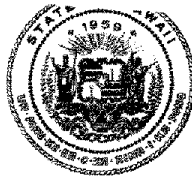


LINDA LINGLE
GOVERNOR OF HAWAII



DEPT. COMM. NO. 26

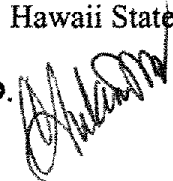
CHIYOME L. FUKINO, M.D.
DIRECTOR OF HEALTH

STATE OF HAWAII
DEPARTMENT OF HEALTH
P.O. Box 3378
HONOLULU, HAWAII 96801-3378

In reply, please refer to:
File:

January 8, 2008

TO: Honorable Member of the 2008 Hawaii State Legislature

FROM: Chiyome Leinaala Fukino, M.D. 
Director of Health

SUBJECT: Hawaii Physical Activity and Nutrition Plan 2007 - 2012

The Department of Health respectfully submits the first Hawaii Physical Activity and Nutrition Plan. This plan is the work of a diverse group of stakeholders such as public health practitioners, school administrators, community organizations, healthcare professionals, employers and city planners. During several planning meetings we gathered valuable input from our partners to develop this plan.

The plan describes strategies to increase physical activity and healthy eating, with long term goals of reducing overweight and obesity and chronic disease among all Hawaii residents. Its purpose is to provide a framework for policy makers and public and private organizations to work together to educate, implement evidence-based interventions, advocate for policies, and build environments that integrate physical activity and healthy eating into the daily lives of the residents of Hawaii.

The department is submitting copies of the plans to the Office of the Senate President and humbly request that these plans be distributed to the members of the Senate. For questions and comments, please contact Lola Irvin, Tobacco Settlement Project Manager, Healthy Hawaii Initiative at 586-4488 or lola.irvin@doh.hawaii.gov.