

Global Opinion Panels

Job No: R868-02 OMB # 0910-0558 Expiration Date: 12/31/2007

SECTION A: BABY'S FEEDING AND HEALTH

If your baby is regularly cared for by someone else, it is very important that you ask your child care provider to give you information for the feeding questions.

If you have older children, please think only about your youngest baby when you answer the questions.

Section A-1: Feeding

| 1. | In the past 7 days, how often was your baby fed each food listed below? | Include feedings by everyone who feeds the baby and include snacks and |
|----|---|--|
| | night-time feedings. | |

| Preast milk. Formula. Cotwork milk. Other milk sey milk, rice milk, goat milk, etc. Other daily loods; yogurt, close milk, goat milk, etc. Other daily loods; yogurt, close milk, goat milk, etc. Other daily loods; yogurt, close milk, goat milk, etc. Other daily loods; yogurt, close milk, goat milk, etc. Other daily loods; yogurt, close milk, goat milk, etc. Other daily loods; yogurt, close milk, goat milk, etc. Other daily loods; yogurt, close milk, goat milk, etc. Other daily loods; yogurt, close milk, goat milk, etc. Baby operaal. Other creeals and starches breakfast cereals, teething biscults, crackers, breads, pasta, rice, etc. Front. Front. Front. Front fires. Front fires. Front fires. Front fires. Front fires. Fench fires. Fish or shelllish. Fench fires was your baby fed in the gast 7 days? (PLEASE "X" ALL THAT APPLY) Baby was not fed baby cereal. Dry cereal that you added a liquid to call the goat of the goat of the goat of the separate learns. (PLEASE "X" ALL THAT APPLY) Baby was not fed baby cereal. Dry cereal that you added a liquid to call the separate learns. (PLEASE "X" ALL THAT APPLY) Baby was not fed baby cereal. Which of the following was your baby fed in the gast 7 days? (PLEASE "X" ALL THAT APPLY) Baby was not fed baby cereal. Which of the following was your baby your baby was provided to the tens listed, please mark each of the separate learns. (PLEASE "X" ALL THAT APPLY) Fluoride. Has your baby used a pacifier in the gast 7 days? Yes. No. During the gast 2 weeks, how often was your baby put to bed with a bottle of formula, breast milk, juice, juice drink, or any other kind of milk? At most selfiber shirms, juice of the goat provided with a bottle of formula or pumped (or expressed) breast milk in the gast 2 weeks. Other occasionally at bedfilmes, including naps. Only occasionally at bedfilmes, including naps. Only occasionally at bedfilmes, including naps. How often have you baby drink all of his or her bottle of formula? Never. Rerey. Nover. Rarely. Sometimes. Most of the | | than once a day, write the number of feedings per week in the second of the food at all during the past 7 days, write in 0 in the second column. | | | • | ui baby was not led |
|--|----------|--|---|--|--|---|
| Cow's milk. Other milk: soy milk, rice milk, goat milk, etc. Other daily sods yegar, cheese, lee cream, pudding, etc. 100% fruit or 100% expects of the seed of t | | | · | GS PER DAY | FEEDINGS PER WEEK | |
| Cows milk, one milk, goat milk, etc. Other dairy foods, yogurt, cheese, ice cream, pudding, etc. Other soly foods: foth, froze soy desserts, etc. 100% find to 100% vegetable juice 100% vegetable juice 100% find to 100% vegetable juice | | Breast milk | <u> </u> | | | |
| Other daily rods: youth, fore milk, goat milk, etc. Other daily rods: youth, forezen soy desserts, etc. 100% fruit of 100% vegetable juice. Sweet drinks: Juice orinks, soft drinks, soda, sweet tea, Kool-Aid, etc | | | | | | |
| Other dairy foods: yogurt, cheese, ice erram, pudding, etc | | | | | | |
| Other soy foods: tofu, frozen soy desserts, etc | | | | | | |
| Sweet drinks: juice drinks, so off drinks, soda, sweet tea, Kool-Aid, etc | | | | | | |
| Sweet drinks; juice drinks, sold drinks, sold, sweet teal. Kool-Ald, etc | | | | | | |
| Baby cereal. Other creals and starches: breakfast cereals, teething biscuits, crackers, breads, pasta, rice, etc. Fruit. Vegetables French free. West of the start of the star | | | | | | |
| Other cereals and starches: breakfast cereals, teething biscuits, crackers, breakfast cereals, etc | | | | | | |
| breads, pasta, rice, etc. | | | | | | |
| Friit. | | | | | | |
| French fries. Meat, chicken, combination dinners Fish or shellfish Peanut butter, other peanut foods, or nuts Eggs Sweet foods: candy, cookies, cake, etc. Cher (Please specify) | | | | | | |
| Meat, chicken, combination dinners Fish or shelfish Peanut butter, other peanut foods, or nuts Eggs Sweet foods: candy, cookles, cake, etc. Other (Please specify) What type of baby cereal was your baby fed in the past 7 days? (PLEASE "X" ALL THAT APPLY) Baby was not fed baby cereal Dry cereal that you added a liquid to Cereal in a jar already mixed Which of the following was your baby given in vitamin or mineral forego or pills at least 3 days a week during the past 2 weeks? If your baby was given drops or pills that contained more than one of the items listed, please mark each of the separate items. (PLEASE "X" ALL THAT APPLY) Fluoride Vitamin D None of these None of these Iron None of these None of the kind of milk? At most post beddimes, including naps None Iron None of these None of the kind of milk? At most night beddimes, but not naps None Only occasionally at beddimes, including naps None Only occasionally at beddimes, including naps Only occasionally at beddimes, including naps None Only occasionally at beddimes, including naps None Other New None None None Never None None None None | | | | | | |
| Fish or shellfish | | | | | | |
| Peanut butter, other peanut foods, or nuts Eggs Sweet foods: candy, cookies, cake, etc. Other (Please specify) What type of baby cereal was your baby fed in the past 7 days? (PLEASE "X" ALL THAT APPLY) Baby was not fed baby cereal | | | | | | |
| Eggs. Sweet floods: candy, cookies, cake, etc. Other (Please specify) What type of baby cereal was your baby fed in the past 7 days? (PLEASE "X" ALL THAT APPLY) Baby was not fed baby cereal | | | | | | |
| Sweet foods: candy, cookies, cake, etc | | | | | | |
| Other (Please specify) What type of baby cereal was your baby fed in the past 7 days? (PLEASE "X" ALL THAT APPLY) Baby was not fed baby cereal | | Sweet foods: candy cookies cake etc | | | | |
| What type of baby cereal was your baby fed in the past 7 days? (PLEASE "X" ALL THAT APPLY) Baby was not fed baby cereal | | | | | | |
| Baby was not fed baby cereal | | | | | | |
| Which of the following was your baby given in vitamin or mineral drops or pills at least 3 days a week during the past 2 weeks? If your baby was given drops or pills that contained more than one of the items listed, please mark each of the separate items. (PLEASE "X" ALL THAT APPLY) | | What type of baby cereal was your baby fed in the past 7 days? (PLEA | SE "X" ALL TH | HAT APPLY) | | |
| Which of the following was your baby given in vitamin or mineral drops or pills at least 3 days a week during the past 2 weeks? If your baby was given drops or pills that contained more than one of the items listed, please mark each of the separate items. (PLEASE "X" ALL THAT APPLY) | | Baby was not fed baby cereal □ Dry cereal that you add | ded a liquid to | 🗆 Cer | eal in a jar already mixed | d |
| given drops or pills that contained more than one of the Items listed, please mark each of the separate items. (PLEASE "X" ALL THAT APPLY) Fluoride | | | | | | |
| Fluoride | | Which of the following was your baby given in vitamin or mineral drops of | or pills at least 3 | B days a week | during the past 2 weeks | ? If your baby was |
| Has your baby used a pacifier in the past 7 days? Yes | | given drops or pills that contained more than one of the items listed, ple | ase mark each | of the separat | e items. (PLEASE "X" AL | L THAT APPLY) |
| Has your baby used a pacifier in the past 7 days? Yes | | Fluoride Vitamin D | | None of these | | |
| During the past 2 weeks, how often was your baby put to bed with a bottle of formula, breast milk, juice, juice drink, or any other kind of milk? At most bedtimes, including naps | | Iron □ Other vitamins □ | | | | |
| During the past 2 weeks, how often was your baby put to bed with a bottle of formula, breast milk, juice, juice drink, or any other kind of milk? At most bedtimes, including naps | | | | | | |
| At most night bedtimes, but not naps | | Has your baby used a pacifier in the past 7 days? Yes | | No | | |
| At most night bedtimes, but not naps | | | | INO | ⊔ | |
| At most night bedtimes, but not naps | | | | | | |
| At most naps, but not night bedtimes, including naps | | During the past 2 weeks, how often was your baby put to bed with a bot | | | | er kind of milk? |
| Only occasionally at bedtimes, including naps | | At most bedtimes, including naps | | | | er kind of milk? |
| Never | | At most bedtimes, including naps | | | | er kind of milk? |
| How often have you added each of the following items to your baby's bottle of formula or pumped (or expressed) breast milk in the past 2 weeks If you have not given your baby a bottle in the past 2 weeks, "X" here | | At most bedtimes, including naps At most night bedtimes, but not naps At most naps, but not night bedtimes | | | | er kind of milk? |
