# Chapter 16. Prevention—Safety and Quality

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### Background

To date, the preponderance of research on patient safety and the transformation of the work environment has focused on inpatient, acute care settings. Institute of Medicine (IOM) reports<sup>1, 2</sup> clearly recommend that work be done on "studies and development of methods to better describe, both qualitatively and quantitatively, the work nurses perform in different care settings"<sup>2</sup> (p. 325). Specifically, the recommendation is that research on patient safety needs to be addressed across care settings. Preventive services, primary care, and ambulatory care settings are areas in which there is a more limited body of work related to patient safety. Yet, these nonacute care settings constitute growing loci of health care services. This chapter will review the extant research on patient safety in preventive services, primary care, and ambulatory care settings. Preventive services, broadly defined, include screening, counseling, and chemoprophylaxis. This chapter will not focus on prevention of adverse events in ambulatory care or inpatient settings.

The Surgeon General's report<sup>3</sup> and subsequent plans for ensuring the health of the nation<sup>4, 5</sup> emphasize the role of prevention in addressing the leading causes of morbidity and mortality. Clinicians play important roles in both primary and secondary prevention.<sup>6</sup> Primary prevention is directed at measures to avoid or prevent the onset of disease or adverse condition. Secondary prevention focuses on the identification and treatment of asymptomatic individuals who have identified risk factors to prevent the development of active disease and/or reduce morbidity and mortality. Preventive services encompass health care provided in primary care settings, such as office-based practices and clinics, and in community-based settings. Preventive services are less regulated and controlled than health care services provided in institutions such as hospitals, long-term care facilities, and nursing homes. Not only have preventive services increased and become a central component of primary health care, these services also have become a focus of scrutiny in terms of quality and safety<sup>6</sup> (p. 13). Screening, counseling, preventive medications, skill building, and behavioral change strategies comprise the major foci of preventive services.

Two national task forces have been charged with the evaluation of preventive services. The Agency for Healthcare Research and Quality (AHRQ) convened the United States Preventive Services Task Force (USPSTF), an independent body of experts, to evaluate and make recommendations for clinical preventive services. The Centers for Disease Control and Prevention (CDC) established the Community Task Force to evaluate public health prevention programs.<sup>7</sup> Both task forces focus on establishing the efficacy of prevention strategies and also consider the relative harms and benefits of preventive services. The recommendations of these two task forces are available in print and online (http://www.ahrq.gov/clinic/prevenix.htm; http://www.thecommunityguide.org/) and will not be reviewed in this chapter.

Several IOM reports have emphasized the need to address not only the efficacy and effectiveness of health care strategies, but also patient safety.<sup>8</sup> The report *To Err is Human: Building a Safer Health System*<sup>8</sup> defines important terms. Safety is defined as "freedom from accidental injury" (p. 4) and error as "failure of a planned action to be completed as intended or the use of a wrong plan to achieve an aim" (p. 28). Error can occur in either the planning or

execution of health care services. In preventive services, the challenges are defining and tracking safety issues or adverse events. Thus, identification of literature related to patient safety and quality of care in preventive services is difficult. Further, with few exceptions, the studies are of medical errors. The studies of medical errors and adverse events cover doctors and other primary health care providers, such as nurse practitioners.

The research evidence for patient safety in preventive services falls into five distinct groups: identification and classification of errors in primary care, harms of screening, harms of information technology, errors arising from language in preventive services, and potential interventions to prevent errors and adverse events. The evidence in each of the first four groups will be summarized and assessed in this chapter; the potential interventions will be included within each of the relevant categories.

# **Research Evidence**

### **Errors in Preventive Services/Primary Care**

In the United States, the literature on patient safety has focused primarily on the inpatient, acute care setting. In contrast, a growing literature in the United Kingdom focuses on identifying, tracking, and assessing errors in primary care. Seven manuscripts describe some aspect of errors in preventive services, primary care, or ambulatory services. The first priority for promoting patient safety in primary care was to identify the most common errors that occur in primary care.<sup>9</sup>

Researchers have used several different methodologies to identify errors in primary care. The approaches include observational prospective studies,<sup>10, 11</sup> review of malpractice claims,<sup>12</sup> reports from physicians,<sup>13, 14</sup> and interviews with adult patients.<sup>15</sup> One systematic review has summarized literature in this area published between 1965 and 2001.<sup>16</sup> The different methodologies, including study length and modes of data collection, make it difficult to compare rates of errors or adverse events. The number of events reported were

- 117 errors for 15 physicians in 83 visits across 7 offices over 3 half-day sessions<sup>11</sup>
- 221 incidents from interviews with 38 patients asking them to recall events that occurred at any time in the past<sup>15</sup>
- 344 incidents from 42 physicians over 20 weeks<sup>13</sup>
- 940 incidents over 2 weeks across 10 practices<sup>14</sup>
- 805 incidents occurring between October 1993 and June 1995 from 324 physicians<sup>10</sup>
- 5,921 incidents from claims data for over a 15-year period<sup>12</sup>
- 1,223 incidents from 4 articles published 1995-2002<sup>16</sup>

Regardless of the methodology, similar categories of errors and events were identified and patterns emerged that provided the basis for development of classification systems. Dovey and colleagues<sup>13</sup> developed a taxonomy based on the identified types of errors and sources of errors. The most general groupings of errors resulted in two major categories: process errors, and knowledge and skills errors. Each of the two categories had three additional levels of specificity. For example, a process error in investigating a patient's condition, specifically in the process of laboratory investigations, might involve a wrong test being ordered or a test not ordered when appropriate. Bhasale and colleagues<sup>10</sup> classified incidents as pharmacological (e.g., inappropriate drug), nonpharmacological (e.g., treatment omitted/delayed), diagnostic (e.g., missed), or equipment (e.g., malfunction/ineffective). Preventable harms identified by patients were

classified as psychological (e.g., personal worth), physical (e.g., pain) or economic/other (e.g., avoidable personal medical expense).<sup>15</sup> Elder and colleagues<sup>11</sup> described office administration errors (i.e., charting, general office administration), physician-related errors, patient communication errors, and preventable adverse events. Rubin and colleagues<sup>14</sup> noted six categories of errors: prescriptions, communication, equipment, appointments, clinical, and others. Elder and Dovey<sup>16</sup> identified three categories: diagnosis—related to symptoms or prevention with either missed or delayed diagnosis; treatment-either drug or nondrug as incorrect/inappropriate, delayed or omitted; and preventive services-inappropriate, delayed, omitted, or procedural complication. In addition to classifying types of errors, Elder and Dovey identified related factors, such as clinician factors (clinical judgment and procedural skills error), communication factors (clinician-patient, clinician-clinician/health care system personnel), administration factors (clinician, pharmacy, ancillary providers, office setting), and blunt-end factors (personal and family issues of clinicians and staff, insurance company regulations, government regulations, funding and employers, physical size and location of practice, general health care system).<sup>16</sup> Kuzel and colleagues<sup>15</sup> offered a similar list of access breakdown, communication breakdown, relationship breakdown, technical error, and inefficiency of care.

Bhasale and colleagues<sup>10</sup> also identified differences in individuals involved in preventable incidents. The incidents involved slightly more females (58 percent) than males and more older individuals 25 years and older (around 85 percent) than younger ones. Overall, infants and females older than 75 years were overrepresented in the incidents. The same study described factors that mitigated the outcomes of adverse events: early intervention by reporting physician, patients, patient's relative, another provider; plain good fortune; patient's good physical or psychological condition; prior experience or training; reliability of professional backup; skilled assistant; high awareness via quality assurance activities; and reliability of equipment.

The data from this group of studies, regardless of the methodology, provide both identification of errors or adverse events in preventive services or primary or ambulatory care and direction for interventions. Dovey and colleagues'<sup>13</sup> major classifications of process and knowledge and skills errors provide major conceptual groupings within which to examine the specific error identified in the schema. Combined with Bhasale and colleagues'<sup>10</sup> identification of mitigating factors, this group of studies provides direction for both identifying errors and adverse events and for proposing interventions to address them. The findings specific to preventive services imply that errors or adverse events result from screening, counseling, or chemoprophylaxis being inappropriate, delayed, or omitted, or involve procedural complications. These errors or adverse events may arise from either process errors or knowledge and skill errors. Process errors are defined as resulting from some aspect of care delivery systems.<sup>13</sup> Examples of process errors include care that was provided but not documented in the patient's chart (e.g., a mammogram performed but not recorded) or a medication not being dispensed as ordered. Knowledge and skill errors are related to providers' clinical skills and knowledge (e.g., a wrong or missed diagnosis or a wrong treatment based on lack of clinician knowledge).

The next section examines two groups of studies that represent specific instances of areas with potential harms: medication errors and screening activities.

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### Adverse Drug Events in Preventive Services/ Primary Care/Ambulatory Care

Twelve studies<sup>17–28</sup> examined adverse drug events in primary or ambulatory care. None of these studies were specific to chemoprophylaxis. Rather, the foci were similar to those in acute care or inpatient care, but occurred in ambulatory or primary care settings. Thus, this group of studies was not included in this review as adverse drug events are covered in other chapters in this book.

