

Building Partnerships



Supporting Choices

DDS

DEPARTMENT OF DEVELOPMENTAL SERVICES

SERVICES TO INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES

The State of California has a commitment to provide services and supports to individuals with developmental disabilities throughout their lifetime.

This commitment is carried out by the California Department of Developmental Services (DDS), which provides leadership and funding for services and supports to individuals with developmental disabilities.

These services are provided through state-operated developmental centers, community facilities, and contracts with 21 nonprofit regional centers.

The regional centers have offices throughout California and serve as a local resource to help find and access the services and supports available to individuals with developmental disabilities and their families.

These services and supports are provided through a combination of federal, state, county and local government services, private businesses, support groups and volunteers.








DDS Home Page: www.dds.ca.gov

WHO IS ELIGIBLE FOR REGIONAL CENTER SERVICES?



To be eligible for services, a person must have a disability that begins before the person's 18th birthday, be expected to continue indefinitely and present a substantial disability. Also, the disability must be due to one of the following conditions:

-  Mental Retardation
-  Cerebral Palsy
-  Epilepsy
-  Autism
-  Disabling conditions closely related to mental retardation or require similar treatment. Developmental disability does not include other conditions that are solely attributable to a psychiatric, physical or learning disability.

Infants and toddlers (age 0 to 36 months) who are at risk of having developmental disabilities or who have a developmental delay may also qualify for services.














Individuals at risk of having a child with a developmental disability may be eligible for referral for genetic diagnosis, counseling and other prevention services.



WHAT SERVICES DO REGIONAL CENTERS PROVIDE?

Regional centers provide or coordinate the following services and supports as they relate to a person's developmental disability:



-  Information and referral
-  Assessment and diagnosis
-  Counseling
-  Individualized planning and service coordination
-  Purchase of services and supports included in the individual program plan
-  Assistance in finding and accessing community and other resources
-  Advocacy
-  Early intervention services for at-risk infants and their families
-  Genetic counseling
-  Family support
-  Planning, placement, and monitoring of 24-hour out-of-home care
-  Training and educational opportunities for individuals and families
-  Community education

WHAT DO REGIONAL CENTER SERVICES COST?

There is no charge for diagnosis and assessment of eligibility. Once eligibility is determined, most services and supports are free regardless of age or income. There is a requirement for parents to share the cost of 24-hour out-of-home placements for children under age 18. This share depends on the parents' ability to pay. There may also be a co-payment requirement for other selected services.

Regional centers are required by law to provide services in the most cost-effective way possible. They must use all other resources, including generic resources, before using any regional center funds. A generic resource is a service provided by an agency that has a legal responsibility to provide services to the general public and receives public funds for providing those services. Some generic agencies you might be referred to are the local school district, county social services department, Medi-Cal, Social Security Administration, Department of Rehabilitation and others. Other resources may include natural supports. This is help that you may get from family, friends or others.

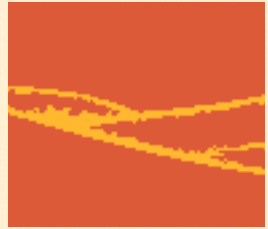


WHAT CAN THE REGIONAL CENTER DO FOR ME?



The regional center helps plan, access, coordinate and monitor the services and supports. This is called service coordination. A service coordinator will be assigned to help you.

HOW DO I KNOW WHAT SERVICES I WILL GET?



The regional center uses a planning process to develop an Individual Program Plan (IPP). For children age 0 to 36 months, this process results in an Individualized Family Service Plan (IFSP). The plan is developed by you, parents or guardian of a minor child, or conservator (or authorized representative), anyone else you invite to be with you, and regional center staff.

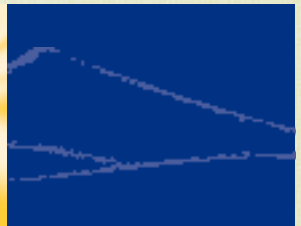
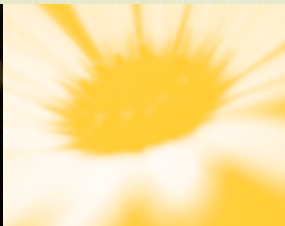
The IPP (or IFSP) lists your goals and the services and supports needed to reach those goals. It lists who will provide the service and supports and who will pay for them. All services listed in the IPP or IFSP will be provided either by a generic or natural resource, a regional center vendor (a business approved by the regional center) or directly by the regional center.

WHAT ARE STATE DEVELOPMENTAL CENTERS?

