

## Education Needs Assessment Codes

### LP - Learning Preference

- Small Group
- Read
- Media
- Talk
- Do/Practice

### Mnemonics

- LP-GP
- LP-READ
- LP-MEDIA
- LP-TALK
- LP-DOIT

### RL - Readiness to Learn

- Distraction
- Eager
- Receptive
- Pain
- Severity of Illness
- Not Ready
- Unreceptive
- Intoxication

### Mnemonics

- RL-DSTR
- RL-EAGR
- RL-RCPT
- RL-PAIN
- RL-SVIL
- RL-NOTR
- RL-UNRC
- RL-ETOH

### HEALTH FACTORS:

#### BAR - Barriers to Learning

- Blind
- Cognitive Impairment
- Childhood Development
- Deaf
- Dementia
- Developmental Delay
- Does Not Read English
- Doesn't Speak English/Interpreter Needed
- Emotional Stressors
- Fine Motor Skills Deficit
- Learning Disability
- Speaks English As a Second Language
- Hard of Hearing
- No Barriers
- Pediatric/Developmental
- Social Stressors
- Values/Belief
- Visually Impaired

### Mnemonics

- BAR-BLND
- BAR-COGI
- BAR-PEDI
- BAR-DEAF
- BAR-DEMN
- BAR-DEVD
- BAR-DNRE
- BAR-INTN
- BAR-EMOT
- BAR-FIMS
- BAR-LDIS
- BAR-ESL
- BAR-HEAR
- BAR-NONE
- BAR-PEDI
- BAR-STRS
- BAR-VALU
- BAR-VISI



# Patient & Family Education Codes (PEPC)

## for Pediatric Codes

13th Edition

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To view the complete Patient Education Protocols and Codes Manual, visit:

[www.ihs.gov](http://www.ihs.gov)

Click on Nationwide Programs and Initiatives, look in the upper right-hand corner, and then click on link to the Patient Education Protocols and Code Manual. You can down-load this pamphlet from the link.

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## Documenting Patient Education

After using the Patient Education Protocols and providing education, the education should be documented using the codes found in this booklet. Correct documentation requires the completion of 6 elements:

1. Disease state, Illness, or Condition
2. Education Topic Discussed
3. Level of Understanding
4. Time
5. Provider Initials
6. Behavior Goal: Goal Set, Goal Met, Goal Not Met

1. **CHN** = Child Health Newborn
2. **CAR** = Car Seats and Automobile Safety
3. **G** = Good Understanding
4. **10** (Minutes) = Time
5. **XYZ** = Provider Initials
6. **GS**: Parent to always place infant in car seat = Behavior Goal

Patient Education String:

CHN-CAR-G-10-XYZ-GS: Parent to always place infant in car seat.

## Documenting Time

Providers should estimate the amount of Time spent providing the patient education and document that Time using whole numbers.

## Clinical Reporting System (CRS)

Patient education is tracked in the Clinical Reporting System by 1) Disease, 2) Education Topic discussed, 3) Level of Understanding, 4) Provider, 5) Time, and 6) Behavior Goal.

## Documenting Pediatric Codes

The codes listed below are the mostly commonly used codes for pediatric education. If education is provided and you do not find the pediatric code listed in this booklet, you should consult the entire Patient Education Protocols and Codes Manual found at [www.ihs.gov](http://www.ihs.gov)

### ACNE - ACNE

**C** - Complications  
**DP** - Disease Process  
**FU** - Follow-up  
**HY** - Hygiene  
**L** - Literature  
**M** - Medications  
**N** - Nutrition  
**TX** - Treatment

### AN - ANEMIA

**C** - Complications  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**PRO** - Procedures

## Documenting Level of Understanding Patient and Family Education

### RECORDING THE PATIENT'S RESPONSE TO EDUCATION

The following "Levels of Understanding" can be used in the PCC system:

- Good (G):** Verbalizes understanding  
Able to return demonstration or teach-back correctly
- Fair (F):** Verbalizes need for more education  
Incomplete return demonstration or teach-back indicates partial understanding
- Poor (P)** Does not verbalize understanding  
Unable to return demonstration or teach-back
- Refuse (R):** Refuses education
- Group (GP):** Education provided in group. Unable to evaluate individual response

The PCC Coders can only select "Good, Fair, Poor, Group, or Refused" for the level of understanding. Remember, this section is meant for speedy documentation of brief educational encounters. If you want to write a more lengthy narrative, please do so, on a separate PCC form using the codes to simply summarize your note. On inpatient PCCs each entry must be prefaced by a date.

