



2007-2008 Guide to Services for Older Delawareans



**DELAWARE HEALTH
AND SOCIAL SERVICES**

DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES

dhss.delaware.gov/dsaapd

HOME HEALTHCARE WITH A GENTLE TOUCH SINCE 1968



SPECIALTIES

- Nursing
- Physical, Speech and Occupational Therapy
- Medical Social Services
- Respite Care
- Homemaker/Personal Care
- Housekeeping
- Information and Referral
- Adult Foster Care
- Medical Transportation

GENERATIONS HOME CARE, INC. provides a full range of home healthcare services for the elderly and disabled. Our healthcare is very special because of the gentle way it is provided. It's the kind of care you would want for yourself or for a loved one.

OUR NON-PROFIT STATUS lets us offer these services at lower cost than most other sources, and we are fully certified by Medicare, Medicaid and The State of Delaware.

FOR LONG OR SHORT TERM healthcare, call the people who really care...

Generations Home Care, Inc.

Georgetown 856-7774

Dover 734-7005

Wilmington 658-6731

www.ghcde.org



Changes to the 2007-2008 Guide to Services for Older Delawareans

May 2008

- p. 12 Evergreen Center 1, 995-8448
- p. 14 Easter Seals, change DuPont Hwy. to DuPont Blvd.
- p. 19 Ingleside Home Health Care, 575-0250, ext. 2252
- p. 22 Brandywine Senior Living at Seaside Pointe address is 36101 Seaside Blvd.
- p. 22 Westminster Village 744-3600, 744-3558
- p. 29 Greenwood Public Library 100 Mill St., PO Box 839
- p. 33 delete Elder Option Planners
- p. 33 Add: A Place For Mom eldercare referral network, 352-1748, 866-333-0699
- p. 34 Senior Social Services 998-7603
- p. 34 Senior Partner, 425-4001
- p. 38 Senior Roll Call Lifeline, 395-8159
- p. 46 Police Victims Assistance Program, delete 422-1562 only
- p. 47 Dept. of Justice, Sussex County # is 856-5352 or 5353
- p. 50 delete Books by Mail program
- p. 51 Widener University 610-499-4507
- p. 51 Delaware Technical & Community College, Dover # is 857-1000
- p. 54, 55 Woman's Vocational Services is Division of Vocational Rehabilitation
- p. 55 Vocational Rehabilitation, Sussex County 856-5730
- p. 55 delete The Golden Eagle Craft Store
- p. 57 Add: Debt Council for Seniors and Disabled (DCSD), 800-992-3275, ext. 1304
- p. 59 NCC Assessment Division 395-5520
- p. 60 Kent County Board of Assessment 744-2401
- p.60 Sussex County Treasury Division 855-7760
- p. 61 Centro Los Abuelos 254-3199
- p. 62 Jimmy Jenkins Senior Center is housed in the Kingswood Community Center
- p. 62 Salvation Army Senior Center 472-0609
- p. 63 NCC Senior Nutrition Program 395-5657
- p. 64 Luther Towers, Dover 674-1408
- p. 65 delete Nanticoke Indian Elder CHEER Center
- p. 65 Oak Orchard CHEER Center is CHEER Long Neck Pelican Cove, 26089 Long Neck Road Millsboro, DE 19966
- p. 65 Ocean View Leisure and Resource Center is CHEER Coastal Leisure Center, P. O. Box 637 30637 Cedar Neck Road, Ocean View, DE 19970
- p. 65 Roxanna CHEER Center is 34314 Pyle Center Road, Frankford, DE. 19945
- p. 66 Slaughter Neck CHEER Center is 22942 Slaughter Neck Road, Lincoln, De. 19960
- p. 70 Change LifeAssure to Health Watch, 1-800-685-5252
- p. 72 Add: Absolute Home Health, 369-1050
- p. 72 Add: Bayada Nurses Inc, 750 S. Madison St. Suite 101, Wilmington, DE 19801, 655-1333
- p. 75 Compassionate Care Hospice, New Castle and Kent County 1-800-219-0092, Sussex Co.934-5900.
- p. 79 Add: Comfort Keepers, 282 Milford-Harrington Hwy. Milford, DE 19963, 866-440-4860
- p. 79 delete Milford address, Christiana Care Visiting Nurse Association.
- p. 79 Compassionate Care Hospice 800-219-0092
- p. 80 Home Health Corporation of America 855-0310
- p. 86 delete Downtown MILFORD Revitalization Fund Program
- p. 87 delete R, C and D 697-9532 only
- p. 87 Neighborhood House 778-6505
- p. 90 Salvation Army Energy Assistance (New Castle Co.) 472-0750
- p. 92 Add: Housing Counseling agency- Hockessin Community Center, 239-2363
- p. 92 Center for Homeownership (YWCA) 224-4060

- p. 93 Wilmington Housing Authority 429-6700
- p. 93 NCC Section 8 395-5600
- p. 94 Kent/Sussex DSAAPD 424-7310
- p. 96 delete Latin American Community Development Center
- p. 97 Manlove Manor 652-3991
- p. 98 Peach Circle Apartments 653-5868
- p. 103 Delaware Aging Network 478-9411, 734-1200, 854-9500
- p. 105 delete Kent County Community Services Department 698-6444
- p. 115 Public Guardian, 900 King St. Wilmington, DE 19801, 255-1900; 659-6880; 856-5431
- p. 120 Add: Delaware Consumer Health Information Service, 733-3900
- p. 120 delete Poison Control Center 1-800-772-7112
- p. 121 delete Mammography of Delaware
- p. 126 DDDS Kent County 744-1110, Sussex County 933-3000
- p. 126, Medical Society of Delaware, 800-348-6800
- p. 128 State Board of Pharmacy 744-4500
- p. 129 Bayhealth of Kent General Hospital 674-4700
- p. 133 Medicaid, 302-424-7210
- p. 136 Delaware Association of Children of Alcoholics (DACOA) 877-302-2262
- p. 136 Delmarva Rural Ministries Hispanic Outreach Services 678-3652 or 678-2000
- p. 142 Broadmeadow, 449-3400
- p. 147 Delaware Hospital for the Chronically Ill, 223-1000
- p. 148 Westminster Village Health Center, 744-3600, 744-3542
- p. 148 Chancellor Care Nursing & Rehabilitation is Delmar Nursing & Rehabilitation of Mid/Atlantic
- p. 148 Harrison House of Georgetown is Harrison Senior Living
- p. 152 delete American Cancer Society, Kent County 734-7431
- p. 155 Delaware Maryland Paralyzed Veterans Association, Colonial Chapter 368-4898
- p. 157 Multiple Sclerosis Society, delete Kent County 734-4318 only
- p. 158 Nat'l Assn. of Retired Federal Employees 703-838-7760 or 1-800-456-8410
- p. 159 Pre-Admission Screening Program, 302-424-7172
- p. 161 Generations Home Care, 15 Ashley Place, Suite 1A, Wilmington, DE 19804
- p. 161. Home Health Service by TLC 2915 Ogletown Rd, Newark, DE 19713
- p. 161 delete Preferred Health Mate of DE
- p. 162 Cheer Home Services 854-9555
- p. 163 Centro Los Abuelos 254-3199
- p. 163 Francis X. Norton Senior Center 917 **North** Madison St., 594-9455
- p. 164 C & D Senior Center 100 Liberty Terrace, Community Center, Newark, DE 19702
- p. 164 delete St. Thomas Senior Center
- p. 165 New Castle Senior Center, 400 South St, New Castle, DE 19720
- p. 165 Harvest Years Senior Center, 30 South Street, Camden, DE 19934, 698-4285
- p. 167 Roxana Cheer Center, 34314 Pyle Center Road, Frankford DE, 19945
- p. 169 Add: Breathe For Your Life support group, 328-2011
- p. 169 delete Caregiver Support Group
- p. 170 Huntington's Disease support group 610-260-0420
- P. 170 delete Life Times, three listed numbers
- p. 170 Mental Health Association, 654-6833
- p. 170 delete Parkinson's Support Group
- p. 170 Compassionate Friends 376-0300 or 284-3767 or 739-5348
- p. 171 Stroke Support Group, DE Stroke Initiative 633-9313
- p. 173 Add: Angel Flight, flying patients to specialized medical treatment, 800-296-3797
- p. 176 delete Universal Transportation 659-3834 only
- p. 180 Williams State Service Center 857-5050

Table of Contents

| | |
|---|-----|
| Adult Day Care | 11 |
| Adult Protective Services..... | 15 |
| Alzheimer’s Disease | 16 |
| Assisted Living | 17 |
| Caregiving Resources | 25 |
| Case Management/Assessment of Needs..... | 32 |
| Companion Programs..... | 35 |
| Consumer Information | 39 |
| Crime Prevention and Victims Assistance | 45 |
| Education | 48 |
| Employment..... | 52 |
| Financial Information and Assistance | 56 |
| Food Programs | 61 |
| Grandparents/Relative Caregivers | 108 |
| Homemaker/Home Health Care/Hospice | 68 |
| Housing..... | 81 |
| Information and Advocacy..... | 101 |
| Joining Generations | 108 |
| Legal Services..... | 112 |
| Long Term Care Ombudsman Program | 116 |
| Medical/Health Care | 118 |
| Medicare and Medicaid/Health Insurance Counseling..... | 131 |
| Mental Health/Counseling | 136 |
| Nursing Homes | 140 |
| Organizations (Senior Citizens)..... | 150 |
| Pre-Admission Screening Program..... | 159 |
| Respite Care | 160 |
| Senior Centers..... | 163 |
| Social Security and Supplemental Security Income (SSI)..... | 168 |
| Support Groups | 169 |
| Transportation | 172 |
| Volunteerism | 178 |
| Web Sites..... | 185 |
| Index | 188 |
| Index of Advertisers..... | 203 |

*Today and everyday
our professional members
and their staffs are caring for
your loved ones with dignity,
compassion and excellence...*



Delaware Health Care Facilities Association

"Advocates for quality care for Delaware's elder community since 1963"



726 Loveville Road • Suite 3000
Hockessin, Delaware 19707-1536
(302) 235-6895 Fax (302) 235-6899

Email: waldrony@dhcfa.org

Visit our website: www.dhcfa.org for more information.



State of Delaware Office of the Governor

Dear Friends:

I am proud to present this guide to the wide range of services that are available to older residents in the State of Delaware. The publication is a wonderful testimonial to the statewide network of caring and dedicated organizations and individuals whose services enhance the quality of our lives.



The services on the following pages can support your efforts to achieve and enjoy the benefits of a healthy and active life. And when we need assistance later in life, there are facilities near our homes that provide short term and long term care.

Delaware's Division of Services for Aging and Adults with Physical Disabilities is a strong advocate for older Delawareans and adults with physical disabilities and is committed to helping them maintain their independence, dignity and health. I am confident that their advocacy efforts and services will continue to contribute to our state's excellent quality of life.

Sincerely,

A handwritten signature in cursive script that reads "Ruth Ann Minner". The signature is written in dark ink on a light background.

Ruth Ann Minner
Governor

A pharmaceutical company saving you money
on the medicines it makes.

Imagine that.

HEALTHCARE FOR PEOPLE. IMAGINE THAT is a trademark of the AstraZeneca group of companies.
©2006 AstraZeneca Pharmaceuticals LP. All rights reserved.



If you take any AstraZeneca medicines, there's someone you can turn to for help if you can't afford them: us. A family of four without prescription coverage making up to \$60,000 per year may qualify for patient assistance. The AstraZeneca Personal Assistants can assist you in signing up for programs that can provide you free medicines or significant savings if you qualify.

As a pharmaceutical company, we're creating a place to put the personal touch back into healthcare. Come see what *AZ&Me* is all about.

Visit AZandMe.com, or call 1-800-AZandMe.

Healthcare for people.

Imagine that.[™]

AstraZeneca 



**DELAWARE HEALTH
AND SOCIAL SERVICES**

DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES

Dear Delaware Resident:

The comprehensive publication in your hands speaks volumes about the scope and quality of services and programs that are available for older Delawareans and persons with physical disabilities. In fact, the number and range of services in this edition of the guide has increased significantly from previous editions.



Our Division is committed to helping Delawareans improve their quality of life and lead active and independent lives. We provide directly and/or provide funding for many of the community-based services in this directory. A summary of these services appears on the following two pages.

The Division's services are funded by the Older Americans Act, the Social Services Block Grant, the Medicaid Waivers for Elderly and Disabled and Assisted Living, and appropriations by the State of Delaware.

Our experienced, professional staff is at your service. Please call us if we can help you.

Sincerely,

A handwritten signature in cursive script that reads "Allan R. Zaback".

Allan R. Zaback
Director

At your service . . .

A summary of the services provided by the Division of Services for Aging and Adults with Physical Disabilities (DSAAPD) and funded by the Division through the Older Americans Act, the Social Services Block Grant, the Medicaid Waivers for Elderly and Disabled and Assisted Living and appropriations by the State of Delaware.

Adult Day Services—provide activities and assistance for people with physical and/or mental challenges.

Adult Foster Care—a housing option for people who need some supervision and can no longer remain in their own homes.

Adult Life Skills—helps persons with disabilities who want to learn the skills to live more independently.

Adult Protective Services—responds to cases of suspected abuse, neglect or exploitation of impaired adults.

Alzheimer’s Day Programs—day programs for persons with Alzheimer’s, including medical, recreational and personal care services.

Alzheimer’s Respite—offers brief periods of relief to caregivers and gives them some time away from their caregiving responsibilities.

Assisted Living—a residential option including personal services and light medical or nursing care.

Assistive Devices—equipment that allows people to function more independently, ie. shower or bath chair, ramp, stair glide, etc.

Attendant Services—provide personal care and support services so people can live in the community in their own home or with their family.

Case Management—helps older persons, persons with disabilities and caregivers get connected to the services they need.

Congregate Meals—provided daily in group settings such as senior centers.

Delaware Senior Medicare Patrol Program—provides information to Medicare beneficiaries on how to detect possible fraud and abuse.

Money Management—to promote and prolong independent living for persons who are at risk of losing their independence due to inability to manage their financial affairs.

Emergency Response System—a device that allows a person to get immediate help in the event of an emergency.

Hispanic Outreach—to help older persons in the Hispanic community learn about and get connected with the services they need.

Home Delivered Meals—delivers nutritionally balanced hot meals during the day to homebound persons and cold, bagged meals for breakfast or dinner.

Home Modifications—changes to a home to allow a person to move around more freely- wheelchair ramp, grab bars, wider doorways, etc.

Housekeeping—an in-home service providing light cleaning to allow persons with disabilities and older persons who cannot do these tasks to remain in their homes.

Information and Assistance—contact DSAAPD for information about the many services, programs, activities, events and other community resources related to aging and disabilities in Delaware.

Joining Generations—a support/education group program for grandparents and relatives raising others' children.

Legal Services—provides help with matters such as power of attorney, living wills, consumer, housing and medical issues.

Long Term Care Ombudsman Program—investigates and resolves complaints made by or on behalf of residents of long term care facilities.

Medicaid Waiver Services—an alternative to nursing home care by providing needed services in the community setting.

Medical Transportation—provides transportation to health care appointments for persons age 60 and over who live in New Castle County but outside of the City of Wilmington.

Personal Care—assistance with personal hygiene, meal preparation, shopping, light housekeeping, etc.

Respite Care—relief for primary caregivers.

Senior Community Service Employment Program—provides part time employment for eligible seniors.

At your service . . .

Delaware's Division of Services for Aging and Adults with Physical Disabilities

DELAWARE HEALTH AND
SOCIAL SERVICES
DIVISION OF SERVICES
FOR AGING AND ADULTS
WITH PHYSICAL DISABILITIES

At your service throughout Delaware

Client Services

New Castle County

University Plaza
Oxford Building, Suite 200
256 Chapman Road
Newark, Delaware 19702
(302) 453-3820
(800) 223-9074
Fax (302) 453-3836

Kent/Sussex Counties

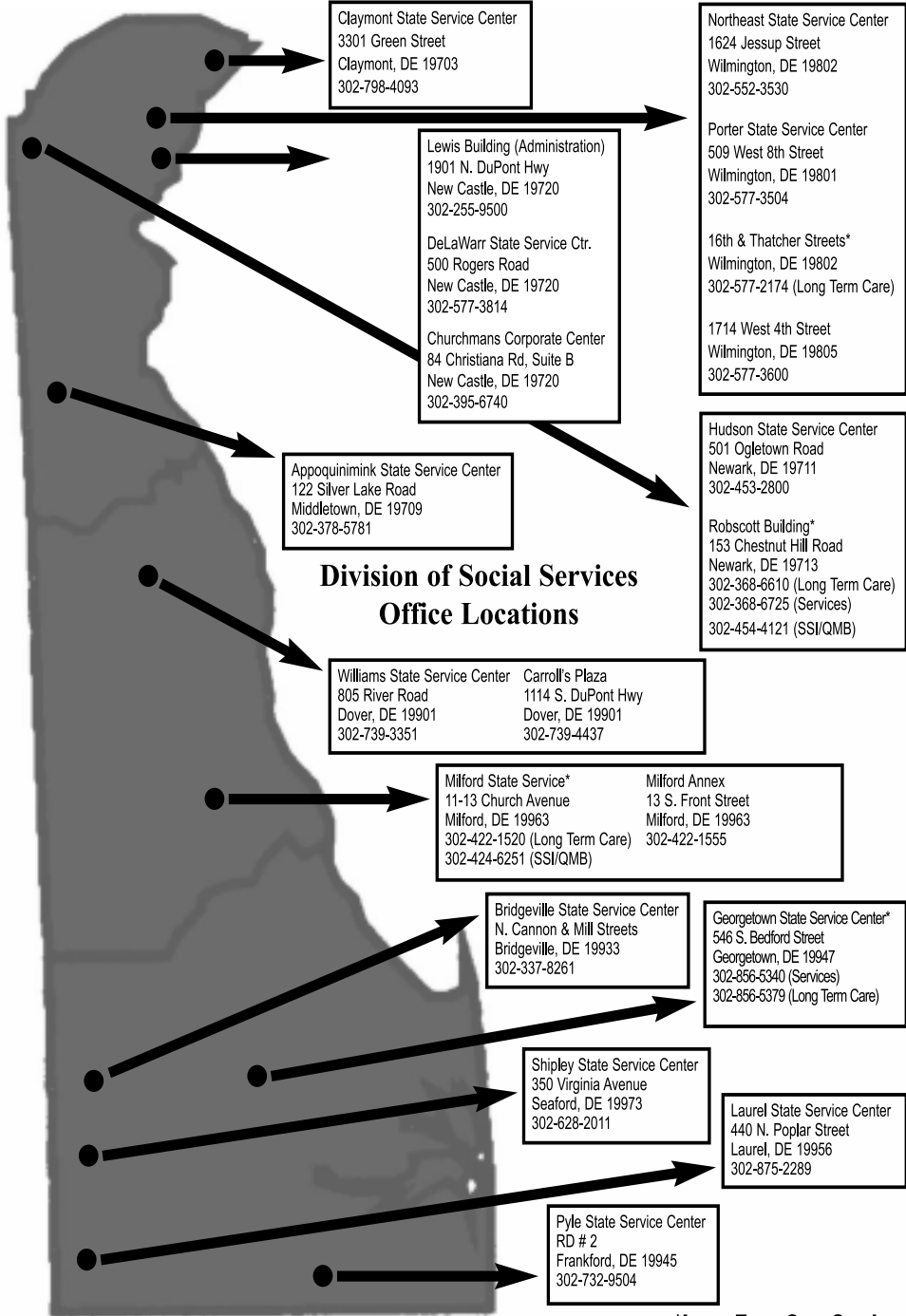
Milford State Service Center
18 North Walnut Street
Milford, Delaware 19963
(302) 424-7310
(800) 223-9074
Fax (302) 422-1346

Administration

First Floor Annex

Main Administration Building
1901 North DuPont Highway
New Castle, DE 19720
(302) 255-9390
(800) 223-9074
Fax (302) 255-4445

At your service on the World Wide Web!
dhss.delaware.gov/dsaapd



Claymont State Service Center
3301 Green Street
Claymont, DE 19703
302-798-4093

Northeast State Service Center
1624 Jessup Street
Wilmington, DE 19802
302-552-3530

Lewis Building (Administration)
1901 N. DuPont Hwy
New Castle, DE 19720
302-255-9500

DeLaWarr State Service Ctr.
500 Rogers Road
New Castle, DE 19720
302-577-3814

Churchmans Corporate Center
84 Christiana Rd, Suite B
New Castle, DE 19720
302-395-6740

Porter State Service Center
509 West 8th Street
Wilmington, DE 19801
302-577-3504

16th & Thatcher Streets*
Wilmington, DE 19802
302-577-2174 (Long Term Care)

1714 West 4th Street
Wilmington, DE 19805
302-577-3600

Appoquinimink State Service Center
122 Silver Lake Road
Middletown, DE 19709
302-378-5781

Hudson State Service Center
501 Ogletown Road
Newark, DE 19711
302-453-2800

Robscott Building*
153 Chestnut Hill Road
Newark, DE 19713
302-368-6610 (Long Term Care)
302-368-6725 (Services)
302-454-4121 (SSI/QMB)

**Division of Social Services
Office Locations**

| | |
|--|--|
| Williams State Service Center 805 River Road Dover, DE 19901 302-739-3351 | Carroll's Plaza 1114 S. DuPont Hwy Dover, DE 19901 302-739-4437 |
|--|--|

| | |
|---|--|
| Milford State Service* 11-13 Church Avenue Milford, DE 19963 302-422-1520 (Long Term Care) 302-424-6251 (SSI/QMB) | Milford Annex 13 S. Front Street Milford, DE 19963 302-422-1555 |
|---|--|

Bridgeville State Service Center
N. Cannon & Mill Streets
Bridgeville, DE 19933
302-337-8261

Georgetown State Service Center*
546 S. Bedford Street
Georgetown, DE 19947
302-856-5340 (Services)
302-856-5379 (Long Term Care)

ShIPLEY State Service Center
350 Virginia Avenue
Seaford, DE 19973
302-628-2011

Laurel State Service Center
440 N. Poplar Street
Laurel, DE 19956
302-875-2289

Pyle State Service Center
RD # 2
Frankford, DE 19945
302-732-9504

*Long -Term Care Services



That's why we support the organizations that make it a better place. We're your neighbors, people you've known all your life. We know what's important in our neighborhoods.

And you can count on our support.

We're glad to help, neighbor to neighbor.



A PHI Company

Please visit our website: www.delmarva.com

Adult Day Care

Adult Day Care, a program for functionally-impaired persons, provides supervised therapeutic, recreational, and social activities for individuals who do not require 24-hour institutional care, but cannot live independently due to physical or mental impairment. Provided here is a list of adult day care facilities licensed in the State of Delaware.

Most adult day care programs provide the following services:

- Transportation
- Food service
- Nursing care (monitoring conditions, administering medications)
- Medical care (emergency treatment)
- Recreational activities
- Therapy (physical, speech, occupational, reality orientation)
- Social work services (counseling, linkage with other services)
- Support Groups

WILMINGTON

Senior Reflections

Elwyn Delaware
321 E. 11th Street
Wilmington, DE 19801
658-8860

Gilpin Hall

Adult Day Program

1101 Gilpin Avenue
Wilmington, DE 19806
654-4486

Riverside Adult Day

Program - Christiana Care

700 Lea Blvd.
Wilmington, DE 19802
765-4175

NEW CASTLE COUNTY

Easter Seals Delaware and Maryland's Eastern Shore

61 Corporate Circle
New Castle, DE 19720
324-4444

Adult Day Care

NEW CASTLE COUNTY *continued*

Eden Rock

2210 Swiss Lane
Wilmington, DE 19810
475-9400

Evergreen Center I Alzheimer Day Treatment

Christiana Care
Visiting Nurses Assn.
Building F
3000 Newport Gap Pike
Wilmington, DE 19808
327-5204

Newark

Active Day Center

200 White Chapel Drive
Newark, DE 19713
533-3543

Weston Adult Day Care

1 Bassett Ave.
New Castle, DE 19720
328-6425

KENT COUNTY

Daybreak Mature Adult Care Center

1121 Forrest Ave.
Dover, DE 19804
734-1200

Easter Seals Delaware and Maryland's Eastern Shore

100 Enterprise Place
Suite 1
Dover, DE 19904
678-3353



Adult Day Care Services for Seniors

Funded by the Division of Services for Aging & Adults with Physical Disabilities, the Division of Developmental Disabilities Services, the Medicaid Waiver Program, and Private Pay Options.

Senior Reflections

"Where Your Family Becomes Our Family"



321 East 11th Street
Wilmington

Two blocks from Rodney Square

Hours: 7:45 a.m. to 4:45 p.m.
Call today for an appointment

302-658-8860



Take comfort—Evergreen offers Alzheimer’s day treatment you can trust.

Take comfort in The Evergreen Center. Since 1987, our skilled professionals have provided specialized day treatment for people with Alzheimer’s disease—and some much-needed respite for their loved ones. All in an environment that stresses independence, socialization, dignity and respect.

- **1:4 staff/client ratio**
- **Sliding-scale fee structure**
- **Support groups open to public**
- **Saturday Respite Program**

302-995-8448 – Wilmington

302-422-1575 – Milford

www.christianacare.org



**DELAWARE HEALTH
AND SOCIAL SERVICES**
*Division of Services for Aging and
Adults with Physical Disabilities*



CHRISTIANA CARE
Evergreen Center

New Horizons

Adult Day Care

Delaware Hospital for
the Chronically III (DHSS)
100 Sunnyside Road
Smyrna, DE 19977
223-1430

SUSSEX COUNTY

**Easter Seals Delaware and
Maryland's Eastern Shore**

22317 DuPont Highway
Georgetown, DE 19947
856-7364

**Evergreen Center II
Alzheimer Day Treatment**

Christiana Care
Visiting Nurse Association
611 S. DuPont Hwy.
Milford, DE 19963
422-1575

**The 2007/2008
Guide to Services for
Older Delawareans is
available in Spanish.
For a copy,
call
1-800-223-9074.**

GULL House

Adult Day Services

Beebe Medical Center
38149 Terrace Road
Rehoboth, DE 19971
226-2160

Laurel Senior Center

Adult Day Care Program

113 N. Central Avenue
P.O. Box 64
Laurel, DE 19956
875-2536

Visit us on the web!

dhss.delaware.gov/dsaapd



***DELAWARE HEALTH
AND SOCIAL SERVICES***

**DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES**

Adult Protective Services

Delaware Health and Social Services (DHSS), Adult Protective Services Program receives and investigates reports of abuse, neglect or exploitation of physically and/or mentally impaired adults, age 18 and over.

In such cases, a social worker will contact the individual, assess his/her needs, and work with the client to resolve the situation. Referrals can be made anonymously and confidentiality is strictly observed. For more information, call:

DHSS Division of Services for Aging and Adults with Physical Disabilities

New Castle County 453-3820
Kent/Sussex County 424-7310
Statewide Toll Free 1-800-223-9074

Questions About Advance Directives? *We've got Answers.*

Many people have questions about Advance Directives (also known as Living Wills). Visit our web site for information about advance directives and how they work. While you're there, you can also download a copy of Delaware's Advance Directive Form.

dhss.delaware.gov/dsaapd



**DELAWARE HEALTH
AND SOCIAL SERVICES**
DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES

Alzheimer's Disease

Alzheimer's Disease is a degenerative medical condition that results in memory loss, decline in mental capacity, and reasoning ability. This disease is progressive, meaning that the intellectual impairments created by the disease may begin as an unexplained forgetfulness and end up as a complete disability.

Alzheimer's Association, Delaware Chapter

Services Include: on-going monthly support groups; Respite Care Assistance Programs; Statewide Community Education; Caregivers Professional Conferences; Speakers Bureau; Library; Information & Referral Network.

2306 Kirkwood Hwy. 633-4420; 854-9788
Wilmington, DE 19805..... Fax 633-4494
Kent/Sussex Toll free 1-800-272-3900

THE DELAWARE AGING NETWORK

We help older Delawareans with questions about transportation, legal and medical issues, counseling, housing...and more! Call us.

New Castle County:
Jewish Family Services (302) 478-9411

Kent County:
Modern Maturity Center (302) 734-1200

Sussex County:
CHEER Center (302) 854-9500

Assisted Living

ASSISTED LIVING FACILITIES

Assisted living facilities are the newest housing option in Delaware. Assisted living provides a combination of housing, personal services, and health care. At the time of this guide's printing, the following assisted living facilities were licensed. Licenses for additional facilities may be pending.

NEW CASTLE COUNTY

Arden Courts Manor Care
700½ Foulk Rd.
Wilmington, DE 19803
762-7800

Captain's Deck
7807 Governor Printz Blvd.
Claymont, DE 19703
798-3500

Arden Courts Alzheimer's Assisted Living

When you're looking for dignified, upscale living for your loved one with a memory impairment, look past the ordinary. Discover a unique approach to answering the needs of your loved one. Arden Courts invites you to see our specialized approach and learn how it can help your loved one live life as self-sufficiently as possible.



www.hcr-manorcare.com



Discover the
Extraordinary

To arrange for a personalized tour of Arden Courts or to receive a free Alzheimer's Information Kit, call (302) 762-7800.

Arden Courts
Alzheimer's Assisted Living®

700 1/2 Foulk Road
Wilmington, DE 19803
(302) 762-7800

Assisted Living

NEW CASTLE COUNTY *continued*

Cokesbury Village Assisted Living

726 Loveville Rd.
Hockessin, DE 19707
234-4444

Eden Rock

2210 Swiss Lane
Wilmington, DE 19810
475-9400

Forwood Manor Assisted Living

1912 Marsh Road
Wilmington, DE 19810
529-1601

Foulk Manor North

1212 Foulk Rd.
Wilmington, DE 19803
478-4296

Foulk Manor South

407 Foulk Road
Wilmington, DE 19803
762-7800

Making Every Moment Matter[®]

**Assisted Living and
Alzheimer's Care**

Respite Care

Free Educational Seminars

Family Support Groups



Somerford[®]

Assisted Living & Alzheimer's Care

302-283-0540

4175 Ogletown Road Newark, DE

www.somerford.com





Ingleside Homes

High quality, affordable housing for seniors

...at these assisted living and independent retirement facilities:

**INGLESIDE
ASSISTED LIVING**

1605 N. Broom Street
(302) 984-0950

**CAPTAIN'S DECK—
ASSISTED LIVING**

7807 Governor Printz Blvd.
Claymont, Delaware
(302) 798-3500

INGLESIDE RETIREMENT APARTMENTS

1005 N. Franklin Street
(302) 575-0250 X-2212

...and we offer home health care, and senior-focused educational, referral and arts and cultural programs:

**DOWNS CULTURAL
CENTER**

1005 N. Franklin Street
(302) 575-0250 X-2244

*Free senior-focused programs
and entertainment*

**INGLESIDE
SENIOR SERVICES**

(302) 575-0283 X-2260

*"Gatekeepers"
outreach & referral program*

INGLESIDE HOME HEALTH CARE

(302) 575-0250 X-2215

Serving Public Housing Facilities

**Ingleside Homes is a non-profit organization
serving low-moderate income seniors.**



Assisted Living

NEW CASTLE COUNTY *continued*

(The) Gardens at White Chapel

200 E. Village Rd.
Newark, DE 19711
366-8100

Ingleside Assisted Living

1605 N. Broom St.
Wilmington, DE 19806
575-0250/984-0950

(The) Lorelton

2200 W. Fourth St.
Wilmington, DE 19805
573-3580

Millcroft Assisted Living

255 Possum Park Road
Newark, DE 19711
366-0160

Rockland Place

1519 Rockland Rd.
Wilmington, DE 19803
777-3099



Pull up your favorite chair,
dresser or end table.