#### **Potential Harms Related to Screening in Preventive Services**

Screening is a major intervention in preventive services. Although a number of benefits have been associated with screening activities in preventive services, risks have also been identified. Potential risks of screening include misunderstanding test results, misdiagnosis, mislabeling, stigmatization, and decreased psychological well-being.<sup>28</sup> Three major reviews<sup>30–32</sup> and 10 studies<sup>33–42</sup> examined the benefits, risks, and harms associated with screening activities. The most common screening tests reported were for breast, cervical, prostate, and colorectal cancers.

Screening mammography is recommended for women ages 40 years and older, but there is limited evidence for the upper age for screening. There are potential harms associated with mammography. The incidence of ductal carcinoma in situ (DCIS) increases in elderly women. The risk of death from DCIS progressing to invasive breast cancer is very low; therefore, the risks of surgery to treat DCIS outweigh the benefits. Three studies found that approximately 8 percent of women ages 70 years and older had an abnormal result from mammography, and 85 percent to 92 percent of those with an abnormal result did not have cancer.<sup>31, 33, 35</sup> A slightly lower percentage of clinical breast examinations (3.9 percent) resulted in abnormal results, but a higher percentage of these women (97 percent) did not have cancer on followup.<sup>33</sup> Thus, potential harms of screening mammography or clinical breast examination include unnecessary biopsy and the stress and worry related to the possibility have having cancer.<sup>20</sup>

Similarly, overdiagnosis and overtreatment in 40 percent of women<sup>34</sup> are potential harms of cervical cancer screening. Results of a cohort study of Pap smear results in postmenopausal women 44–79 years of age<sup>37, 31</sup> demonstrated a high incidence of false positive results (all but 1 of 110 abnormal Pap smears). Other harms of Pap smear screening include identification and treatment of inconsequential disease, high anxiety, low self-esteem, and disrupted partner relationships.<sup>31</sup>

In addition to the potential harms of psychological distress and false-positive results, perforation, bleeding, stroke, myocardial infarctions, Fournier gangrene and thrombophlebitis, and treatment of inconsequential disease are harms associated with colonoscopy in 3 of 1,000 screenings.<sup>31</sup> Woolf <sup>36</sup> identified potential harms of PSA testing for men without disease and for those with prostate cancer. False-positive results cause unnecessary followup procedures and anxiety. Treatment of inconsequential disease results in unnecessary procedures and potential complications.

These potential harms of cancer screening are especially important in decisionmaking for elderly individuals, as there are fewer studies and evidence for this segment of the population. Based on analysis of all-cause and cancer-specific mortality from the National Center for Health Statistics and Surveillance Epidemiology and End Results Survey (SEER), Rich and Black<sup>38</sup> concluded that potential harms may outweigh the small benefit of screening for breast cancer,

colon cancer, and cervical cancer in elderly individuals. Volk and colleagues<sup>39</sup> evaluated a patient-educational approach to shared decisionmaking for prostate cancer screening that included both potential benefits and harms of screening. The results of the randomized clinical trial indicated positive outcomes in terms of increased knowledge and more informed decisions regarding prostate cancer screening. Walter and Covinsky<sup>40</sup> advocated including potential harms in their framework for individual decisionmaking in cancer screening in elderly individuals.

In summary, harms of various cancer screening procedures have been identified. However, it is important to evaluate the potential harms for each procedure relative to the benefits for specific age groups and other individual considerations. Thus, the USPSTF recommends routine screening mammography for women ages 40 years and older; routine screening for cervical cancer in women who have been sexually active and have a cervix, but against routine screening for women older than 65; and routine colorectal cancer screening for men and women 50 years and older. However, the USPSTF is currently updating recommendations for screening for colorectal, cervical, and breast cancer. The USPSTF currently recommends against routine screening for pancreatic cancer or ovarian cancer. The task force concluded that there was insufficient evidence to recommend for or against routine screening for prostate cancer, skin cancer, or lung cancer.

### Errors and Adverse Events Related to Language in Preventive Services

A small but interesting group of studies<sup>41, 42</sup> and one review<sup>43</sup> examined the role of language either as a barrier to receiving care or as a factor in adverse events. This area of study is particularly relevant given the growth of ethnic populations in the United States. Nearly 20 percent of U.S. citizens over the age of 5 years speak a language other than English at home.<sup>41</sup> However, it is estimated that "more than 50 percent of adults over the age of 18 who speak a language other than English at home speak English 'very well'"<sup>41</sup> (p. 254). Lack of proficiency in English may result in communication problems with health care providers and decreased utilization of care, and it may reflect cultural values and beliefs.<sup>42</sup> Results of two studies supported the potential for harm resulting from women not receiving preventive services<sup>42</sup> and infants of parents whose primary language is not English not receiving recommended preventive care.<sup>41</sup> Using data from a cross-sectional survey of 22,448 women completing the 1990 Ontario Health Survey, logistic regression calculated odds ratios for receiving breast examinations, mammograms, and Pap tests for women who reported a language other than English as spoken at home versus those who reported English as the primary language, adjusting for socioeconomic factors, contact with the health care system, and cultural measures.<sup>42</sup> Results indicated that women who reported a language other than English spoken at home were less likely to receive important preventive services than those who spoke English at home. These findings persisted after adjusting for the confounding variables. French-speaking women were less likely to receive breast examinations or mammograms, and women speaking other languages were less likely to receive Pap tests.

In a retrospective cohort study of 38,793 year-old infants enrolled in Medicaid, relative risk of receiving appropriate and timely preventive care was estimated using multivariate regression.<sup>41</sup> Primary language of parents, race and ethnicity, rural residence, and managed-care plan were independent variables. Results indicated that "fewer than one in six infants enrolled in Medicaid in their first year of life received recommended preventive care as defined by the

[American Academy of Pediatrics]"<sup>41</sup> (p. 257). Further, infants whose parents reported that English was not their primary language were half as likely to receive recommended preventive care. When confounding factors were considered, results indicated that Asian-American infants were less likely to experience disparities in preventive care associated with primary language than White, Hispanic, and African-American infants.

While the evidence is limited, the results of these two studies support the potential for adverse events resulting from language barriers. An obvious strategy would be to reduce the language barriers. A systematic review of the impact of medical interpreter services on the quality of health care<sup>43</sup> indicated that health care was compromised for patients not proficient in English; they were less likely to receive preventive screening, more likely to have a greater number of tests done at higher costs; and were less satisfied with care. Additionally, the quality of care is further compromised when untrained or ad hoc interpreters, especially children, are used. However, availability of trained interpreters was positively associated with obtaining preventive screening, such as mammograms. In light of the changing demographics and diversity of the U.S. population, this small but growing body of literature on language as a barrier or factor in adverse events in preventive services provides another challenge for the health care systems.

# Errors and Adverse Events Related to Information Technology in Preventive Services

A final group of studies explored the impact of the growing use of information technology (IT) in health care. IT in health care has been examined from several perspectives. There is a literature on the use of e-mail and the Internet by consumers, another on the adoption of IT by health care systems, and a third on the unintended consequences of the use of IT in health care.

Although reports of the extent of use of the Internet and e-mail for health care vary from 35 percent to 80 percent of adults in the United States,<sup>44</sup> the actual and potential impact of IT in health care is significant. A survey of a nationally representative sample of 8,935 (69.4 percent of a random sample of 12,878) adults age 21 years and over, individuals age 50 and older, and veterans identified four frequent uses of the Internet and e-mail.<sup>44</sup> The most common use of the Internet (reported by 40 percent of respondents) was for information or advice about health or health care. This was followed by use of e-mail or the Internet to communicate with family or friends about health, use of e-mail or the Internet to communicate with a health care professional, and use of these technologies to communicate with other people with similar health conditions. However, use of the Internet for health care was a relatively infrequent activity (every 2 to 3 months or less frequently). Individuals younger than 75 years old and women were more likely to use the Internet and e-mail for health. Results also indicated that e-mail and the Internet were used most often to gain health-related information and had little effect on the number of contacts with health care providers or to obtain a prescription drug.

IT has been more developed and adopted for financial management than for quality and safety purposes.<sup>45</sup> Results from a study of IT use in a variety of health care settings in the Boston and Denver areas indicate that physician practices (the most common site of preventive services), which are generally run as "small independent practices"<sup>46</sup> (p. 6), use IT primarily to manage billing and schedule patients. Poon and colleagues<sup>46</sup> propose that the limited use of electronic health records in these practices is related to the perception of limited proven benefits relative to the required financial and time commitments needed.

Based on results from separate qualitative studies, Ash, Berg, and Coiera<sup>47</sup> presented evidence that implementation of electronic patient care information systems (PCISs) in many instances appears to promote rather than limit errors. They argued that factors, including the complexity of PCISs and the physical space and other system characteristics, contributed to the occurrence of "unintended consequences"<sup>47</sup> (p. 104). The authors identified errors in two general areas: process of entering and retrieving information, and communication and coordination processes. They attributed errors in entry and retrieval of information to the high level of interruption and "cognitive overload" related to practice environments. Further, the authors proposed that errors in communication and coordination were related to the assumptions of a linear workflow and communication as information transfer. They advocated for educating health care providers to have a critical approach to PCISs, that developers and vendors of PCISs be clearer about the limitations of the systems, and that clinicians be supported in continuing interactions that are part of monitoring the safety of clinical systems.

