





- 1. Receive services from the Regional Center.
- 2. Are 3 years or older.
  - 3. Agree to receive services in the community, not in settings like licensed care homes and day programs.
  - 4. Agree to and follow SDS participant responsibilities.

Supports Broker

Financial Management Services

Community Living Supports

Transportation

**Employment Supports** 

**Environment/Medical Support** 

Health and Clinical Services

Training and Education

## For more information

- Go to www.dds.ca.gov
- Contact your Regional Center

# SELF-DIRECTED SERVICES





California Department of Developmental Services

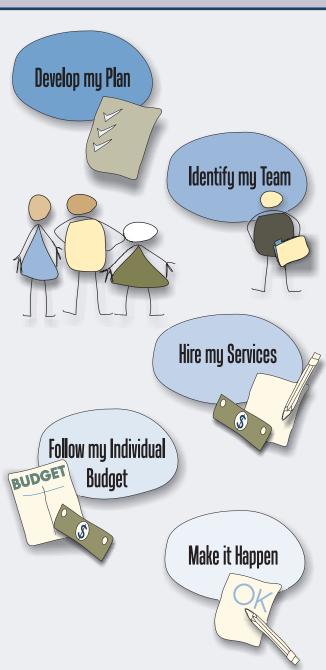
## **Self-Directed Services**



## **Important Words**

Self-Directed Services (SDS) is a voluntary program at your regional center where you select, hire and manage your service providers.

- YOU choose services and supports for your IPP.
- YOU have an Individual
  Budget to purchase your
  own services and
  supports.
- your community service providers.
- YOU have the help you need to carry out your plan.



## **Individual Budget**



Based on a fixed amount of money to pay for services and supports in your plan.

#### **Supports Broker**



A person you hire to help you write your plan, find, and direct services and supports in your plan.

## Financial Management Services



A service you hire to help manage your Individual Budget and employer duties.