| If you have not given your baby a bottle in the past 2 weeks, "X" here | | At most bedtimes, including naps | | | | er kind of milk? |
| If you have not given your baby a bottle in the past 2 weeks, "X" here | | At most bedtimes, including naps | | | | er kind of milk? |
| Vitamins or minerals | | At most bedtimes, including naps | tle of formula, b | oreast milk, juid | ce, juice drink, or any oth | |
| Vitamins or minerals | | At most bedtimes, including naps | tle of formula, b | oreast milk, juid | ce, juice drink, or any oth | |
| Sweetener | | At most bedtimes, including naps | tle of formula, b ottle of formula o □ and go to Ir | oreast milk, juid or pumped (or ostruction abov | ee, juice drink, or any oth expressed) breast milk in re Question 7. | n the <u>past 2 weeks</u> ? |
| Medicine | | At most bedtimes, including naps | tle of formula, bottle of formula on the control of the control o | oreast milk, juid or pumped (or orstruction abov | ee, juice drink, or any other expressed) breast milk in re <u>Question 7</u> . DAY AT MOST FEEDING: | n the <u>past 2 weeks</u> ? S <u>Every Feeding</u> |
| Other (Specify) | | At most bedtimes, including naps | ottle of formula, bottle of formula on the land go to In the receipt the receipt the receipt to the receipt the r | oreast milk, juid or pumped (or ostruction abov BOUT ONCE A | ee, juice drink, or any other expressed) breast milk in the formal part of the control of the co | n the <u>past 2 weeks</u> ? S <u>Every Feeding</u> |
| IF YOUR BABY WAS FED FORMULA IN THE PAST 7 DAYS, PLEASE CONTINUE. ALL OTHERS GO TO INSTRUCTION ABOVE QUESTION 13 ON PAGE 2. How often does your baby drink all of his or her bottle of formula? Never | | At most bedtimes, including naps | ottle of formula, bottle of formula of and go to In | or pumped (or instruction above about Once A | expressed) breast milk in the Question 7. DAY AT MOST FEEDING: | n the <u>past 2 weeks</u> ? S <u>Every Feeding</u> |
| How often does your baby drink all of his or her bottle of formula? Never Rarely Sometimes Most of the time Always | | At most bedtimes, including naps | ottle of formula, bottle of formula of and go to In | or pumped (or struction above the court of t | expressed) breast milk in the Question 7. DAY AT MOST FEEDING: | n the <u>past 2 weeks</u> ? S EVERY FEEDING |
| How often does your baby drink all of his or her bottle of formula? Never | | At most bedtimes, including naps | ottle of formula, bottle of formula of and go to In | or pumped (or struction above the court of t | expressed) breast milk in the Question 7. DAY AT MOST FEEDING: | n the <u>past 2 weeks</u> ? S EVERY FEEDING |
| Never | | At most bedtimes, including naps | ottle of formula, bottle of formula on and go to In Y FEW DAYS A | or pumped (or estruction above about Once A | expressed) breast milk in the Question 7. DAY AT MOST FEEDING: | n the <u>past 2 weeks</u> ? S EVERY FEEDING |
| Never | | At most bedtimes, including naps | ottle of formula, bottle of formula on and go to In Y FEW DAYS A | or pumped (or estruction above about Once A | expressed) breast milk in the Question 7. DAY AT MOST FEEDING: | n the <u>past 2 weeks</u> ? S EVERY FEEDING |
| In the past 7 days, about how many ounces of formula did your baby drink at each feeding? 1 to 2 | | At most bedtimes, including naps | ottle of formula, bottle of formula on and go to In Y FEW DAYS A | or pumped (or estruction above about Once A | expressed) breast milk in the Question 7. DAY AT MOST FEEDING: | n the <u>past 2 weeks</u> ? S EVERY FEEDING |
| 1 to 2 □ 3 to 4 □ 5 to 6 □ 7 to 8 □ More than 8 □ How often is your baby encouraged to finish a bottle if he or she stops drinking before the formula is all gone? Never □ Rarely □ Sometimes □ Most of the time □ Always □ Which formula was fed to your baby in the past 7 days? Infant formulas are listed alphabetically on the Formula List insert along with a group number. Please "X" the group number for each infant formula your baby was fed. (PLEASE "X" ALL THAT APPLY) Group 1 Group 2 Group 3 Group 4 Group 5 Group 6 | | At most bedtimes, including naps | ottle of formula, bottle of formula of and go to In Y FEW DAYS A | or pumped (or instruction above the court of | expressed) breast milk in ve Question 7. DAY AT MOST FEEDING: | n the <u>past 2 weeks</u> ? S EVERY FEEDING |
| 1 to 2 □ 3 to 4 □ 5 to 6 □ 7 to 8 □ More than 8 □ How often is your baby encouraged to finish a bottle if he or she stops drinking before the formula is all gone? Never □ Rarely □ Sometimes □ Most of the time □ Always □ Which formula was fed to your baby in the past 7 days? Infant formulas are listed alphabetically on the Formula List insert along with a group number. Please "X" the group number for each infant formula your baby was fed. (PLEASE "X" ALL THAT APPLY) Group 1 Group 2 Group 3 Group 4 Group 5 Group 6 | | At most bedtimes, including naps | ottle of formula, bottle of formula of and go to In Y FEW DAYS A | or pumped (or instruction above the court of | expressed) breast milk in ve Question 7. DAY AT MOST FEEDING: | n the <u>past 2 weeks</u> ? S EVERY FEEDING |
| How often is your baby encouraged to finish a bottle if he or she stops drinking before the formula is all gone? Never | | At most bedtimes, including naps | ottle of formula, bottle of formula on the control of the control | or pumped (or instruction above the control of the | expressed) breast milk in ve Question 7. DAY AT MOST FEEDING: | n the <u>past 2 weeks</u> ? S EVERY FEEDING |
| Never | | At most bedtimes, including naps | ottle of formula, bottle of formula of and go to in a few Days A continue. AL | or pumped (or instruction above the struction above the structure of the struction above the structure of | expressed) breast milk in re Question 7. DAY AT MOST FEEDING: | n the past 2 weeks? S EVERY FEEDING □ □ □ □ □ □ □ |
| Never | | At most bedtimes, including naps | ottle of formula, bottle of formula of and go to in a few Days A continue. AL | or pumped (or instruction above the struction above the structure of the struction above the structure of | expressed) breast milk in re Question 7. DAY AT MOST FEEDING: | n the past 2 weeks? S EVERY FEEDING □ □ □ □ □ □ □ |
| . Which formula was fed to your baby in the <u>past 7 days?</u> Infant formulas are listed alphabetically on the Formula List insert along with a group number. Please "X" the group number for each infant formula your baby was fed. (PLEASE "X" ALL THAT APPLY) <u>Group 1</u> <u>Group 2</u> <u>Group 3</u> <u>Group 4</u> <u>Group 5</u> <u>Group 6</u> | | At most bedtimes, including naps | ottle of formula, bottle of formula of and go to In Y FEW DAYS A. CONTINUE. AL. of the time | or pumped (or instruction above the struction above the structure of t | expressed) breast milk in re Question 7. DAY AT MOST FEEDING: | n the past 2 weeks? S EVERY FEEDING □ □ □ □ □ □ □ |
| number. Please "X" the group number for each infant formula your baby was fed. (PLEASE "X" ALL THAT APPLY) Group 1 Group 2 Group 3 Group 4 Group 5 Group 6 | | At most bedtimes, including naps | ottle of formula, bottle of formula of and go to In Y FEW DAYS A. CONTINUE. AL. of the time | or pumped (or instruction above the struction above the structure of t | expressed) breast milk in re Question 7. DAY AT MOST FEEDING: | n the past 2 weeks? S EVERY FEEDING □ □ □ □ □ □ □ |
| number. Please "X" the group number for each infant formula your baby was fed. (PLEASE "X" ALL THAT APPLY) Group 1 Group 2 Group 3 Group 4 Group 5 Group 6 | | At most bedtimes, including naps | ottle of formula of and go to In Y FEW DAYS A CONTINUE. AL | or pumped (or instruction above its struction | expressed) breast milk in the Question 7. DAY AT MOST FEEDING: O TO INSTRUCTION AE ays | n the past 2 weeks? S EVERY FEEDING □ □ □ □ □ □ □ |
| number. Please "X" the group number for each infant formula your baby was fed. (PLEASE "X" ALL THAT APPLY) Group 1 Group 2 Group 3 Group 4 Group 5 Group 6 | | At most bedtimes, including naps | ottle of formula of and go to In Y FEW DAYS A CONTINUE. AL | or pumped (or instruction above its struction | expressed) breast milk in the Question 7. DAY AT MOST FEEDING: O TO INSTRUCTION AE ays | n the past 2 weeks? S EVERY FEEDING □ □ □ □ □ □ □ |
| Group 1 Group 2 Group 3 Group 4 Group 5 Group 6 | Q | At most bedtimes, including naps | ottle of formula of and go to In Y FEW DAYS A CONTINUE. AL | or pumped (or instruction above the second of the second o | expressed) breast milk in re Question 7. DAY AT MOST FEEDING: O TO INSTRUCTION AE All gone? Always | n the past 2 weeks? S EVERY FEEDING |
| | Q | At most bedtimes, including naps | ottle of formula of and go to In Y FEW DAYS A CONTINUE. AL | or pumped (or instruction above the second of the second o | expressed) breast milk in re Question 7. DAY AT MOST FEEDING: O TO INSTRUCTION AE All gone? Always | n the past 2 weeks? S EVERY FEEDING |
| | <u>Q</u> | At most hedtimes, including naps | ottle of formula of and go to In a representation of the time | or pumped (or istruction above about Once A lease and ling? to 8 he formula is a lease about about A lease "X" A Lease "X" A Lease and ling? | expressed) breast milk in re Question 7. DAY AT MOST FEEDING: O TO INSTRUCTION AE All gone? Always | n the past 2 weeks? S EVERY FEEDING |