**WINDSOR
PLACE**

BROOKDALE SENIOR LIVING

Personalized Assisted Living

**6677 LANCASTER PIKE
HOCKESSIN, DE 19707
(302) 239-3200**



1804-22934-11/06

For information on communities nationwide, visit www.brookdaleliving.com

ShIPLEY Manor
Assisted Living
2723 ShIPLEY Road
Wilmington, DE 19810
479-0111

Somerford House and
Somerford Place
501 S. Harmony Rd.
Newark, DE 19713
283-0540/266-9255

Sunrise Assisted Living
of Wilmington
2215 ShIPLEY Road
Wilmington, DE 19810
475-9163

Windsor Place
6677 Lancaster Pike
Hockessin, DE 19707
239-3200

KENT COUNTY

Green Meadows at Dover
150 Saulsbury Road
Dover, DE 19904
674-4407

Heritage at Dover
Assisted Living
1203 Walker Road
Dover, DE 19904
735-8800

Visit us on the web!

dhss.delaware.gov/dsaapd



**DELAWARE HEALTH
AND SOCIAL SERVICES**

**DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES**



EDEN ROCK

**2210 Swiss Lane
Ardentown, De 19810**

"A country estate for Assisted living"

- 24 suites
- activities programs
- historic vintage 1790's site
- 4 acres of beautiful grounds
- 3 nutritionally balanced meals daily
- nursing staff on site 24 hours
- adult day services
- respite care
- medical transportation

Phone: (302) 475-9400

Fax: (302) 475-9716

*Why look back on the good
old days when you can look
forward to new ones?*

Assisted Living

Heritage at Dover

1203 Walker Road
Dover, DE 19904
302-735-8800

Heritage at Milford

500 South Dupont Boulevard
Milford, DE 19963
302-422-8700

Seaford Center

1100 Norman Eskridge Highway
Seaford, DE 19973
302-629-3575

Independent Living

Churchman Village

4949 Ogletown-Stanton Road
Newark, DE 19713
302-998-6900



Genesis HealthCare™



www.genesisbcc.com

Assisted Living

KENT COUNTY *continued*

State Street Assisted Living

21 N. State Street
Dover, DE 19901
674-2144

Westminster Village

1167 McKee Road
Dover, DE 19904
744-3558

SUSSEX COUNTY

Brandywine Senior Living at Seaside Pointe

100 Seaside Boulevard
Rehoboth Beach, DE 19971
226-8750

Green Valley Terrace LLC

231 S. Washington St.
Millsboro, DE 19966
934-7300

Heritage at Milford

500 S. DuPont Boulevard
Milford, DE 19963
422-8700

Methodist Manor House
1001 Middleford Rd.
Seaford, DE 19973
629-4593

Peach Tree Acres
26900 Lewes Georgetown
Highway
Harbeson, DE 19951
684-4002

Seaford Center
1100 Norman Eskridge
Highway
Seaford, DE 19973
629-3575

THE DELAWARE AGING NETWORK

We help older Delawareans with questions about transportation, legal and medical issues, counseling, housing...and more! Call us.

New Castle County:
Jewish Family Services
(302) 478-9411

Kent County:
Modern Maturity Center
(302) 734-1200

Sussex County:
CHEER Center
(302) 854-9500

State Street

At State Street Assisted Living, every resident is a part of our family. Compassion, Integrity, and Respect are the guiding forces to making sure that residents' emotional & physical needs are met. Every staff member is a vital part of State Street Assisted Living because we are devoted to providing the residents with independence and dignity. We are an assisted living community dedicated to making certain that our residents always receive the personal attention they deserve 24 hours a day. At State Street Assisted Living, we re-define excellence. Come to a place that treats you like family.

- 24-hour staffing
- Customized care options
- Onsite physical & occupational therapy
- Short & long-term stays available
- Scheduled transportation
- Semi-private & private apartments
- A Veteran's Program for those who have served their country
- Rose Lane: Serves to maximize & enhance the unique needs of individuals with memory impairment



21 North State Street
Dover, DE 19901
302/674-2144

Call to schedule a tour
and receive our information
packet or visit us on the web at:
www.statestreetal.com



*“My father chose
No-Limit Hold ‘Em”*



*“My mother chose
Senior Fitness Classes”*

“I chose Brandywine”

Shopping for the *right* Assisted Living is a trying experience...but I did it, and I hit the jackpot! At least, that's how it felt. There are many good choices, but Brandywine puts it all together. A great staff that greets you with a smile; a licensed nurse on-site (not just on call) 24 hours a day, 7 days a week; gourmet meals served restaurant-style; beautiful rooms; chauffeured transportation...I could go on and on. But the best thing for me? My parents now look forward to each day. No more isolation, no more worry, no more boredom. Thank you, Brandywine. *Call Shelly at 302-226-8750 for a tour and conversation.*



BRANDYWINE

SENIOR LIVING

at Seaside Pointe

100 Seaside Boulevard | Rehoboth Beach, DE 19971 | (302) 226-8750

www.Brandycare.com

Life is Beautiful

Caregiving Resources

CARE Delaware (Caregiver Assistance-Respite-Education)

CARE Delaware is a statewide program of services for caregivers caring for frail older persons 60 years of age or older relative caregivers such as grandparents caring for children, 18 years of age or younger. CARE Delaware's goal is to support and assist caregivers so that they can continue in their caregiving roles.

The information, assistance and resources available will help the caregiver to take the best possible care of their loved one and at the same time take care of their own health and well-being.

Services include daily and short-term respite care, individual needs assessments and care planning and helpful information for caregivers. Highlights of some services are provided here. For more information, call 1-800-223-9074 or visit www.dhss.de.gov/dsaapd.

VieBridge Connections, CARE Delaware's newest program is a membership website that provides caregivers with tools, resources and opportunities to interact with other caregivers within a virtual community.



Got a Keyboard?

Get Connected!

CARE Delaware introduces

VieBridge Connections Delaware

Tools and resources that inform, support and empower caregivers. Connect right from home!

www.viebridgeconnections.net
(Select "Delaware" from "Pick a Community" list.)

CAREDelaware
Caregiver Assistance-Respite-Education

 DELAWARE HEALTH AND SOCIAL SERVICES
Division of Senior Services
2025 W. Pennell Blvd. DE

viebridgeconnections
informed • supported • empowered

Caregiving Resources

Sign up at www.viebridgeconnections.com and pick Delaware from the Community List.

CARE Delaware’s social workers are trained professionals who can assist family caregivers who are struggling to care for a family member. They can assess the needs of the caregiver, assist caregivers in the development of a plan of care and provide information on services. The social workers not only help caregivers get connected with the services they need but also provide ongoing coordination and support. This service is available statewide.

- New Castle County302-453-3820
- Kent/Sussex County302-424-7310

Caregiver Resource Centers are located throughout Delaware in both senior centers and libraries. CARE Delaware supports 29 centers. Eight of the centers are staffed on a part time basis. The remaining 21 centers operate as libraries for videos, books, pamphlets and other materials on caregiving. Materials can be reviewed at the centers or checked out for home use. The staffed Caregiver Resource Centers, which are located in every county, are the community’s access point for information on a variety of caregiving issues. The coordinators at each center understand the challenges that caregivers face. They can provide the information, assistance and support that can be the most helpful to a caregiver’s individual situation. They will help caregivers navigate the array of services available, find solutions to individualized concerns and make appropriate choices. Many staffed centers also offer support groups.

NEW CASTLE COUNTY

Appoquinimink Community Library

118 Silver Lake Road
Middletown, DE 19709
(302) 376-4190

Bear Public Library

101 Governor's Place
Bear, DE 19701
(302) 838-3300

Corbit-Calloway Memorial Library

2nd & High Street
Odessa, DE 19730
(302) 378-8838

Graham Senior Center

1709 Gilpin Avenue
Wilmington, DE 19806
(302) 655-0266

Hockessin Public Library

1023 Valley Rd.
Hockessin, DE 19707
(302) 239-0706

Howard Weston Senior Center

1 Bassett Ave.
Manor Park
New Castle, DE 19720
(302) 328-6094

Caring for an older relative or friend?

HOPE.

It's a phone call away.



Has caring for a loved one become overwhelming? Don't lose hope. Take care of yourself with help from CARE Delaware.

Through our Caregiver Resource Centers, we serve the needs of caregivers. Most importantly, we renew hope with personal consultations and connecting you with resources, local services, professionally-led support groups, education and training. With CARE Delaware's help, you'll be better able to take care while you give care.

All Caregiver Resource Center services are free and open to the public.

For information contact your local Caregiver Resource Center.

New Castle County
302.737.2336

Kent County
302.734.1200

Sussex County
302.337.8771 or 302.854.2886

CAREDelaware
Caregiver Assistance-Respite-Education



DELAWARE HEALTH AND SOCIAL SERVICES
Division of Services for Aging and
Adults with Physical Disabilities

Caregiving Resources

NEW CASTLE COUNTY *continued*

Kirkwood Highway Library

6000 Kirkwood Hwy.
Wilmington, DE 19808
(302) 995-7662

Mid-County Senior Center

First Regiment Road
Wilmington, DE 19808
(302) 995-6555

Newark Senior Center (staffed Resource Center)

Joyce Shores, Coordinator
200 White Chapel Drive
Newark, DE 19713
(302) 737-2336 ext. 21
shoresjoyce@hotmail.com

St. Anthony's Senior Center

1703 W. 10th St.
(1st. Floor)
Wilmington, DE 19805
(302) 421-3735



GRANDPARENTS & RELATIVES RAISING OTHERS' CHILDREN

Contact

JOINING GENERATIONS
at **255-9390** or **1-800-223-9074**

for information on statewide support &
education group programs, Grand Time Off and
Camp Respite School Break/Summer Camps.



**DELAWARE HEALTH
AND SOCIAL SERVICES**

DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES

Wilmington Senior Center
(staffed Resource Center)

Joyce Shores, Coordinator
1901 N. Market Street
Wilmington, DE 19802
(302) 651-3401
shoresjoyce@hotmail.com

Women's Resource Center

800 N. Walnut St.
Wilmington, DE 19801
(302) 654-3103

KENT COUNTY

Modern Maturity Center
(staffed Resource Center)

Cindy Clark, Coordinator
1121 Forrest Avenue
Dover, DE 19904
(302) 734-1200 ext. 186
mmc_caregiver@hotmail.com

SUSSEX COUNTY

**Senior Companion
Program**

**First State Community
Action Agency**

Stanford L. Bratton Building
308 North Railroad Ave.
Georgetown, DE 19947
(800) 372-2240

Bridgeville Senior Center
(staffed Resource Center)

Fran Smith, Coordinator
414 Market Street
Bridgeville, DE 19933
(302) 337-8771
srcenter@dmv.com

Delmar Public Library

101 N. Bi-State Blvd.
Delmar, DE 19940
(302) 846-9894

**Georgetown CHEER
Community Center**

(staffed Resource Center)
Cindy Mitchell, Coordinator
20520 Sandhill Rd.
Georgetown, DE. 19947
(302) 854-2886
cmitchell@scss.org

Greenwood Public Library

Mill Street
Greenwood, DE 19950
(302) 349-5309

**Harbor Lights CHEER
Senior Center**

(staffed Resource Center)
Cindy Mitchell, Coordinator
34211 Woods Edge Dr.
Lewes, DE 19958
(302) 645-9239 or
(302) 854-2886
cmitchell@scss.org

Caregiving Resources

SUSSEX COUNTY *continued*

Laurel Senior Center
P.O. Box 64
13 N. Central Ave.
Laurel, DE 19956
(302) 875-2536

**Pelican Cove
Long Neck CHEER Center**
(staffed Resource Center)
Cindy Mitchell, Coordinator
The Shoppes at Long Neck
26089 Long Neck Road
Millsboro, DE 19966
**(302) 945-3551 or
(302) 854-2886**
cmitchell@scss.org

Milford Senior Center
111 Park Avenue
Milford, DE 19963
(302) 422-3385

Milton Public Library
121 Union Street
Milton, DE 19968
(302) 684-8856

Millsboro Public Library
217 W. State Street
Millsboro, DE 19966
(302) 934-8743

Nanticoke Senior Center
310 Virginia Avenue
Seaford, DE 19973
(302) 629-4939

**Coastal Leisure Center
Ocean View CHEER Center**
(staffed Resource Center)
Cindy Mitchell, Coordinator
Cedar Neck Road
Ocean View, DE 19970
**(302) 539-2671 or
(302) 854-2886**
cmitchell@scss.org

**Rehoboth Beach
Public Library**
226 Rehoboth Ave.
Rehoboth, DE 19971
(302) 227-8641

Seaford District Library
402 N. Porter Street
Seaford, DE 19973
(302) 629-2524

South Coastal Library
43 Kent Ave.
Bethany Beach, DE 19930
(302) 539-5231

Adult day care services provide care for older adults who are physically impaired or mentally confused who require increased supervision. In addition, adult day care programs provide social, recreational and health activities. This service is ideal for families and friends who provide ongoing care to older adults and need a break from their daily caregiving responsibilities.

Christiana Care's Evergreen Center I offers caregivers some time off from caring through a Saturday Adult Day Care program. The program accommodates frail elderly, 60 years of age or older, who are: 1) cognitively or mentally impaired; or 2) are unable to perform two activities of daily living (dressing, toileting, bathing, eating) without the assistance of another person.

This program is provided two Saturdays per month from 8:00 a.m. to 4:30 p.m. Activities include music, arts and crafts, exercise programs, word games and outdoor time. Clients receive a light breakfast, noon meal, and afternoon snack. Transportation to and from the Evergreen Center I is available through DART Paratransit. The Evergreen Program Director can assist caregivers with applications to DART, if other modes of transportation are unavailable.

For more information, contact:

Evergreen Center I

Building F, 3000 Newport Gap Pike

Wilmington, DE 19808(302) 995-8448

Questions About Advance Directives? *We've got Answers.*

Many people have questions about Advance Directives (also known as Living Wills). Visit our web site for information about advance directives and how they work. While you're there, you can also download a copy of Delaware's Advance Directive Form.

dhss.delaware.gov/dsaapd



**DELAWARE HEALTH
AND SOCIAL SERVICES**

**DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES**

Case Management/ Assessment of Needs

DHSS Division of Services for Aging and Adults with Physical Disabilities Community Services Program provides social workers who can visit older persons and adults with physical disabilities in their homes and help to develop a plan in order to assist the person to remain in the community. The social worker completes an assessment and coordinates services and assistance from family, friends and others in order to meet the client's needs. The social worker then helps the person to obtain the services and monitors the arrangements for any changes which may be needed. The client and his/her family are the primary decision makers in this process.

In caring for the elderly or disabled, the worry and confusion can be as difficult as the decisions.

IKOR® could be the last phone call you have to make.



Our RN/certified case managers provide you with the tools to decide what is best, when it is best, and monitor the care once the decision has been made.

We are not affiliated with any caregiving organization, so the advice we give is objective. We are your advocates.

Now providing professional guardianship services.



DE: 302-489-3100

PA: 610-444-1454

TOLL FREE: 877-IKORUSA

EMAIL: ikor@ikorusa.com

Member: American Board of Nurse Assessment Coordinators, National Association of Professional Geriatric Care Managers, American Board of Certified Case Managers, American Board of Disability Analysts.

For more information, call:

**DHSS Division of Services for Aging and
Adults with Physical Disabilities**

New Castle County..... 453-3820
Kent/Sussex County 424-7310
Statewide Toll Free 1-800-223-9074

Other organizations within the state also provide case management and assessment of needs services. The following are private case management agencies:

Decisions 4 Life
P.O. Box 7603
Wilmington, DE 19803
528-3789/893-8947

Elder Option Planners, LLC
1311 N. Rodney St.
Wilmington, DE 19806
777-3900

IKOR
P.O. Box 287
Yorklyn, DE 19736
489-3100
(877) IKORUSA

**Jewish Family Service (part
of the Delaware Aging
Network)**
99 Passmore Road
Wilmington, DE 19803
478-9411

Helping Seniors with Care Decisions for Quality of Life

- In-home comprehensive assessment by licensed nursing and rehabilitation professionals
- Home safety assessment with recommendations for home modifications or medical equipment
- Individualized care plan meeting with the client and family and identification of resources
- Assistance with selection and planning for alternate living arrangements or in-home services
- Ongoing geriatric care management services based on the needs of the client and family

Decisions 4 Life

(302) 528-3789 or (302) 893-8947

Wilmington, DE 19803 • www.decisions4life.com

Case Management/ Assessment of Needs

Life Solutions, Inc.
504 West 9th Street
Wilmington, DE 19801
622-8292
654-5246 (fax)

Senior Partner, Inc.
P.O. Box 1908
Wilmington, DE 19899
764-7880

Senior Social Services
203 Wooddale Ave.
New Castle, DE 19720
328-4485

Supportive Care Services
507 West 9th Street
Wilmington, DE 19801
655-5518

The Family and
Workplace Connection
3511 Silverside Road
Wilson Building
Wilmington, DE 19810
479-1679

Read It On Line!

Many publications are available for free on our web site, including the popular *Guide to Services for Older Delawareans*. Visit the “Publications” section of our site for more information!

dhss.delaware.gov/dsaapd



**DELAWARE HEALTH
AND SOCIAL SERVICES**

DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES

Companion Programs

Companion programs for seniors are designed to provide companionship to those older people who are lonely and may not be in contact with family or friends for a variety of reasons. The companion programs listed below include both face to face and telephone visitation programs.

COMPANION SERVICES

To hire a companion to do some of the following: arrange appointments, sort and read mail, prepare grocery list, medication reminders, arrange transportation and more. This is a fee-for-service companion program.

Generations Home Care

103 Rogers Road, Wilmington, DE 19801

..... 658-6731/734-7005/856-7774

SENIOR COMPANION PROGRAM

The Senior Companion Program is a program that links older volunteers to other older individuals who need assistance with the activities of daily living. For more information, call:

NEW CASTLE COUNTY

Ingleside Homes Inc.

1005 N. Franklin Street

Wilmington, DE 19806 575-0250 ext. 2215

KENT/SUSSEX COUNTIES

First State Community Action Agency

P.O. Box 877

Georgetown, DE 19947 856-7761

Companion Programs

FRIENDLY VISITING PROGRAM

The Friendly Visiting Programs are volunteer programs designed for older adults who live alone, have no relatives nearby and seldom leave the house due to poor health or other circumstances. Volunteers may simply talk, help with a hobby, write letters, read aloud or discuss available programs and social services with the individual. For more information, call:

SUSSEX COUNTY

Visiting Friends

CHEER

Sussex County Senior Services, Inc.

5 Sandhill Road

Georgetown, DE 19947 856-5187

TELEPHONE REASSURANCE PROGRAM

This program provides telephone calls to individuals over the age of 60 who are homebound and/or live alone. Each day a caller with the program telephones the older adult at a specific time to ask if he/she is safe and well, requires special assistance, or has any problems. The program provides important reassurances and social contact for those who might otherwise be isolated. For more information, call:

NEW CASTLE COUNTY

CONTACT Delaware, Inc. - Reassurance Program

P.O. Box 9525, Wilmington, DE 19809

..... 761-9800, 1-800-262-9800

Interfaith Volunteer Caregivers
Delaware Ecumenical Council
240 N. James St. B-2
Wilmington, DE 19804
..... 225-1040, 225-1041 (fax)

KENT COUNTY

Modern Maturity Center
Kent County TRIAD
1121 Forrest Avenue
Dover, DE 19904 734-1200, ext. 128 or 129

SUSSEX COUNTY

CHEER
Sussex County Senior Services, Inc.
546 S. Bedford Street
Georgetown, DE 19947 856-5187

SENIOR ROLLCALL LIFELINE

The New Castle County Police “Senior RollCall Lifeline” is a telephone reassurance program that offers daily contact to senior citizens residing in **New Castle County**. Residents interested in enrollment need to meet one of the following requirements:

- Individuals over the age of fifty-five who live alone and have no daily contact with friends or relatives.
- Individuals over the age of fifty-five who have a disability that inhibits mobility and have no daily contact with friends or family.

Companion Programs

- Individuals over the age of fifty-five who have no persons in the immediate area to conduct daily checks on their well-being.
- Married couples over the age of fifty-five who have no daily contact with friends or family.
- Individuals with unique medical needs who have no daily contact with family or friends will be given special consideration.

Senior RollCall Lifeline Office..... 239-5151

New Castle County Senior Services..... 395-5600

Visit us on the web!

Visit our user-friendly web site for information of interest to older persons, adults with physical disabilities, caregivers, service professionals, and others in Delaware.

dhss.delaware.gov/dsaapd



**DELAWARE HEALTH
AND SOCIAL SERVICES**

DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES

Consumer Information

BETTER BUSINESS BUREAU OF DELAWARE, Inc.

The Better Business Bureau handles consumer complaints dealing with products and services, including problems with contracts, warranties, the buying and selling of goods and home improvements. It provides actual intervention on behalf of the consumer or can refer the consumer to an appropriate agency. Consumers are encouraged to call the Bureau before hiring a new contractor to confirm that there are no complaints lodged against the company or individual.

The Bureau also has a community education function, educating the public about consumer problems in different service and product areas, and speaking to various groups and organizations. Brochures are available on different types of consumer problems. Single copies are free upon request. For more information, call:

Better Business Bureau of Delaware, Inc.
1010 Concord Avenue, Suite 101
Wilmington, DE 19802 230-0108

Cecil Vault & Memorial Co.

Connie & Dan Cecil

- Granite, Marble And Bronze Memorials
- Cemetery Lettering - Custom Designs
- Mausoleums - Monument Cleaning
- Flexible Payment Plans Available

A Family Business For Over 61 Years
Serving The Tri-State Area

Hours:
Monday-Friday 8:00-5:00 pm
Saturday & Evenings By Appointment



302-994-3806
Toll Free: 1-877-994-3806
5701 Kirkwood Highway Wilmington, Del. 19808
1 Mile West Of Limestone Rd.
(Rt. 7) Towards Newark

Consumer Information

HOME BUILDERS ASSOCIATION OF DELAWARE

Call the Home Builders Association of Delaware with questions about a home builder you are considering hiring or with any problems you may be having with a home builder you have hired. The Association can contact the builder to discuss the situation if the home builder is an Association member.

Home Builders Association
of Delaware 994-2597

DEPARTMENT OF JUSTICE — CONSUMER PROTECTION UNIT

577-8600 or 1-800-220-5424

The Consumer Protection Unit's purpose is to protect the general public against consumer fraud and deceptive trade practices through enforcement of state statutes, consumer education, and legislative advocacy. These goals are met by educating consumers through community programs and newsletters, as well as providing information about consumer rights and responsibilities to any consumer that calls.

Cremation Services
Advanced Planning
Children's Area in Funeral Home
Aftercare Services
Out-of-Town Arrangements
Service to All Cemeteries
Available 24 Hours
Reception Room in Funeral Home
Video Tribute

Traditional Funeral Services Since 1892

CHANDLER
FUNERAL HOMES
& CREMATORY

Family Owned and Operated

(302) 478-7100

2506 Concord Pike (Sharpley), Wilmington
7230 Lancaster Pike, Hockessin-Pike Creek

www.chandlerfuneralhome.com

The unit also investigates consumer complaints against businesses and tries to mediate a resolution, when appropriate. If investigation reveals that a law is being violated, the unit will pursue enforcement action. The unit has the legislative mandate to enforce thirteen different laws statewide: (1) Landlord/Tenant Code; (2) Mobile Home Lots and Leases Act; (3) Consumer Fraud Act; (4) Deceptive Trade Practices Act; (5) Home Solicitation Sales Act; (6) Automobile Warranties Act (Lemon Law); (7) Health Spa Regulation Act; (8) Consumer Contract Act; (9) Pyramid Schemes and Multi-Level Sales Act; (10) Real Estate Time Sharing Act; (11) Lease Purchase Act; (12) Farm Equipment Warranties Act, and (13) the Credit Information Privacy Act. In addition, the unit monitors consumer legislation and advocates laws that better protect Delaware's consumers.

Phone intake is Monday-Friday, 8:30 a.m. - 12:30 p.m. Investigators



Don't Mess with Maggie.

She's a real spitfire when it comes to Medicare fraud and abuse. Maggie knows how to spot it, and report it. She learned how from the Delaware Medicare Fraud Alert Program. And she's just one of thousands of Delaware seniors who won't be conned.

Protect yourself from Medicare Fraud and Abuse.

Call the Delaware Medicare Fraud Alert Hotline – and join Maggie in showing abusers that it doesn't pay to mess with Delaware seniors.

1-800-223-9074

This message was funded, in part, by a grant from the Administration on Aging, Department of Health and Human Services. The expressed views are solely those of the Delaware Division of Services for Aging and Adults with Physical Disabilities.



Consumer Information

are available between these hours to answer any questions or concerns of consumers. The office is open Monday-Friday, 8:30 a.m. - 5:00 p.m.

WILMINGTON/NEW CASTLE COUNTY

Department of Justice — Consumer Protection Unit

Carvel State Office Building

820 French Street, Wilmington, DE 19801

NEW CASTLE COUNTY..... 577-8600

STATEWIDE 1-800-220-5424

OFFICE OF THE PUBLIC ADVOCATE

The Office of the Public Advocate handles problems dealing with the major public utilities regulated by the Public Utilities Commis-



**GET A GRIP ON OUR HEALTHY AGING
OUTREACH PROGRAM**

Planning a health fair, conference or community event? Ask us about our healthy aging outreach program for mature adults. Table top displays. Health and wellness information. Speakers. And more.

Our message: *It's never too late to take charge of your health!*



**DELAWARE HEALTH
AND SOCIAL SERVICES**
DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES

1-800-223-9074

sion. In addition to handling billing problems concerning the major utilities etc., the Office makes referrals to appropriate social service and energy assistance agencies to help clients with their utility problems.

Concerning all questions about billing, call the utility first before enlisting the assistance of the Office of the Public Advocate. For more information, call:

Office of the Public Advocate
Carvel State Office Building — 4th Floor
820 French Street
Wilmington, DE 19801 ... 577-5077, 888-607-2427

OFFICE OF INSURANCE COMMISSIONER

The Office of the Insurance Commissioner may be called for questions or problems about insurance, including Medicare. The Office also produces consumer publications on insurance issues. For more information, call:

Insurance Department
841 Silver Lake Boulevard
P.O. Box 7007, Dover, DE 19904
CONSUMER SERVICES 1-800-282-8611
FRAUD PREVENTION 1-800-632-5154
ELDERinfo
Health Insurance Counseling 1-800-336-9500

ELDER LAW PROGRAM

The Elder Law Program, operating statewide through the Community Legal Aid Society, provides assistance with consumer

Consumer Information

problems. A more detailed description of the program appears in the Legal Services Chapter. For details call:

WILMINGTON/NEW CASTLE COUNTY

100 W. 10th St.

Wilmington, DE 19801 575-0666

KENT COUNTY

640 Walker Rd., Dover, DE 19904 674-8500

SUSSEX COUNTY

144 E. Market St.

Georgetown, DE 19947 856-0038

BLAIR®
FACTORY STORE

**20% OFF OUR
CURRENT CATALOG
PRICES EVERY DAY!!**

**MEN'S AND WOMEN'S
FASHIONS AND ACCESSORIES**

**SIZES PETITE TO 3X AVAILABLE
RIGHT IN THE STORE!**

Shipyard Shops At the Riverfront
920 S. Madison St., Wilmington, DE 19801
Across from the Christina River
Minutes off Route I-95, exit 6
(302)661-2899

Monday - Saturday: 10am - 9pm
Sunday: 11am - 5pm
Winter Hours: Monday - Thursday: 10am - 6pm
Friday & Saturday: 10am - 9pm
Sunday: 11am - 5pm

Visit us on the web!
dhss.delaware.gov/dsaapd



**DELAWARE HEALTH
AND SOCIAL SERVICES**
DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES

Crime Prevention And Victims Assistance

DELAWARE COALITION AGAINST
DOMESTIC VIOLENCE.....800-701-0456

DOMESTIC VIOLENCE HOTLINES
.....762-6110, 422-8058, 745-9874 (Spanish)

DELAWARE CRIME STOPPERS

Delaware Crime Stoppers, Inc., is a non-profit corporation that offers a means by which Delawareans may provide, at no personal risk, information on serious unsolved crimes in the community. Crime Stoppers works with the police by providing leads that are verified and investigated. When the investigation results in an arrest and an indictment, the caller may be eligible for a reward up to \$1,000. Anonymity is assured every caller. To provide information, call:

Delaware Crime Stoppers1-800-TIP-3333

ELDERLY CRIME VICTIM SERVICE

The service will provide follow-up services as needed to crime victims age 50 and over who are victims of a variety of crimes including robbery, destruction of property, verbal assault, purse snatching, domestic violence or sexual abuse. Services offered include accessing medical help and counseling, accompaniment to court and referrals to other social services.