Research that evaluates the ability of IT systems to promote patient safety and reduce errors is limited but growing,<sup>45</sup> especially in preventive services. Five studies<sup>48–52</sup> examined the use of an electronic health record system to generate physician, telephone, and letter reminders for patients to obtain preventive services. Results indicated that all three types of reminders were effective. There is evidence supporting the reduction of medication errors and adverse events through the use of computerized physician order entry and online decision support.<sup>53</sup> Bakken and colleagues<sup>54</sup> advocated the use of informatics to address errors associated with impaired access to information through the use of personal digital assistants, to address communication failures associated with adverse events, to promote the use of standardized practice patterns, and to provide automated surveillance to detect and prevent real-time errors. The proposed approaches have direct application in preventive care settings.

## **Evidence-Based Practice Implications**

The evidence on errors and adverse events in preventive care provides preliminary direction for practice. Few if any studies proposed or evaluated approaches to avoid or reduce errors and adverse events in prevention. However, a growing number of studies have evaluated strategies to reduce errors and adverse events in acute, inpatient, ambulatory, primary, and home care, and they provide potential direction for prevention as the field matures. Leape's<sup>55</sup> directives— identify what works, ensure that the patient receives it, and deliver it flawlessly—are relevant for ensuring safety in prevention. At this point, perhaps the most viable approach to assure patient safety in prevention practice is use of the guidelines of the USPSTF, AHRQ, the Community Task Force, and CDC.

## **Research Implications**

The greatest challenge in patient safety and quality in preventive care is the lack of a strong body of evidence on which to base our understanding of errors and adverse events in prevention and, more broadly, in ambulatory and primary care settings. Research in preventive care is limited relative to that in acute care, inpatient settings, and home care. The focus has been on research evaluating the efficacy of preventive services, which includes an evaluation of the potential and actual harms of the services in order to determine the net benefit. While there is a growing body of evidence for safety and quality in health care in primary and ambulatory settings, there is very limited literature on harms or adverse events in preventive care and how to avoid them. Additionally, much of the research is observational and descriptive, with few interventions being tested. The research on identifying and describing errors in primary and ambulatory care has relevance for preventive care. However, there is a need for research directed at explicating errors and adverse events in preventive care.

Once the types of errors and adverse events have been identified and described, then research describing the factors associated with these events is needed. Further, there is limited evidence on basic questions, such as when to begin or discontinue screening, chemoprophylaxis, or counseling and implications for adverse events or potential harms. Only then can nurses and other health care professionals develop and test strategies to reduce risk related to preventive services. For example, the evaluation of the use of IT to decrease risks and adverse events is a major focus in acute care, ambulatory care, and primary care settings. Would the use of IT approaches be appropriate in preventive services? How can the human factor principles of standardization, simplification, and use of protocols and checklists<sup>55</sup> be facilitated by the use of IT in prevention? Finally, the difficulties inherent in research on preventive services present significant challenges, including timing of services and consideration of contextual factors (age, culture, race/ethnicity, gender, setting, etc.).

Thus far, the evidence presented attempts to answer the following: (1) How do errors and adverse events in prevention differ from those for other types of health care services? (2) How do contextual factors contribute to potential errors and adverse events in prevention? and (3) What are potential areas of research for nursing that would contribute to addressing patient safety in prevention? The following areas are the critical research gaps:

- Descriptive data on errors and adverse events in preventive services
- Data on factors related to errors and adverse events in preventive services
- Evaluation of interventions to reduce errors and adverse events in preventive services.

### Conclusion

The limited body of evidence on errors and adverse events in preventive services, especially from a nursing perspective, supports the need for additional research to move ahead in the area of patient safety. It is likely that some of the evidence from studies in ambulatory and primary care will provide direction for research and subsequent evidence-based practice in preventive care. However, there may be unique errors and adverse events associated with preventive services. It is clear that there is potential for errors and adverse events in preventive services, but additional evidence is needed to explicate what they are. The evidence that is available is largely from either descriptive studies or from randomized controlled trials (RCTs) examining the efficacy of preventive services, specifically in cancer screening. There is less systematic evaluation of counseling interventions for prevention. The nature of preventive services and their outcomes and where they are delivered increase the complexity of both establishing an evidence base and implications for practice. The continued evaluation of using information technology to address risks and adverse events is a promising area for study and practice.

The focus in safety and quality research in health care has been on preventable events rather than on preventive services. Screening, counseling, and chemoprophylaxis are the key elements of preventive services. The evidence base on errors and adverse events in preventive services is limited and needs to be developed to provide direction for practice.

# **Search Strategy**

A search of the CINAHL<sup>®</sup>, Ovid MEDLINE<sup>®</sup>, Cochrane Database of Systematic Reviews electronic databases, and the AHRQ Web site from 1990 to 2006 was conducted using the following search terms: patient safety, safety, quality, preventive services. The search was further limited to research studies and reviews. A total of 115 references were identified and the abstracts reviewed. The criteria for inclusion in the review for this chapter were (1) systematic review of published research; (2) nonsystematic review of published research; and (3) published research that used randomized control, comparison, and pretest–post-test no control designs. Based on the review of the abstracts using these criteria, 6 reviews, 10 commentary or background articles, and 32 studies were selected for inclusion in the review.

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Evidence Table. Prevention—safety and quality

| Source                      | Safety Issue<br>Related to<br>Clinical Practice                 | Design Type  | Study Design,<br>Study Outcome<br>Measure(s)  | Study Setting and Study Population  | Study<br>Intervention       | Key Finding(s)  |
|-----------------------------|---|--|---|---|-----------------------------|---|
| Ash 2004 <sup>46</sup>      | Patient care<br>information<br>system-related<br>(PCISs) errors | Literature review,<br>nonsystematic, and<br>series of qualitative<br>studies | Qualitative<br>studies (5) impact<br>of PCISs in<br>health care and<br>unintended<br>outcomes (2).  | Health care delivery<br>settings and<br>interviews with<br>professionals in the<br>United States,<br>Netherlands, and<br>Australia                                    | None                        | Types of errors: Process of entering<br>and retrieving information –<br>juxtaposition error, orders entered<br>for or on behalf of the wrong person,<br>cognitive overload, communication<br>and coordination process –<br>inflexibility, urgency, work-arounds,<br>transfers, loss of communication,<br>loss of feedback, decisions support<br>overload, catching errors,<br>multidisciplinary gualitative research.   |
| Baker<br>2003 <sup>44</sup> | Use of Internet<br>and e-mail for<br>health care<br>information | Cross-sectional study  | National survey<br>of Internet use for<br>health care and<br>prevalence of e-<br>mail use for<br>health care (5).<br>Use of Internet<br>and e-mail for<br>health care and<br>effects on<br>knowledge of<br>health care and<br>use of health care<br>system (3). | 4,764 individuals<br>ages 21 years and<br>older who were self-<br>reported Internet<br>users drawn from a<br>research panel of<br>more than 60,000<br>U.S. households | Internet and e-<br>mail use | ~40 percent of respondents with<br>Internet access used Internet to look<br>for advice or information about<br>health or health care; 6 percent used<br>e-mail to contact a health care<br>professional; ~1/3 using Internet for<br>health reported it affected a health or<br>health care decision; little effect on<br>health care utilization – 94 percent<br>reported no effect on number of<br>visits and 93 percent no effect on<br>number of telephone contacts; 5<br>percent reported use of Internet to<br>obtain prescriptions or<br>pharmaceutical products. |

| Source                        | Safety Issue<br>Related to<br>Clinical Practice   | Design Type                                       | Study Design,<br>Study Outcome<br>Measure(s)   | Study Setting and Study Population   | Study<br>Intervention | Key Finding(s)   |
|-------------------------------|---|---|--|--|-----------------------|--|
| Bakken<br>2004 <sup>54</sup>  | Use of<br>informatics to<br>promote patient<br>safety and<br>enable evidence-<br>based practice | Literature review,<br>nonsystematic               | Literature review,<br>nonsystematic<br>(6).<br>Patient safety<br>and evidence-<br>based practice<br>(3). | Review of literature<br>on informatics<br>infrastructure for<br>patient safety and<br>evidence-based<br>practice | None                  | Examples of how components of<br>informatics infrastructure can be<br>integrated to achieve evidence-<br>based practice and patient safety<br>objectives in four areas: improving<br>information access, automated<br>surveillance for real-time error<br>detection and prevention, facilitating<br>communication among members of<br>the health care team, and<br>standardization of practice patterns.   |
| Barratt<br>2002 <sup>56</sup> | Harms of<br>screening<br>mammography  | Systematic literature<br>review                   | Decision-analytic,<br>cost-<br>effectiveness<br>models; quality of<br>life and life<br>expectancy        | Australian women 70<br>years and older   | None                  | Five models met inclusion criteria;<br>two included quality of life. Life-<br>expectancy benefit of screening<br>mammography diminishes with<br>increasing age: 70–79 years, 40–72<br>percent without quality of life<br>adjustment, 18–62 percent with it.<br>9,600 of 10,000 will be told they do<br>not have breast cancer, ~400 will<br>have further tests; ~70–112 will<br>undergo breast biopsy and 19–80<br>cancers detected; ~ 15–20 percent<br>will be DCIS; quality-adjusted life-<br>year = \$8,119–\$27,751. Relatively<br>cost-effective. Not studied: anxiety,<br>mortality from mastectomy, post-op<br>morbidity. |
| Barton<br>2005 <sup>57</sup>  | Risk factors for<br>breast cancer   | Literature review,<br>nonsystematic/<br>narrative | Accepted<br>screening<br>methods and new<br>technologies   | Women in the United<br>States  | None                  | False-positive approach 50 percent<br>after 10 screens; discovery of DCIS<br>with transformation 14–60 percent;<br>MRI more sensitive but led to >three<br>times the number of biopsies with no<br>cancer; high costs.   |

