

RETIREE NEWSLETTER



January 2001 ISSUE I

Special points of interest:

•	Gulf War Illness	4
•	Hatteras Keepers	7
•	CGMA Education Grant Deadline	9
•	Changes to HRSIC Phone and Fax Numbers	13
•	Certificate of Military Service	23
•	COLA Adjustments	24
•	TRICARE-for Life	26



Inside this issue:

What are they doing now?	11
Reunions	12
Locator	12
Retirements	14
TAPS	20
Dependent TAPS	22

Directory

Assistance

28

Navy selects Ingalls Shipbuilding for repair of *USS Cole* (DDG 67)

Washington, D.C., Nov. 9, 2000 — The Navy announced today that Ingalls Shipbuilding in Pascagoula, Miss., will repair *USS Cole* (DDG 67), which was damaged in a Oct. 12 terrorist attack while in the port of Aden, Yemen.

The decision followed a thorough review of the capabilities, costs and schedules associated with public and private shipyards, and included an assessment of how the selection would impact *Cole* sailors and their families. Ingalls Shipbuilding was determined to be the shipyard best suited to make repairs to *Cole*. The project is scheduled to begin in January 2001 and is expected to take about one year to complete.

The selection of Ingalls will allow most of the work to be done by civilian workers experienced in building this type of ship. Ingalls was the builder of *Cole*. Most of the ship's crew will be able to remain in Norfolk, Va., living and working as a team based in existing pre-commissioning facilities.

Under this arrangement, the majority of the crew will be able to use shore-based trainers and schools to sustain seagoing skills and qualifications while a small group of *Cole* sailors will serve aboard the ship on a rotational basis.

Cole is an Arleigh Burke-class, or Aegis, guided missile destroyer, and is based in Continued on Next Page



The Gulf of Aden, Oct. 31, 2000 — USS Cole is lifted by M/V Blue Marlin, a Norwegian dry dock vessel, off the coast of Aden, Yemen. Cole, damaged in an attack in Aden on Oct. 12, will be carried back to the United States by Blue Marlin over the next few weeks. U.S. Marine Corps photo by Sgt. M.C. Miller

Norfolk. The ship was part of the *USS George Washington* Battle Group, and was in transit from the Red Sea to a port visit in Bahrain when the ship stopped in Aden for routine refueling. The destroyer departed Norfolk for its deployment Aug. 8 and was scheduled to return home Dec. 21.

Cole is currently being brought back to the United States aboard the Norwegian heavy transport ship M/V Blue Marlin, owned by Offshore Heavy Transport of Oslo, Norway. Blue Marlin is being escorted by the Norfolk, Va. based USS Donald Cook (DDG 75). A small contingent of Navy volunteers from various commands have assumed charge of the damaged destroyer and are riding with her aboard Blue Marlin back to the U.S.

Cole was towed out of Aden harbor Oct. 29 to deeper water by the Military Sealift Command's fleet ocean tug USNS Cataba (T-ATF 168). The process of loading Cole onto the transport ship required a water depth of at least 75 feet since it involved partially submerging Blue Marlin and maneuvering Cole into position over Blue Marlin's deck. The transport ship was then raised, and Cole was lifted aboard. The destroyer was canted on Blue Marlin's deck to protect her propellers and her sonar dome. The voyage back to the United States is expected to take a few weeks.

Two hundred sixteen crewmembers of the guided missile destroyer were given an emotional welcoming as they landed at the Norfolk Naval Station in Virginia Nov. 3. As they stepped off the chartered flight that brought them from the layover stop in Germany, they were greeted by family members, friends, Secretary of the Navy Richard Danzig, Chief of Naval Operations Admiral Vern Clark and Commander in Chief, U.S. Atlantic Fleet, Admiral Robert J. Natter at the Naval Station's new Air Mobility Command terminal.

In a press conference in the Pentagon Nov. 2, Army Gen. William W. Crouch, former Vice Chief of Staff of the U.S. Army, one of the two leads of the *Cole* Commission appointed by Secretary of Defense William S. Cohen, had high praise for Cmdr. Lippold and the *Cole* crew. Gen. Crouch said "the actions of the

commanding officer and the crew, following the attack, saved the ship and several of their shipmates." He described the efforts of the *Cole* crew as an "inspired performance."

He said that the crew of the stricken destroyer also saved the ship during the period when two days after the attacks some seals broke loose and there was additional progressive flooding.

Navy Adm. Harold W. Gehman, Jr., former Commander-in-Chief of U.S. Joint Forces Command, said that he was very impressed with the strength of this class of Navy ship and how well it took the force of the blast.

Gen. Crouch and Adm. Gehman were appointed by Secretary Cohen to provide a comprehensive review of all actions of all agencies, departments, and commands of the Department of Defense for lessons learned. Adm. Gehman said that his commission will be "aggressive" in following any lead, even if it goes into other areas. A separate Navy review is looking at the preparations that *USS Cole* made for refueling in Aden.

Two injured *Cole* sailors continue to receive medical treatment at the Naval Medical Center in Portsmouth, Va., and one sailor remains at the National Naval Medical Center in Bethesda, Md.

Source: http://www.chinfo.navy.mil/

There is hopeful symbolism in the fact that flags do not wave in a vacuum.

- Arthur C. Clarke

USCG Human Resources Service & Information Center

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The Retiree Newsletter is a publication containing news of general interest, suggestions, and information to keep Coast Guard retirees and their dependents informed of recent developments. This publication shall not be considered authority and is non-record material.

A Decade Later: Kuwait Free, Iraq Isolated

By Linda D. Kozaryn American Forces Press Service

WASHINGTON, August 8, 2000 -- Nearly a decade after Operation Desert Storm, the fight against Iraqi aggression is not over, but defense officials say U.S. and coalition forces have successfully contained Saddam Hussein and maintained stability in the region.

The situation in Kuwait and Iraq today highlight the fundamental accomplishment of the past decade, according to Pentagon spokesman Ken Bacon. "Kuwait is free. It's rebuilt. It has a thriving economy," he said. "Iraq is contained. It has a broken economy. It is an isolated state."

Although Hussein persists in violating the no-fly zones and other UN sanctions, Pentagon officials say military efforts to contain Iraqi aggression have been successful. Each day, U.S. and coalition air forces patrol UN-mandated no-fly zones over north and south Iraq.

U.S. pilots have flown more than 200,000 sorties since Operation Southern Watch began in August 1992 and more than 32,400 patrolling the southern no-fly zone since Operation Desert Fox in December 1998. U.S. fighters have flown more than 16,000 sorties over northern Iraq since Operation Northern Watch began in January 1997.

Coalition pilots act only in self defense, responding to Iraqi threats, defense officials said. If Iraq were to cease its threats, coalition strikes would cease as well.

U.S. officials estimate the strikes have degraded Iraq's air defense system by about 30 percent.

Coalition naval forces enforcing UN embargoes on oil and technology have stepped up maritime intercept operations in the Persian Gulf in response to increased smuggling activity. DoD officials say coalition forces query all ships sailing north of the 29th parallel.

Iraqi forces invaded Kuwait Aug. 2, 1990, taking control of nearly a quarter of the world's oil supply. The UN Security Council condemned the invasion and set a deadline for Iraq's withdrawal -- Jan. 15, 1991.

When Iraq held firm and the deadline passed, the United States and its allies united to drive them out, gathering a force of about 500,000 troops, 3,400 tanks, 3,700 artillery, 4,000 armored personnel carriers, 2,000 helicopters and 2,600 aircraft.

On Jan. 16, coalition forces launched 38 days of continuous air attacks. Ground operations began Feb. 24. After only four days of ground combat, President George Bush called a cease-fire on Feb. 27. The Gulf War was over.

U.S. officials estimate more than 100,000 Iraqi soldiers died, and 300,000 were wounded. The United States suffered 148 killed in action, 121 killed in non-hostile actions and 458 wounded. Tens of thousands more U.S. troops would later report adverse health effects that have come to be known as Gulf War illnesses.

Source: Retiree Activities Office Bulletin



More Info on the Persian Gulf War

Check out the following websites for more information on the Persian Gulf War:

The U.S. Coast Guard's Involvement in the Persian Gulf War 1990-1991

www.uscg.mil/hq/g-cp/history/PersianGulfChron.html

The Gulf War

www.pbs.org/wgbh/pages/frontline/gulf/index.html

Persian Gulf War/Operation Desert Storm www.geocities.com/djmabry/USA/gulf/gulf.html

Military history: Persian Gulf War (1991) www.cfcsc.dnd.ca/links/milhist/gw.html

Gulf War

www.netwizards.net/~cryan/war.html



A Decade Later: Gulf War Illnesses Remain a Mystery

Linda D. Kozaryn American Forces Press Service

WASHINGTON, Aug. 8, 2000 --After numerous medical studies and battlefield recreations, defense officials have yet to learn why tens of thousands of Gulf War veterans are sick.

Nearly 10 years after U.S. troops and coalition partners forced Saddam Hussein's Iraqi invaders out of Kuwait, Bernard Rostker talked about DoD's quest for the causes of Gulf War illnesses. The undersecretary of defense for personnel and readiness and head of DoD's Gulf War illnesses office readily acknowledged his team has not attained its ultimate goal.

"I wish I could tell you that we knew what was making them sick," Rostker said in an early August interview. "But, at this point, we don't have a good idea of why some are sick and some are not sick."

Defense officials take veterans' concerns about exposure to gas, biological and other agents seriously, he stressed. "I know how frustrating it is for the veterans. We're not blowing them off. We've tried to work very hard over the last three years with them to be respectful of their concerns and do the best job we can researching possible causes."

When defense officials began seeking answers they hoped to identify patterns of illness, he said. "We were hoping we would be able to possibly find events that were consistent with concerns of the veterans and their health status," Rostker said. "Unfortunately, there is not a clear pattern of illness, and there's not a clear indication of why our service members are ill."

Following up on one sick veteran who had served in a company of 200, for example, investigators found none of the others reporting

same illness. "It's very difficult to pin it to an environmental exposure when you have so many people who shared environments who are not coming up with the same concerns," he said.

Since the Gulf War illnesses office opened in November 1996, Rostker and his team of up to 180 people have conducted investigations, producing more than 30 reports. The office has run numerous medical studies and methodically tried to recreate what happened in the gulf.

"With the exception of the low-level release associated with the demolition at the ammunition dump at Khamisiyah (Iraq), we don't see -- and neither does the United Nations see -- a release of chemical weapons on the battlefield," Rostker said.

The General Accounting Office, two presidential advisory commissions and a special Senate investigative unit have reviewed the work. "We've had myriads of hearings before the government oversight committee," he said. "No one has been able to come to a definitive answer about why service members are sick."

Rostker's office is now wrapping up its efforts, closing out remaining Gulf War investigations. Defense Secretary William S. Cohen has broadened the scope of the Gulf War illnesses office and renamed it the Office of the Special Assistant for Gulf War Illnesses, Medical Readiness and Military Deployments.

A presidential special oversight board, led by former Sen. Warren G. Rudman, supported DoD's proposal to give the office a broader venue to look at all deployments, Rostker said. "We will be there as advocates for our service members to make sure records are maintained so we can provide the data necessary to do a better job in recreating what has happened in

any future deployment."

Rostker stressed that the end of the Gulf War illness office does not mean the end of DoD's concern for Gulf War veterans. "We're not giving up on Gulf War veterans," he said. "We will investigate any case that looks like it has a plausible contribution to the health concerns, but we're frankly out of leads."

Medical research is also continuing on birth defects and hospitalizations, as well as individual research projects looking at the so-called cocktail effect, he said. "We'll be carrying on research on pesticides well into the next year."

The new office will address veterans' concerns on any conflict. "The ultimate compliment to the Gulf War veterans is that we don't want to repeat the poor performance of the department again," Rostker said. "The best way to avoid that is to have a small, but flexible, organization that can meet the concerns not only of today's veterans, but of tomorrow's veterans."

As in the past, the office will continue to provide a forum for service members and veterans to discuss their deployment concerns via the Internet and toll-free telephone numbers. Defense officials say one of the lessons learned from the Gulf War is that veterans have a desire for information and an expectation that their questions will be answered.

Rostker's team will maintain Web site and new information will be posted as narratives and reports are completed. A new Web site will be developed to address questions and concerns about other deployments.

Source: Retiree Activities Office Bulletin

Pentagon Dedicates USO Corridor

By Linda D. Kozaryn American Forces Press Service

WASHINGTON, Nov. 6, 2000 -- The stars have come out to entertain America's troops for nearly six decades. Now, the military has created a lasting tribute to the United Services Organization that makes it all possible.

Defense Secretary William S. Cohen opened a corridor exhibit honoring the USO here Nov. 2. He said the nonprofit organization's volunteers serve as "a bridge like no other, connecting the military with America.

The USO reconnects "our men and women in uniform with the home we asked them to leave in order that the rest of us remain secure," said Air Force Gen. Richard B. Myers, vice chairman of the Joint Chiefs of Staff.

The exhibit highlights well-known celebrities like Bob Hope, Marilyn Monroe, Henry Fonda and many others, as well as ordinary Americans. These volunteers, Myers noted, "are simply giving something back" to the troops deployed to world trouble spots.

The USO volunteers bring "a needed human touch to war's essential inhumanity," he said. "They show the impact of the USO's efforts on the spirit of our warriors, helping them give in to laughter rather than give way to loneliness and despair.

The exhibit's opening at the Pentagon sparkled like a Hollywood premier. Red carpet led to an Academy-award style stage. Two high-tech, Plexiglas podiums atop circular pedestals formed a portal to the display hidden behind red velvet curtains. Satin ropes held photographers and film crews in line.

