

Table A-2. Time spent in detailed primary activities ¹ and percent of the civilian population engaging in each detailed primary activity category, averages per day on weekdays and weekends, 2007 annual averages

Activity	Average hours per day, civilian population		Average percent engaged in the activity per day		Average hours per day for persons who engaged in the activity	
	Weekdays	Weekends and holidays ²	Weekdays	Weekends and holidays ²	Weekdays	Weekends and holidays ²
Total, all activities	24.00	24.00	100.0	100.0	—	—
Personal care activities	9.06	9.97	100.0	100.0	9.06	9.97
Sleeping	8.29	9.24	99.9	100.0	8.29	9.25
Grooming69	.63	82.4	71.3	.83	.88
Health-related self care06	.07	5.3	4.6	1.22	1.48
Personal activities01	.01	.5	.5	(³)	(³)
Travel related to personal care01	.02	2.3	2.5	.56	.96
Eating and drinking	1.19	1.33	95.6	94.9	1.25	1.40
Eating and drinking	1.09	1.16	95.6	94.9	1.14	1.22
Travel related to eating and drinking10	.17	24.7	28.1	.41	.61
Household activities	1.69	2.19	74.1	75.0	2.28	2.92
Housework59	.76	35.1	38.8	1.67	1.96
Food preparation and cleanup49	.57	52.0	47.9	.95	1.20
Lawn and garden care18	.28	9.5	12.4	1.85	2.26
Household management13	.16	18.0	18.6	.73	.88
Interior maintenance, repair, and decoration07	.11	3.3	4.3	2.23	2.50
Exterior maintenance, repair, and decoration05	.08	2.4	3.6	2.07	2.19
Animals and pets09	.10	14.5	13.4	.62	.78
Vehicles03	.04	2.5	2.9	1.35	1.33
Appliances, tools, and toys01	.03	1.5	1.8	.96	1.47
Travel related to household activities04	.06	9.4	10.2	.44	.61
Purchasing goods and services74	.88	43.7	45.7	1.70	1.92
Consumer goods purchases34	.52	39.1	44.1	.87	1.18
Grocery shopping08	.13	12.1	14.8	.67	.87
Professional and personal care services11	.04	10.1	4.4	1.05	.97
Financial services and banking01	.00	4.1	1.8	.27	.23
Medical and care services07	.01	4.2	.6	1.55	(³)
Personal care services02	.02	1.8	1.3	1.34	1.22
Household services02	.01	2.2	1.4	.76	.64
Home maintenance, repair, decoration, and construction (not done by self)01	.00	.4	.3	(³)	(³)
Vehicle maintenance and repair services (not done by self)01	.00	1.1	.6	(³)	(³)
Government services01	.00	.6	.1	(³)	(³)
Travel related to purchasing goods and services27	.31	41.8	44.5	.65	.69
Caring for and helping household members57	.45	27.0	22.0	2.09	2.06
Caring for and helping household children43	.39	23.0	19.0	1.88	2.05

See footnotes at end of table.

