



USU INSIDER

Office of Recruitment and Diversity
Bringing you news and information from
the Uniformed Services University

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Community Outreach: Get to Know Your Neighbors!

CAPT Cynthia Macri, MC, USN

Let me again congratulate you on your acceptance to USU School of Medicine. During your four years at USU, you will have the opportunity to get involved in some of our local outreach activities. The Office of Recruitment and Diversity (ORD) has developed several programs that may be of interest to you. The principal aim of these programs is to address the educational gap that seems to be more pronounced among the District of Columbia and its suburbs and to enhance diversity at the high school level. Thus, ORD has partnered with the Prince George's County Parks and Recreation Teen Programs serving Prince George's County, Maryland, the Friendship Public Charter Schools in Northeast D.C., and Stone Ridge School of the Sacred Heart in Bethesda, Maryland.

During this summer, if you are a current or prior service Naval officer, a Navy or Air Force ROTC graduate, or a graduate of the US Air Force Academy or the US Naval Academy and you wish to serve your summer TAD/TDY at USU in lieu of officer training, you may make your request through ORD for consideration. You would serve as a Mentor or chaperone for 1-3 one-week sessions of an ORD sponsored program called **S2M2: Science, Service, Medicine, and Mentoring**. Each session consists of one week of didactic, inspirational, and interactive lectures, hands on workshops, field trips to local attractions such as the Simulation Center and the Medical Museum at Walter Reed, a day of shadowing a military physician, and a student-produced community health fair. Comments we have received in the past from participants include: "this was a life changing experience" and "now I want to go to the Naval Academy and USU and be a Navy doctor," among others. You have an unbelievable influence on these kids. The dates for 2007 are: July 2-7 (4th off,

health fair on Saturday) in Landover, Maryland, July 23-27 at USUHS, and August 6-10 at USUHS. All participants will be between 14-17, and will have completed 9th grade biology, and all will have a stated interest in pursuing a career in science, engineering, and/or medicine. Each session includes students from a variety of ethnic, educational, and economic backgrounds. Please contact me if you are interested in participating in this program as a mentor this summer. For those of you who do not qualify this summer, you may make a request for next summer.

During the school year, ORD and the U.S. Navy Diversity Working Group has committed to providing a 2 hour after school activity at Blow Pierce Academy of the Friendship Public Charter School system once every two weeks. This session will include both studying and fitness. The Blow Pierce Academy after school program consists of up to 450 7th and 8th graders. The studying session will be an emphasis on reading and some strategies for test taking. The fitness sessions will include anything from walking to the Navy PRT to a basketball round robin tournament. The NNMC MWR fitness center will provide the jerseys for the tournament and the referee. If you would like to get involved with this, I would welcome your help and your ideas.

Also during the school year, ORD has been invited to participate in the Prince George's County Parks and Recreation Teen Cotillion program. This involves a 1.5 hour session once per month where we introduce topics such as PSAT/SAT prep, college counseling, interview techniques, professionalism, health and fitness, and making healthy choices. There has been some outside interest expressed in promoting this activity. During the fall, I anticipate escorting some students on college visits as well.

Uniformed Services University
4301 Jones Bridge Road
Bethesda, Maryland 20814
www.usuhs.mil

Office of Recruitment &
Diversity
(ORD)

www.usuhs.mil/ord
1-800-635-2368

Cynthia Macri
CAPT, MC, U.S. Navy
Vice President
301 295-9560
Email: cymacri@usuhs.mil

Sheena Ferrell
Diversity Affairs Specialist
301 295-9563
Email: sferrell@usuhs.mil

LaRhonda Baker
Program Support
301 295-3965
Email: lbaker@usuhs.mil

Information:

Office of the Dean
301 295-3017

Military Personnel
301 295-3423

Admissions
800 772-1743

Student Affairs
301 295-3188

Housing Referral
800 358-6301

In the Know

Frequently Asked Questions

Question: Is there an on-base banking facility at USU?

Answer. USU has an ATM machine. However, most students once enrolled at USU automatically become eligible for membership at the Navy Federal Credit Union (NFCU) located on the Main Street, of the National Naval Medical Center (NNMC). NFCU offers a complete range of services and products, with worldwide locations. NFCU staff member are ready to assist you with all your financial needs. Also available are 24-hour NFCU ATMs located on Main Street and at the Navy Exchange. To learn more about NFCU you can visit them online at www.navyfcu.org.

Question: Do the schedule allow me to take time off for traveling or going home?

Answer: As a medical student you get a Spring break (1 week); Winter break (2-3 weeks); and a Summer break (1-2 weeks)

Top Ten Reasons for Attending USUHS

ENS John Burger & ENS Brandon Tillman

10. No Military experience necessary
9. Learn unique skills empowering you to perform humanitarian aid worldwide provided by the United States
8. Provides support & care for your dependents
7. Cooperate with your classmates rather than compete with them.
6. A wide variety of career opportunities after medical school
5. Have the chance to travel the country through military rotations.
4. A tuition free education.
3. Top training in specialties ranging from Ob/Gyn to Tropical Medicine.
2. Receive a salary as a medical student (\$40,000 per year)
1. Provide care for those who risk their lives to protect freedom.

USU



A Unique Academic Health Center

Excerpt from www.usuhs.mil

Research

The university's nationally ranked military and civilian faculty conduct cutting edge research in the biomedical sciences and in areas specific to the DOD health care mission such as combat casualty, infectious diseases, and radiation biology. The university is committed to technology transfer to ensure that the results of research are made widely available and currently holds more than 289 patents or pending patents.

Debt-free Education

Students attending USU can focus on their education without the worry of incurring debt. Medical students enter the university as commissioned officers in one of the four uniformed services: Army, Navy, Air Force or Public Health Service. No prior service is required for admission to USU. Students pay no tuition or fees and, in fact, receive the full salary and benefits of a uniformed officer throughout their four years at the university in exchange for a seven-year active duty service commitment. Students in the Graduate Programs are a mix of both civilians and uniformed officers. They also pay no tuition or fees. Civilian students may receive stipends and uniformed graduate students continue to receive their active duty pay and benefits while attending school at USU. The Graduate School of Nursing students are all active duty uniformed nurses or nurses in federal civilian service. Neither pay tuition or fees at USU, and both continue to receive their regular salaries while students at the university.