

# Workshop Proceedings

This document summarizes the scientific research, views, and issues addressed by invited speakers and discussants at the Surgeon General's Workshop on Improving Health Literacy. The speakers were selected because their research and experience have important health literacy applications.

In preparing their presentations, the speakers were asked to include broad health literacy implications, rather than to focus exclusively on individual research or studies. They were asked to address the following questions:

- What does your research suggest about the barriers to health literacy improvement;
- What does your research suggest about the types of changes that are needed;
- How does your research or study translate into action steps for health literacy improvement;
- Which sectors, organizations or groups should contribute to health literacy improvement?

The views expressed in these proceedings reflect the opinions of the individual participants at the Workshop and do not necessarily reflect the official position of the Office of the Surgeon General, the Department of Health and Human Services (DHHS), or other federal agencies.