

## Official USDA Food Plans: Cost of Food at Home at Four Levels, U.S. Average, April 2001<sup>1</sup>

AGE-GENDER GROUPS	WEEKLY COST				MONTHLY COST			
	Thrifty plan	Low-cost plan	Moderate-cost plan	Liberal plan	Thrifty plan	Low-cost plan	Moderate-cost plan	Liberal plan
<b>INDIVIDUALS<sup>2</sup></b>								
<b>CHILD:</b>								
1 year	16.20	19.90	23.40	28.50	70.20	86.20	101.40	123.50
2 years	16.10	19.90	23.40	28.50	69.80	86.20	101.40	123.50
3-5 years	17.50	21.80	27.10	32.40	75.80	94.50	117.40	140.40
6-8 years	21.70	29.10	36.20	42.20	94.00	126.10	156.90	182.90
9-11 years	25.70	33.00	42.20	48.90	111.40	143.00	182.90	211.90
<b>MALE:</b>								
12-14 years	26.50	37.20	46.20	54.40	114.80	161.20	200.20	235.70
15-19 years	27.20	38.40	47.90	55.30	117.90	166.40	207.60	239.60
20-50 years	29.20	38.20	47.70	57.80	126.50	165.50	206.70	250.40
51 years and over	26.60	36.40	44.90	53.90	115.30	157.70	194.60	233.50
<b>FEMALE:</b>								
12-19 years	26.60	32.10	39.00	47.20	115.30	139.10	169.00	204.50
20-50 years	26.60	33.50	40.80	52.40	115.30	145.20	176.80	227.00
51 years and over	26.20	32.60	40.50	48.40	113.50	141.30	175.50	209.70
<b>FAMILIES:</b>								
<b>FAMILY of 2<sup>3</sup>:</b>								
20-50 years	61.40	78.90	97.40	121.20	266.00	341.80	421.90	525.10
51 years and over	58.10	75.90	93.90	112.50	251.70	328.90	407.10	487.50
<b>FAMILY OF 4:</b>								
Couple, 20-50 years and children—								
2 and 3-5 years	89.40	113.40	139.00	171.10	387.40	491.40	602.30	741.30
6-8 and 9-11 years	103.20	133.80	166.90	201.30	447.20	579.80	723.30	872.20

<sup>1</sup>Basis is that all meals and snacks are purchased at stores and prepared at home. For specific foods and quantities of foods in the Low-Cost, Moderate-Cost, and Liberal Plans, see *Family Economics Review*, No. 2 (1983); for specific foods and quantities of foods in the Thrifty Food Plan, see *Thrifty Food Plan, 1999, Executive Summary*, CNPP-7A. The Thrifty Food Plan is based on 1989-91 data, and the other three food plans are based on 1977-78 data updated to current dollars using the Consumer Price Index for specific food items.

<sup>2</sup>The costs given are for individuals in 4-person families. For individuals in other size families, the following adjustments are suggested: 1-person—add 20 percent; 2-person—add 10 percent; 3-person—add 5 percent; 5- or 6-person—subtract 5 percent; 7- (or more) person—subtract 10 percent.

<sup>3</sup>Ten percent added for family size adjustment.