nutrition Resources

Philabundance: 215.739.7394

SHARE Food Program: 215.223.2220

Philadelphia County WIC Office: 215.978.6100

Welfare, Food Stamp Programs & Medical Assistance

County Assistance Offices: 215.560.2547

Homeless Shelters

Office of Emergency Shelter
and Services: 215.686.7150

Poison Control

Childhood Lead Poisoning
Prevention Program: 215.685.2797

Poison Control Center: 800.222.1222 (24 hrs)

Rat Complaints: 215.685.9000

STD Prevention

HIV/AIDS Information and Testing: 215.985.AIDS

Child Issues

Department of Human Services: 215.683.6120

Infant and Child Immunizations: 215.685.6748

Corrections to this guide: hans.kellner@phila.gov

Revised 9/07



Programs and Providers

2007-2008

Including:

*All Funded Programs
Eligibility Guidelines
Revised Program Details
Index of Key Words*

1101 Market Street, 9th floor
Philadelphia, PA 19107

(215) 685-5225

(215) 685-5257 (fax)

www.phila.gov/health

Index of Selected Key Words

	page
bereavement services	10
breastfeeding	14
birth control	4
breast exams	5
case management	6, 7, 12
cervical cancer screening	5
children w/special health care needs	12
crisis counseling	10
dental screening	3
environmental health	8, 13
EPSDT	3
family planning	3, 4, 6
genetic screening	4
gynecologic care	4, 5
health care centers	3, 4, 5, 6
health education	3, 7, 8, 9, 11, 13
health education materials	11
home visiting	6, 7, 8, 9, 12
homeless women	9
hotlines	10, 11
interconceptional health	6
lead poisoning	13
nutritional counseling	3
options counseling	4
outreach	9
pap smears	5
parenting	6, 7, 8, 9, 12
pediatric care	6, 7, 8, 11
pediatric obesity	11
perinatal depression	6
pregnancy testing	4
prenatal care	3, 6, 9
sexual assault	10
STD/HIV testing and treatment	4
WIC	3



Table of Contents

Prenatal Care Services	3
Family Planning Services	4
Gynecologic Services	5
Philadelphia Healthy Start	6
Services to Assist Families to Excel (SAFE)	7
Nurse Family Partnership Program	8
Prenatal Outreach Services	9
Welcome New Family!	9
Sexual Assault Support Services	10
Crisis Counseling and Bereavement Support	10
Education & Risk Prevention Services	11
Children with Special Health Care Needs	12
Health Intervention Program for Families (HIP)	12
Childhood Lead Poisoning Prevention	13
Breastfeeding Support	14
Index of Providers	15
Index of Selected Key Words	16

Services are available to Philadelphia residents citywide unless otherwise noted by zip code.

Index of Providers

	page
215 GO!	11
Albert Einstein Medical Center	3, 11
Childhood Lead Poisoning Prevention Program	13
CHOICE	11
CONCILIO (Council of Spanish-Speaking Organizations of Philadelphia, Inc.)	13
Congreso De Latinos Unidos	7
Eleventh Street Family Health Services of Drexel University	8
Episcopal Hospital	3, 10
Family Support Services, Inc.	7
Germantown Settlement	7
Hahnemann University Hospital (Drexel Midwives)	3
Health Care Center #1	4
Health Care Center #2	3, 4, 5
Health Care Center #3	3, 4, 5
Health Care Center #4	3, 4, 5
Health Care Center #5	3, 4, 5, 6, 11
Health Care Center #6	3, 4, 5, 11
Health Care Center #9	3, 4, 5, 6, 11
Health Care Center #10	3, 4, 5
Health Federation of Philadelphia	11
Helping Hand Home Care	9
Hospital of the University of Pennsylvania	3
Immediate Home Care	9
Intercultural Family Services	6
LaSalle Neighborhood Nursing Center	12
Lutheran Children and Family Service	8
Maternity Care Coalition	6, 9
MCFH Education & Training Unit	11
MCFH Nursing Unit	6
Mercy Home Health	9
National Nursing Centers Consortium	13
Office of Crisis Counseling & Bereavement Support	10
Philadelphia Health Management Corporation	9
PHMCC	6
Preferred Home Care	9
Resources for Children's Health	7, 12
Ridgeway Phillips/Storkwatch Home Care Services	9
SCAN (Supportive Child Adult Network)	12
SEAMAAC (Southeast Asian Mutual Assistance Associations Corporation)	13
Strawberry Mansion Health Care Center	3, 4, 5, 6
Temple Physicians, Inc.	3
Temple University Hospital	3
Temple University: Temple Health Connection	8
Thomas Jefferson University Hospital	10
Women Organized Against Rape	10
Youth Services, Inc.	7



