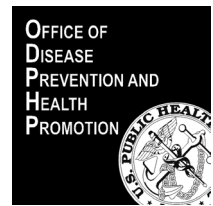




# 2007 PUBLICATIONS LIST AND ORDER FORM



The Office of Disease Prevention and Health Promotion (ODPHP) of the Office of Public Health and Science, U.S. Department of Health and Human Services, stimulates and coordinates efforts in both the public and private sectors to reduce the risk of disease and early death and to promote good health. Materials listed here are publications that ODPHP has sponsored or cosponsored.

**Single copies** of most publications listed are available for a minimal postage and handling fee from the ODPHP Communication Support Center; an order form is attached. Some publications, as noted, are for sale by the U.S. Government Printing Office (GPO) and other sources; these documents should be ordered directly from the sources noted. Publications are available while supplies last; prices and handling fees are subject to change. Full texts of some publications are available via the Internet as noted.

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## ***Steps to a HealthierUS***

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### ***Steps to a HealthierUS brochure*** (2005)

Provides an overview of the *Steps to a HealthierUS* initiative. Available from the **ODPHP Communication Support Center** (Stock No. H0020). *No fee for quantities up to 25; \$0.40 per piece over 25.* Also available on the Internet at [www.healthierus.gov/steps](http://www.healthierus.gov/steps).

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## ***Healthy People 2010***

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### ***Healthy People 2010: Midcourse Review*** (2007)

Provides an assessment of and shows the changes made to the *Healthy People 2010* objectives as of January 2005. Available from the **ODPHP Communication Support Center** as a book or CD (Book Stock No. B0129; CD Stock No. B0130). *\$68 for book, \$3 for CD.*

### ***Healthy People 2010: The Cornerstone for Prevention brochure*** (2005)

Provides an overview on the *Healthy People 2010* initiative. Available from the **ODPHP Communication Support Center** (Stock No. B0128). *No fee for quantities up to 25; \$0.40 per piece over 25.*

### ***Healthy People 2010: Understanding and Improving Health*** (second edition, 2000)

Explains the history of *Healthy People 2010* and the overall *Healthy People* initiative, the model on which *Healthy People* is based, how to use *Healthy People* as a systematic approach to health improvement, and the Leading Health Indicators. The text of this publication is also included in the second edition of *Healthy People 2010*. 76 pages. Available from **GPO** by calling (866) 512-1800 (Stock No. 017-001-00550-9) *\$10.*

Also available on the Internet at [www.healthypeople.gov/publications/](http://www.healthypeople.gov/publications/).

### ***Healthy People 2010*** (second edition in two volumes, 2000) (Includes *Understanding and Improving Health*.)

Presents the 467 national health objectives that cover 28 priority issues. It includes data on major population groups. 1,272 pages. Available from **GPO** by calling (866) 512-1800 (Stock No. 017-001-00547-9) *\$20.* Also available on the Internet at [www.healthypeople.gov/publications/](http://www.healthypeople.gov/publications/).

### ***Tracking Healthy People 2010*** (2000)

Provides a statistical compendium of information on measuring the objectives, and operational definitions. 996 pages. Available from **GPO** by calling (866) 512-1800 (Stock No. 017-001-00548-7)

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*Office of Disease Prevention and Health Promotion disseminates thousands of prevention-related materials each month. Some items are free of charge; others have a small cost-recovery fee that has been set under Office of Management and Budget guidelines.*

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\$66. Available on the Internet at [www.healthypeople.gov/publications/](http://www.healthypeople.gov/publications/).

### **Healthy People in Healthy Communities** (2001)

A guide for building community coalitions, creating a vision, measuring results, and creating partnerships dedicated to improving the health of a community. Includes "Strategies for Success," to help in starting community activities. Available from **GPO** by calling (866) 512-1800 (Stock No. 017-001-00546-1) \$2.75. Also available on the Internet at [www.healthypeople.gov/publications/](http://www.healthypeople.gov/publications/).

### **Healthy People 2010 Set of 4 Bookmarks** (2000)

Four different *Healthy People 2010* focus areas are featured. Available in English and Spanish from the **ODPHP Communication Support Center**. Safety bookmark (D0015 English; D0015s Spanish). Immunization bookmark (D0016 English; D0016s Spanish). Smoking bookmark (D0017 English; D0017s Spanish). Oral Health bookmark (D0018 English; D0018s Spanish). *No fee for quantities up to 50; \$0.20 per piece over 50.*

### **Healthy People 2010 Progress Reviews**

Healthy People progress reviews document data issues, barriers, and strategies to achieving the objectives, as well as implementation efforts under way to reach specific population targets. Available on the Internet at [www.healthypeople.gov/data/progrvw](http://www.healthypeople.gov/data/progrvw).