Delaware Center for Justice Inc.
100 West 10th St.
Wilmington, DE 19801658-7174

Crime Prevention and Victims Assistance

POLICE VICTIMS ASSISTANCE PROGRAM

Anyone who has been the victim of a crime can call the Police Victims Assistance Program. A victim's assistance officer will provide counseling and make referrals to social and private agencies for anyone who has experienced domestic violence or disputes, sexual assault, child abuse or neglect, or, elder abuse or neglect. Victim's assistance officers also work with families who have suffered homicide, suicide, or fatal accidents. The officers provide legal information about complaints and will help victims and their families understand the criminal justice system. For more information or assistance call:

Delaware State Police 1-800-VICTIM-1

Delaware Victim Service Centers:

633-5000, ext. 229; 697-3602; 856-5296

New Castle County Police 573-2800

Dover (City) Police 736-7134

Wilmington (City) Police 654-5151, 656-4357

Kent/Sussex County 422-1562

DEPARTMENT OF JUSTICE — VICTIM/WITNESS SERVICES UNIT

The Department of Justice Victim/Witness Services Unit provides information on criminal justice procedures, notification of case status information, support counseling and accompaniment to many victims and witnesses in pending criminal cases. As an advocate for the victim, the program assists in replacing stolen identification cards, property return, employer intercession, completing Victim

Loss Statements and filing Violent Crimes Compensation Board claims.

Referrals to community resources may be offered. The Rape Response Unit provides social work services for pending sexual offense cases. For more information or assistance, call:

WILMINGTON/NEW CASTLE COUNTY

Victim/Witness Services Unit..... 577-8500

Rape Response Unit..... 577-8500

KENT COUNTY 739-4211

SUSSEX COUNTY 856-5352

STATEWIDE..... 1-800-870-1790

VIOLENT CRIMES COMPENSATION BOARD

This program compensates innocent victims of violent crimes, paying for costs that are not covered by insurance such as Medicare, Medicaid or private insurance. The program compensates for net lost income and expenses incurred due to personal injury, disfigurement disability, or mental suffering. Medical costs are paid directly. There is no compensation for loss of personal property. The program also addresses community education, providing speakers on the compensation program and violent crime.

If you have been the victim of a violent crime (and the crime has been reported to the police), you may file a claim form with the Violent Crimes Compensation Board. If you are unable to visit the office, an investigator can come to your home or the hospital. For more information, call:

Violent Crimes Compensation Board

1500 E. Newport Pike, Suite 10

Wilmington, DE 19804..... 995-8383

In State only..... 1-800-464-4357

Education

ACADEMY OF LIFELONG LEARNING

The Academy of Lifelong Learning provides an opportunity for continued intellectual stimulation for persons over age 50. Sponsored by the University of Delaware's Division of Continuing Education, the Academy offers an opportunity for seniors to teach, learn and travel with peers. Members teach a wide variety of courses to participants.

A fee is charged for membership. Membership offers participation in the activities of the Academy, including attendance at up to five non-credit classes of your choice, and enjoyment of the many cultural and enrichment programs offered. For more information, call:

Better Years

**A MONTHLY NEWSPAPER
DISTRIBUTED THROUGHOUT DELAWARE
AND SERVING DELAWARE'S
SENIORS, EMPTY NESTERS AND CAREGIVERS**

*Reaching this audience for more
than 30 years in a publication
designed around their interests.*

**P.O. BOX 549
HOCKESSIN, DE 19707
302/239-4644**



The Academy of Lifelong Learning
Arsht Hall, 2700 Pennsylvania Avenue
Wilmington Campus
Wilmington, DE 19806..... 573-4417
Lewes, DE 19958..... 645-4111

ADULT PLUS +

Adult Plus + provides opportunities for lifelong learning, enrichment, and enjoyment. Classes are held at the Georgetown campus of Delaware Technical and Community College. For more information, call:

Delaware Technical and Community College
P.O. Box 610
Georgetown, DE 19947..... 856-5618

DELAWARE MONEY SCHOOL

The Delaware Money School runs a series of workshops to increase financial literacy.

..... 792-1200

GEM (Education and Wellness Classes for persons over 50)

Jewish Family Service
99 Passmore Road
Wilmington, DE 19810..... 478-9411

LIBRARY SERVICES

Two programs at the Delaware Division of Libraries offer services **free of charge** through the mail to people unable to visit their local public library due to disabilities:

Books By Mail

Popular paperback books are loaned to people who are homebound or institutionalized due to a physical disability or visual impairment.

Education

Large print books and high interest, low vocabulary books for new readers are also available.

.....1-800-282-8696

Library for the Blind and Physically Handicapped

Talking books and playback equipment are provided on loan through the mail to people who are unable to read standard print due to a temporary or permanent visual, physical or reading disability.

.....1-800-282-8696

UNIVERSITY OF DELAWARE COOPERATIVE EXTENSION SERVICE

The University of Delaware Cooperative Extension Service offers a variety of informal educational programs on topics such as food preparation, food management, nutrition, interpersonal relationships, housing and clothing adaptation or alteration, and money management. All services are free. For more information, call:

- University of Delaware Cooperative Extension Service
- New Castle County..... 831-2667
- Kent County..... 730-4000
- Sussex County..... 856-7303

FREE OR REDUCED TUITION RATES AT DELAWARE COLLEGES AND UNIVERSITIES

The following institutions of higher learning provide free or reduced tuition to older Delawareans. For more specific information, please contact the institution.

DELAWARE STATE UNIVERSITY

Delawareans age 62 and over may attend classes for credit or audit

tuition-free on a space available basis. There is a registration fee (part-time and full-time students \$30), and charges for books, supplies, lab and shop fees. Free tuition does not include non-credit and special interest courses. For more information, call:

Office of Student Accounts 857-1081

DELAWARE TECHNICAL & COMMUNITY COLLEGE

Delaware residents 55 years of age or older may enroll tuition free in all Delaware Tech catalog courses on or after the first day of classes if spaces are available. Books, supplies, lab, and shop fees will be charged. There are some limitations on tuition free enrollment. Non-credit courses are not included in this policy; therefore, tuition must be paid.

Stanton/Wilmington–Senior Learning Link 830-5206

Kent County 741-2861

Sussex County 856-5618

UNIVERSITY OF DELAWARE

Older adults, age 60 and over, may attend classes for credit or audit tuition-free, on space available basis, if they are enrolled in an academic undergraduate or graduate degree program at the University of Delaware. There is no registration fee (except for the summer session), but there are charges for books, supplies, lab fees, and other administrative fees. Free tuition does not include non-credit and special interest courses. For more information, call:

University of Delaware 831-2741

WIDENER UNIVERSITY, UNIVERSITY COLLEGE

Tuition-free enrollment for a maximum of six credits per semester of undergraduate study is offered to Delaware Valley residents 65 years of age or older.

Widener University 610-499-4292

Employment

DEPARTMENT OF LABOR

Older Delawareans are served by a variety of employment and training programs through the Department of Labor. The Department also offers individual counseling, job referral, placement and job seeking skills training. Staff will interview prospective workers to match qualified job seekers with employers.

WILMINGTON

Division of Employment and Training
4425 North Market Street, Wilmington, DE 19802
..... 761-8085
761-8139/8138 Veterans Employment and Training Services

FOSTER GRANDPARENT PROGRAM

Senior citizens needed to strengthen our communities.
By assisting children in various programs, you can help
create strong relationships between the generations.

Age and income eligibility required. Qualified volunteers will earn a semi-monthly, tax-free stipend, transportation reimbursement, daily meal, on-going support and training, and leave time.

New Castle County
255-9688 or
378-5770 (x206)

Kent County
739-4569

Sussex County
856-5262





DE Health & Social Services
Division of State Services Centers
State Office of Volunteerism
The Corporation for National and Community Service

NEW CASTLE COUNTY

Division of Employment and Training
Pencader Corporate Center
225 Corporate Blvd., Suite 211
Newark, DE 19702..... 453-4350

KENT COUNTY

Division of Employment and Training
P.O. Box 616
1114 S. DuPont Highway, Suite 104
Dover, DE 19903-0616 739-5473

SUSSEX COUNTY

Division of Employment and Training
P.O. Box 548, Route 113,
Georgetown, DE 19947-0548 856-5230

***SENIOR COMMUNITY SERVICE
EMPLOYMENT PROGRAM***

The Senior Community Service Employment Program provides subsidized, part-time employment opportunities for low-income persons age 55 and above. The program also provides supportive services, training and assistance with seeking employment in the private sector. For more information, call:

WILMINGTON/NEW CASTLE COUNTY

Wilmington Senior Center, Inc.
1901 N. Market Street
Wilmington, DE 19802 651-3440

Employment

KENT COUNTY

Modern Maturity Center, Inc.
1121 Forrest Ave.
Dover, DE 19904 734-1200

SUSSEX COUNTY

First State Community Action Agency
P.O. Box 877
Georgetown, DE 19947 856-7761

SENIOR EMPLOYMENT SERVICES

The Senior Employment Services Department of the Wilmington Senior Center provides job search and skills counseling, as well as job development and placement services for New Castle County residents who are 50 years of age or older. For more information, call:

Senior Employment Services
Wilmington Senior Center, Inc.
1901 N. Market Street
Wilmington, DE 19802 651-3440

WOMEN'S VOCATIONAL SERVICES

Women's Vocational Services offers programs that are designed for women who have lost their main source of income due to separation, divorce, death or disability of their spouse.

Personal, career and educational counseling are provided. Funds for schooling are available to eligible persons. Job referral and placement assistance are provided, and referrals for other services are made. For more information, call:

WILMINGTON/ NEW CASTLE COUNTY

Women’s Vocational Services

4425 North Market Street
Wilmington, DE 19802 761-8085

Women’s Vocational Services

Suite 211, 225 Corporate Blvd.
Pencader Corporate Center
Newark, DE 19702 453-4350

KENT COUNTY

Women’s Vocational Services

1114 S. DuPont Hwy., Suite 104
Dover, DE 19901 739-5478

SUSSEX COUNTY

Women’s Vocational Services

600 N. DuPont Hwy. Suite 207
Georgetown, DE 19947-0548 856-5230

CRAFT SHOPS

Craft shops dedicated exclusively to the sale of items made by older persons are listed below. They accept items on consignment and may be contacted for additional information. Also, contact any senior center about placing items for sale in their gift shops.

WILMINGTON/NEW CASTLE COUNTY

The Golden Eagle

Multiplex, 827 N. Market St.
Wilmington, DE 19801 778-4130

KENT COUNTY

Modern Maturity Center

1121 Forrest Avenue, Dover, DE 19904 734-1200

Financial Information And Assistance

DEBT AND BUDGET COUNSELING

The following are resources for debt counseling. The counseling is free and there are no income guidelines (except for Neighborhood House, Inc.). Persons must call for an appointment. Home visits can be arranged and some offices will negotiate with creditors. For more information, call:

CCCS

Consumer Credit Counseling Services of
Maryland & Delaware, Inc.
757 Frederick Road
Baltimore, MD 21228 1-800-642-CCCS

Catholic Charities

4th & Greenhill Ave.
P.O. Box 2610
Wilmington, DE 19805 655-9624

Cooperative Extension Services

69 Transportation Circle
Dover, DE 19901 730-4000

Helping Seniors Preserve Independence

- Nursing & Fiduciary Services
- Guardianship
- Durable Power of Attorney
- Health Care Power of Attorney
- Consultation



SENIOR PARTNER

Financial and Health Care Management

www.seniorpartner.com

302 - 764 - 7880

Delaware Community Reinvestment Action Council
601 N. Church Street
Wilmington, DE 19801 654-5024

First State Community Action Agency, Inc.
P.O. Box 877
308 N. Railroad Ave.
Georgetown, DE 19947 ... 856-7761, 800-372-2240

Lutheran Community Services
1304 North Rodney Street
Wilmington, DE 19806 654-8886

Neighborhood House, Inc.
1218 B Street
Wilmington, DE 19801 652-3928
Housing Counselor 652-3978
(Housing problems, mortgage payments, pre-purchase
counseling only)

Call **1-888-995-HOPE** for the name of a consumer credit agency near you.

Call **202-326-4000** for the Pension Benefit Guaranty Corp. if an employer has closed down and you are searching for any possible pension benefits due you.

ADOPT-A-FAMILY

Grandparents who find themselves suddenly raising a grandchild and are in need of household goods such as a crib, car seat, bed, etc., should contact their closest State Service Center.

Ask for an appointment with a State Services Center social worker.

Financial Information And Assistance

For household goods, you will need a referral from the worker.

You can locate the State Service Center closest to you by referring to page 9 of this guide or by calling the Delaware Helpline at 800-464-4357.

DELAWARE CAREPLAN, INC.

If you have a family member with special needs and are concerned about who will care for these needs when you are no longer able, Delaware CarePlan, a non-profit, non-governmental organization established in 1998, can provide lifetime assistance and planning for individuals with disabilities and their families. Family members meet with CarePlan professionals to design the care plan and designate the monies to be deposited in a pooled trust investment for your family member's use.

Delaware CarePlan, Inc.
1016 Centre Road,
Wilmington, DE 19805 633-4000

DELAWARE MONEY MANAGEMENT PROGRAM

The Delaware Money Management Program is cosponsored by the Division of Services for the Aging and Adults with Physical Disabilities and AARP. This program offers money management services to help low-income seniors and adults with physical disabilities that have difficulty budgeting, paying routine bills and

keeping track of financial matters. The program's goal is to promote and prolong independent living for individuals who are at risk of losing their independence due to inability to manage their financial affairs. The program uses volunteers to assist individuals who do not have friends or relatives able or willing to help.

255-9380 or 800-223-9074

TAX INFORMATION

There are special tax exemptions, credits or deductions for anyone over the age of 65 at the federal, state and local levels. All three counties and many cities and towns offer some form of property tax relief to low income persons aged 65 or older. For more information, call:

FEDERAL:

Internal Revenue Service
Federal Building
9th and King Streets
Wilmington, DE 19801
1-800-829-1040
(Forms) 1-800-829-FORM

STATE:

Delaware State
Division of Revenue
Hours: 8:00 am to 4:30 pm

WILMINGTON

Carvel State Office Bldg.
9th & French Streets
Wilmington, DE 19801
800-292-7826 (in DE only)
577-8200 (Public Service Rep.)

DOVER

Thomas Collins Building
Route 13, Dover, DE 19901
744-1085

GEORGETOWN

418 N. DuPont Highway
Georgetown, DE 19947
856-5358

NEW CASTLE COUNTY:

New Castle County
Assessment Division
Government Center
87 Reads Way
New Castle, DE 19720
395-5522

Financial Information And Assistance

KENT COUNTY:

Kent County Board of Assessment
Robert W. O'Brien Building
414 Federal Street
Dover, DE 19901
736-2141

SUSSEX COUNTY:

Sussex County Treasury Division
County Court House
Georgetown, DE 19947
855-7720

LOCAL MUNICIPALITIES:

Check with your local city/town
offices for information.

Visit us on the web!

dhss.delaware.gov/dsaapd



**DELAWARE HEALTH
AND SOCIAL SERVICES**

DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES

THE DELAWARE AGING NETWORK

**We help older Delawareans with
questions about transportation, legal and
medical issues, counseling,
housing...and more! Call us.**

New Castle County:

Jewish Family Services (302) 478-9411

Kent County:

Modern Maturity Center (302) 734-1200

Sussex County:

CHEER Center (302) 854-9500

Food Programs

CONGREGATE NUTRITION PROGRAM

DHSS' Division of Services for Aging and Adults with Physical Disabilities congregate nutrition program serves thousands of Delawareans over the age of 60, their spouses, and disabled persons who meet eligibility criteria. The program provides a daily, nutritionally-sound and satisfying meal in a group setting or in the home when necessary. Nutrition counseling and nutrition education are also components of the program. Nutritional supplements are also available based on health needs.

The State of Delaware has four major nutrition projects (noted with a *) serving meals in a group setting. Within each project there are multiple sites where the meals are served.

WILMINGTON

***City Fare**

1703 W. 10th Street
Wilmington, DE 19805
421-3734

Centro Los Abuelos

623 N. Harrison Street
Wilmington, DE 19805
354-3199

1703 West 10th Street
Wilmington, DE 19805
(302) 421-3734



Fax: (302) 421-3725
cityfare@hotmail.com
www.cityfare.org

New Castle County's Meals-on-Wheels and More

- A nutritious lunch at locations throughout Wilmington
- Home-delivered meals to eligible seniors throughout New Castle County
- Healthy and delicious menus planned by a dietitian • Nutrition education, screening, and counseling

City Fare welcomes anyone 60+ regardless of race, creed, national origin, or handicap.

Administered by St. Anthony's Community Center, Inc.

Food Programs

WILMINGTON *continued*

Claymore Senior Center

504 S. Clayton Street
Wilmington, DE 19805
428-3170

Francis X. Norton Senior Center

922 Madison St.
Wilmington, DE 19801
594-9455

Graham Senior Center

1709 Gilpin Avenue
Wilmington, DE 19806
655-0266

Jimmy Jenkins

Senior Center

2300 Bowers Streets
Wilmington, DE 19802
764-9022

Latin American Community Center

403 N. Van Buren Street
Wilmington, DE 19805
655-7338

People's Settlement Association Senior Center

408 E. 8th Street
Wilmington, DE 19801
658-4133

Salvation Army Senior Center

102 W. 5th Street
Wilmington, DE 19801
658-0789, Ext. 25

St. Anthony's Senior Center

1703 W. 10th Street
(1st Floor)
Wilmington, DE 19805
421-3735

St. Patrick's Center

107 E. 14th Street
Wilmington, DE 19801
652-6219

St. Peter's Adult Center

6th & Tatnall Streets
Wilmington, DE 19801
571-8394

South Wilmington Senior Adult Program

Mt. Joy United
Methodist Church
451 Townsend Street
Wilmington, DE 19801
655-7751

West Center City Adult Center

501 N. Madison Street
Wilmington, DE 19801
658-5332

Wilmington Senior Center
1901 N. Market Street
Wilmington, DE 19802
651-3400

**WILMINGTON HOUSING
AUTHORITY (WHA)**

FACILITIES:

(The following locations are
available to WHA residents only)

Compton Towers
325 E. 5th Street
Wilmington, DE 19801
429-6774

Parkview Apartments
1800 N. Broom Street
Wilmington, DE 19806
429-6701

NEW CASTLE COUNTY

***New Castle County
Nutrition Program**
New Castle County
Senior Services
77 Reads Way
New Castle, DE 19720
395-5650

**Absalom Jones
Senior Center**
310 Kiamensi Road
Wilmington, DE 19804
998-0363

Brandywine Senior Center
Claymont
Community Center
3301 Green Street
Claymont, DE 19703
798-5562

C & D Senior Center
Liberty Terrace Apts.
Community Room
Freedom Road
Newark, DE 19702
323-2630

De La Warr Senior Center
19 Lambson Lane
New Castle, DE 19720
429-0581

Jewish Community Center
101 Garden of Eden Rd.
Wilmington, DE 19803
478-5660

Mid-County Senior Center
First Regiment Road
Wilmington, DE 19808
995-6555

M.O.T. Senior Center
300 South Scott St.
Middletown, DE 19709
378-4758

Food Programs

NEW CASTLE COUNTY *continued*

New Castle Senior Center
400 South Street
New Castle, DE 19720
326-4209

Newark Senior Center
200 White Chapel Dr.
Newark, DE 19713
737-2336

Oak Grove Senior Center
11 Poplar Avenue
Elsmere, DE 19805
998-3310

Sellers Senior Center
500 Duncan Road
Wilmington, DE 19809
762-2050

**Woodlea Elderly
Apartments**
5500 Fairmont Drive
Wilmington, DE 19808
737-5616

KENT COUNTY

***MANNA**
Modern Maturity Center
1121 Forrest Ave.
Dover, DE 19904
734-1200

Harrington Senior Center
102 Fleming Street
Harrington, DE 19952
398-4224

Luther Towers
430 Kings Highway
Dover, DE 19901
674-0664

**Mamie A. Warren
Maturity Center**
1775 Wheatleys
Pond Road
Smyrna, DE 19977
653-4078

Milford Senior Center
111 Park Ave.
Milford, DE 19963
422-3385
Fax: 422-6414

Peach Circle
900 Peach Circle
Smyrna, DE 19977
653-4591

SUSSEX COUNTY

*CHEER

Sussex County Senior Services

546 S. Bedford Street
Georgetown, DE 19947
856-5187

Bridgeville Senior Center

414 Market Street
Bridgeville, DE 19933
337-8771
Fax: **337-8772**

Casa San Francisco

P.O. Box 38
127 Broad Street
Milton, DE 19968
684-8694

Georgetown CHEER Center

546 S. Bedford Street
Georgetown, DE 19947
856-5187

Greenwood CHEER Center

P.O. Box 341
Greenwood, DE 19950
349-5237

Harbor Lights

CHEER Center

34211 Woods Edge Drive
Lewes, DE 19958
645-9239

Laurel Senior Center

P.O. Box 64
113 N. Central Avenue
Laurel, DE 19956
875-2536
Fax: **875-2883**

Nanticoke Indian

Elder CHEER Center

RD #4, Box 107A
Route 24
Millsboro, DE 19966
945-7404

Oak Orchard

CHEER Center

R.D. 4, Box 174-A
Millsboro, DE 19966
945-3551

Ocean View Leisure and Resource Center

Cedar Neck Rd.
Ocean View, DE 19970
539-2671

Roxana CHEER Center

R.D. #2, Box 281-1
Pyle State Service Center
Omar & Roxana Roads,
Rd. 382
Frankford, DE 19945
732-3662

Food Programs

SUSSEX COUNTY *continued*

Slaughter Neck
CHEER Center
Slaughter Neck
Community Action Bldg.
Road 215 off Route 14
R.D. #1, P.O. Box 293
Lincoln, DE 19960
684-4819

Visit us on the web!

dhss.delaware.gov/dsaapd



***DELAWARE HEALTH
AND SOCIAL SERVICES***

***DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES***

HOME-DELIVERED MEALS

The home-delivered meals program provides nutritious meals to homebound individuals over age 60 and their spouses. Special diets are available from many sites. Contact the project below for additional information.

WILMINGTON/NEW CASTLE COUNTY

City Fare
1703 W. 10th Street
Wilmington, DE 19805
421-3734

Newark Senior Center
200 White Chapel Dr.
Newark, DE 19713
737-2336

**The 2007/2008 Guide to Services for
Older Delawareans is available in Spanish.
For a copy, call 1-800-223-9074.**

KENT COUNTY & LOWER NEW CASTLE COUNTY

MANNA

Modern Maturity Center
1121 Forrest Ave., Dover, DE 19904
734-1200

SUSSEX COUNTY

CHEER

Sussex County Senior Services, Inc.
546 S. Bedford St., Georgetown, DE 19947
856-5187

Meals-On-Wheels of Lewes and Rehoboth, Inc.
32409 Lewes-Georgetown Highway, Lewes, DE 19958
645-7449 (Call between 8:00 a.m. and 3:00 p.m.)

FOOD STAMP PROGRAM

The Food Stamp Program supplies persons meeting certain eligibility requirements with stamps that may be used to purchase food. The program is administered by DHSS' Division of Social Services. For more information, call:

Delaware Helpline 1-800-464-4357

Read It On Line!

Many publications are available for free on our web site, including the popular *Guide to Services for Older Delawareans*. Visit the "Publications" section of our site for more information!

dhss.delaware.gov/dsaapd



**DELAWARE HEALTH
AND SOCIAL SERVICES**

**DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES**

Homemaker/ Home Health Care/Hospice

Homemaker and home health care services help individuals function as independently as possible in their own homes. The services provided vary from agency to agency. An emergency response system may allow a person to remain at home alone with back-up emergency help available when needed. Homemaker services include household chores such as meal preparation, light housekeeping, laundry and shopping. Home health care involves personal care and medically-oriented care, ranging from assistance with personal care needs (supervised aide services) to skilled care such as dressing changes or physical therapy provided by a licensed professional.

Trusted Care for the Senior You Care for.



- Companionship
- Meal Preparation
- Medication Reminders
- Light Housekeeping
- Shopping & Errands

Call for a free,
no-obligation appointment:
Wilmington 302-654-4003
Dover 302-697-6435

Home Instead
SENIOR CARE®

*With a little help
from a friend.*

Each Home Instead Senior Care franchise office is independently owned and operated.

homeinstead.com

Provided here is a list of home health agencies licensed in the state of Delaware. These organizations provide many services and will accept different types of payment.

Hospice is a choice when recovery is no longer possible. Hospice focuses on care, not cure, ensuring that patients and their families receive the care, comfort and support they need. Pain and symptom management and emotional support are provided in the familiar surroundings of home, regardless of the ability to pay.

If you have a complaint regarding the care you receive from a licensed home health care or hospice agency, please call the Office of Health Facilities Licensing and Certification at 1-800-942-7373.



ELDERCARE is...



**A
Hot Meal**

CARE AT HOME OR NURSING HOME

- Personal Care
- Transportation
- Warm Bath
- Housekeeping



Molter Associates, Inc., Home Health Services
3203 Concord Pike, Suite 2, Wilmington
Professionally Trained

Call Today: 479-5200

www.eldercarede.com

Home Health Care Licensed. 27 Years of Service.

Homemaker/Home Health Care/Hospice

EMERGENCY RESPONSE SYSTEMS (ERS)

The following companies offer installation and monitoring of ERS systems in your home or apartment. There is a one time cost for installation and monthly costs to maintain the system. By pressing a button on a device worn on your wrist or around your neck, you can signal that you need emergency help and/or assistance from previously identified family members, neighbors or your local 911 response team. Call these companies for more specific information, including costs.

- American Senior Safety Agency ... 1-888-473-2800
- Home Helpers/Direct Link 1-866-569-9750
- LifeAlert 1-800-475-7402
- LifeAssure 1-800-685-5252
- Link To Life 1-800-338-4176
- Med Alert 1-800-985-4357
- Red Cross Lifeline 1-800-959-6989
- Response Link..... 456-9012
- Sussex County Senior Services CHEER 302-854-9555



No Other System Provides More...For Less

National Company with Personalized Local Service

Personal Emergency Response System

- Two Way Crystal Clear Communications
- Personal Safety-Help at the Press of a Button
- Medication/Compliance Monitoring

Serving All of DELAWARE

Main 302-456-9012
Sussex Co 302-644-6990



VIAL OF LIFE KIT (New Castle County residents)
Call 395-8184 for your kit from the New Castle
County Emergency Medical Services Division
paramedics.

FRIENDS LIFE CARE AT HOME

A non-profit, non-sectarian life care plan for persons over age 60 who want to remain in their own homes even if their health should change. A care coordination team helps care for the person according to the life care plan that is developed.

Friends Life Care at Home

1777 Sentry Parkway West

Suite 210, Dublin Hall

Blue Bell, PA 19422

(Delaware number)..... (302) 426-1510



Our first priority
is our **patients**
and **their families**

- 24-hour care, 7 days a week.
- Support and guidance for patients and their families.
- 100% coverage for all supplies and medication.
- 13-month bereavement care.

Your Hospice. Your Choice.

(302) 479-7500 • www.odshealth.com



Homemaker/Home Health Care/Hospice

HOMEMAKER/HOME HEALTH/HOSPICE AGENCIES

Go to www.hospicedirectory.org for a listing of hospice agencies by state.

WILMINGTON/ NEW CASTLE COUNTY

ADDUS HealthCare
5614 Kirkwood Highway
Wilmington, DE 19808
995-9010

Bayada Nurses, Inc.
3521 Silverside Road
Concord Plaza
Quillen Building
Suite 1-G
Wilmington, DE 19810
477-0600

Bayada Nurses, Inc.
1400 Peoples Plaza
Newark, DE 19702
836-1000

**Christiana Care/Visiting
Nurse Association**
One Read's Way,
Suite 100
New Castle
Corporate Commons
New Castle, DE 19720
327-5200

Geriatric Massage
Therapeutic Massage
Relaxation Massage
Polarity Therapy
Cranial Sacral Therapy
Myofascial Mobilization
Ear Candling
Reiki

Phone: 302-836-3800
Email: gerimassage@yahoo.com



Maryanne Ouly, LMT
Compassionate, caring, healthy touch
for the 55+ generation

Licensed & Nationally Certified in
Therapeutic Massage & Bodywork

Compassionate Care
Hospice
5610 Kirkwood Highway
Wilmington, DE 19808
683-1000
1-800-219-0092

Delaware Hospice, Inc.
and Transitions
(a new program to support and
assist people in accessing
community services)
3515 Silverside Road
Wilmington, DE 19810
478-5707
800-838-9800

Eldercare Convalescent
3203 Concord Pike
Suite 2
Wilmington, DE 19803
479-5200

Generations Home Care
103 Rogers Road
Wilmington, DE 19801
658-6731

Heartland Hospice of
Delaware Valley
261 Chapman Road
Newark, DE 19702
800-311-3184

Trusted Homecare

Personal Care ♦ Homemaking ♦ Companionship



Celebrating 25 Years of Caring

Serving Delaware

New Castle **302-456-9904**
Sussex Co **302-644-6990**

*Affordable Hourly
and Live-in Rates*



GRISWOLD SPECIAL CARE

A Tradition of Homecare Excellence

www.GriswoldSpecialCare.com

Helping People Live Longer At Home

Homemaker/Home Health Care/Hospice

Home Health Corporation of America

260 Chapman Road,
Ste. 200
Newark, DE 19702
738-9756

Home Health Services by T.L.C.

287 Christiana Road
New Castle, DE 19720
322-5510

Home Helpers
633-6090

Interim Health Care

2 Reads Way, Suite 123
New Castle, DE 19720
322-2743

Jewish Family Service

99 Passmore Road
Wilmington, DE 19810
478-9411

Life Force Elderly Services

1203 Polly Drummond
Office Park
Newark, DE 19711
737-4400



Making Life Easier.®



Home Helpers/Direct Link

N. Wilmington, Hockessin,
Claymont
Ph. 302-633-6090

Home Helpers/Direct Link

Wilmington, New Castle,
Middletown
Ph. 302-499-6854
Cell: 302-376-7368

Home Helpers/Direct Link

Newark, Bear, DE; Cecil Co., MD
Ph. 302-224-1422
Toll Free 1-866-569-9750

Home Helpers/Direct Link

Townsend, Dover, Kent Co.
Ph. 302-678-8332

Home Helpers

Sussex County, DE
Ph. 302-628-3666
Cell: 302-258-9420

Concerned about caring for your loved one?

Compassionate Care Hospice cares for people with life-limiting illnesses. We provide care in the home, nursing home, or assisted living facility. With our help, families enable their loved one to experience the best possible quality of life in the time they have remaining.