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	Weekdays	Weekends and holidays ²	Weekdays	Weekends and holidays ²	Weekdays	Weekends and holidays ²
Caring for and helping household children (except activities related to education and health)38	.37	22.7	18.7	1.67	1.97
Activities related to household children's education04	.01	4.5	1.0	.92	1.02
Activities related to household children's health01	.01	1.0	.5	1.18	(³)
Caring for and helping household adults04	.02	5.3	4.0	.77	.54
Caring for household adults03	.01	2.0	1.4	1.55	.99
Helping household adults01	.01	3.6	2.6	.28	.29
Travel related to caring for and helping household members09	.04	15.6	7.4	.59	.59
Caring for and helping nonhousehold members18	.24	12.2	14.1	1.50	1.69
Caring for and helping nonhousehold children07	.07	5.6	5.1	1.19	1.32
Caring for and helping nonhousehold adults06	.10	7.3	9.7	.78	1.02
Caring for nonhousehold adults01	.01	.6	.8	(³)	(³)
Helping nonhousehold adults04	.08	7.1	9.1	.63	.93
Travel related to caring for and helping nonhousehold members06	.07	10.0	11.3	.59	.63
Working and work-related activities	4.81	1.47	57.4	25.1	8.38	5.84
Working	4.39	1.31	55.5	23.3	7.91	5.60
Work-related activities01	.00	.4	.2	(³)	(³)
Other income-generating activities02	.05	.8	1.5	(³)	3.06
Job search and interviewing03	.01	1.4	.5	2.05	(³)
Travel related to work36	.10	49.8	16.1	.72	.63
Educational activities53	.18	8.8	5.6	6.01	3.23
Attending class36	.02	6.9	.5	5.18	(³)
Homework and research13	.15	5.5	5.1	2.35	3.01
Travel related to education04	.01	6.4	.9	.55	(³)
Organizational, civic, and religious activities26	.55	12.1	20.1	2.18	2.76
Religious and spiritual activities07	.32	5.9	15.9	1.25	2.01
Volunteering (organizational and civic activities)16	.16	7.2	6.9	2.16	2.38
Volunteer activities15	.16	7.1	6.9	2.18	2.38
Administrative and support activities03	.03	2.6	2.0	1.26	1.25
Social service and care activities (except medical) ..	.04	.04	1.7	1.9	2.27	2.12
Indoor and outdoor maintenance, building, and cleanup activities01	.01	.6	.6	(³)	(³)
Participating in performance and cultural activities ..	.01	.01	.4	.5	(³)	(³)
Attending meetings, conferences, and training02	.02	1.1	.9	2.09	(³)
Civic obligations and participation00	.00	.2	.0	(³)	(³)

See footnotes at end of table.

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	Weekdays	Weekends and holidays ²	Weekdays	Weekends and holidays ²	Weekdays	Weekends and holidays ²
Travel related to organizational, civic, and religious activities03	.07	6.6	16.1	.51	.44
Leisure and sports	4.57	6.37	95.4	96.8	4.79	6.58
Socializing, relaxing, and leisure	4.08	5.56	94.6	96.0	4.31	5.79
Socializing and communicating55	1.13	35.9	44.3	1.54	2.55
Socializing and communicating (except social events)51	.92	34.9	41.0	1.47	2.26
Attending or hosting social events04	.20	1.8	5.5	2.32	3.71
Relaxing and leisure	3.47	4.25	91.2	90.7	3.80	4.69
Watching TV	2.43	3.07	79.3	79.7	3.07	3.85
Arts and entertainment (other than sports)06	.18	2.4	6.2	2.38	2.86
Sports, exercise, and recreation30	.47	19.0	19.8	1.56	2.36
Participating in sports, exercise, and recreation28	.41	18.4	18.7	1.50	2.20
Attending sporting or recreational events02	.05	.8	1.7	(³)	3.22
Travel related to leisure and sports20	.34	32.5	42.9	.60	.80
Telephone calls, mail, and e-mail19	.16	26.1	20.3	.74	.81
Telephone calls (to or from)11	.10	15.0	12.9	.73	.79
Household and personal messages08	.06	15.1	9.9	.55	.60
Household and personal mail and messages03	.02	7.8	3.9	.36	.39
Household and personal e-mail and messages05	.04	8.8	6.5	.62	.68
Travel related to telephone calls00	.00	.6	.6	(³)	(³)
Other activities, not elsewhere classified19	.20	14.3	13.7	1.36	1.49

¹ A primary activity refers to an individual's main activity. Other activities done simultaneously are not included.

² Holidays are New Year's Day, Easter, Memorial Day, the Fourth of July, Labor Day, Thanksgiving Day, and Christmas Day.

Data were not collected about New Year's Day in 2007.

³ Data not shown where base is less than 1.2 million.

— Not applicable.

NOTE: Data refer to persons 15 years and over.