

Bike to work, skip the traffic, May 15

Thursday May 15, join tens of thousands of Bay Area residents and put aside your car keys, don your helmet and get on your bike!



Thursday, May 15 is "Bike to Work Day!" Hop on your bike and bike to work or to BART!

Register for Bike to Work Day at 511.org for a free chance to win a brand new bicycle from New Belgium Brewery, REI or Marin Bikes, or

a stylish messenger bag from Timbuk2!

On Bike to Work Day, "Energizer Stations" will be located at several BART stations and along commute routes

where bicyclists can stop for refreshments, giveaways and bicycling information. Visit 511.org for updated Energizer Station locations and times, Bike to Work Day activities and events.

BART celebrates Asian Pacific American Heritage

Take BART to the Asian Heritage Street Celebration

The 4th Annual Asian Heritage Street Celebration will be held on Saturday, May 17 from 11 a.m. to 6 p.m.

This year the festival returns to Japantown with a beautiful backdrop, two stages of entertainment, food, arts and crafts and much, much more. Attendance is expected to top 100,000! Be sure to take BART and avoid traffic and parking hassles. Take BART to Montgomery station and transfer to Muni bus #38.



BART Bike Rules

For complete BART bike rules, pick up a "BART Basics Guide" or visit the "Bike Access" section of bart.gov.



- Bikes are allowed on all trains except those trains shown in highlighted areas of the "BART Fares and Schedules" brochure.
- Bikes are never allowed on crowded cars.
- Bikes are allowed in any car but the first car of a train.
- Bicyclists must use elevators or stairs, not escalators, and always walk bikes.
- Bikes must be parked in racks and lockers.
- Folded bikes are allowed on BART trains at all times. During commute hours, folding bikes must be folded before entering the paid area at the Embarcadero, Montgomery, Powell, and Civic Center stations, and the 12th and 19th Street stations in Oakland.

FROM THE GENERAL MANAGER

May is "National Bike Month," highlighted by "Bike to Work Day" on the 15th, a great opportunity to get a little exercise by riding your bike to BART.

BART's interest in bicyclists extends beyond a day or a month. We work to make BART stations accessible to bicyclists all year long. Just one example: BART is installing electronic lockers at eight stations this year.

Unlike old-fashioned key lockers which provide just one key for one renter, a single e-locker could be rented by as many as five cyclists in one week by using smart card technology. The improved efficiency should mean greater availability.

Additionally, there is free attended parking for 430 bikes at Embarcadero, Downtown Berkeley and Fruitvale stations.

You can also bring your bike on BART, especially if you're among the growing number of cyclists that use a folding bike. Folding bikes are permitted on BART at all times.

Standard bikes are permitted on most trains, but there are restrictions during peak commute hours. For more information, see the "BART Fares and Schedules" brochure or visit www.bart.gov/bikes.

Need more incentive even in this day of \$4 a gallon gasoline? If you normally drove an SUV 10 miles to a BART station and instead switched to a bike just one day a week, you could save \$643 according to 511.org's bike calculator. That's enough for a fancy new bike!

Dorothy W. Dugger, General Manager

Free bike parking at three BART stations

Free, secure bike parking is available at the Downtown Berkeley, Embarcadero and Fruitvale BART stations. Check with the bike stations for hours and other services provided:

- **Downtown Berkeley bike station:** 510/548-7433 or bikestation.org
- **Embarcadero BART bike station:** 415/834-1049 or bikestation.org
- **Fruitvale bike station:** 510/536-2200

Black & White Ball returns to San Francisco

Family Explorations! California Families

Oakland Museum of California
1000 Oak at 10th St.
www.museumca.org or 510/238-2200
BART: Lake Merritt

Sunday, May 11, 1-4 p.m.: A FREE day of fun that celebrates ALL families, especially welcoming those with adopted, foster, mixed-race, and lesbian, gay, bisexual and transgender members. The fun includes the Otto Voci ensemble of the Oakland East Bay Gay Men's Chorus; magic with Timothy James; a martial arts demonstration by Destiny Arts; panning for gold; and many other activities

Older Americans Month Celebration

Frank Ogawa Plaza, Oakland
Clay Street between 14th and 15th streets
www.oaklandhumanservices.org/calendar
BART: Oakland City Center/12th St

Friday, May 16, 11 a.m.-2 p.m.: Free event will offer entertainment, a farmers market, and more than 70 nonprofit agencies offering services to seniors.