Our Services Include:

- Nursing Care
- Home Health Aides
- Counseling and Support
- Hospice Medications
- Medical Equipment and Oxygen



Serving Delaware Since 1993

1-800-219-0092

www.compassionatecare.info

State and Medicare Licensed/Medicaid Certified

CHAP Accredited



New Castle County

(302) 683-1000

(800) 219-0092

Kent County

(302) 424-8230

(800) 219-0092

Sussex County

(302) 934-5900

(800) 219-0092



Compassionate Care Hospice

Committed to Quality of Life

Homemaker/Home Health Care/Hospice

Maxim Healthcare
1409 Foulk Road
Suite 203
Wilmington, DE 19803
478-3434

Neuro Care/Total Care
201 Ruthar Drive, Suite 5
Newark, DE 19711
738-6400

Odyssey Health Care
1407 Foulk Road
Suite 200
Wilmington, DE 19803
479-7500

Oncology Care
Home Health
267 E. Main St.
Newark, DE 19711
455-1500

Comprehensive, Committed, Compassionate

Trusted Home Health Care Professionals...



- Our Services Include:*
- Skilled Nurses
 - Home Health Aides
 - Medical Social Workers
 - Physical, Occupational, and Speech Therapists



Home Health
Corporation
of America

Newark 800-333-4208
Dover 800-655-9299
Georgetown 866-276-2314



Joint Commission
on Accreditation of Healthcare Organizations
Medicare Certified Since 1977

INDEPENDENCE

In the privacy of your own home

State Licensed/Medicaid & VA Approved

- Bathing/Incontinence Care
- Laundry/Lt. Housekeeping
- Respite Care
- Companionship
- Grocery Shopping
- Emergency Monitoring
- Meal Preparation
- Transportation
- Systems

Our friendly caregivers are fully screened, bonded & insured.

For a Free Color Brochure or In-Home Consultation,
Call: (302) 286-0100 • Fax: (302) 286-1015
www.comfortkeepers.com



**Comfort
Keepers**
Each Office Independently
Owned and Operated



*Dad has heart failure now.
My turn to carry him.*



*Dad could do anything, he taught me
to throw a baseball, he a fly, do with
shortcuts in my head, he taught me to
respect a woman, keep my word, be a man.
And he picked me up more than once,
now it's my turn to carry him.*

When you need help for your dad, we're
here for you. The choice for expert care
and comfort is Delaware Hospice.

Nobody does it better.

www.delawarehospice.org

choice
care
comfort

**DELAWARE
HOSPICE**

Since 1982

800-838-9800

Homemaker/Home Health Care/Hospice

Preferred Health Mate of Delaware

5146 W. Woodmill Drive
Unit 12

Wilmington, DE 19808
998-1111

St. Francis Home Health Care

7th and Clayton Streets
Wilmington, DE 19805
575-8240

Vitas Innovative Hospice
100 Commerce Drive
Suite 302
Newark, DE 19713
451-4000

KENT COUNTY

ADDUS Health Care
1003 Mattlind Way
Milford, DE 19963
424-4842

Bayhealth at Kent General Home Health Care
560 S. Governors Avenue
Dover, DE 19904
744-7300



**Incontinence Solutions
For Your Lifestyle...**

With our expertise in incontinence care, **MSI** will help you find just the right product for your needs. We offer Home Care consultation & free product samples to help find the best solution for your lifestyle.

- Free, Discreet Delivery
- Medicaid or private pay
- Automatic shipments available
- Caring programs.

MEDICAL SUPPLY INC.
Offering Quality and Caring
Call 800-RPROMISE or 800-777-6647
Visit Us Online : www.rpromise.com

Featuring **TENA** Serenity Dry Comfort



Bayhealth at Milford
Memorial Home Health Care
104 N.E. Front Street
Milford, DE 19963
424-5590

Christiana Care Visiting
Nurse Association
2116 S. DuPont Highway
Suite 2
Camden, DE 19934
698-4300 or
888-290-2800

Christiana Care Visiting
Nurse Association
611 S. DuPont Highway
Suite 101
Milford, DE 19963
422-2010 or 800-322-4428

Compassionate Care Hospice
201B W. DuPont Highway
Millsboro, DE 19966
424-8230

Delaware Hospice
Dover Office
911 S. DuPont Hwy.
Dover, DE 19901
800-838-9800 or 678-4444

Generations Home Care, Inc.
753A Walker Road
Dover, DE 19901
734-7005

Home Health Corp.
of America
2145 S. DuPont Highway
Dover, DE 19901
697-7125 or
800-655-9299

Home Health Services by TLC
1241 College Park Drive
Dover, DE 19904
1-800-560-0114

Interim Health Care
1679 S. DuPont Highway
Dover, DE 19901
734-3131

Tammy Gooden Rayne

Store To Door

Serving Only Kent County

SERVICE

Personal Shopping & Delivery Service

Licensed • Insured • Notary

302-943-9034

Homemaker/Home Health Care/Hospice

SUSSEX COUNTY

Beebe Hospital Home Health Agency

301 N. DuPont Highway
Georgetown, DE 19947
854-5210

CHEER Home Services Sussex County Senior Services, Inc.

20520 Sandhill Road
Georgetown, DE 19947
854-9555

Christiana Care Visiting Nurse Association

600 N. DuPont Hwy.
Suite 203
Georgetown, DE 19947
855-9700

Compassionate Care Hospice

201B W. DuPont Highway
Millsboro, DE 19966
934-5900

Delaware Hospice

20617 Office Circle
Georgetown, DE 19947
856-7717/800-838-9800

Generations Home Care, Inc.

205 East Market Street
Georgetown, DE 19947
856-7774

Home Health

Corporation of America

208 N. Bedford Street
Georgetown, DE 19947
855-1220

Home Health Services by TLC

311 W. 9th Street
S. Bethany Beach, DE 19930
1-800-560-0114



Home Services

- Personal Home Health Care
- Housekeeping Services
- Companion Sitter Service
- Emergency Response System
- Medication Management
- Loaned Medical Equipment
- CHEERmobile
- "Grocery Store on Wheels"
- Caregiver Resource Center
- Home Meal Delivery
- 24/7 Care

20520 Sand Hill Rd., Georgetown, DE
302-854-9555 or 302-854-9562

www.scss.org

Housing

Housing plays a major role in the life satisfaction of older persons. Housing options for older individuals range from the independent situations to more cooperative arrangements to skilled care supervision.

HOUSING DISCRIMINATION

If you believe you have been denied housing because of your race, religion, a disability, or other factors, you may file a complaint with HUD (the federal Department of Housing and Urban Development) under the Fair Housing Act by calling the Delaware State Human Relations Commission or by calling HUD directly.

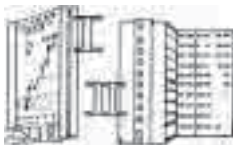
Living on your own or needing assistance?

Your answer is Luther Towers.

We invite you to experience the safe, affordable living which Luther Towers provides. Located in the heart of Wilmington, Delaware, Luther Towers offers 360 spacious efficiency and one-bedroom apartments with utilities included in the rent. Support services include The Pineapple Restaurant, Mini-Mart convenience store, library, beauty salon, computer center and many social activities.

Our buildings have 24-hour desk security, the most modern fire protection systems and full standby emergency generator backup systems. Seventy-five newly renovated apartments are fully accessible. Complete meal plans, housekeeping and service coordination are offered in each building. More than 400 caring staff and volunteers are dedicated to making the Luther Towers community a unique affordable experience for seniors.

**LUTHER
TOWERS**



1201 N. Harrison • 1420 N. Franklin

**LUTHERAN SENIOR
SERVICES, INC.**

1201 North Harrison Street
Wilmington, Delaware 19806

www.luthertowers.com

Contact: Susan Pugh, Admissions Director
302-652-3737, ext. 107
e-mail: susan@luthertowers.com



Housing

State Human Relations Commission

New Castle County 577-5050
Kent County 739-4567
Sussex County 856-5331

Dept. of Housing and Urban Development (HUD)
..... 1-800-669-9777

HUD Fair Housing Distribution Center (over 7,000
publications available) 1-800-767-7468

HUD Fair Housing
Accessibility FIRST 1-888-341-7781

Other Housing agencies of interest:

Delaware Housing Coalition
P.O. Box 1633, Dover, DE 19903
678-2286 • 1-888-335-7928
Call to request their newsletter.

Only 6 miles before Lewes off Route 1

LUTHER TOWERS of Milton is a HUD funded housing facility for persons who are 62 or older, handicapped or disabled. Our attractive complex has 50 apartments, 14 efficiencies and 36 one-bedroom units. All units have kitchens, bathrooms, carpeting, stoves and refrigerators. Call for an application or to schedule a personal visit.

500 Palmer St., Milton, DE 19968
(302) 684-1668

Owned and Operated by Lutheran Senior Services of Sussex County Inc.



Housing Opportunities of Northern Delaware (HOND)
100 W. 10th Street, Wilmington, DE 19801

..... 429-0794

Offers Fair Housing Act training

HUD Veterans Resource Center 1-800-998-9999

Statewide Association of Tenants

P.O. Box 397, Dover, DE 19903

..... 678-2286 • 1-888-335-7928

HOME REPAIR

Various programs throughout the state assist older Delawareans with home repair. The programs vary according to client eligibility and/or the type of repair required. For further information, contact the individual organizations and programs listed below.

COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM

The Community Development Block Grant Program (CDBG) provides low-cost loans for repairs and renovations that will bring a home up to housing code standards. Examples include: plumbing, electrical, and structural renovations. For more information on CDBG monies for home repair contact the appropriate office listed below:

WILMINGTON

Real Estate & Housing
Department
800 N. French Street
Wilmington, DE 19801
576-3000

NEW CASTLE COUNTY

Department of
Community Services
87 Reads Way
New Castle, DE 19720
395-5648

Housing

City of Newark Planning Department

Municipal Building
220 Elkton Road
Newark, DE 19711
366-7030

Newark Senior Center Senior Home Repair Program

200 White Chapel Dr.
Newark, DE 19713
737-2336

(For homeowners age 60+ with Newark postal addresses)

KENT COUNTY

Kent County Department of Planning/Community Development

Robert O'Brien Building
414 Federal Street
Dover, DE 19901
744-2480

City of Dover Department of Community Development

15 E. Loockerman St.
Dover, DE 19901
736-7175

City of Milford

201 S. Walnut Street
Milford, DE 19963
422-6616

SUSSEX COUNTY

Sussex County Community Development and Housing

P.O. Box 589
8 N. Race Street
Georgetown, DE 19947
855-7777

THE DELAWARE AGING NETWORK

We help older Delawareans with questions about transportation, legal and medical issues, counseling, housing...and more! Call us.

New Castle County:
Jewish Family Services
(302) 478-9411

Kent County:
Modern Maturity Center
(302) 734-1200

Sussex County:
CHEER Center
(302) 854-9500

U.S.D.A. RURAL DEVELOPMENT

FmHA loan and grant programs are available to homeowners in rural areas for health and safety-related repairs. Grants are available to persons 62 and older depending on funding. Loans have 1% interest. Applicants must own and occupy dwelling. Loans are made to very low income families regardless of age.

KENT COUNTY/ NEW CASTLE COUNTY

U.S.D.A. Rural Development

1221 College Park Drive

Dover, DE 19904..... 741-2600

SUSSEX COUNTY

U.S.D.A. Rural Development

408A N. DuPont Highway

Georgetown, DE 19947 856-3990

HOUSING REHABILITATION PROGRAMS

The Housing Rehabilitation Loan Program (HRLP) and the Community Development Block Grant Program (CDBG) provide financial assistance to qualified owner-occupants and to landlords who rent to low-income persons. Assistance applies to heating, electrical, plumbing, roofing and structural problems in addition to other safety and health hazards necessary to bring a property up to the standards of State and local housing codes. The money may also be used to finance the cost of making a unit handicapped-accessible. For more information, call:

WILMINGTON

Real Estate and Housing
Department

800 N. French Street

Wilmington, DE 19801

576-3000

NEW CASTLE COUNTY

Community Development
and Housing
Rehabilitation Program

87 Reads Way

New Castle, DE 19720

395-5648

Housing

KENT COUNTY/DOVER
Kent County Department
of Planning
Robert O'Brien Building
414 Federal Street
Dover, DE 19901
744-2480

Downtown MILFORD
Revitalization Fund Program
422-3344

SUSSEX COUNTY
Sussex County Community
Development & Housing
P.O. Box 589
Georgetown, DE 19947
855-7777

STATEWIDE
Delaware State Housing
Authority
Neighborhood
Revitalization Fund
Program
820 N. French Street
Wilmington, DE 19801
577-5001

18 The Green
P.O. Box 1401
Dover, DE 19901
739-4263
TTY 739-7428

H.O.M.E. (Home Oriented Maintenance for the Elderly)

Home Oriented Maintenance for the Elderly (H.O.M.E.) provides minor repairs and maintenance at reasonable fees for older persons seeking to continue independent living in their own homes. This program is available in the New Castle County area only. For more information, call:

Lutheran Community Services
1304 N. Rodney Street
Wilmington, DE 19806-4242 654-8886

New Castle County Minor Home Repairs Program
..... 395-5618

For Kent and Sussex County home repairs, contact:
R, C and D (Resource Conservation and Development Council)
1203 College Park Rd. Suite 101
Dover, DE 19904697-9532 or 424-6744

***HOME WEATHERIZATION ASSISTANCE/
FURNACE RETROFIT PROGRAM***

Administered by the Department of Administrative Services,
Division of State Service Centers, Office of Community Services,
the Weatherization Program provides a variety of services including:
caulking, storm window installation, insulation, etc.; and furnace
retrofit, involving the installation of a “flame retention burner” for
existing oil furnaces. Eligibility for the program is based on the same
income eligibility guidelines as the fuel assistance program. For
more information, call:

NEW CASTLE COUNTY

Neighborhood House Inc.
1218 B Street
Wilmington, DE 19801 652-3928

KENT/SUSSEX COUNTY

First State Community Action Agency, Inc.
P.O. Box 877
Georgetown, DE 19947 856-7761

907 S. Governor’s Avenue
Dover, DE 19901 674-1355, 800-372-2240

Housing

HOME OWNER ASSISTANCE

The following programs provide seniors with information about saving money on energy assistance and conservation, and homeowner/renter financial assistance.

Energy Assistance

DELAWARE ENERGY ASSISTANCE PROGRAM (DEAP)

The Delaware Energy Assistance Program provides assistance for the payment of heating bills for low income households.

NEW CASTLE COUNTY

Catholic Charities

4th St. & Greenhill Ave., P.O. Box 2610

Wilmington, DE 19805 654-9295

KENT COUNTY

Catholic Charities

1155 West Walker Road

Dover, DE 19904 674-1782

SUSSEX COUNTY

Catholic Charities

406 S. Bedford Street, Suite 9

Georgetown, DE 19947 856-6310

GOOD NEIGHBOR ENERGY FUND

Delmarva Power has established the Good Neighbor Energy Fund to help pay the electric and natural gas bills of persons who will lose

Enjoy a More Comfortable Retirement in Your Own Home

Our Reverse Mortgage program enables you to:

- Receive tax-free funds to use however you choose*
- Title stays in your name
- No repayment of your loan for as long as you live there
- Financial flexibility
- No income, asset, employment or credit qualification restrictions**
- Your choice of flexible funds-distribution plans

For more information, call today!

Gayle Purzycki

Home Mortgage Consultant
4398 Highway One, Suite 6
Rehoboth Beach, DE 19971

302-227-5700 Phone
888-217-5700 Toll Free
302-227-5710 Fax

<http://www.wfhm.com/gayle-purzycki>
gayle.purzycki@Wellsfargo.com

Robert P Boyer

4398 Highway One
Rehoboth Beach, DE 19971

302-227-5700 Phone
888-217-5700 Toll Free
302-227-5710 Fax

bob.boyer@wellsfargo.com

*Consult a tax advisor.**Reverse Mortgage borrowers are required to obtain an eligibility certificate by receiving counseling sessions with a HUD-approved agency. Family members are also strongly encouraged to participate in these informative sessions. Must be at least 62 years old. Call for more detailed program information. This information is accurate as of date of printing and is subject to change without notice. Wells Fargo Home Mortgage is a division of Wells Fargo Bank, N.A. © 2006 Wells Fargo Bank, N.A. All rights reserved.



Housing

these utilities without such aid. The Salvation Army administers the fund throughout the Delmarva Peninsula and makes all distribution decisions. For more information, call:

NEW CASTLE COUNTY

Salvation Army

400 N. Orange Street, P.O. Box 308
Wilmington, DE 19899656-1696 or 472-0700

KENT COUNTY

Salvation Army

P.O. Box 123, 611 Forest St.
Dover, DE 19903678-9551

SUSSEX COUNTY

Salvation Army

601 N. Dual Highway
Seaford, DE 19973628-2020

FINANCIAL ASSISTANCE

HOME EQUITY CONVERSION

Home equity conversion is a financial arrangement in which an elderly person may access the equity in his/her home while continuing to live there. One form of home equity conversion, a reverse mortgage, is available to older persons in Delaware. In a reverse mortgage, the homeowner takes out a loan based on the equity in the house, the loan is advanced in increments to the borrower, and repayment is deferred until a future date, at which time the loan becomes due in full. HUD requires that anyone seeking a reverse mortgage must attend a housing counseling session offered by any

Important Information About Reverse Mortgages



**For whatever
is important
to you.**

- > Stay in your home and retain the title
- > Pay no monthly mortgage payments
- > Use the cash any way you want

If you're a homeowner age 62 or older, a reverse mortgage can give you peace of mind. You'll have tax-free* cash for whatever you want or need, without having to depend on others.

**To learn more please contact
Trish Kauker, VP Reverse Mortgage
at 302.283.4540 or 1.888.973.7226
or visit wsfsbank.com.**

WSFS 

*Consult Tax Advisor.
© 2006 Wilmington Savings Fund Society, FSB | Member FDIC



Housing

of the following local agencies:

National Reverse Mortgage Lenders
Association 1-866-264-4466

HUD Certified Counseling Agencies:

Center for Homeownership (YWCA) 888-7790

Community Housing Inc. 652-3991

Delaware Community Reinvestment

Action Council 654-5024 or 1-877-825-0750

First State Community Action Agency

..... 498-0454/674-1355 or 856-7761

Interfaith Housing Delaware .. 995-7408 or 424-4650

NCALL Research Inc.

..... 283-7505, 678-9400, 855-1370

Neighborhood House Inc. 652-3928

At the time of publication, these companies offered reverse mortgages to Delaware homeowners:

Academy Mortgage 800-420-5515

BNY Mortgage Company..... 866-587-4515

Financial Freedom Senior Funding Corp.

..... 800-368-3254 or 800-860-6983

Wells Fargo Mortgage Company 888-217-5700

WSFS Bank 283-4540 or 888-973-7226

PROPERTY TAX RELIEF

All three counties and many cities and towns offer some form of property tax relief for low income persons aged 65 and older. Check the Financial Information and Assistance Chapter of the guide for provider information.

RENTAL ASSISTANCE

Section 8 Housing

Low income families and single persons who are 62 or older or disabled may be eligible for Section 8 — Existing or Voucher assistance. For more information, call:

WILMINGTON

Wilmington Housing
Authority Section 8
400 Walnut Street
Wilmington, DE 19801
429-6703

NEW CASTLE COUNTY

Section 8
87 Reads Way
New Castle, DE 19720
395-5624

Newark Housing Authority
Section 8
313 East Main Street
Newark, DE 19711
366-0826

KENT/SUSSEX COUNTY

Dover Housing Authority
Section 8
76 Stevenson Drive
Dover, DE 19901
678-1965

Delaware State Housing
Authority
Section 8
1289 Walker Rd.
Dover, DE 19904
739-7416
337-0219 (Satellite
Waiting List Office)

Need Affordable Housing Assistance?

Call Delaware State Housing Authority! (302) 739-4263, (302) 577-5001, or toll free, (888) 363-8808.

- ✓ **Rental Assistance**
- ✓ **Homeownership Programs**
- ✓ **Housing Rehabilitation Assistance**

www.destatehousing.com



Housing

HOUSING OPTIONS

ADULT FAMILY CARE HOMES/FOSTER CARE

Private homes in the community, also known as Adult Family Care Homes or Foster Care Homes, provide a family living environment for older persons who need some supervision in their daily activities and can no longer live independently. An applicant must be ambulatory, continent and able to participate in the placement process. They must also be able to administer their own medications.

A special program exists to help pay for the foster care placement for individuals who meet certain medical and financial eligibility requirements.

For more information on foster care placement for persons 18 and over with a disability or over 60, call:

DHSS Division of Services for Aging and
Adults with Physical Disabilities

New Castle County..... 453-3820
Kent/Sussex County 422-1386
Statewide Toll Free 1-800-223-9074

MANUFACTURED HOUSING (MOBILE HOMES)

Delaware Manufactured Home Owners Association
4590 Highway One, PMB 112
Rehoboth Beach, DE 19971 945-2122

Persons considering mobile homes as a retirement housing option may obtain information about types of mobile homes, mobile home parks and the availability of homes. Complaints about existing mobile homes can also be referred to this number.

First State Manufactured Housing Association
P.O. Box 1829, Dover, DE 19903..... 674-5868

RENT-ASSISTED HOUSING FOR ELDERLY/DISABLED

All of the rental housing units listed below receive some type of federal assistance or support. Federal funding of these units requires that low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities) in publicly-funded housing.

Each of the housing complexes listed must be contacted individually to determine the rental fee and receive additional information.

WILMINGTON

Wilmington Housing Authority

4th & Walnut Streets

Wilmington, DE 19801 429-6700

WE BUY HOUSES

Fast Easy Settlement—

All Details Handled

No Fix-up—Take Or Leave Contents

No Realtor—No Commissions

No Fees—No Hassle

Call... (302) 475-5008

Housing

The Wilmington Housing Authority office is the single point of contact for the following facilities:

Baynard Apartments

309 W. 18th St.
Wilmington, DE 19802

Compton Towers

325 E. 5th St.
Wilmington, DE 19801

Crestview

2700 N. Market St.
Wilmington, DE 19802

Lincoln Towers

1625 Gilpin Ave.
Wilmington, DE 19806

Thomas J. Herlihy Jr.

320 E. 5th St.
Wilmington, DE 19801

1802 West

1802 West St.
Wilmington, DE 19802

Contact these complexes directly:

The Antonian

1701 West 10th Street
Wilmington, DE 19805
421-3757

Herring Manor

2412 N. Market St.
Wilmington, DE 19802
429-6776

Ingleside Homes Inc.

1005 Franklin Street
Wilmington, DE 19806
575-0250, ext. 2212

Latin American

Community

Center Development Corp.

403 N. Van Buren St.
Wilmington, DE 19805
421-5455

Luther Towers I

1201 North Harrison St.
Wilmington, DE 19806
652-3737

Luther Towers II

1420 N. Franklin Street
Wilmington, DE 19806
654-4490

Maplewood Housing for the Elderly

501 S. Clayton Street
Wilmington, DE 19805
421-9198

Parkview Apartments
1800 N. Broom Street
Wilmington, DE 19802
429-7288

Prestwyck Apartments
2815 N. Market Street
Wilmington, DE 19802
764-6450

Quaker Hill Place
200 Washington Street
Wilmington, DE 19801
571-0100

Rodney Court Apartments
1100 Pennsylvania Ave.
Wilmington, DE 19806
654-9113

Sacred Heart Village
920 N. Monroe Street
Wilmington, DE 19801
654-5407

Terry Apartments
2400 North Broom Street
Wilmington, DE 19802
655-6661

Windsor Apartments
500 North Walnut Street
Wilmington, DE 19801
656-1354

NEW CASTLE COUNTY

B'nai B'rith House
8000 Society Drive
Claymont, DE 19703
798-6846

Carleton Court
1900 Southway Drive
Newark, DE 19713
454-1800

Cheltenham Apartments
431 Old Forge Road
New Castle, DE 19720
322-6323

Holly Square
400 N. Broad Street
Middletown, DE 19709
378-8926

Liberty Terrace
100 Liberty Terrace
Newark, DE 19702
322-8953

Main Towers
330 East Main Street
Newark, DE 19711
737-9574

Manlove Manor
301-379 Manlove Place
Wilmington, DE 19804
652-4851

Housing

Marrows Court Apartments

100-A Witherspoon Lane
Newark, DE 19713
453-9596

Marydale Retirement Village

135 Jeandell Drive
Newark, DE 19713
368-2784

Middletown Trace

67 New Street
Middletown, DE 19709
378-4611

Newark Housing Authority

Delaware Circle
Newark, DE 19711
366-0826

Spencer Apartments

37 Fairhaven Court
New Castle, DE 19720
322-2949

Woodlea Apartments

5500 Fairmont Drive
Fairway Falls
Wilmington, DE 19808
737-5616

KENT COUNTY

**Delaware State
Housing Authority**
739-7416

Frazer Place I and II
200 Goldsboro Way
Smyrna, DE 19977
653-1235

**Luther Towers of
Dover I - IV**
430 Kings Highway
Dover, DE 19901
674-1408

Owens Manor
408 S. New Street
Dover, DE 19904
678-1965

Peach Circle Apartments
900 Peach Circle
Smyrna, DE 19977
653-4591

Queen Manor Apartments
411 S. Queen Street
Dover, DE 19904
678-1965

Silver Lake Estates
5 Linstone Lane
Milford, DE 19963
422-0740

Villas at Milford Crossing
806A Moyer East
Milford, DE 19963
422-4633

West St. Manor
700 Mason Ave.
Harrington, DE 19952
398-9043

SUSSEX COUNTY

**Brandywine Village
Apartments**
401 Monroe & Wilson Sts.
Millsboro, DE 19966
934-8289
TDD: 1-800-545-1833
Ext. 256

**Chandler Heights
Apartments**
Eskridge Highway &
Chandler Street
Seaford, DE 19973
629-6522

CHEER Apartments
1121 Clark Drive
Georgetown, DE 19947
856-6676

Courts of Greenwood
101 Courts of Greenwood
Greenwood, DE 19950
349-0150

**Delmar Crossing
Apartments**
600 Magnolia Drive #601
Delmar, DE 19940
846-3343

**Dunbarton Village
Apartments and Oaks IV**
300 Dunbarton Street
Georgetown, DE 19947
856-7719

Georgetown Apartments
200 Ingramtown Road
Georgetown, DE 19947
856-3343

Golden Meadows
Golden Lane
Delmar, DE 19940
846-9655

Greenwood Acres
Rt. 13,
Greenwood, DE 19950
349-0124

Heritage Manor
131 W. Center Street
Harrington, DE 19952
398-8125

Huling Cove and Annex
1142 Savannah Road,
#306, Lewes, DE 19958
645-7630

Housing

Luther Gardens and Annex
1500 Luther Circle
Milton, DE 19968
684-2906

Luther Towers of Milton
500 Palmer Street
Milton, DE 19968
684-1668

Market Street Apartments
Market Street
Bridgeville, DE 19933
337-3144

**Seaford Meadows
Apartments**
122 Seaford Meadows Dr.,
Seaford, DE 19973
629-6416

Shadygrove II, III
Rte. 398
S. Main Street Extended
Selbyville, DE 19975
436-9939

Virginia Crest
101 Independence Dr.
Seaford, DE 19973
628-0212

GROUP HOMES

Group homes provide an opportunity for shared independent living for persons aged 60 and over. Generally, the homes feature private bedrooms with community social and dining areas. For more information, call:

St. Patrick's House
115 East 14th St., Wilmington, DE 19801
652-0743

RETIREMENT FACILITIES

Retirement facilities, designed for older persons, provide recreational and social activities, as well as supportive services. Health care units are often attached. A substantial initial payment may be required in a retirement community. These facilities are often referred to as Continuing Care Retirement Communities (CCRC) or Life Care Communities and can be found under the **Nursing Home/Retirement Communities** heading in this guide.

Information and Advocacy

DHSS DIVISION OF SERVICES FOR AGING AND ADULTS WITH PHYSICAL DISABILITIES

DHSS' Division of Services for Aging and Adults with Physical Disabilities serves as the major information resource for the State of Delaware concerning the latest research, service availability, and trends in aging. In addition, a coordinated client-focused, centralized system assists older adults and their families in obtaining information and assistance in areas such as eldercare, caregiving and case-management. For more information, call:

DHSS Division of Services For Aging and Adults With Physical Disabilities

New Castle County.....453-3820 or 255-9390
Kent/Sussex County 424-7310
Statewide Toll Free 1-800-223-9074
E-Mail address DSAAPDinfo@state.de.us

AARP DELAWARE

AARP is a nonprofit, nonpartisan membership organization dedicated to making life better for people 50 and over. AARP provides information and resources; engages in legislative, regulatory and legal advocacy; assists members in serving their communities and offers a wide range of unique benefits, special products and services for members. AARP Delaware provides support of the 140,000+ members in the state. For more information, visit www.aarp.org/de or call 1-866-227-7441.

Information and Advocacy

“BETTER YEARS” NEWSPAPER

“Better Years” is a statewide independent monthly newspaper published for mature adults age 50 and older and caregivers. The newspaper has a circulation of 26,000 copies a month and is available free at more than 365 locations throughout Delaware. Readership is estimated at 60,000 mature adults.

“Better Years” encourages individuals and Delaware’s aging network to submit news and press releases on people and events. For more information, contact:

“Better Years”

P.O. Box 265, Hockessin, Delaware 19707

..... 239-4644/239-7033 (fax)

E-mail: editor@communitypub.com

Better Years

**A MONTHLY NEWSPAPER
DISTRIBUTED THROUGHOUT DELAWARE
AND SERVING DELAWARE’S
SENIORS, EMPTY NESTERS AND CAREGIVERS**

*Reaching this audience for more
than 30 years in a publication
designed around their interests.*

**P.O. BOX 549
HOCKESSIN, DE 19707
302/239-4644**



Delaware Aging Network (DAN)

A consortium of over 20 agencies across the state of Delaware that includes senior centers, housing facilities and in-home service agencies. With funding from the Delaware Community Foundation, DAN provides information about transportation, housing, health care, in-home supports and more. Referrals are made to services that will prevent seniors from being placed in restrictive living situations so they can remain active in their community.

Ingleside Senior Services

An information and referral office that serves as an outreach program for senior citizens, free of charge, throughout New Castle County. Staff link senior citizens with services they need to help them maintain their independence. The office houses a computer database of over 400 service providers offering an extensive array of services. To inquire about available services, or to learn more about the program, call:

Ingleside Senior Services

1010 N. Broom St., Wilmington, DE 19806

.....888-CARE (2273), ext. 2260

CHEER News and Views Newspaper

The CHEER News and Views newspaper is a monthly publication distributed throughout Sussex County that brings information of particular interest to the mature population.

CHEER News and Views

Sussex County Senior Services, Inc.