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## **HEALTH COMMUNICATION**

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### **Expanding the Reach and Impact of Consumer E-Health Tools Executive Summary and Full Report.** (2006)

This report summarizes a study on the potential utility and value of consumer e-health tools for populations that experience health disparities. The report includes an analysis of audience, market and policy factors relevant to e-health tools, an extensive literature review, and examples of collaboration that have enhanced community access to technology. Available from the **ODPHP Communication Support Center**. Full Report (F0050), \$11; Executive Summary (F0050a), \$3.50. Also available on the Internet at [www.health.gov/communication/ehealth](http://www.health.gov/communication/ehealth).

### **Tools for Improving Health Literacy: Resources for Health Professionals CD** (2006)

This CD contains the Quick Guide to Health Literacy, Action Plans to Achieve Healthy People 2010 Health Communication Objectives, and a Health Literacy PowerPoint presentation. Available from the **ODPHP Communication Support Center**. (F0051) \$3. These files are also available on the Internet at [www.health.gov/communication/](http://www.health.gov/communication/).

**healthfinder® brochure** (2005) healthfinder.gov is the award-winning Federal health portal site that links to reliable information from over 1,500 health-related organizations. Available from the **ODPHP Communication Support Center**. (D0005) *No fee for quantities up to 50; \$0.40 per piece over 50.*

**healthfinder® bookmark** (2003) Available in English and Spanish from the **ODPHP Communication Support Center**. (D0009 English; D0008 Spanish) *No fee for quantities up to 50; \$0.20 per piece over 50.*

### **2006 National Health Observances**

Calendar lists selected health observance days, weeks, and months devoted to promoting particular health concerns. 20 pages. Available from **ODPHP Communication Support Center**. (A06-06) \$2.50. Available on the Internet at [www.health.gov/nhic/pubs](http://www.health.gov/nhic/pubs).

### **2006 Federal Health Information Centers and Clearinghouses**

List of clearinghouses and information centers that focus on specific health topics. Includes telephone numbers, addresses, and descriptions of services. 10 pages. Available from **ODPHP Communication Support Center**. (A01-06) \$2.50. Available on the Internet at [www.health.gov/nhic/pubs](http://www.health.gov/nhic/pubs).

### **2006 Toll-Free Numbers for Health Information**

Selected toll-free telephone numbers for organizations that provide health-related information, education, and support. 16 pages. Available from **ODPHP Communication Support Center**. (A13-06) \$2.50. Available November 2005 on the Internet at [www.health.gov/nhic/pubs](http://www.health.gov/nhic/pubs).

### **Prevention Report** (quarterly)

Newsletter presents health- and prevention-related information to health care providers and policy makers. Current and back issues are available on the Internet at <http://odphp.osophs.dhhs.gov/pubs/prevrpt/>.

**Communicating Health: Priorities and Strategies for Progress** (2003)

Provides a groundbreaking report on the first-ever *Healthy People 2010* Health Communication objectives. The report summarizes the state of knowledge about the issues, challenges to measurement, stakeholder groups, and steps toward making progress on each objective. Available from the **ODPHP Communication Support Center**. (F0049) \$6. Also available on the Internet at <http://odphp.osophs.dhhs.gov/projects/healthcomm>.

**Information for Health: A Strategy for Building the National Health Information Infrastructure** (2001)

Offers a comprehensive assessment of the leadership required to improve the health of individuals, communities, and the Nation by better use of information and communication technology. Available from **ODPHP Communication Support Center**. (F0048) \$5.50. Also available on the Internet at [www.ncvhs.hhs.gov/nhiilayo.pdf](http://www.ncvhs.hhs.gov/nhiilayo.pdf).

**Wired for Health and Well-Being: The Emergence of Interactive Health Communication** (1999)

Interactive health communication (IHC) promises to have a significant impact on public health and health care in the future. The final report on the Science Panel on Interactive Communication and Health provides information and analyses needed to make critical decisions about IHC's development, purchase, use, and evaluation. 200 pages. Available from **ODPHP Communication Support Center**. (M0019) \$8. Also available on the Internet at [www.health.gov/scipich/pubs/finalreport.htm](http://www.health.gov/scipich/pubs/finalreport.htm).

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## NUTRITION

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**A Healthier You: Based on the Dietary Guidelines for Americans** (2005)

This book provides information on every day healthy eating and physical activity for life. *A Healthier You* is grounded in the comprehensive science-based advice of the official *Dietary Guidelines for Americans*, 2005. This one-stop, easy-to-use resource will help you make wise food and physical activity choices to manage your weight by providing healthy eating patterns and ways to use the nutrition facts labels; tips for eating out; 100 easy, healthy recipes; helpful Websites; reproducible worksheets to track your progress; and steps for incorporating physical activity into your life. Available from **GPO** by calling (866) 512-1800 (Stock No. 017-001-00555-0) \$15. Available on the Internet at [www.health.gov/dietaryguidelines/dga2005/healthieryou/contents.htm](http://www.health.gov/dietaryguidelines/dga2005/healthieryou/contents.htm).

