

In Case of EMERGENCY

- Turn off all power.
- Call 9-1-1 or the local emergency number.
- Using a fiberglass Shepherd's crook/rescue hook, extend your reach to the victim. Then
 - Brace yourself on the pool deck;
 - Extend the Shepherd's crook/rescue hook toward the victim;
 - If the victim cannot grasp the Shepherd's crook/rescue hook, use the loop to encircle the victim's body and pull him or her, face-up, to the edge;
- Carefully remove the victim from the water;
- Position the victim on his or her back;
- Tilt the victim's head and lift the chin to open the airway;
- Check the victim for breathing and, if the victim isn't breathing, give two rescue breaths;
- Check the victim for signs of circulation (normal breathing, coughing, or movement in response to rescue breaths) and
 - If there are no signs of circulation, begin CPR;
 - If there are signs of circulation, begin rescue breathing