546 S. Bedford St.

Georgetown, DE 19947856-5187

Information and Advocacy

CITY OF WILMINGTON SENIOR CITIZEN COORDINATOR

The City of Wilmington Senior Citizen Coordinator can assist older adults by making referrals to various community agencies and providing information on special activities and programs. Referrals can be made in the areas of housing, energy assistance, emergency home repair, and social services. For more information, call:

City of Wilmington Senior Citizen Coordinator
Mayor’s Office of Customer Service
800 N. French Street, 7th Floor
Wilmington, DE 19801 576-2489

DELAWARE COMMISSION ON VETERANS AFFAIRS

802 Silver Lake Blvd., Suite 100
Dover, DE 19904 739-2792, 1-800-344-9900

For information about federal government services,
..... call 1-800-FED-INFO.

THE GOVERNOR’S ADVISORY COUNCIL ON SERVICES FOR AGING AND ADULTS WITH PHYSICAL DISABILITIES

The Governor’s Advisory Council on Services for Aging and Adults with Physical Disabilities serves in an advisory capacity to DHSS’ Division of Services for Aging and Adults with Physical Disabilities. The Council seeks to protect, promote, and advocate for older Delawareans and adults with physical disabilities. Council members are appointed by the Governor and represent all geographic areas of Delaware. For more information, call:

DHSS Division of Services for Aging and
Adults With Physical Disabilities

New Castle County..... 255-9390
Statewide Toll free..... 1-800-223-9074

HISPANIC OUTREACH PROGRAM

The Hispanic Senior Advocacy Outreach Program of the Latin American Community Center offers information about available services to older Hispanics and their families in New Castle County. The program also works with area service providers to improve access for older Hispanics.

For more information, contact: 655-7338

KENT COUNTY COMMUNITY SERVICES DEPARTMENT

The Community Services Department offers information and referral to Kent County residents seeking assistance.

For more information, contact: 698-6444

NEW CASTLE COUNTY SENIOR SERVICES

The New Castle County Department of Community Services administers programs and activities for New Castle County residents over the age of 50. The Senior Services Division oversees 5 senior centers, a congregate nutrition program and the WHEELS medical transportation program. The Sports Division runs Senior Sports programs, consisting of both fitness classes and sports leagues. Services are publicized in a quarterly program guide distributed

Information and Advocacy

through *The News Journal* and on the web at www.co.new-castle.de.us. For more information, call:

- New Castle County Senior Services
87 Reads Way
New Castle, DE 19720
- Senior Services Division..... 395-5650
- Senior Sports Division 395-5625

SUSSEX COUNTY SENIOR SERVICES

CHEER, Sussex County Senior Services, Inc., is a private, non-profit agency administering congregate and homebound nutrition programs, transportation, home health services, and community resources.

- CHEER
Sussex County Senior Services, Inc.
546 S. Bedford St.
Georgetown, DE 19947 856-5187

STATEWIDE INFORMATION AND REFERRAL SERVICE

Delaware Helpline

Delaware Helpline is a toll-free government information hotline and a referral and advocacy service for people in need of assistance. Helpline staff link callers with appropriate service providers. Hours

of operation are 7:30 a.m. to 6:00 p.m., Monday through Friday.

(Voice and TDD accessible) 1-800-464-4357

Outside Delaware..... 1-800-273-9500

ELDERCARE LOCATOR

The Eldercare Locator is a national toll-free service designed to help identify community resources for seniors anywhere in the United States.

Whether your older person lives nearby or in another state, the Eldercare Locator can identify the most appropriate source of information and assistance in the older persons's community.

Please have the following information available when calling:

1. The older person's name and address, including zip code.
2. A brief, general description of the problem or type of assistance needed.

Eldercare Locator is a service of the National Association of Area Agencies on Aging.

Eldercare Locator
1-800-677-1116

**Start your elder care
search with ElderOnline™ !**

Free referrals and information on:

- Companion services
- Home health agencies
- Adult day care
- Assisted living
- Transportation
- Senior centers
- ...and more!

www.familyandworkplace.org

479-1660

(in New Castle County)

800-660-6602

(outside New Castle County)

The
Family & Workplace
Connection®

*With special thanks to ElderOnline's founding sponsors,
AARP Delaware and AstraZeneca.*

State Services Available for Grandparents and Relative Caregivers Raising Others' Children

Joining Generations



**DELAWARE HEALTH
AND SOCIAL SERVICES**

DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES

Joining Generations

1 800-223-9074

State Services for Grandparents and Relative Caregivers Raising Others' Children

The following support services are available to grandparent and relative caregivers if they meet eligibility requirements. All locations and phone numbers of the Division of Social Services offices are included on page 9.

TEMPORARY AID FOR NEEDY FAMILIES (TANF):

Temporary Aid for Needy Families (TANF) is one of Delaware's cash assistance programs. You can apply for TANF in three different ways: 1) for yourself; 2) for yourself and the child you are raising; or 3) for the child only. You do not have to have custody or

guardianship of the child, but you must be related to him or her. If you are applying for a child-only TANF grant, only the assets and income of the child are considered. For more information or to apply, please contact your local Division of Social Services office.

GENERAL ASSISTANCE:

General Assistance (GA) is cash payment that can be used for an unemployable adult, or used for people caring for unrelated children. Only the assets and income of the child are considered when you apply for GA. For more information or to apply, please contact your local Division of Social Services office.

KINSHIP CARE PROGRAM:

The purpose of the Kinship Care Program is to assist caregivers during the 180 day transition period when a child initially moves into the non-parent caregiver's home. The program assists caregivers in meeting the child's immediate need for clothing, shelter, health, safety, and educational supplies. For more information, contact the Delaware Helpline (**1-800-464-4357**) or the State Service Center closest to you. The Delaware General Assembly provides funding for the Kinship Care Program and it is limited to available state funds.

MEDICAID:

Medicaid is medical insurance that pays for doctors' visits (including well-child visits), in-patient and out-patient hospital services, lab tests, behavioral health services, prescription medicines, eye exams, glasses, dental care for children, and over-the-counter medicines prescribed by your doctor. Eligibility for Medicaid is determined by income.

Almost any child whose parent is not in the home and who has little or no income of his or her own can get Medicaid health insurance coverage. Low-income children can get Medicaid even if they cannot get Temporary Aid for Needy Families (TANF) or Food Stamps.

If you or the child is eligible, Medicaid coverage may begin immediately. For more information or to apply, please contact your local Division of Social Services office.

DELAWARE HEALTHY CHILDREN PROGRAM:

This is a health insurance program for children. If you have not been able to afford medical insurance for your child and you do not qualify for Medicaid, you may be able to purchase very low cost medical insurance through the State of Delaware. For more information or to apply, please contact your local Division of Social Services office or call **1-800-996-9969**.

HELP PAYING YOUR MEDICARE PREMIUM:

Low-income Medicare beneficiaries may be eligible for help with paying all or some of their Medicare premium and, in some cases, payment of Medicare coinsurance and



deductibles. For more information or to apply, please contact your local Division of Medicaid and Medical Assistance office.

FOOD STAMPS:

Food Stamps help single people and families with little or no income purchase food they need for good health. A food stamp household consists of people who live

together and buy food and prepare meals together. Spouses and children under the age of 22 who live with their parents must be included in the same food stamp household. The income of all the household members counts towards the food stamp income limit and determines how many food stamps they get. You may be eligible for food stamps even if you cannot get assistance from other programs. For more information or to apply, please contact the local Division of Social Services office.

CHILD SUPPORT:

The Division of Child Support Enforcement is the State agency that helps custodial parents and caregivers to establish paternity and obtain child support from obligated parents. Services are free to those parents and caregivers who receive Temporary Aid to Needy Families (TANF) or Medicaid. For more information in New Castle County call **(302) 577-7171**; in Kent County call **(302) 739-8299**; and in Sussex County call **(302) 856-5386**.

CHILD CARE: (Also known as Purchase of Care)

The purpose of the Division of Social Services Purchase of Care childcare program is to provide support to families who need child care but who cannot pay for all or part of the cost. This service is available to parents, grandparents, or other related adults responsible for the child's care.

You may get help with day care if you are working full-time or part-time and your income is low enough. If eligible, you will choose among the licensed childcare centers and childcare family or group homes that accept the Purchase of Care reimbursement rate. You may also create your own self-arranged childcare, with the help of your social worker. For more information or to apply, please contact your local Division of Social Services office.

PUBLIC HOUSING:

Public housing in Delaware is provided by several different agencies, operating with different regulations. The waiting period for housing varies greatly from one housing agency to the other. You will need to meet income eligibility requirements. You may also

be required to have custody of the child you are raising, even if he or she is a relative.

The Delaware State Housing Authority (DSHA) Community Relations staff can provide you with a list of affordable housing in your area. They will also provide referral information for many services, including assistance for one time rental help, security deposit help or help with energy bills. Call the Delaware State Housing Authority's Community Relations staff in Dover at **1-888-363-8808**, visit their web site at www2.state.de.us/dsha or call the Delaware Helpline at **1-800-464-4357**. DSHA also has section 8 Housing Choice Vouchers, as well as other affordable rental and homeownership programs.

MENTAL HEALTH SERVICES FOR CHILDREN:

Behavioral health services (substance abuse and mental health treatment) are available for all children in Delaware. Private insurance and Medicaid providers can be located by calling the number on the insurance card. The Division of Child Mental Health Services (DCMHS) can serve uninsured children or those needing more than 30 units of outpatient services from Medicaid.

DCMHS provides a range of mental health and substance abuse treatment programs statewide beyond outpatient services, including a 24-hour crisis service. In northern New Castle County call **(302) 633-5128**; in southern New Castle County call **1-800-969-4357**; and in Kent and Sussex Counties call **(302) 424-4357**.

All DCMHS referrals are voluntary and require parents or guardians to provide written consent. The Caregivers' Medical Authorization Law allows primary caretakers to provide this consent when a parent is unavailable. For further information, contact DCMHS at (302) 633-2571 or 1-800-722-7710.

PAPERS TO BRING WHEN APPLYING:

- Birth certificates • Social security cards • Pregnancy verification
- Utility bills • Motor vehicle registration
- Proof of citizenship or lawful alien status • Pay stubs
- Bank account verification
- Your case worker will let you know if you need to bring other items.

DELAWARE HELPLINE!

1-800-464-4357 Out of State 1-800-273-9500

Got questions? Finding answers is our job!

7:30 AM – 6:00 PM Monday through Friday

Legal Services

DELAWARE VOLUNTEER LEGAL SERVICES, INC. (DVLS)

DVLS screens and refers low-income clients with civil cases to volunteer attorneys. Types of cases, depending on attorney availability, include landlord/tenant, wills, family law, foreclosures, consumer, government benefits, and personal injury defense. DVLS cannot accept fee-generating, criminal cases, DUI's, child support or medical or legal malpractice cases. Call for intake between 9 a.m. and 5 p.m. weekdays. Service is free.

Delaware Volunteer Legal Services, Inc.

P.O.Box 7306

Wilmington, DE 19803, 478-8850 or 1-800-773-0606

ELDER LAW PROGRAM

The Elder Law Program is operated statewide through the Community Legal Aid Society, Inc. It provides legal services to Delawareans who are 60 years of age and over in non-criminal and non-fee generating cases. Services include legal counseling and representation in appropriate court cases as well as the drafting of powers of attorney and advance health care directives. Assistance is

The Law Office of Felicia Seaton, P.A. (302) 764-1910

- Adult Guardianships
- Powers of Attorney
- Estates & Probate
- Wills & Estate Planning
- Trials & Hearings

***Come to us for all of
your legal needs***

Member of the National Academy
of Elder Law Attorneys

Our offices are located at:
410 Foulk Road, Suite 202
Wilmington, DE 19803
fseatonlaw@hotmail.com

also provided for consumer problems, problems associated with nursing home or long-term care facilities, and problems related to government benefits such as Social Security and Supplemental Security Income. The Elder Law Program will provide consultation in matters of insurance, or home ownership.

The Elder Law Program also provides a community education service through which presentations are made before groups about Elder Law Program services and the potential legal problems older persons face. For a free copy of the “Legal Handbook for Older Delawareans”, call:

WILMINGTON/NEW CASTLE COUNTY

Elder Law Program

100 W. 10th Street, Suite 801

Wilmington, DE 19801 575-0666

KENT COUNTY

Elder Law Program

840 Walker Rd., Dover, DE 19904 674-3684

..... 674-8500

SUSSEX COUNTY

Elder Law Program

144 E. Market St.

Georgetown, DE 19947 856-0038

LAWYER REFERRAL SERVICE

A public service administered by the Delaware State Bar Association, the Lawyer Referral Service will locate an attorney who has experience in the area of law for which advice is sought. A fee is charged for the first half-hour of consultation and paid to the attorney. In many cases, the initial consultation solves the problem;

Legal Services

however, if further legal service is necessary, an additional fee may be agreed upon between the attorney and client. For more information, call:

Lawyer Referral Service

Delaware State Bar Association
1225 N. King St., 10th Floor

Wilmington, DE 19801 478-8850 or 800-773-0606

LEGAL SERVICES CORP. OF DELAWARE

A federally funded program to provide free legal services to low income persons. Types of cases include consumer law, bankruptcy, landlord-tenant concerns, unemployment compensation.

100 W. 10th St.

Wilmington, DE 19801 575-0408

or

2085 Governor's Ave.

Dover, DE 19903 734-8820

LEGAL HELPLINK

Call the central intake number for the above legal service agencies:

478-8850

ADVANCE HEALTH CARE DIRECTIVE

The Health Care Decisions Act allows adults “who are competent and of sound mind” to make a written declaration regarding health care they do or do not want; to direct the provision, withholding or

withdrawal of life-sustaining procedures; or to name an agent who will make health care decisions for them when they are not able. For more information, call:

- Division of Services for Aging and Adults
with Physical Disabilities:
- New Castle County..... 255-9390
- Kent/Sussex County 424-7310
- Statewide Toll Free 1-800-223-9074

OFFICE OF THE PUBLIC GUARDIAN

In cases where persons appear incapable of managing themselves or their property, this office can provide a legal guardian to assume that responsibility. This would normally occur when an individual is without friends or family, or whose friends or family are not willing to assume guardianship. A court hearing must occur in order to determine the individual’s incapacity, and to establish the absence of willing private guardians. Once appointed, the guardian, under the direction of the Court, takes full responsibility for the management of the person, his/her property, or both. For more information, call:

WILMINGTON/NEW CASTLE COUNTY

- Office of the Public Guardian
- Elbert N. Carvel State Office Building
- 820 French Street, 11th Floor
- Wilmington, DE 19801 577-8990
- Fax: 577-2989
- Kent/Sussex County 739-4072

- Register of Wills offices 395-7800,
- 744-2330, 855-7875

Long Term Care Ombudsman Program

DHSS’ Long Term Care Ombudsman Program provides impartial fact-finders whose job it is to assure that adults in licensed institutions, nursing homes, assisted living and adult foster care homes receive fair treatment. The Ombudsman seeks to:

- Investigate and resolve complaints made by or on behalf of residents of long term care facilities regarding violations of patients rights.
- Train volunteers and others to participate in the Ombudsman Program.
- Advocate for improving the quality of life for residents of long term care facilities.
- Provide information and training to residents, families, and staff on topics such as patient rights, living wills, and patient abuse.

For more information, or to register a problem or complaint, call:

DHSS Division of Services for Aging and
 Adults with Physical Disabilities

| | |
|---------------------------|----------------|
| New Castle County..... | 255-9390 |
| Kent/Sussex County | 424-7310 |
| Statewide Toll Free | 1-800-223-9074 |

DHSS DIVISION OF LONG TERM CARE RESIDENTS PROTECTION

The mission of the Division of Long Term Care Residents Protection is to (1) promote the quality of care, safety and security of people

living in long term care facilities and (2) to ensure facilities' compliance with applicable state and federal laws and regulations designed to protect these residents. The Division:

- licenses long term care facilities and conducts annual, complaint driven and surprise inspections to determine compliance with federal and state statutes and regulations.
- enforces state statutes and regulations regarding the quality of care and quality of life of long term care residents, as well as conveys survey results regarding federally certified facilities to the federal government for enforcement.
- serves as a centralized location to which complaints regarding long term care may be directed and evaluated for appropriate referral.
- receives and investigates complaints of alleged crimes such as abuse, neglect and financial exploitation.
- implements and enforces the criminal background check law for applicants for long term care jobs and advises facilities of results disqualifying applicant(s) from employment.
- manages the Adult Abuse Registry and Certified Nursing Assistant Registry.

For more information or to
make a complaint.....1-877-453-0012

New Castle County

3 Mill Road, Suite 308
Wilmington, DE 19806 577-6666

Kent/Sussex County

The Windsor Building
24 N.W. Front Street
Milford, DE 19963 424-6377

Medical/Health Care

NEMOURS HEALTH CLINIC

The Nemours Health Clinic offers dental care, eye care, eyeglasses, and audiology services including hearing aids, to low income Delaware residents over the age of 65. Dental care, eyeglasses and associated examinations, and audiology services are provided at no out of pocket expense. For more detailed information concerning services, call Patient Services Department between the hours of 8:00 a.m. and 4:00 p.m., Monday through Friday (except holidays).



Take the worry out of rising healthcare costs.

Important Information About Reverse Mortgages

If you're a homeowner age 62 or older, you can safely tap into your home equity with a reverse mortgage. Use the tax-free* cash for today's bills and tomorrow's emergencies.

To learn more please contact
Trish Kauker, VP Reverse Mortgage
at 302.283.4540 or 1.888.973.7226
or visit wsfsbank.com.

- > Choose a lump sum, line of credit, or a combination
- > Retain the title to your home
- > No monthly mortgage payments required

WSFS  bank

*Consult Tax Advisor.

© 2006 Wilmington Savings Fund Society, FSB | Member FDIC



Nemours Health Clinic

1801 Rockland Road, Wilmington, DE 19803

..... 651-4405, 1-800-842-1900

PRESCRIPTION ASSISTANCE PROGRAM

The State of Delaware offers a prescription assistance program for qualified low-income adults with disabilities and seniors over the age of 65 who qualify. The plan covers up to \$3,000/year and requires a \$5.00 or 25% co-pay based on the drug cost (whichever is higher).

Prescription Assistance Program, 1-800-996-9969

FREE PRESCRIPTION MEDICINE AVAILABLE TO THOSE WHO QUALIFY

Free Medicine Foundation 1-888-812-5152

www.freemedicinefoundation.com

Early Detection is the Key!

Get your mammogram every year!



Women's Mobile Health Screenings

provides

Free or Low-Cost Mammograms

to women who qualify

On-site screening at:

- Community Centers • Health Fairs and Area Events
- Local Businesses • Community Health Centers

1-888-672-9647

 Delaware Health and Social Services
Division of Public Health

 Delaware
Department of Health and Social Services

 Life

 Pharmaceutical Association
National, 1980, U.S.A.

Medical/Health Care

Other web sites to check:

www.benefitscheckup.org

www.helpingpatients.org

www.needymeds.com

www.pparx.org

www.phrma.org

www.rxassist.org

HEALTH SCREENING

DHSS' Division of Public Health offers health screening services by appointment in clinics located throughout the state to persons age 35 and over. Call the Delaware Helpline at 1-800-464-4357 for a list of state service centers and the services available.

Other Important Numbers:

Call A Nurse (Christiana Care) 428-4100

or 1-888-428-4100

Christiana Care HIV Program 255-1300

Consumer Health Library of the Delaware Academy
of Medicine 571-1101 or 1-800-287-0717 (K/S Co.)
or <http://medlineplus.gov/delaware>.

Lives Worth Saving hotline (about transplant
resources) 1-800-637-2316

Poison Control Center 1-800-772-7112

HEALTH CLINICS

NEW CASTLE COUNTY

The following health clinics offer sliding scale fees for persons with minimal or no health insurance:

Center of Hope (St. Claire Medical Outreach) 369-9370

Claymont Family Health Services..... 798-9755

or 798-2430

Christiana Care Breast Cancer

Special Needs Fund.....623-4700

Delaware Tech. Dental Clinic.....571-5364

Henrietta Johnson Medical Center655-6190

or761-4610

Kent Community Health Center678-2000

Mammography of Delaware 1-800-654-0606

Call to schedule an appointment or to check the van schedule.

Planned Parenthood 731-7801 or 655-7293

or.....798-8000

or..... 678-5200 or 645-2737

West Side Health Services.....655-5822

Wilmington Hospital Health Dept. 428-6436

KENT COUNTY

Hope Medical Center..... 735-7551

For uninsured persons aged 18-64.

Call to schedule an appointment.

DELAWARE MOBILE DENTISTRY

Delaware Mobile Dentistry offers general dental care to residents of nursing homes, retirement communities and rehabilitation facilities in southern Delaware. They are accessible to persons using a wheelchair. If you live near Dover, they may be able to call on you

Medical/Health Care

at home. Charges are comparable to services in a dentist's private office.

Dr. Terry A. Bryan, D.M.D.

189 South Fairfield Drive, Dover, DE 19901 698-9901

SCREENING FOR LIFE, Delaware Division of Public Health

Screening for Life offers FREE pap smears, mammograms and colorectal screenings to eligible men and women.

Screening for Life. 739-4651 or 1- 800- 464- HELP

The Delaware Division of Public Health has dental clinics at several state service centers. Call 1-800-464-HELP for the clinic nearest you.

Colon cancer is preventable. Everyone 50 and older should get tested. One simple examination is all it takes. It can even find and remove polyps that could become cancer. Don't wait. Get tested. It could save your life.

Talk to your doctor today to get tested. Or call 1-800-464-HELP to find out if you qualify for a free colon cancer test through Screening for Life.

Made possible, in part, with the cooperation of the Delaware Cancer Consortium.

screening for life
Keeping Smiles. Growing Health. Growing Futures.

Delaware Department of Health and Social Services
1000 North DuPont Highway
Dover, DE 19901
739-4651

DELAWARE ASSISTIVE TECHNOLOGY INITIATIVE

The Delaware Assistive Technology Initiative (DATI) focuses on improving public awareness, public access to information, funding for assistive technology devices and services, training and technical assistance, and coordination of statewide activities. The project has established three barrier-free Assistive Technology Resource Centers (ATRC's) that are open to the public of all ages. They house assistive technology devices and materials that are available for demonstration and short-term loan.

**The 2007/2008 Guide to Services for
Older Delawareans is available in Spanish.
For a copy, call 1-800-223-9074.**



YOUR DISABILITY RESOURCE IN DELAWARE & MARYLAND'S EASTERN SHORE

- Personal Attendant Services
- Assistive Technology Services
- Developmental Disability Services
- Pediatric & Adult Physical Therapy
- Early Intervention Services for Children
- Pediatric & Adult Occupational Therapy
- Pediatric & Adult Speech/Language Therapy
- Day Programs for Seniors and Adults with Disabilities
- Year-round Residential Respite and Recreational Camping

1-302-324-4444



1-800-677-3800
A United Way Affiliate Member

www.de.easterseals.com

Medical/Health Care

KENT COUNTY

Kent County ATRC
Easter Seal Society of Del-Mar
Kent County Comm. School
65 Carver Rd., Dover, DE 19904-2716
Voice 739-6885
Fax..... 739-6887
TDD..... 739-6886

SUSSEX COUNTY

Sussex County ATRC
Easter Seal Society of Del-Mar
Delaware Technical and Community College
Rt. 18, P.O. Box 610, Arts and Science Bldg.,
Room 320, Georgetown, DE 19947
Voice..... 856-7946
Fax..... 856-6990
TDD..... 856-6714

CENTRAL SITE

Center for Applied Science and Engineering
University of Delaware and duPont Hospital for Children
P.O. Box 269, Wilmington, DE 19899
1-800-870-DATI, 651-6790
TTY..... 651-6794
Fax..... 651-6793

The Milton Lions Club has a medical equipment loan program. Call 684-4022 to donate equipment or to request an equipment loan.

REHABILITATION

DELAWARE CURATIVE PHYSICAL THERAPY AND REHABILITATION CENTERS

Delaware Curative is a non-profit, private rehabilitation center providing a wide range of services to persons of all ages. Services include medical consultation; occupational, speech and physical therapy; psychological and social services; rehabilitation nursing; and a vocational evaluation program.

Placement in a program is by physician referral. For more information, call the facility closest to you:

- Delaware Curative Physical Therapy and Rehab. Centers
- 1600 Washington St.
- Wilmington, DE 19802 .. 656-2521 (Wilmington)
- 529-7750 (North Wilmington)
- 738-3110 (Newark)
- 836-5670 (Bear)
- 376-7670 (Middletown)
- 744-9691 (Dover)

DHSS DIVISION FOR THE VISUALLY IMPAIRED (DVI)

DHSS' Division of Visually Impaired provides comprehensive services to the blind and severely visually impaired in the home or in the DVI training center. Some services are based on financial eligibility. DVI also offers a special program, VIP 55, for persons aged 55 and over. VIP services include training, services in the home, and the provision of aids and appliances. For more information, call:

- NEW CASTLE COUNTY 255-9800
- KENT and SUSSEX COUNTIES 424-7240

Medical/Health Care

DHSS DIVISION OF DEVELOPMENTAL DISABILITIES SERVICES

DHSS' Division of Developmental Disabilities Services helps Delaware citizens with mental retardation realize their developmental potential through specialized services in residential and habilitative settings, services to families, consultation, and prevention activities. For more information, call:

| | |
|-------------------------|----------|
| NEW CASTLE COUNTY | 369-2180 |
| KENT COUNTY..... | 739-5524 |
| SUSSEX COUNTY | 934-8031 |

ELDER HEALTH CENTER

The Health Center provides a variety of health promotion, disease management services by advanced practice nurses, in collaboration with physicians from Westside Health Services and the University of Delaware.

The Health Center
200 White Chapel Drive
Newark, DE 19713 831-0001

MEDICAL SOCIETY OF DELAWARE

The Medical Society of Delaware responds to questions concerning the medical profession and will help individuals in search of a physician by making referrals to private physicians throughout the state. For more information, call:

Medical Society of Delaware
1925 Lovering Avenue
Wilmington, DE 19806 658-7596

NEUROLOGIC AND OLDER ADULT PHYSICAL THERAPY CLINIC

The Clinic is a unique outpatient rehabilitation clinic located in the University of Delaware. The clinic offers access to academic and clinical faculty who specialize in geriatric physical therapy.

Neurologic and Older Adult Physical Therapy Clinic
057 McKinly Laboratory
University of Delaware
Newark, DE 19716831-8893

STATE BOARD OF PHARMACY

The State Board of Pharmacy can be of assistance if you believe your prescriptions have been inadvertently switched, the directions on your prescription are incorrect, or the pharmacist has misfiled the record of your prescriptions. The Board also investigates incidents of prescription fraud.

If you believe you have one of the above problems concerning your prescription(s), call the State Board of Pharmacy.

Questions About Advance Directives? We've got Answers.

Many people have questions about Advance Directives (also known as Living Wills). Visit our web site for information about advance directives and how they work. While you're there, you can also download a copy of Delaware's Advance Directive Form.

dhss.delaware.gov/dsaapd



**DELAWARE HEALTH
AND SOCIAL SERVICES**
DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES

Medical/Health Care

State Board of Pharmacy

Jesse Cooper Bldg., Room 205,

Federal and Water Streets

Dover, DE 19901 744-4547

TEL-MED INFORMATION

General information on more than 240 medical, dental and other health-related topics can be obtained by calling TEL-MED. The service, sponsored by the Delaware Academy of Medicine, may be reached by checking the listing of subjects in the Blue Pages of the telephone book. Do not use TEL-MED in an emergency to decide if you have a health problem, or to replace your doctor. For more information, call:

TEL-MED 571-1010 or 1-800-794-6565

VETERANS AFFAIRS

Call 1-800-827-1000 with questions about veteran benefits.

Wilmington Veterans' Center

(readjustment counseling services)

1601 Kirkwood Highway

Wilmington, DE 19805 , 633-5360

Women Veterans Health Center 633-5451 or

..... 1-800-461-8262, ext. 5451

HOSPITALS

KENT COUNTY

Bayhealth at
Kent General Hospital

640 S. State St.
Dover, DE 19901

744-7135 or
1-877-453-7107

NEW CASTLE COUNTY

Christiana Care
Christiana Hospital
4755 Stanton Ogleton Road
Newark, DE 19713

Wilmington Hospital

501 W. 14th Street
Wilmington, DE 19802
733-1000


MeadowWood

Behavioral Health System

575 S. DuPont Highway
New Castle, DE 19720
328-3330

Rockford Center

100 Rockford Dr.
Newark, DE 19713
996-5480




Need a doctor?

**Call the Physician
Referral Line at**

1-866-BayDocs

From allergists to urologists and every physician specialty in between, you'll find the right doctor to meet your needs by calling Bayhealth's Physician Referral Line. Or, visit Bayhealth's online physician referral service at www.bayhealth.org, where you can search our interactive physician database 24 hours a day.



Medical/Health Care

St. Francis Hospital
7th & Clayton Sts.
P.O. Box 2500
Wilmington, DE 19805
421-4100
TDD 421-4337

Veterans Administration
Medical Center
1601 Kirkwood Hwy.
Wilmington, DE 19805
994-2511

SUSSEX COUNTY

Bayhealth at
Milford Memorial Hospital
P.O. Box 199
21 W. Clarke Ave.
Milford, DE 19963
422-3311

Beebe Medical Center
424 Savannah Rd.
Lewes, DE 19958
645-3300

Nanticoke Memorial
Hospital
801 Middleford Rd.
Seaford, DE 19973
629-6611

Visit us on the web!

dhss.delaware.gov/dsaapd



***DELAWARE HEALTH
AND SOCIAL SERVICES***

***DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES***

Need A Physician?

1-877-NHS-4-DOCS



A renewed spirit of caring.

801 Middleford Road • Seaford, DE 19973
www.nanticoke.org

Medicare and Medicaid/ Health Insurance Counseling

MEDICARE

Medicare is a federal health insurance program for people aged 65 and older, qualified disabled persons, and persons with chronic kidney disease. Local Social Security Administration offices take applications for Medicare and provide information about the program. See the Social Security and Supplemental Security Income section of this guide. For more information, call 1-800-MEDICARE or www.medicare.gov.

Delaware Contacts

Part A 1-800-MEDICARE
Empire Medicare Service (1-800-633-4227)



Take
Good
Care™

***Taking Good Care means
knowing about the quality
of your healthcare.***

*Quality Insights of Delaware,
the First State's Medicare Quality
Improvement Organization,
can help you learn what to look for.*

1-866-475-9669
www.qide.org

 **Quality Insights**
Quality Insights of Delaware

IMPROVING THE HEALTH OF THE PEOPLE WE SERVE.