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| 11. | What type of formula was your baby fed? (PLEASE "X" ALL THAT APPLY) |
|------|---|
| | Ready-to-feed |
| 12. | Which of the following describes the iron content of the formula you usually use? With iron □ Low iron (additional iron may be necessary) □ |
| | OUR BABY WAS BREASTFED OR FED BREAST MILK IN THE PAST 7 DAYS, PLEASE CONTINUE. ALL OTHERS GO TO <u>SECTION A-2</u> ON SPAGE. |
| 13. | Does your baby usually feed from both breasts at each feeding? |
| 10. | Yes □ No □ Baby is only fed pumped milk □ →(GO TO QUESTION 16) |
| | |
| 14. | Does your baby usually let go of the breast him or herself? Yes, both breasts □ Yes, first breast only □ Yes, second breast only □ No □ |
| 15. | About how long does an average breastfeeding last? |
| | Less than 10 minutes □ 20 to 29 minutes □ 40 to 49 minutes □ 10 to 19 minutes □ 30 to 39 minutes □ 50 or more minutes □ |
| 16. | In an average 24-hour period, what is the LONGEST time for you, the mother, between breastfeedings or pumping milk? Please count the time from the start of one breastfeeding or pumping session to the start of the next. Please think of time between feedings during both night and day to find the longest time. (WRITE IN THE NUMBER OF HOURS AND MINUTES) HOURS AND MINUTES |
| 17. | How many times in the <u>past 7 days</u> was your baby fed pumped breast milk to drink? Include breast milk you expressed in any way as pumped milk. (Write in 0 if your baby was not fed pumped milk to drink.) TIMES → (IF 0, GO TO SECTION A-2 ON THIS PAGE) |
| 40 | Have after done your holes drink all of his as how our or holdly of assessed will. |
| 18. | How often does your baby drink all of his or her cup or bottle of pumped milk? |
| | Never □ Rarely □ Sometimes □ Most of the time □ Always □ |
| 19. | How often is your baby encouraged to finish a cup or bottle if he or she stops drinking before the pumped breast milk is all gone? |
| | Never |
| | Section A-2 Health |
| | |
| 20. | Which of the following problems did your baby have during the past 2 weeks? (PLEASE "X" ALL THAT APPLY) |
| | Fever |
| | Diarrhea □ Respiratory Syncytial Virus (RSV) □ Vomiting □ Cough or wheeze □ |
| | Ear infection |
| | Colic |
| | Fussy or irritable Reflux |
| 04 | |
| 21. | Did your baby receive any of the following medicines in the past 2 weeks? (Please do not include vitamins or minerals.) |
| | YES NO Antibiotics |
| | Other prescription medicines |
| | Non-prescription medicines |
| 22. | Was your baby given any herbal or botanical preparation or any kind of tea in the past 2 weeks? (Do not count preparations applied to the baby's |
| | skin or anything the baby may have received through breastfeeding after you took an herbal or botanical preparation.) |
| | Yes □ No □→(GO TO QUESTION 25) |
| 22 | Please list all the kinds of herbal or hetenical propagations or tops your helps was given in the past 2 weeks |
| 23. | Please list all the kinds of herbal or botanical preparations or teas your baby was given in the past 2 weeks. |
| | |
| 24. | Why was your baby given the preparations or teas listed in Question 23? (PLEASE "X" ALL THAT APPLY) |
| | To ease diaper rash |
| | To ease colic To ease an illness other than a cold or |
| | To ease digestion |
| | To ease fussiness |
| 25. | How many stools (dirty diapers) does your baby usually have in a 24-hour period? If less than one a day, how many days usually pass between |
| | stools? NUMBER OF STOOLS IN 24 HOURS OR ONE STOOL EVERY DAYS |
| | NUMBER OF STOOLS IN 24 HOURS OR ONE STOOL EVERY DAYS |
| 26. | How would you describe your baby's stool in the past 7 days? (PLEASE "X" ALL THAT APPLY) |
| | Hard □ Formed □ Soft □ Semi-watery □ Watery □ |
| 27. | Has your baby been hospitalized for any reason or has your baby been taken to a hospital for any outpatient procedure or surgery in the past 4 |
| | <u>weeks</u> ? Yes □ No □→ (GO TO QUESTION 29) |
| | Yes □ NO □→ (GO TO QUESTION 29) |
| 28. | How many nights was your baby in the hospital for the most recent problem? (Write in 0 if your baby did not stay overnight.) NIGHTS |
| 00 | |
| 29. | It is not easy being a new mother, and it is OK to feel unhappy at times. As you have recently had a new baby, we would like to know how you are feeling. Please state the answer which comes closest to how you have felt during the <u>past several days</u> , not just how you are feeling today. |
| 29a. | I have been able to laugh and see the funny side of things: As much as Lalways could. Not quite so much now. Definitely not so much now. Not at all. Not at all. |

