10th Symposium on Education (Albuquerque, NM 14-19 Jan 01)



Lightning Safety For Schools

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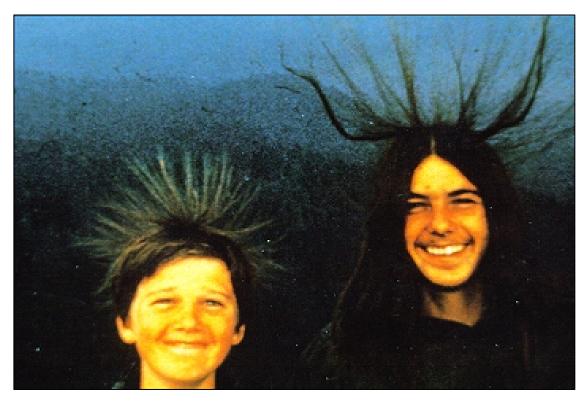
Encourage Schools To Implement A Lightning Safety Plan!





Overview

- LIGHTNING -- SIGNIFICANT HAZARD!
- SCHOOL LIGHTNING HAZARDS
- LIGHTNING SAFETY GROUP RECOMMENDATIONS
- CALL TO ACTION





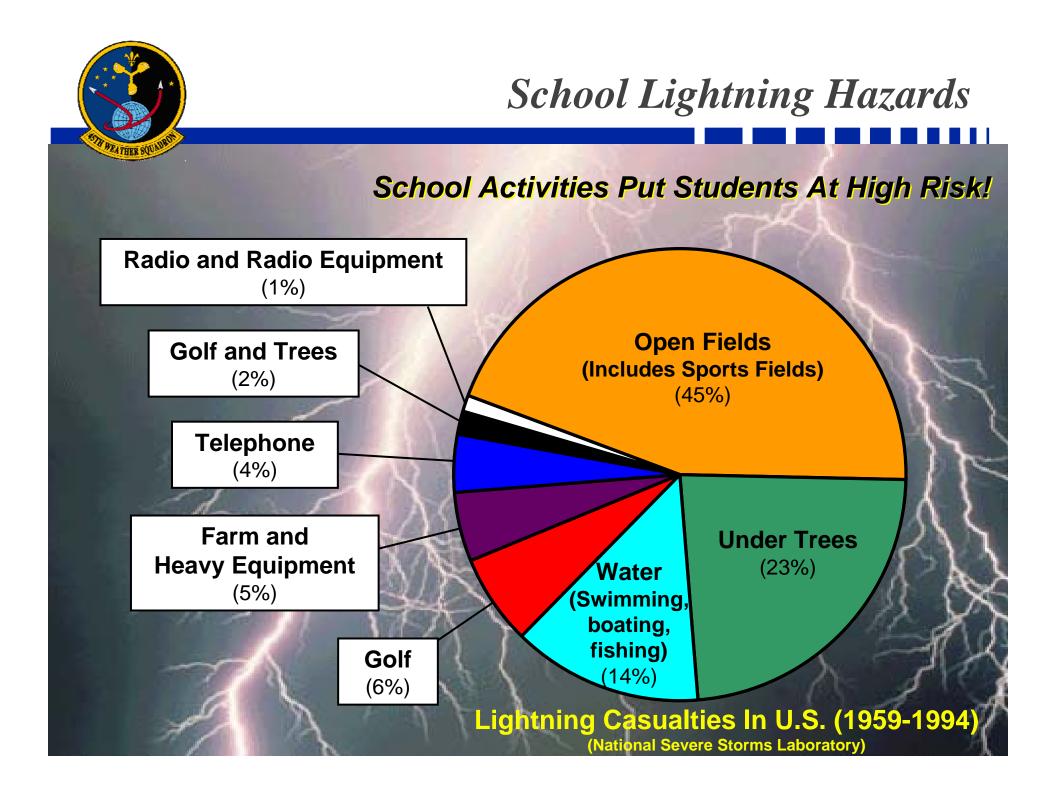
More Education Needed!