Paid for by Quality Insights of Delaware under contract with the Centers for Medicare & Medicaid Services, an agency of the U.S. Department of Health and Human Services. 8SOW-DE-GEN-06-29

**Medicare and Medicaid/
Health Insurance Counseling**

PART B

TrailBlazer Health Enterprises, Inc .. 1-800-MEDICARE

Home Health & Hospice

Cahaba 1-800-MEDICARE

Durable Medical Equipment

HealthNow N.Y. 1-800-MEDICARE

Quality of Care Issues

Quality Insights 1-866-475-9669
or 475-8100

Visit www.AccessToBenefits.org and www.BenefitsCheckUpRX.org for information about services you may be entitled to.



Flo's No Fool.

She's wise to Medicare fraud and abuse tactics. Flo knows how to spot them, and report them. She learned how from the Delaware Medicare Fraud Alert Program. And she's just one of thousands of Delaware seniors who won't be conned.

Protect yourself from Medicare Fraud and Abuse.
Call the Delaware Medicare Fraud Alert Hotline – and join Flo
in showing abusers that Delaware seniors can't be fooled.
1-800-223-9074

This message was funded, in part, by a grant from the Administration on Aging, Department of Health and Human Services. The expressed views are solely those of the Delaware Division of Services for Aging and Adults with Physical Disabilities.

MEDICAID

DHSS' Division of Social Services administers the Medicaid Program (also known as Medical Assistance or Title XIX of the Social Security Act). This is a federal/state insurance program which covers specified medical expenses for the low income aged, blind, and disabled. There are distinct eligibility criteria for participation in the program. For more information call:

New Castle County 368-6610
Kent/Sussex County .. 422-1520 or 1-800-372-2022

MEDICAID WAIVER FOR THE ELDERLY AND DISABLED

The Medicaid Home and Community-Based Services Waiver Program allows low-income disabled and elderly persons to remain



ELDER*info*

Health Insurance Counseling for People with Medicare

A public service providing help with and information about:

**MEDICARE • MEDICARE SUPPLEMENT INSURANCE
MEDICAID • LONG TERM CARE INSURANCE
MEDICARE + CHOICE**

1 • 800 • 336 • 9500

www.state.de.us/inscom/eldindex.htm

*A Public Service of the State of Delaware Insurance Department and funded in part
by a grant from the Centers for Medicare and Medicaid Services.*

Medicare and Medicaid/ Health Insurance Counseling

in their own homes rather than going into an institutional setting. A person who is eligible for this program can receive all regular Medicaid services and, as needed, case management, homemaker, respite care (both home and institutional), an emergency response system and day care. For eligibility information, call the Division of Social Services:

New Castle County 368-6610
Kent/Sussex County 424-7310

For program information call DHSS Division of Services for Aging and Adults with Physical Disabilities at:

New Castle County 453-3820
Kent/Sussex Counties 424-7310
Toll free 1-800-223-9074

HEALTH INSURANCE COUNSELING

ELDERinfo is a program designed to help Medicare beneficiaries in Delaware deal with the complex and often confusing health insurance system. ELDERinfo provides information, counseling, and assistance on matters related to Medicare, Medicaid, Medicare supplement insurance, Medicare+Choice, long term care insurance, and other types of health insurance. ELDERinfo is a public service provided by the Delaware Insurance Department. ELDERinfo services are provided free of charge.

For more information, contact:

ELDERinfo,
Delaware Insurance Department
1-800-336-9500

DELAWARE SENIOR MEDICARE PATROL (SMP)

Delaware Senior Medicare Patrol is a federally funded project offered through the Delaware Division of Services for Aging and Adults with Physical Disabilities to teach Medicare beneficiaries to be better health care consumers. Beneficiaries are recruited and trained to lead sessions for other beneficiaries about how to identify and report possible health care fraud. Call to speak with the project director about volunteering, to request a speaker, a brochure or to discuss health care payment issues.

Delaware Senior Medicare Patrol ...1-800-223-9074

The 2007/2008 Guide to Services for Older Delawareans is available in Spanish.
For a copy, call 1-800-223-9074.

THE DELAWARE AGING NETWORK

We help older Delawareans with questions about transportation, legal and medical issues, counseling, housing...and more! Call us.

New Castle County:

Jewish Family Services (302) 478-9411

Kent County:

Modern Maturity Center (302) 734-1200

Sussex County:

CHEER Center (302) 854-9500

Mental Health/Counseling

There is a wide range of counseling and mental health services, both public and private, in Delaware. Private providers can be located in the yellow pages of the phone book. Below is a partial listing of community-based services funded through DHSS' Division of Substance Abuse and Mental Health and other public programs specifically targeting the elderly with mental health problems. For more information, call:

Division of Substance Abuse
and Mental Health (DSAMH) 1-800-652-2929

ADVOCACY/SELF-HELP GROUPS

For information on advocacy/self-help groups across Delaware representing the interests of the chemically dependent and mentally ill and their families, call:

Division of Substance Abuse
and Mental Health 1-800-652-2929
Alcoholics Anonymous 655-5113, 736-1567, 856-6452
Delaware Association of Children of
Alcoholics (DACOA)..... 656-5554 or 736-6619
or 856-6477

Delaware Council on Gambling Problems, Inc.
100 W. 10th St., Suite 303
Wilmington, DE 19801 655-3261 or 888-850-8888

Delmarva Rural Ministries Hispanic
Outreach Social Services 678-2000
Gambler's Anonymous..... 984-2277 or 761-9100

Jewish Family Service 478-9411
 Narcotics Anonymous..... 777-0597
 National Suicide Prevention Lifeline
 1-800-273-TALK or 1-888-628-9454 (Spanish)
 New Directions meets monthly and offers educational
 sessions and support group meetings 731-8166

ALCOHOLISM SERVICES

For information on publicly-funded agencies providing help to older persons who are experiencing problems with alcoholic substances and other drugs, call:

Division of Substance Abuse and Mental Health
 1-800-652-2929

COMMUNITY MENTAL HEALTH CENTERS

Community mental health centers provide a range of mental health services, including diagnosis, evaluation, individual, group, and family therapy, outreach/case management, chemotherapy and medication management, consultation, and referral services. The centers listed below serve as primary contact points in each county. Personnel in these centers can then link callers to the community mental health center nearest them. For more information, call:

NEW CASTLE COUNTY

Addictions Coalition of Delaware
 100 W. 10th St.
 Wilmington, DE 19801 984-2322

Mental Health/Counseling

New Castle County Community Mental Health Center
14 Central Avenue
New Castle, DE 19720 255-9450

SODAT-Delaware, Inc.
625 Orange St., Wilmington, DE 19801
Phone & Fax 656-4044

KENT/SUSSEX COUNTY

Kent/Sussex Community Mental Health Center
805 River Road, Dover, DE 19901 739-4170

EMERGENCY/CRISIS INTERVENTION SERVICES

Program providing 24 hour telephone services, and face-to-face intervention, as needed, for mental health emergencies.

NEW CASTLE COUNTY 577-2484
KENT/SUSSEX COUNTY 1-800-652-2929
MOBILE CRISIS UNIT..... 1-800-652-2929
CONTACT DELAWARE 761-9100

PARTIAL HOSPITAL TREATMENT CENTER

The center offers an intensive outpatient program to patients with psychotic and non-psychotic illnesses including patients with concurrent medical conditions. Length of stay ranges from 2 to 8

weeks. The program meets 5 days/week from 9 a.m – 3 p.m. The program does not provide treatment for those with primary substance abuse or moderate to severe mental retardation or dementia.

Wilmington Hospital

P.O. Box 1668, 501 W. 14th Street

Wilmington, DE 19899..... 428-2357

24 Hour Crisis Hotline..... 428-2118

CONNECTIONS CSP PROGRAM

Connections CSP is a program for adults with psychiatric problems who live in supervised group homes.

.....1-866-477-5345

**Questions About Advance Directives?
*We've got Answers.***

Many people have questions about Advance Directives (also known as Living Wills). Visit our web site for information about advance directives and how they work. While you're there, you can also download a copy of Delaware's Advance Directive Form.

dhss.delaware.gov/dsaapd



**DELAWARE HEALTH
AND SOCIAL SERVICES**

DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES

Nursing Homes

The term “nursing home” generally refers to a long term care facility which provides services to clients who are no longer able to live independently in the community. Below is a list of licensed nursing homes in Delaware. See www.medicare.gov for a list of nursing homes and for inspection survey results.

WILMINGTON

Gilpin Hall

1101 Gilpin Ave.
Wilmington, DE 19806
654-4486

Hillside Center

810 S. Broom Street
Wilmington, DE 19805
652-1181



For over a century and a half, with changes in name, location and services, there has been one constant purpose which is as strong today as it was in 1824 — to provide a high quality of care for members of our community.

The need has never been greater, nor have those who receive Gilpin Hall’s services ever have been more appreciative.

Gilpin Hall’s residents benefit from a wide range of professional services offered in a setting that is attractive, friendly and comfortable. From tasty meals in a sunny dining room to a choice of activities...

There is variety in a Gilpin day!

A Private Non-Profit Facility

ADULT DAY PROGRAM • PERSONAL CARE • NURSING AND RESPITE CARE

Call (302) 654-4486 to learn more about Gilpin Hall.

Kentmere Nursing
Care Center
1900 Lovering Avenue
Wilmington, DE 19806
652-3311

Parkview Nursing and
Rehabilitation Center
2801 W. 6th Street
Wilmington, DE 19805
655-6135

Riverside
Transitional Care
700 Lea Blvd.
Wilmington, DE 19802
765-4400

Tilton Terrace
801 N. Broom Street
Wilmington, DE 19806
652-3861

NEW CASTLE COUNTY

Accord Health Service
at Brandywine
505 Greenbank Road
Wilmington, DE 19808
998-0101

Arbors at New Castle
32 Buena Vista Drive
New Castle, DE 19720
328-2580

*The road to recovery
now has a fast lane.*

ShortStay Care

Churchman Village

4949 Ogletown-Stanton Road
Newark, DE 19713

Milford Center

700 Marvel Road
Milford, DE 19963

Silver Lake Center

1080 Silver Lake Boulevard
Dover, DE 19904

Seaford Center

1100 Norman Eskridge Highway
Seaford, DE 19973

Genesis CareLine:

800-205-9342



Genesis HealthCare®



www.genesisbcc.com

Nursing Homes

NEW CASTLE COUNTY *continued*

Broadmeadow Healthcare

500 S. Broad Street
Middletown, DE 19709
449-3299

Brock's Rest Residential Home

4150 Millcreek Road
Hockessin, DE 19707
239-3548

Churchman Village

4949 Ogletown-Stanton Rd.
Newark, DE 19713
998-6900



Masonic Home of Delaware

4800 Lancaster Pike, Wilmington, DE 19807

Enjoy excellence in long term care in our deficiency-free, private facility situated in an elegant country setting.

We offer:

- Intermediate Healthcare
- Rest/residential Accommodations
- Private Cottages
- Respite Care (*Think Vacation*)
- Reasonable Rates
- *Expanded Admission Policy*

For information, call Karen Maher

302-994-4434

Cokesbury Village

726 Loveville Road
Hockessin, DE 19707
234-4444

Delaware Psychiatric Center (DHSS)

Carvel Building
1901 N. DuPont Hwy.
New Castle DE 19720
255-2700

Emily P. Bissell Hospital (DHSS)

3000 Newport Gap Pike
Wilmington, DE 19808
995-8434

Forwood Manor

1912 Marsh Road
Wilmington, DE 19810
529-1600

Foulk Manor North

1212 Foulk Road
Wilmington, DE 19803
478-4296

Foulk Manor South

407 Foulk Road
Wilmington, DE 19803
655-6249

Governor Bacon Health Center (DHSS)

Tilton Building
P.O. Box 559
Delaware City, DE 19706
836-2550



INDEPENDENT LIVING

ASSISTED LIVING

MEMORY ENHANCEMENT CARE

Methodist Country House
4830 Kennett Pike
Wilmington, DE 19807-1899
302-426-8112

Cokesbury Village
726 Loveville Road
Hockessin, DE 19707-1519
302- 235-6031

Methodist Manor House
1001 Middleford Road
Seaford, DE 19973-3697
302- 628-5604

Heron Point
501 E. Campus Avenue
Chestertown, MD 21620-1682
410-778-8327

Life is full of CHOICES

If you are looking for independent living, assisted living or memory enhancement care look to the leader in retirement living.

PUMH offers a choice of four fully-accredited continuing care retirement communities, each with a personality as unique as you are. For over 40 years, we have been redefining retirement by providing the highest quality amenities in environments that nurture the body and spirit.

Choose a PUMH community and experience the joys of retirement...PUMH style



Nursing Homes

NEW CASTLE COUNTY *continued*

Highfield, Masonic Home of Delaware

4800 Lancaster Pike
Wilmington, DE 19807
994-4434

Ingleside Homes Inc.

1005 N. Franklin Street
Wilmington, DE 19806
575-0250, ext. 2215

Jeanne Jugan Residence
185 Salem Church Road
Newark, DE 19713
368-5886

Manor Care Pike Creek Health Services

5651 Limestone Road
Wilmington, DE 19808
239-8583

Manor Care Wilmington Health Services

700 Foulk Rd.
Wilmington, DE 19803
764-0181



- ❖ 24 Hour Skilled Nursing Care
- ❖ Medicare/Medicaid Certified
- ❖ Secured Dementia Area
- ❖ Daily Activities
- ❖ Respite Care

PHONE: **(302) 998-0181** ❖ FAX: **(302) 998-5218**

For a personal tour, contact Cyndy Fanning, MSW
6525 LANCASTER PIKE, HOCKESSIN, DE 19707

A mission to *Care.*

When you're choosing an eldercare center for someone you love, it can be hard to see what's really different about each place you consider. But at Franciscan Care Center at Brackenville, there's a difference you can feel. Because we're not-for-profit, our focus is on our Catholic mission of compassion, rather than a bottom line of income. Led by spiritual values, our hallmarks are a caring attitude, friendliness, and cleanliness. There's also peace of mind in knowing that we're backed by the sophisticated care of St. Francis Hospital. No wonder so many of our staff members stay for so many years – a reflection of just how unique our caring environment is.



24-hour registered nursing care, in a family-like setting.

Our Brackenville location offers the medical, emotional, and spiritual support that residents and their families deserve.

- Professional and skilled nursing care to meet complex medical needs
- Individualized care plans tailored to each resident's needs
- Three meals a day, plus snacks, created to provide variety and meet any special dietary needs
- Rehabilitation services
- Restorative, respite, and hospice care
- A wide range of activities, services, events, and excursions
- A specially-designed unit for Alzheimer's and related disorders

Feel the difference our mission makes; call or visit today.



Brackenville
302-234-5420
100 St. Claire Drive
Hockessin, Delaware

Nursing Homes

NEW CASTLE COUNTY *continued*

Methodist Country House

4830 Kennett Pike
Wilmington, DE 19807
654-5101

Millcroft

255 Possum Park Road
Newark, DE.19711
366-0160

Milton and Hattie Kutz Home, Inc.

704 River Road
Wilmington, DE 19809
764-7000

Newark Manor Nursing Center

254 W. Main Street
Newark, DE 19711
731-5576

Regal Heights Care and Rehabilitation

6525 Lancaster Pike
Hockessin, DE 19707
998-0181



- Alzheimer's & Dementia Care
- On-Site Physical Speech & Occupational Therapy
- Respite & Long Term Nursing Care
- Veterans Financial Assistance Residency Program
- Hospice Care

Newark Manor

(302) 731-5576

254 West Main Street, Newark, DE 19711

www.newarkmanor.com

**St. Francis Care Center
at Brackenville**

100 St. Clair Drive
Hockessin, DE 19707
234-5420

**St. Francis Skilled
Nursing Facility**

7th and Clayton Streets
Wilmington, DE 19805
421-4694

**Shipleigh Manor
Health Center**

2723 Shipleigh Road
Wilmington, DE 19810
479-0111

Stonegates

4031 Kennett Pike
Greenville, DE. 19807
658-6200

KENT COUNTY

**Capitol Healthcare
Services**

1225 Walker Road
Dover, DE 19904
734-1199

Courtland Manor

889 S. Little Creek Road
Dover, DE 19901
674-0566
Fax: 674-4657

**Delaware Hospital for the
Chronically Ill (DHSS)**

100 Sunnyside Road
Smyrna, DE 19977
653-8556

Green Valley Pavilion

3034 South DuPont Blvd.
Smyrna, DE 19977
653-5085

Silver Lake Center

1080 Silver Lake Blvd.
Dover, DE 19901
734-5990



Family Owned & Operated

Nursing and Rehabilitation Care

Short & Long Term Care

Hospice & Respite

Green Valley Pavilion

3034 S. DuPont Blvd.
Smyrna, DE 19977

302.653.5085

302.653.3988 fax
gvpadmit@gahsi.com
www.gahsi.com



A proud member of Greenacres Health Systems.

E.O.E.

Nursing Homes

NEW CASTLE COUNTY *continued*

Westminster Village Health Center

1175 McKee Rd.
Dover, DE 19904
674-8030

SUSSEX COUNTY

Cadbury at Lewes Continuing Care Retirement Community

1000 Kings Hwy.
Lewes, DE 19958
645-6400

Chancellor Care Nursing and Rehabilitation Center

101 E. Delaware Avenue
Delmar, DE 19940
846-3077

Country Rest Home

12046 Sunset Lane
Greenwood, DE 19950
349-4114

Green Valley Terrace

231 S. Washington Street
P.O. Box 909
Millsboro, DE 19966
934-7300

Harbor Healthcare

301 OceanView Blvd.
Lewes, DE 19958
645-4664

Harrison House of Georgetown

110 W. North Street
Georgetown, DE 19948
856-4574

Lewes Convalescent Center

440 Market Street
Lewes, DE 19958
645-3030

Lifecare at Lofland Park

712 King Street
Seaford, DE 19973
628-3000



Family Owned & Operated

Nursing and Rehabilitation Care

Short & Long Term Care

Hospice & Respite

Green Valley Terrace

231 South Washington St.
Millsboro, DE 19966

302.934.7300

302.934.9399 fax
gvtadmit@gahsi.com
www.gahsi.com



A proud member of Greenacres Health Systems.

E.O.E.

Methodist Manor House
1001 Middleford Road
Seaford, DE 19973
800-775-4593

Milford Genesis
700 Marvel Road
Milford, DE 19963
422-3303

Seaford Center
1100 Norman Eskridge
Highway
Seaford, DE 19973
629-3575

Delaware Passport to Independence

The project reflects the Division's long-standing commitment to fostering self-determination among older persons and persons with disabilities. The overall goal of the project is to identify, inform and assist nursing home residents, especially those who are Medicaid-eligible, who want to move to a new home. DSAAPD offers individualized case management to accomplish this goal. Call 1-800-223-9074 and ask for the Project Manager to request a needs assessment application.

Delaware Cares About Your Well-Being

We're here to help you make informed decisions about assisted living and nursing homes.

Our *How to Select Long Term Care* publication is designed to make it easier for you to assess your loved one's needs, review nursing home options and make choices. A listing of all Delaware nursing homes and assisted living facilities with comparative information on costs and services is included.

For your free copy, call us at 1-800-223-9074.



DELAWARE HEALTH AND SOCIAL SERVICES

DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES

Organizations (Senior Citizens)

The organizations listed below offer a variety of resources, information and educational materials. If an older Delaware resident, caregiver or family member is interested in finding out more about these groups, please call the numbers listed. Call the Delaware Helpline at 1-800-464-4357 for more information about human services organizations in Delaware.

ALZHEIMER'S DISEASE AND RELATED DISORDERS ASSOCIATION, INC. (ADRDA)

Delaware Chapter
2306 Kirkwood Highway,
Wilmington, DE 19805633-4420
Kent/Sussex Toll free..... 800-272-3900

Fitness...Fellowship...Fun



Free membership is open to all Delaware residents age 50 plus! Stay active and healthy in our year-round **Fitness Award Program** or compete in our Annual Games. Contact us now.



Delaware Senior Olympics
1121 Forrest Avenue
Dover, DE 19904
Phone (302) 736-5698 Fax 736-5977
Toll Free 888-881-6128

E-mail info@delawareseniorolympics.org
Website: www.delawareseniorolympics.org

Questions about...

TRANSPORTATION? HOUSING?
LEGAL/MEDICAL ISSUES?
COUNSELING? SAFETY? MORE?

**The Delaware
Aging Network**
can help you...
help yourself!



A collaboration of non-profit agencies aimed
at keeping older Delawareans in their homes
safely and independently

FOR MORE INFORMATION

New Castle County: Jewish Family Services

(302) 478-9411

Kent County: Modern Maturity Center

(302) 734-1200

Sussex County: CHEER Center

(302) 854-9500



**FUNDING FOR THE DELAWARE AGING
NETWORK PROVIDED BY DELAWARE
COMMUNITY FOUNDATION**

Organizations (Senior Citizens)

AARP DELAWARE

Statewide 1-866-227-7441
www.aarp.org/de

AMERICAN CANCER SOCIETY

1-800-ACS-2345

New Castle County
New Castle Corporate
Commons
92 Read's Way,
Suite 205
New Castle, DE 19720
324-4227

Kent County
707 Walker Road
Dover, DE 19904
734-7431 or
1-800-304-0779



**GRANDPARENTS & RELATIVES
RAISING OTHERS' CHILDREN**

Contact

JOINING GENERATIONS
at **255-9390** or **1-800-223-9074**

for information on statewide support &
education group programs, Grand Time Off and
Camp Respite School Break/Summer Camps.



**DELAWARE HEALTH
AND SOCIAL SERVICES**
DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES

**AMERICAN DIABETES
ASSOCIATION**

Del. Affiliate
100 W. 10th Street
Suite 1002
Wilmington, DE 19801
656-0030

**AMERICAN HEART
ASSOCIATION**

New Castle County
1501 Casho Mill Road
Newark, DE 19711
454-0613

Kent County
625 S. State Street
Dover, DE 19903
734-9321

Sussex County
Georgetown
Professional Park
Suite 201A
600 DuPont Highway
Georgetown, DE 19947
856-7386

**AMERICAN LIVER
FOUNDATION**

1-800-223-0179

We couldn't be your voice in
Washington without being
your neighbor in Delaware.



AARP Delaware —
creating change in our community

From community service to consumer protection and nursing home reform, AARP is working hard to create positive social change where it's needed most — in every community.

For more information about how AARP Delaware is working to support Delawareans 50+, please visit our website, www.aarp.org/de, or call 1-866-227-7441.

AARP Delaware
The power to make it better.™

Organizations (Senior Citizens)

AMERICAN LUNG ASSOCIATION OF DELAWARE

1021 Gilpin Avenue, Suite 202
Wilmington, DE 19806 655-7258
1-800-LUNG-USA

ARTHRITIS FOUNDATION INFO LINE 1-800-283-7800

BRAIN INJURY ASSOCIATION OF DELAWARE

..... 1-800-411-0505

CANCER CARE CONNECTION

..... 266-8050 or 866-266-7008

CONTACT DELAWARE

24-hour Helpline and Rape Crisis Service 761-9100
TTY 761-9700
Kent and Sussex Toll free 800-262-9800

CREATIVE GRANDPARENTING, INC

100 W. 10th Street, Suite 1007
Wilmington, DE 19801 656-2122

DELAWARE AGING NETWORK

99 Passmore Road
Wilmington, DE 19810 478-9411

DELAWARE ASSOCIATION OF HOMES & SERVICES FOR THE AGING (DAHSA)

103 DeWalt Road
Newark, DE 19711 454-7715

DELAWARE ASSOCIATION OF PROGRAMS FOR THE AGING (DAPA)

107 E. 14th Street
Wilmington, DE 19801-3209652-6219

DELAWARE BREAST CANCER COALITION

778-1102, 672-6435, 866-312-DBCC

DELAWARE CANCER PAIN INITIATIVE

292-1616

DELAWARE EPILEPSY ASSOCIATION

240 N. James Street, Suite 203
Wilmington, DE 19804 999-9313

DELAWARE HEALTHCARE FACILITIES ASSOCIATION (DHCFA)

235-6895

DELAWARE HIV CONSORTIUM

654-5471

DELAWARE INTERFAITH COALITION ON AGING (DICA)

478-9411

DELAWARE KIDNEY FUND

888-1817

DELAWARE - MARYLAND PARALYZED VETERANS ASSOCIATION

28 Peddler's Row, Peddler's Village
Christiana, DE 19702368-4898
Toll free 1-800-786-2039

Organizations (Senior Citizens)

DELAWARE RETIRED WORKERS, UAW

1005 North Point Blvd., Suite 701
Baltimore, MD 21224 410-284-1500

DELAWARE SENIOR OLYMPICS

1121 Forrest Ave.
Dover, DE 19904 736-5698 or 1-888-881-6128

DISABLED AMERICAN VETERANS

Department of Veterans Affairs
1601 Kirkwood Highway
Wilmington, DE 19805 994-2511
1-800-827-1000
Wilmington Vet Center 994-1660

DELAWARE COALITION AGAINST DOMESTIC VIOLENCE

800-701-0456

GRANDPARENT RESOURCE CENTER

Wilmington Senior Center
1901 N. Market St.
Wilmington, DE 19801 651-3420
Grandparents United Delaware... 791-7715, 234-0360

HEARING LOSS ASSOCIATION OF DELAWARE

Phone/Relay Fax 292-3066
www.hlade.org, hlade@comcast.net

KIMMEL/SPILLER JEWISH HEALING CENTER

101 Garden of Eden Rd.
Wilmington, DE 19803 478-9411

LEUKEMIA AND LYMPHOMA SOCIETY of DELAWARE

100 W. 10th St.
Wilmington, DE 19801661-7300

MANCUS FOUNDATION

New Castle County
29th & Jessup Sts.
Wilmington, DE 19802652-7187

MULTIPLE SCLEROSIS SOCIETY

New Castle County
2 Mill Rd., Suite 106
Wilmington, DE 19806655-5610
Kent/Sussex Counties
PNC Bank Building, 3-5 The Plaza, Suite 212
Dover, DE 19901 734-4318, 1-800-FIGHT MS

Read It On Line!

Many publications are available for free on our web site, including the popular *Guide to Services for Older Delawareans*. Visit the “Publications” section of our site for more information!

dhss.delaware.gov/dsaapd



**DELAWARE HEALTH
AND SOCIAL SERVICES**
DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES

Organizations (Senior Citizens)

NATIONAL ASSOCIATION OF RETIRED FEDERAL EMPLOYEES (NARFE)
227-2736

NATIONAL CANCER INSTITUTE CANCER INFORMATION SERVICE
1-800-4-CANCER

NATIONAL EYE CARE PROJECT
1-800-222-EYES (eye care for low-income senior citizens)
1-800-391-EYES (info. and referral for people at risk for glaucoma)

NATIONAL FAMILY CAREGIVERS ASSOCIATION
10400 Connecticut Avenue, Suite 500
Kensington, MD 20895 800-896-3650

NATIONAL OVARIAN CANCER COALITION
..... 998-6889/888-OVARIAN

SERVICE CORPS OF RETIRED EXECUTIVES (SCORE)
824 Market Street, Suite 610
Wilmington, DE 19801 573-6552

SISTERS ON A MISSION (For African Americans with breast cancer)
475-0687

THE LIGHTHOUSE, INC. (for persons with visual problems)
111 East 59th St.
New York, NY 10022 800-334-5497

UNITED CEREBRAL PALSY OF DELAWARE
..... 764-2400, 335-5626

Pre-Admission Screening Program

The Pre-Admission Screening Program, administered by DHSS' Division of Social Services, is designed primarily for older persons who are applying for admission to a nursing home or any of the state-operated long term care facilities.

The program seeks to avoid unnecessary institutionalization of any individual; to provide appropriate care in the least restrictive setting; and to assure that all resources in the community are considered in the plan of care for an individual.

A team of health professionals evaluates the health and social needs of a person, either in the home or in the client's current location. This information is used to make recommendations to the individual and family on what services are available to meet the needs of the client. Referrals for services are also made to the appropriate agencies as needed. For more information, call:

NEW CASTLE COUNTY 368-6610
KENT/SUSSEX COUNTY 1-800-422-1416

Visit us on the web!

dhss.delaware.gov/dsaapd



**DELAWARE HEALTH
AND SOCIAL SERVICES**
DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES

Respite Care

Respite provides an interval of rest and relief to families that care for an impaired older person. Respite services can be provided in the home or in an institutional setting. Personal care respite services in the home are provided by licensed home health agencies. A trained worker remains with the older person for a specified period of time, performing daily tasks as needed. Nursing homes and hospitals also make accommodations for short, respite periods.

The programs that follow vary in type of service provided (in-home or institutional). Contact the individual service providers for more information.



Caring for an older friend or relative?

Support is a phone call away.

CARE Delaware serves the needs and interests of caregivers through information, referral, support and education. Our team can assess your needs and connect you with resources, local services and training. With our support, you'll be better able to take care while you give care.

For more information call 800.223.9074 or visit www.dhss.de.gov

CARE Delaware
Caregiver Assistance-Respite-Education

 Delaware Department of Health and Social Services
Division of Aging and Adult Services
100 North DuPont Highway
Dover, Delaware 19901

WILMINGTON/NEW CASTLE COUNTY

Addus Health Care

5614 Kirkwood Highway
Wilmington, DE 19808995-9010

Arbors at New Castle

32 Buena Vista Dr.
New Castle, DE 19720328-2580

Generations Home Care

103 Rogers Road
Wilmington, DE 19801658-6731

Highfield, Masonic Home of Delaware

4800 Lancaster Pike
Wilmington, DE 19807994-4434

Home Health Services by TLC

287 Christiana Road
New Castle, DE 19720322-5510

Methodist Country House

4830 Kennett Pike
Wilmington, DE 19807654-5101

Neuro Care/Total Care

201 Ruthar Drive, Suite 5
Newark, DE 19711738-6400

Preferred Health Mate of Delaware

5163 W. Woodmill Drive, Unit 12
Wilmington, DE 19808998-1111

Riverside Extended Care Pavilion

700 Lea Blvd., Wilmington, DE 19802 .733-1000

Respite Care

KENT COUNTY

Generations Home Care
753A Walker Road
Dover, DE 19901734-7005

Home Health Services by TLC
1241 College Park Drive
Dover, DE 199041-800-560-0114

SUSSEX COUNTY

CHEER Home Services
20520 Sandhill Road
Georgetown, DE 19947856-5186

Generations Home Care
205 East Market Street
Georgetown, DE 19947856-7774

Home Health Services by TLC
311 W. 9th Street
S. Bethany Beach, DE 199301-800-560-0114

RESPITE CARE FINANCIAL ASSISTANCE PROGRAM

Financial assistance grants to caregivers to provide respite care for diagnosed Alzheimer’s victims. Eligibility determined by need and financial criteria. Contact:

Alzheimer’s Association, Delaware Chapter
2306 Kirkwood Highway
Wilmington, DE 19805633-4420

Senior Centers

Senior centers that are open at least three days a week are listed below.