| Source                        | Safety Issue<br>Related to<br>Clinical Practice   | Design Type                                       | Study Design,<br>Study Outcome<br>Measure(s)  | Study Setting and Study Population   | Study<br>Intervention | Key Finding(s)   |
|-------------------------------|---|---|---|--|-----------------------|--|
| Bhasale<br>1998 <sup>10</sup> | Incident<br>monitoring of<br>potential harm in<br>general practice                          | Noncomparative<br>study                           | Observational<br>study (5).<br>Reports of<br>number and type<br>of incidents,<br>contributing<br>factors, mitigating<br>factors, additional<br>resource use<br>(Level 1).           | 324 general<br>practitioners (GPs)<br>from nonrandom<br>sample of Australian<br>GPs 10/93–6/95                       | None                  | 805 incidents reported: 76 percent<br>preventable, 27 percent potential for<br>severe harm, no long-term harm for<br>66 percent, related to<br>pharmacological management,<br>nonpharmacological management,<br>diagnosis, or equipment; most<br>common contributory factors poor<br>communication between patients<br>and health care professionals,<br>actions of others, and errors in<br>judgment.                                   |
| Brawley<br>2005 <sup>30</sup> | Biases, harms,<br>accuracy of<br>cancer screening   | Literature review,<br>nonsystematic/<br>narrative | Nonsystematic<br>literature review<br>(6).<br>Harms of<br>screening (2).  | Review of screening<br>modalities for specific<br>cancers, including<br>potential harms and<br>accuracy of screening | None                  | Biases – selection, lead-time, length;<br>harms – complications of treating<br>true-positives and false-positives,<br>labeling, mental anguish; accuracy –<br>sensitivity, specificity positive<br>predictive value, negative predictive<br>value; breast cancer false-positives<br>– repeat mammogram, ultrasound,<br>biopsy; ovarian – additional, invasive<br>evaluation; prostate – missed cases,<br>clinically insignificant cases. |
| Brown<br>2006 <sup>20</sup>   | Pharmacist-<br>physician<br>relationship in<br>detecting<br>ambulatory<br>medication errors | Noncomparative<br>study                           | Observational<br>study without<br>controls (5).<br>Data<br>pharmacist's role,<br>responsibilities,<br>and expectations<br>to inform<br>physicians about<br>medication errors<br>(3) | Focus groups with 30<br>pharmacists and 31<br>patients in community<br>pharmacies in<br>Mississippi                  | None                  | Ambulatory pharmacist is common<br>link between physician and patient,<br>multiple physicians; pharmacist is<br>patient educator, pharmacist is<br>interceptor in detecting medication<br>errors; hesitancy to contact<br>physicians, physician accessibility<br>barriers.   |

| Source                        | Safety Issue<br>Related to<br>Clinical Practice  | Design Type                     | Study Design,<br>Study Outcome<br>Measure(s)   | Study Setting and<br>Study Population   | Study<br>Intervention  | Key Finding(s)   |
|-------------------------------|--|---------------------------------|--|---|--|--|
| Cohen<br>2006 <sup>41</sup>   | Disparities in<br>pediatric<br>preventive care<br>associated with<br>primary language<br>of parent | Retrospective cohort<br>study   | Review of<br>Medicaid data<br>(5).<br>Appropriate and<br>timely receipt of<br>six preventive<br>care visits in first<br>year of life (2).  | Review of records for<br>38,793 Medicaid -<br>enrolled 1-year-old<br>infants in Washington<br>State | Primary<br>language of<br>parent   | Infants of parents whose primary<br>language was not English were half<br>as likely to receive recommended<br>preventive care; disparity evident for<br>white, Hispanic, and African-<br>American but not Asian-American<br>infants.   |
| De Smet<br>2004 <sup>28</sup> | Repeat<br>prescribing  | Systematic literature<br>review | Repeat<br>prescribing in<br>ambulatory care<br>patients:<br>definition and<br>scale of repeat<br>prescribing;<br>problems with<br>repeat<br>prescribing and<br>areas for<br>improvement;<br>characteristics<br>and results of<br>intervention<br>studies;<br>conclusions and<br>recommendations<br>for future<br>research (3). | Ambulatory care<br>patients   | Review of<br>medications by<br>pharmacist;<br>feedback to<br>patient and<br>physician; home<br>inventory of<br>medications;<br>monthly<br>dispensing with<br>protocol led to<br>check on drug-<br>related problems;<br>chart review;<br>written feedback<br>by physician | Repeat prescriptions range from 29<br>percent to 75 percent; much by GPs<br>without direct doctor-patient contact;<br>overall interventions helped resolve<br>pharmaceutical care issues –<br>compliance; effects on health-related<br>quality-of-life, death rate, health care<br>consumption or total health care cost<br>not observed; real clinical<br>improvements – adverse effects<br>score, lipid values, reduced<br>inappropriate prescribing in elderly<br>outpatients receiving polypharmacy;<br>some showed positive effect on<br>number of medications, medication<br>units, and medication cost. |

| Source                      | Safety Issue<br>Related to<br>Clinical Practice | Design Type             | Study Design,<br>Study Outcome<br>Measure(s)   | Study Setting and Study Population   | Study<br>Intervention  | Key Finding(s)  |
|-----------------------------|---|-------------------------|--|--|--|---|
| Dovey<br>2002 <sup>13</sup> | Medical errors in family practice               | Noncomparative<br>study | Observational<br>study without<br>controls (5);<br>"error is defined<br>as the failure of a<br>planned action to<br>be completed as<br>intended or the<br>use of a wrong<br>plan to achieve<br>an aim"; "safety is<br>defined as<br>freedom from<br>accidental injury";<br>"anything that<br>happened in your<br>own practice that<br>should not have<br>happened, that<br>was not<br>anticipated, and<br>that makes you<br>say 'that should<br>not happen in my<br>practice and I<br>don't want it to<br>happen again'"<br>(1). | 42 family physicians<br>from the National<br>Network for Family<br>Practice and Primary<br>Care Research | Preliminary<br>taxonomy of<br>medical errors in<br>family practice | 330 error reports resulting in four-<br>layered taxonomy: Process errors<br>and knowledge and skills errors;<br>knowledge and skills – receptionist<br>failing to make urgent appointment,<br>physicians decided to discharge<br>patients before able to function well<br>at home; process – treatment<br>delivery problems,<br>miscommunication; consequences –<br>none, care delayed/extended,<br>financial and time costs to patients,<br>physicians, system, patient upset or<br>lost trust in physician, became ill, did<br>not regain health, admitted to<br>hospital, or died. |

| Source                      | Safety Issue<br>Related to<br>Clinical Practice  | Design Type                     | Study Design,<br>Study Outcome<br>Measure(s)  | Study Setting and<br>Study Population   | Study<br>Intervention  | Key Finding(s)  |
|-----------------------------|--|---------------------------------|---|---|--|---|
| Elder<br>2002 <sup>16</sup> | Errors and<br>preventable<br>adverse event<br>from medical<br>care in outpatient<br>primary care<br>settings | Systematic literature<br>review | Systematic<br>review of original<br>research (7<br>studies); process<br>errors and<br>preventable<br>adverse events<br>(1). | Seven studies from<br>family practice,<br>ambulatory care,<br>primary health care | Classification of<br>preventable<br>adverse events<br>(PAE) and<br>process errors in<br>primary care | Limited number of small studies;<br>classification of three main<br>categories of PAEs – diagnosis<br>(misdiagnosis related to symptoms<br>or prevention) treatment (drug or<br>nondrug), and preventive services<br>(inappropriate, delayed, omitted,<br>procedural complications);<br>attributable to four groups of process<br>errors: clinician factors (clinical<br>judgment, procedural skills error),<br>communication factors (clinician-<br>patient, clinician-clinician, or health<br>care system personnel),<br>administration factors (clinician,<br>pharmacy, ancillary providers, office<br>setting), blunt-end factors (personal<br>and family issues of clinicians and<br>staff, insurance company<br>regulations, government regulations,<br>funding and employers, physical size<br>and location of practice, general<br>health care system). |
| Elder<br>2004 <sup>11</sup> | Errors and<br>preventable<br>adverse events<br>by family<br>physicians in<br>outpatient visits               | Noncomparative<br>study         | Observational<br>study without<br>controls (5).<br>Errors and<br>preventable<br>adverse events,<br>patient harm (1).        | 15 family physicians<br>in 7 practices in<br>Cincinnati area                      | None   | 117 errors or preventable adverse<br>events; most common were<br>administration errors (charting,<br>general office administration);<br>physician-related errors; patient<br>communication errors. Harms: actual<br>minor physical discomfort, mild<br>adverse drug reaction, moderate<br>physical injury from a procedure,<br>progression of disease; most<br>common emotional distress and<br>wasted time for the patient; potential<br>harms development of preventable<br>disease, pain or physical distress,<br>progression of disease, drug-drug<br>interactions, infection, and poor<br>outcomes from procedure.   |