## Documenting Behavioral Goals

Providers should not only educate the patient, providers should also assist the patient to set some goals that will help them to become healthier.

OBJECTIVE	DEFINITION	MNEMONIC
Goal Set	This is the preparation phase defined as "patient ready to change" (patient is active)	GS
Goal Not Set	This is the pre-contemplation phase defined as "patient is not thinking about change"	GNS
Goal Met	This is the action phase defined as "patient activity making the change" or maintenance phase defined as "patient is sustaining the behavior change"	GM
Goal Not Met	This is the contemplation phase defined as "patient is unsure about the change" or relapse when the patient started making the change and did not succeed due to ambivalence or other factors.	GNM

**POI - POISONING**

**FU** - Follow-up  
**I** - Information  
**L** - Literature  
**P** - Prevention  
**TE** - Tests  
**TX** - Treatment

**RSV - RESPIRATORY  
SYNCYTIAL VIRUS**

**C** - Complications  
**DP** - Disease Process  
**FU** - Follow-up  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**NEB** - Nebulizer  
**P** - Prevention  
**SHS** - Second-Hand Smoke  
**TE** - Tests  
**TO** - Tobacco (Smoking)

**SZ - SEIZURE DISORDER**

**C** - Complications  
**CUL** - Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**S** - Safety  
**SM** - Stress Management  
**TE** - Tests  
**TX** - Treatment

**ST - STREP THROAT**

**C** - Complications  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Literature  
**M** - Medications  
**P** - Prevention  
**PM** - Pain Management  
**TE** - Tests

**SIDS - SUDDEN INFANT DEATH**

**CUL** - Cultural/Spiritual Aspects of Health  
**I** - Information  
**L** - Literature  
**P** - Prevention  
**S** - Safety  
**SHS** - Second-Hand Smoke

**URI - UPPER RESPIRATORY  
TRACT INFECTION**

**CUL** - Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**FU** - Follow-up  
**HM** - Home Management  
**L** - Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention

**UTI - URINARY TRACT INFECTION**

**AP** - Anatomy and Physiology  
**DP** - Disease Process  
**FU** - Follow-up  
**HY** - Hygiene  
**L** - Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PM** - Pain Management  
**SM** - Stress Management  
**TE** - Tests

**P** - Prevention  
**TE** - Tests

**ASM - ASTHMA**

**AP** - Anatomy and Physiology  
**C** - Complications  
**CM** - Case Management  
**CUL** - Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment  
**EX** - Exercise  
**FU** - Follow-up  
**HM** - Home Management  
**L** - Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MDI** - Metered Dose Inhalers  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**NEB** - Nebulizer  
**PF** - Peak-Flow Meter  
**SHS** - Second-Hand Smoke  
**SM** - Stress Management  
**SMP** - Self Management Plan  
**SPA** - Spacers  
**TE** - Tests  
**TO** - Tobacco (Smoking)  
**TX** - Treatment

**BF - BREASTFEEDING**

**AP** - Anatomy and Physiology  
**BB** - Benefits of Breastfeeding  
**BC** - Breast Care  
**BP** - Breastfeeding Positions  
**CS** - Collection and Storage of Breast Milk  
**EQ** - Equipment  
**FU** - Follow-up  
**GD** - Growth and Development  
**HC** - Hunger Cues  
**L** - Literature  
**LA** - Lifestyle Adaptations  
**M** - Maternal Medications  
**MK** - Milk Intake  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition (Maternal)  
**NJ** - Neonatal Jaundice  
**ON** - Latch-on  
**SF** - Introduction to Solid Foods  
**SM** - Stress Management  
**T** - Teething  
**W** - Weaning

