

Education Needs Assessment Codes

LP - Learning Preference

- Small Group
- Read
- Media
- Talk
- Do/Practice

Mnemonics

- LP-GP
- LP-READ
- LP-MEDIA
- LP-TALK
- LP-DOIT

RL - Readiness to Learn

- Distraction
- Eager
- Receptive
- Pain
- Severity of Illness
- Not Ready
- Unreceptive
- Intoxication

Mnemonics

- RL-DSTR
- RL-EAGR
- RL-RCPT
- RL-PAIN
- RL-SVIL
- RL-NOTR
- RL-UNRC
- RL-ETOH

HEALTH FACTORS:

BAR - Barriers to Learning

- Blind
- Cognitive Impairment
- Childhood Development
- Deaf
- Dementia
- Developmental Delay
- Does Not Read English
- Doesn't Speak English/Interpreter Needed
- Emotional Stressors
- Fine Motor Skills Deficit
- Learning Disability
- Speaks English As a Second Language
- Hard of Hearing
- No Barriers
- Pediatric/Developmental
- Social Stressors
- Values/Belief

Mnemonics

- BAR-BLND
- BAR-COGI
- BAR-PEDI
- BAR-DEAF
- BAR-DEMN
- BAR-DEVD
- BAR-DNRE
- BAR-INTN
- BAR-EMOT
- BAR-FIMS
- BAR-LDIS
- BAR-ESL
- BAR-HEAR
- BAR-NONE
- BAR-PEDI
- BAR-STRS
- BAR-VALU



Patient & Family Education Codes

(PEPC)

for Prenatal/ Perinatal Codes



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Documenting the Patient Education Protocols and Codes

After using the Patient Education Protocols and providing education, the education should be documented using the codes found in this booklet. Correct documentation requires the completion of 6 elements:

1. Disease, State, Illness, or Condition
2. Topic Discussed
3. Level of Understanding
4. Time
5. Provider Initials
6. Behavior Goal: Goal Set, Goal Met, Goal Not Met

1. **BF** = Breastfeeding
2. **CS** = Collection and Storage of Milk
3. **G** = Good Understanding
4. **10** (Minutes) = Time
5. **XYZ** = Provider Initials
6. **GS**: Pt. to practice collection/storage of milk in freezer = Behavior Goal

Patient Education String:

BF-CS-G-10-XYZ-GS: Pt. to practice collection/storage of milk in freezer.

Documenting Time

Providers should estimate the amount of Time spent providing the patient education and document that Time using whole numbers.

Clinical Reporting System (CRS)

Patient education is tracked in the Clinical Reporting System by 1) Disease, 2) Education Topic discussed, 3) Level of Understanding, 4) Provider, 5) Time, and 6) Behavior Goal.

Prenatal/Perinatal Codes

The codes listed on the following pages are the most commonly used prenatal/perinatal health codes.

The complete list of health related codes can be found in the Patient Education Protocols and Codes Manual at www.ihs.gov. Click on Nationwide Programs and Initiatives; look in the upper right-hand corner. You will see the Patient Education Protocols and Codes Manual.

Documenting and Communication Patient & Family Education

RECORDING THE PATIENT'S RESPONSE TO EDUCATION

The following "Levels of Understanding" can be used in the PCC system:

- Good (**G**): Verbalizes understanding
Able to return demonstration or teach-back correctly
- Fair (**F**): Verbalizes need for more education
Incomplete return demonstration or teach-back indicates partial understanding
- Poor (**P**): Does not verbalize understanding
Unable to return demonstration or teach-back
- Refuse (**R**): Refuses education
- Group (**GP**): Education provided in group. Unable to evaluate individual response

The PCC Coders can only select "Good, Fair, Poor, Group, or Refused" for the level of understanding. Remember, this section is meant for speedy documentation of brief educational encounters. If you want to write a more lengthy narrative, please do so, on a separate PCC form using the codes to simply summarize your note. On inpatient PCCs each entry must be prefaced by a date.

To view the complete Patient Education Protocols and Codes Manual, visit:

www.ihs.gov

Click on Nationwide Programs and Initiatives, look in the upper right-hand corner, and then click on link to the Patient Education Protocols and Code Manual. You can down-load this pamphlet from the link.