| Source                      | Safety Issue<br>Related to<br>Clinical Practice                | Design Type                 | Study Design,<br>Study Outcome<br>Measure(s)   | Study Setting and<br>Study Population   | Study<br>Intervention | Key Finding(s)  |
|-----------------------------|--|-----------------------------|--|---|-----------------------|---|
| Field<br>2004 <sup>24</sup> | Strategies for<br>identifying<br>adverse drug<br>events (ADEs) | Prospective cohort<br>study | Observational<br>study without<br>controls (5);<br>drug/drug-related<br>incidents (1). | 31,757 Medicare<br>enrollees in large<br>multispecialty group<br>practice in New<br>England over 12<br>months | None                  | 1,523 ADEs, 28 percent considered<br>preventable; positive predictive<br>Values for sources – 54 percent,<br>highest provider reports but<br>accounted for only 11 percent of<br>ADEs and 6 percent of preventable<br>ADEs, hospital discharge summaries<br>very low PPV, computer-generated<br>signals accounted for 31 percent of<br>ADEs and 37 percent of preventable<br>ADEs, electronic notes accounted<br>for 35 percent of ADEs and 29<br>percent of preventable ADEs; little<br>overlap in ADES identified across all<br>sources; electronic strategies identify<br>more ADEs than other sources; use<br>multiple sources. |

| Source                       | Safety Issue<br>Related to<br>Clinical Practice                           | Design Type       | Study Design,<br>Study Outcome<br>Measure(s)   | Study Setting and Study Population                             | Study<br>Intervention | Key Finding(s)  |
|------------------------------|---|-------------------|--|--|-----------------------|---|
| Flores<br>2005 <sup>43</sup> | Effect of medical<br>interpreter<br>services on<br>health care<br>quality | Systematic review | Systematic<br>review of 36<br>studies (RCT,<br>descriptive,<br>qualitative,<br>survey) on LEP<br>(limited in English<br>proficiency) (1).<br>Quality of health<br>care and errors<br>related to use of<br>interpreters;<br>communication<br>issues; patient<br>satisfaction with<br>care; and<br>processes,<br>outcomes,<br>complications,<br>and use of health<br>services (2). | Urban emergency<br>department, hospitals,<br>physician offices | None                  | Lack of interpreters results in poor<br>self-reported understanding of<br>diagnosis and treatment plan. Ad<br>hoc interpreters misinterpret or omit<br>up to half of all physicians'<br>questions, are more likely to commit<br>errors with potential clinical<br>consequences, have a higher risk of<br>not mentioning medication side<br>effects, and ignore embarrassing<br>issues when children are ad hoc<br>interpreters. Lack of interpreters<br>affects communication and quality of<br>psychiatric encounters, including<br>positive effects of bilingual providers<br>and an adverse impact of ad hoc<br>and no interpreters. Bilingual<br>providers and telephone interpreters<br>yield highest levels for satisfaction.<br>Interpreters resulted in increase of<br>preventive screening and reduced<br>disparities in LEP and EP patients:<br>with interpreters, greater increase in<br>office visits, number of prescriptions<br>written and filled, but none in number<br>of phone contacts, urgent care<br>phone calls, or urgent care visits.<br>LEP with no or ad hoc interpreter<br>have more medical tests, higher test<br>costs, more frequent intravenous<br>hydration, and higher risk of<br>hospitalization. |

| Source                       | Safety Issue<br>Related to<br>Clinical Practice | Design Type                 | Study Design,<br>Study Outcome<br>Measure(s)                                   | Study Setting and Study Population   | Study<br>Intervention | Key Finding(s)   |
|------------------------------|---|-----------------------------|--|--|-----------------------|--|
| Gandhi<br>2003 <sup>19</sup> | Adverse drug<br>events in primary<br>care       | Prospective cohort<br>study | Observational<br>study without<br>controls (5).<br>Adverse drug<br>events (1). | Survey of 661patients<br>who received at least<br>one prescription<br>during a 4-week<br>period (55 percent<br>response rate) and<br>chart review at four<br>adult primary care<br>practices in Boston<br>(two hospital based<br>and two community<br>based) | None                  | 25 percent (n = 162) had a total of<br>181 adverse drug events;13 percent<br>(24) serious, 28 percent (51)<br>ameliorable, 11 percent (20)<br>preventable. Of 51 ameliorable 63<br>percent attributed to physician's<br>failure to respond to medication-<br>related symptoms, and 37 percent to<br>patient's failure to inform physician<br>of symptoms; most frequent<br>medication classes – selective<br>serontonin-reuptake inhibitors (10<br>percent), beta-blockers (9 percent),<br>angiotensin-convertying-enzyme<br>inhibitors (8 percent), nonsteroidal<br>anti-inflammatory agents (8 percent).<br>Multivariate analysis – only number<br>of medications taken significantly<br>associated with adverse events. |
| Gandhi<br>2005 <sup>26</sup> | Outpatient<br>prescribing errors                | Prospective cohort<br>study | Observational<br>study without<br>controls (5).<br>Adverse drug<br>events (1). | Outpatients over age<br>18 who received a<br>prescription from 24<br>participating<br>physicians in 4 adult<br>primary care practices<br>in Boston using<br>prescription review,<br>patient survey, and<br>chart review                                      | None                  | Screened 1,879 prescriptions from<br>1,202 patients and 661 surveys (55<br>percent response rate); 143<br>prescriptions contained a prescribing<br>error, 3 errors led to preventable<br>ADEs, and 62 had potential for<br>patient injury. 1 (2 percent) was<br>potentially life threatening and 15<br>(24 percent) were serious. Rates of<br>medication errors and potential<br>ADEs not significantly different at<br>basic computerized prescribing sites<br>vs. handwritten sites; advanced<br>checks could have prevented 95<br>percent of potential ADEs;<br>prescribing errors in 7.6 percent of<br>outpatient prescriptions.   |

| Source                         | Safety Issue<br>Related to<br>Clinical Practice  | Design Type                    | Study Design,<br>Study Outcome<br>Measure(s)  | Study Setting and<br>Study Population  | Study<br>Intervention   | Key Finding(s)  |
|--------------------------------|--|--------------------------------|---|--|---|---|
| Glassman<br>2006 <sup>27</sup> | Effects of<br>automated drug<br>alerts on<br>clinicians'<br>knowledge and<br>perceptions | Pretest and post-test<br>study | Observational<br>study with<br>controls (4).<br>Increased<br>recognition of<br>selected<br>interacting dug<br>pairs and<br>perceptions of<br>computerized<br>order entry (3). | 97 clinicians (82<br>physicians and 15<br>nurse<br>practitioners/physician<br>asst) in ambulatory<br>settings in Southern<br>California Veterans<br>Affairs Healthcare<br>System | Interval (~2<br>years) exposure<br>to automated<br>drug alerts via<br>computerized<br>patient record<br>system (CPRS) | Clinicians recognize seven<br>interacting and/or contraindicated<br>drug-drug pairs at both time periods;<br>recognition of three contraindicated<br>drug-drug pairs moderately<br>improved; more clinicians preferred<br>order entry at followup vs. baseline<br>(63 percent vs. 45 percent); most<br>common barrier to use of order entry<br>system was "poor signal to noise"<br>ratio or too may nonrelevant alerts.  |
| Gurwitz<br>2003 <sup>17</sup>  | Adverse drug<br>events among<br>older person in<br>ambulatory<br>setting                 | Retrospective cohort<br>study  | Observational<br>study without<br>controls (5).<br>Adverse drug<br>events (1).  | Medicare enrollees<br>cared for by<br>multispecialty group<br>practice during a 12-<br>month period  | None  | 1,523 adverse drug events – 27.6<br>percent (421) considered avoidable;<br>578 (38 percent) categorized as<br>serious, life threatening, or fatal;<br>overall rate of 50.1 adverse drug<br>events/1,000 person-years; rate of<br>13.8 preventable adverse drug<br>events/1,000person-years. Errors<br>occurred most often at stages of<br>prescribing (58.4 percent) and<br>monitoring (60.8 percent); 21.1<br>percent of errors involved patient<br>adherence. Most common<br>medication categories were<br>cardiovascular (24.5 percent),<br>diuretics (22.1 percent), nonopioid<br>analgesics (15.4 percent),<br>hypoglycemics (10.9 percent),<br>anticoagulants (10.2 percent). |