| 29b. | I have looked forward with enjoyment to As much as I ever did | o things: Rather less than I used to □ | Definitely less | s than I used to | 🗆 Hardly | vatall □ |
|------------------------|---|---|--|----------------------------------|------------------------|---------------------------|
| 29c. | I have blamed myself unnecessarily where Yes, most of the time | nen things went wrong: Yes, some of the time | Not very often | | No, never | r |
| 29d. | I have felt worried and anxious for no re | | Van annation | | V | office [|
| 29e | No, not at all □ I have felt scared or panicky for no real | Hardly ever | Yes, sometime | 25⊔ | res, very | often □ |
| 200. | Yes, quite a lot | Yes, sometimes | No, not very m | nuch 🗆 | No, not | t at all □ |
| 29f. | Things have been too much for me: Yes, most of the time I haven't be Yes, sometimes I haven't been co | • | | t of the time I have been coping | | |
| 29g. | I have been so unhappy that I have have Yes, most of the time □ | d trouble sleeping: Yes, sometimes □ | Not very often | | No, not at | t all |
| 29h. | I have felt sad or miserable: Yes, most of the time □ | Yes, quite often □ | Not very often | 🗆 | No, not at | t all □ |
| 29i. | I have felt so unhappy I have cried: Yes, most of the time □ | Yes, quite often | Only occasionally | y | No, never | r |
| 29j. | I have thought of hurting myself: Yes, quite often □ | Sometimes | Hardly ever | | Never | |
| | | SECTION B: STOPPED B | REASTFEEDING | | | |
| 1. | Did you <u>ever</u> breastfeed this baby (<i>or</i> for Yes □ → | | √lo □ →(GO T | O SECTION E | ON PAGE 7) | |
| 2. | Have you completely stopped breastfer Yes □ → | | y? lo □ →(GO T | O SECTION D | ON PAGE 4) | |
| 3. | Did you breastfeed as long as you wan Yes □ | nted to? | | | | |
| 4. | How old was your baby when you com | | ımpina milk? | | | |
| | DAYS (if younger | | WEEKS | | | |
| | | , | | | | |
| 5. | How important was each of the following | | oreastfeeding your ba | NOT VERY | SOMEWHAT | V ERY |
| 5. | | | oreastfeeding your ba NOT AT ALL IMPORTANT | | | |
| 5. | My baby had trouble sucking or late My baby became sick and could not | ng reasons for your decision to stop be hing ont breastfeed | NOT AT ALL IMPORTANT | NOT VERY IMPORTANT □ | SOMEWHAT IMPORTANT □ | VERY IMPORTANT □ |
| 5. | My baby had trouble sucking or latc My baby became sick and could not My baby began to bite | ng reasons for your decision to stop be hing ont breastfeed | NOT AT ALL IMPORTANT | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| 5. | My baby had trouble sucking or latc My baby became sick and could not My baby began to bite My baby lost interest in nursing or b My baby was old enough that the di | hing on egan to wean him or herself fference between breast milk and | NOT AT ALL IMPORTANT | NOT VERY IMPORTANT □ | SOMEWHAT IMPORTANT | VERY IMPORTANT □ □ □ |
| 5. | My baby had trouble sucking or late My baby became sick and could not My baby began to bite My baby lost interest in nursing or b My baby was old enough that the di formula no longer mattered | hing ont breastfeedegan to wean him or herselffference between breast milk and | NOT AT ALL IMPORTANT | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | Very IMPORTANT |
| 5. | My baby had trouble sucking or late My baby became sick and could not My baby began to bite My baby lost interest in nursing or b My baby was old enough that the di formula no longer mattered Breast milk alone did not satisfy my | hing on egan to wean him or herself fference between breast milk and | NOT AT ALL IMPORTANT | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT □ □ □ |
| 5. | My baby had trouble sucking or late My baby became sick and could not My baby began to bite My baby lost interest in nursing or b My baby was old enough that the di formula no longer mattered Breast milk alone did not satisfy my I thought that my baby was not gain A health professional said my baby | hing onegan to wean him or herselffference between breast milk and babying enough weightwas not gaining enough weight | NOT AT ALL IMPORTANT | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| 5. | My baby had trouble sucking or late. My baby became sick and could not. My baby began to bite My baby lost interest in nursing or b. My baby was old enough that the di. formula no longer mattered Breast milk alone did not satisfy my. I thought that my baby was not gain. A health professional said my baby. I had trouble getting the milk flow to. | hing on egan to wean him or herself fference between breast milk and baby ing enough weight was not gaining enough weight | NOT AT ALL IMPORTANT | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| 5. | My baby had trouble sucking or late. My baby became sick and could not. My baby began to bite My baby lost interest in nursing or b. My baby was old enough that the di. formula no longer mattered Breast milk alone did not satisfy my. I thought that my baby was not gain. A health professional said my baby. I had trouble getting the milk flow to. I didn't have enough milk | hing onegan to wean him or herselffference between breast milk and babying enough weightwas not gaining enough weight | NOT AT ALL IMPORTANT | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| 5. | My baby had trouble sucking or late My baby became sick and could not My baby began to bite | hing on t breastfeed egan to wean him or herself fference between breast milk and baby ing enough weight was not gaining enough weight start | NOT AT ALL IMPORTANT | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| 5. | My baby had trouble sucking or late My baby became sick and could not My baby began to bite | hing on t breastfeedegan to wean him or herself fference between breast milk and baby ing enough weight was not gaining enough weight start | NOT AT ALL IMPORTANT | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| 5. | My baby had trouble sucking or late My baby became sick and could not My baby began to bite | hing on t breastfeed egan to wean him or herself fference between breast milk and baby ing enough weight was not gaining enough weight start | NOT AT ALL IMPORTANT | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| 5. | My baby had trouble sucking or late My baby became sick and could not My baby began to bite | hing on | reastfeeding your bank of the property of the | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| 5. | My baby had trouble sucking or late My baby became sick and could not My baby began to bite | hing on egan to wean him or herself fference between breast milk and baby ing enough weight was not gaining enough weight start | reastfeeding your bank of the property of the | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| 5. | My baby had trouble sucking or late My baby became sick and could not My baby began to bite | hing on t breastfeed egan to wean him or herself fference between breast milk and baby ing enough weight was not gaining enough weight start | reastfeeding your bank of the property of the | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| 5. | My baby had trouble sucking or late My baby became sick and could not My baby began to bite | hing on t breastfeed egan to wean him or herself fference between breast milk and baby ing enough weight was not gaining enough weight start leeding sed | Not at all IMPORTANT IMP | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| 5. | My baby had trouble sucking or late My baby became sick and could not My baby began to bite My baby lost interest in nursing or b My baby was old enough that the di formula no longer mattered Breast milk alone did not satisfy my I thought that my baby was not gain A health professional said my baby I had trouble getting the milk flow to I didn't have enough milk My nipples were sore, cracked, or b My breasts were overfull or engorge My breasts were infected or absces My breasts leaked too much Breastfeeding was too painful Breastfeeding was too tiring I was sick or had to take medicine. Breastfeeding was too inconvenient I did not like breastfeeding I wanted to be able to leave my bab I wanted to go on a weight loss diet | hing on t breastfeed | reastfeeding your bank of the property of the | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| 5. | My baby had trouble sucking or late My baby became sick and could not My baby began to bite My baby lost interest in nursing or b My baby was old enough that the di formula no longer mattered Breast milk alone did not satisfy my I thought that my baby was not gain A health professional said my baby I had trouble getting the milk flow to I didn't have enough milk My nipples were sore, cracked, or b My breasts were overfull or engorge My breasts were infected or absces My breasts leaked too much Breastfeeding was too painful Breastfeeding was too tiring I was sick or had to take medicine. Breastfeeding was too inconvenient I did not like breastfeeding I wanted to be able to leave my bab I wanted to go on a weight loss diet I wanted to go back to my usual die | hing on t breastfeed | NOT AT ALL IMPORTANT | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| 5. | My baby had trouble sucking or late My baby became sick and could not My baby began to bite My baby lost interest in nursing or b My baby lost interest in nursing or b My baby was old enough that the di formula no longer mattered Breast milk alone did not satisfy my I thought that my baby was not gain A health professional said my baby I had trouble getting the milk flow to I didn't have enough milk My nipples were sore, cracked, or b My breasts were overfull or engorge My breasts were infected or absces My breasts leaked too much Breastfeeding was too painful Breastfeeding was too tiring I was sick or had to take medicine Breastfeeding was too inconvenient I did not like breastfeeding I wanted to be able to leave my bab I wanted to go on a weight loss diet I wanted to go back to my usual die I wanted to smoke again or more the | hing on t breastfeed | reastfeeding your bank of the property of the | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| 5. | My baby had trouble sucking or late My baby became sick and could not My baby began to bite | hing on t breastfeed egan to wean him or herself fference between breast milk and baby ing enough weight was not gaining enough weight start leeding ed sed y for several hours at a time t an I did while breastfeeding or breastfeed at work | Not at all IMPORTANT | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| 5. | My baby had trouble sucking or late My baby became sick and could not My baby began to bite | hing on t breastfeed egan to wean him or herself fference between breast milk and baby ing enough weight was not gaining enough weight start leeding ed sed y for several hours at a time t an I did while breastfeeding or breastfeed at work or breastfeed at work or breastfeed at work or breastfeed | Not at all IMPORTANT IMP | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| 5. | My baby had trouble sucking or late My baby became sick and could not My baby began to bite | hing on t breastfeed egan to wean him or herself fference between breast milk and baby ing enough weight was not gaining enough weight start leeding ed sed y for several hours at a time t an I did while breastfeeding or breastfeed at work | Not at all IMPORTANT IMP | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| 5. | My baby had trouble sucking or late My baby became sick and could not My baby began to bite | hing on t breastfeed | Not at all IMPORTANT IMP | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| 5. | My baby had trouble sucking or late. My baby became sick and could not My baby began to bite | hing on t breastfeed | NOT AT ALL IMPORTANT | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| 5. | My baby had trouble sucking or late. My baby became sick and could not My baby began to bite | hing on t breastfeed | NOT AT ALL IMPORTANT | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| 6. | My baby had trouble sucking or late. My baby became sick and could not My baby began to bite | hing on t breastfeed egan to wean him or herself fference between breast milk and baby ing enough weight was not gaining enough weight start leeding ed sed by for several hours at a time t an I did while breastfeeding or breastfeed at work or reasons other than work or feed my baby aby come pregnant again | NOT AT ALL IMPORTANT IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| | My baby had trouble sucking or late. My baby became sick and could not My baby began to bite | hing on t breastfeed | NOT AT ALL IMPORTANT IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY MPORTANT |
| | My baby had trouble sucking or late My baby became sick and could not My baby began to bite | hing on t breastfeed egan to wean him or herself fference between breast milk and baby ing enough weight was not gaining enough weight start leeding ed sed y for several hours at a time or breastfeed at work or breastfeed at work or reasons other than work or feed my baby aby come pregnant again count to stop breastfeeding? (Mark "does YES NO YES NO YES NO YES NO YES NO I YES NO YES NO YES NO I I | NOT AT ALL IMPORTANT IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| | My baby had trouble sucking or late My baby became sick and could not My baby began to bite | hing on t breastfeed | NOT AT ALL IMPORTANT IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |
| | My baby had trouble sucking or late. My baby became sick and could not. My baby began to bite | hing on t breastfeed | Preastfeeding your bank NOT AT ALL IMPORTANT IMPORTANT | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY MPORTANT |
| | My baby had trouble sucking or late My baby became sick and could not My baby began to bite | hing on t breastfeed egan to wean him or herself fference between breast milk and baby ing enough weight was not gaining enough weight start leeding ed an I did while breastfeeding or breastfeed at work | Preastfeeding your bank NOT AT ALL IMPORTANT | NOT VERY IMPORTANT | SOMEWHAT IMPORTANT | VERY IMPORTANT |

