

Project FIRST

						MB No. 09	
Г					Expiratio	n date: 12/	31/2007
	SECTION A	A: HEALTH AN	ID HEALTH CAR	Ē			
۱.	Are you currently pregnant and at least 18 years old?						
	Yes □ No □ → (That	NK YOU, PLEAS	E RETURN QUESTIO	NNAIRE IN THE EN	CLOSED POSTA	GE PAID ENVE	LOPE)
2.	When is your baby due? (PLEASE WRITE IN MONTH AND DAY) MONTH:	DAY:					
3.	Who provides your prenatal care? (PLEASE "X" ALL THAT AP An obstetrician A family doctor, general practitioner, in A midwife or nurse midwife Another type of health care provider I am not getting prenatal care from a h	iternist, or othe	r physician	C		QUESTION 5)	
1 .	How many weeks pregnant were you when you went for you	r first prenatal	visit?				
	4 weeks or less□ 5 to 8 weeks□ 9 to 12 weeks□		13 to 18 weeks 19 to 24 weeks 25 weeks or more	🗆			
5.	Are you covered by any kind of health insurance or any kind program like Medicaid?			rance obtained t	hrough an emp	oloyer or a gov	vernment
	Yes	No	🗆				
) .	In the past month, were you enrolled in the WIC program or or children? (WIC is a program that gives food to pregnant and	did you get WI	C food or vouchers en, babies, and you	s for yourself or f ung children.) (P i	or any of your LEASE "X" ALL	THAT APPLY)	
		my child was e food	nrolled or got	🗆 No	D		
	What was your weight just before you became pregnant?	·····	POUNDS				
5.	How tall are you? FEET		INCHES				
	What is your age? YEARS						
0.	On the average, how many cigarettes do you smoke a day no	ow? (Write in () if you do not smo	oke).			
	CIGARETTES	PER DAY					
11.	How many people not including yourself smoke inside your h	nome most day	s? (Include family	y members, frien	ds, and anyon	e else.)	
	0 1		3 🗆	4 or more	🗆		
2.	Have you had gestational diabetes with this pregnancy?						
	Yes	No 🗆	Don't know				
3.	As best you know, which of the following health conditions do	o vou vourself			? (PLEASE "X'	' ALL THAT API	PLY)
	······································	- , ,			ТНЕ ВАВ		,
	Juvenile onset diabetes (Type I)	You, the baby's <u>mother</u>	THE BABY'S <u>FATHER</u> □	THE BABY'S BROTHER OR <u>SISTER</u>	GRANDPAR AUNTS, <u>UNCLE</u>	ENTS, N OR	ONE OF THESE LATIVES
	Adult onset diabetes (Type II)						
	Asthma Eczema						
	Food allergy						
	Allergies to pollen, dust, animals, latex, or anything else Overweight or obesity						
4.	Since you learned that you were pregnant, have you eaten m	nore. less. or a	bout the same of t	he followina food	ls? If vou did r	not eat the foc	d before
	you learned that you are pregnant and you don't eat the food			Before or Now." EAT EA	T ABOUT	DID NOT EAT	
	Milk or other dairy foods						
	Eggs Canned tuna						
	Swordfish, shark, tile fish, or king mackerel						
	Any other type of fish						
	Shellfish						
	Luncheon meats						
	Nuts, peanuts, or peanut butter Alcoholic drinks						
	Vitamin or mineral supplements						
	Any herbal or botanical supplement						
				_	-	-	