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OBJECTIVE	DEFINITION	ACTION	MNEMONIC
Goal Set	The preparation phase defined as "patient ready to change" (patient is active)	State a plan State a plan how to maintain at least one _____ Write a plan of management Plan to change _____ State a plan to test _____ (blood sugar) Choose at least one change to follow _____ Demonstrate _____ and state a personal plan for _____	GS
Goal Not Set	The pre-contemplation phase defined as "patient is not thinking about change"	Identify a way to cope with _____	GNS
Goal Met	The action phase defined as "patient actively making the change" or maintenance phase defined as "patient is sustaining the behavior change"	Behavior Goal Met Patient maintains Goal	GM
Goal Not Met	The contemplation phase defined as "patient is unsure about the change" or relapse when the patient started making the change and did not succeed due to ambivalence or other factors.	Behavior Goal Not Met Patient set a goal but is ambivalent about change Relapse Patient set a goal but is unable to meet the goal	GNM

Behavior Goals

ANS - ANESTHESIA

C - Complications
EQ - Equipment
FU - Follow-up
INT - Intubation
IS - Incentive Spirometry
L - Literature
PM - Pain Management
PO - Postoperative
PR - Preoperative
PRO - Procedures
TCB - Turn, Cough, Deep Breath

BF - BREASTFEEDING

AP - Anatomy and Physiology
BB - Benefits of Breastfeeding
BC - Breast Care
BP - Breastfeeding Positions
CS - Collection and Storage of Breast Milk
EQ - Equipment
FU - Follow-up
GD - Growth and Development
HC - Hunger Cues
L - Literature
LA - Lifestyle Adaptations
M - Maternal Medications
MK - Milk Intake
MNT - Medical Nutrition Therapy
LA - Lifestyle Adaptations
M - Maternal Medications
MK - Milk Intake
MNT - Medical Nutrition Therapy
N - Nutrition (Maternal)
NJ - Neonatal Jaundice
ON - Latch-on
SF - Introduction to Solid Foods
SM - Stress Management
T - Teething
W - Weaning

CHN - CHILD HEALTH NEW-BORN (0-60 DAYS)

CAR - Car Seats & Automobile Safety
ECC - Early Child Caries
FU - Follow-up
GD - Growth and Development
I - Information
L - Literature
MNT - Medical Nutrition Therapy
N - Nutrition
NJ - Neonatal Jaundice
PA - Parenting
S - Safety
SF - Introduction to Solid Foods
SHS - Second-Hand Smoke

CB - CHILDBIRTH

AP - Anatomy and Physiology
C - Complications
CUL - Cultural/Spiritual Aspects of Health
EQ - Equipment
EX - Exercise, Relaxation & Breathing
FU - Follow-up
L - Literature

LB - Labor Signs
M - Medications
NJ - Neonatal Jaundice
OR - Orientation
PM - Pain Management
PRO - Procedures, Obstetrical
RO - Role of Labor and Deliver Partner/Coach
TE - Tests
VBAC - Vaginal Birth after Cesarean Section

DV - DOMESTIC VIOLENCE

CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
FU - Follow-up
IR - Information and Referral
L - Literature
P - Prevention
PSY - Psychotherapy
S - Safety
SCR - Screening
SM - Stress Management
TX - Treatment

FP - FAMILY PLANNING

AP - Anatomy and Physiology
DIA - Diaphragm
DPO - Depo Medroxyprogesterone Injections
EC - Emergency Contraception
FC - Foam and/or Condoms
FU - Follow-up
HPDP - Health Promotion, Disease Prevention
IC - Implant Contraception
IUD - Intrauterine Device
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
MT - Methods
N - Nutrition
OC - Oral Contraceptives
ST - Sterilization
TD - Transdermal (Patch)
TE - Tests

FF - FORMULA FEEDING

FS - Formula Feeding Skills
I - Information
L - Literature
ME - Maternal Engorgement
MNT - Medical Nutrition Therapy
N - Nutrition
NJ - Neonatal Jaundice
S - Safety
SF - Introduction to Solid Foods

GENE - GENETIC DISORDERS

BH - Behavioral and Social Health
C - Complications
CM - Case Management
EQ - Equipment
FU - Follow-up
I - Information
L - Literature
LA - Lifestyle Adaptations

MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PA - Parenting
PT - Physical Therapy
S - Safety
SM - Stress Management
TE - Tests