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| Pag | Je 4 | | | | | | | (| (R868-02) |
|-----|---|----------------------------|--------------------------------|----------------------|-----------------------|------------------------|--------------------------|-----------------|-----------------------|
| 7. | Using 1 to magn "Vary unfav | orable" and E to | maan "Vary fayarah | olo " how do you | fool about the | ovnorionao o | f having broadfe | ad vour bob | v2 |
| 7. | Using 1 to mean "Very unfav | | illeali very lavoral | ne, now do you | | | naving breasile | eu your bab | y : |
| | VERY UNFAVORABI | | • | 4 | VERY FAVOR | ABLE | | | |
| | <u>1</u> | <u>2</u> □ | <u>3</u> □ | = | <u>5</u> □ | | | | |
| | | | _ | _ | | | | | |
| 8. | Using 1 to mean "Not at all lil | | ean "Very likely," ho | w likely is it that | | | if you had anoth | her child? | |
| | NOT AT ALL LIKELY | | • | | VERY LIKE | <u>LY</u> | | | |
| | <u>1</u> | <u>2</u> □ | <u>3</u> | 4 | <u>5</u> □ | | | | |
| | | | | Ц | | | | | |
| | | | CECTION I | D. DDE ACTES | EDING | | | | |
| | | | | D: BREASTFE | _ | | | | |
| | | | Section D-1 | : General Info | ormation | | | | |
| 1. | Did you ever breastfeed this | hahv (or feed thi | s hahv vour numne | d milk\? | | | | | |
| ١. | · — | • ' | | • | - 3/00 | | | | |
| | Yes | □ →(CONT | INUE) | No | ⊔ →(GO 1 | OSECTION | E ON PAGE 7) | | |
| 2. | Have you obtained information | on about breastfe | eding, your diet wh | ile breastfeedin | g, or breast pur | nps from any | of the following | sources for | this baby |
| | or a previous one? | | _ | | | | _ | | |
| | | | IN | FORMATION | INFORMATION | | INFORMATION ABOUT BREAST | | RMATION |
| | | | BRI | ABOUT EASTFEEDING | MY DIET W BREASTFE | | PUMPS | | VITHIS <u>JRCE</u> |
| | Doctor or physician assistan | t | | | | | | | |
| | Nurse, nurse midwife, or nur | | | | | | | | |
| | Nutritionist or dietician | • | | | | | | | |
| | WIC food program | | | | | | | | |
| | Lactation consultant | | | | | | | ļ | |
| | Relatives or friends | | | | | | | ! | |
| | Birthing or baby care class | | | | | | | | |
| | Breastfeeding support group | | | | | | | | |
| | Telephone support helpline | | | | | | | | |
| | Books or videos | | | | | | | | |
| | Newsletters | | | | | | | | |
| | Newspapers or magazines | | | | | | | | |
| | Television or radio | | | | | | | | |
| | The web site www.4woman. The web site <a href="https://www.womenships.com/www.wow.wow.wow.wow.wow.wow.wow.wow.wow</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td></td><td>Other web site</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td></td><td>Other web site</td><td></td><td></td><td>Ц</td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>3.</td><td>Using 1 to mean " td="" uncor<="" very=""><td>mfortable" and 5</td><td>to mean "Very Con</td><td>nfortable," how</td><td>comfortable wou</td><td>uld you be in</td><td>the following situ</td><td>uations?</td><td></td> | mfortable" and 5 | to mean "Very Con | nfortable," how | comfortable wou | uld you be in | the following situ | uations? | |
| | - | | · | V ERY | | • | - | VERY | |
| | | | | UNCOMFORTA | | | | OMFORTABL | <u>E</u> |
| | Niverina value baby in the e | | aman frianda | <u>(1)</u> | (2) | (3) | (4) | <u>(5)</u> | |
| | Nursing your baby in the p | | | 🗆 | | | | | |
| | Nursing your baby in the pare close friends | | | П | П | | | П | |
| | Nursing your baby in the p | | | ⊔ | Ц | ш | Ш | Ш | |
| | are not close friends | | | 🗆 | | | | | |
| | | | | | | | | | |
| 4. | Have you breastfed your bab | | ast milk in the past | <u>7 days</u> ? | | | | | |
| | Yes □→ | (CONTINUE) | No | □ → (G0 | TO SECTION | D-2 ON PAC | SE 5) | | |
| 5. | Llow old do you think your ba | ومطيدهما النبديط | vou completely stay | hroadfooding |) | | | | |
| Э. | How old do you think your ba 2 months □ | • | | • | | 11 man | tha | | |
| | 2 months □ | 5 months 6 months | | 8 months 9 months | | | ths ths | | |
| | 4 months | 7 months | | 10 months | | | an 12 months | | |
| 6. | Using 1 to mean "Not at all C | onfident" and 5 t | o mean "Very Conf | ident " how conf | ident are vou th | at you will be | able to breastf | and until the | hahy ie |
| 0. | the age you marked in Quest | | o mean very com | ident, now com | ident are you ti | iat you will be | able to breasti | eeu unui une | baby is |
| | NOT AT ALL CONFIDENT (| | <u>2)</u> | <u>(3)</u> | <u>(4)</u> | , | VERY CONFIDEN | T (5) | |
| | | | = | | = | • | | | |
| _ | | | | | | | | | |
| 7. | Since you have been breastf | | | | | ing foods? If | you did not eat | the food be | fore you |
| | began breastfeeding and you | i don i eat life 100 | ou now, piease mai | K Did Not Eat E | Before or Now. | EAT AE | POUT PIE | IOT EAT | |
| | | | | MORE | | THE SA | | OR NOW | |
| | Milk or other dain | ry foods | | | | | | | |
| | Eggs | | | | | | | | |
| | | | | | | | | | |
| | | | mackerel | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | • | | | | | | | |
| | | | | | | | | | |
| | | • • • | ent | | | | | | |
| | , | a. sapploint | | | | | ' | - | |
| 8. | For each food that you are ea | ating <u>less of,</u> plea | ase indicate the rea | son. (PLEASE | "X" ALL THAT | APPLY) If | you are not eatii | ng less of a | ny food, |
| | go to Question 9. | - | | | | | | | |
| | | | THE FOOD IS N HEALTHY FOR I | | VENT FOOD | | D BY RECOMM | | |
| | | | BABY | | IN MY BABY | A HEALTH PROFESSION | | IND OR ATIVE | OTHER |
| NA: | ilk or other dairy foods | | | ALLLING | | | | | |
| | ggs | | | | | | | | |
| Ca | anned tuna | | 🗆 | | | | [| | |
| | wordfish, shark, tile fish, or king | | | | | | |] | |
| | ny other type of fish | | | | | | |] | |
| | nellfish uncheon meats | | | | | | |]] | |
| | uts, peanuts, or peanut butter | | | | | | | _ | |
| Al | coholic drinks | | 🗆 | | | | | 5 | _ |
| | tamin or mineral supplements. | | | | | | | | |
| Ar | ny herbal or botanical suppleme | ent | 🗆 | | | | | | |