	, <u></u> , , ,, , ,, , , ,, , , ,, , , ,, , , ,, , , ,, , , ,, , , ,, , , ,, , , , ,, , , , ,, , , , ,, , , , ,, , , , ,, , , , ,, , , , ,, , , , ,, , , , ,, , , , ,, , , , ,, , , , ,, , , , ,, , , , ,, , , , ,, , , , ,, , , , ,, , , , ,, , , ,, , , , ,, , , ,, , , ,, , , ,, , , ,, , , ,, , ,, , ,, , , ,, , ,, , , ,, , , ,, , ,, , ,, , ,, , ,, , ,, , ,, , ,, , ,, , ,, , ,, ,, ,, ,	UPSETS MY STOMACH OR MAKES ME <u>FEEL SICK</u>	May harm <u>My baby</u>	TO PREVENT A FOOD ALLERGY IN <u>MY BABY</u>	Other <u>REASON</u>	
	Milk or other dairy foods					
	Eggs Canned tuna					
	Swordfish, shark, tile fish, or king mackerel					
	Any other type of fish					
	Shellfish Luncheon meats					
	Nuts, peanuts, or peanut butter					
	Alcoholic drinks					
	Vitamin or mineral supplements Any herbal or botanical supplement					
		—	_	_	_	
	SECTION B: EMPLO	OYMENT				
16.	Did you work for pay at any time from the 3 months before you became pregr Yes	nant up to the pro □ →(Go		23)		
17	Using 1 to mean "None" and 5 to mean "Very much," how much satisfaction d	lo vou aet from v	our paid worl	(?		
.,.	None (1) (2) (3)	ie you get nom j	(4) □)
18.	About how much of your family's income comes from the money you earn from		ı are no longe		 swer for the tim	ne you were
	working. If you have reduced your work hours because of your pregnancy, and Less than half About half			n half		
19.	Do you work for pay now?	_				
	Yes, the same number of hours as before pregnancy]] 🗲 (Goтoqu				
20.	How many hours per week do you usually work at this job now? (If you work a	at two or more jo	bs, answer fo	or the total nu	mber of hours y	/ou work.)
	10 to 19 hours per week 35 to 40 ho	urs per week urs per week 40 hours per we	[
21.			ve no leave ti	hat you can u	se for maternity	/ leave, write
22	LEAVE LEAVE	2		L	.EAVE	
	Not at all supportive	vhat supportive upportive				
23.	Do you plan to work for pay during your baby's first year?					
24	How many weeks after the baby is born do you plan to return to work?		GO TO SECT	TION C)		
24.				_		
		weeks weeks				
		weeks				
	10 to 12 weeks D More that	n 30 weeks				
25	How many hours per week do you plan to work?					
<u>د</u> ی.				_		
		nours per week nours per week				
	•	n 40 hours per w				
26.	How many hours per week would you prefer to work when you return to work	?				
		nours per week				
		nours per week				
		n 40 hours per w				
	would pre	efer not to work.				
27.	What will you do with your baby while you are working? (PLEASE "X" ALL THA	AT APPLY)				
		will keep my bal have not decide				
[SECTION C: INFANT	FEEDING				
28	What method do you plan to use to feed your new baby in the first few weeks	?				
_0.						
	Breastfeed only (baby will not be given formula)		ESTION 34)			
	Both breast and formula feed					
	Don't know yet					

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29.	How old do you think your baby will be	when you first feed	him or her forr	nula or any o	ther foo	od besides l	breast milk?		
	Less than one month	-		6 months					
	1 to 2 months			months					
	3 to 4 months			than 9 montl					
00	Decision to continue has a first disc	- (1							
30.	Do you plan to continue breastfeeding	•		_				_	
	Yes	No	🗆	Do not pla	n to wo	rk after the	baby's birth	Ц	
31.	How old do you think your baby will be	when you complet	ely stop breastf	eeding?					
			MONTHS						
32.	Using 1 to mean "Not at all Confident" a the age you marked in Question 31?	and 5 to mean "Ve	ry Confident," he	ow confident	are you	u that you w	ill be able to bre	eastfeed until	the baby is
	0,								
	<u>Not At All Confident</u> (1)	(2)	(3)		<u>(4)</u>		<u>Very Co</u> (5		
		<u>(2)</u> □	<u>(3)</u> □			•	Ē		
33	Using 1 to mean "Very Uncomfortable"	and 5 to mean "Ve	erv Comfortable	" how comfo	rtahle v	vould vou b	e in the followin	a situations?	
55.	Using I to mean very oncomorable	and 5 to mean ve						g situations:	Many
			UNG		=			со	VERY MFORTABLE
			_	<u>(1)</u>	_	<u>(2)</u>	<u>(3)</u>	<u>(4)</u>	<u>(5)</u>
	Nursing your baby in the presence of clo								
	Nursing your baby in the presence of me close friends								
	Nursing your baby in the presence of me	en and women who	o are not	—		_		-	_
	close friends								
34.	Which of the following statements is clo	osest to your opinio	n? The best wa	av to feed a b	aby is:				
	Breastfeeding	• •		•	•		🗆		
	A mix of <u>both</u> breast a								
	Formula feeding								
	Breastfeeding and for	mula feeding are e	qually good way	ys to feed a b	aby		🗆		
35.	How strongly do you agree or disagree	with the following	statements?						
		0		STROM		SOME-		SOMEWHAT	STRONGLY
				STRON DISAG		WHAT DISAGREE	AGREE NOR DISAGREE	Somewhat AGREE	STRONGLY AGREE
	Infant formula is as good as breast milk								
	If a baby is breastfed, he or she will be								
	If a baby is breastfed he or she will be le If a baby is breastfed he or she will be le	• •	•						
	Babies should be exclusively breastfed					_	_		_
	months								
	If a child was breastfed, he or she will b	e less likely to bec	ome obese	🗆					
36.	How do the following people think your		d in the first few	weeks? (Ma	ark "No	one in this	category" if the	re is no one in	the category,
	such as if you don't yet have a pediatric	cian for the baby.)				ONLY	BOTH BREAST		NO ONE IN
				ONI		FORMULA	AND	OR DON'T	THIS
	Baby's father			BREAS		FED	FORMULA FED		CATEGORY
	Your mother								
	Your mother-in-law								
	Your obstetrician or other doctor								
	Baby's pediatrician or other doctor								
37.	How important are the following people	's opinions in vour	decision about	how to feed	vour ba	bv?			
					,	-) -		NO ONE IN	
			NOT AT ALL	NOT VERY	-	MEWHAT	VERY	THIS	
	Baby's father		IMPORTANT	IMPORTANT	IME	PORTANT	IMPORTANT	CATEGORY	
	Your mother								
	Your mother-in-law								
	Your obstetrician or other doctor								
	Baby's pediatrician or other doctor								
38.	About how many of your friends and re	latives have breast	fed their babies	?					
	One or two	🗆	None have	ve breastfed.		🗆			
	Three to five						→(GO TO QUES)	STION 40)	
	More than five	Ц	Don't kno	ow		LJ			
39.	About how many of your friends and re	latives have <u>never</u>	breastfed their	infants at all?)				
	One or two		None – a	II with babies	have b	preastfed	🗆		
	Three to five	□	Don't kno	ow			🗆		
	More than five	🗆							
40	When you were babies, were you and t	the baby's father ev	ver breastfed?						
.0.				Vaa		No	Don't Know		
	Y	ou, the baby's mot	her	<u>Yes</u> □		<u>No</u> □	<u>Don't Know</u> □		
		aby's father							
		-			-				
41.	How many other babies have you had	or adopted when y	ounger than 12	months old?	Do no	t include the	e baby you are o	expecting.	
	OTHER BAB	SIES HAD	BA	BIES ADOP	TED				
IE V	OU HAVE NOT GIVEN BIRTH TO	A BABY, GO TO	SECTION D).					
		,							