Lightning -- Significant Hazard

- LIGHTNING: <u>The</u> Underrated Weather Hazard!
 - #2 Storm Killer In U.S.
 - More Than Tornadoes And Hurricanes Combined
 - Life-Long Debilitating Injury On Many More Than It Kills
 - Kills ~100 / Year And Injures ~ 1,000 / Year In U.S.
 - \$5 Billion Economic Impact Each Year In U.S.
 - Yet Lightning Safety Receives Surprisingly Little Attention!







- Open Fields (45%)
 - Sports Fields
 - Playgrounds
 - Recess Outdoors
 - Marching Band
 - Extra Concerns:
 - Metal Bleachers!
 - Long Metal Fences!
 - Playground Equipment







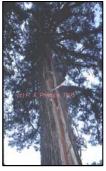


- Under Trees (23%)
 - Potentially Any Outdoor Activity













- Water Related (14%)
 - Swimming
 - Indoor Pools Too!
 - Boating

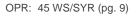






- **Golf** (6%)
 - Golf Teams
- Heavy Equipment (5%)
 - Grounds Keepers
- Telephone (4%)
 - Everyone!

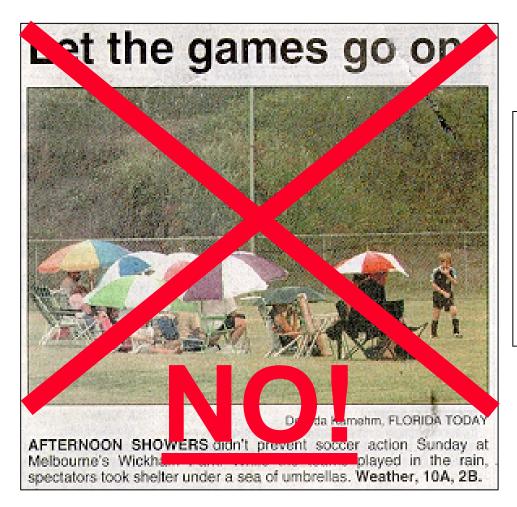




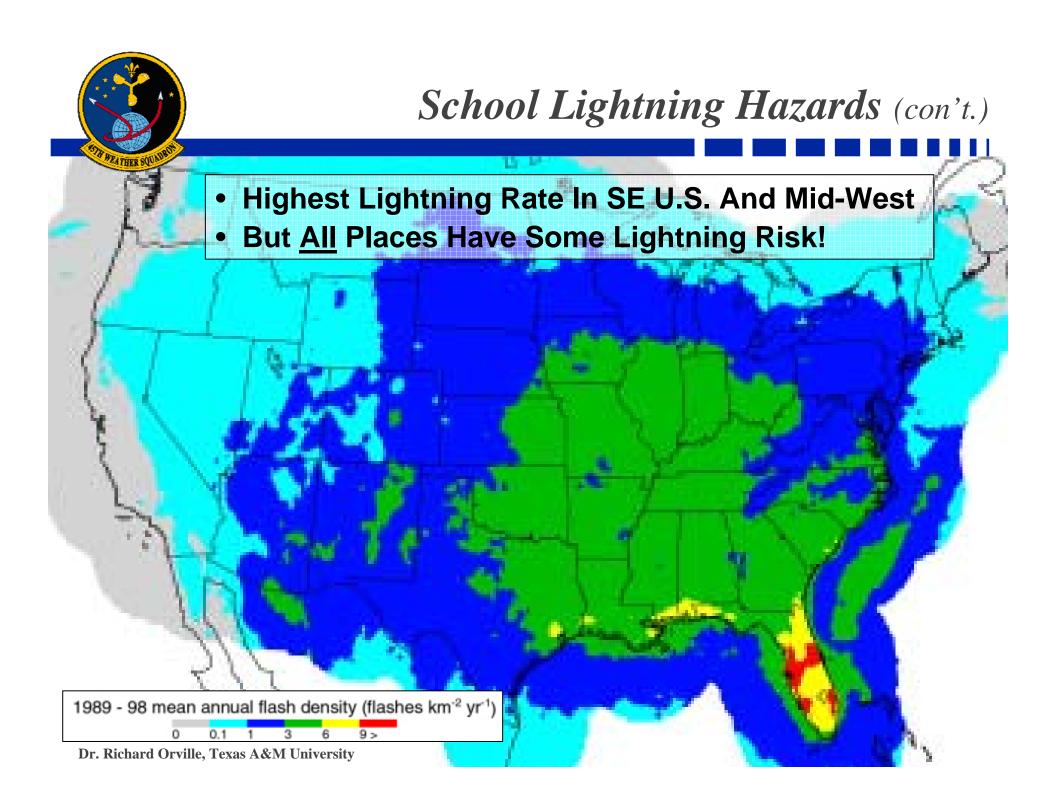


Schools Activities Put Students At High Risk!

