

It's time to change how we view a child's growth.

4 feet

47"

46"

45"

44"

43"

42"

41"

40"

39"

38"

37"

3 feet

35"

34"

33"

32"

31"

30"

29"

28"

27"

26"

25"

2 feet

23"

22"

21"

20"

19"

18"

17"

16"

15"

14"

13"

1 foot

5 years

says own name and address

attempts to please and be like friends

counts out 10 or more objects

understands the difference in fantasy and reality

4 years

speaks clearly and in sentences of 5 to 6 words

follows 3-step commands

pretends to be "mom" or "dad"

cooperates with other children and negotiates to solve conflicts

3 years

uses 4 to 5-word sentences

uses pronouns (I, you, me, we, they) and some plurals (cars, dogs, cats)

completes puzzles of 3-4 pieces

plays make-believe with dolls, animals, and people ("feeds" a teddy bear)

imitate adults and playmates (runs when other children run)

2 years

points to object or picture when named

uses 2 to 4-word phrases

follows simple instructions

becomes more interested in other children

turns over container to dump out contents

18 months

does simple pretend play ("talks" on a toy phone)

points to interesting objects

looks at an object when you point to it and tell him or her to "look!"

uses several single words unprompted

1 year

uses simple gestures (such as waving "bye bye")

imitates actions in play (claps when you clap)

responds when told "no"

says "mama" and "dada"

responds to simple verbal requests



www.cdc.gov/actearly

Learn the Signs. Act Early.