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42.	Have you ever given birth by cesarean?
	Yes No
43.	Did you breastfeed, for any time at all, any of your other babies?
	Yes □ No □ →(Go to section d)
44.	How old was your baby when you stopped breastfeeding? (If you have breastfed more than one baby, answer for the youngest one.) Less than one month
	SECTION D: OTHER INFORMATION
45.	Have you heard about any problems in food related to:

Dioxins or PCB's	

Listeria.....

Mercury

IF YOU HAVE NOT HEARD OF ANY OF THESE PROBLEMS, GO TO QUESTION 47.

46. For each problem in Question 45 that you have heard of, do you remember what kind of food was related to the problem? (PLEASE "X" ALL THAT APPLY)

	Some TYPES OF FISH	ALL TYPES OF FISH	Some types of Shellfish	SOME TYPES OF MEAT OR CHICKEN	ALL TYPES OF MEAT OR CHICKEN	Some TYPES OF CHEESES	SOME TYPES OF LUNCHEON MEATS	ALL TYPES OF LUNCHEON MEATS	Don't <u>know</u>
Listeria									
Mercury									
Dioxins or PCB's									

47. Have you have obtained information about your diet or about feeding babies from any of the following sources for this pregnancy or a previous one? For information <u>about feeding babies</u>, please think of breastfeeding, formula feeding, feeding solid foods, or any other infant feeding information.

	INFORMATION ABOUT MY DIET WHILE PREGNANT	INFORMATION ABOUT FEEDING BABIES	NO INFORMATION FROM THIS SOURCE
Doctor, nurse, or other health professional			
WIC food program			
Relative or friend			
Books or videos			
Newspaper or magazine			
Television or radio			
The web site, <u>www.4woman.gov</u>			
The web site, www.breastfeeding.com			
Other government web site			
Other non-government web site			

48. Have you recently seen, heard, or read anything about breastfeeding or about infant formula from the following places?

	BREASTFEEDING		INFANT F	ORMULA
_	Yes No		YES	No
TV				
Magazine				
Newspaper				
Radio				
On the internet or web				
Billboards or outdoor posters				

FOR QUESTION 49, PLEASE LOOK AT THE PICTURES ON THE AD INSERT INCLUDED WITH THIS QUESTIONNAIRE.

49. Have you recently seen the ads shown on the Ad Insert? Have you recently seen an ad...

			<u>Y</u>	<u>es No</u>	NOT SURE
On TV that shows a pregna	nt woman riding a mechanical bull?	See TV Ad 1			
On TV that shows a pregna	nt woman drinking soda and eating	greasy food? See TV Ad 2			
On TV that shows pregnant	women in a log rolling competition'	? See TV Ad 3			
In a magazine or newspape	r that shows two dandelions? See	Print Ad 1			
	r that shows two otoscopes, the me				
	r that shows two scoops of ice crea				
	r or on a billboard or the internet the Ad 4				
	ads on the radio that feature a man puntry western music. Have you red		g? One ad is	a song se	t to soul music and
,	sic ad D	No, have not heard either Not sure			
51. Date you completed this form	: MONTH DAY	_ YEAR			
52. As mentioned in the brochure	e, we need your current telephone n	umber in order to ensure that you a	are involved a	at every ste	p of Project FIRST.
My current telephone num	ber is: Area code Telephone numb	ber			
53. Are you the Synovate Consu	ner Opinion Panel Member?				
	Yes	No 🗆			

PLEASE RETURN THIS QUESTIONNAIRE AND THE AD INSERT AS SOON AS POSSIBLE IN THE POSTAGE PAID ENVELOPE PROVIDED