**CEL - CELIAC DISEASE**

**C** - Complications  
**CM** - Case Management  
**DP** - Disease Process  
**FU** - Follow-up  
**IR** - Information and Referral  
**L** - Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**TE** - Tests

**CHN - CHILD HEALTH NEW-  
BORN (0-60 DAYS)**

**CAR** - Car Seats & Automobile Safety  
**ECC** - Early Child Caries  
**FU** - Follow-up  
**GD** - Growth and Development  
**I** - Information  
**L** - Literature  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**NJ** - Neonatal Jaundice  
**PA** - Parenting  
**S** - Safety  
**SF** - Introduction to Solid Foods  
**SHS** - Second-Hand Smoke

**CHI - CHILD HEALTH INFANT (2-  
12 MONTHS)**

**CAR** - Car Seats & Automobile Safety  
**ECC** - Early Child Caries  
**FU** - Follow-up  
**GD** - Growth and Development  
**HY** - Hygiene  
**L** - Literature  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**PA** - Parenting  
**S** - Safety  
**SF** - Introduction to Solid Foods  
**SHS** - Second-Hand Smoke  
**W** - Weaning

**CHT - CHILD HEALTH TODDLER  
(1-3 YEARS)**

**CAR** - Car Seats & Automobile Safety  
**ECC** - Early Child Caries  
**FU** - Follow-up  
**GD** - Growth and Development  
**L** - Literature  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**PA** - Parenting  
**S** - Safety  
**SF** - Introduction to Solid Foods  
**SHS** - Second-Hand Smoke  
**W** - Weaning

**CHP - CHILD HEALTH PRE-  
SCHOOL (3-5 YEARS)**

**CAR** - Car Seats & Automobile Safety  
**ECC** - Early Child Caries  
**FU** - Follow-up  
**GD** - Growth and Development  
**L** - Literature  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**PA** - Parenting  
**S** - Safety  
**SHS** - Second-Hand Smoke

## **CHS - CHILD HEALTH SCHOOL**

### **AGE (5-12 YEARS)**

**AOD** - Alcohol and Other Drugs  
**CAR** - Car Seats & Automobile Safety  
**DC** - Dental Caries  
**FU** - Follow-up  
**GD** - Growth and Development  
**L** - Literature  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**PA** - Parenting  
**S** - Safety  
**SHS** - Second-Hand Smoke  
**SOC** - Social Health  
**SX** - Sexuality  
**TO** - Tobacco

### **CHA - CHILD HEALTH ADOLESCENT (12-18 YEARS)**

**AOD** - Alcohol and Other Drugs  
**CAR** - Automobile Safety  
**DC** - Dental Caries  
**FU** - Follow-up  
**GD** - Growth and Development  
**L** - Literature  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**PA** - Parenting  
**S** - Safety  
**SHS** - Second-Hand Smoke  
**SOC** - Social Health  
**SX** - Sexuality  
**TO** - Tobacco

### **CRP - CROUP**

**AP** - Anatomy and Physiology  
**C** - Complications  
**DP** - Disease Process  
**EQ** - Equipment  
**FU** - Follow-up  
**HM** - Home Management  
**L** - Literature  
**M** - Medications  
**SHS** - Second-Hand Smoke

### **CF - CYSTIC FIBROSIS**

**AP** - Anatomy and Physiology  
**C** - Complications  
**CM** - Case Management  
**CUL** - Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment  
**EX** - Exercise  
**FU** - Follow-up  
**L** - Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**SHS** - Second-Hand Smoke  
**TE** - Tests  
**TO** - Tobacco (Smoking)  
**TX** - Treatment

### **DEH - DEHYDRATION**

**AP** - Anatomy and Physiology  
**C** - Complications  
**DP** - Disease Process

**EQ** - Equipment  
**FU** - Follow-up  
**HM** - Home Management  
**L** - Literature  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**TE** - Tests  
**TX** - Treatment

