

LTC David M. Benedek, MD, USA

Dr. David Benedek received his B.A. from the University of Virginia in 1986 and his M.D. from the Uniformed Services University of the Health Sciences F. Edward Hébert School of Medicine in 1991. After internship and residency in Psychiatry at Walter Reed Army Medical Center, he was assigned as Division Psychiatrist, First Armor Division, Germany. From there, he deployed to the former Yugoslavia and delivered mental health support to U.S. and NATO Troops for Operation Joint Endeavor (1996). He returned to Walter Reed to complete forensic psychiatry fellowship training in 1998 and then served as the Assistant Chief of Inpatient Psychiatry, Walter Reed Army Medical Center. In 1999 he became Chief, Forensic Psychiatry Service, and Director, National Capital Consortium Military Forensic Psychiatry Fellowship Program at Walter Reed. He remained in those positions until joining the USU Department of Psychiatry's Center for the Study of Traumatic Stress faculty full-time in 2004. Dr. Benedek's awards include the Meritorious Service Medal (two oak leaf clusters) and Army Commendation Medal (three OLC) for his work at Walter Reed and in Bosnia, the LTG Claire Chennault Award for Outstanding Military Psychiatry Faculty Member in the National Capital Area, and the American Psychiatric Association's Nancy C.A. Roeske Award for Excellence in Medical Student Education. In 2002 he received the U.S. Army Surgeon General's "A" Proficiency Designator. His research interests include organizational disaster preparedness and response, traumatic stress, and operational psychiatry. He has authored or co-authored over 40 scientific publications, and he has presented on numerous aspects of military, disaster, and forensic psychiatry at regional, national, and international professional conferences. He serves on the American Psychiatric Association's Committee on Confidentiality and was the consultant to the Association's Practice Guideline workgroup in the development of their Practice Guideline for the Treatment of Patients with Acute Stress Disorder and Posttraumatic Stress Disorder. Dr. Benedek is an Associate Professor of Psychiatry and Assistant Chair for Education at the Center for the Study of Traumatic Stress, Uniformed Services University of the Health Sciences. He is a President-Elect of the Society of Uniformed Service Psychiatrists—the Military District Branch of the American Psychiatric Association. He has served on numerous APA committees and was recently selected as a Distinguished Fellow of the American Psychiatric Association. In addition to his operational experience in Bosnia and Croatia, Dr. Benedek has deployed to Cuba and Iraq in conjunction with the Global War on Terrorism. In 2004 he was appointed Consultant to the U.S. Army Surgeon General for Forensic Psychiatry. He has been married since 1991 to Cindy Bierman of Bowie, MD.