

*This resource list contains references to Federal, State, and local government agencies as well as private organizations that offer information resources related to the heart disease and stroke objectives of HEALTHY PEOPLE 2000. Because many States have adopted their own year 2000 objectives, you may wish to contact your State health department for additional information.*

**Heart Disease and Stroke****LEAD AGENCY:**

**National Institutes of Health**  
National Heart, Lung,  
and Blood Institute  
31 Center Drive, MSC 2480  
Bethesda, MD 20892-2480  
(301)496-5437

**YEAR 2000 OBJECTIVES**

- Reduce coronary heart disease deaths
- Reduce stroke deaths
- Reduce end-stage renal disease
- Increase control of high blood pressure
- Increase therapeutic actions by those with high blood pressure
- Reduce mean serum cholesterol
- Reduce prevalence of high blood cholesterol
- Increase therapeutic actions by those with high blood cholesterol
- Reduce dietary fat intake
- Reduce prevalence of overweight
- Increase moderate physical activity
- Reduce prevalence of cigarette smoking
- Increase blood pressure screening
- Increase blood cholesterol screening
- Increase initiation of appropriate diet and/or drug therapy for high blood cholesterol
- Increase worksites offering blood pressure and cholesterol education
- Increase the proportion of clinical laboratories meeting the accuracy standard for cholesterol measurement

**Federal and National Information Sources****U.S. DEPARTMENT OF AGRICULTURE**

**Food and Nutrition Information Center**  
*National Agricultural Library*  
Room 304  
10301 Baltimore Boulevard  
Beltsville, MD 20705-2351  
(301)504-5719  
(301)504-6409 FAX  
Provides print, audiovisual, and resource materials for consumers and bibliographies and resource guides for professionals on topics in human nutrition. Write for electronic access.

**U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES****Public Health Service****Centers for Disease Control and Prevention**

**Public Inquiries**  
1600 Clifton Road, NE  
Mailstop E72  
Atlanta, GA 30333  
(404)639-3534  
(404)639-6290 FAX  
Refers inquiries from the public and professionals to the appropriate area at CDC.

**National Center for Chronic Disease Prevention and Health Promotion**

4770 Buford Highway, NE  
Mailstop K13  
Atlanta, GA 30341  
(770)488-5080  
(770)488-5962 FAX  
Plans, directs, and coordinates national programs for the prevention of premature mortality, morbidity, and disability due to chronic illnesses and conditions. Call for electronic product information.

**Office on Smoking and Health**

**Public Information Branch**  
4770 Buford Highway, NE  
Mailstop K50  
Atlanta, GA 30341  
(770)488-5705  
(800)CDC-1311

(770)488-5939 FAX

Conducts public information activities to educate the American public about the health hazards of tobacco use. Develops national public service campaigns about smoking prevention and cessation. Provides publications and reference services.

**Technical Information Center**

4770 Buford Highway, NE  
Mailstop K50  
Atlanta, GA 30341-3724

(770)488-5708

(770)488-5939 FAX

Offers bibliographic and reference services on current topics in smoking and health, including use of smokeless tobacco on oral health. Call for electronic product information.

**Indian Health Service****Communications Office**

Parklawn Building, Room 6-35  
5600 Fishers Lane  
Rockville, MD 20857  
(301)443-3593  
(301)443-0507 FAX

Provides a comprehensive health services delivery system for American Indians and Alaska Natives with many programs operated by tribal governments through contracting and compacting mechanisms.

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**HEALTHY PEOPLE 2000 is a national initiative to improve the health of all Americans through prevention. It is driven by 300 specific national objectives targeted for achievement by the year 2000. HEALTHY PEOPLE 2000's overall goals are to: increase the span of healthy life, reduce health disparities among Americans, and achieve access to preventive services.**

### Indian Health Service (continued)

The health delivery system features many special programs. Gathers and publishes information about the health status of American Indians and Alaska Natives.

### National Institutes of Health

#### **National Heart, Lung, and Blood Institute** *Education Programs Information Center*

P.O. Box 30105  
Bethesda, MD 20824-0105  
(301)251-1222  
(301)251-1223 FAX

Provides information about NHLBI education programs on high blood pressure, cholesterol, obesity, asthma, and heart attack. Offers information on cardiovascular disease prevention and heart-health promotion to consumers and professionals. Call for electronic product information.