### **ECC - EARLY CHILDHOOD CARIES**

**AP** - Anatomy and Physiology  
**C** - Complications  
**DP** - Disease Process  
**FU** - Follow-up  
**GD** - Growth and Development  
**L** - Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PM** - Pain Management  
**PRO** - Procedures  
**TE** - Tests  
**TX** - Treatment

### **ECZ - ECZEMA / ATOPIC DERMATITIS**

**AP** - Anatomy and Physiology  
**C** - Complications  
**DP** - Disease Process  
**FU** - Follow-up  
**HY** - Hygiene  
**L** - Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**WC** - Wound Care

### **F - FEVER**

**C** - Complications  
**DP** - Disease Process  
**EQ** - Equipment  
**FU** - Follow-up  
**HM** - Home Management  
**L** - Literature  
**M** - Medications  
**TE** - Tests  
**TX** - Treatment

### **FF - FORMULA FEEDING**

**FS** - Formula Feeding Skills  
**I** - Information  
**L** - Literature  
**ME** - Maternal Engorgement  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**NJ** - Neonatal Jaundice  
**S** - Safety  
**SF** - Introduction to Solid Foods

### **GE - GASTROENTERITIS**

**C** - Complications  
**CUL** - Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**FU** - Follow-up

**HM** - Home Management  
**L** - Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**PM** - Pain Management  
**TE** - Tests  
**TX** - Treatment

### **GENE - GENETIC DISORDERS**

**BH** - Behavioral and Social Health  
**C** - Complications  
**CM** - Case Management  
**EQ** - Equipment  
**FU** - Follow-up  
**I** - Information  
**L** - Literature  
**LA** - Lifestyle Adaptation  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PA** - Parenting  
**PT** - Physical Therapy  
**S** - Safety  
**SM** - Stress Management  
**TE** - Tests

### **IM - IMMUNIZATION**

**DEF** - Deficiency  
**FU** - Follow-up  
**I** - Immunization Information  
**L** - Literature  
**P** - Prevention  
**SCH** - Schedule

### **IMP - IMPETIGO**

**DP** - Disease Process  
**FU** - Follow-up  
**L** - Literature  
**M** - Medications  
**P** - Prevention  
**TX** - Treatment

### **FLU - INFLUENZA**

**AVN** - Avian Flu  
**C** - Complications  
**DP** - Disease Process  
**FU** - Follow-up  
**IM** - Immunization  
**L** - Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention

### **INJ - INJURIES**

**CC** - Cast Care  
**EQ** - Equipment  
**EX** - Exercise  
**FU** - Follow-up  
**HM** - Home Management  
**I** - Information  
**L** - Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**P** - Prevention  
**PM** - Pain Management  
**TE** - Tests  
**WC** - Wound Care

## **NF - NEONATAL FEVER**

**C** - Complications  
**DP** - Disease Process  
**EQ** - Equipment  
**FU** - Follow-up  
**L** - Literature  
**M** - Medications  
**P** - Prevention  
**TE** - Tests

## **NJ - NEONATAL JAUNDICE**

**C** - Complications  
**DP** - Disease Process  
**P** - Prevention  
**TE** - Tests  
**TX** - Treatment

## **OBS - OBESITY**

**C** - Complications  
**CUL** - Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EX** - Exercise  
**FU** - Follow-up  
**IR** - Information and Referral  
**L** - Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**SCR** - Screening  
**SM** - Stress Management  
**TE** - Tests

## **OM - OTITIS MEDIA**

**C** - Complications  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**P** - Prevention  
**PET** - Pressure Equalization Tubes  
**PM** - Pain Management  
**TE** - Tests

## **PNM - PNEUMONIA**

**AP** - Anatomy and Physiology  
**C** - Complications  
**CUL** - Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment  
**EX** - Exercise  
**FU** - Follow-up  
**IS** - Incentive Spirometry  
**L** - Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PM** - Pain Management  
**SHS** - Second-Hand Smoke  
**TCB** - Turn, Cough, Deep Breath  
**TE** - Tests  
**TO** - Tobacco  
**TX** - Treatment