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For each food that you are eating more of, please indicate the reason. (PLEASE "X" ALL THAT APPLY) If you are not eating more of any food, go to Question 10. **IMPROVES THE** THE FOOD IS AMOUNT OR **CRAVED** RECOMMENDED BY RECOMMENDED BY QUALITY OF HEALTHY THE FOOD A HEALTH A FRIEND OR **OTHER** FOR ME MY MILK MORE PROFESSIONAL **RELATIVE** Milk or other dairy foods..... П Canned tuna... Swordfish, shark, tile fish, or king mackerel...... П Any other type of fish Shellfish... Luncheon meats Nuts, peanuts, or peanut butter..... Alcoholic drinks. Vitamin or mineral supplements..... Any herbal or botanical supplement..... П 10. Did you work for pay any time during the past 4 weeks? No □→(GO TO INSTRUCTION ABOVE QUESTION 12 ON THIS PAGE) Which of the following circumstances describe your situation during the past 4 weeks? (If you have stopped breastfeeding or stopped working for pay, please answer for the time you were breastfeeding and working. If you have worked for less than 4 weeks, please answer for the time you have been working.) (PLEASE "X" ALL THAT APPLY) I keep my baby with me while I work and I neither pump milk nor breastfeed during my work day..... IF YOU ANSWERED SECTION B - STOPPED BREASTFEEDING - ON THIS QUESTIONNAIRE, GO TO SECTION D-2 ON THIS PAGE. Was your baby fed formula to drink in the past 2 weeks, by you or by anyone else? No □→(GO TO SECTION D-2 ON THIS PAGE) Yes How important was each of the following reasons for feeding your baby formula? (PLEASE ANSWER EACH ITEM) NOT VERY SOMEWHAT VERY **NOT AT ALL IMPORTANT IMPORTANT IMPORTANT IMPORTANT** My baby had trouble sucking or latching on П П П П П I thought that my baby was not gaining enough weight..... A health professional said my baby was not gaining enough weight I didn't have enough milk П П П My nipples were sore, cracked, or bleeding My breasts were infected or abscessed Breastfeeding was too painful Breastfeeding was too tiring П П П П I was sick or had to take medicine..... Breastfeeding was too inconvenient..... П П П I wanted to be able to leave my baby for several hours at a time I could not or did not want to pump or breastfeed at work......

