LT Jason Lefringhouse, USN

Lieutenant Jason Lefringhouse was born in Colorado Springs, Colorado, and grew up in Kailua, Hawaii. He has an extensive family history of military service including his father who served 35 years in the Army as a Chinook pilot and two brothers -- one who graduated from the U.S. Air Force Academy and now serves in the Marines in logistics, and another in the Army as an Infantryman. Dr. Lefringhouse earned his undergraduate degree from Hawaii Pacific University, followed by a Masters of Public Health degree from the University of South Florida. After his masters training he moved to the Caribbean and lived on a boat in St. Thomas, U.S. Virgin Islands, running charters between the islands. He later went back to Hawaii to conduct clinical trials before applying to the Uniformed Services University of the Health Sciences where he graduated in 2006 with a Doctor of Medicine degree. Currently, Dr. Lefringhouse lives in Coronado, California, with his wife, Rebecca and daughter, Molly, where he is completing his residency training in Obstetrics and Gynecology at the Naval Medical Center San Diego.