Three beauty pageant winners of

USO Troupe 2000 performed show tunes and Lee Greenwood's patriotic country classic, "God Bless the USA." Veteran actors Mickey Rooney, Gerald McRaney, NFL star Terry Bradshaw, Hollywood's honorary mayor Johnny Grant and billionaire H. Ross Perot then stepped from the audience to join the ceremony's hosts.

Cohen, his wife Janet Langhart-Cohen, and Retired Army Gen. John H. Tilelli, who now serves as the USO's president, "joined" a red and a blue ribbon. The "ribbon joining symbolized the close partnership between the Defense Department and USO. Cohen and Tilelli also signed a memorandum of understanding formally renewing the relationship.

Cohen and Tilelli both thanked Langhart Cohen for initiating and coordinating the exhibit produced by Office of the Secretary of Defense graphic arts specialists. Tilelli welcomed Langhart-Cohen's recent decision to join the USO's board of governors and hailed her as "the First Lady of the USO, now and into the future."

The veteran of nearly 40 years military service then spoke of his respect for the volunteers who entertain and support U.S. troops around the globe. Thanking Rooney, Grant and the other celebrities there, Tilelli noted that they "epitomize the thousands of stars --volunteers all," who go into harm's way, giving of their time and talent to entertain the troops.

"The USO is not about buildings, it's not about stars, it's not about facilities, events and centers," Tilelli said. "It's about America's sons and daughters who serve with character and courage around the world. They deserve all we can give them and more. We do not give them enough for their service to us who benefit from their sacrifice."

The USO, he pledged, will continue to serve "as long as America needs our service, and as long as American men and women are in harm's way, and that's every day they serve, not just during crisis and during war."

Rooney, barely holding back tears, humbly said, "I'm so proud to be here in the Pentagon in Washington, D.C. I wear the Bronze Star and I wear it proudly," he said. Then pausing to regain his composure, in a trembling voice he went on to say, "something that my nation gave to me."

The USO has done wonderful things for America's youth in uniform, said the 79-year-old actor who served three years as a U.S. Army private. "Yes, they truly are giants, like the men and women in our Army, Navy, Marine, Air Force, Coast Guard."

When it was his turn at the podium, Johnny Grant, the honorary mayor of Hollywood and a veteran of 54 overseas USO tours, told the Pentagon audience that actors and performers live on applause. "When you do your first G.I. show," he said, "you're hooked for life."

He told of a letter he got in 1952 from a young soldier in a hospital back home after serving in Korea. Grant said the soldier wrote: "Dear Johnny, I want to thank you and your USO friends for coming over to Korea. You did as much good over here as us guys with the rifles. Morale is the emotion that tells you how you feel about yourself and you made us feel mighty good."

Thanking the Cohens for creating the exhibit, Grant said, "Mr. Secretary, in 50 years, I've heard a lot of promises. You've pulled them through. We're in the morale business. I bring you a message from Hollywood, we're behind you and we're ready to go."

For more information on the USO go to http://www.uso.org .



Bataan Memorial Death March

WHITE SANDS MISSILE RANGE
The 2001 Bataan Memorial Death
March at White Sands Missile
Range, N.M., will be conducted on
April 1.

This is the 13th year for the popular memorial march which recognizes the sacrifices made by thousands of U.S. and Filipino service members overwhelmed by the Japanese in the Philippine Islands during World War II. Since its inception, the memorial march has grown from about 100 participants to more than 3,000.

The 26.2-mile march starts on the missile range main post, crosses hilly terrain, winds around a small mountain and returns to the finish line through sandy desert trails and washes. The elevation varies from about 4,100 to 5,300 feet. While marathon length, the memorial march is not a sanctioned marathon.

The event is open to military (activeduty, Reserve, National Guard, ROTC, JROTC or retired military) and civilian teams and individuals in either heavy or light divisions. Military personnel marching in any military category must wear full field gear. Civilian marchers in any category should wear appropriate attire for a road march through desert terrain. All marchers entered in heavy division categories must also carry a 35-pound rucksack. New team rules have been instituted for the 2001 march. Teams must consist of five people. All five marchers must cross the finish line together. Team categories are male light, male military light, male military heavy, female light, female military light, female military heavy, coed military light, coed military heavy, coed light, National Guard light, National Guard heavy, ROTC light, ROTC heavy and JROTC light.

Individual categories are male military light, male military over-40 light, male light, male over 40-light, male military heavy, male heavy, female

military light, female military over 40-light, female light, female over 40-light, female military heavy and female heavy.

The team entry fee is \$100 for entries submitted by March 15. After that date, the price is \$125. Fee for individual marchers is \$25 if submitted by March 15 and \$35 after the deadline. Registered participants will receive a commemorative T-shirt, certificate, pre-event continental breakfast and post-event meal.

The 2001 Bataan Memorial Death March information/registration packet is posted on the internet at www.wsmr.army.mil. For general information about the march, call the White Sands Missile Range Public Affairs Office, (505) 678-1134. Questions and comments also may be e-mailed, bataan@wsmr.army.mil.

Source: Army News Service, Nov. 1, 2000

From the RAS mailbag



50th anniversary of the Korean war, issue 4 October, 2000

I was very disappointed that you failed to mention those of us who were actually there, but recognizing the bent of today's Coast Guard I'm not surprised. Guard Museum at the Academy I'm told there's no exhibit whatsoever on loran and the sacrifices thousands of us made to make it available world-wide. Coast Guard advisory team left Korea we of the ELMOS (Emergency Loran Mobile Operations) moved in and provided tactical and long range navigation services all during the Korean war. Our B29s operating from Okinawa absolutely depended on us to guide them in delivering their bombs and to get them safely back home. I was honored by the city of Annville, PA. to represent the Coast Guard at their memorial day parade this year honoring Korean veterans from all services, and also was asked to represent the Coast Guard at the commemorative ceremonies in Seoul. Feeling that my

commanding officer in Korea, then Lt. John D. Mccaan , now Captain retired, rated the honor more than I did I recommended that he go in my stead, and indeed he did, on Air Force. Two, ably representing the Coast Guard at the ceremonies. Today's service seems to be so far removed from the one I served in that I have trouble relating. I think I'm one of the very few who served both in Korea and Vietnam but those activities, like building and operating loran stations on fingerholds all over the planet, are only history now, and not very well known history at that!

Kismet.

Peter D. Corson (Commander USCG Ret.)

Hatteras Keepers: Oral and Family Histories 1,000 children, grandchildren, and great grandchildren to attend homecoming event

Almost as daunting a task as moving the Cape Hatteras Lighthouse is locating the Keepers' descendants to invite them to a special weekend May 4, 5, 6, 2001 at the Cape Hatteras Light Station, cosponsored by the Outer Banks Lighthouse Society and the National Park Service. Since the last Keeper left in the 1930s, the lighthouse has been automated and no Keepers' families have since resided in the Keepers Quarters.

From 1803 until the 1930s there were nearly 100 different families who lived on the light station. Yet, no photographs exist prior to 1893 and only three Keepers' photographs have been located to date. Cameras on the Outer Banks of North Carolina were rare, but somewhere out there in someone's picture album or in someone's attic is the oldest picture of Cape Hatteras, just one of the

missing pieces of information on this lighthouse.

The Outer Banks Lighthouse Society is launching a nationwide search to find direct descendants of Cape Hatteras Lighthouse Keepers because these people are the only ones who can tell the personal history of this lighthouse. Family photographs, letters from grandfathers, and other documents now forgotten and probably stored in attics from California to Maine hold many of the details and fascinating stories that need to be saved.

Bringing back the Keepers' descendants is an ambitious goal; a modest estimate of living direct descendants who may attend the homecoming is 1,000.

One of the goals of the Outer Banks Lighthouse Society for the Hatteras Keepers Descendants Homecoming is to publish a commemorative oral history on Cape Hatteras Keepers Cheryl Sheltondescendants. Roberts, editor of the publication, is conducting interviews with descendants while receiving generous help from many. example, Bea McArthur of the Hatteras Island Genealogical/ Historical Society is helping to locate local descendants on the island. Some Keepers' family members are also helping to gather information on their families, now living from Maine to Texas to California.

Another goal is to produce family trees for display during the homecoming event. This genealogy along with an accurate list of Keepers and dates of their service will be a great resource to leave for future researchers.

Sandra Clunies, Board-certified genealogist, is volunteering to gather family data. In after-work hours and on weekends, Clunies is amassing volumes on Keepers' descendants.

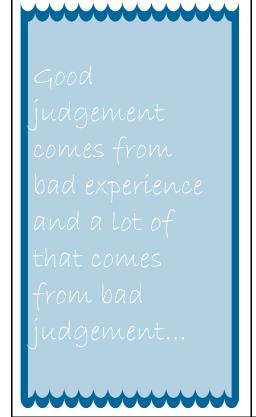
Tucked within the dusty documents that she mines for gems are wonderful human interest stories. She is writing the family story about Keeper James Wilson Gillikin who, like many Keepers, served at other lights including Cape Lookout. A family member has shared pictures of Keeper Gillikin and his wife Annie, both rare glimpses of the faces that are part of this lighthouse's history.

The U.S. Lighthouse Service was merged with the U.S. Coast Guard in 1939. Several Keepers' daughters married military men, especially coastguardsmen, who were stationed near lighthouses. Preserving the history of the old Lighthouse Service and its families is also preserving the history of the U.S. Coast Guard.

Hatteras Keepers: Oral and Family Histories will be in print early 2001.

Descendants can contact the planning committee of the Hatteras Keepers Descendants Homecoming by emailing the homecoming committee at hattkeep@outer-banks.com or calling/faxing committee Cochair Lynn Jennette at 252/995-6891 or write HKDH at PO Box 550, Buxton, NC 27920.

Source: Hatteras Keepers Descendants Homecoming





Stuhr Fund Seeks Scholarship Applicants

NEW YORK CITY, Oct. 17, 2000 - More than \$22,000 will be available next year to the children of active duty and retired members through the Cmdr. William S. Stuhr Scholarship Fund.

Scholarships for 2001 will be presented to one recipient from each of the Army, Navy, Marine Corps, Air Force and Coast Guard, the fund's board of trustees recently announced. Each of the five scholarships will be for \$4,500 divided equally over four years.

January 2001 will mark the 36th anniversary of the Stuhr Fund, the only privately supported, international scholarship fund that provides financial assistance to family members of the five services. The 20 current scholarship recipients are studying at 20 universities in 14 states.

During the next four years, the fund is committed to awarding a cumulative \$90,000 in scholarships, according to Joseph LaRiviere, the fund's executive director.

To be eligible, scholarship applicants must:

- o Be a 2001 high school senior.
- o Be ranked in the top 10 percent of his or her class in their junior and first half of senior year.
- o Be active in extracurricular activities.
- o Demonstrate strong leadership potential.
- o Be a bona fide dependent of an active duty or retired military member of any rank.
- o Plan to attend a four-year accredited college.
- o Be prepared to attend the fund's scholarship awards function in May or June 2001.

To obtain a Stuhr Scholarship Fund application, send a written request with a self-addressed return envelope to:

Executive Director Cmdr. Stuhr Scholarship Fund 1200 Fifth Ave., Suite 9D New York City, NY 10029

Applicants may e-mail an application request -- be sure to include full name and mailing address -- to: stuhrstudents@earthlink.net.

Due to limited staffing, fund managers cannot respond to individual telephone inquiries. Scholarship applications must be received in the New York office by Feb. 15, 2001.

Source: RAO Bulletin - Special to the American Forces Press Service



Montgomery GI Bill Goes Unused by Half Who "Buy"

By Gerry J. Gilmore American Forces Press Service

WASHINGTON, Aug. 10, 2000 -- Can you imagine turning down \$20,000 in education benefits -- especially if you paid for it in advance with cold cash and sweat equity?

Half of all service members eligible for Montgomery GI Bill benefits regularly do just that, according to Department of Veterans Affairs officials. Service members qualify for the Montgomery GI Bill benefits by contributing a nonrefundable \$100 per month throughout their first year of active service and successfully completing an active-duty "hitch."

Walking away from the benefit is a waste of great investment, VA officials said. At the current \$536 monthly benefit for 36 months of full-time schooling, the MGIB pays \$16 for every \$1 members must invest, Dennis Douglas, VA deputy director for education services told the American Forces Information Service.

He and other VA officials stressed MGIB benefits do not have to be paid back, unlike student loans.

Recent changes to the Montgomery GI Bill make it even better, said VA spokesman Terry Jemison. The program, he said, now pays the cost of some preparatory courses for college and graduate school entrance exams. Also, eligibility has been expanded to some officer training school graduates and surviving spouses. Proposals now under consideration before Congress would increase monthly payments, he added.

The education benefit provides many military men and women with education opportunities that otherwise might not be available, according to Jemison.

"We owe them, I believe," Douglass said. "It really is an opportunity for us to honor them for what they did for this nation."

The VA maintains a Web site offering detailed information, application forms and FAQs covering the Montgomery GI Bill, earlier GI bills and other VA educational programs at http://www.gibill.va.gov.

Source: RAO Bulletin



Coast Guard Mutual Assistance Announces Deadline for Academic Year 2001-2002 Education Grant Applications



Coast Guard Mutual Assistance (CGMA) is now taking applications for CGMA Education Grants for academic year 2001-2002. Application requests must be in by March 5, 2001. The CGMA Education Grant Program offers need-based grants to the spouse and dependent children of all CGMA members—Active Duty, Retired, Selected Reserve, Civilian, Coast Guard Auxiliary, and USPHS serving with the Coast Guard. Last year, CGMA awarded nearly \$300,000 in grants to qualified applicants.

