

Earthquake Safety Advice

National Weather Service
West Coast & Alaska Tsunami Warning Center

What to do DURING an Earthquake:

- * Try to stay calm
- * If inside: Stand in a doorway or crouch under a desk or table, away from windows or glass dividers. Watch out for falling objects.
- * If outside: Stand away from buildings, telephone and electric lines and trees.
- * If on the road: Drive away from underpasses and overpasses; stop in a safe area; stay in your vehicle.

What to do AFTER an Earthquake:

- * Check for injuries – provide first aid.
- * Check for safety hazards: gas, water, sewage breaks; downed electric lines and shorts; building damage such as cracks around chimney and foundation. Turn off appropriate utilities.
- * Carefully clean up dangerous spills.
- * Listen to radio for instructions from public safety agencies.
- * Do NOT use the telephone except for emergencies.
- * Expect aftershocks. Already weakened structures may topple.

Survival Items to Have on Hand:

- * Portable radio with extra batteries
- * First aid kit: Include specific medicines needed for members in your household
- * First aid book
- * Flashlight with extra batteries
- * Adjustable wrench for turning off gas and water.
- * Smoke detector properly installed.
- * Bottled water – sufficient for the members of your household for one week.
- * Canned and dried food sufficient for the members of your household for a week.
Remember – both water and food should be rotated into normal meals to keep freshness.
- * Non-Electric can opener
- * Portable stove such as butane or charcoal. Remember stoves should not be ignited until it is determined that there is no gas leak in the area. Charcoal should only be burned outdoors, Use of charcoal indoors will lead to carbon monoxide poisoning.
- * Matches and candles
- * Telephone numbers of police, fire and doctors.

Important Things You Should Know:

- * How to turn off gas, water and electricity for your residence.
- * Basic first aid
- * Plan for reuniting your family.