Mayor John F. Street, Mayor
 Loree D. Jones, Managing Director
 Julia Danzy, Director of Social Services
 Carmen I. Paris, MPH, Interim Health Commissioner
 Kevin Vaughan, Deputy Health Commissioner
 Katherine C. Maus, Director
 Division of Maternal, Child and Family Health

Breastfeeding Support

- **WHO IS ELIGIBLE:** Any health care professional working in Philadelphia with pregnant or nursing mothers, and any nursing mother who is interested in any aspect of breastfeeding protection, promotion or support.

SUMMARY: MCFH promotes breastfeeding as the accepted and preferred method of infant and toddler feeding. Services include individual support for nursing mothers and education and training programs for health care professionals. MCFH also maintains and provides a comprehensive breastfeeding resource guide as well as other educational materials.

The Healthy People 2010 Goals for the United States state that 75 percent of babies should leave the hospital being breastfed, with 50 percent still to be breastfed at six months (25 percent exclusively) and 25 percent at one year. Citywide breastfeeding education, promotion and support are essential to reach these goals.

MCFH Lactation Consultant

Contact: (215) 685-5237

Prenatal Care Services

- **WHO IS ELIGIBLE:** Philadelphia residents of childbearing age.

SUMMARY: Philadelphia hospitals provide prenatal care at eight City health care centers. Nurse practitioner, physician and midwifery models are available. All clinical teams integrate clinical care with care coordination and social work services, nutritional counseling, dental screening, health education and referrals to WIC, EPSDT and family planning.

Patients are seen even if they do not have insurance. Insured patients are encouraged to bring their health insurance cards.

Low-income women who cannot qualify for insurance because of residency status or other reasons may receive prenatal care at no cost to them under the Maternity Services Program (MSP).

Provider Sites

Health Care Center #2	(215) 685-1803
Health Care Center #3	(215) 685-7504
Health Care Center #4	(215) 685-7601
Health Care Center #5	(215) 685-2933
Health Care Center #6	(215) 685-3803
Health Care Center #9	(215) 685-5701
Health Care Center #10	(215) 685-0639
Strawberry Mansion HCC	(215) 685-2401

Participating Hospital Practices

Albert Einstein Medical Center, Hahnemann University Hospital (Drexel Midwives), Hospital of the University of PA, Temple Physicians, Inc. (Episcopal Physician Practice), Temple University Hospital

Family Planning Services

- **WHO IS ELIGIBLE:** Residents of Philadelphia and surrounding counties (Bucks, Chester, Delaware, and Montgomery) of childbearing age.

SUMMARY: Confidential family planning services are provided at all City health care centers. The family planning team includes a nurse practitioner, a social worker and a gynecologist if needed.

Services include pelvic and breast exams, Pap smears, STD treatment, HIV counseling and testing, genetic screening and options counseling. Available methods of contraception include: birth control pills, Depo-Provera, contraceptive patch, IUDs (intra-uterine devices), male and female condoms, spermicides (foam, jelly and film) and ECP (emergency contraception pills).

Patients are seen even if they do not have insurance. Insured patients are encouraged to bring their health insurance cards. Evening and Saturday hours are offered at some sites.

