



WITH DISTINCTION FOR GENERAL COMMUNITY SERVICE

Mentoring

Case Western Reserve University

Education, Health/Nutrition, Mentoring, Service Learning

School Partnership for Child Health and Wellness

The collaborative effort of nursing students and faculty from Case Western's Frances Payne Bolton School of Nursing (FPBSN); nurses, nutritionists, teachers and administrators from the Cleveland Municipal School District (CMSD); CMSD students in the 5th, 6th, and 7th grades and their families; this project provides health screening and monitoring to identify children at risk and the implementation of an intervention. Through routine state mandated screening in the CMSD, students at FPBSN found that over 45% of the children screened were overweight or obese, putting them at high risk for the development of diabetes and hypertension. As a result of these findings, a service learning project was developed to reduce the risk of diabetes and hypertension in children in two Cleveland elementary schools by reducing the incidence of obesity. Interventions include health education for students and families related to nutrition, exercise; and education about the signs, risks and complications of diabetes and hypertension; student support groups focusing on the issues of self esteem, self worth and empowerment; and a school physical activity program, developed in collaboration with members of the Case Western Athletic Department and led by nursing students and parent and community outreach. Over 200 CMSD students participated in the first year of this project. Project activities included the development of an exercise video, presentation of multiple educational modules, the implementation of community wide health fairs, parents night educational programs, parent and community newsletters and regular meetings and activities with the children during the school day.

For More Information:

Mayo Bulloch

Center for Civic Engagement

Case Western Reserve University

10900 Euclid Avenue

Sears Building 470

Cleveland, OH 44106

(216) 368-6960

mayo.bulloch@case.edu



WITH DISTINCTION FOR GENERAL COMMUNITY SERVICE

Mentoring

Defiance College

At-Risk Youth, Community & Economic Development, Education, Employment, Mentoring

Service Trip

In late October, 2005, the Defiance College Men's Basketball Team participated in a three-day service/mission trip to an area in southwest Columbus, Ohio, known as "The Bottoms." The Bottoms is the third largest "white ghetto" in America with a majority of residents having family origins in Appalachia. Located in a floodplain, the area is marked by concentrated poverty and a lack of economic development. The neighborhoods consist of many single-parent families. Alcohol and drug abuse is prevalent. The high school dropout rate is nearly 40% leading to an increase in teenage pregnancy and sexually transmitted diseases.

The service trip was made in conjunction with Mercy Missions and the Agora Ministries Youth Shelter of Columbus. Agora created the shelter to work with youth who have dropped out of school. Agora provides employment opportunities and youth mentoring.

The Defiance College Team was involved in demolition, cleanup, and construction work; basketball clinic and open gym for neighborhood youth; delivering cookies to members of the community in a program called "Random Acts of Kindness;" sponsoring a Saturday evening pizza party with youth; and participating in a Saturday evening youth fellowship and a Sunday church service with community members. Defiance College received national recognition for this project. Defiance College received the National Division III Athletic Director's Association Distinguished Service Award for 2005, presented at the 2006 NCAA National Convention. Defiance College students plan to return to The Bottoms each year.

For More Information:

Dr. Gary K. Percesepe

McMaster School for Advancing Humanity

Defiance College

701 N. Clinton Street

Defiance, OH 43512

(419) 783-2553

gpercesepe@defiance.edu



WITH DISTINCTION FOR GENERAL COMMUNITY SERVICE

Mentoring

Portland State University

Education, Environmental, Mentoring

Lewis Elementary Community Service Project

In Academic Year 2005-06, over 200 Portland State University (PSU) students and alumni utilized their expertise in construction, project management, sustainable systems, and education to implement service projects at Lewis Elementary School in Southeast Portland. As a result, 325 elementary students and hundreds of college students have benefited from a new outdoor classroom.

The \$15,000 greenhouse and outdoor classroom were constructed and developed by students from PSU and funded by a grant from the FEED project. Currently, the project activities include maintaining the school's greenhouse and garden for planting and ecology projects for the students, weeding and cleaning up around the fence that surrounds the school, and helping the students install their art projects on the fence.

As an ongoing project, supported by PSU's institutional commitment to Community-Based Learning curricula, PSU students will continue to work with students from Lewis Elementary to clean up the school grounds, make the school more attractive and artistically inviting, improve the school's library system, and manage the outdoor classroom and greenhouse.

For More Information:

Kevin Kecskes

Center for Academic Excellence

Portland State University

1721 SW Broadway

Portland, OR 97207

(503) 725-5642

kecskesk@pdx.edu



WITH DISTINCTION FOR GENERAL COMMUNITY SERVICE

Mentoring

Purdue University

At-Risk Youth, Health/Nutrition, Mentoring, Youth Leadership, Service Learning, Summer Program

National Youth Sports Program At Purdue

NYSP at Purdue University is a free, six-week summer day camp designed to give children ages 10-16 the opportunity for academic, health and nutrition, and sports instruction. The program targets low-income students who qualify for either free or reduced lunch programs as defined by federal guidelines. Purdue hosts program participants on campus for seven hours each day, five-days-a-week for six weeks. Participants receive instruction in various sports activities with innovative games used to increase aerobic capacity, strength, and flexibility. In all activities, campers learn self-responsibility, mutual respect, responsibility to others, teamwork, and other hallmarks of good citizenship.

Forty Purdue undergraduate and graduate students are paid a living stipend and are engaged in 200 hours of service learning in Purdue's NYSP. In addition to the leadership and/or teaching skills they bring to the program, the entire NYSP staff undergoes three days of special training on the needs of our campers and their families before camp begins. At the moment, service-learning credit is optional (HK 590N).

For the last two years, NYSP at Purdue has added another level of service learning. Each of the 20 camper teams is expected to give back to the community for three hours and then they learn about the social agency or site function before they leave campus. After the visit, they are asked to reflect on the experience in their computer/writing class. Service-learning sites for NYSP have included the YWCA Women's shelter, Trinity Mission, Community and Family Resource Center, Transitional Housing, Veteran's Home, and a number of assisted living and senior center homes.

For More Information:

Marne G. Helgesen, Director
Center for Instructional Excellence
Purdue University
Young Hall, Room 730
West Lafayette, IN 47097
(765) 496-6424
helgesen@purdue.edu



WITH DISTINCTION FOR GENERAL COMMUNITY SERVICE

Mentoring

University of California, Berkeley

At-Risk Youth, Education, Mentoring, Tutoring, Youth Leadership

Destination: College

Destination: College, an AmeriCorps Program, was founded four years ago to address the critical need to support and enhance efforts to promote college eligibility of Bay Area youth, by placing members throughout the Bay Area in academic support positions. The program promotes college awareness among elementary, middle and high school aged youth by supporting the educational outreach efforts of nine partner agencies. This year the Center placed 78 part-time AmeriCorps Members to provide tutoring, mentoring and college prep courses to low-income K-12 youth. Approximately 700 youth were impacted directly by the program, and whole schools benefited with support in creating “college-going culture”, and the AmeriCorps members provided 35,100 hours of service to the community and will be continuing the program next year with 36 students.

For More Information:

Megan Voorhees

Director, Cal Corps Public Service Center

University of California, Berkeley

505 Eshleman Hall #4550

Bent Hall, Garden Level room 5

Berkely, CA 94720

(510) 642-1081

voorhees@berkeley.edu