Sing Me Your Story, Dance Me Home: Art and Poetry from Native California

Jewett Gallery, San Francisco Main Public Library
100 Larkin St. at Grove, www.sfppl.org

BART: Civic Center

May 10-June 29: California native peoples' stories, songs and dance take form in poetry, painting, basketry, jewelry, printmaking, photography and sculpture. Based on the book "The Dirt is Red Here: Art and Poetry from Native California," the exhibition shares the lives, stories, songs and dances of the artists.



Three installation artists: Judith White, Danny Scheible and Art Hazelwood

Front Gallery, 35 Grand Ave., Oakland
www.frontgalleryoakland.com or 510/444-1900
BART: 19th Street, 3-block walk

Through May 24: The three artists create works of spaces, whether they be exterior or interior; physical or psychological.

Beowulf: A Thousand Years of Baggage: A Rock Opera

Ashby Stage, 1901 Ashby Ave., Berkeley
www.shotgunplayers.org or 510/841-6500
BART: Ashby

May 16-June 22: After 1,000 years of telling and retelling, who decides what the facts really were? Flawed heroes, sympathetic monsters and haughty professors collide as one of the most twisted stories in the literary canon comes to life - with a live musical score.

Bug

SF Playhouse, 533 Sutter St. at Powell
San Francisco, www.sfplayhouse.org,
www.ticketweb.com or 415/677-9596
BART: Powell Street, 4-block walk

May 10-June 14: Pulitzer Prizewinner Tracy Letts' tale of love, paranoia and government conspiracy is a thought-provoking psycho thriller that mixes terror and laughter at a fever pitch.

Back in San Francisco after three years, this year's Black & White Ball® promises to turn San Francisco's Civic Center into a fabulous indoor/outdoor music and dance event on May 31.

Start the night right by taking BART to the Ball! Exit BART at Civic Center Station.

Grammy®-winning singer-songwriter Seal headlines with a special concert in Davies Symphony Hall. The 2008 Ball will also feature more than a dozen bands in six venues with live music, dancing, fantastic food, bev-



erages, and the ever-popular Midnight Surprise! Party-goers will indulge in complimentary gourmet food and beverages all night long, provided by some of the Bay Area's finest restaurants and wineries of Napa and Sonoma counties.

More details and a full schedule are available at sfsymphony.org.

BART is giving away five pairs of tickets to the event, valued at \$400 a pair. Visit myBART.org for your chance to win!

Carnaval sambas into the City

Take BART to 16th Street Mission or 24th Street Mission stations for all the excitement of the 30th annual Carnaval SF!

Carnaval SF takes place Memorial Day weekend, Saturday, May 24 and Sunday, May 25 from 10 a.m. to 6 p.m. The Carnaval Parade begins at Bryant and 24th Streets on Sunday at 9:30.

Forget about parking and traffic, relax and enjoy the festival and parade...take BART.

Entertainment includes Latin and Caribbean music and dance; "Zona Verde," the largest outdoor eco-green village in the City; "Fiesta de Jonron," all kinds of fun for baseball lovers; "SoccerFest," celebrating the world's most popular sport; "Niñolandia," a pint-sized party for the little ones, drummers, dancers and much, much, more!



Best of all, the Festival and Parade are FREE.

For information, call the Carnaval San Francisco hotline at 415/920-0125 or visit www.carnavalsf.com.

BARTv Guide

Now playing on BARTv

Online at www.bart.gov

Ride It, Fold It, BART It

Follow one bicyclist's commute from the East Bay to her SF office as she shows why folding bikes are often the best option to bike to and from BART.