WILMINGTON

Centro Los Abuelos
623 N. Harrison St.
Wilmington, DE 19805
654-3199

**Claymore Senior Center
and Fitness Center**
504 S. Clayton St.
Wilmington, DE 19805
428-3170

**Fraim Senior Center
For Active Adults**
669 S. Union Street
Wilmington, DE 19805
658-8420

**Francis X. Norton
Senior Center**
917 Madison Street
Wilmington, DE 19801
594-9445

Graham Senior Center
1709 Gilpin Avenue
Wilmington, DE 19806
655-0266

**Jimmy Jenkins
Senior Center**
2300 Bowers Street
Wilmington, DE 19802
764-9022

**Latin American
Community Center**
403 N. Van Buren Street
Wilmington, DE 19805
655-7338

**People's Settlement
Association Senior Center**
408 E. 8th Street
Wilmington, DE 19801
658-4133

**Salvation Army
Senior Center**
400 N. Orange Street
Wilmington, DE 19801
656-1696

Senior Centers

St. Anthony's Senior Center

1703 W. 10th St.
(1st floor)
Wilmington, DE 19805
421-3735

St. Patrick's Center

107 East 14th Street
Wilmington, DE 19801
652-6219

St. Peter's Adult Center

523 Tatnall Street
Wilmington, DE 19801
571-8394

St. Thomas' Senior Center

200 Woodlawn Avenue
Wilmington, DE 19805
426-1738

West Center City Senior Adult Center

501 N. Madison Street
Wilmington, DE 19801
658-5332

Wilmington Senior Center

1901 N. Market Street
Wilmington, DE 19802
651-3400

NEW CASTLE COUNTY

Absalom Jones Senior Center

310 Kiamensi Road
Wilmington, DE 19804
998-0363

Brandywine Senior Center

Claymont Community
Center
3301 Green Street
Claymont, DE 19703
798-5562

C & D Senior Center

Liberty Terrace Apts.
Community Room
Freedom Rd.
Newark, DE 19702
323-2630

Cornerstone Senior Center

3135 Summit Bridge Road
Bear, DE 19701
836-6463

De La Warr Senior Center

19 Lambson Lane
New Castle, DE 19720
429-0581

**Howard Weston
Senior Center**
1 Bassett Ave., Manor Park
New Castle, DE 19720
328-6094 or 328-6626

Jewish Community Center
101 Garden of Eden Road
Wilmington, DE 19803
478-5660

Mid-County Senior Center
First Regiment Road
Wilmington, DE 19808
995-6555

M.O.T. Senior Center
300 South Scott St.
Middletown, DE 19709
378-3041 or 378-4758

New Castle Senior Center
304 Delaware Street
New Castle, DE 19720
326-4209

**Newark Senior Center
and Fitness Center**
200 White Chapel Drive
Newark, DE 19713
737-2336

Oak Grove Senior Center
11 Poplar Avenue
Wilmington, DE 19805
998-3310 or 998-3319

Sellers Senior Center
500 Duncan Road
Wilmington, DE 19809
762-2050

KENT COUNTY

First State Senior Center
Kent/Sussex Industry Bldg.
Southern Wing
291 N. Rehoboth Blvd.
Milford, DE 19963
422-1510
422-1511

Frederica Senior Center
216 S. Market Street
Frederica, DE 19946
335-4555
(24 hr. answering machine)

Harrington Senior Center
102 Fleming Street
Harrington, DE 19952
398-4224

**Harvest Years
Senior Center**
21 Saulsbury Road
Dover, DE 19904
734-3329
(24 hr. answering machine)

Senior Centers

Mamie A. Warren Maturity Center

1775 Wheatley Pond Road
Smyrna, DE 19977
653-4078

Milford Senior Center

111 Park Avenue
Milford, DE 19963
422-3385

Modern Maturity Center

1121 Forrest Avenue
Dover, DE 19904
734-1200

Lillian Smith Senior Center

P.O. Box 76
410 Main Street
Clayton, DE 19938
653-6119

SUSSEX COUNTY

Adult Plus+ Program

DTCC, Jack F. Owens
Campus
P.O. Box 610
Georgetown, DE 19947
856-5618



M^{The} Modern **M**_C Maturity Center

*Planning Today to meet the changing
needs of Tomorrow's older adults.*

For adults age 50 and older

Offering social, recreation, education, and
fitness opportunities.

*Nutrition, adult day services, employment training
and volunteers programs also available.*

Come see all we have to offer

Open Mon - Thurs. 8:30 a.m. to 4:30 p.m.

Friday. 8:30 a.m. to 4 p.m.

302-734-1200 or visit our website

www.modern-maturity.org

1121 Forrest Ave. Dover, DE 19904

Bridgeville Senior Center
414 Market Street
Bridgeville, DE 19933
337-8771

Cape Henlopen Senior Center
11 Christian Street
Rehoboth, DE 19971
227-2055

Coastal Leisure Center
539-2671

Georgetown CHEER Center
546 S. Bedford Street
Georgetown, DE 19947
856-5187

Greenwood CHEER Center
P.O. Box 341
Greenwood, DE 19950
349-5237

Harbor Lights CHEER Center
34211 Woods Edge Drive
Lewes, DE 19956
645-9239

Indian River Senior Center
322A Wilson Highway
Millsboro, DE 19966
934-8839

Laurel Senior Center
P.O. Box 64
13 N. Central Ave.
Laurel, DE 19956
875-2536

Lewes Senior Center
310 Nassau Park Road
Lewes, DE 19958
645-9293

Nanticoke Senior Center
310 Virginia Avenue
Seaford, DE 19973
629-4939

Long Neck CHEER Center
Shoppes at Long Neck
Millsboro, DE 19966
945-3551

Ocean View Leisure Center
30637 Cedar Neck Road
Ocean View, DE 19970
539-2671

Pelican Cove CHEER
945-3551

Roxana CHEER Center
Pyle State Service Center
R.D. #4, Box 281-1
Pyle Center Road
Frankford, DE 19945
732-3662

Slaughter Neck CHEER Center
Slaughter Neck
Community Action Bldg.
Road 215 off Route 14
22942 Slaughter Neck Road
Lincoln, DE 19960
684-4819

Society Security and Supplemental Security Income (SSI)

The Social Security Administration manages the Social Security and Supplemental Security Income programs. Eligibility and benefits for Social Security depend upon one's employment history. Benefits are also payable to spouses, widow/widowers, and minor or disabled children of retired, disabled, or deceased workers.

The federal guaranteed income program for the elderly, blind and disabled, Supplemental Security Income, provides a guaranteed minimum income for individuals whose incomes are below a certain level.

The Social Security Administration also processes applications for Medicare, and forwards applications for Medicaid to appropriate agencies. For more information about Medicare and Medicaid, refer to the Medicare and Medicaid chapters of this guide.

For more information, call:

WILMINGTON/NEW CASTLE COUNTY

920 W. Basin Road, Suite 200
New Castle, DE 19720 323-0304
Toll Free..... 1-800-772-1213

KENT COUNTY

300 S. New Street, Room 1003
Dover, DE 19904 674-5162
Toll Free..... 1-800-772-1213

SUSSEX COUNTY

Georgetown Professional Park

600 N. DuPont Highway, Suite 202

Georgetown, DE 19947 856-9620

Toll Free 1-800-772-1213

Support Groups

Support groups provide an environment for caregivers, family members, and loved ones to talk, share experiences, and learn about resources in the community. Call the agencies listed for a schedule of support group meetings that they offer in the community.

AIDS Delaware

652-6776

800-422-0429

Alliance for the Mentally
Ill in Delaware (AMID)

427-0787

ALS Delaware

Resource Group

1-856-566-0709

Alzheimers Association of
Delaware

633-4420 or

800-272-3900

American Cancer Society

324-4227 or

800-304-0779

American Diabetes
Association

656-0030 or

888-DIABETES

American Lung Association

655-7258

Amputee Support Group

778-2227

Arthritis Foundation

800-283-7800

Caregiver Support Group

(for persons caring for
elderly relatives)

478-2575

Support Groups

CHADD (persons with
Attention Deficit
Hyperactivity Disorder)
737-5063

Compassionate Care
Hospice
1-800-219-0092

Compassionate Friends
(when a loved one has died)
376-0300 or 734-9422
or 645-2168

Delaware Hospice
800-838-9800

Epilepsy Foundation
999-9313

"Going On After Loss"
grief support
478-7100

HIV Support Groups
654-5471
(Call for a copy of the
HIV AIDS Resource Guide)

Huntington's Disease
777-0722

Joining Generations:
Family Circles
For grandparents and
relatives raising others'
children.
1-800-223-9074

"Life Times"
(Senior peer sharing
program offering
discussion groups in
several locations)
575-0250 or 368-5886
or 652-3737

Lupus Foundation
622-8700

Mental Health Association
765-9740 or
800-287-6423

Multiple Sclerosis Society
655-5610 or
1-800-FIGHT MS

Parkinson's Support Group
764-6172 or 998-4098

"Pathways Through Grief"
grief support
368-5738

Spinal Cord Injury
Outreach Program
428-6669

Stroke Club
324-4444

Stroke Support Group
731-4421

VIP's (Visually Impaired
Persons) Support Group
255-9800
424-7240

Wellness Community
(To help people with cancer
and their families fight for
their recovery with free
psycho-social support to
complement conventional
medical treatment)
995-2850

"You Are Not Alone"
grief support
655-9624

The 2007/2008 Guide to Services for
Older Delawareans is available in Spanish.
For a copy, call 1-800-223-9074.

Visit us on the web!

Visit our user-friendly web site for information of
interest to older persons, adults with physical
disabilities, caregivers, service professionals, and
others in Delaware.

dhss.delaware.gov/dsaapd



**DELAWARE HEALTH
AND SOCIAL SERVICES**
DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES

Transportation

AMTRAK

Amtrak provides rail passenger services to destinations throughout the United States. Approximately seventy Amtrak trains per day stop in Wilmington Station. The station can be reached from New Castle County, Dover, Smyrna, and many other locations by the statewide transit services known as DART First State. Discounted fares are available for senior citizens. For information on Amtrak trains and connections, call:

AMTRAK 1-800-USA-RAIL

Accessible Vans & MOBILITY
A joint venture of J.Bassett, Inc., Wheelchair Van, Van Conversions, Inc., and Fiat Truck

- Large Inventory of New and Pre-Owned Accessible Vehicles
- Lifts & Ramps
- Scooters
- Adaptive Driving Aids
- Full-Size Vans
- Financing Available!

800-784-8267 925 South Trooper Road | **800-850-8267** 2303 Wallace Blvd.
 Narristown, PA 19403 | Cinnaminson, NJ 08077

5 Other Locations in PA, NJ and NY to Serve You!

www.AVMVANS.com

AMERICAN TRUCK MANUFACTURERS ASSOCIATION | HILTI | HILTI | HILTI | HILTI | HILTI | HILTI

CHEER TRANSPORTATION (Sussex County)

CHEER Transportation provides transportation to and from nutrition sites and the Bridgeville Senior Center. Services also include transportation for weekly shopping, recreational activities and some medical facilities.

CHEER Transportation can also arrange for transportation to medical appointments.

CHEER Transportation 856-4909/5187

DART First State

DART First State is the statewide transit service of the Delaware Transit Corporation (DTC), a subsidiary of the Delaware Department of Transportation, which provides both fixed route and intercounty bus service, as well as a paratransit bus service, throughout the State of Delaware.

FIXED ROUTE SERVICE

DART First State provides fixed route services in both New Castle County and in the greater Dover area. A seasonal fixed route service is provided in the Rehoboth, Lewes and Dewey Beach area. DART First State also provides a free shuttle which loops downtown Wilmington.

INTERCOUNTY BUS SERVICE

DART First State's intercounty bus service provides transportation to, from, and within all three counties in Delaware. Its routes operate between Wilmington, Dover, and Rehoboth Beach and Newark, Dover, and Rehoboth Beach with several stops in between.

DART First State offers reduced fares for both fixed route and

Transportation

intercounty service to senior citizens and persons with disabilities. Seniors are required to show a Medicare card when boarding the bus. Persons with disabilities must apply to be certified as being eligible for the reduced fare program. Once certified, a reduced fare identification card will be issued which must be presented when paying a reduced fare. Cash fares are accepted at the time of boarding; however, a discounted reduced fare card may be purchased in advance at any of our Delaware Transit Corporation sales outlets. Please call the number below for a list of locations.

Statewide Transit Information 1-800-652-DART
If calling within New Castle County 652-DART
TTY 1-800-252-1600

PARATRANSIT SERVICE

DART First State also includes a paratransit service which provides door-to-door transportation for eligible disabled individuals and senior citizens. This service operates statewide Monday through Saturday. Reservations must be made 24 hours in advance. After 1:00 p.m., reservations for the following day will not be accepted unless the traveler is eligible under the Americans with Disabilities Act (ADA). ADA eligible persons may make reservations up to 4:30 p.m. for service the following day.

Paratransit Reservations/
Information 1-800-553-DART

FISH of Northern Delaware

FISH, a volunteer organization, provides transportation to appointments for ambulatory individuals north of the C&D Canal

when all other potential means of transportation have been exhausted and as volunteers are available. This is not an emergency service. Notify FISH one week in advance of the appointment. For more information, call:

FISH of Northern Delaware 658-2954

GENERATIONS 60+ Medical Transportation Program

(New Castle and Sussex Counties)

Medical transport is provided to and from medical treatment for persons over 60.

New Castle County..... 661-4611

Sussex County 856-7774/888-810-5422

OTHER TRANSPORTATION PROVIDERS

These agencies charge a fee to provide transportation. For a complete list, go to www.dartfirststate.com, click on DTC Reports, and select Transportation Service Directory.

AD Transportation..... 777-4277

CFT Ambulance..... 832-2100

D and K's 335-9915

Delmarva Transportation..... 349-0840

Diamond Transportation 724-4254

Easter Seals 324-4444

Express Medical Transport 266-8278

First State Community Action Agency. 800-372-2240

Golden Chariot..... 678-9115

Joy Transportation..... 653-8772

Mealey Transportation..... 888-763-2539

Prime Care Medical Transportation..... 422-0900

Safe Haven..... 293-5199

Transportation

| | |
|--------------------------------|-------------------|
| SMI | 430-1102 |
| Transit Services Inc. | 658-7321 |
| Universal Transportation | 363-6590/659-3834 |

ACCESSIBLE VAN RENTAL

To rent a wheelchair accessible vehicle by the day or week, call:

| | |
|----------------------------------|----------------|
| Accessible Vans of America | 1-888-AVA-VANS |
| Wheelchair Getaways | 1-800-642-2042 |
| Wheelers | 1-800-456-1371 |

SCAT (Senior Citizen Affordable Taxi)

Sponsored by the State of Delaware's Department of Transportation, SCAT provides half-price taxi service for persons aged 60 and over and qualified disabled persons. The service is offered seven days a week, including holidays. Call 1-800-355-8080 for an application.

SCAT ticket books contain \$10.00 worth of tickets and may be purchased for \$5.00 at locations throughout the State. For an application, call 1-800-355-8080.

| | |
|--|----------------|
| DART First State | 1-800-652-DART |
| If calling within New Castle County..... | 652-DART |

SEPTA

SEPTA commuter trains run from Newark, Churchmans Crossing and Wilmington to Delaware County, Pennsylvania, Philadelphia International Airport and Center City with connections to SEPTA trains and transit routes serving the entire Philadelphia metropolitan

region. Convenient, economical connections to New York City via New Jersey Transit are also available. Wilmington Station can be reached from New Castle County, Dover, Smyrna, and many other locations by the statewide transit services known as DART First State. SEPTA offers discounts for senior citizens over age 65. For information on SEPTA and Blue Diamond routes and schedules, call:

- SEPTA 1-215-580-7800
- DART First State 1-800-652-DART

UNI-CITY — Newark Area

Uni-City is a transportation service that operates in the University/ Newark area. Buses operate along 3 loops. There is no charge for the service. Handicapped accessible buses available. For more information, call:

- UNI-CITY 831-1187

WHEELS PROGRAM

New Castle County Only (outside City of Wilmington)

WHEELS offers transportation to health care appointments for persons over 60 years of age who live within New Castle County, but outside the City limits of Wilmington. In order to qualify, participants must have no other means of transportation to get to physicians, clinics, or other health care facilities throughout New Castle County. Call at least one week in advance of your medical appointment.

- WHEELS 395-5660

Volunteerism

Most of the agencies listed in this guide welcome volunteers. The following are some volunteer programs for older persons which are not listed elsewhere in the guide.

FOSTER GRANDPARENT PROGRAM

The Foster Grandparent Program, administered by DHSS' Division of State Service Centers, provides the opportunity for eligible low-income persons age 60 and older to provide direct services to children and families with special needs.

Participants serve children on a one-to-one basis 20 hours per week

FOSTER GRANDPARENT PROGRAM

Senior citizens needed to strengthen our communities.

By assisting children in various programs, you can help create strong relationships between the generations.

Age and income eligibility required. Qualified volunteers will earn a semi-monthly, tax-free stipend, transportation reimbursement, daily meal, on-going support and training, and leave time.

New Castle County
255-9688 or
378-5770 (x206)

Kent County
739-4569

Sussex County
856-5262



DE Health & Social Services
Division of State Services Centers
State Office of Volunteerism

The Corporation for National and Community Service

in designated institutions, schools, day care programs, and families by pre-arranged agreements. Continuous guidance and training are provided.

Participants receive a monthly stipend, a daily meal, transportation assistance, preservice and annual physical examinations, counseling, and referrals. For more information, call:

NEW CASTLE COUNTY

Debnam Building
1901 N. DuPont Highway
New Castle, DE 19720 255-9688

Appoquinimink State Service Center
122 Silverlake Road
Middletown, DE 19709 378-5770, ext. 206

Once, he ran a
business.
Now, he could use a little company.

You can help as a Friendly Visitor.

Looking for a volunteer opportunity that takes just a little time, but offers a big reward? Friendly Visitors visit Delaware seniors who are living in nursing homes. As a Friendly Visitor, you'll be trained in how to be a voice for those who may not be able to speak up for themselves. Most of all, you'll be a friend who will be appreciated and treasured.

If you can open your heart for just a few hours a week, you can be a VIP to someone who knows that in the business of life, nothing is more valued than people who care.

For information call 302.424.7310
or 800.223.9074



Volunteerism

KENT COUNTY

Williams State Service Center
805 River Road
Dover, DE 19903-0637 739-4569

SUSSEX COUNTY

Georgetown State Service Center
546 S. Bedford Street
Georgetown, DE 19947..... 856-5262

HOME DELIVERED MEALS

The statewide Home Delivered Meals Program provides hot, nutritious meals primarily to individuals age 60 and over who are homebound by illness or incapacitating disability. Individuals interested in volunteering to deliver meals may do so by calling one of the projects listed below:

WILMINGTON

City Fare
1703 W. 10th St.
Wilmington, DE 19805
421-3733

KENT COUNTY

MANNA
Modern Maturity Center
1121 Forrest Avenue
Dover, DE 19904
734-1200

Looking
for a lunch
that's good
for your heart?

Volunteer for Meals On Wheels Delaware. Once a month or once a week, convenient opportunities are available near you.

Call today!
302-65-MEALS

SUSSEX COUNTY

Sussex County Senior Services

546 S. Bedford Street
Georgetown, DE 19947 856-5187

Meals-On-Wheels of Lewes & Rehoboth, Inc.

32409 Lewes Georgetown Highway
Lewes, DE 19558..... 645-7449

JOINING GENERATIONS

DHSS' Division of Services for Aging and Adults with Physical Disabilities operates the intergenerational program called Joining Generations. Joining Generations works to stimulate involvement between older Delawareans and youth. Currently, the program is focusing on the issue of grandparents and relatives raising others' children. "Family Circles", a discussion group program for these relative caregivers, is operating throughout the state. To locate the "Family Circles" program nearest you and to receive the free resource book, "Grandparents Raising and Nurturing Dependent Children", call:

DHSS Division of Services for Aging and Adults with
Physical Disabilities

New Castle County..... 255-9390
Statewide Toll Free 1-800-223-9074

NEIGHBOR TO NEIGHBOR

Neighbor to Neighbor is a greater Dover and Milford area service exchange, which enables members to exchange non-medical support

Volunteerism

services with other members. Exchange services include friendly visiting, telephone reassurance and respite care transportation, light housekeeping and light grocery shopping. The focus of the program is on building relationships by helping neighbors. Since the method of payment is in exchange credits, there is no dollar fee for services.

640 S. State Street
Dover, DE 19901 744-7466

21 West Clark Avenue
Milford, DE 19963 430-5621

RETIRED AND SENIOR VOLUNTEER PROGRAM (RSVP)

The Retired and Senior Volunteer Program is a program which makes volunteering easy and rewarding for anyone over the age of 55. Seniors use their skills and talents, and find volunteer assignments at non-profit agencies and organizations, schools, hospitals, museums, senior centers, and many other sites. RSVP provides all volunteers with insurance, help with transportation, and special recognition. There are no dues, no fees, and no income requirements.

If you would like more information about the hundreds of volunteer opportunities available for seniors, or would like to involve senior volunteers in your organization, call:

NEW CASTLE COUNTY

Holloway Campus

Debnam Bldg., 1901 N. DuPont Highway
New Castle, DE 19720 255-9748

KENT COUNTY

RSVP

Modern Maturity Center

1121 Forrest Avenue

Dover, DE 19901 734-1200

SUSSEX COUNTY

RSVP

546 S. Bedford Street

Georgetown, DE 19947 856-5815

SERVICE CORPS OF RETIRED EXECUTIVES (SCORE)

Sponsored by the Small Business Administration, SCORE provides an opportunity for retired persons to lend their expertise to new or existing small businesses. The program links the experience and expertise of retired executives to the needs of small businesses and community organizations.

Retired executives who wish to join SCORE, and managers who could use the services SCORE offers, should contact the Small Business Administration. Counselors are available throughout the state. For more information, call:

SCORE

824 Market Street, Suite 610

Wilmington, DE 19801 573-6552

VOLUNTEER Resource Center

The Volunteer Resource Center matches adults of all ages with community agencies in need of volunteers. Volunteers with almost every type of interest and skill can be “linked” with agencies that

Volunteerism

can put them to work. For more information about the Volunteer Resource Center, call:

Volunteer Resource Center

New Castle County..... 255-9748

Kent/Sussex County 1-800-815-5465

www.volunteerway.org

VOLUNTEER OMBUDSMAN PROGRAM

Delaware Health and Social Services' Long-Term Care Ombudsman volunteers act as friendly visitors and advocates for residents of the state's long-term care facilities.

All new volunteers receive training and support, transportation reimbursement and ongoing education in the area of aging and long-term care.

Anyone wishing to volunteer 3-5 hours per week assisting residents of long-term care facilities should call a volunteer coordinator at the numbers listed below.

DHHS Division of Services for Aging and Adults

with Physical Disabilities..... 1-800-223-9074

Kent and Sussex Counties..... 424-7310

New Castle County 255-9390

Visit us on the web!

Visit our user-friendly web site for information of interest to older persons, adults with physical disabilities, caregivers, service professionals, and others in Delaware.

dhss.delaware.gov/dsaapd



**DELAWARE HEALTH
AND SOCIAL SERVICES**

**DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES**

Web Sites

Here is a sampling of some helpful Delaware and national web sites for older persons. The Division of Services for Aging and Adults with Physical Disabilities has its own web site (dhss.delaware.gov/dsaapd) with many links to other aging and disability issues sites.

- www.aarp.org AARP
- www.aarp.org/de..... AARP Delaware
- www.aoa.gov Administration on Aging
- www.aidsdelaware.org AIDS Delaware
- www.alz.org Alzheimer's Association
- www.alade.org American Lung Association
- www.arthritis.org Arthritis Foundation
- www.cadbury.org Cadbury at Lewes
- www.cancer.org American Cancer Society
- www.contactdelaware.org Contact Delaware
- www.decommunitylegalaid.com
..... Community Legal Aid Society
of Delaware
- www.contactdelaware.org Contact Delaware
- www.asel.udel.edu/dati Delaware Assistive
Technology Initiative
- www.delawarenonprofit.org ... Delaware Association of
Non-Profit Agencies
- www.dcgp.org Delaware Council on
Gambling Problems

Web Sites

- www.delcure.com Delaware Curative Workshop
- www.dhss.delaware.gov/dsaapd
..... Delaware Division of Services for Aging and Adults with Physical Disabilities
- www.delawarehelpline.org Delaware Helpline
- www.delawarehospice.org Delaware Hospice
- www.delawareseniorolympics.org Delaware Senior Olympics
- www.diabetes.org American Diabetes Association
- www.gu.org Generations United (intergenerational programs)
- www.grandparentresourcectr.edu
..... Grandparent Resource Center, Wilmington Senior Center
- www.diabetes.org American Diabetes Association
- www.inglesidehomes.org Ingleside Homes
- www.jccdelaware.org Jewish Community Center
- www.thelatincenter.org Latin American Community Center
- www.mealsonwheelsde.org Meals on Wheels Delaware
- www.medicare.gov Medicare

- www.mhainde.org Mental Health Association of Delaware
- www.pumh.org Methodist Country House
- www.milfordseniorcenter.net... Milford Senior Center
- www.msdelaware.org Multiple Sclerosis Society of Delaware
- www.nfcacares.org National Family Caregivers Association
- www.stroke.org..... National Stroke Association
- www.co.new-castle.de.us..... New Castle County Government
- www.newarkseniorcenter.com. Newark Senior Center
- www.shh.org Self Help for the Hard of Hearing
- www.ssa.gov Social Security Administration
- www.delaware.gov State of Delaware
- www.scss.org Sussex County Senior Services
- www.uwde.org United Way of Delaware
- www.wellnessdelaware.org..... The Wellness Community
- www.westsidehealth.org Westside Health Center

THE DELAWARE AGING NETWORK

We help older Delawareans with questions about transportation, legal and medical issues, counseling, housing...and more! Call us.

