



# Mental Health and Mental Disorders

## RESOURCE LIST

This resource list contains references to Federal, State, and local government agencies as well as private organizations that offer information resources related to the mental health and mental disorders objectives of HEALTHY PEOPLE 2000. Because many States have adopted their own year 2000 objectives, you may wish to contact your State health department for additional information.

### Mental Health and Mental Disorders

#### LEAD AGENCIES:

##### Substance Abuse and Mental Health Services Administration

5600 Fishers Lane  
Rockville, MD 20857  
(301)443-4111

**National Institutes of Health**  
National Institute of Mental Health  
5600 Fishers Lane, Room 7C-02  
Rockville, MD 20857  
(301)443-4513

#### YEAR 2000 OBJECTIVES

- Reduce the number of suicides
- Reduce the incidence of injurious suicide attempts among adolescents
- Reduce prevalence of mental disorders among children and adolescents
- Reduce prevalence of mental disorders among adults living in the community
- Reduce adverse effects from stress
- Increase use of community support programs by people with severe, persistent mental disorders
- Increase use of treatment by people with major depressive disorders
- Increase number of people who seek help for personal and emotional problems
- Reduce uncontrolled stress
- Increase appropriate prevention strategies for suicide by jail inmates
- Increase worksite stress prevention programs
- Establish mutual help clearinghouses
- Increase routine reviews of cognitive, emotional, and behavioral functioning by primary care providers for adults
- Increase routine reviews of cognitive, emotional, and behavioral functioning by primary care providers for children
- Reduce the prevalence of depressive disorders among adults

## Federal and National Information Sources

### U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

#### Public Health Service

##### Centers for Disease Control and Prevention

#### Public Inquiries

1600 Clifton Road, NE  
Mailstop A23  
Atlanta, GA 30333

(404)639-3534

(404)639-1537 FAX

Refers inquiries from the public and professionals to the appropriate area at CDC.

#### National Institute for Occupational Safety and Health

4676 Columbia Parkway  
Cincinnati, OH 45226-1998  
(800)35-NIOSH

Provides information on secondhand smoke and other occupational safety and health problems.

#### Health Resources and Services Administration

##### Office of Communications

5600 Fishers Lane, Room 14-43  
Rockville, MD 20857  
(301)443-2086

Provides information on programs for the distribution, supply, use, quality, and cost-effectiveness of health resources, and on health services programs, including clinical preventive services.

#### Indian Health Service

##### Communications Office

Parklawn Building, Room 6-35  
5600 Fishers Lane  
Rockville, MD 20857  
(301)443-3593

(301)443-0507 FAX

Provides a comprehensive health services delivery system for American Indians and Alaska Natives with many programs operated by tribal governments through contracting and compacting mechanisms. The health delivery system features many

special programs, including maternal and child health, injury prevention and community safety, nutrition and diabetes, mental health and suicide prevention, dental services, and others. Gathers and publishes information about the health status of American Indians and Alaska Natives.

#### National Institutes of Health National Institute of Mental Health

##### Public Inquiries

5600 Fishers Lane  
Room 7C-02  
Rockville, MD 20857  
(301)443-4513

(301)443-0008 FAX

Provides research-based information on mental illness and mental health. Responds to information requests from the public and professionals. Offers fact sheets and brochures, some in Spanish. A publications list is available.

#### Depression/Awareness, Recognition, and Treatment (D/ART) Program

5600 Fishers Lane  
Room 10-85  
Rockville, MD 20857  
(301)443-4140

(301)443-4045 FAX

Educates the public to recognize symptoms of and seek treatment for depression.

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**HEALTHY PEOPLE 2000 is a national initiative to improve the health of all Americans through prevention. It is driven by 300 specific national objectives targeted for achievement by the year 2000. HEALTHY PEOPLE 2000's overall goals are to: increase the span of healthy life, reduce health disparities among Americans, and achieve access to preventive services.**

## Federal Data Sources

**Centers for Disease Control  
and Prevention**  
***National Center for Health  
Statistics***

*Healthy People 2000 Staff*  
6525 Belcrest Road, Room 770  
Hyattsville, MD 20782  
(301)436-3548

**National Institutes of Health**



**For General Information on HEALTHY PEOPLE 2000:**

Office of Disease Prevention and Health Promotion,  
U.S. Public Health Service, 330 C Street, SW, Room 2132,  
Washington, DC 20201; (202)205-8583.

**For Healthy People 2000 Publications:**

Please write to ODPHP National Health Information Center,  
P.O. Box 1133, Washington, DC 20013-1133.

*Inclusion in this listing does not imply endorsement by the Public  
Health Service or the U.S. Department of Health and Human  
Services.*

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