This information was published in a newly released brochure: Coast Guard Mutual Assistance Education Grant and Loan Programs, 2001-2002 Academic Year. The brochure describes in detail a wide range of CGMA programs designed to help Coast Guard members and

their families meet the financial challenges of postsecondary education. These programs include the highly popular Supplemental Education Grant (SEG) Program, which last year offered each CGMA member up to \$300 in reimbursement for such expenses as course fees and the cost of textbooks.

The brochures are available from your local CGMA Representative or Education Services Officer (ESO). Information and application forms for these and other CGMA financial assistance programs may also be found on the CGMA web site at www.cgmahq.org, or by calling 1-800-881-2462.

Free College for Texas Residents

The Hazelwood Act

(Section 54.203 of the Texas Education Code)

A veteran may qualify for benefits under the Hazelwood Act if he or she:

- 1 was a resident of Texas when he or she entered military service;
- 2 participated in active military duty before the conclusion of the Korean War (no minimum number of active military duty days required), or served at least 180 days of active military duty, excluding training, since the conclusion of the Korean War;
- received an honorable discharge, a general discharge under honorable conditions, or an honorable release from active duty;
- has resided in Texas at least 12 months at the time of enrollment in a public institution of higher education in Texas;
- 5 has fewer than 150 credit hours of college courses attempted since the fall of 1995 using the Hazlewood exemption;
- has exhausted eligibility for federal educational benefits including VA benefits and eligibility for federal student financial aid benefits other than work-study and education loans;
- 7 has not defaulted on any education loans made or guaranteed by the State of Texas; and
- 8 has not lost eligibility for federal Pell or SEOG due to a defaulted federal loan.

For more information

Jewel Williams-Futcher Tel: (512) 427-6456 Fax: (512) 427-6420

Texas Higher Education Coordinating Board Student Services Division PO Box 12788

Austin, TX 78711-2788

The Real Story Behind Taps

In the October 2000 issue of the Retiree Newsletter we printed a story about the origin of Taps, the military bugle call sounded most commonly at funerals and memorial services. The story told of a northern boy killed fighting for His father, Robert the south. Ellison, was a captain in the Union Army and found the notes for Taps in the pocket of his dead son's Confederate uniform. The notes were sounded at the boy's funeral, and thus, was the beginning of "Taps". The official version of the origin of Taps, while somewhat less romantic, is no less noteworthy.

Not pleased with the call for Lights Out, General Daniel Adams Butterfield (31 October 1831 – 17 July 1901) of the Army of the Potomac, with the help of the brigade bugler, Oliver Wilcox Norton, wrote Taps to honor his men following the Seven's Day battle during the Peninsular campaign of 1862. Sounded first at Harrison's Landing, VA in July 1862, it was quickly picked up by both the Union and Confederate armies. Taps was made an official bugle call after the war.

By some accounts, General Butterfield, unable to read or write music himself, actually rewrote the notes of another bugle call with Oliver Norton's help to give us the version of Taps we know today.

While there are no official words to

Taps, some of the more popular verses follow:

Day is done, gone the sun, From the hills, from the lake, From the skies. All is well, safely rest, God is nigh.

Go to sleep, peaceful sleep, May the soldier or sailor, God keep. On the land or the deep, Safe in sleep.

Love, good night, Must thou go, When the day, And the night Need thee so? All is well. Speedeth all To their rest.

Fades the light; And afar Goeth day, And the stars Shineth bright, Fare thee well; Day has gone, Night is on.

Thanks and praise, For our days, 'Neath the sun, Neath the stars, 'Neath the sky, As we go, This we know, God is nigh.

Source: http://:www.dtic.mil; http://:www.west-point.org.





The US has succeeded in building a computer able to solve any strategic or tactical problem. Military leaders are assembled in front of the new machine and instructed to feed a difficult tactical problem into it. They describe a hypothetical situation to the computer and then ask the pivotal question:

ATTACK OR RETREAT?

The computer hums away for an hour and then comes up with the answer: YES.

The generals look at each other, somewhat stupefied. Finally, one of them submits a second request to the computer: YES WHAT?

Instantly the computer responded:

YES SIR.

Soldiers' and Airmen's Home Guest House in D.C.

Enlisted vacationers in the Washington, D.C., area are eligible to stay at the Soldiers' and Airmen's Home Guest House for \$20 per night for up to five

nights. The accommodations, which include a modest bedroom and bathroom, provide active duty members, retirees and their dependents economical lodging in the heart of D.C. Guests enjoy free parking and easy access to mass transit. For more information and reservations, call 202-730-3044.



Important Address Change Information!

Don't delay the prompt processing of your address change! Include your Social Security number. If you are an annuitant, include your sponsor's

SSN. And most important – **PLEASE WRITE CLEARLY!**

What are they doing now?

QMCS Alan L. Wetherbee

After retiring in December 1986, I joined Electronic Data Systems (EDS). Starting as an Armed Security Guard at the Army Standard Information Management Systems (SIMS). Gradually working up through the company from Guard to Security Supervisor, Security Analyst, Business Relations Analyst and on to Supervisor of a 22 person systems support Help Desk which now supports all DoD Deers Enrollment Reporting System (DEERS) and the Real Time Personnel Identification System (RAPIDS) users across the country and worldwide.

Many, many software, hardware and communication changes over the years has provided for quite a challenging second career of Problem solving, Documentation, Training and Travel during my fourteen years with EDS.

The biggest challenges are still on the horizon with a new Medical application and the worldwide roll out of the PKI SMARTCARD or CAC Common Access Card. These new applications require hardware and software upgrades and should be completed in one year starting in January 2001.

directories (commercial and Coast the Company and Guard) if anyone would like to contact received. me. Email: bigalsr2000Waol.com; or business: wetheral@osd.pentagon.mil alan.wetherbee@eds.com. Or write: 13105 Kumar Road, Dade City, VA 22193-5245

CDR Charles H. Bell

After retiring in July 1993 (over 39 vears) I was sure that relaxing and playing golf would be fine but quickly learned that you get bored especially after a career on organized time and Retiring to greater functions. Cincinatti, Ohio, I joined a new manufacturing company in 1995 after doing odd jobs in customer service and hospital operations. Now Director of Purchasing for an expanding company named CASCO Products Inc. In case someone recognizes t h e name is spelled the same as CGC CASCO.

One of the first things I did upon joining the company was to work with Coast Guard Headquarters to provide documentation and photos of the CGC CASCO's career. This was

in all phone and address then presented to the President of

Casco Products Inc., has now expanded into new ventures and we established a sister company in 1999 called Reliance Armor Systems Inc,. manufacturing protective armor and flotation equipment for law enforcement and the military. We are currently working on designing equipment for CG Law Enforcement Detachments. This evolution has brought together a unique business partnership for me working in procurement and combining that with my expertise and experiences from the Coast Guard, a great combination. The staff addresses me as Commander. Guess you can never take the Coast Guard out of a Coast Guardsman.

Thanks to Will DeKroney the for submitting the picture below. Admiral Herr is shown visiting with the grandson of the owner of the Cape Barber Shop in Arnold, Maryland.

Submissions for this and other features may be sent to the following address:

USCG Retiree Newsletter Attn: Editor **USCG HRSIC (RAS)** 444 SE QUINCY STREET TOPEKA KS 66683-3591 or via email at: rasnewsletter@hrsic.uscg.mil



REUNIONS AND NOTICES

- ⇒ USCGC Eastwind (WAGB-279) Reunion 25 28 May 2001 at the Hilton Logan Airport, Boston, Massachusetts.
- ⇒ USCGC Campbell Association (WPG/WHEC-32 and WMEC-909) 16th Annual Reunion will be held 9 12 May 2001 at the Holiday Inn, New Orleans West Bank, Gretna, LA. All former and current shipmates are invited. For details, please contact James Kelly, 40 Lisa Lane, Uncasville, CT 06382, ph: 860-848-1160, or email: jkelly@uconect.net.
- ⇒ Survivors of WWII Veterans of Corregador and Bataan Death March may receive maps, charts, atlases and other location data available at cost as a Coast Guard Auxiliary community service. Write: CWO4 S. T. Watson USCG, RET/USCG.
- ⇒ CWO Paul C. Scotti, USCG, RET has released a new book, Coast Guard Action in Vietnam (Stories of Those Who Served). This book is a fast-paced narrative of war action, rescues, life at sea, humor, heartwarming deeds, and service history. The book is available in bookstores or may be ordered from the publisher at 1-800-228-2275 or write: Hellgate Press, PO Box 3727, Central Point, OR 97502. Email address is info@psi-research.com and web site is www.psi-research.com. The author may be contacted at 1118 Rainbow Drive, #1868, Livingston, TX 77399-1018.

Locator



AMCM Jim Kroetsch would like to locate ADC Phil Aguirre, RET. Stationed together at CGAD. T Bermuda, circa 1964. Contact at 10501 Central NE 100, Albuquerque, NM 87123 tele 505 292-5936.

Making Common Sense of Boating Safety Laws

In an effort to improve the safety of all inland lakes, RM1 Gerald Warda, USCGR Retired has written a booklet "Making Common Sense of Boating Safety Laws". The booklet contains several photographs of USCG ships, and provides helpful information for preventing boating accidents and saving boating fines. If you're interested in learning more about the booklet please contact:

RM1 GERALD WARDA USCGR RET S75 W18970 CIRCLE DR MUSKEGO WI 53150

Telephone: 262 679 2543



Request for Reader Assistance The Coast Guard in WWI

CAPT Alex R. Larzelere is seeking information, memoirs, and references for a book about the Coast Guard when it served as a part of the Navy in the First World War—1917-1918. Very little has been written about this period in Coast Guard history; it needs to be documented. He wants to record the Service's duties and responsibilities in the areas of: Ocean Escorts in the War Zone, Stations, Port Security, Aviation, Coastal Patrols, and Augmentation of Navy Ships.

You may contact CAPT Larzelere at alarzelere@erols.com.

Diplomacy is the art of saying 'Nice doggie' until you can find a rock.

Will Rogers (1879-1935)

Searching for Former Residents of Camp Lejeune



HEADQUARTERS, U.S. MARINE CORPS, WASHINGTON, DC - Marine Corps officials are trying to reach an additional 10,000 former residents of Camp Lejeune's on-base housing who may have been

exposed to contaminants in the water supply prior to 1985.

The effort is being made in support of the Agency for Toxic Substances and Disease Registry (ATSDR), a public health service agency. ATSDR is attempting to survey previous on-base housing residents to determine if exposure to drinking water may be related to specific health concerns in children that were conceived during the time of exposure. The survey, which began in September 1999, is seeking parents of those children born or conceived while living at base family housing at Camp Lejeune between 1968 and 1985.

Depending on the results of the survey, the ATSDR may conduct a health study to enhance scientific understanding of the health risks associated with exposure to volatile organic compounds (VOCs) in the water supply. It is now known that VOCs were present in base water distribution systems that provided water to on-base housing.

The survey focuses on two specific VOCs, tetrachloroethylene (PCE) and trichloroethylene (TCE), often used in dry cleaning or as degreasers. Those substances were found in the Camp Lejeune water systems that supplied the on-base housing areas prior to 1985.

All of the wells containing VOCs were shut down by early 1985. Currently, all drinking water at Camp Lejeune is regularly tested and is safe to drink.

For the past year, ATSDR and Camp Lejeune officials have been trying to contact the former residents using a combination of methods including direct mail, news releases around military bases, notices in military publications, and open houses. To date over 6,500 former residents have been contacted; however, a significant number of former residents have not yet been located. In an effort to extend the search for potential survey participants, Marine Corps officials in Washington are asking national news organizations to assist them in locating these former Camp Lejeune residents and their families.

"The health and welfare of Marines and their families is very important to us," said Colonel Mike Lehnert, head of the Marine Corps' Facilities and Services Division. "We have Marine families with questions that cannot be answered unless the survey is completed, so it is very im-

portant to us that we do everything possible to help ATSDR reach as many of the former residents as we can."

Lehnert added that it is important for all individuals who qualify for the survey to participate, whether or not their children have experienced any health concerns."

The 35-question health survey is conducted by telephone and attempts to gather data which may be used in a follow-up scientific research study about the effects that these substances may have on children when exposed before birth.

All families whose children were born or conceived at Camp Lejeune from 1968 through 1985 are encouraged to participate in this survey, whether or not the child has exhibited any health concerns. To participate, call the National Opinion Research Center (NORC) at (800) 639-4270. NORC is conducting the survey for the ATSDR. For more information about the ongoing study, call the ATSDR at (888) 42-ATSDR, extension 5132. The Marine Corps has also established a toll free number at (877) 261-9782 and a website [www.usmc.mil/camlejwatersurvey] for general information. All media queries should be directed to Capt Steve Butler, Public Affairs, Headquarters Marine Corps at (703) 614-2019.

Source: www.health.mil

Changes to HRSIC Phone Number Prefix and Facsimile Numbers

On or about 1 January 2001 the prefix numbers for all phones at HRSIC will change. The new prefix will be (785) 339-XXXX. The last 4 digits of all Phone Numbers will remain unchanged. The Toll Free Number will not change and will remain (800) 772-8724. The new Fax Number for the Retiree and Annuitant (RAS) Branch will be (785) 339-3770. The old numbers will automatically forward to the new numbers for approximately 1 month.

Please bear with us during this transition period as we try to simplify access for our customers.