Provider Sites

Health Care Center #1	(215) 685-6571
Health Care Center #2	(215) 685-1803
Health Care Center #3	(215) 685-7504
Health Care Center #4	(215) 685-7601
Health Care Center #5	(215) 685-2933
Health Care Center #6	(215) 685-3803
Health Care Center #9	(215) 685-5701
Health Care Center #10	(215) 685-0639
Strawberry Mansion HCC	(215) 685-2401

Walk-in Pregnancy Testing

Health Care Center #2	Thurs., 5 pm—8 pm
Health Care Center #10	Wed., 5 pm—8 pm

Childhood Lead Poisoning Prevention

- **WHO IS ELIGIBLE:** Philadelphia families with young children; see program descriptions below for geographic and immigrant/refugee target groups.

LEAD SAFE BABIES

SUMMARY: Lead Safe Babies (LSB) is a health education and home visiting program that seeks to prevent children from becoming lead poisoned. LSB provides a home visit with environmental education and support, a bucket of cleaning supplies, a visual assessment of the home for potential lead hazards, and possible referral for lead hazard reduction services.

LSB services are available to pregnant women and new mothers living in West Philadelphia, Southwest Philadelphia, South Philadelphia and North Central and Northwest Philadelphia.

Provider

National Nursing Centers Consortium
(267) 765-2362

LEAD SAFE COMMUNITIES

SUMMARY: Lead Safe Communities (LSC) seeks to prevent children from becoming lead poisoned, with a special focus on the needs of immigrant and refugee populations in Philadelphia. Home visitors, often from the client's home country, provide environmental education and support, help women access program resources, and provide connections to and referrals for other problems depending on individual needs, all in a linguistically and culturally appropriate manner.

LSC services are available for women who are pregnant or have recently delivered a baby, or who have a child who has been resident in this country for less than a year, living in West Philadelphia, Southwest Philadelphia, South Philadelphia and North Central and Northwest Philadelphia.

Providers

SEAMAAC (Southeast Asian Mutual Assistance Associations Coalition)
(215) 476-9640, ext. 14
(focus on Asian and African immigrants and refugees)

CONCILIO (Council of Spanish Speaking Organizations of Philadelphia, Inc.)
(215) 627-3334
(focus on Latin American immigrants and refugees)

Childhood Lead Poisoning Prevention Information Line: (215) 685-2797

Children with Special Health Care Needs

- **WHO IS ELIGIBLE:** Children who have or are at increased risk for chronic physical, emotional, behavioral and developmental health conditions.

SUMMARY: The medical and social needs of children with special health care needs (CSHCN) often require a high degree of support. This program addresses issues that affect the lives of CSHCN and their families at both a “systems” level and an individual level.

The Program Coordinator works with public and private service providers to facilitate and enhance “system” collaboration among those serving CSHCN.

Contact: (215) 685-5232

The Community Systems Coordinator works with hospital and home visiting staff and families to ensure an additional layer of service and support.

Contact: (215) 685-5236

Health Intervention Program for Families

- **WHO IS ELIGIBLE:** Families of children with special health care needs (see zip codes below for primary service areas).

SUMMARY: The Health Intervention Program for Families (HIP) provides home visiting and other support to families with infants and children who have special health care needs. HIP teams include nurses, social workers, parent professionals and substance abuse specialists. Services include: advocacy and referral, service system negotiation, case management and counseling.

Providers

LaSalle Neighborhood Nursing Center

(215) 951-5034

primary zip codes: 19111, 14, 15, 16, 18, 19, 20, 24, 26, 27, 28, 35, 36, 37, 38, 40, 41, 44, 49, 50, 52, 54

Resources for Children’s Health

(215) 985-2541

primary zip codes: 19102, 03, 06, 07, 21, 22, 23, 25, 30, 32, 33, 34, 45, 46, 47, 48

SCAN (Supportive Child Adult Network)

(215) 238-1007

primary zip codes: 19104, 31, 39, 42, 43, 51, 53

Gynecologic Services

- **WHO IS ELIGIBLE:** Philadelphia residents whose primary care physician is based at a health care center.