HIV - HUMAN IMMUNODEFICIENCY VIRUS

ADV - Advance Directive
C - Complications
CM - Case Management
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EQ - Equipment
FU - Follow-up
HM - Home Management
HPDP - Health Promotion, Disease Prevention
HY - Hygiene
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PN - Prenatal
S - Safety
SM - Stress Management
TE - Tests
TX - Treatment

NJ - NEONATAL JAUNDICE

C - Complications
DP - Disease Process
P - Prevention
TE - Tests
TX - Treatment

PM - PAIN MANAGEMENT

AP - Anatomy and Physiology
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EQ - Equipment
EX - Exercise
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PSY - Psychotherapy
TE - Tests
TX - Treatment

PNL - PERINATAL LOSS

C - Complications
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
FU - Follow-up
GP - Grieving Process
L - Literature
M - Medications

MNT - Medical Nutrition Therapy
N - Nutrition
PM - Pain Management
SM - Stress Management
TX - Treatment

PP - POSTPARTUM

C - Complications
CUL - Cultural/Spiritual Aspects of Health
FU - Follow-up
I - Information
INF - Infant Care
KE - Kegel Exercises
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
NJ - Neonatal Jaundice
PM - Pain Management
WC - Wound Care

PDEP - POSTPARTUM DEPRESSION

DP - Disease Process
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
SM - Stress Management
TX - Treatment

PN - PRENATAL

1T - First Trimester
2T - Second Trimester
3T - Third Trimester
ADM - Admission to Hospital
AOD - Alcohol and Other Drugs
BH - Behavioral Health
C - Complications
CUL - Cultural/Spiritual Aspects of Health
DC - Dental Caries
DV - Domestic Violence
EQ - Equipment
EX - Exercise
FAS - Fetal Alcohol Syndrome
FU - Follow-up
GD - Growth and Development
GDM - Gestational Diabetes
GEN - Genetic Testing
HIV - Human Immunodeficiency Virus
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
PIH - Pregnancy-Induced Hypertension and Pre-Eclampsia
PM - Pain Management
PTL - Pre-term Labor
S - Safety
SHS - Second Hand Smoke
SM - Stress Management
SOC - Social Health
STI - Sexually Transmitted Infections

TE - Tests
TO - Tobacco
VBAC - Vaginal Birth after Cesarean Section

STI - SEXUALLY TRANSMITTED INFECTIONS

C - Complications
CUL - Cultural/Spiritual Aspects of Health
FU - Follow-up
I - Information
L - Literature
M - Medications
P - Prevention
SM - Stress Management
TE - Tests
TX - Treatment

SIDS—SUDDEN INFANT DEATH

CUL - Cultural/Spiritual Aspects of Health
I - Information
L - Literature
P - Prevention
S - Safety
SHS - Second Hand Smoke

SPE - SURGICAL PROCEDURES AND ENDOSCOPY

ADV - Advance Directive
C - Complications
CUL - Cultural/Spiritual Aspects of Health
EQ - Equipment
FU - Follow-up
IS - Incentive Spirometry
L - Literature
M - Medications
PM - Pain Management
PO - Postoperative
PR - Preoperative
PRO - Procedures
TCB - Turn, Cough, Deep Breath
TE - Tests
WC - Wound Care

TO - TOBACCO USE

C - Complications
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EX - Exercise
FU - Follow-up
HY - Hygiene
IR - Information and Referral
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
QT - Quit
S - Safety
SHS - Second-Hand Smoke
SM - Stress Management

UTI - URINARY TRACT INFECTION

AP - Anatomy and Physiology
DP - Disease Process
FU - Follow-up
HY - Hygiene
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PM - Pain Management
SM - Stress Management
TE - Tests

WH - WOMEN'S HEALTH

AP - Anatomy and Physiology
BE - Breast Exam
COLP - Colposcopy
CRYO - Cryotherapy
CUL - Cultural/Spiritual Aspects of Health
EX - Exercise
FU - Follow-up
HY - Hygiene
KE - Kegel Exercises
L - Literature
LP - LEEP
M - Medications
MAM - Mammogram
MNT - Medical Nutrition Therapy
MP - Menopause
MS - Menses
N - Nutrition
OS - Osteoporosis
PAP - Pap Smear
PMS - Premenstrual Syndrome
PRO - Procedures
RS - Reproductive System
SM - Stress Management
STI - Sexually Transmitted Infections
TD - Transdermal (Patch)
TE - Tests