| Source                        | Safety Issue<br>Related to<br>Clinical Practice | Design Type                   | Study Design,<br>Study Outcome<br>Measure(s)   | Study Setting and Study Population  | Study<br>Intervention | Key Finding(s)  |
|-------------------------------|---|-------------------------------|--|---|-----------------------|---|
| Hibbard<br>2005 <sup>58</sup> | Medical errors                                  | Cross-sectional               | Assess the<br>effectiveness of<br>12<br>recommendation<br>actions form<br>AHRQ's 20 tips;<br>respond to<br>scenarios of 29<br>different possible<br>medical errors;<br>response to<br>terms patient<br>safety and<br>medical errors;<br>how effected are<br>recommended<br>actions; how<br>likely are<br>consumers to<br>engage in<br>actions. | 195 consumers of<br>medical care recruited<br>from University of<br>Oregon classified<br>staff, mean age 42,<br>71 percent female,<br>81.5 percent<br>Caucasian, 12<br>percent high school<br>graduates, 55.4<br>percent college<br>graduates, 14 percent<br>listed health as fair or<br>poor, 44 percent<br>reported they or<br>family member had<br>experienced a<br>medical error. | None                  | Patient safety (27 percent not a<br>serious problem) perceived as less<br>of a problem than medical errors (23<br>percent not a serious problem); more<br>likely to engage in older established<br>recommended actions (4.6) than<br>newer recommended ones (2.9) or<br>those actions requiring questioning<br>(2.6). Self-efficacy and effectiveness<br>of action related to likelihood to<br>engage in recommended actions. |
| Hicks<br>2006 <sup>25</sup>   | Medication errors<br>in children                | Retrospective cohort<br>study | Observational<br>study without<br>controls (5).<br>Harmful<br>medication errors<br>in children (1).  | Data from voluntary<br>medication error<br>reporting system<br>(MEDMARX <sup>®</sup> ) over 5<br>years for individuals<br><17 years old   | None                  | 816 harmful outcomes involving 242<br>medications; 11 medications<br>accounted for 34.5 percent of errors;<br>wrong dosing and omission errors<br>common; associated with opioid<br>analgesics (11 percent),<br>antimicrobials (7.5 percent),<br>antidiabetic agents (4.5 percent),<br>fluids and electrolytes (4.4 percent).   |

| Source                            | Safety Issue<br>Related to<br>Clinical Practice   | Design Type                                       | Study Design,<br>Study Outcome<br>Measure(s)   | Study Setting and Study Population  | Study<br>Intervention  | Key Finding(s)   |
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| Kerlikowske<br>1999 <sup>35</sup> | Cost<br>effectiveness and<br>impact on life<br>expectancy of<br>mammography<br>screening in<br>women 70–79<br>years | Noncomparative<br>study                           | Decision analysis<br>and cost-<br>effectiveness<br>analysis using a<br>Markov model<br>(4).<br>Deaths due to<br>breast cancer<br>averted, life<br>expectancy, cost<br>effectiveness (2). | General population of<br>women 65 and older   | Outcomes of<br>screening<br>mammography<br>based on three<br>screening<br>strategies | Continuing screening to age 79 with<br>bone mineral density in top 3<br>quartiles prevent 9.4 deaths and add<br>~2.1 days to life expectancy with<br>incremental cost of \$66,773 /year of<br>life saved; continuing screening in all<br>women to age 79 prevents 1.4<br>additional breast cancer deaths and<br>adds 7.2 hours to life expectancy<br>with incremental cost of<br>\$117,689/year of life saved. Goal is<br>to prevent deaths from breast cancer<br>at reasonable cost and minimize<br>harms of screening healthy women.<br>Incidence of DCIS increases with<br>age with 25 percent of cancer being<br>DCIS in elderly women; increases<br>rate of surgical treatment of<br>insignificant lesions; 8 percent of<br>women ages 70 and older will have<br>abnormal result; 85 percent–92<br>percent with abnormal result do not<br>have cancer; worry and anxiety. |
| Koshy<br>2005 <sup>53</sup>       | Medical errors<br>and patient<br>safety   | Literature review,<br>nonsystematic/<br>narrative | Review of<br>literature (5).<br>Computer<br>solutions to<br>medical errors<br>and patient safety<br>(2).   | Biometrics data base;<br>biometrics –<br>fingerprints, CPOE<br>(computerized<br>physician order entry),<br>DSSs (decision<br>support systems) | None   | Proposed Patient Care Information<br>System – integrated, seamless, with<br>access to real-time patient<br>information (biometrics, CPOE.<br>electronic medical records, etc.).<br>Recommendations: existing error-<br>prevention strategies are not<br>adequate to reduce errors and<br>assure safe health-care deliver;<br>proposes layout of linked data<br>systems from hospital medical<br>information system to regional<br>database to central database   |

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| Kralewski<br>2005 <sup>22</sup>   | Influence of<br>structure and<br>culture of medical<br>group practices<br>on prescription<br>drug errors | Retrospective cohort<br>study   | Observational<br>study without<br>controls (5).<br>Influence of<br>structure and<br>culture of medical<br>group practices<br>(3).  | Care Plus claims<br>data, prescription<br>drug error rates at<br>enrollee level<br>aggregated for 78<br>group practices in<br>upper Midwest,<br>ambulatory care | None                  | 30 percent of 250,024 prescriptions<br>written flagged as potential errors;<br>~half of errors were for over- or<br>underdoses; predictors of drug<br>errors – physician workload, use of<br>outpatient case managers related to<br>lower error rates; coordinating care<br>in rural areas related to higher error<br>rates; urban group practices lower<br>error rates; value of physician<br>autonomy lower error rates; financial<br>incentive use of electronic<br>information systems not associated<br>with lower error rates; structure and<br>culture variable explain 52 percent of<br>variance. |
| Kuzel<br>2004 <sup>15</sup>       | Medical errors in primary care   | Noncomparative<br>study         | Observational<br>study without<br>controls (5).<br>Stories of<br>preventable<br>problems with<br>primary care that<br>led to physical or<br>psychological<br>harm (1).       | 38 in-depth<br>anonymous interviews<br>with adults from rural,<br>suburban, and urban<br>locales in Virginia and<br>Ohio  | None                  | 221 problematic incidents reported;<br>37 percent (n = 82) involved<br>breakdowns in clinician-patient<br>relationship; 29 percent (n = 63)<br>involved breakdown in access to<br>clinicians; several reports of<br>perceived racism; incidents linked to<br>170 reported harms (psychological –<br>70 percent, physical – 23 percent).   |
| Mandelblatt<br>2003 <sup>32</sup> | Cost<br>effectiveness of<br>screening<br>mammography<br>beyond age 65<br>and potential<br>harms          | Systematic literature<br>review | Systematic<br>review (1).<br>Cost-benefit<br>analysis, cost<br>effectiveness,<br>life-years gained,<br>and costs per<br>person of biennial<br>screening after<br>age 65 (2). | Women 65 years and<br>older; cost-<br>effectiveness articles<br>published between<br>January 1989 and<br>March 2002   | None                  | 115 studies – 10 met inclusion<br>criteria; Incremental costs of<br>~\$34,00 to \$88,000 per life-year<br>saved after age 65; cost effective to<br>screen if had not been regularly<br>screened before age 65; potential<br>harms not fully captured in any<br>study; potential harms include<br>anxiety associated with false-positive<br>results, misdiagnosis, and previous<br>knowledge of cancer or living longer<br>with consequences of treatment,<br>quality of life, operative mortality.  |

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| Mayo<br>2004 <sup>18</sup>     | Nurses'<br>perceptions of<br>medication errors<br>made by nurses    | Noncomparative<br>study      | Observational<br>study without<br>controls (5).<br>Perceptions of<br>medication errors<br>(1).  | Random sample of<br>983 acute care<br>nurses in Southern<br>California; self-report<br>survey       | None  | Causes of drug errors – physician's<br>writing is difficult to read or illegible,<br>nurses are distracted on the unit,<br>nurses are tired and exhausted,<br>confusion between two drugs with<br>similar names, nurse miscalculates<br>the dose, physician prescribes the<br>wrong dose, nurse fails to check<br>patient's name band with the<br>medication administration record,<br>nurse sets up or adjusts an infusion<br>device incorrectly, medication<br>labels/packaging are of poor quality<br>or damaged, nurses are confused by<br>different types and functions of<br>infusion devices. 45.6 percent of<br>nurse believed all drug errors are<br>reported; reasons for not reporting<br>include fear of manager and peer<br>reactions. |
| McDowell<br>1986 <sup>51</sup> | Comparison of<br>methods for<br>recalling patients<br>for influenza | Randomized clinical<br>trial | Randomized<br>clinical trial<br>comparing three<br>methods of<br>reminding patient<br>to receive<br>influenza<br>vaccination (2).<br>Influenza<br>vaccination rates<br>(3). | 939 patients ages 65<br>years and older in<br>four family practices<br>in Canada                    | Personal<br>reminder by<br>physician vs.<br>telephone<br>reminder by<br>nurse vs.<br>reminder by<br>letter vs. no<br>reminder | Vaccination rates – 22.9 percent for<br>physician reminder, 37 percent for<br>nurse reminder, 35.1 percent for<br>letter reminder, 9.8 percent for no<br>reminder; reminders automatically<br>generated from a computerized<br>medical record system.   |
| McDowell<br>1989 <sup>49</sup> | Computerized<br>reminders for<br>cervical<br>screening              | Randomized clinical<br>trial | Randomized<br>clinical trial (2).<br>Cervical<br>screening rates<br>(3).  | 1,587 women ages<br>18–35 overdue for a<br>screening test in<br>family medicine<br>center in Canada | Personal<br>reminder by<br>physician vs.<br>telephone<br>reminder by<br>nurse vs.<br>reminder by<br>letter vs. no<br>reminder | Screening rates – 16.1 percent for<br>physician reminder, 25.9 percent for<br>letter reminder, 20 percent for nurse<br>reminder, 13.7 percent for no<br>reminder; reminders automatically<br>generated from a computerized<br>medical record.   |