• Sports Have Fastest Rising Lightning Casualty Rate



- Don't "Tough It Out"!
- Do Postpone Or Cancel Event
- Children's Lives And Life-Long Crippling Injuries More Important Than A Game!





'LSG' Recommendations

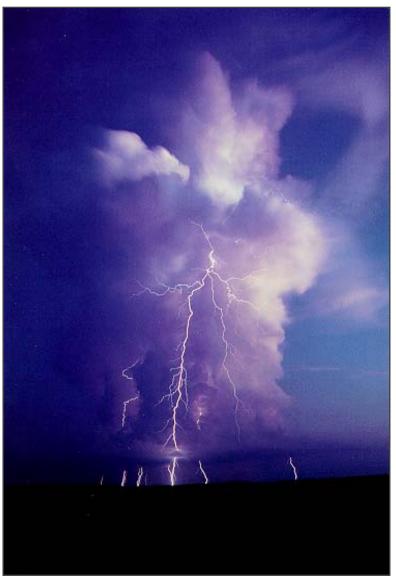
- LIGHTNING SAFETY GROUP
 - 16 Lightning Experts From Diverse Disciplines (Jan 98)
 - Universities
 - National Labs
 - Operational Meteorology
 - Medicine
 - Industry
 - Safety
 - Insurance
 - Education
 - Athletics



- Goal: Standardize Lightning Safety Advice
 - Much Of Previous Advice Contradictory, Incomplete, Incorrect, Or Even <u>Unsafe</u>!



- Safety Guidelines For ...
 - Safer And Unsafe Locations Near Thunderstorms
 - Individuals
 - Small Groups
 - Large Groups
 - Important Components Of An Action Plan
 - First Aid For Lightning Victims
- NCAA Adopted Guidelines (1998)
- Brevard School District, FL (2001)



OPR: 45 WS/SYR (pg. 13)







- Use '30-30 Rule' To Determine If Lightning Is A Threat
 - If 30 Secs Or Less "Flash To Bang", Seek Proper Shelter
 - Back-Up Rule (if you can't see the lightning): If You Can Hear Thunder, Seek Proper Shelter
 - Wait <u>30 Min Or More</u> After Last Thunder, Before Leaving Proper Shelter
 - Most Casualties Occur Before, And Especially After, Thunderstorms
 - 30-30 Rule May Seem Too Conservative -- <u>It's Not</u>!



Most Important Points For Schools

- People Don't Realize The Long Distances Lightning Can Strike
 - Average 3 NM Between Strikes
 - 'Bolt From The Blue' ~15 NM Not Uncommon
 - Ground Strike ~60 NM Documented From Anvil (Rare Distance)



 People Don't Realize The Long Times Lightning Can Strike After The Thunderstorm Has Decayed

Ground Strike ~75 Min Documented From Debris Cloud



- Lightning Notification Services Are Better
 - Uses National Lightning Detection Network Data
 - Proven Performance
 - Automatic Notification When Lightning Within Various Distances Of Event Site / Time
 - Automatic Notification When 'All Clear'
 - Notification Via Pager, Cell-Phone, E-mail, Or Fax
 - ~\$10 Per Event, Or ~\$40 Per Monthly Coverage, Or ...
 - Completely Objective -- Good For Lightning Safety Plans
 - Doesn't Warn Against Locally Developing Thunderstorms
 - Need To Watch The Skies And React Appropriately OPR: #5 WS/SYR (pg. 17)







Most Important Points For Schools

- Once In Proper Shelter, Avoid Conducting Paths To Outside
 - Telephone (corded)
 - Electrical Appliances / Wiring
 - TVs, VCRs, And TV Cables
 - Computers
 - Light Switches
 - Electrical Outlets
 - Plumbing
 - Showers
 - Sinks
 - Rest Rooms
 - Pools (indoors too)
 - Don't Watch Lightning From Windows / Doorways
 - Inner Rooms Are Better







OPR: 45 WS/SYR (pg. 19)



- Pragmatic Concerns For Schools
 - Lining-Up For School Buses Outside
 - School Building Available As Shelter During Events?
 - School Buses As Shelter At More Remote Events?
 - Communicating Lightning Alerts To Noisy Crowds Of Kids
 - Can They Hear It?
 - Are They Trained On Required Actions?





