

Table G2.A4. Summary of PAD Physical Activity Studies for Primary Prevention (2)

Author/Journal/Year	N	Random/Control	Intervention/ Measures	Finding
Housley E J Epidemiol Comm Health 1993 (1)	1,592 men + women	Cross-sectional survey, general population	Self-report questionnaire regarding physical activity ABI	In men, physical activity at age 35-45 resulted in less PAD at ages 55-74. Not found in women. However, this was not true if they had never smoked.
Gardner AW Angiology 1997 (2)	353 men + women	Cross-sectional survey, general population	Activity questionnaire. ABI	Relationship between ABI and physical activity in subjects free of PAD.

ABI, activity-based intervention; PAD, peripheral arterial disease.

Reference List

1. Housley E, Leng GC, Donnan PT, Fowkes FG. Physical activity and risk of peripheral arterial disease in the general population: Edinburgh Artery Study. *J.Epidemiol.Community Health* 1993 Dec;47(6):475-80.
2. Gardner AW, Sieminski DJ, Montgomery PS. Physical activity is related to ankle/brachial index in subjects without peripheral arterial occlusive disease. *Angiology* 1997 Oct;48(10):883-91.