#### **National Institute of Neurological Disorders and Stroke**

31 Center Drive, MSC 2540  
Building 31, Room 8A06  
Bethesda, MD 20892-2540  
(301)496-5924  
(800)352-9424  
(301)402-2186 FAX

Supports research on the causes, prevention, diagnosis, and treatment of neurological diseases and stroke. Consumer and professional materials are available. Publications list available.

## State and Local Sources

Look in your telephone directory for such listings as:

- State and local chapters of national organizations, such as the American Heart Association and the American Dietetic Association
- USDA Cooperative Extension Service
- State and local health departments
- Local libraries

### Office of Minority Health Resource Center

P.O. Box 37337  
Washington, DC 20013-7337  
(301)589-0884 FAX  
(800)444-6472

Responds to inquiries about major health problems among minority populations. Assists in locating materials, programs, and technical assistance through an automated Resource Persons Network and materials database.

## NATIONAL SOURCES

### American Alliance for Health, Physical Education, Recreation and Dance

1900 Association Drive  
Reston, VA 22091  
(703)476-3437  
(703)476-6638 FAX  
Develops special programs including fitness for older persons, activity programs for people with handicaps, and exercise programs for youth and adults. Promotes school health and physical education programs. Distributes materials for professionals.

### The American Dietetic Association

216 West Jackson Boulevard  
Suite 800  
Chicago, IL 60606-6995  
(312)899-0040  
(800)366-1655  
(312)899-1758 FAX  
Promotes sound nutrition information by providing consumers and nutrition professionals with food and nutrition information.

### American Heart Association

7272 Greenville Avenue  
Dallas, TX 75231-4599  
(800)AHA-USA1 (Inquiries)  
(214)706-1220 (Inquiries)  
(214)373-6300  
(214)706-1341 FAX  
Sponsors research, community programs, and professional education on cardiovascular diseases and stroke. Offers pamphlets, films, exhibits, audiovisuals, speakers, and public service announcements. Publishes diet plans and cookbooks focusing on lower dietary fat intake.

### National Stroke Association

8480 East Orchard Road  
Suite 1000  
Englewood, CO 80110-5015  
(303)771-1700  
(800)STROKES National Stroke Hotline  
(303)771-1887 TDD  
(303)771-1886 FAX  
Seeks to reduce the impact and severity of stroke and provide resources and support to stroke survivors, their families and caregivers. Operates a national stroke hotline and the Information and Referral Center. Offers newsletters, professional education and research fellowships, printed materials, audiotapes, and videotapes.



### For General Information on HEALTHY PEOPLE 2000:

Office of Disease Prevention and Health Promotion, U.S. Public Health Service, 330 C Street, SW, Room 2132, Washington, DC 20201; (202)205-8583.

### For Healthy People 2000 Publications:

Please write to ODPHP National Health Information Center, P.O. Box 1133, Washington, DC 20013-1133.

*Inclusion in this listing does not imply endorsement by the Public Health Service or the U.S. Department of Health and Human Services.*

1995

## Federal Data Sources

### Centers for Disease Control and Prevention **National Center for Health Statistics**

*Healthy People 2000 Staff,*  
*Division of Health Promotion Statistics*  
6525 Belcrest Road, Room 770  
Hyattsville, MD 20782  
(301)436-3548

### Food and Drug Administration

Federal Building 8, Room 1832  
200 C Street, SW  
Washington, DC 20204  
(202)205-4561

### Health Care Financing Administration **Bureau of Data Management and Strategy**

7500 Security Boulevard  
Baltimore, MD 21244  
(410)786-1800

### Indian Health Service\*

### National Institutes of Health **National Heart, Lung, and Blood Institute\***

**Office of Disease Prevention and Health Promotion**  
**Healthy People 2000 Staff**  
330 C Street, SW, Room 2132  
Washington, DC 20201  
(202)205-8583

### U.S. Department of Agriculture\*

**U.S. Department of Defense**  
The Pentagon  
Washington, DC 20301  
(703)545-6700

\*See information source listings