Retirements

Name	Rank	Date of Retirement	Years of Service	Name	Rank	Date of Retirement	Years of Service
ADAMS, TIMOTHY	MK1	20000726	11	BRINE, RICHARD	ELC3	20000801	28
ADAMSON, RANDY	DC1	20000901	20	BROWN, ANTHONY	MKC	20001001	24
ADRAGNA, WILLIAM	PS1	20000702	28	BROWN, CURTIS	YN1	20000801	20
AKINS, JAMES	YNC	20000829	37	BROWN, DAVID	MK1	20001001	20
ALEXANDER, LOW	MK1	20001001	20	BROWN, JOHN	TTCM	20000801	24
ALLEN, EDWARD	MKC	20000901	33	BROWN, WILLIAM	ETC	20001001	20
ALLEN, LUM	ET1	20000801	21	BRUNER, DENISE	YN1	20001001	22
ALLEN, PATRICK	QM1	20000901	20	BRUSENHAN, JAMES	AMT1	20000901	23
ALLES, MICHAEL	BOSN3	20000901	26	BUDD, WILLIAM	MSTC	20000907	40
ALLIGOOD, DAVID	YNC	20000803	36	BUNCH, DAVID	RDCM	20000801	29
ALLISON, ANTHONY	MK1 BMCM	20000810 20000801	17 24	BURE, RICHARD	PERS3 CDR	20001001 20000901	26 22
AMOS, FRED ANTHONY, SAMUEL	BMC	20000801	20	BURROWS, MARK BURTON, ALLEN	HS1	20000901	20
ARMSTRONG, ANDREW	CAPT	20000901	30	BUSTON, ROBERT	BOSN4	20001001	30
ARNOLD, BARRY	LCDR	20000801	20	CAIN, RANDALL	PERS3	20001001	30
ASHBURNE, WAYMAN	F&S2	20000901	23	CANFIELD, WAYNE	YNCM	20001001	26
ASHTON, ROBERT	LCDR	20001001	27	CANOSE, JOHN	RDC	20000901	20
BALDWIN, TOMMY		20000901	30	CAPIZZI, DEREK	CAPT	20000801	26
BANDY, JAMES	F&S4	20001001	25	CARTER, WINIFRED	YNC	20001001	20
BARBER, JOHN	MKC	20000901	20	CASKIE, GREGORY	ASTC	20001001	25
BARKER, ALEXANDRA	FS3	20000720	01	CASTO, ERWIN	BMCM	20000801	27
BARNES, GLENDELL	SK1	20000801	21	CASTONGUAY, STEVEN	MSTC	20000901	22
BARNETT, BENJAMIN	QMC	20001001	20	CATON, ROBIN	ENG2	20000801	20
BARNETT, LONNIE	MK1	20000901	20	CELVER, CHARLES	ETCS	20000901	20
BARON, BERKELEY	BMC	20000801	25	CHANDLER, MAX	COMM4		31
BARTON, STEVE	MK2	20000707	41	CHAPMAN, JUDY	PERS3	20000901	21
BASTEK, STEPHEN	BOSN2	20001001	22	CHARRON, ROBERT	MK2	20001001	20
BAUM, STEVEN	CDR ASTCS	20000801	26 23	CHAVEZ, HERALDO	QMC MKC	20000801	21 20
BAYER, SCOTT BAYRD, BRYAN	MKC	20000901 20000801	22	CHILTON, WILLIAM CIRINNA, STEPHEN	BOSN4	20001001 20000801	20 26
BEAUPRE, DANIEL	MKC	20000801	20	CLAEYS, MICHAEL	QMC	20000901	21
BEAVER, KERMIT	MKCM	20000813	35	CLAYTON, MARK	QM2	20000901	20
BECKMAN, GREGORY	TC1	20001001	20	CLEMETSON, DANA	SKC	20000901	22
BELL, THOMAS	CDR	20001001	28	CLENDENIN, FRANK	BOSN2	20001001	24
BENNETT, BRET	BM1	20000901	20	COLTON, LOWELL	SKC	20000801	26
BENNETT, MICHAEL	MKC	20001001	24	CONNOLE, LANNIE	AVT1	20001001	20
BENSON, RICKI	CDR	20000801	26	CONOVER, HOLDEN	F&S3	20000801	21
BERG, DALE	BM1	20000908	34	COOK, LAURA	SKCS	20000901	20
BERGEN, ROBERT	DC1	20000901	20	COTE, SHARON	YN1	20000728	20
BERNARD, AL	CDR	20000801	23	COTTEN, GUNTER	DCCS	20000901	23
BERRY, RICHARD	CDR	20000806	38	COTTON, DAVID	EM1	20000810	18
BINGAMAN, DEAN	MUCS	20000801	28 22	COUTRET, JOHN	MK1	20000801 20000801	20
BIRCHER, KENNETH BLACKADAR, EDWARD	CDR	20000801 20000801	22	COWEN, ALAN COX, CURTIS	MKC BMC	20000801	22 20
BLANCHARD, JOHN	ET1	20000901	22	COX, COKTIS	LT	20000901	29
BLANDING, DAVID	BMC	20000901	20	CREASY, RICHARD	TT1	20001001	20
BLANK, PAUL	BOSN4	20001001	30	CROCKER, STEPHEN	ELC4	20000901	24
BLOOM, MICHAEL	LCDR	20001001	25	CROSS, JOSEPH	BMCM	20000901	22
BOLER, BARRY	EM1	20001001	20	CROWN, CARL	CAPT	20000901	29
BOOTH, ROBERT	ENG2	20000801	20	CROYLE, DOUGLAS	TC1	20001001	22
BOSLEY, WILLIAM	ELC4	20001001	29	CRUDER, MARC	CDR	20000901	21
BOUNDS, HAROLD	CDR	20000813	42	DARR, RICHARD	MK1	20000901	20
BOWER, KRISTEN	HS2	20000811	04	DASSATT, ANTHONY	AMT1	20001001	21
BOYERS, WILLIAM	PSCS	20000813	35	DAVIDSON, VICKIE	YN1	20001001	20
BRADLEY, DEANA	SK1	20000710	13	DAVILA, JOE	MK1	20001001	20
BRADY, KYLE	TCC	20000901	23	DAVIS, JOSEPH	MK1	20001001	20
BRANDT, WILLIAM	FSC	20000801	20	DAVIS, SCOTT	CAPT	20001001	24
BRANNAMAN, WILLIAM	BMCS	20000801	22 20	DAVIS, STEVEN	MK1	20001001	20 21
BRAUN, MICHAEL BREEN, RONALD	AMT1 COMM2	20000801 20001001	20	DECASTRO, DOUGLAS DEEDE, DONALD	MED2 MKCS	20000801 20001001	20
BRENNAN, GREGORY	GM2	20001001	04	DELAINE, EDWARD	SK1	20001001	20
BRETSCHNEIDER, DALE	CAPT	20000801	26	DELAINE, EDWARD DELAPP, DAVID	MKC	20001001	20
BRIDGES, PHILLIP	ENG3	20000901	28	DELLAPELLE, JOHN	DC1	20000801	21
BRIGHT, PHILIP	MKC	20000801	20	DELTORO, ANDRES	AVTCS	20000901	24

Name	Rank	Date of Retirement	Years of Service	Name	Rank	Date of Retirement	Years of Service
DERRICK, RONALD	YNC	20000901	24	GERRITS, PATRICK	RD1	20000801	20
DERROUGH, PETER	BM1	20000801	20	GERVAIS, DAVID	SKCS	20001001	21
DESPRES, GEORGE	MKC	20000901	21	GIBBS, EDUARD	MUC	20000901	20
DIXON, JOSEPH	BOSN3	20000801	20	GIBSON, FRANKLIN	AST1	20000801	20
DOMY, PATRICK	BMC	20000901	20	GIBSON, JAMES	AVT1	20000901	20
DORLAND, ROBERT	SKC	20000901	24	GIBSON, JOHNNIE	AMT2	20000801	20
DOUCETTE, THOMAS	BOSN2 SKC	20001001 20001001	22 20	GIBSON, WILLIAM	AMTCS F&S3	20000901 20000801	23 24
DOUGLAS, EUGENE DOYLE, JOHN	EMC	20001001	34	GIDDINGS, HOWARD GILES, DOUGLAS	DCC	20000901	22
DREXLER, CLAY	CDR	20000811	39	GILKISON, DAVID	BOSN3	20000301	26
DROPPELMANN, JOHN	MK1	20000712	38	GILLIE, ROBERT	MK1	20001001	21
DUCHOCK, JOSEPH	BM1	20000810	12	GLANCEY, MICHAEL	AVT1	20000901	20
DUCOTE, THOMAS	LT	20000803	39	GOETTSCH, CHARLES	MAT4	20000801	30
DUGGAN, MICHAEL	LCDR	20001001	23	GOLSTON, ROBERT	SA	20000911	04
DUKE, BARRY	BM2	20000901	20	GOMES, ABEL	FSC	20001001	25
DUNHAM, MATTHEW	ET1	20000901	20	GOTHAM, DAVID	MK1	20000901	20
DURGIN, DANIEL	MKCS	20000901	20	GOULD, BURNHAM	YN1	20000801	23
DUZMAL, THOMAS	LCDR SKC	20000813	35 20	GRAB, MICHAEL GRAHAM, DAVID	ELC4 BM1	20001001 20000901	23 20
EAST, RUSSELL EATON, DARRELL	MK1	20000801 20000801	20	GRAINGER, SABRINA	HS1	20000901	20
EATON, GEORGE	BMCS	20000901	26	GRAY, GLENN	BM1	20001001	23
EDGAR, JOHN	LCDR	20000801	20	GREGORY, BRADLEY	BM1	20001001	20
EDWARDS, LLOYD	YN2	20001001	20	GRGIC, JOSEPH	MK1	20000801	20
ELLER, RONALD	F&S4	20001001	30	GRIFFIN, LARRY	QMC	20001001	20
ELLIS, GARY	CDR	20000901	22	GUERRERO, ADAN	CAPT	20000901	26
ELLIS, MATTHEW	AMT1	20000801	20	GWYNN, JESSE	MKC	20000901	20
ELLISON, MARK	FA	20000811	01	HALEY, BRUCE	BM2	20000801	20
EMERY, RANDY	LT	20000801	20	HALL, DENNIS	PAC	20000901	20
ENGLAND, TEDDY ERICKSON, LYNN	MKC YNC	20001001 20000924	20 35	HALLADAY, JOHN HANNAN, PETER	DC1 BM1	20000901 20000901	21 20
ESCOTT, LINDA	YN1	20000924	20	HANSON, JOSEPH	CDR	20000901	21
ESTEP, DAVID	ELC2	20000901	20	HANSON, THOMAS	AMTC	20000801	20
EVANS, JAMES	MKC	20000801	22	HARMS, KENNETH	BMC	20000923	33
EVERT, WILLIAM	BMC	20000901	24	HARNDEN, LARRY	PSCS	20000930	32
FAITH, JOEL	TC1	20000901	20	HARRISON, LARRY	PSC	20000811	26
FARENCE, DOUGLAS	AVTCM		30	HART, RICHARD	MKC	20001001	26
FARRELL, CURTIS	LT	20000901	20	HARTMAN, BRUCE	LT	20000801	21
FAULKNER, DALE	ELC3	20001001	21 22	HARWELL, GREGORY	QM2	20000501	21 30
FERNANDEZ, JORGE FIJALKA, MICHAEL	DC1 LCDR	20000901 20000901	20	HASSLER, RONALD HAYDEN, CRAIG	CDR AMT2	20000901 20000801	21
FILLMORE, ROYCE	TC1	20000801	20	HEATH, EVERETT	TC1	20000801	20
FINKLEA, JEFFREY	MKC	20000901	21	HEGGERS, ARN	CAPT	20000901	24
FLEWELLEN, GARY	PERS3	20000801	26	HELLER, JEFFREY	AVTCS	20001001	25
FORD, DONALD	AMTCM	20000801	30	HELMS, MICHAEL	EMC	20000901	22
FORMISANO, RICHARD	CAPT	20000801	26	HENCHEY, ROBERT	ENG2	20001001	22
FORRESTER, ROBERT	BMC	20001001	20	HENDRIKSEN, JUDITH	YN1	20000801	21
FORTIER, KENNETH	ENG4	20000801	24	HENNESSEE, HUBERT	SK1	20000801	20
FRARY, ANTONIO FREEMAN, SHAWN	MKC QMC	20001001 20000901	22 21	HENSLER, THOMAS HENSON, BRUCE	BMC LCDR	20001001 20000706	20 22
FRENCH, JAMES	BOSN2	20000901	22	HENSON, BRUCE	LCDR	20000700	23
FRENCH, THOMAS	ETCM	20000301	21	HESS, CLINTON	TTC	20001001	20
FREY, WILLA	YNCS	20001001	21	HESS, RONALD	MK2	20001001	21
FURST, ANTHONY	LCDR	20000801	20	HICE, FARON	BOSN3	20000801	25
GALBREATH, JAMES	DC1	20000901	20	HILL, DAVID	CDR	20000901	20
GAMACHE, THOMAS	BM1	20000801	22	HILL, JACK	MKCM	20000818	31
GARBARINO, CHARLES	FS1	20000825	40	HOALST, STEVEN	RDC	20000801	20
GARCIA, ARTHUR	RDC	20000801	20	HOGUE, WILLIAM	LT WEPS4	20000801	20
GARCIA, RENE GARCIAWILSON,KATHLEEN	F&S4	20001001 20000801	28 20	HOLLOWAY, GARY HOLYBEE, GARY	AMT1	20000801 20000801	27 20
GARDNER, JOSEPH	QMC	20001001	20	HOPPER, BRUCE	EMCS	20001001	20
GARNER, LESLIE	BM2	20000801	22	HORVATH, JAMES	HSC	20001001	20
GARRETT, RAY	SK1	20000901	20	HOTSINPILLER, SCOTT	ELC4	20000901	24
GARZA, ANTHONY	LT	20000801	22	HOUSE, JAMES	CAPT	20000801	26
GASKINS, ERNEST	LCDR	20000801	30	HUEY, PERRY	LCDR	20000801	22
GASS, RICHARD	MAT4	20000801	25	HUGGINS, GEORGE	WEPS4		28
GAUDIOSI, RICHARD	CDR	20000801	22	HUGHES, CHARLES	MK3	20000906	32
GAVITT, DIANE	YN1	20000801	20	HUNTER, DAVID	MKC	20001001	20
GAVITT, STEVEN GEBHARD, BERT	MK2 YN1	20000801 20001001	21 22	HUWEL, RICHARD INMAN, THOMAS	CAPT QMC	20000801 20000801	26 20
GEDITAND, BENT	1111	20001001	<i>_</i>	INIVIAIN, THOWAS	QIVIC	2000000 I	20