Prevention—Safety & Quality

| Source                         | Safety Issue<br>Related to<br>Clinical Practice  | Design Type                  | Study Design,<br>Study Outcome<br>Measure(s)                                   | Study Setting and<br>Study Population   | Study<br>Intervention   | Key Finding(s)   |
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| McDowell<br>1989 <sup>48</sup> | Computerized<br>reminders of<br>blood pressure<br>screening in<br>primary care                 | Randomized clinical<br>trial | Randomized<br>clinical trial (2).<br>Blood pressure<br>screening rates<br>(3). | 8,298 patients ages<br>18 and older who had<br>not had a blood<br>pressure<br>measurement during<br>the previous year,<br>from large family<br>practice in Canada | Computer-<br>generated<br>reminder to<br>physician to<br>check blood<br>pressure during<br>visit vs.<br>telephone<br>reminder by<br>nurse vs.<br>reminder by<br>letter vs. normal<br>care control | Screening rates – 30.7 percent for<br>physician reminder, 35.7 percent for<br>letter reminder, 24.1 percent for<br>nurse reminder, 21.1 percent for no<br>reminder; reminders automatically<br>generated from a computerized<br>medical record.  |
| Metlay<br>2005 <sup>23</sup>   | Medication-taking<br>practices on<br>high-risk<br>medications in<br>home-based<br>older adults | Noncomparative<br>study      | Observational<br>study without<br>controls (Level 4).                          | Telephone survey of<br>4,955 community-<br>dwelling older adults<br>in Pennsylvania in<br>PACE (a State<br>insurance program)<br>program                          | None  | 32 percent had not received any<br>specific instructions about<br>medications; 35 percent received<br>instructions from primary care<br>provider and 46 percent from<br>pharmacist; 54 percent used pillbox<br>to organize meds; those prescribed<br>warfarin more likely to report<br>receiving instructions than those with<br>digoxin or phenytoin. |

| Source                         | Safety Issue<br>Related to<br>Clinical Practice | Design Type          | Study Design,<br>Study Outcome<br>Measure(s)  | Study Setting and Study Population  | Study<br>Intervention | Key Finding(s)   |
|--------------------------------|---|----------------------|---|---|-----------------------|--|
| Phillips<br>2004 <sup>12</sup> | Malpractice<br>claims in primary<br>care        | Retrospective cohort | Observational<br>study without<br>controls (4).<br>Review of<br>malpractice<br>claims data<br>1985–2000 from<br>Physician<br>Insurers<br>Association of<br>America (4). | 49,345 primary care<br>claims; 26,126 peer<br>reviewed, 5,921<br>assessed as<br>negligent | None                  | No single condition accounted for >5<br>percent, internists and family<br>practice/general practitioners more<br>common than general pediatricians.<br>Diagnostic error, failure to supervise<br>or monitor case, improper<br>performance, medication errors,<br>failure/delay in referral, not<br>performed, performed when not<br>indicated, no medical misadventure,<br>delay in performance, failure/delay in<br>admission to hospital, failure to<br>recognize a complication of<br>treatment. Causes – problems with<br>records, content issue; premature<br>discharge from institution, x-ray<br>error, vicarious liability,<br>communication between providers,<br>others; similar to the United<br>Kingdom. |

| Source                      | Safety Issue<br>Related to<br>Clinical Practice                               | Design Type                         | Study Design,<br>Study Outcome<br>Measure(s)   | Study Setting and Study Population   | Study<br>Intervention | Key Finding(s)  |
|-----------------------------|---|-------------------------------------|--|--|-----------------------|---|
| Poon<br>2006 <sup>46</sup>  | Health care<br>information<br>technology (HIT)<br>adoption                    | Multisite qualitative<br>study      | Multisite<br>qualitative study;<br>survey of<br>electronic results<br>review, CPOE,<br>EHR (electronic<br>health record),<br>claims and<br>eligibility<br>checking, patient-<br>doctor electronic<br>communication,<br>provider to<br>provider<br>electronic<br>communication.<br>Modified Delphi<br>approach to<br>obtain national<br>estimates (5),<br>adoption of HIT in<br>two markets:<br>Boston and<br>Denver (4). | Key informants from<br>stakeholder groups in<br>each city                            | None                  | 52 of 119 potential informants (44<br>percent) agreed to interview;<br>functionalities to support financial<br>reimbursement were better<br>developed than those to support<br>safety and quality clinical care;<br>national estimate similar to those<br>from Boston and Denver; major<br>barriers; HIT adoption is limited.   |
| Quaid<br>1993 <sup>29</sup> | Psychological<br>and ethical<br>considerations in<br>screening for<br>disease | Literature review,<br>nonsystematic | Nonsystematic<br>review (6).<br>Potential harms<br>of screening (2).   | Nonsystematic<br>literature review of<br>potential risks of<br>screening for disease | None                  | Risks include misunderstanding of<br>test results, misdiagnosis, labeling,<br>stigmatization, and decreased<br>psychological well-being; results<br>may be misused by industry or<br>insurance companies; screening<br>should not be implemented until<br>certain safeguards in place;<br>clinicians and public should be<br>educated about potential risks and<br>benefits; use accurate, reliable,<br>valid, and sensitive screening tests;<br>obtain informed consent; followup<br>surveillance; procedures to protect<br>right to privacy should be<br>implemented. |

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|------------------------------|--|---|---|---|--|--|
| Rich 2000 <sup>38</sup>      | Screening for<br>breast, cervical,<br>and colon cancer | Cross-sectional study                         | Model days of life<br>lost by stopping<br>screening at<br>various ages<br>using SEER data<br>(5).<br>Days of life lost<br>by stopping<br>screening at<br>various ages (1).                            | Randomized trial<br>data, model using life<br>tables to calculate life<br>expectancy at various<br>ages for stopping<br>screen and for<br>continuing until death<br>for breast, cervical,<br>and colon cancer   | Stopping<br>screening at<br>various ages   | Start age of 50 years, maximum<br>potential life expectancy benefit of<br>43 days for breast cancer, 28 days<br>for colon cancer. Start at age 20,<br>maximum potential benefit of 47<br>days; 80 percent of benefit is<br>achieved before age 75 for breast<br>cancer, 80 years for colon cancer,<br>and 65 years for cervical cancer.<br>Small benefit may be outweighed by<br>harms of anxiety, additional testing,<br>and unnecessary treatment. |
| Rosser<br>1991 <sup>52</sup> | Reminders for<br>preventive<br>procedures              | Prospective<br>randomized<br>controlled study | Prospective<br>randomized<br>controlled study<br>(2).<br>Completion of<br>preventive<br>procedures (2).   | 8,502 patients 15<br>years or older not in a<br>hospital or institution;<br>5,883 randomly<br>assigned by family to<br>a control, physician<br>reminder, or<br>telephone or letter<br>reminder group; 2,619<br>not assigned to group<br>but monitored | During 1 year<br>patients in active<br>reminder groups<br>received a<br>telephone or<br>letter reminder of<br>any overdue<br>preventive<br>procedures,and<br>those in passive<br>groups received<br>a physician<br>reminder vs. no<br>reminder | All three reminder systems improved<br>delivery of preventive services<br>completion rates – 42 percent for<br>letter reminder, 33.7 percent for<br>physician reminder, 14.1 percent in<br>control group; reminders were<br>computer generated.  |
| Rosser<br>1992 <sup>50</sup> | Reminders of<br>tetanus booster<br>vaccination         | Prospective<br>randomized<br>controlled study | Prospective<br>randomized<br>controlled study<br>(2).<br>Proportion of<br>patients receiving<br>tetanus toxoid<br>during study year<br>or had claim of<br>vaccination in<br>previous 10 years<br>(2). | 8,069 patients 20<br>years or older not in a<br>hospital or institution<br>– 5,589 randomly<br>assigned to control,<br>physician reminder,<br>telephone reminder,<br>or letter reminder<br>group; 2,480 patients<br>not randomized but<br>monitored   | No reminder vs.<br>physician<br>reminder at office<br>visit vs.<br>telephone<br>reminder vs.<br>letter reminder  | Rates of recorded tetanus<br>vaccination – 3.2 percent for control<br>no reminder, 19.6 percent for<br>physician reminder, 20.8 percent for<br>telephone reminder, 27.4 percent for<br>letter reminder; all three reminder<br>systems were computer generated<br>and increased the rate of tetanus<br>vaccination, but all fell sort of<br>achieving complete population<br>coverage.  |