SUMMARY: Gynecologic services are provided at eight City health care centers. Services include comprehensive gynecological care, including breast exams, pap smears and cervical cancer screenings. Other services include STD treatment and HIV counseling and testing. The team includes a gynecologist, a social worker and medical assistant.

Provider Sites

Health Care Center #2 (215) 685-1803

Health Care Center #3 (215) 685-7504

Health Care Center #4 (215) 685-7601

Health Care Center #5 (215) 685-2933

Health Care Center #6 (215) 685-3803

Health Care Center #9 (215) 685-5701

Health Care Center #10 (215) 685-0639

Strawberry Mansion HCC (215) 685-2401

Philadelphia Healthy Start

- **WHO IS ELIGIBLE:** Pregnant women and new mothers in North Central, Northwest, South, Southwest and West Philadelphia (see zip codes below).

SUMMARY: Philadelphia Healthy Start works to reduce rates of infant mortality, low birthweight and other poor perinatal outcomes. Case managers help families create personalized care plans to support their health. The program also facilitates access to family planning services, prenatal and pediatric care, and services for interconceptional care and perinatal depression.

General information: (215) 685-5229 or (215) 685-5240

Provider for North and Northwest Philadelphia

MCFH at Health Care Center #5

case management and home visiting
(215) 685-2457

zip codes: 19121, 19126, 19130, 19132, 19138, 19140, 19141, 19144, 19150

Other Partner Organizations:

Health Care Center #9, Strawberry Mansion Health Care Center

Providers for South, Southwest and West Philadelphia

Intercultural Family Services

case management and home visiting south of Market Street
(215) 386-1298, ext. 243

zip codes: 19142, 19143, 19146, 19147, 19148

Maternity Care Coalition

case management and home visiting north of Market Street
(215) 685-7693

zip codes: 19104, 19139, 19151

Provider for North, Northwest, South, Southwest and West Philadelphia

PMHCC

perinatal depression services
(215) 413-2415, ext. 3311

zip codes: 19104, 19121, 19126, 19130, 19132, 19138, 19139, 19140, 19141, 19142, 19143, 19144, 19146, 19147, 19148, 19150, 19151

Provider for Medically At-Risk Women

MCFH Nursing Unit

case management and home visiting for all Healthy Start zip codes
(215) 685-5239

Education & Risk Prevention Services

- **WHO IS ELIGIBLE:** See program descriptions and zip codes below.

SUMMARY: MCFH supports programs that provide community health education and support around issues that include: reproductive health, pregnancy and parenting, women's health, children's health and pediatric obesity.

MCFH also creates original health education materials that are distributed free or at low cost, and provides community education and training.

Providers

215 GO!

comprehensive pediatric obesity clinic for children ages 3-18
(215) 685-5225

eligibility criteria:

- enrolled for primary care at health care centers 5, 6 or 9
- referred by pediatrician
- overweight or at risk of overweight

Albert Einstein Medical Center

community health education for Southeast Asian women
(215) 456-4926

zip codes: 19120, 19141

CHOICE

two hotlines with information about reproductive health and children's health issues
(215) 985-3355 (administration)
(215) 985-3300 (reproductive health hotline)
(215) 985-3301 (children's health line)

MCFH Education and Training Unit

original health education materials and community health education and training
(215) 685-5263

Health Federation of Philadelphia

community resource center, training and technical assistance
(215) 246-1595

Sexual Assault Support Services

- **WHO IS ELIGIBLE:** Victims of sexual assault.
-

SUMMARY: MCFH supports a select number of sexual assault support services for women and infants. Services include: emergency medical treatment and crisis counseling and hotline counseling and emergency room support for victims of sexual assault.

Providers

Episcopal Hospital

emergency room sexual assault services
(215) 427-7573

Thomas Jefferson University Hospital

emergency room sexual assault services
(215) 955-6844

Women Organized Against Rape

hotline counseling and emergency room support for victims of sexual assault
(215) 985-3315

Crisis Counseling and Bereavement Support

- **WHO IS ELIGIBLE:** All Philadelphia families who have suffered an infant or fetal loss.
-

SUMMARY: MCFH supports counseling and supportive services to families who have lost an infant or child, or who have experienced a fetal loss late in pregnancy.