Name	Rank	Date of Retirement	Years of Service	Name	Rank	Date of Retirement	Years of Service
JABLONSKI, TERRENCE	вмс	20000801	21	LOCKHEAD, WILLIAM	BMCS	20000901	25
JACKSON, FREDDY	PERS2	20001001	24	LOFTIN, HANK	TCC	20000801	20
JACOBS, LEROY	CDR	20001001	20	LONGO, ROBERT	HSC	20000901	21
JANICKI, KENNETH	MKCM	20000801	22	LONGSTREET, JOHN	AVT1	20001001	20
JANSE, EVERETT	LCDR	20000717	32 20	LOPEZ, JOHN	AMT1 ETCM	20000801	22 32
JARVIS, NORMAN JASIENOWSKI, PAUL	MK1 ENG3	20000801 20000901	20 27	LOSIER, NEAL LOWE, DONALD	ELC2	20000801 20001001	32 21
JENKINS, THOMAS	LT	20000301	21	LOWERY, AARON	MK1	20001001	21
JEZESKI, DANIEL	ETC	20000901	21	LUCYGA, PETER	ELC4	20000901	25
JOHNSON, BARRY	YN1	20001001	20	LUGO, WILLIAM	DC1	20000901	20
JOHNSON, CHRIS	ENG4	20000801	26	LUPPERT, PAUL	CAPT	20001001	31
JOHNSON, CLARENCE	BMCM	20000901	30	MACDONALD, MICHAEL	MK1	20000901	20
JOHNSON, MICHAEL	SK2	20000901	20	MAGILL, KEVIN	TCCS	20001001	21
JOHNSON, WALTER	CAPT	20000801	28	MAHONEY, JOHN	BMC	20000801	21
JONES, BENJAMIN JONES, ROGER	BOSN4	20000901 20001001	29 30	MAJOR, JOHNATHAN MALDONADO, VICTOR	AVTCS TC1	20001001 20000801	23 20
JORDAN, DEBORAH		20001001	20	MANDIN, CHRISTIAN	BM2	20000801	20
JUCKNIESS, CRAIG	CDR	20001001	20	MANROSS, BRUCE	ENG4	20001001	30
JUST, EDWARD	YN2	20000301	31	MARSHALL, CHARLES	ENG4	20000826	37
KACZOR, PAUL	MKCS	20000831	37	MARSHALL, LARRY	QMCM	20000901	30
KAHLER, JEFFREY	BMCM	20000901	27	MARSHALL, WAYNE	BMCS	20000801	21
KANIPES, RONALD	AMTCS	20000801	24	MARSTERS, DAVID	MKC	20000801	20
KAYSER, SCOTT	CAPT	20000901	26	MARTIN, GEORGE	LCDR	20000815	37
KAZEK, MONYEE	CDR	20000801	20	MARTIN, JON	LT	20000809	35
KEANE, KENNETH	CAPT	20000801	25 20	MARTIN, SEAN	GM2	20000710	13 20
KEETON, CHARLES KELLER, PATRICK	AVT1 AMT1	20000901 20000801	20	MARTINEZ, CHARLES MASON, ROGER	RDCM LCDR	20000901 20001001	20 26
KENDALL, BLAKE	TCCM	20000801	24	MATHEWS, TERRANCE	YN1	20001001	21
KEY, DAVID	BMCS	20000901	22	MATHIS, CHARLES	QM1	20000801	20
KING, DAVID	MKC	20000901	20	MAULDING, DENNIS	QM1	20000901	20
KING, EDWARD	BM1	20000901	20	MAWHINEY, STEVEN	BM2	20001001	20
KLARE, STEVEN	QMC	20001001	21	MCCARTHY, BRUCE	ETC	20000801	26
KNEE, RICHARD	CAPT	20001001	28	MCCLEAN, MATHIAS	RDC	20001001	20
KOCHAN, RONALD	CDR	20000901	21	MCCLOUGHAN, MICHAEL	CDR	20001001	20
KOPP, MARK	BMC	20000801	20	MCCRACKEN, DEANA	PERS4	20000915	26 39
KORKER, HENRY KRAUSS, KELLY	BM2 AVT1	20000901 20000901	20 20	MCCRACKEN, JOHN MCDEVITT, JAMES	LCDR AMT1	20000923 20001001	20
KRIM, MARK	MK1	20000901	20	MCEWEN, JAMES	CDR	20001001	20
KRUMEL, DENNIS	QM1	20000901	21	MCGILVREY, LINZE	YNC	20000801	22
KUCHIN, JOSEPH	CAPT	20000801	29	MCINTYRE, DAN	ENG4	20000924	39
KUTZ, DEAN	CAPT	20000801	34	MCKEE, MICHAEL	ET1	20001001	20
LAFEAN, ROBERT	LCDR	20000801	28	MCKINLAY, KENT	HS1	20000801	20
LALIBERTE, DAVID	TCCM	20001001	21	MCLAIN, KENNETH	BOSN2		24
LAMBERT, JAY	ELC4	20000901	26	MCMASTER, STEPHEN	TTCS	20001001	20
LAMSON, JAMES LANDVOGT, THOMAS	BMCS CAPT	20001001 20000801	22 31	MEEKS, LEVI MELICHER, BRIAN	BM3 YNC	20000710 20001001	06 22
LANGSTAFF, ERIC	ENG3	20000801	23	MERCURIO, RICHARD	TCCM	20001001	29
LANGTON, RICARDO	DC2	20001001	20	MERRITT, CHARLES	BMC	20000901	26
LANIGAN, JAMES	MKCM	20000901	32	MERSING, ALVIN	MKC	20001001	24
LAQUIAN, ALEJANDRO	BMCM	20000801	30	MEYERS, THOMAS	CAPT	20001001	28
LAQUIAN, ALEJANDRO	BMCM	20000904	30	MIKOSH, DAMON	QM1	20000801	20
LAVALLEE, SCOTT	ENG2	20000901	21	MILLER, CHARLES	CAPT	20000801	26
LAWSON, CHARLES LEBHERZ, JOSEPH	BOSN3	20001001	28	MILLER, JOHN MILLER, LINCOLN	CDR	20000723 20001001	32 20
LEGGE, ANDREW	MK1 MSTC	20000715 20000801	24 23	MILLER, LINCOLIN	AMT2 CAPT	20001001	20 27
LEHMAN, DAVID	YN1	20001001	20	MILLER, RANDALL	BM1	20000001	21
LENHARD, WALTER	ET1	20001001	20	MILLIGAN, MICHAEL	YNCS	20000801	26
LEWANDOWSKI, TANIA	LTJG	20000711	05	MITCHELL, RANDOLPH	BMC	20001001	24
LEWIS, EDWARD	TCCM	20000801	26	MOFFETT, MARK	FS1	20000810	14
LEWIS, GEORGE	AVT2	20000801	20	MONAHAN, DANIEL	DC1	20001001	20
LEWIS, RICHARD	BMC	20001001	20	MONAHAN, NANCY	MK1	20001001	20
LEWIS, THEODORE	BOSN4	20000801	26	MONTOYA, FREDDY	CAPT	20000901	27
LEWIS, TIMOTHY	AVT1	20000801	20	MOORE, DAVID	CAPT	20000901	27
LEYH, WILLIAM LICHTMAN, BARRY	ET1 F&S4	20000801 20001001	20 25	MOORE, DAVID MOORE, DENISE	TC1 YN1	20000801 20000901	23 21
LICHTMAN, GENELLE	YN1	20001001	25 21	MOORE, DENISE MOORE, JOSEPH	MKC	20000901	20
LIDBACK, JAMES	AVT1	2000001	15	MORANO, MICHAEL	AMT1	20000901	20
LITTLE, WALTER	BMC	20001001	27	MOUDY, JAMES	HSC	20000801	20
LLEWELLYN, WARWICK	MKC	20000811	42	MUNSON, CLYDE	BOSN4	20000901	30

Name	Rank	Date of Retirement	Years of Service	Name	Rank	Date of Retirement	Years of Service
MURDOCK, MARK	MKCS	20001001	20	REDDOCH, CAREY	DCC	20000801	20
MURPHY, BRIAN	ENG4	20000901	24	REDINGTON, EDMUND	TT2	20000914	33
MURPHY, KEVIN	PERS4	20000801	26	REDSHAW, MARC	BOSN3	20001001	21
MYERS, CHARLES	ETC	20001001	21	REED, ANTHONY	MK1	20000801	22
NAGY, JANIS NAPP, MICHAEL	LCDR AMT2	20000801 20000901	20 20	REESE, LEVI REEVES, DOUGLAS	EMC GMC	20000901 20000901	20 20
NEFF, DAVID	AMT1	20000901	20	REUSCH, RONALD	LT	20000901	20
NELSON, WILLIAM	AMT1	20001001	20	REYNOLDS, ROBERT	ENG2	20000912	21
NEMEC, FRANK	YN1	20000827	36	REYNOLDS, ROBERT	ENG2	20000816	21
NETTLETON, RONALD	ET1	20000801	20	RICHTER, FREDERICK	QM1	20001001	20
NIEGOWSKI, STEPHEN	FSCS	20000901	22	RIESBERG, RANDALL	TCCM	20001001	20
NIENSTADT, MARK	AMT1	20000801	22	RING, CRAIG	EMC	20000801	20
NOKE, PAUL	MK1 F&S3	20001001 20001001	20 30	RIOPELLE, DUANE	ENG3 GM1	20000801 20000801	23 21
NOLEN, BRUCE NORDAN, PAUL	GMC	20001001	21	ROBERTS, SHANE ROBINSON, DARRYL	FS2	20000801	20
NORTON, TIMOTHY	ETC	20000901	20	ROBINSON, DWAYNE	FS1	20000901	20
NORWOOD, PERCY	CAPT	20001001	29	ROBINSON, MICHAEL	HSC	20000901	25
OBERNESSER, JAMES	CDR	20000801	22	RODRIGUEZ, GENARO	EM1	20000901	20
ODELL, JAMES	MKC	20000801	20	RODRIGUEZ, JOSE	LT	20000901	21
OJEDA, DAVID	YNCM	20000901	30	ROGERS, WILLIAM	QM1	20000601	20
OLSEN, DOUGLAS	YNC	20001001	20	ROSA, FRANK	DC1	20000901	20
OPRANDY, WILLIAM ORMEROD, LARRY	MK1 AMT1	20000719 20000801	27 20	ROWE, MARK RUBERTAS, EDWARD	ETC BMC	20001001 20000801	21 25
ORRETT, ANDRES	EMCS	20000801	20	RUCH, KEITH	DCC	20000801	25 25
ORZECHOWSKI, DAVID	YN1	20001001	20	RUD, WAYNE	TCCM	20001001	30
OSTLER, JAMES	TT2	20000613	10	RUDDY, DAVID	MAT2	20000901	20
OTTERINO, RUSSELL	BMC	20000801	24	RUESCH, CRAIG	MKCM	20001001	30
OTTO, BRIAN	TCC	20001001	20	RUIZ, ROBERTO	MED2	20001001	23
OULTON, ROBERT	DC2	20001001	25	SANDVIG, KEVIN	F&S2	20000901	20
OVERTON, KEITH	DCC TT1	20001001	20 20	SARGENT, RHONDA	SK1 BMC	20001001 20000901	20 20
PACIFICO, DANIEL PACKWOOD, DAVID	AMT1	20000901 20000901	20	SASSO, MICHAEL SAUNDERS, DALE	BMC	20000901	23
PALMQUIST, MARK	CDR	20000801	20	SAVAGE, HAL	CDR	20000801	22
PARKER, BRADLEY	MKC	20000901	20	SCARR, GREGORY	HSC	20000801	23
PARKER, NATHAN	LT	20000801	23	SCHLEIS, RONALD	MKC	20001001	21
PARKER, PAUL	MKCS	20001001	26	SCHMIDT, SCOTT	AMTC	20000901	21
PARKS, JAMES	QMCM	20000901	30	SCHROEDER, STEPHEN	LT	20001001	17
PARRIS, VICTOR PAYNE, CAREY	SK1 ETCS	20000801 20000901	24 30	SCHUE, CHARLES SCHWALIE, JOHN	LCDR ENG3	20001001 20000901	26 23
PEAK, EDWARD	CAPT	20000901	28	SCOTT, DANIEL	LNGS	20000901	23 24
PEARSON, KENNETH	MK1	20000901	20	SCOTT, JONATHAN	BM1	20000801	21
PEDERSEN, WALTER	BOSN2	20000801	21	SCOTT, MELDREDTH	MED3	20000901	30
PELLOT, FRANK	HSC	20001001	21	SEEBERGER, DANIEL	TC1	20000901	20
PEREZ, MARK	ENG2	20000901	23	SELL, TIMOTHY	ENG4	20000801	21
PERRIN, KENNETH	CAPT	20000801	27	SEWELL, WAYNE	LT ENC4	20000901 20001001	24
PERUSSE, WILLIAM PETERSON, BENJAMIN	AMT1 CAPT	20000801 20000801	20 31	SHARPE, MAURICE SHAW, JEFFREY	ENG4 PERS3	20001001	29 26
PEYTON, RALEIGH	TTC	20001001	20	SHELTON, GREGORY	CDR	20000801	20
PIERCE, KENT	AMT1	20000801	20	SHERRER, ALEXANDER	MAT4	20000801	27
PILE, FRANK	LCDR	20000801	20	SHIRD, STEVEN	DC1	20000801	20
POPE, BART	BM1	20000801	20	SIEGEL, DANIEL	ETC	20000901	20
POPKO, PETER	CAPT	20000801	27	SIKORSKI, MARK	CDR	20001001	22
POTEAT, JOE POTTER, ALLEN	CDR AVTC	20000901 20000801	42 20	SIMONCINI, RICHARD SIMPSON, BRETT	YNC AVT1	20000812 20001001	41 20
POWITZKY, DAVID	BM1	20000705	37	SIMPSON, JOHN	CAPT	20001001	25
POYTHRESS, JULIAN	EMC	20000700	41	SIXON, ABELARDO	MKC	20000901	20
PRACEJUS, WALTER	CDR	20000722	37	SMITH, ANTHONY	ET1	20001001	20
PRATT, MICHAEL	DCCS	20000801	24	SMITH, BRIAN	AMT1	20001001	20
PRIME, KENNETH	CDR	20000801	23	SMITH, CHARLES	BM1	20000801	20
PRIMM, ALAN	ELC4	20000801	24	SMITH, FRANK	SK1	20000801	24
PRIVETTE, PAMELA	YNC MKCS	20000901	20 20	SMITH, HERBERT SMITH, LARRY	YN1 CDR	20000801	20 30
PRZYOJSKI, EDWARD PULLIAM, WILLIAM	AMTC	20000801 20000801	20 20	SMITH, LARRY SMITH, SHERMAN	MK1	20000901 20000905	30 12
PUSEY, DAVID	ETCS	20000801	20	SMITH, TIMOTHY	AMTC	20000903	22
QUESINBERRY, GARY	AMT1	20001001	22	SNYDER, JEROME	INF4	20001001	23
RAINES, RODNEY	CDR	20000801	21	SNYDER, MATTHEW	ENG2	20000901	20
RAMIREZ, BERNARD	ENG4	20000801	27	SPARACINO, RICHARD	LCDR	20001001	28
RAMIREZ, EUSTACIO	MKCM	20000801	24	SPURR, RICHARD	PSS4	20000716	33
RANDALL, TONYA	SK3	20000928	04	STANSBERRY, PATRICK	QMCM	20000908	19