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|--------------------------------|--|---|---|---|-------------------------|---|
| Rubin<br>2003 <sup>14</sup>    | Errors in general<br>practice                                      | Noncomparative<br>study   | Observational<br>study without<br>controls (5).<br>Staff reported<br>errors –<br>classification and<br>frequency (1).   | 5 physicians, 1 nurse,<br>1 pharmacist, and 11<br>administrative staff<br>from 19 practices in<br>UK general practice,<br>North East of England | Error<br>classification | 940 errors in prescriptions,<br>communication, equipment,<br>appointment, clinical, other;<br>75.6/1,000 appointments; most were<br>administrative relating to<br>prescriptions or communication; 13<br>percent related to computers.   |
| Shekelle<br>2006 <sup>47</sup> | Costs and<br>benefits of health<br>information<br>technology (HIT) | Systematic review of<br>studies related to HIT<br>systems in all care<br>settings | Systematic<br>review of studies<br>(meta-analysis,<br>systematic<br>review, original<br>research) (1).<br>Costs and<br>benefits of HIT for<br>pediatric care;<br>ability of one<br>aspect of HIT –<br>the electronic<br>health record<br>(EHR); costs and<br>cost effectiveness<br>of implementing<br>EHR; effect of<br>HIT on making<br>care more patient<br>centered (2). | 256 articles of 855<br>screened from<br>electronic search of<br>articles published<br>1995 to January 2004                                      | None                    | 156 studies about decision support,<br>84 assessed EHR, and 30 on<br>computerized physician order entry<br>(CPOE); 124 in outpatient or<br>ambulatory setting, 82 in the hospital<br>or inpatient setting; 97 used a<br>randomized design; 11 controlled<br>clinical trials, 33 pre/post-test design,<br>20 time series, 17 case studies with<br>concurrent control; 211 hypothesis-<br>testing studies, 81 had at least some<br>cost data. Clinical decision support<br>systems (CDSS) reduce medication<br>dosing error; CPOE plus CDSS<br>reduce incidence of harmful<br>medication errors in inpatient<br>pediatric and neonatal intensive care<br>settings; evidence for HIT cost<br>savings in pediatrics is limited but<br>promising; current use of EHR<br>systems is limited. Added guidelines<br>show decrease in orders for<br>overused tests and increase in<br>orders for underused tests; costly –<br>3–13 years to break even. Limited<br>evidence on patient-centered care.<br>Barriers to HIT implementation –<br>situational, cognitive and/or physical,<br>liability, and knowledge and attitude.<br>Potential to dramatically alter health<br>care, but limited experimental<br>evidence. |

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| Sawaya<br>2000 <sup>37</sup>  | Positive<br>predictive value<br>of cervical<br>smears in<br>previously<br>screened women | Randomized<br>controlled study | Prospective<br>cohort study and<br>randomized<br>double-blind,<br>placebo-<br>controlled trial<br>(2).<br>Positive<br>predictive value<br>of cervical<br>smears and the<br>effect of oral<br>estrogen plus<br>progestin on<br>incident cervical<br>cytologic<br>abnormalities (1). | 2,561 women with a<br>uterus and normal<br>cytologic<br>characteristics at<br>baseline in 20 U.S.<br>outpatient and<br>community clinical<br>centers  | Annual smear;<br>oral conjugated<br>equine<br>estrogens, 0.625<br>mg/d, plus<br>medroxyprogeste<br>rone acetate, 2.5<br>mg/d, or identical<br>placebo | Incidence of new cytologic<br>abnormalities 2 years after a normal<br>smear was 110/person-years. In 103<br>women with known histologic<br>diagnoses, 1 had mild to moderate<br>dysplasia; positive predictive value<br>of any smear abnormality 1 year<br>after normal smear was 0 percent, 2<br>years was 0.9 percent. Conclusion –<br>cervical smear should not be<br>warranted within 2 years of normal<br>cytologic results in postmenopausal<br>women. |
| Tabar<br>2004 <sup>33</sup>   | Efficacy of breast<br>cancer screening<br>by age   | Randomized<br>controlled trial | Clinical trial of<br>breast cancer<br>screening (2).<br>Mortality (1).   | 133,065 Swedish<br>women ages 40–74<br>with 13-year followup<br>of 2,467 cancers  | Breast cancer<br>screening  | 30 percent reduction in mortality<br>associated with screening in women<br>40–74 after 13 years, 34 percent in<br>women 50–74, and 13 percent for<br>women 40–49; reduced effect on<br>mortality in women 40–49 due to<br>prognostic factors of tumor size,<br>lymph node status, and histologic<br>type.  |
| Triller<br>2005 <sup>21</sup> | Prevalence of<br>risk factors for<br>adverse drug<br>events (ADEs)                       | Retrospective cohort<br>study  | Observational<br>study without<br>controls (5).<br>Risk factors for<br>ADEs (2).   | Data on 10 risk<br>characteristics of<br>patients at point of<br>discharge discharged<br>in 2000 to home<br>health care, self-care,<br>long-term care | None  | Data on 4,250 discharges; risk<br>characteristics varied across three<br>groups: home health care – highest<br>prevalence of heart failure,<br>cardiovascular medication use, and<br>poly pharmacy; long-term care –<br>highest prevalence of<br>hypoalbuminemia, cognitive<br>impairment, and psychiatric drug<br>use.  |

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| Volk 1999 <sup>39</sup>      | Shared<br>decisionmaking<br>for prostate<br>cancer screening                               | Randomized<br>controlled trial      | RCT with pre-<br>office visit<br>assessment and<br>2-week followup<br>(2).<br>Patients' core<br>knowledge of<br>prostate cancer,<br>reported<br>preferences for<br>PSA testing, and<br>ratings of<br>videotape (3). | 160 men ages 45–70<br>with no history of<br>prostate cancer or<br>treatment, from<br>university-based<br>family practice center | Patient-<br>educational<br>approach to<br>shared<br>decisionmaking<br>for prostate<br>cancer – PSA<br>videotape | Significant change in knowledge<br>about prostate cancer knowledge –<br>mortality, performance of PSA<br>testing, treatment complications and<br>disadvantages of PSA testing;<br>significant decrease in patient<br>preferences for PSA.   |
| Walter<br>2005 <sup>31</sup> | Extrapolation to<br>older person of<br>efficacious<br>screening tests<br>for cancer, harms | Literature review,<br>nonsystematic | Nonsystematic<br>literature review<br>(6).<br>Surrogate<br>outcomes (2).  | Review of evidence-<br>based literature   | None  | Few screening trials include person<br>>70; questions to ask when deciding<br>to extrapolate results of cancer<br>screening trials to older individuals:<br>Are there differences in the behavior<br>of cancers in older people that<br>reduce the benefit of early<br>detection/treatment? Are there<br>differences in the accuracy of<br>screening tests in older people that<br>make tests more likely to miss<br>cancer? Are there differences in<br>individual characteristics of older<br>people that: Reduce the likelihood of<br>benefit from screening? Increase the<br>likelihood of benefit from screening?<br>Potential complications of screening<br>identified (e.g., physical<br>complications, psychological<br>distress, followup procedures, high<br>anxiety). Screening in older persons<br>is individual and requires weighing<br>potential benefits and harms. |

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|--------------------------------|--|---------------------------|--|--|---|--|
| Walter<br>2001 <sup>40</sup>   | Framework for<br>individualized<br>decisionmaking<br>for cancer<br>screening | Cross-sectional study     | Description<br>of development of<br>framework (6).<br>Potential benefits<br>and harms of<br>screening (1). | Elderly individuals<br>(50–90 years old);<br>use of life expectancy<br>tables and published<br>data              | Development of<br>framework for<br>individualized<br>decisionmaking | Potential benefits presented as<br>number needed to screen to prevent<br>one cancer-specific death; variability<br>in potential benefit for patients of<br>similar ages with varying life<br>expectancies; with <5 years unlikely<br>to derive a survival benefit. Potential<br>harms – greatest occur by detecting<br>cancers that would never be<br>clinically significant; burdens due to<br>screening; individualized<br>decisionmaking with consideration of<br>patient's values and preferences. |
| Woloshin<br>1997 <sup>42</sup> | Main spoken<br>language as<br>barrier to<br>preventive<br>services           | Cross-sectional<br>survey | Self-report of<br>breast<br>examination,<br>mammogram,<br>and Pap test (20).                               | 22,448 women<br>completing 1990<br>Ontario Health<br>Survey, population-<br>based random<br>sample of households | Language<br>spoken  | French-speaking women or those<br>who spoke a language other than<br>English were less likely to receive<br>important preventive services.   |