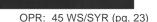


- First Aid For Lightning
 - Call 911
 - Apply CPR / Mouth To Mouth Resuscitation
 - All Deaths From Cardiac Arrest / Stopped Breathing
 - Myth: Lightning Victim Can Electrocute You
 - 90% Survive -- Give The First Aid!
 - Beware Downed Live Wires!



SCHOOLS CAN HELP!

- 1) Develop & Enforce A Lightning Safety Plan
 - Protect Students And Staff Under Your Care
- 2) In-School Education
 - Help Your Students And Staff
 Protect Themselves Outside Of School
- 3) Public Education
 - Help Your Community Protect Itself
 - Generate Support For School Plan
- Lightning Safety Group Recommendations Can Help With All Three Steps





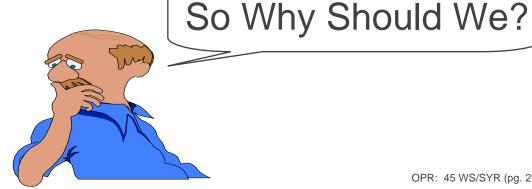








- Management Support Vital
- Involve Coaches, Referees, Other Outdoor Leaders • From The Start
- Integrated Plan -- Span Many Activities <u>Uniformly</u>
- Have Support Materials Already Prepared
- Be Prepared For Slowdowns
 - Persistence, Persistence, Persistence!
- Education, Education, Education!



OPR: 45 WS/SYR (pg. 24)



Call To Action (con't.)

So Why Should We?

SOME CAVEATS

- Common Objections
 - Lightning Not An Important Hazard
 - #2 Storm Killer. You Have Plans For Tornadoes & Hurricanes, But Lightning Is A Bigger Hazard
 - Nothing You Can Do About It -- 'Random Act Of God'
 - Almost All Casualties Preventable
 - I Don't Understand Lightning -- Pass The Buck Upward
 - Be Well Prepared -- Any Error/Delay Used As Excuse
 - 'LSG' Recommendations From Top Experts
 - Litigation Fears -- Better To Do Nothing, Than Do Something And Fail
 - New Trend: Failure To Take Prudent Actions Is Chargeable Negligence



Call To Action (con't.)

- 45 WS Lightning Safety Web-Page:
 - https://www.patrick.af.mil/45og/45ws/LightningSafety/index.htm
 - National Weather Service:
 - www.lightningsafety.noaa.gov
 - National Severe Storms Laboratory:
 - www.nssl.noaa.gov/researchitems/lightning.html
 - Downloadable Coloring Books On Weather Safety Topics
 - www.nssl.noaa.gov/edu/bm/bm_main.html
 - Lightning Safety For Children: (aka Sabrina's Lightning Page)
 - www.azstarnet.com/anubis/zaphome.htm
 - Lightning Games:
 - www.lrccable.com/lightning_games/index.html
 - National Lightning Safety Institute:
 - www.lightningsafety.com/index.html
 - Lightning Injury Research:
 - www.uic.edu/labs/lightninginjury
 - Lightning Strike & Electric Shock Survivors International:
 - www.mindspring.com/~lightningstrike/





Call To Action (con't.)

- Participate In 2nd Annual National Lightning Safety Week
 - 28 Apr 4 May 02
 - Sponsored By National Weather Service



But Far Too Often Underrated

- Lightning Safety Group Recommendations Can Help Schools Improve Their Lightning Safety
- Schools Must Play A Vital Role!
 - Lightning Safety Plan
 - In-School Education
 - Public Education













Lightning Safety

- Questions?
- Want To Do Lightning Safety?
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