Office of Crisis Counseling and Bereavement Support

Contact: (215) 685-7448

Services to Assist Families to Excel (SAFE)

- **WHO IS ELIGIBLE:** Families with infants and young children (ages 0-5) living in West Philadelphia, Southwest Philadelphia, South Philadelphia and North Central and Northwest Philadelphia (see zip codes below).
-

SUMMARY: Services to Assist Families to Excel (SAFE) is a case management and home visiting program that facilitates services and provides in-home support. SAFE seeks to improve compliance with post-partum and routine pediatric care. Home visitors provide parenting education and support, help women access community resources, and provide personalized care depending on individual needs.

Providers

Congreso De Latinos Unidos (North Central)

(215) 763-8870

zip codes: 19121, 19122, 19125, 19133, 19134, 19140

Family Support Services, Inc. (Southwest)

(215) 729-4220

zip codes: 19104, 19131, 19139, 19143, 19151

Germantown Settlement (Northwest)

(215) 849-3104

zip codes: 19120, 19138, 19144, 19150

Resources for Children's Health (South)

(215) 790-7217

zip codes: 19145, 19146, 19147

Youth Service, Inc. (West)

(215) 222-3262

zip codes: 19104, 19131, 19139, 19143, 19151

Nurse Family Partnership Program

- **WHO IS ELIGIBLE:** First-time, low-income mothers (see zip codes below).
-

SUMMARY: The Nurse Family Partnership Program is a research-based home visiting program. A team of public health nurses provides home visits to mothers every one to two weeks during their pregnancy. Home visits continue until the child is two years of age.

The program addresses the mother's personal health and life course development, environmental health issues, and the quality of care giving for the infant or toddler. The nurses involve family members and friends in the program and help families access other community resources.

The Nurse Family Partnership Program is a collaboration between the City of Philadelphia Departments of Public Health and Human Services.

Providers

The Eleventh Street Family Health Services of Drexel University

(215) 769-1107

zip codes: 19104, 19121, 19122, 19123, 19129, 19131, 19132, 19139, 19143, 19151

Lutheran Children and Family Service

(215) 276-5500, ext. 211

zip codes: 19104, 19111, 19119, 19120, 19124, 19126, 19129, 19131, 19138, 19139, 19140, 19141, 19143, 19144, 19149, 19150, 19151

Temple University: Temple Health Connection

(215) 707-7875

zip codes: 19104, 19122, 19125, 19129, 19131, 19133, 19134, 19139, 19140, 19143, 19151

Prenatal Outreach Services

- **WHO IS ELIGIBLE:** See program descriptions and zip codes below.
-

SUMMARY: MCFH supports prenatal outreach programs that identify pregnant and parenting women and assist them in beginning prenatal care or following through with post-partum and well baby care.

Services include: health education and workshops, parent outreach meetings, help getting health insurance, and support for pregnant women who are homeless or near-homeless.

Programs are staffed by outreach workers who are bilingual/bicultural or have expertise in prenatal substance abuse.

Providers

Maternity Care Coalition (MOMobile)

for high-risk women in Northeast Philadelphia

(215) 725-8030

zip codes: 19111, 19114, 19115, 19116, 19134, 19135, 19136, 19149, 19152, 19154

Philadelphia Health Management Corporation

for high-risk women in North Philadelphia

(215) 985-2590

(267) 765-2385

zip codes: 19121, 19132

Welcome New Family!

- **WHO IS ELIGIBLE:** New mothers who do not have health insurance.
-

SUMMARY: This home visiting program assumes the cost of in-home nursing visits to uninsured Philadelphia mothers and their newborns.

General Information: (215) 685-5274

Participating Home Health Agencies

Helping Hand Home Care, Immediate Home Care, Mercy Home Health, Preferred Home Care, Ridgeway Phillips/Storkwatch Home Care Services.

Participating Hospitals

All Philadelphia-area delivery hospitals.