Name	Rank	Date of Retirement	Years of Service
07484 455884	000		
STARK, JEFFREY STEWART, WILLIAM	CDR MUC	20000801 20000901	22 21
STOCK, CURTIS	CDR	20000901	20
STODDARD, JEFFREY	TC1	20000901	20
STORY, ROBERT	AMTC	20000801	21
STROTHER, DONALD	CDR	20001001	26
SUCHY, ALBERT	CAPT	20000801	26
SUNDE, KENNETH SWANIGAN, ADRIAN	BMC YN1	20000801 20000901	24 20
SZUMINSKI, JEROME	PSS2	20000901	32
TAGUCHI, WARREN	CAPT	19990801	30
TALBERT, KENNETH	YN1	20000801	22
TANNER, DAVID	ELC4	20000801	27
TAYLOR, CODY	TT3	20000914	03
TAYLOR, STEVEN TEMME, MARK	ELC4 MKC	20000801 20000801	24 23
THIEL, MICHAEL	AMT1	20000801	20
THOMAS, ARTHUR	LCDR	20000801	24
THOMAS, CARL	YN1	20000706	32
THOMAS, EARLE	CDR	20001001	22
THOMAS, JERRY	AMT1	20000901	20
THOMAS, RICHARD THOMPSON, JEFFERY	MSTC SKC	20000901 20001001	24 20
THOMPSON, JOEL	TT3	20000613	03
THOMPSON, MARK	FS1	20001001	20
THORN, WALTER	AMTC	20000901	23
TIDWELL, RICHARD	BM1	20000801	20
TIERNEY, MARK	SK1 TT1	20000901	20 20
TINDELL, JAMES TOLAND, LINDY	COMM4	20000801 20000801	31
TOLEDO, EDDIE	MKC	20000801	20
TOLLE, CURTIS	MKCS	20001001	23
TOON, WILLIAM	SKCS	20001001	20
TORRES, JESUS	BM1	20001001	20
TOWNSEL, WALTER TUELL, GRADY	TC1 CDR	20000901 20000801	20 20
TURNER, JODY	CDR	20001001	20
TURNER, LISA	SK1	20000908	18
TYNES, KERRY	FSC	20001001	20
UHRIG, ELIZABETH	LCDR	20001001	20
UNGEFUG, JOHN UPDEGRAFF, DONALD	AST1 CDR	20001001 20001001	23 38
UPSON, GERALD	IVC	2000726	28
URQUHART, FREDERIC	BM1	20000720	23
VANPELT, DEBRA	YNCS	20000901	21
VAUGHAN, EDWIN	MST1	20000712	27
VAZQUEZ, RAMON VERGARA, ERNEST	FS1 HSC	20000901 20000801	20 24
VILLARREAL, JOSE	EMC	20001001	20
VINCENT, KATHLEEN	YNC	20001001	20
VRABIC, STEPHEN	AMT1	20001001	24
WACHTEL, SHAWN	HSC	20000801	20
WALDRON, BRADLEY	ELC4	20000801	27
WALKER, NATHAN WALLER, SHAWN	AMT1 MKC	20000801 20000801	22 20
WALTERS, JOSEPH	BOSN3	20000901	21
WANEX, PAUL	DCCM	20001001	24
WARD, RICHARD	MKC	20000801	20
WARGO, FRANCIS	TC1	20001001	20
WARNER, ROBERT WATSON, GERALD	AMT1 AMT1	20000801 20000801	20 20
WATSON, GERALD WATSON, RODNEY	SK1	20000801	21
WEBB, ALBERT	MK1	20000801	21
WEBB, ALISON	TC1	20000901	21
WEBB, STEVEN	TC1	20000801	20
WEEKLEY, TIMOTHY WEISMANN, CHRIS	TT1 AMTCS	20001001 20001001	20 26
WELLINGTON, KURT	CDR	20001001	22
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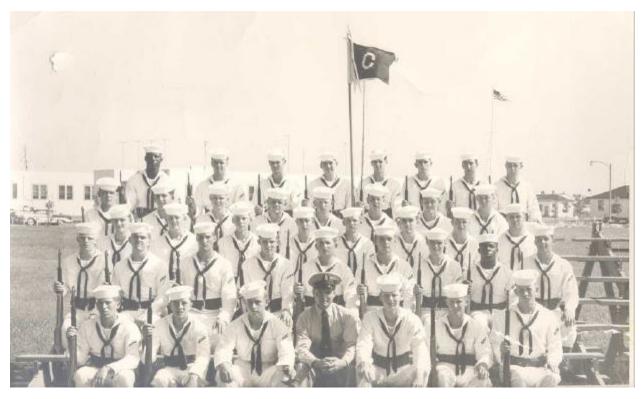


Congratulations to our new Retirees!

Timing has an awful lot to do with the outcome of a rain dance...



This photo was taken around 1955 of the Coast Guard Receiving Center in Cape May, New Jersey. Some of the cutters in the picture are the Gentain (180 ft bouy tender), Aggasse (125 ft, used primarily for SAR patrol), and the sailing vessel Curlew. In 1956 all recruits had to have at least one trip offshore on the Curlew.



"Charlie" Company formed in 1956. Company Commander was BMC Day. Seated on the front row, far left is Darwin L. Rennewanz, BMC (USCG Retired). Thanks to BMC Rennewanz for sharing these photos with us!







		<u> </u>			
LAST NAME	FIRST NAME	RANK	DATE OF DEATH	CITY	STATE
ABBOTT	DAVID	LCDR	20000928	HEREFORD	AZ
ALEXANDER	WALLACE	BMC	20000923	PAST CHRISTIA	MS
ALEXANDER	HENRY	HS1	20000913	DETROIT	MI
ALLEN	RICHARD	ENC	20000828	FOUR LAKES	WA
ANKRUM	HAROLD	CWO2	20000824	METAIRIE	LA
ARENDALE	OTTIS	AD1	20000709	SEMMES	AL
ARNETT	JOHN	BMC	20000826	PASADENA	TX
BAILEY	LAURIE	BMCS	20000822	PINELLAS PARK	FL
BALLEW	WILLIAM	BM1	20000918	WINNEMUCCA	NV
BALLY	FRED	MKCS	20000917	FAYETTEVILLE	NC
BARBERA	ANDREW	PSC	20000629	RIDGEWOOD	NY
BARR	THOMAS	LTJG	20000831	NEW ORLEANS	LA
BEACH	AUSTIN	CWO4	20000823	GULF PORT	MS
BEAUCAGE	GEORGE	YNCS	20000917	HUNTINGTON BCH	CA
BENSON	GEHARD	EMCS	20000630	ANCHORAGE	AK
BIGNAULT	HENRI	CAPT	20000820	SAVANNAH	GA
BOBER	FRANK	BMC	20000912	MONROEVILLE	PA
BOHANNON	THOMAS	EN2	20000918	ST CLOUD	FL
BORONOWSKI	JOHN	SKC	20000713	PINELLAS PARK	FL
BOTELLO	PATRICIO	YNC	20000907	CORPUS CHRISTI	TX
BOYKIN	WILLIAM	RM1	20000804	OCALA	FL
BRANDT	THOMAS	ETCS	20000916	STURGEON BAY	WI
BROOKS	NORMAN	FSCS	20000922	WORCESTER	MA
BROOKS	ROBERT	FN	20000731	CONGERS	NY
BROWN	BOYCE	CSC	20000930	HUNTERSVILLE	NC
BROWN	GERALD	BUC	20000828	GRANTS PASS	OR
BROWN	RODERICK	SKC	20000903	BIRMINGHAM	AL
BUCHANAN	DENNIS	QMCS	20000720	S PORTLAND	ME
BURGESS	STARR	CWO4	20000918	TEXAS CITY	TX
BURKE	JOAN	YNCS	20000925	CLIFTON PARK	NY
BURMEISTER	GORDON	YNCS	20000811	NEW ORLEANS	LA
BURR	RAYMOND	GM1	20000813	NEWPORT NEWS	VA
BURR	ROBERT	DCC	20001007	KINGMAN	AZ
CARR	MICHAEL	CWO4	20000826	MILWAUKEE	WI
COOPER	HUDSON	LT	20000907	SEATTLE	WA
COOPER	WILLIAM	DCC	20000910	NEW ALBANY	IN
COTE	SHARON	YN1	20000929	JUNEAU	AK
CUCCURULLO	NELSON	ENC	20000927	DAYTON	ОН
DAVID	KENNETH	CDR	20000721	FORT LAUDERDALE	FL
DAVIS	LARRY	CAPT	20001007	SARASOTA	FL
DELANEY	JOHN	CDR	20000731	SOUTHOLD	NY
DERENTHAL	JOHN	LCDR	20001011	CANAL WINCHES	ОН
DUEHRING	EDWARD	BM2	20000416	VICTORVILLE	CA
DUPEIRE	DAVID	AE3	20000918	ROME	GA
EARLY	DELMONT	YN1	20000904	SW ATLANTA	GA
ELLWEIN	LEE	CDR	20000721	RAPID CITY	SD
FALGOUT	LEO	DCC	20000902	JEFFERSON	LA
FARNSWORTH	DANIEL	BMC	20000911	AUBURN	ME
FAULSTICH	JAN	AM3	20000831	NAPERVILLE	IL