New Castle County:
 Jewish Family Services
 (302) 478-9411

Kent County:
 Modern Maturity Center
 (302) 734-1200

Sussex County:
 CHEER Center
 (302) 854-9500

Index

A

| | |
|--|-------------------|
| AARP Delaware | 101, 152 |
| Absalom Jones Senior Center | 63, 164 |
| Academy of Lifelong Learning | 48 |
| Accessible Van Rental | 176 |
| Accord Health Service at Brandywine | 141 |
| Addictions Coalition of Delaware | 137 |
| ADDUS Health Care | 72, 78, 161 |
| Adopt-A-Family | 57 |
| Adult Day Care | 11, 31 |
| Adult Family Care Homes/Foster Care | 94 |
| Adult Plus + | 49, 166 |
| Adult Protective Services Program | 15 |
| Advance Health Care Directive | 114 |
| AIDS Delaware | 169 |
| Alcoholics Anonymous | 136 |
| Alcoholism Services | 137 |
| Alliance for the Mentally Ill in Delaware (AMID) | 169 |
| ALS Delaware Resource Group | 169 |
| Alzheimer's Association, Delaware Chapter | 16, 150, 162, 169 |
| American Cancer Society | 152, 169 |
| American Diabetes Association | 153, 169 |
| American Heart Association | 153 |
| American Liver Foundation | 153 |
| American Lung Association | 154, 169 |
| American Senior Safety Agency | 70 |
| Amputee Support Group | 169 |
| Amtrak | 172 |
| Appoquinimink Community Library | 27 |
| Arbors at New Castle | 141, 161 |
| Arden Courts Manor Care | 17 |
| Arthritis Foundation | 154, 169 |
| Assisted Living Facilities | 17 |

B

| | |
|--|----|
| Bayada Nurses, Inc. | 72 |
| Bayhealth at Kent General Home Health Care | 78 |

| | |
|---|-------------|
| Bayhealth at Milford Memorial Hospital | 79, 130 |
| Baynard Apartments..... | 96 |
| Bear Public Library | 27 |
| Beebe Hospital Home Health Agency..... | 80 |
| Beebe Medical Center..... | 130 |
| Better Business Bureau of Delaware, Inc. | 39 |
| Better Years Newspaper | 102 |
| B'nai B'rith House..... | 97 |
| Books By Mail | 49 |
| Brain Injury Association of Delaware | 154 |
| Brandywine Senior Living at Seaside Pointe..... | 22 |
| Brandywine Senior Center | 63, 164 |
| Brandywine Village Apartments | 99 |
| Bridgeville Senior Center..... | 29, 65, 167 |
| Broadmeadow Healthcare | 142 |
| Brock's Rest Residential Home | 142 |

C

| | |
|---|---------|
| C & D Senior Center..... | 63, 164 |
| Cadbury at Lewes..... | 148 |
| Cancer Care Connection..... | 154 |
| Cape Henlopen Senior Center | 167 |
| Capitol Healthcare Services..... | 147 |
| Captain's Deck..... | 17 |
| CARE Delaware | 25 |
| Caregiver Support Group | 169 |
| Carleton Court | 97 |
| Casa San Francisco..... | 65 |
| Catholic Charities..... | 56, 88 |
| Center for Applied Science and Engineering | 124 |
| Center for Homeownership (YWCA) | 92 |
| Center of Hope | 121 |
| Centro Los Abuelos..... | 61, 163 |
| CHADD | 170 |
| Chancellor Care Nursing and Rehabilitation Center | 148 |
| Chandler Heights Apartments..... | 99 |
| CHEER | 65, 67 |
| CHEER Apartments..... | 99 |
| CHEER Home Services | 80, 162 |
| CHEER News and Views Newspaper | 103 |
| CHEER Transportation | 173 |
| Chelten Apartments | 97 |
| Christiana Care/Visiting Nurse Association | 72 |

Index

| | |
|--|-----------------|
| Christiana Care Breast Cancer | 121 |
| Christiana Care Christiana Hospital..... | 129 |
| Christiana Care Visiting Nurse Association | 79, 80 |
| Churchman Village..... | 142 |
| City Fare | 61, 66, 180 |
| City of Dover Department of Community Development..... | 84 |
| City of Milford | 84 |
| City of Newark Planning Department..... | 84 |
| City of Wilmington Senior Citizen Coordinator | 104 |
| Claymont Family Health Services | 121 |
| Claymore Senior Center..... | 62, 163 |
| Coastal Leisure Center Ocean View CHEER Center | 30, 167 |
| Cokesbury Village..... | 18, 142 |
| Community Development and Housing Rehabilitation..... | 85 |
| Community Development Block Grant Program (CDBG)..... | 83 |
| Community Housing Inc. | 92 |
| Community Services Program..... | 32 |
| Companion Services..... | 35 |
| Compassionate Care Hospice..... | 73, 79, 80, 170 |
| Compassionate Friends..... | 170 |
| Compton Towers | 63, 96 |
| Congregate Nutrition Program | 61 |
| Connections CSP Program | 139 |
| Consumer Credit Counseling Services of Maryland | 56 |
| CONTACT Delaware, Inc. - Reassurance Program..... | 36, 154 |
| Cooperative Extension Services | 56 |
| Corbit-Calloway Memorial Library..... | 27 |
| Cornerstone Senior Center | 164 |
| Country Rest Home..... | 148 |
| Courtland Manor | 147 |
| Courts of Greenwood | 99 |
| Craft Shops..... | 55 |
| Creative Grandparenting Inc..... | 154 |
| Crestview..... | 96 |
| D | |
| DART First State | 173 |
| Daybreak Mature Adult Care Center..... | 12 |
| Deaf CONTACT | 154 |
| Debt and Budget Counseling | 56 |

| | |
|--|-----------------|
| Decisions 4 Life | 33 |
| Delaware - Maryland Paralyzed Veterans Association | 155 |
| Delaware Aging Network (DAN)..... | 103, 154 |
| Delaware Assistive Technology Initiative (DATI)..... | 123 |
| Delaware Association of Children of Alcoholics (DACOA)..... | 136 |
| Delaware Association of Homes & Services for the Aging..... | 154 |
| Delaware Breast Cancer Coalition | 155 |
| Delaware Cancer Pain Initiative..... | 155 |
| Delaware Association of Programs for the Aging (DAPA) | 155 |
| Delaware CarePlan, Inc. | 58 |
| Delaware Center for Justice Inc..... | 45 |
| Delaware Coalition Against Domestic Violence | 45, 156 |
| Delaware Commission on Veterans Affairs | 104 |
| Delaware Community Reinvestment Action Council | 57, 92 |
| Delaware Council on Gambling Problems, Inc. | 136 |
| Delaware Crime Stoppers, Inc. | 45 |
| Delaware Curative Physical Therapy and Rehabilitation Centers..... | 125 |
| Delaware Department of Labor..... | 52, 53 |
| Delaware Division of Libraries..... | 49 |
| Delaware Ecumenical Council | 37 |
| Delaware Energy Assistance Program..... | 88 |
| Delaware Epilepsy Association..... | 155 |
| Delaware Healthcare Facilities Association (DHCFA)..... | 155 |
| Delaware Helpline..... | 67, 106 |
| Delaware HIV Consortium..... | 155 |
| Delaware Hospice, Inc. | 73, 79, 80, 170 |
| Delaware Hospital for the Chronically Ill (DHSS) | 147 |
| Delaware Housing Coalition..... | 82 |
| Delaware Insurance Department..... | 134 |
| Delaware Interfaith Coalition on Aging | 155 |
| Delaware Kidney Fund | 155 |
| Delaware Manufactured Home Owners Association..... | 94 |
| Delaware Mobile Dentistry | 121 |
| Delaware Money Management Program..... | 58 |
| Delaware Money School..... | 49 |
| Delaware Passport to Independence | 149 |
| Delaware Retired Workers, UAW..... | 156 |
| Delaware Division of Services for Aging and Adults..... | 8 |
| Delaware Senior Olympics..... | 156 |
| Delaware Senior Medicare Patrol | 135 |
| Delaware State Division of Revenue | 59 |
| Delaware Psychiatric Center (DHSS) | 142 |
| Delaware State Housing Authority | 86, 93, 98 |

Index

| | |
|---|----------------------|
| Delaware State University | 50 |
| Delaware Tech | 51 |
| Delaware Tech Dental Clinic | 121 |
| Delaware Technical and Community College | 49 |
| Delaware Volunteer Legal Services, Inc. | 112 |
| De La Warr Senior Center | 63, 164 |
| Delmar Crossing Apartments | 99 |
| Delmar Public Library | 29 |
| Delmarva Rural Ministries Hispanic Outreach Social Services | 136 |
| Department of Community Services | 83 |
| Department of Justice Consumer Protection Unit | 40, 42 |
| Department of Justice Victim/Witness Services Unit | 46 |
| Department of Labor | 52 |
| DHSS Division for the Visually Impaired (DVI) | 125 |
| DHSS Division of Aging | 15, 33, 94, 105, 116 |
| DHSS Division of Developmental Disabilities Services | 126 |
| DHSS Division of Long Term Care Residents Protection | 116 |
| DHSS Division of Services For Aging and Adults With Physical Disabilities | 101 |
| DHSS Division of Social Services | 133 |
| Disabled American Veterans | 156 |
| Division of Substance Abuse and Mental Health | 136, 137 |
| Domestic Violence Hotlines | 45 |
| Dover Housing Authority | 93 |
| Downtown Milford Revitalization Fund Program | 86 |
| Dunbarton Village Apartments | 99 |
| E | |
| Easter Seals Delaware and Maryland’s Eastern Shore | 11, 12, 14 |
| Eden Rock | 12, 18 |
| Eldercare Convalescent | 73 |
| Eldercare Locator | 107 |
| Elder Health Center | 126 |
| ELDERinfo | 134 |
| Elder Law Program | 43, 112, 113 |
| Elderly Crime Victim Service | 45 |
| Elder Option Planners, LLC | 33 |
| Emergency/Crisis Intervention Services | 138 |
| Emergency Response Systems (ERS) | 70 |
| Emily P. Bissell Hospital (DHSS) | 142 |
| Energy Assistance | 88 |

| | |
|--|------------|
| Epilepsy Foundation | 170 |
| Evergreen Center Alzheimer Day Treatment | 12, 14, 31 |

F

| | |
|--|------------------------|
| Financial Assistance | 90 |
| First State Community Action Agency..... | 29, 35, 54, 57, 87, 92 |
| First State Senior Center | 165 |
| FISH of Northern Delaware | 174, 175 |
| Fixed Route Service | 173 |
| Food Stamp Program..... | 67 |
| Forwood Manor Assisted Living..... | 18, 142 |
| Foster Grandparent Program | 178 |
| Foulk Manor North..... | 18, 142 |
| Foulk Manor South | 18, 142 |
| Fraim Senior Center For Active Adults..... | 163 |
| Francis X. Norton Senior Center | 62, 163 |
| Frazer Place I and II | 98 |
| Frederica Adult Center..... | 165 |
| Friendly Visiting Program..... | 36 |
| Friends Life Care at Home..... | 71 |

G

| | |
|--|--------------------------|
| “Going On After Loss” | 170 |
| Gambler’s Anonymous | 136 |
| Gardens at White Chapel | 20 |
| GEM (Education and Wellness Classes) | 49 |
| Generations Home Care, Inc. | 35, 73, 79, 80, 161, 162 |
| Georgetown Apartments..... | 99 |
| Georgetown CHEER Center | 65, 167 |
| Georgetown CHEER Community Center | 29 |
| Gilpin Hall..... | 140 |
| Gilpin Hall Adult Day Program..... | 11 |
| Golden Meadows..... | 99 |
| Good Neighbor Energy Fund | 88 |
| Governor Bacon Health Center (DHSS) | 142 |
| Governor’s Advisory Council on Services For Aging and Adults | |
| With Physical Disabilities | 104 |
| Graham Senior Center | 27, 62, 163 |
| Grandparent Resource Center | 156 |
| Green Meadows at Dover | 21 |
| Green Valley Pavilion | 147 |
| Green Valley Terrace..... | 22, 148 |
| Greenwood CHEER Center..... | 65, 167 |

Index

| | |
|---|------------------|
| Greenwood Acres | 99 |
| Greenwood Public Library..... | 29 |
| Group Homes | 100 |
| GULL House Adult Day Services..... | 14 |
| | |
| H | |
| H.O.M.E. (Home Oriented Maintenance for the Elderly) | 86 |
| Harbor Healthcare | 148 |
| Harbor Lights CHEER Center | 29, 65, 167 |
| Harrington Senior Center..... | 64, 165 |
| Harrison House of Georgetown | 148 |
| Harvest Years Senior Center..... | 165 |
| Health Insurance Counseling | 43, 134 |
| Health Screening | 120 |
| Healthy Aging Outreach Program | 42 |
| Hearing Loss Association of Delaware | 156 |
| Heartland Hospice of Delaware Valley..... | 73 |
| Henrietta Johnson Medical Center | 121 |
| Heritage at Dover Assisted Living Community | 21 |
| Heritage at Milford..... | 22 |
| Heritage Manor | 99 |
| Herring Manor..... | 96 |
| Highfield, Masonic Home of Delaware..... | 144, 161 |
| Hillside Center | 140 |
| Hispanic Outreach Program..... | 105 |
| HIV Support Groups | 170 |
| Hockessin Public Library | 27 |
| Holly Square..... | 97 |
| Home-Delivered Meals | 66, 180 |
| Home Builders Association of Delaware | 40 |
| Home Delivered Meals Program | 180 |
| Home Equity Conversion..... | 90 |
| Home Health Corporation of America..... | 74, 79, 80 |
| Home Health Services by TLC | 79, 80, 161, 162 |
| Home Helpers/DirectLink | 70, 74 |
| Homemaker and Home Health Care Services..... | 68 |
| Home Oriented Maintenance for the Elderly | 86 |
| Home Owner Assistance..... | 88 |
| Home Repair | 83 |
| Home Weatherization Assistance/Furnace Retrofit Program | 87 |

Hope Medical Clinic 121

Housing Discrimination 81

Housing Opportunities of Northern Delaware (HOND) 83

Housing Options 94

Housing Rehabilitation Loan Program (HRLP) 85

Howard Weston Senior Center 27, 165

HUD Fair Housing Distribution Center 82

HUD Veterans Resource Center 83

Huling Cove and Annex 99

Huntington’s Disease 170

I

IKOR 33

Indian River Senior Center 167

Ingleside Assisted Living 20

Ingleside Homes Inc. 35, 96, 144

Ingleside Senior Services 103

Insurance Department 43

Intercounty Bus Service 173

Interfaith Housing Delaware 92

Interfaith Volunteer Caregivers 37

Interim Health Care 74, 79

Internal Revenue Service 59

J

Jeanne Jugan Residence 144

Jewish Community Center 63, 165

Jewish Family Service 33, 74, 137

Jimmy Jenkins Senior Center 62, 163

Joining Generations: Family Circles 170, 181

K

Kent/Sussex Community Mental Health Center 138

Kent County ATRC 124

Kent County Board of Assessment 60

Kent Community Health Center 121

Kent County Community Services Department 105

Kent County Department of Planning 84, 86

Kent General Hospital 129

Kentmere Nursing Care Center 141

Kimmel/Spiller Jewish Healing Center 156

Kirkwood Highway Library 28

Index

L

| | |
|--|-------------|
| "Life Times" | 170 |
| Latin American Community Center | 62, 96, 163 |
| Laurel Adult Day Care Program | 14 |
| Laurel Senior Center | 30, 65, 167 |
| Lawyer Referral Service | 113 |
| Legal Helplink | 114 |
| Legal Services Corp. of Delaware | 114 |
| Leukemia and Lymphoma Society of Delaware | 157 |
| Lewes Convalescent Center | 148 |
| Lewes Senior Center | 167 |
| Liberty Terrace | 97 |
| Library for the Blind and Physically Handicapped | 50 |
| LifeAlert | 70 |
| LifeAssure | 70 |
| Lifecare at Lofland Park | 148 |
| Life Force Elderly Services | 74 |
| Life Solutions, Inc. | 34 |
| Lillian Smith Senior Center | 166 |
| Lincoln Towers | 96 |
| Link To Life | 70 |
| Long Neck CHEER Center | 167 |
| Long Term Care Ombudsman Program | 116 |
| Lupus Foundation | 170 |
| Lutheran Community Services | 57, 86 |
| Luther Gardens and Annex | 100 |
| Luther Towers | 64 |
| Luther Towers I | 96 |
| Luther Towers II | 96 |
| Luther Towers of Dover | 98 |
| Luther Towers of Milton | 100 |

M

| | |
|---------------------------------------|---------|
| M.O.T. Senior Center | 63, 165 |
| Main Towers | 97 |
| Mamie A. Warren Maturity Center | 64, 166 |
| Mammography of Delaware | 121 |
| Mancus Foundation | 157 |
| Manlove Manor | 97 |
| MANNA | 64, 67 |

| | |
|--|--------------------------|
| Manor Care Pike Creek Health Services | 144 |
| Manor Care Wilmington Health Services..... | 144 |
| Manufactured Housing (Mobile Homes) | 94 |
| Maplewood Housing for the Elderly | 96 |
| Market Street Apartments..... | 100 |
| Marrows Court Apartments | 98 |
| Marydale Retirement Village | 98 |
| Maxim Healthcare..... | 76 |
| MeadowWood Behavioral Health System..... | 129 |
| Meals-On-Wheels of Lewes & Rehoboth, Inc..... | 67, 181 |
| Med Alert | 70 |
| Medicaid Program | 133 |
| Medicaid Waiver for the Elderly and Disabled | 133 |
| Medical Society of Delaware..... | 126 |
| Medicare..... | 131 |
| Mental Health Association..... | 170 |
| Methodist Country House | 146, 161 |
| Methodist Manor House..... | 23, 149 |
| Mid-County Senior Center..... | 28, 63, 165 |
| Middletown Trace | 98 |
| Milford Genesis..... | 149 |
| Milford Senior Center | 30, 64, 166 |
| Millcroft..... | 146 |
| Millcroft Assisted Living..... | 20, 23 |
| Millsboro Public Library | 30 |
| Milton and Hattie Kutz Home, Inc. | 146 |
| Milton Public Library..... | 30 |
| Modern Maturity Center | 29, 37, 54, 55, 166, 180 |
| Multiple Sclerosis Society | 157, 170 |

N

| | |
|--|---------|
| National Association of Retired Federal Employees | 158 |
| Nanticoke Indian Elder CHEER Center..... | 65 |
| Nanticoke Memorial Hospital | 130 |
| Nanticoke Senior Center | 30, 167 |
| Narcotics Anonymous..... | 137 |
| National Cancer Institute Cancer Information Service | 158 |
| National Eye Care Project..... | 158 |
| National Family Caregivers Association..... | 158 |
| National Ovarian Cancer Coalition | 158 |
| National Reverse Mortgage Lenders Association..... | 92 |
| National Suicide Prevention Lifeline | 137 |
| Neighborhood House, Inc. | 57, 87 |

Index

| | |
|---|---------------------|
| Neighbor to Neighbor..... | 181 |
| Nemours Health Clinic..... | 118, 119 |
| Neuro Care/Total Care..... | 76, 161 |
| Neurologic and Older Adult Physical Therapy Clinic..... | 127 |
| Newark Active Day Center..... | 12 |
| Newark Housing Authority..... | 93, 98 |
| Newark Manor Nursing Home, Inc..... | 146 |
| Newark Senior Center..... | 28, 64, 66, 84, 165 |
| New Castle County Assessment Division..... | 59 |
| New Castle County Community Mental Health Center..... | 138 |
| New Castle County Department of Community Services..... | 105 |
| New Castle County Minor Home Repairs Program..... | 87 |
| New Castle County Nutrition Program..... | 63 |
| New Castle County Senior Services..... | 38, 105, 106 |
| New Castle Senior Center..... | 64, 165 |
| New Directions..... | 137 |
| New Horizons Adult Day Care..... | 14 |
| Nursing Homes..... | 140 |

O

| | |
|---|---------|
| Oak Grove Senior Center..... | 64, 165 |
| Oak Orchard CHEER Center..... | 65 |
| Ocean View Leisure and Resource Center..... | 65, 167 |
| Odyssey Health Care..... | 76 |
| Office of the Insurance Commissioner..... | 43 |
| Office of the Public Advocate..... | 42, 43 |
| Office of the Public Guardian..... | 115 |
| Oncology Care Home Health..... | 76 |
| Owens Manor..... | 98 |

P

| | |
|---|---------|
| “Pathways Through Grief”..... | 170 |
| Paratransit Service..... | 174 |
| Parkinson’s Support Group..... | 170 |
| Parkview Apartments..... | 63, 97 |
| Parkview Nursing and Rehabilitation Center..... | 141 |
| Partial Hospital Treatment Center..... | 138 |
| Peach Circle..... | 64 |
| Peach Circle Apartments..... | 98 |
| Peach Tree Acres..... | 23 |
| Pelican Cove Long Neck CHEER Center..... | 30, 167 |

| | |
|---|---------|
| People's Settlement Association Services Center | 62, 163 |
| Planned Parenthood | 121 |
| Police Victims Assistance Program | 46 |
| Pre-Admission Screening Program..... | 159 |
| Preferred health Mate of Delaware | 78, 161 |
| Prescription Assistance Program | 119 |
| Prestwyck Apartments..... | 97 |
| Property Tax Relief | 92 |

Q

| | |
|------------------------------|----|
| Quaker Hill Place | 97 |
| Queen Manor Apartments | 98 |

R

| | |
|--|----------|
| R, C and D (Resource Conservation and Development Council) | 87 |
| Real Estate and Housing Department | 83, 85 |
| Regal Heights Care and Rehabilitation | 146 |
| Red Cross Lifeline | 70 |
| Register of Wills | 115 |
| Rehabilitation..... | 125 |
| Rehoboth Beach Public Library | 30 |
| Rental Assistance..... | 93 |
| Rent Assisted Housing for Elderly/Disabled | 95 |
| Respite Care Financial Assistance Program | 162 |
| Response Link | 70 |
| Retired Senior Volunteer Program..... | 182 |
| Retirement Facilities | 100 |
| Riverside Extended Care Pavilion..... | 141, 161 |
| Riverside Adult Day Program | 11 |
| Rockford Center | 129 |
| Rockland Place..... | 20 |
| Rodney Court Apartments | 97 |
| Roxana CHEER Center | 65, 167 |
| RSVP of Kent County | 183 |
| RSVP of New Castle County | 182 |
| RSVP of Susses County..... | 183 |

S

| | |
|---|---------|
| Sacred Heart Village | 97 |
| Salvation Army | 90 |
| Salvation Army Senior Center | 62, 163 |
| SCAT (Senior Citizen Affordable Taxi) | 176 |
| SCORE..... | 183 |

Index

| | |
|---|-------------|
| Screening for Life | 122 |
| Seaford Center..... | 23, 149 |
| Seaford District Library | 30 |
| Seaford Meadows Apartments | 100 |
| Section 8 Housing | 93 |
| Sellers Senior Center | 64, 165 |
| Senior Adult Day Program | 11 |
| Senior Centers | 163 |
| Senior Community Service Employment Program | 53 |
| Senior Companion Program..... | 29, 35 |
| Senior Employment Services..... | 54 |
| Senior Partner, Inc..... | 34 |
| Senior Reflections..... | 11 |
| Senior RollCall Lifeline | 37, 38 |
| Senior Social Services..... | 34 |
| SEPTA | 176 |
| Service Corps of Retired Executives (SCORE) | 158, 183 |
| Shadygrove II, III | 100 |
| ShIPLEY Manor Assisted Living | 21 |
| ShIPLEY Manor Health Center | 147 |
| Silver Lake Estates | 98 |
| Silver Lake | 147 |
| Sisters on a Mission..... | 158 |
| Slaughter Neck CHEER Center..... | 66, 167 |
| Social Security Administration | 168 |
| SODAT-Delaware, Inc. | 138 |
| Somerford House and Somerford Place..... | 21 |
| South Coastal Library | 30 |
| South Wilmington Senior Adult Program..... | 62 |
| Special Needs Fund | 121 |
| Spencer Apartments | 98 |
| Spinal Cord Injury Outreach Program..... | 171 |
| St. Anthony's Senior Center | 28, 62, 164 |
| St. Francis Care Center at Brackenville | 147 |
| St. Francis Home Health Care..... | 78 |
| St. Francis Hospital..... | 130 |
| St. Francis Skilled Nursing Facility | 147 |
| St. Patrick's Center | 62, 164 |
| St. Patrick's House..... | 100 |
| St. Peter's Adult Center | 62, 164 |

| | |
|---|------------------|
| St. Thomas' Senior Center | 164 |
| State Board of Pharmacy | 127, 128 |
| State Human Relations Commission | 82 |
| State Street Assisted Living | 22 |
| Statewide Association of Tenants | 83 |
| Statewide Information and Referral Service | 106 |
| Statewide Transit Information | 174 |
| Stonegates..... | 147 |
| Stroke Club..... | 171 |
| Stroke Support Group..... | 171 |
| Sunrise Assisted Living of Wilmington | 21 |
| Supportive Care Services | 34 |
| Sussex County ATRC | 124 |
| Sussex County Community Development & Housing | 84, 86 |
| Sussex County Senior Services..... | 37, 70, 106, 181 |
| Sussex County Treasury Division..... | 60 |

T

| | |
|--|--------|
| Tax Information..... | 59 |
| Tel-Med Information | 128 |
| Telephone Reassurance Program | 36 |
| Terry Apartments..... | 97 |
| The Academy of Lifelong Learning | 48, 49 |
| The Antonian | 96 |
| The Family and Workplace Connection..... | 34 |
| The Golden Eagle..... | 55 |
| The Lawyer Referral Service | 114 |
| The Lighthouse, Inc. | 158 |
| The Lorelton | 20 |
| Thomas J. Herlihy Jr. | 96 |
| Tilton Terrace..... | 141 |

U

| | |
|---|-----|
| U.S.D.A. Rural Development | 85 |
| Uni-City..... | 177 |
| United Cerebral Palsy of Delaware | 158 |
| University of Delaware..... | 51 |
| University of Delaware Cooperative Extension Service..... | 50 |

V

| | |
|--|-----|
| Veterans Affairs | 128 |
| Veterans Administration Medical Center | 130 |
| Villas at Milford Crossing..... | 99 |

Index

| | |
|---|----------|
| Violent Crimes Compensation Board..... | 47 |
| VIP's (Visually Impaired Persons) Support Group | 171 |
| Virginia Crest | 100 |
| Visiting Friends | 36 |
| Vitas Innovative Hospice | 78 |
| Volunteer Resource Center | 183, 184 |
| Volunteer Ombudsman Program | 184 |

W

| | |
|--------------------------------------|-----------------|
| Wellness Community | 171 |
| West Center City Adult Center..... | 62, 164 |
| Westminster Village..... | 22, 148 |
| Weston Adult Day Care..... | 12 |
| West Side Health Services..... | 121 |
| West St. Manor | 99 |
| WHEELS Program | 177 |
| Widener University..... | 51 |
| Wilmington Hospital..... | 129, 139 |
| Wilmington Hospital Health Dept..... | 121 |
| Wilmington Housing Authority | 93, 95 |
| Wilmington Senior Center..... | 29, 53, 63, 164 |
| Wilmington Veterans' Center | 128 |
| Windsor Apartments | 97 |
| Windsor Place | 21 |
| Women's Resource Center | 29 |
| Women's Vocational Services | 54, 55 |
| Women Veterans' Health Center | 128 |
| Woodlea Elderly Apartments | 64, 98 |

Y

| | |
|---------------------------|-----|
| "You Are Not Alone" | 171 |
|---------------------------|-----|

**The 2007/2008 Guide to Services for
Older Delawareans is available in Spanish.
For a copy, call 1-800-223-9074.**

Index of Advertisers

| | |
|---|-------------------------------|
| AARP Delaware | 153 |
| Accessible Vans and Mobility | 172 |
| Arden Courts Assisted Living | 17 |
| AstraZeneca | 4 |
| Bayhealth Medical Center | 129 |
| Better Years | 48, 102 |
| Blair Factory Store..... | 44 |
| Brandywine Senior Living at Seaside Pointe..... | 24 |
| CARE Delaware (DSAAPD) | 25, 27, 160, 179 |
| Cecil Vault & Memorial..... | 39 |
| Chandler Funeral Homes & Crematory..... | 40 |
| Christiana Care Health System | 13, Inside Back Cover |
| City Fare | 61 |
| Comfort Keepers | 76 |
| Compassionate Care Hospice..... | 75 |
| Decisions 4 Life | 33 |
| Delaware Aging Network | 16, 23, 60, 84, 135, 151, 187 |
| Delaware Breast Cancer Coalition | 119 |
| Delaware Health Care Facilities Association | 2 |
| Delaware Hospice | 77 |
| Delaware Medicare Fraud Alert (DSAAPD) | 41, 132 |
| Delaware Senior Olympics..... | 150 |
| Delaware State Housing Authority | 93 |
| Delmarva Power..... | 10 |
| Easter Seals | 123 |
| Eden Rock | 21 |
| ELDERinfo | 133 |
| Elwyn Delaware..... | 12 |
| Family & Workplace Connection | 107 |
| Five Star Quality Care | Back Cover |
| Foster Grandparent Program | 52, 178 |
| Generations Home Care | Inside Front Cover |
| Genesis HealthCare..... | 22, 141 |
| Geriatric Massage of Delaware..... | 72 |

| | |
|--|---------|
| Gilpin Hall..... | 140 |
| Green Valley Pavilion..... | 147 |
| Green Valley Terrace..... | 148 |
| Griswold Special Care..... | 73 |
| Highfield Masonic Home of Delaware..... | 142 |
| Home Health Corporation of America..... | 76 |
| Home Helpers/Direct Link..... | 74 |
| Home Instead Senior Care..... | 68 |
| IKOR..... | 32 |
| Ingleside Homes..... | 19 |
| Joining Generations (DSAAPD)..... | 28, 152 |
| Long Term Care Ombudsman Program (DSAAPD)..... | 149 |
| Lutheran Senior Services..... | 81 |
| Luther Towers of Milton..... | 82 |
| Meals on Wheels Delaware..... | 180 |
| Medical Supply..... | 78 |
| Modern Maturity Center..... | 166 |
| Molter Associates..... | 69 |
| Nanticoke Health Services..... | 130 |
| Newark Manor..... | 146 |
| Odyssey Health Care..... | 71 |
| Outreach Program (DSAAPD)..... | 42 |
| Plummer, Eugene..... | 95 |
| Peninsula United Methodist Homes..... | 143 |
| Quality Insights of Delaware..... | 131 |
| Regal Heights Healthcare & Rehabilitation..... | 144 |
| Response Link of Delaware..... | 70 |
| St. Francis Health Care Services..... | 145 |
| Screening for Life..... | 122 |
| Seaton, Felicia M., Esquire..... | 112 |
| Senior Partner..... | 56 |
| Somerford..... | 18 |
| State Street Assisted Living..... | 23 |
| Store To Door Service..... | 79 |
| Sussex County Senior Services (CHEER)..... | 80 |
| Wells Fargo Home Mortgage..... | 89 |
| Windsor Place..... | 20 |
| WSFS Bank..... | 91, 118 |



**DELAWARE HEALTH
AND SOCIAL SERVICES**

DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES

Guide To Services For Older Delawareans

2007-2008 Edition

Guide to Services for Older Delawareans,
the most complete directory of statewide services
for older citizens, is published by:

Delaware Health and Social Services
Division of Services for Aging and Adults
With Physical Disabilities
1901 N. DuPont Highway
New Castle, Delaware 19720

Telephone: (800) 223-9074

**Please contact (302) 255-9390 with
revisions and advertising inquiries.**

Advertising appearing in this publication cannot be construed as being an endorsement by the State of Delaware, the DHSS Division of Services for Aging and Adults With Physical Disabilities, or its employees. Advertisers assume liability for content of advertisements and assume responsibility for any claims that may arise from their advertising.

STATEMENT OF POLICY

Pursuant to Title VI of the Federal Civil Rights Act of 1964, the Division of Aging is prohibited from discrimination because of race, religion, sex, age, national origin, or physical disability against any applicant for services.

This publication is available in microfiche from the Bureau of Archives and Records, Hall of Records, P.O. Box 1401, Dover, Delaware 19903.

HELP US KEEP YOUR LISTING UP TO DATE

If you've moved or changed your telephone number, please let us know so that we can update your listing in the next edition of this publication.

Please change my listing on page _____ to read:

Name _____

Address _____

City _____ State _____ Zip _____

Telephone _____ Date _____

Fax _____ Email _____

Send your new listing to us at:

DHSS Division of Services for Aging and Adults with Physical Disabilities
1901 North DuPont Highway
Main Building; First Floor Annex
New Castle, DE 19720

E-mail: Carol.Barnett@state.de.us

Fax: 302-255-4445



**DELAWARE HEALTH
AND SOCIAL SERVICES**

**DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES**

NOTES

NOTES



Feel better. Feel right at home.

Christiana Care's home health nurses, therapists and aides bring professional health care to a place where you feel most comfortable—your home.

Skilled Nursing • Rehabilitation Services
Medical Social Work • Home Health Aides
Private Duty/Shift Nursing Care

302-327-5200

Toll-Free 888-VNA-0001
www.christianacare.org



CHRISTIANA CARE
HEALTH SYSTEM

Visiting Nurse Association

It feels
good
to
belong.



*A*t Forwood Manor, Foulk Manor North, Foulk Manor South, Millcroft and Shipley Manor, creating a spirited atmosphere where residents and their families belong is the secret to our long-lasting success in Delaware!

—  —
All our Delaware communities offer:

- *Independent Living, Assisted Living and Skilled Nursing*

Foulk Manor North and Foulk Manor South offers:

- *Memory Care*

Forwood Manor, Millcroft and Shipley Manor offer:

- *On-site Rehabilitation, including Physical, Occupational and Speech Therapies*

—  —
To discover more, call today!

Forwood Manor

A FIVE STAR
QUALITY CARE COMMUNITY

1912 Marsh Road
Wilmington, DE

302-529-1600

Foulk Manor North

A FIVE STAR
QUALITY CARE COMMUNITY

1212 Foulk Road
Wilmington, DE

302-478-4296

Foulk Manor South

A FIVE STAR
QUALITY CARE COMMUNITY

407 Foulk Road
Wilmington, DE

302-655-6249

Millcroft
A FIVE STAR
QUALITY CARE COMMUNITY

255 Possum Park Road • Newark, DE



302-366-0160

Shipley Manor
A FIVE STAR
QUALITY CARE COMMUNITY

2723 Shipley Road • Wilmington, DE

302-479-0111

