



OCCUPATIONAL HEALTH

Monthly Newsletter May 2008

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◆ NASA OH Conference 2008 Update: [Registration](#) remains open for the [2008 NASA Occupational Health Conference](#), with almost 80 Center OH personnel registered at the time of this newsletter. The Conference will be held in the Inner Harbor area of Baltimore, MD, at the [Radisson Plaza Lord Baltimore](#) hotel during the week of July 7-11. The week's agenda is full of a broad range of current and relevant topics for all NASA OH professionals. Please remember each attendee must make their own hotel reservations by calling the hotel's toll free number 1-800-333-3333 and identify themselves as a participant attending the 2008 NASA OH Conference to obtain the special Conference Hotel room rate of \$155.00 + tax (government room rate). The deadline to reserve rooms at the



conference rate is Friday June 13, 2008. If you have any questions regarding the Conference or your travel plans please contact [Gail Bantugan](#), the OH Support Office's Conference Coordinator.

◆ Mayo Clinic [EmbodyHealth](#): With 1,609 registrations and 1,531 completed HRAs, the 2008 Campaign is going strong.

Registrant type	Completed HRA
Civil Service Personnel	667
Contractor	835
Other	< 50
Total	1,531

The Health Risk Assessment (HRA) incentives are being mailed to the first 1000 participants who completed the HRA. The campaign for promoting the HRA and living a healthy lifestyle continues on. Please encourage your Center's population to register on the Mayo Clinic EmbodyHealth website at [www.nasahealthieryou.com](#) and complete the HRA. In addition, participants can sign up to receive the monthly email newsletter which features new articles, resources, and recipes that help keep them informed and healthy. For ideas on ways of promoting the Campaign in the NASA environment, please visit the [NASA HRA Toolkit](#).

◆ HealthierYou 2008 Update: Summer is just around the corner, which means it is time to consider [heat stress prevention strategies](#). In hot work environments remember to take frequent breaks, ideally in a cooler environment, and drink



plenty of water and electrolyte containing fluids. Remember, your thirst may not be adequate to meet your hydration needs. Be safe as you work in the heat this summer, both at your workplace and at home. For more information on heat stress prevention see a current article at [www.nasahealthieryou.com](#)

◆ Judge Rules In Favor of ACGIH® in Lawsuit: In a [summary judgment ruling](#) issued on May 6, 2008, a federal judge in the US District Court in Macon, GA dismissed the last of four counts in a [lawsuit against ACGIH®](#) initiated by the International Brominated Solvents Association (IBSA), National Mining Association (NMA), and other plaintiffs. Three counts had been previously [dismissed in March, 2005](#). This represents a major victory for ACGIH® and, particularly the occupational and environmental health community. Here is the [press release](#).

◆ 2008 NASA Health Physics Conference is a Success: The NASA Health Physics Conference concluded on Friday May 16, after a week full of training, Center presentations, software and equipment demonstrations, a KSC tour, and much more. Representatives from all NASA Centers attended. Each day more than 30 personnel participated in the sessions which included ionizing and non ionizing topics. All Center [presentations](#) from the meeting have been posted to the NASA OH website. The Agency office would like to thank all the attendees for making this event a priority in their schedules and contributing to its success.



◆ Agency OH to Sponsor Ergonomic Course at NASA Stennis: On June 23-26, Stennis Space Center in Mississippi will be hosting an Ergonomic Training Course sponsored by the Agency and provided by the US Army's Center for Health Promotion and Prevention (CHPPM). This course is open to all of you from other NASA Centers for no registration cost, you would be responsible for travel costs. [Dan Dobrinen](#) is the contact at Stennis for the course, please contact him if you would like to attend.



◆ NASA OH Center Review Calendar:

- June 16-20 – Glenn Research Center
- ◆ Upcoming Occupational Health ViTS:**
- Environmental Health – June 11, 11:00-12:00 PM EDT
- Health Promotion – June 12, 11:00-12:00 PM EDT
- Fitness Facility – June 18, 2:30-4:00 PM EDT

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