PAGE 21		KETIKEE NEV	VSLETTER		JANUART 2001
LAST NAME	FIRST NAME	RANK	DATE OF DEATH	CITY	STATE
FECTEAU	STEPHEN	SS3	20000617	NEW BRITAIN	СТ
FEIRST	LEO	LT	2000077	HOUSTON	TX
FINGER	RICHARD	YNCM	20000727	NEW ALBANY	IN
FOWLER	CHARLES	CWO4	20000909	EL PASO	TX
FRITTS	ROBERT	SA	20000924	TOLEDO	OH
FULLER	ROBERT	SNET	20000908	ST GEORGE	UT
GAETH	RICHARD	YN1	20000819	CARSON	WA
GARD	HARRY	CAPT	20001707	EDENTON	NC
GARDNER	HARRY	CAPT	20001003	LONG BEACH	CA
GIBBS	JENNESS	TTC	20001001	VIRGINIA BEACH	VA
GILBERT	THEODORE	YNC	20000922	SEYMOUR	IN
HAGGETT	WILLIAM	CWO2	20000912	HERNANDO	FL
HAIGHT	JAMES	PSCS	20000811	MILWAUKEE	WI
HALL	LINDEL	CWO3	20000907	CLEARWATER	FL
HANNA	GREGORY	SS1	20000723	FT MYERS	FL
HARRIS		BMC		SOUTHPORT	NC
_	HOWARD		20001001		
HEINZ	JERALD RONALD	CAPT	20001002	ST PETERSBURG	FL
HERTZ	_	AE1	20000814	METAIRIE	LA
HINNANT	CARLOS	BMCS	20000727	PIKEVILLE	NC
HOGAN	WILBUR	CAPT	20000724	MADISON	CT
HOLCOMB	WILLIAM	CDR	20000711	HOLCOMB	MS
HORNER	ELMER	ADC	20000721	ELIZABETH CITY	NC
HOUDE	ARMAND	BMCS	20000809	POMPANO BEACH	FL
HUTTING	JAMES	ENCM	20000812	WALNUT CREEK	CA
HUTTO	MORGAN	LCDR	20000725	MADISON	FL
JEWETT	MAURICE	RMCM	20000730	SEATTLE	WA
JOHNSON	FLOY	AO2	20001001	BAINBRIDGE	GA
JOHNSON	WILLIAM	BMC	20000814	HORTENSE	GA
JONES	DENBY	ATC	20000828	SAN DIEGO	CA
JONES	DON	RADM	20000806	SHORELINE	WA
KEPHART	JOSEPH	BMC	20000904	FPO	AP
KIEFFER	JAMES	LTJG	20000819	FT LAUDERDALE	FL
KITTS	CLIFFORD	QMCS	20000801	NORFOLK	VA
KRIEG	PATRICK	EM3	20000805	OAKLAND	CA
KULIBERT	DUAINE	BM1	20000722	ST CLOUD	FL
LATRONICO	ROBERT	TCCM	20000827	GADSDEN	AL
LEWIS	LENTON	BMC	20001008	BEAUFORT	NC
LINCOLN	EDWARD	RMCS	20000811	JACKSONVILLE	FL
MARTIN	SAMUEL	MKC	20000917	POWELL	TN
MATHEWS	WILLIAM	BMC	20000721	PETALUMA	CA
MATTHEWS	LACHLAN	ENC	20000912	PORT RICHEY	FL
MCCURDY	JOHN	CDR	20000812	LAKE OSWEGO	OR
MCLAUGHLIN	ARCHIE	BMC	20000904	BRISTOL	PA
MIDGETTE	ARTHUR	CWO2	20000829	MANTEO	NC
MIDGETTE	HARRY	LCDR	20000905	VIRGINIA BEACH	VA
MILLER	JOHN	CDR	20000919	PARADISE	CA
MITCHELL	DONALD	EN1	20000927	GEORGETOWN	DE
MONGER	WILLIAM	CDR	20000624	ELKTON CARDEN CROVE	VA
MONSON	EDWARD	CWO4	20000930	GARDEN GROVE	CA
MORSE	GENE	CWO2	20000726	KETCHIKAN	AK
OLANDER	JOHN	RMC	20000903	RACINE	WI
PALFREY	KENNARD	CAPT	20000909	SEAL ROCK	OR
PAQUETTE	NORMAN	CSCS	20000730	ROCKPORT	MA
PARRISH	REUBEN	EMC	20000714	GALVESTON	TX
PERRY	JOSEPH	EMC	20000727	WILDWOOD	NJ
PETERSON	ROBERT	LCDR	20000810	MANISTEE	MI

LAST NAME	FIRST NAME	RANK	DATE OF DEATH	CITY	STATE
PICARD	JOHN	BMC	20000727	WAUPACA	WI
PIERCE	EDWIN	MK3	20000622	JACKSONVILLE	FL
PINKSTON	WILLIAM	LT	20000725	MUENSTER	TX
PIOTROWSKI	GEORGE	BMLC	20000710	SANTA MARIE	CA
PUTZKE	STANLEY	CAPT	20000829	HAYWARD	CA
REDD	ROBERT	RMC	20001016	WARRENVILLE	SC
SANDERS	ROBERT	BTC	20000813	LEWISTON	ME
SANDS	BOBBY	MKCS	20000912	AMORITA	OK
SCHILLER	KEVIN	YNCM	20000929	SALISBURY	MD
SEARLS	JOSEPH	PSC	20000525	GLOUCESTER PT	VA
SIMON	ANTONIE	LCDR	20000903	JACKSONVILLE	FL
SMITH	CLIFFORD	MKCM	20001004	VANCOUVER	WA
SMITH	RICHARD	CAPT	20000912	LAKE WORTH	FL
SOHM	GEORGE	LCDR	20000629	ANGWIN	CA
SPENCER	DORIS	CS1	20000831	NEW ORLEANS	LA
SPLAIN	JOHN	ENC	20000919	TUNNELTON	WV
STADNICKI	FRANCIS	LT	20000917	WALDORF	MD
SULLIVAN	FRANK	CWO3	20000815	EASTPORT	ME
TAKACS	ALEXANDER	ADC	20000807	SHORELINE	WA
TELESCO	MIKE	CSC	20000705	FRESNO	CA
TIERNEY	RAYMOND	ETCS	20000923	ALPHARETTA	GA
TIPTON	JOHN	YN1	20000829	LUDINGTON	MI
TUDOR	WILLIAM	SKCM	20000805	VIRGINIA BCH	VA
VENN	VIRGINIA	LCDR	20001004	SAN CARLOS	CA
WALKER	WILLIAM	PSC	20001008	PUYALLUP	WA
WALLER	WILLIAM	LT	20000812	SOMERSET	CA
WEAR	LORENZO	WO1	20000831	FT MYERS	FL
WEBSTER	DEAN	CAPT	20000730	ROSBURG	WA
WILLIAMS	JERRY	CSCP	20000911	SEATTLE	WA
WILLIAMS	JOHN	MKC	20001016	GRAYSON	LA
WOODCOCK	JOHN	CDR	20000813	ENCINO	CA
WOODEN	LEE	CWO3	20000902	BELLEVILLE	IL
WOOLEY	FREDERICK	CAPT	20000814	GREENCASTLE	PA
YAPO	LEONCIO	SD1	20000802	NORFOLK	VA
YELTON	EUGENE	YNC	20000909	MURRAY	UT
YUHASE	DAVID	BMC	20000717	LAS VEGAS	NV
ZUBOWICZ	RAYMOND	PSC	20000923	MIMS	FL

Dependent TAPS

Laura E. Gray, wife of RMC Arthur Gray	26 August 00	Barboursville, WV
Dorothy P. Halsey, wife of ADCS Jack Halsey	5 October 00	Sequium, WA
Donald C. Houvener, son of CAPT Robert Houvener	17 July 00	
Betty L. Nipp, wife of CAPT John H. Nipp	16 June 00	Mahtomedi, MN
Hazel R. Richard, wife of LCDR Robert V. Richard	18 September 00	Evans, GA
Eleanor Rohr, wife of CWO4 Harold H. Rohr	30September 99	East Lansing, MI
Beverly E. Rushing, wife of HMC Ernest F. Rushing	14 September 00	Deltona, FL
Phillis M. Sumrell, wife of MKCS Mahlon L. Sumrell	5 September 00	Mt. Lookout, WV
Shirley Young, wife of CWO4 Louie Young	1 June 00	St. Louis, MO

If you have lost a loved one and would like their name printed in Dependent TAPs, please contact the Editor with their name, date of death, your name and retired rank, and city/state of residence. You can write the Editor at USCG Retiree Newsletter, HRSIC (RAS), 444 SE Quincy Street, Topeka, KS 66683; or e-mail the Editor at: "HRSIC-rasnewsletter@hrsic.uscg.mil". You may also fax your request to (785)295-2639/2640.

Certificate of Military Service

Former service personnel of all branches or their families who would like to obtain Honorable Discharge, Honorable Service or Military Service certificates for mantle or shelf display can do so through the American War Library. There are two display types available:

- Heavy Bond Enclosure in regal, black or navy trimmed in appearance gold ready for mantle or shelf display
- EnDurable Acrylux Frame in chocolate brown or black trimmed in appearance gold ready for wall or cabinet display.

To obtain you must submit either a notarized photocopy of your DD-214 (post WW2), a notarized photocopy of WD APO 53-55 (WW2), a notarized photocopy of damaged Discharge Certificate, or other military issued document clearly displaying discharge status. If you have none of these contact the American War Library Personnel Branch at (310) 532-0634 or Certificate Inquiry amerwar@ni.net for further guidance. Charges are \$24 each inclusive of shipping in CONUS. For international shipping charges contact the War Library. Web site http://member.aol.com/dischargecert/index.htm#add provides the application form which can be submitted online to expedite delivery or mail to Confirmation Director, The American War Library, 16907 Brighton Avenue, Gardena, CA 90247-5420. This web site also provides illustrations of what the documents look like. Delivery will not be made until the War Library has received your notarized document. Payment by personal check, credit card, or mondy order is acceptable. Notarized documents and payment should be mailed to Records Chief (REC-AMW), The American War Library, 16907 Brighton Avenue, Gardena, CA 90247-5420. Faxed or digitized email notarized documents will not be accepted.

Source: http://member.aol.com/dischargecert/index#add



You can write the Newsletter
Editor at:
USCG Retiree Newsletter
Attn: Editor
USCG HRSIC (RAS)
444 SE QUINCY STREET
TOPEKA KS 66683-3591
or via email at:
rasnewsletter@hrsic.uscg.mil

COMBAT ACTION RIBBON

Submitted by CDR James Eder, USCG, RET

A new law makes eligibility for the Combat Action Ribbon retroactive to World War II and Korea. A definition of what "combat action" includes was not provided. However, if you feel you may be eligible for this award for service in World War II or Korea, write to:

> Chief of Naval Operations (N09B33) 2000 Navy Pentagon Washington, DC 20350-2000

Send a copy of you separation papers plus any substantiating documentation such as copies of combat awards. Send a cover letter including your full name, social security number, service number, the time period for which you feel you are eligible, the ship or unit you were assigned, and your current address. Because this is an individual award and not a unit or ship award, the board will review each person's eligibility.

Source: The Tin Can Soldier, April, May, June 2000.

USCG RETIREE AND ANNUITANT STATEMENT OF MONTHLY INCOME (RASOMI)

The Retiree and Annuitant Services' Leave and Earnings Statement (LES) is the RASOMI. Unlike active duty which receives an LES each month, when retired you only receive an LES (RASOMI) when there is a change to retired pay or whenever we need to notify you of legislative changes. If the retiree makes no changes to their pay during the course of the year then they will not receive an RASOMI. However; if the retiree changes their taxes, allotments or anything else that will cause a change in their net pay, an RASOMI will be sent out. The same holds true for survivor annuitants.

FY2001 COST-OF-LIVING ADJUSTMENT (COLA) AND OTHER LEGISLATIVE CHANGES THAT AFFECT RETIRED PAY

- * 3.5% COLA for retirees if effective date of retirement was prior to 1 January 2000. For annuitants if sponsor's effective date of retirement was prior to 1 January 2000 and spouse was deceased prior to 1 December 2000.
- * 2.8% COLA for retirees if effective date of retirement was during 2000, retired pay was computed on the 1 January 2000 payscale, and member entered the service prior to 8 September 1980. For annuitants if sponsor's effective date of retirement was after 1 January 2000, retired pay was calculated using the 1 January 2000 pay scale, and sponsor's date of death was prior to 1 December 2000.
- * 0.7% COLA applied to retired account if effective date of retirement was during 2000, retired pay was computed from the 1 July 2000 payscale which reflected an increased rate from the 1 January 2000 payscale, and member entered the service prior to 8 September 1980.
- * Members whose effective date of retirement was in 2000, and who entered the service on or after 8 September 1980 received a pro-rated COLA as follows:

2.8% - 1 Jan - 31 Mar 2000 1.8% - 1 Apr - 30 Jun 2000 0.7% - 1 Jul - 30 Sep 2000 0.0% - 1 Oct - 31 Dec 2000

- * Dual Compensation for retirees employed as federal judges is eliminated retroactive to 1 October 1999.
- * Reservists completing 20 years satisfactory service automatically covered under full Reserve Component SBP (RCSBP) unless the reservist declines coverage within 90 days of the 20-year notification, and the spouse concurs with the reservist's election. Effective date 1 January 2001.
- * Special compensation to disabled retirees (\$100 to \$300 per month) becomes payable to members retired with a Coast Guard disability under Chapter 61 of Title 10, U.S. Code, if the retiree also has a VA rated disability of 70% or higher. Effective date 1 October 2001.
- * Members who retired after 1 April 2000 who had been a participant in the Veteran's Educational Assistance Program (VEAP) will be offered an opportunity to enroll in the more generous Montgomery GI Bill (MGIB) program. Enrollment cost will be \$2,700. Members will have until 29 October 2001 to enroll.

More details will be published in a future Retiree Newsletter.

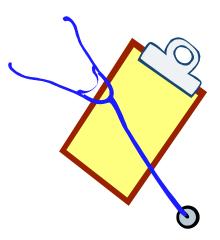
VA Claims Assistance

Statement of President Clinton: "Today I am pleased to sign into law H.R. 4864, the "Veterans Claims Assistance Act of 2000." The Act reaffirms and clarifies the duty of the Secretary of Veterans Affairs to assist claimants in developing evidence pertinent to their claims for VA benefits. It eliminates the previous requirement that a claim be wellgrounded before VA's duty to assist arises. The Act requires the Secretary to make reasonable efforts to assist a claimant in obtaining evidence to substantiate his or her claim unless it is clear that no reasonable possibility exists that the Secretary must consider the entire record of evidence, and when there is an approximate balance of positive and negative evidence regarding an issue material to the determination of a matter, the Secretary must give the benefit of the doubt to the claimant.