Pumping milk no longer seemed worth the effort that it required...... П П П П I was not present to feed my baby for reasons other than work I wanted or needed someone else to feed my baby..... Someone else wanted to feed the baby П I did not want to breastfeed in public Section D-2: Breast Pumps Since your baby was born, have you ever pumped or tried to pump milk? (Include expressing breast milk in any way as pumping milk.) Yes, but I did not get any milk... □ No...... □ → (GO TO SECTION E ON PAGE 7) Yes, and I got milk ... □ How old was your baby the first time you pumped or tried to pump milk? 15. OR WEEKS How have you pumped or expressed milk since this baby was born? (PLEASE "X" ALL THAT APPLY) 16. Electric breast pump...... Manual breast pump (no batteries, no cord to plug in) \qed Combination electric and battery operated breast pump...... \qed By hand (without using a pump) Battery operated pump IF YOU HAVE USED A BREAST PUMP SINCE THIS BABY WAS BORN, PLEASE CONTINUE. ALL OTHERS GO TO SECTION D-3 ON PAGE 6. How many breast pumps have you used since this baby was born? Count all the pumps you have used even if they are the same type and style. 2...... 3..... 4 or more..... □ 18. What type of breast pump do you use most often? Electric breast pump...... Battery operated pump Combination electric and battery operated breast pump...... □ Manual breast pump 19 How did you get the breast pump that you use most often? I bought it...... I borrowed it from a friend or relative...... It was given to me as a gift..... I borrowed it from my place of work $\hfill\Box$ I use one provided by a hospital, my place of work, or another place Was the breast pump you use most often new or used when you got it or began using it? 20.

New

Used

Not sure

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|------|--|------|
| 21. | How did you learn to use the breast pump you use most often? (PLEASE "X" ALL THAT APPLY) I read the printed directions that came with the pump | |
| 22. | Using 1 to mean "Very Dissatisfied" and 5 to mean "Very Satisfied," how satisfied are you with the performance of the breast pump that you us most often? VERY DISSATISFIED VERY SATISFIED | е |
| | 1 2 3 4 5 | |
| 23. | Have you been hurt by any breast pump that you used or tried to use to express milk since this baby was born? | |
| 20. | Yes □ No □ → (GO TO QUESTION 27 ON THIS PAGE) | |
| 24. | What type of pump hurt you? (PLEASE "X" ALL THAT APPLY) | |
| 27. | Electric breast pump | |
| | Combination electric and battery operated breast pump | |
| 25. | In what way were you hurt? (PLEASE "X" ALL THAT APPLY) | |
| | Nipple injury from the pump | |
| 26. | Did you go to a medical doctor, lactation consultant, or other health professional because of the injury? Yes □ No □ | |
| 27. | Have you had any of the following problems with a breast pump that you used to express milk since this baby was born? | |
| | YES NO | |
| | Pressure or suction from the pump was hard to release | |
| | Pump was uncomfortable or painful to use even though it did not cause injury | |
| | Pump had a bad seal or milk got into the motor or other place it should not be | |
| | Pump worked, but did not get enough/much milk | |
| | Pump worked, but it took too long to get enough milk | |
| | Pump worked for a while but then quit working | |
| | Pump had another problem (SPECIFY) | |
| | U HAVE NOT BEEN HURT BY A PUMP AND ANSWERED <u>NO</u> TO ALL PROBLEMS LISTED IN QUESTION 27, GO TO <u>SECTION D-3</u> ON PAGE. | |
| 28. | Did you call the pump manufacturer to get help with the problem or to report the injury or problem? Yes \Box No \Box | |
| 29. | After you had a problem or injury from using the pump, did you stop breastfeeding? | |
| | No, not at all Yes, for a short time | |
| 30. | Did you stop using the pump that injured you or that you had trouble with? | |
| | Yes, I completely stopped using the pump | |
| | Yes, except I used the pump sometimes for special situations □ No, I continued to use the pump | |
| 31. | What did you do about expressing milk after you stopped using the pump? | |
| 51. | I changed to a different type of pump (for example, from manual to battery operated) | |
| | I changed to a different style of pump of the same type (for example, from one brand or style of electric pump to a different electric pump) I changed to a new pump that was just like the one that hurt me or that I had trouble with | |
| | 1 Stopped Capitooning Hilling | |
| | Section D-3: Pumping or Expressing Milk | |
| 32. | During the past 2 weeks, how many times did you pump milk? (Include expressing breast milk in any way as pumping milk.) TIMES IN PAST 2 WEEKS →(If 0, GO TO SECTION E ON PAGE 7) | |
| 33. | Are you now pumping milk on a regular schedule? Yes □ No □→(GO TO QUESTION 35) | |
| 34. | How old was your baby when you first began pumping milk on a regular schedule? DAYS OR WEEKS | |
| 35. | On average, in the past 2 weeks, how many ounces of milk did you pump each time? | |
| | 1 ounce or less | |
| | 2 ounces | |
| 36. | For what reasons have you pumped milk in the past 2 weeks? (PLEASE "X" ALL THAT APPLY) | |
| | To relieve engorgement | |
| | Because my nipples were too sore to nurse | |
| | To increase my milk supply | |
| | For me to feed to my baby when I do not want to | |
| | breastfeed or when baby cannot breastfeed To donate to a baby other than my own | |
| 37. | How often do you collect milk from both breasts at the same time (double pumping)? | |
| | Never □ Rarely □ Sometimes □ Most of the time □ Always □ | |
| 38. | How long was your milk usually stored in the refrigerator in the past 2 weeks? (Include cooler with cold source such as freezer packs.) | |
| 55. | 1 day or less | |
| | 2 to 3 days | |