**Dietary Guidelines for Americans, Sixth Edition** (2005)

The Guidelines provides authoritative advice for people 2 years and older about how good dietary habits can promote health and reduce risk for major chronic diseases. Discusses adequate nutrients within calorie needs, weight management, physical activity, food groups to encourage, fats, carbohydrates, sodium and potassium, alcoholic beverages, and food safety. This 80-page report is available from **GPO** by calling (866) 512-1800 (Stock No. 001-000-04719-1) \$12. Also available on the Internet at [www.healthierus.gov/dietaryguidelines](http://www.healthierus.gov/dietaryguidelines).

**Finding Your Way to a Healthier You: Based on the Dietary Guidelines for Americans** (2005)

To purchase copies of this 12-page brochure, call **GPO** toll-free at (866) 512-1800 (Stock No. 001-000-04718-3) \$21.60 for a package of 100. Also available on the Internet at [www.healthierus.gov/dietaryguidelines](http://www.healthierus.gov/dietaryguidelines).

**Report of the Dietary Guidelines Advisory Committee on the Dietary Guidelines for Americans** (2005)

This report presents the scientific review and recommendations of the 2005 Dietary Guidelines Advisory Committee. Available for sale from the National Technical Information Service by calling 703-605-6000. Also available on the Internet at [www.health.gov/dietaryguidelines/dga2005/report/](http://www.health.gov/dietaryguidelines/dga2005/report/).

**Surgeon General's Call To Action To Prevent and Decrease Overweight and Obesity** (2001)

Outlines strategies that individuals, families, communities, schools, worksites, health care, media, industry, organizations, and government can use to help prevent and decrease overweight and obesity in the U.S. Available from **GPO** by calling (866) 512-1800 (Stock No. 017-001-00551-7) \$5.50. Also available on the Internet at [www.surgeongeneral.gov/library/calls.htm](http://www.surgeongeneral.gov/library/calls.htm).

# ODPHP Communication Support Center

## ORDER FORM...

only for items available from ODPHP Communication Support Center. Check the items you wish to receive. Titles are available as long as supplies last. ODPHP disseminates thousands of prevention-related materials each month. Some items are free of charge; others have a small cost-recovery fee that has been set under Office of Management and Budget guidelines.

### STEPS TO A HEALTHIERUS

- Steps to a HealthierUS brochure  
\$0.40 per piece over 25                      H0020              NC

### HEALTHY PEOPLE

- Healthy People 2010: Midcourse Review  
Book                      B0129              \$68  
CD                      B0130              \$3
- Healthy People 2010: The Cornerstone for Prevention brochure  
\$0.40 per piece over 25                      B0128              NC
- Healthy People 2010 bookmarks, Safety (English)  
\$0.20 per piece over 50                      D0015              NC
- Healthy People 2010 bookmarks, Safety (Spanish)  
\$0.20 per piece over 50                      D0015s              NC
- Healthy People 2010 bookmarks, Immunization (English)  
\$0.20 per piece over 50                      D0016              NC
- Healthy People 2010 bookmarks, Immunization (Spanish)  
\$0.20 per piece over 50                      D0016s              NC
- Healthy People 2010 bookmarks, Smoking (English)  
\$0.20 per piece over 50                      D0017              NC
- Healthy People 2010 bookmarks, Smoking (Spanish)  
\$0.20 per piece over 50                      D0017s              NC
- Healthy People 2010 bookmarks, Oral Health (English)  
\$0.20 per piece over 50                      D0018              NC

- Healthy People 2010 bookmarks, Oral Health (Spanish)  
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### HEALTH COMMUNICATION

- Expanding the Reach and Impact of Consumer E-Health Tools Full Report              F0050              \$11
- Expanding the Reach and Impact of Consumer E-Health Tools Executive Summary              F0050a              \$3.50
- Tools for Improving Health Literacy: Resources for Health Professionals CD              F0051              \$3
- Communicating Health: Priorities and Strategies for Progress              F0049              \$6
- Information for Health: A Strategy for Building the National Health Information Infrastructure              F0048              \$5.50
- Wired for Health and Well-Being              M0019              \$8
- healthfinder® brochure  
\$0.40 per piece over 50                      D0005              NC
- healthfinder® bookmark (English)  
\$0.20 per piece over 50                      D0009              NC
- healthfinder® bookmark (Spanish)  
\$0.20 per piece over 50                      D0008              NC
- 2006 National Health Observances              A06-06              \$2.50
- 2006 Federal Health Information Centers and Clearinghouses              A01-06              \$2.50
- 2006 Toll-Free Numbers for Health Information              A13-06              \$2.50



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Print or type your address in the space below, and send this order form, along with your check or money order, to ODPHP Communication Support Center, P.O. Box 37366, Washington, DC 20013-7366. Please make checks payable to ODPHP Communication Support Center. Fax orders to 301-468-3028. Bulk orders should be directed to GPO where appropriate. **Please add a processing fee of \$2 to all orders of \$3 or more or to orders of 3 or more items.**

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