Veterans seeking benefits from this Government are deserving of all reasonable assistance that VA has to offer. The benefits administered by the Secretary are a means by which the Nation expresses its profound gratitude for the many sacrifices our veterans have made to protect and defend our freedom. Veterans Day, a day set aside to honor all veterans, is an especially appropriate time for us to ensure that we will continue to pay our debts to these men and women. This Act demonstrates to veterans and to all those currently serving in our military and to those who may serve in the future, that America honors its commitments to those who have served. I am very pleased to approve this new law." [Source: The White House Office of the Press Secretary 9 NOV 00]

The Act plus VA Directive 2000-29 (i.e. directs VHA health care providers, when requested, and under certain limited circumstances, to provide descriptive statements and opinions for VA patients with respect to patient's medical condition, employability, and degree of disability) makes it more difficult for veteran's claims to be denied provided there are some grounds for the application. If you submitted a claim in the past, for which you feel you should have received a disability rating and were not, you might want to consider resubmitting your claim under the current rules. military service widows whose husband's died of a diabetic related condition should consider resubmitting their request for DIC since it has now been shown that there is a relationship between Agent Orange exposure and Diabetes.

Source: RAO Bulletin Update 14 NOV 00



Be sure to check out the Veterans Affairs website!

http://www.va.gov

VA – How to file a claim

If you believe that you have been harmed in anyway through your military experience, you have the right to file a claim for treatment and compensation with the Department of Veterans Affairs (VA). A claim can be filed at any time and there is never a charge to file a claim. You can submit your claim to any VA office or medical center on VA Form 21-256. It can also be done by mail, after requesting the appropriate forms from the VA or the Retiree Activities Office (RAO). Most telephone directories will list the nearest VA facilities under "US Government." Or, you can get most information online at http://www.va.gov/. Assistance of a Veterans Service Officer (VSO) may also be sought. In fact, it is encouraged. All major veterans' organizations (American Legion, VFW, AMVETS, etc.) have service officer authorized by the VA to act in behalf of the veteran. in addition, many state and county government agencies have VSO's. Once again, there is never a charge for the assistance of the VSO. If you feel that your claim is not being handled properly, you should not hesitate to find a different VSO to assist. In some cases individuals other than veterans can use VA services.

Veterans who live in foreign countries other than the Philippines file their claims with the Washington Regional Office (WRO) at 1120 Vermont Avenue NW, Washington, DC 20421. If the WRO feels your claim is valid they will order an exam. it is the responsibility of claimants residing overseas to meet the exam date and travel to the location designated at their own expense. The Philippines is the only VA Regional Office overseas and handles disability claims for veterans residing in the Philippines only.

Retirees are encouraged to establish their eligibility by enrolling with the VA.

Source: Soldiers For the Truth Newsletter, June 00 & VARO Manila

TRICARE-For-Life **Beneficiaries**

The Fleet Reserve Association (FRA) cautions military retirees to not disenroll from any supplemental insurance plans until implementation plans are finalized by the Department of Defense (DOD) with regard to the recently enacted "Tricare-For-Life" enhancements.

The FY 2001 National Defense Authorization Act entitles Medicare eligible uniformed services beneficiaries enrolled in Medicare Part B to military health care coverage, either as a primary provider or as a second payer to Medicare.

DOD has until 1 October 2001 to set up the new program, which will be funded through a new retiree health care trust fund.

"Tricare-for-Life and expanded pharmacy benefits are great legislative victories for the retired military community and the Fleet Reserve Association," explained Chuck Calkins, FRA National Executive Secretary. "However, they will not be implemented immediately."

The Tricare-for-life measure will give Medicare eligible retirees the option to participate in Tricare Prime, or use Tricare Standard (formerly CHAMPUS) as second payer to Medicare. This initiative means significant savings for Medicare eligibles by eliminating the need for Medicare supplemental policies. However, beneficiaries must be enrolled in Medicare Part B to participate in the program, and they must be registered in DEERS the Defense Eligibility and Enrollment System.

Beginning on 1 April, 2001, Medicare eligibles are authorized to use military pharmacies, and participate in the DOD retail and mail order pharmacy programs. The retail plan has a 20 percent co-payment, and the mail order program requires only eight

dollars for up to a 90-day supply.

"FRA thanks all the members who generated thousands of letters, e-mails, phone calls, visits and other contacts with legislators in support of health care equity over the years, and especially this year. The real credit is quickly if the beneficiary notices the yours," explained Robert Washington, Sr., FRA Director of Member Services. "These provisions will not go into effect overnight, and there may be some implementation challenges in the future, but FRA will be there every step of the way."

oldest and largest military association has not yet gone to a collection representing the concerns of enlisted agency but it will if not paid within 30 Sea Service personnel. FRA works to days, the coordinators will take that safeguard military pay and benefits by on and work with the claims representing the concerns of its processor to get it paid," Bonifas 150,000 members before Congress and appropriate federal agencies. For This advice also applies to any bill more information on FRA and health beneficiaries don't understand. "If care benefits, visit the Association's Web site at www.fra.org.

Source: Fleet Reserve Association

Beneficiaries Can Help Avoid Medical **Bill Problems**



By Staff Sgt. Kathleen T. Rhem, USA American Forces Press Service

WASHINGTON, Nov. 8, 2000 --There are several steps TRICARE beneficiaries can take to avoid getting in hot water over unpaid medical bills, military health care officials said.

TRICARE officials have learned several lessons since implementing the Debt Collection Assistance Officer program, July 26. The program is designed to help beneficiaries deal with unpaid medical bills that have been sent to a collection agent or a credit bureau.

The beneficiary should first make sure information on the TRICARE explanation of benefits notification is correct. "It's easy for mistakes to occur when people are coding in numbers and letters," said Marcia Bonifas, TRICARE Management Activity's director of customer service and beneficiary education. "If a social security number or procedure code is one number off, it can result in a claim denial."

"This can be resolved much more problem and immediately calls the claims processor," she said.

Beneficiaries should also make better use of beneficiary counseling and assistance coordinators at each military medical treatment facility. "When beneficiaries receive a The federally chartered FRA is the dunning notice, a notice that the bill said.

> you get a bill and you're not sure what it is, get it in to your TRICARE Service Center and get them engaged early," Air Force Col. Frank Cumberland, the agency's director of communications, said. "Individuals should identify problems as early as they sense them. We want to solve problems as early in the process as possible."

> Since the program began, Bonifas noted, beneficiaries have made good use of the Internet to get correct information about the debt collection program. "They see it on the front page [of the TRICARE home page] and know exactly where they need to go if they get some sort of notification or have a question," she said.

> About 300 claims have been brought to the debt collection assistance officers, and officials say half of them have been resolved already. "Our goal is to get each claim settled within 30 days of our finding out about it," Bonifas said.

> For more information, visit the TRICARE Management Activity Debt Collection Assistance web page at http://www.tricare.osd.mil/dcao/

Source: Health.mil

Stocking that medicine cabinet is not a pain

Every home and barracks room should have an a d e q u a t e l y s t o c k e d medicine cabinet to treat minor illnesses and injuries.



Buying the least expensive and most frequently needed medications is recommended. because medicines become less effective over time. Medications should be replaced every three years or as soon as they expire. Always read the label before taking any medication. Because a medicine does not require a prescription. never assume it is safe. Remember to keep all medications out of the reach of children.

Below is a list of medications recommended for your medicine cabinet:

Bandages and adhesive tape. To cover and protect minor wounds. Use bandages to keep dirt out of wounds, protect blisters, and keep the edges of cuts together. Keep the bandage clean and dry.

Antiseptic cleansers. To clean minor wounds. Pour hydrogen peroxide onto the wound and clean with a cloth. Repeat until no dirt remains under the skin. Paint iodine onto the wound and surrounding area, leave on for a few minutes, then rinse off.

<u>Thermometer</u>. To measure the body's temperature. Fever is used to help diagnose illness. The best places to measure the body's temperature are in the mouth and rectum. Oral thermometers should be placed under the tongue with mouth closed for two to three minutes. The mercury in thermometers is poisonous. Small children should not use them if it is possible they may bite down on the thermometer and break it. Rectal thermometers should be used with a lubricant and inserted about one inch into the rectum for about two minutes.

<u>Pain and fever medications</u>. To relieve pain and reduce fever. Acetaminophen in the proper dosage is often very safe for people of all ages. Aspirin is used for

pain relief. Aspirin can cause Reye's Syndrome in children and shouldn't be used without a physician's approval. Ibuprofen and naproxen are effective relieving pain and reducing fever/inflammation, but can cause upset stomach.

Antacids. To relieve upset stomach by neutralizing stomach acid. Antacids help decrease heartburn, ulcer and gas pains, and stomach upset.

<u>Baking Soda</u>. A weak solution can soothe skin and relieve itching. A strong solution it can draw fluid and swelling out of a wound while cleansing it.

<u>Syrup of Ipecac</u>. To induce vomiting if poisoning occurs by eating a plant or drug. Call the Poison Control Center immediately.

<u>Antihistamines and decongestants</u>. These are used to treat allergy symptoms.

<u>Cold tablets</u>. To help relieve some of the symptoms of colds and flu.

<u>Cough syrups</u>. Expectorants are used to liquefy secretions, making it easier to expel mucus.

<u>Diarrhea remedies</u>. For persistent diarrhea, use a product with kaolin, pectin, or bismuth.

<u>Hydrocortisone cream</u>. Applied to the skin to help relieve itching and rashes. Prolonged use (greater than two weeks) can cause thinning of the skin (atrophy).

<u>Sunscreen agents</u>. To prevent sunburn. It allows the wearer to be outdoors for greater periods of time.

<u>Elastic bandages</u>. To treat sprains. They provide gentle support and help reduce swelling. Wrap the bandage toward the trunk of the body allowing room for movement.

For more information please consult the Healthwise Handbook, available through your TRICARE Service Center, or contact the Health Care Information Line (HCIL) at 1-800-917-4372 in the United States. Additional information can be obtained at www.navymedicine.med.navy.mil/.

Source: Captain's Call Kit

(http://www.mediacen.navy.mil/pubs/cck/index.htm)

DIRECTORY ASSISTANCE

Coast Guard/NOAA Retired Pay & Annuities





For information on:

- CHANGE OF ADDRESS FOR RASOMI
- CHANGE OF ADDRESS FOR NEWSLETTER

Write or Call us at:

Commanding Officer (RAS)
Coast Guard Human Resources
Service & Information Center
444 SE Quincy Street
Topeka, KS 66683-3591



Toll Free 1-800-772-8724 Commercial (785)357-3415



FAX (785)295-2639



You must write or FAX us for requests to:

- Change allotments
- Start allotments
- Stop allotments
- Change SITW
- Change FITW



To make these changes we must have a written

request!

Write to:

Commanding Officer (RAS)
Coast Guard Human Resources
Service & Information Center
444 SE Quincy Street
Topeka, KS 66683-3591



Or FAX to: (785)295-2639



Report of Death



To report the death of a Coast Guard, NOAA retiree/annuitant, or a Lighthousekeeper call: 1-800-772-8724

Or write:

Commanding Officer(RAS)
Coast Guard Human Resources
Service & Information Center
444 SE Quincy Street
Topeka, KS 66683-3591



Commercial: (785)357-3415



FAX: (785)295-2639

DEERS

Find DEERS & RAPIDS information on the web at: www.dmdc.osd.mil



Call your local ID issuing office or call:

Toll Free: 1-800-538-9552 In CA: 1-800-334-4162 In AK & HI: 1-800-527-5602



TRICARE/Medical Benefits



Call your CG Health Benefits Advisor at:



1-800-942-2422



Visit the TRICARE web site at:

"www.tricare.osd.mil/"

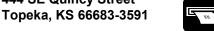
Final Active Duty Pay

Visit the "SES web page at: www.uscg.mil/hq/hrsic/ses.htm



For information on Severance Pay, Separation Pay, Disability Severance Pay, LES's, IRS Form W-2, while on Active Duty prior to separation/retirement call or write:

Commercial: (785)357-3550
Commanding Officer (SES)
Coast Guard Human Resources
Service & Information Center
444 SE Quincy Street







Service Records



Visit the National Personnel Records Center web site at: www.nara.gov/regional/mpr.html For copies of DD214's, personnel records, medical & dental records, and service medals - requests must be in writing and include complete name, rank, SSN, dates of service and date of birth. Write to:



National Personnel Records Center 9700 Page Boulevard St. Louis, MO 63132-5200

Commercial: (314)538-4141



Social Security

Visit the Social Security Administration's web page at: www.ssa.gov/SSA_home.html



For information about Social Security benefits contact your local Social Security Office or call Toll Free:

1-800-772-1213







For information about available VA benefits contact your local VA office or call Toll Free:

 General Information
 1-800-827-1000

 Insurance Information:
 1-800-669-8477

 Headstones:
 1-800-697-6947



Visit the VA's web page at: www.va.gov/

Veteran's Group Life Insurance (VGLI)

Find information on insurance coverage for veterans including VGLI on the VA's website at:

www.va.gov/benefits/insurfaq.htm

For information on VGLI coverage costs and renewal options write or call:

OSGLI 213 Washington Street Newark, NJ 07102



1-800-419-1473



Travel Claims



Visit the TVL web page at: www.uscg.mil/hq/hrsic/tvl.htm

For information, call Toll Free: 1-888-872-4885
Or write: Coast Guard Human Resources

Service & Information Center (TVL)

444 SE Quincy Street Topeka, KS 66683-3591 US DEPARTMENT OF TRANSPORTATION UNITED STATES COAST GUARD COMMANDING OFFICER(RAS) COAST GUARD HUMAN RESOURCES SERVICE & INFORMATION CENTER 444 SE QUINCY ST TOPEKA KS 66683-3591 OFFICIAL BUSINESS PENALTY FOR PRIVATE USE, \$300

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Retiree & Annuitant Services



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