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|-----|---|--|--|---------------------------------|--|-----------------------------|--------------|-----------------------|
| 39. | 1 to 2 hours 9 to 11 I | emperature a ours I nours I hours I | □ More □ I do n | than 16 hours ot keep my mil | | | | |
| 40. | Babies are fed pumped breast milk in a lot of Please think of all of these situations and plate In the past 2 weeks, how often were the bottle | ices as you | answer the ne | xt few questic | ons. | | | |
| | you don't use bottle nipples, "X" here □ and | · | RARELY OR NEVER | SOME OF THE TIME | Most of THE TIME | ALL OF THE TIME | | |
| | Rinsed with water only Washed in an automatic dish washer Washed by hand with dish detergent Boiled or sterilized Not cleaned between uses – used to feed milk without rinsing or washing | I more | | | | | | |
| 41. | In the <u>past 2 weeks</u> , how often were the followidishwasher? | ng items boil | led, sterilized in | | kit, sterilized with | • | or washed | in a |
| | Pump collection kit, including container | AFTER EACH USE | ONCE A DAY | EVERY 2 TO 6 DAYS | ABOUT ONCE A WEEK | ABOUT ONCE IN 2 WEEKS | NEVER | ITEM IS DISPOSABLE |
| | used to collect the milk | | | | | | | |
| 42. | How often have you and others who feed your Rarely or Sometimes, but never | less | | p or bottle of po | | microwave oven | | |
| 43. | In the past 2 weeks, has your baby been fed for | | | | | wost of the time. | | |
| 44. | Yes □ No . How were the formula and breast milk usually i | | GO TO SECTION | | | | | |
| | Added formula powder to breast milk | | 🗆 | Added prepa | ared (mixed up) 1 | ormula or or oreast milk | | |
| | | SECTION | ON E: INFAN | T FORMULA | ı | | | |
| 1. | In your opinion, how likely is it for each of the fo | llowing forms | s of formula to c | ontain germs? | | | | |
| | Ready-to-feed □ Liquid concentrate □ Powder | <u>Y Sомі</u> | EWHAT UNLIKEL' | | HAT LIKELY | VERY LIKELY | | |
| 2. | Was your baby fed infant formula in the <u>past 2 v</u> Yes □→ (CONTINUE) No | | u or by anyone o | | 3) | | | |
| 3. | Formula packages have several types of direction formula you use most often? (PLEASE "X" ALI Written directions for preparing the formula How to store the package after opening it | L THAT APP □ | PLY) Wha | t to do with for | of information had mula left over in ng the baby | the | the packag | e of the |
| 4. | How to store formula after it is prepared Were any of the directions and statements you | | | e not read any | of this information | in □ → (G | O TO QUE | STION 9) |
| | | | → (GO TO QUI | ESTION 6) | | | | |
| 5. | Which were hard to understand? (PLEASE "X' Written directions for preparing the formula How to store the package after opening it How to store formula after it is prepared | | Wha | | mula left over in ng the baby | | | |
| 6. | Was all of the information you wanted included No, some information I wanted was missing | | | | | age □ → (G | O TO QUE | STION 8) |
| 7. | Which of the directions or statements were miss Written directions for preparing the formula How to store the package after opening it How to store formula after it is prepared | | What | to do with form | ? (PLEASE "X" nula left over in t ng the baby | he | PLY) | |
| 8. | Was the print size for the directions and statement Too small to read easily □ | | Il or large enoug e enough to read | | • | | | |
| 9. | Have you looked at the pictures on the formula of Yes | | owing how to pro → (GO TO QUE | | ula? | | | |
| 10. | How useful did you find the pictures? Not at all useful □ A lit | tle useful | | Somewhat us | seful | Very useful | | |
| 11. | In your opinion, how important for your baby's h immediately or discard the formula? | ealth is it to f | follow the label of | directions that | | | | ıla |
| 12. | Not at all important □ Infant formula cans have a list of ingredients that | t tells what is | | e you looked at | , , | oortant □ | | |
| 13. | Yes | | →(GO TO QUE rmula? | STION 14) | | | | |
| 11 | | □ | riation (augh as | lactors from a | hyposlloras-is\ | in the ingredient | liet or on | ov other ne- |
| 14. | Did you look for any specific ingredients or form of the label? Yes | | ristics (such as l →(GO TO QUE | | nypoaliergenic) | iii uie iiigrealent | iist of on a | ny otner part |
| | | | | | | | | |

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|------|--|--------------------------------|--|------------------------------|---------------------------|---------------------------|
| 15. | In the table below, please write in what ingredient or chaingredient or characteristic in your baby's diet. | racteristic you | were looking for and | d "X" whether y | ou wanted to a | void or include the |
| | INGREDIENT OR CHARACTERISTIC | AVOID | <u>INCLUDE</u> □ | | | |
| | | | | | | |
| 16. | Did a doctor, health professional, or birthing class tell yo | _ | □ ire formula? | | | |
| 17. | Yes No Did a doctor, health professional, or birthing class tell yo | | the prepared bottles | s of formula? | | |
| 10 | Yes □ No During the <u>past 2 weeks</u> , what type of water have you ar | | food your haby used | d for mixing you | ır hahv'e formul | o2 (DI EASE "Y" ALI |
| 10. | THAT APPLY) | | | | _ | a: (I LLAGE X ALL |
| 19. | Warm tap water from the hot faucet □ No • Was the water you used to mix the formula boiled? | water used; ba | by is fed only ready | -to-feed formula | a □ → (GC | TO QUESTION 20) |
| | Yes No | Not Use | :D | | | |
| | Tap water | | _ | | | |
| 20. | How often have you and others who feed your baby hea Rarely or Sometimes, but less than | | s bottle of formula in | n a microwave o | oven? | |
| | never half the time | | out half the time | 🗆 Mos | t of the time | 🗆 |
| | Babies are fed formula in a lot of different situations | | | epared in a lot | of different pl | aces. Please think of all |
| 21 | of these situations and places as you answer the new During the <u>past 2 weeks</u> , how often were the bottle nippl | • | | the following: | vave hoforo ho: | na used again? |
| ∠1. | During the past 2 weeks, now often were the bottle hippi | es used (0 fee) | d formula cleaned in Some of | n the following v Most of | vays before bei ALL OF | ng useu agam? |
| | Rinsed with water only | <u>Never</u> | THE TIME | THE TIME | THE TIME | |
| | Washed in an automatic dish washer | | | | | |
| | Washed by hand with dish detergent Boiled or sterilized | | | | | |
| | Not cleaned between uses – used to feed more | ; | _ | _ | | |
| | formula without rinsing or washing | | Ц | | Ш | |
| 22. | During the past 2 weeks, how often did you clean your h | ands in each o | | | • | |
| | | Never | SOME OF THE TIME | MOST OF THE TIME | ALL OF THE TIME | |
| | Rinsed my hands with water only | | | | | |
| | Wiped my hands only Washed with soap | | | | | |
| | Used hand sanitizer (such as gel or wipes) Prepared formula without cleaning my hands | | | | | |
| | r repared formula without dearling my hands | | Ц | Ш | Ш | |
| 23. | How long were bottles of prepared formula usually kept a | • | | , | | <u>ks</u> ? |
| | Less than 1 hour □ 5 to 8 hours 1 to 2 hours □ 9 to 11 hours | | I do not keep | 6 hours o prepared | ⊔ | |
| | 3 to 4 hours | S 🗆 | formula a | it room tempera | ture | |
| 24. | How did you decide to use the formula you fed your bab | y in the past 7 | days? (PLEASE ") | K" ALL THAT A | APPLY) | |
| | doctor or other health professional recommended the form | | | | | em my baby had |
| | hose the same formula fed to my baby at the hospital eard that the formula is better for my baby in some way | | | | | |
| I cl | hose the formula I received samples or coupons for | | Friends or relative | ves recommend | led the formula | |
| I S | aw an advertisement for the formula and wanted to try it | | i cnose a formula | a based on low | price | 🗆 |
| 25. | Did you discuss your choice of formula with the baby's d Yes | | | | | |
| 26 | During the past 2 weeks, how many times have you swit | ched the form | ıla you feed your ha | abv? | | |
| | None □ →(GO TO SECTION J) 1 | | 🗆 3 | • | 🗆 | 5 or more □ |
| 27. | Which formulas did you stop using in the <u>past 2 weeks</u> ? number. Please "X" the group number for each infant fo | | | | | ert along with a group |
| | | inidia you stop 'oup 3 | Group 4 | Group 5 | | oup 6 |
| | | | | | | |
| 28. | Did you switch formula because your baby had a problem Yes | | nula you were using SECTION J ON TH | | | |
| 20 | What type of problem did your baby have with the formu | la(s)? /D LEAST | E"X" ALL THAT ADDI | ٧) | | |
| 20. | An allergic reaction or intolerance | | much gas | • | | 🗆 |
| | Constipation | Too | much spit up | | | 🛮 |
| | Diarrhea | | iiting er problem (Please s | | | |
| | 0-0- | ION IS OTH | ED INFORMATIO | NI NI | | |
| | SECT | ION J: OIH | ER INFORMATIO | N | | |
| 1. | | ng women, bab ny baby was e | ies, and young child | dren.) (PLEAS - | | AT APPLY) |
| 0 | • | | | 140 | | |
| 2. | Does your baby have any serious, long-term medical pro No □ Yes □ →(PLEA | | EFLY) | | | |
| 3 | Date you completed this form: Month | | Dav | Year | | |