State Developmental Centers (SDCs) are long-term care facilities licensed by the California Department of Health Services. They provide direct services, which include the care and supervision of all residents on a 24-hour basis, supplemented with appropriate medical and dental care, health maintenance services, and assistance with activities of daily living and training. Education services are also provided at the SDCs.



SDCs provide an array of services and supports for individuals in need of a secure environment, or who have special medical and/or behavioral program needs. Services are based on needs identified in each person's Individual Program Plan (IPP). A comprehensive assessment of the person's abilities, strengths, needs and preferences determines what will be included in the IPP.

DDS operates 5 SDCs, located in San Jose, Costa Mesa, Pomona, Porterville and Sonoma (Eldridge).



COMMUNITY FACILITIES— STATE OPERATED

State operated community facilities were created due to limited space in SDCs for persons with developmental disabilities with challenging behavioral needs. Two state operated community facilities are currently in operation:

-  **Sierra Vista.** Located in Yuba City, **Sierra Vista** offers residential and treatment approaches for up to 55 adults who have developmental disabilities and challenging behavior needs.
-  **Canyon Springs** is a community facility located in Cathedral City, in Southern California. Canyon Springs offers residential and treatment approaches for up to 63 adults who have developmental disabilities and challenging behavior needs.



REGIONAL CENTERS

Alta California Regional Center	www.altaregional.org	Sacramento	(916) 978-6400
Central Valley Regional Center	www.cvrc.org	Fresno	(559) 276-4300
Eastern Los Angeles Regional Center	www.elarc.org	Alhambra	(626) 299-4700
Far Northern Regional Center	www.farnorthernrc.org	Redding	(530) 222-4791
Frank D. Lanterman Regional Center	www.lanterman.org	Los Angeles	(213) 383-1300
Golden Gate Regional Center	www.ggrc.com	San Francisco	(415) 546-9222
Harbor Regional Center	www.harborrc.org	Torrance	(310) 540-1711
Inland Regional Center	www.inlandrc.org	San Bernardino	(909) 890-3000
Kern Regional Center	www.kernrc.org	Bakersfield	(661) 327-8531
North Bay Regional Center	www.nbrc.net	Napa	(707) 256-1100
North Los Angeles County Regional Center	www.nlacrc.org	Van Nuys	(818) 778-1900
Regional Center of the East Bay	www.rceb.org	Oakland	(510) 383-1200
Regional Center of Orange County	www.rcocdd.com	Orange	(714) 796-5100
Redwood Coast Regional Center	www.redwoodcoastrc.org	Eureka	(707) 445-0893
San Andreas Regional Center	www.sarc.org	Campbell	(408) 374-9960
San Diego Regional Center	www.sdrc.org	San Diego	(858) 576-2996
San Gabriel/Pomona Regional Center	www.sgprc.org	Pomona	(909) 620-7722
South Central Los Angeles Regional Center	www.sclarc.org	Los Angeles	(213) 744-7000
Tri-Counties Regional Center	www.tri-counties.org	Santa Barbara	(805) 962-7881
Valley Mountain Regional Center	www.vmrc.net	Stockton	(209) 473-0951
Westside Regional Center	www.westsiderc.org	Culver City	(310) 258-4000

STATE DEVELOPMENTAL CENTERS

Agnews Developmental Center	www.dds.ca.gov	San Jose	(408) 451-6000
Fairview Developmental Center	www.dds.ca.gov	Costa Mesa	(714) 957-5000
Lanterman Developmental Center	www.dds.ca.gov	Pomona	(909) 595-1221
Porterville Developmental Center	www.dds.ca.gov	Porterville	(559) 782-2222
Sonoma Developmental Center	www.dds.ca.gov	Eldridge	(707) 938-6000

COMMUNITY FACILITIES - STATE OPERATED

Canyon Springs	www.dds.ca.gov	Cathedral City	(760) 770-6200
Sierra Vista	www.dds.ca.gov	Yuba City	(530) 822-7000

VISION

“BUILDING PARTNERSHIPS, SUPPORTING CHOICES”

MISSION

The Department of Developmental Services (DDS) is committed to providing leadership that results in quality services to the people of California and assures the opportunity for individuals with developmental disabilities to exercise their right to make choices.

STATE OF CALIFORNIA

Arnold Schwarzenegger • Governor

**S. Kimberly Belshé • Secretary
California Health and Human Services Agency**

**Terri Delgadillo • Director
Department of Developmental Services**

**Department of Developmental Services
1600 9th Street • Room 240 • Sacramento
CA 95814 • TEL (916) 654-1897
TTY (916) 654-2054 • FAX (916) 654-2167**

For more information, including publications, a complete description of programs, and current events, please refer to

www.dds.ca.gov

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